Town of Cortlandt
Department of Recreation & Conservation
1 Heady Street
Cortlandt Manor, NY 10567-1254
(914) 734-1050
Web site: www.Townofcortlandt.com
E-mail: tocrec@townofcortlandt.com

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Postal Patron

Town of Cortlandt
Summer 2019 - Recreation Program Brochure

Town Supervisor, Linda D. Puglisi
Town Board
Richard H. Becker       Debra A. Costello       James F. Creighton       Francis X. Farrell

2019 SUMMER CONCERT AND MOVIE SERIES, DATES, TIMES, AND INFORMATION ON THE BACK COVER!
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The Town of Cortlandt gratefully acknowledges the cooperation extended by the Hendrick Hudson School District, Lakeland Central School District, Bethel Springvale Inn, Village of Buchanan, Village of Croton-on-Hudson, Cortlandt Town Center and to all other groups regarding the use of their facilities and to our business community for supporting our programs and teams.
DEPARTMENT OF ENVIRONMENTAL SERVICES-- 167 Roa Hook Road, Cortlandt Manor, NY 10567
Acting Director Steve Ferreira, P.E.............................................................. 914-737-0075
Deputy Director Christina Edwards ......................................................... 914-737-0100
Highway & Parks Division ........................................................................... 914-737-0075
Sanitation Division ....................................................................................... 914-737-0100
Water Division ............................................................................................... 914-734-1026

DEPARTMENT OF RECREATION AND CONSERVATION
Director John Palmiotto .................................................................. 914-734-1051
Deputy Director Ken Sherman ................................................................. 914-734-1058

DEPARTMENT OF TECHNICAL SERVICES- CODE ENFORCEMENT, ENGINEERING, AND PLANNING
Director of D.O.T.S Michael Preziosi, P.E. ......................................................... 914-734-1060
Deputy Director, D.O.T.S. Artie D'Angelo, Jr., P.E. ...................................................... 914-734-1060
Deputy Director, Planning Christopher Kehoe ....................................................... 914-734-1080
Assistant to Director Rosemary Boyle-Lasher for Planning .................................... 914-734-1083
Director of Code Enforcement Martin Rogers, P.E. .................................................... 914-734-1010
Assistant to Director Ken Hoch for Code Enforcement ........................................... 914-734-1010
Fire Inspector Holly Haight....................................................................... 914-734-1015

HOTLINE FOR INFORMATION AND EVENTS ................................................................. 914-734-1000 EXT.28

HUMAN RESOURCES Claudia Vahey, Personnel Manager .............................. 914-734-1004

JUSTICE COURT Judge Daniel McCarthy ....................................................... 914-734-1090
Judge Kimberly Ragazzo .............................................................................. 914-734-1090

JUSTICE COURT CLERK Audrey Stewart ...................................................... 914-734-1090

MURIEL H. MORABITO COMMUNITY CENTER-- 29 West Brook Drive, Cortlandt Manor, NY 10567
Director of Senior Services Dawn Mahoney ..................................................... 914-528-1464
Assistant Director of Senior Services Rebecca Ferguson ............................ 914-528-8377

PURCHASING/ CENTRAL SUPPLIES/ TECHNOLOGY Pete McMillan, Purchasing & Technology Director ................. 914-734-1046
Dave Doyle, Central Supplies Officer ....................................................... 914-734-1037

RECEIVER OF TAXES Mary E. Breining............................................................ 914-734-1030

SUPERVISOR LINDA D. PUGLISI ................................................................. 914-734-1002
Secretary to the Supervisor Judi Peterson ..................................................... 914-734-1002
Assistant to the Supervisor Dianne Carroll ................................................... 914-734-1101
Assistant to the Supervisor Karen Grexa ........................................................ 914-734-1002

TOWN ASSESSOR Thomas Waitkins............................................................. 914-734-1040

TOWN ATTORNEY Thomas Wood, Town Attorney ................................. 914-736-0930

TOWN CLERK Laroue Shatzkin ................................................................ 914-734-1020

TOWN COMPTROLLER Patricia Robcke ......................................................... 914-734-1070

YOUTH & RECREATION CENTER-- 3 Memorial Drive, Croton on Hudson, 10520
Youth Center Director Katherine Sclafani ................................................. 914-736-0498
Youth Center Assistant Director Jamie Bucci .............................................. 914-736-0498
Dear Cortlandt Residents,

Over the years we completed many recreation projects with more to come in 2019:

