

1

Who do you go to for help when faced with a difficult decision and why?

?

I GOT THE ANSWERS!

2

What is your "stress buster"?

?

LET'S GET TALKIN'!

3

How did you help some one this week—even if it was in a small way?

?

Q&A TIME!

4

What are the three things you are most thankful for?

?

ASK ME!

5

When you listen to music or watch TV, what alcohol and drug messages do you hear and see?

?

6

If you could have one super power, what would it be and how would you use it?

?

Let's Get Talkin'!
Ask your children these placemat questions from the Cortlandt Community Coalition



Helping children lead a healthy, drug- and alcohol-free lifestyle. Contact 914-734-1052 or colleena@townofcortlandt.com