1. Softball fields with lights at Sprout Brook Park.
2. An outdoor pavilion at Sprout Brook Park that has a capacity of 200 people.
3. A playground at Sprout Brook Park which is open year round.
4. Expansion of our Muriel H. Morabito Community Center which is off West Brook Drive.
5. A playground at the Community Center which is handicapped accessible.
6. The Christopher Bisordi Memorial Outdoor Basketball Court at the Community Center.
7. Outdoor Bocce Courts and a Horseshoe Facility at the Community Center.
8. Renovation of Charles Cook Pool including a new concrete surface, drainage system, filtration system, bathhouse upgrades, a new playground and “frog slide”, landscaping and other amenities. (A 2 million dollar project) and renovation of the swimming lanes was completed in 2006.
9. The Steven Hebert Memorial Skate Park at the Community Center which is off of West Brook Drive.
10. A Roller Hockey Rink adjacent to the New York State Police Headquarters. (Off Route 9A) with lights and a playground.
11. Completion of the Historic Tollhouse for a regional information tourist center. Open on weekends May through October.
12. Community space use (4,000 sq. ft.) at the Cortlandt Town Center is available for rental (Contact our Recreation Department).
13. Steamboat Dock River Park and Overlook in Verplanck are restored and with construction of an outdoor pavilion and a pedestrian trail. We also have plans for the next phases of Broadway Streetscape and new plans for Meahagh Park.
14. The Hudson Highlands Gateway Park (Hill point property) is designed for passive recreation (Trails) off Sprout Brook Road. (352 acres of passive land).
15. Many beautification projects throughout the town. (Flowerbeds, gazebos, plantings and our Veterans Parks)
16. C.U.E. (Cortlandt Upper Teens Entertainment Center) open for all freshman, sophomores, juniors and seniors on Friday and Saturday nights and is supervised by qualified adults.
17. Completed the Oscawana Boat/Kayak Launch.
18. A playground, tennis courts and basketball court was built off of Croton Avenue.
19. A little league field and a soccer/all-purpose field both at Sprout Brook Park opened in 2008.
22. Renovation of the Town Hall Courtyard and entranceway (New lights, benches, bricks, doors, flowers, new steps etc.)
23. A playground at the Roller Hockey Rink off Memorial Drive in memory of Peter Cutignola.
24. An annual Cortlandt event – “Cortlandt Family Fun Day” (Off Route 9A by the State Police and Roller Hockey Rink).
25. Renovation of the swimming lanes at Cook Pool.
26. Annual Golf Outing to benefit our first responders at the Hollow Brook Golf Course each year.
27. A youth and recreation multi-purpose facility opened in 2009 for ages 11 to 18. It is fully supervised.
28. Cortlandt sponsors the D.A.R.E. programs and the Cortlandt Coalition to educate our youth about substance abuse and awareness prevention.
29. Quadricentennial projects were completed in 2009 to honor Henry Hudson’s discovery of the Hudson River including a time capsule at Town Hall.
30. Saved Furnace Dock Lake and the watershed area. It is now owned by the TOC for passive parkland.
31. At the former Martin Property now owned by the Town: a boat launch for the community, an aviation theme playground, benches by the Hudson River.
33. Completed a new half-court basketball court in northern Cortlandt June 2012.
34. The public boat launch at Cortlandt Waterfront Park was dedicated in the spring of 2013.
35. Annual 5K Run in October.
36. Held our Town of Cortlandt 225 Anniversary Party at George’s Island in 2013.
37. A Purple Heart Memorial dedicated at Cortlandt Town Hall.
38. Support of the Cortlandt Community Rowing Association (Go to website for more information).
39. Started a free outdoor Concert and Movie Series at Cortlandt Waterfront Park in Verplanck.
40. Our Community Garden continues this summer at Meahagh Park.
41. Opened our new water spray park in 2016.
42. Dedicated a new lacrosse field/all-purpose field at Sprout Park in 2016.
43. Dedicated new hiking trails at golf course in 2016.
44. Will plan for more fields and walking paths at land purchased from Con Ed in June 2016.
46. Planning for a new bath house, snack bar and a miniature golf course at the Town pool. (Golf course will open this year!)
47. Dedicated a new Fitness Trail at Charles J. Cook Pool Park in 2018.
49. Planning a winter wonderland festival.

All have been completed without raising Town taxes (on average for 24 years) many other projects are being considered and planned. If you have any suggestions for recreation projects please write or e-mail my office at: 1 Heady Street, Cortlandt Manor, NY 10567, lindap@townofcortlandt.com

Thank you,
Linda D. Puglisi
Cortlandt Town Supervisor

From Left to Right: Debra A. Costello, James F. Creighton, Linda D. Puglisi, Richard H. Becker, Francis X. Farrell
TOWN OF CORTLANDT 2018 ACHIEVEMENTS

- Abee Rose Purchase (130 acres off Maple Ave.) for passive use and open space conservation
- Fitness Trail Network by town pool was opened in 2018
- Began Mini-golf course to be completed in 2019 and plans for a new bathhouse/snack bar at the town pool in 2020
- All trailers are gone from the Martin property (town owned) in hamlet of Verplanck near Hudson River. The land will be used for economic development and park land
- Some billboards removed from Town property (all to be removed in 2019)
- A Montrose Gas Station was finally taken down off Rte. 9A to clean up that area
- “Cortlandt Crossing” Shopping Center opened in Fall of 2018
- Paving $1.5 million (no borrowing) was completed town wide
- Our Excellent Financial Record – low debt; only 1% tax increase, on average for 27 years & no deficits
- Local and New York State Indian Point Task Forces to meet the challenges when the plants close meet monthly. The Supervisor is a co-chair.
- Economic Development Plans to assist with the loss of revenue when Indian Point closes in 2020/2021
- Received State grants of $50,000 & $77,000 for various projects
- C.U.E./Game Café refurbished for teenagers at the Cortlandt Town Center (managed by the Town of Cortlandt)
- Youth Center was refurbished off Memorial Drive
- Formed the Historical Advisory Council
- Supported our Veterans at monthly meetings and at special events
- Supported the Cortlandt Community Rowing Association (CCRA) with Councilman Frank Farrell
- The Supervisor is a member of the Executive Committee for Historic Hudson River Towns (HHRT), Northern Westchester Joint Water Works (NWJWW) and Advance Life Support (ALS – paramedics)
- On-line payments in Tax Office and Recreation Department are now available
- EZ Pass sales in Town Clerk’s office are now available
- Solar energy initiatives continued with Councilman Jim Creighton
- C.H.O.P.(heating plan) continued with Councilman Richard Becker
- Councilwoman Costello worked on a forum to prevent child abuse issues.

Many substance abuse prevention forums with our Coalition, youth programs and senior programs.

Supervisor Linda Puglisi and Town Board (12/28/18)
TOWN OF CORTLANDT 2019 GOALS

• Priority: To continue our excellent financial record; low town taxes and low town debt
  Continue planning for the closure of Indian Point’s two Nuclear Plants and meeting the challenges
• Otocast – Veterans Memorials will be next on this town app (historical and recreational areas are on now)
• Public Art project – seeking grants
• Earth Day Project - youth cleanup with schools and our annual hike are being planned and a new
  Beautification Committee.
• Next phase of sidewalks in the Hamlets of Montrose and in other areas
• A new bathhouse/snack bar at the Town Pool to be completed in 2020, plans in 2019
• All billboards to be removed
• A restaurant at former trailer park site on Hudson River is an economic plan for that area
• Plans for the Quarry on town property in the Verplanck area of town and plans for a new D.E.S.
  headquarters.
• Abee Rose – town purchased property off Maple Avenue – passive recreation (i.e. hiking)
• A Town Parade – establish a committee
• Hire a new full-time Economic Coordinator
• A new event – a “Winter Wonderland” with ice skating near our Youth Center in December
• Bikes/Walking/Jogging Trail plans (by the Supervisor and Councilwoman Deb Costello)
• “Cortlandt Crossing” complete and a new business in old ShopRite
• Historical Council – lectures, including a tour of historical houses
• Always work with our Veterans and our Veteran’s Committee chaired by Willy Nazario
• Continue Summer Concerts/Movies and Cortlandt Family Fun Day and all other special events (no
  charge to our residents)
• Complete mini-golf by town pool
• Continue our excellent Youth and Senior Programs
• Sewer Plans for various areas of the Town of Cortlandt. Do town-wide paving, drainage work, etc.
• MOD Plans by hospital – came from the new Master Plan for assisted living and economic opportunities
• Continue our efforts on solar and sustainability with Councilman Jim Creighton
• Support the Cortlandt Community Rowing Association (CCRA) with Councilman Frank Farrell
• C.H.O.P. heating plan with Councilman Richard Becker
  and many others

Linda D. Puglisi
Supervisor and Town Board
(1/1/19)
1. The Town of Cortlandt will retain an Economic Development Consultant to work with Town staff and Supervisor to: Review possible locations for new economic growth throughout the town that will offset loss of revenue when the Indian Point’s two nuclear plants close (2020/2021)

2. Work with the New York State Empire Development Agency to also assist with new commercial/corporate/industrial growth and assist with finding us grants for future infrastructure for this development.

3. To continue working with the local and New York State task forces. We have laid out our challenges since the announcement in January 2017 (loss of revenue $32 million in total, loss of jobs up to 2,000. including contractor jobs) radioactive spent fuel rods storage, environmental clean-up, decommissioning of the plants and re-use of the 240 acres (located in the Village of Buchanan.)

4. New York State retained a consultant through NYSERDA to address all of the above issues and filed a report in April 2018.

5. Implementation of consultant’s recommendations, if possible.

6. Lobby Entergy for a new PILOT for tax stabilization once the plants close since they will still own the structures, the rods and the land.

7. Lobby New York State and the Federal Government for assistance for those losing their jobs once Indian Point closes and to insist on retraining for these workers.

8. Once decommissioning begins insist that the many local skilled workers currently at Indian Point be hired for this process.

9. Work to have the dry cask storage units (of the radioactive spent fuel rods) be allowed to be assessed and taxed by the town for additional revenue.

10. Request that the Town be allowed to utilize funds set aside by Entergy and/or New York State for economic and infrastructure needs to offset the closure of our largest taxpayer and employer, Entergy (Indian Point).

11. Continue to speak with other communities going through a similar situation of having a nuclear plant close or have had nuclear plants closed in past years. This communication is helpful inorder to let us know what occurs during a decommissioning process.

12. Continue to speak with the NRC, DOE and federal public officials to seek their assistance and to receive important information on the closure process. (The NRC presented at our October 19, 2017 local task force meeting and will again in the near future).

“We will continue to work with our partners in the Hendrick Hudson School District, Village of Buchanan and all others in the community to address these challenges we face with the closure of Indian Point.”

Linda D. Puglisi
Supervisor
The Town Board and I are very excited about our new shopping mall, “Cortlandt Crossing” located off Cortlandt Boulevard/Rte. 6. The opening of the two anchor stores, “Homesense” and a super “ShopRite” store took place in early November.

A new Verizon store will open soon along with a few smaller stores and a new restaurant. This new shopping area will provide over 300 new jobs, tax revenue and new amenities, including decorative lighting with hanging baskets, a sidewalk, lovely landscaping, etc. The owner of this mall, Acadia, also put in a new traffic signal by Baker Street.

We encourage our community to shop at “Cortlandt Crossing” and at “Cortlandt Town Center” and shop at all of our smaller shops in town, as well.

Supervisor Linda Puglisi and the Town Board:

Richard H. Becker
Debra A. Costello
James F. Creighton
Francis X. Farrell
TOWN OF CORTLANDT RECEIVES THE PRESTIGIOUS G.F.O.A. AWARD

Once again the Town has received the Government Finance Officers Association (G.F.O.A.) award for financial excellence. Cortlandt has received this award every year during Supervisor Linda Puglisi’s administration. Thank you to our town comptroller, Patty Robcke and staff, as well.

“We are very proud to receive this important award and will continue to work to keep town taxes very low on average only a 1% increase” for 28 years. ~Linda Puglisi

GOVERNMENT FINANCE OFFICERS ASSOCIATION

NEWS RELEASE

FOR IMMEDIATE RELEASE

12/19/2018

For more information contact:
Michele Mark Levine, Director/TSC
Phone: (312) 977-9700
Fax: (312) 977-4806
E-mail: mlevine@gfoa.org

(Chicago, Illinois)—The Certificate of Achievement for Excellence in Financial Reporting has been awarded to Town of Cortlandt by Government Finance Officers Association of the United States and Canada (GFOA) for its comprehensive annual financial report (CAFR). The Certificate of Achievement is the highest form of recognition in the area of governmental accounting and financial reporting, and its attainment represents a significant accomplishment by a government and its management.

An Award of Financial Reporting Achievement has been awarded to the individual(s) or department designated by the government as primarily responsible for preparing the award-winning CAFR.

The CAFR has been judged by an impartial panel to meet the high standards of the program, which includes demonstrating a constructive “spirit of full disclosure” to clearly communicate its financial story and motivate potential users and user groups to read the CAFR.

Government Finance Officers Association is a major professional association servicing the needs of nearly 19,000 appointed and elected local, state, and provincial-level government officials and other finance practitioners. It provides top quality publications, training programs, services, and products designed to enhance the skills and performance of those responsible for government finance policy and management. The association is headquartered in Chicago, Illinois, with offices in Washington, D.C.

203 NORTH LASALLE STREET, SUITE 2700, CHICAGO, ILLINOIS 60601-1210
Vietnam Memorial at Cortlandt Town Hall

The Town of Cortlandt constructed and dedicated a Vietnam Memorial on the front lawn at Town Hall. The Town of Cortlandt honored the men and women Vietnam Veterans for the 50th anniversary of the Vietnam War. This memorial will be a living tribute to those who defended our Country and to those who sacrificed their lives for our freedoms in America.

We also have a glorious Veteran’s Memorial at our Cortlandt Waterfront Park by the Hudson River in our hamlet of Verplanck. Our Cortlandt Regional Veteran’s Committee meets monthly at our Community Center off Westbrook Drive and our chairman, Willy Nazario (a Purple Heart Vietnam Veteran) and his fellow Veterans represent the pride in Country that is reflected in all of our Veterans throughout the years.

It has been my privilege and honor working with Veterans over the years, building memorials to honor them and to host our Veteran’s committee and ceremonies.

Thank you,
Supervisor Linda Puglisi
28 Years of Tax Caps
(under 1% on average for town tax for the entire 28 years)
28 Years of a Balanced Budget
28 Years of NO DEFICITS
28 Years of an Increased Savings Account (tripled)
28 Years of a Surplus (each year)
28 Years of Low Town Debt
   (only .83% of the total bonding capacity has been used.)
28 Years of Major Improvements and Capital Projects
   (over $150 million dollars)
Download Otocast Now!

Otocast provides a mobile application used for audio and visual guides of specific points of interest such as historical and recreational sites in any participating location. The Town of Cortlandt is now a part of this incredible easily accessible mobile application. Download the Otocast app now on the App Store or Google Play to take advantage of this app today!

For more updates on events, programs, and other important information, sign up for our email blasts by visiting www.townofcortlandt.com and follow the link at the bottom of the page for ‘Updates by Email’!
Town of Cortlandt
Emergency Notification System
This system enables the Town of Cortlandt to alert you about emergency situations affecting areas of concern to you within the Town of Cortlandt.

You can register multiple technology devices (such as personal cell phone, work cell phone, home phone, personal emails, or work email) specifying the best way to reach you in an emergency.

Uses
The CodeRED® system will be used to send critical communications, from evacuation notices to missing child alerts.

Caller ID
When you see the following displayed, you will know the call is from us. If you would like to hear the last message delivered to your phone, simply dial the number back.

Emergency Notifications 1-866-419-5000 or Emergency Comm
General Notifications 1-855-969-4636 or General Comm

Privacy
Your contact information remains private and will only be used for community notifications.

Join Our Database
To make sure you receive notifications, please register at http://www.townofcortlandt.com/
Scroll to the bottom and click the Emergency Notification Call System then opt-in.

CodeRED® is a trademark of ONSOLVE, LLC. Copyright ©. All rights reserved

REGISTER ONLINE FOR RECREATION PROGRAMS TODAY!

See the next page for more information!
HOW TO REGISTER FOR RECREATION PROGRAMS ONLINE

Summer 2019 Online & In Office Registration will begin on:

Tuesday, April 9, 2019, 8:30 AM

We encourage all families that will be registering for programs to create their Community Pass Family accounts before registration officially opens. Once a Family Account has been created, you will have the ability to register and pay online for programs offered by the Recreation Dept.

To create a family account and register for programs, follow the instructions below or on the Community Pass site.

Once activated, you will also be ready to register yourself and your family members when an appropriate recreation program becomes available.

If you have any questions concerning account activation, registration or payments, please call or email: reconline@townofcortlandt.com or call 914-734-1050

How to Create a Family Account:
1. Go to www.townofcortlandt.com/reconline
2. From the Town of Cortlandt Community Pass login homepage click on the “Create an Account” tab.
3. On the next page complete the “Account Creation” fields and click on Create at the bottom of the page.
4. On the next page you will see the Community Pass Privacy Statement. After reading, click ‘Accept.’ Then click ‘Finish.’
5. Please save your login and password for future use.

How to Register for Programs:
1. Go to www.townofcortlandt.com/reconline to log back into the system.
2. Log in using the permanent username and password for your account.
3. Click the ‘Click Here to Register’ button.
4. Select the applicable Catalog by clicking the ‘Continue’ button next to your choice.
5. Verify email. Click ‘Continue’.
6. Select the person registering, then ‘Continue’.
7. Select the program(s) you wish to attend.
8. When finished with selections, click ‘Continue’.

IMPORTANT REGISTRATION INFORMATION

• Registration can also be dropped off at the Recreation office (Office Hours 8:30 AM to 4:00 PM) or mailed to:
  Town of Cortlandt Recreation & Conservation
  1 Heady Street
  Cortlandt Manor, New York 10567-1254

• Use the appropriate registration form included in the back of this brochure for in office and/or mail in registrations.
• Include cash, a check, or a money order payable to THE TOWN OF CORTLANDT RECREATION for the total amount.
  • Individual checks are necessary for separate courses and camp programs.
  • If a check is returned to the Recreation Division due to insufficient funds, there will be a $20.00 service charge. Checks CANNOT BE REDEPOSITED. Cash or money order will be required immediately to replace returned check and service charge.
• There is a point when a program must be canceled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. Please register early!
• It is recommended that your registration be completed a minimum of two (2) weeks prior to the start of the program.
• If space is available in any program (Including camp) one week prior to the start of the program, nonresidents will be allowed to participate by paying a 20% surcharge of the higher fee.
PHOTO ID CARDS, SWIM SEASON PASSES, AND HOLLOW BROOK GOLF STICKERS

The fees listed for some programs differ for those participants with or without a TOWN OF CORTLANDT PHOTO ID CARD. Note that all valid photo ID cards have expiration dates. Please check your card.

- Each family member requiring new photo ID cards must be present during registration for photos.
- Proof of residency is required- Drivers License and Utility Bill or check with Town of Cortlandt address.
- Previously issued ID cards are NOT acceptable as current proof of residency.
- All ID Cards must be purchased in person (no online Registration) in office or at one of the below dates.

**WE DO NOT ACCEPT AMERICAN EXPRESS.**

For 2019 Photo ID Card rates, Charles J. Cook Pool Season Pass fees, and Hollow Brook Golf fees, please see page 41.

Buchanan and Croton residents may use their Village ID card to receive our ID card rate for all programs except our summer swim passes and summer swim lessons. Please write your Buchanan or Croton ID card number on your application and identify it as a Buchanan or Croton Recreation number. If you are a new town resident please call 914-734-1050 for information concerning an ID card.

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<th>PHOTO ID CARDS, SWIM SEASON PASSES, AND HOLLOW BROOK GOLF STICKERS</th>
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PHOTO ID CARDS, SWIM SEASON PASSES, AND HOLLOW BROOK GOLF STICKERS

Photo ID Cards, Charles J. Cook Pool Season Passes, and Hollow Brook Season Passes will be issued at the following dates and locations:

**Cortlandt Town Hall**
1 Heady Street, Cortlandt Manor, NY 10567
Vincent F. Nyberg General Meeting Room (Court Room)

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<th>May Dates and Times</th>
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<td>Saturday</td>
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CREDITS/REFUNDS TOWN OF CORTLANDT RECREATION

**A full refund will be issued for any program cancelled by the Recreation Department.**

- Any refund request because of illness or accident must be submitted in writing and be accompanied by a Doctor’s Note. Refunds will be prorated based on the date received. Requests must be made prior to the end of the program and will not be considered when a program is half over. All requests must be submitted in writing.
- All other refund/credit requests (Other than medical) must also be submitted in writing and will be assessed a $15.00 processing fee and issued a prorated program credit based on the date received. The credit must be used within two years from the date and must be mailed in with your application to ensure proper credit towards your next program or league registration. The credit is not replaceable – original form must be submitted for credit.
- Whether the initial registration is paid via cash, check, or credit card, all refunds will be issued via check.
- **DAY CAMP Refund policy:**
  - Any refund request received prior to May 17 will be issued for 90% of the fee.
  - Any refund request received between May 18 and June 14 will be issued for 50% of the fee.
  - Any refund request received after June 15 will not be issued.
- **ALL OTHER Recreation program refund policies:**
  - Charles J. Cook Pool Refund Policy: Once a patron has entered the pool area, there will be no refunds issued.

**SLIDING FEE SCALE AVAILABLE:** It is the intention of the Town that no resident of the Town be denied the ability to participate in programs because of an inability to pay. Income Tax backup is necessary, unemployment information, and any other paper work is requested for financial help already received by any other agencies. The fee reduction can be used with any program registration, sports league or resident pass in the Recreation Division. Fee reduction applications are available in the Recreation Office through Emma Giovinco at emmag@townofcortlandt.com or 914-734-1054 or John Palmiotto, Director, Town of Cortlandt Recreation & Conservation at 914-734-1051.

**RECREATION SUGGESTION BOX:** There may be an activity or program that you enjoy which is not presently offered by the Recreation Division. You may also have ideas for new programs or constructive comments on the improvement of existing programs and services. In either case, the Town of Cortlandt Recreation Division encourages Town residents to express their particular ideas and concerns. Please help us to offer to you the programs and services, which you desire. Send all ideas and comments to: Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY 10567-1254

**HANDICAPPED ACCESSIBILITY:** Programs described in this brochure have been audited by our staff to determine general accessibility. All Town of Cortlandt facilities and Schools that are used to hold our programs are barrier free. For programs that are held outdoors please call the Recreation Department at 914-734-1050 for information.

16
Purchase of 100 acres on the Hudson River by the Town of Cortlandt

On June 30, 2016, The Town of Cortlandt purchased the 100 acres from Consolidated Edison, Inc. for $2.75 million dollars.

Public Hearings had been held by the Town Board, public notice given and the Town Board and I unanimously voted over a year ago to buy this property in the hamlet of Verplanck, Town of Cortlandt.

This large tract of land is adjacent to the Hudson River and already is the location of a sports field and a small beach area. It also has a waterbody (a naturally filled in old quarry) and will be a special addition to the Town’s inventory of land for public use.

There are many ideas that the Town Board and I are considering for future use including:

- Additional sports fields
- A walking/jogging/bicycle trail path
- A dog park/handball court
- Enhancing the beach area along the river
- Consolidating our DES operations headquarters to the northern corner of this property
- And suggestions are welcomed from the community.
- Plan for an aquatic park at the quarry.

This is an exciting day for our Cortlandt residents. We are now adding to our properties we own along the Hudson River for public use. (Steamboat Dock, Cortlandt Waterfront Park, Boat docks for small watercraft and one for the Cortlandt Community Rowing Association (crew), our Veteran’s Memorial and the flags and historical panels at the Overlook, as well as a lovely nature preserve). And we added 127 acres via a purchase of the “Abee Rose” property off Maple Avenue.

This purchase ends the “Stop the Buzz” project that was proposed by a private company for a 50ft high electric converter with a 24/7 loud buzzing sound.

A Special thank you goes to our many volunteer task force members and to our town attorney, Thomas Wood, who helped us achieve this goal.

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**ELECTRIC VEHICLE (EV) OUTLET STATION**

The ribbon cutting Ceremony was held on July 2, 2014 in the Cortlandt Town Hall parking lot.

“We are all very excited about providing this station in Cortlandt to encourage the purchase of electric powered cars/vehicles with the purpose of reducing usage of gasoline and diesel power for vehicles.

NYPA, the New York Power Authority provided the grant for this station and constructed it for us after the Town of Cortlandt had applied for this project to NYPA.

Electric vehicles operate on electric batteries and need to periodically recharged. Residents in our community will now be able to recharge their electric cars/vehicles at Town Hall for a fee to cover the cost of the electricity. EV’s require less maintenance than gasoline-powered vehicles.

We are very proud to be one of the first towns in the region to have an electric vehicle outlet station.”

Linda D. Puglisi
Town of Cortlandt Supervisor
and Town Board
The Town of Cortlandt Adopt-an-Island Program offers companies, civic groups, institutions and individuals the opportunity to adopt a traffic island or other neighborhood space and help us beautify the Town of Cortlandt.

Guidelines and Program Specifications

- Identify a traffic island or roadside area that you wish to enhance and contact Fred Pardee at fredp@townofcortlandt.com 914-737-0047 in our DES/ Parks Division.
- You or your group will be responsible for purchasing all items, including plants, mulch, etc., planting/installing, and maintaining your island (including weeding, trimming, garbage removal and watering) throughout the season.
- All material must be natural and plants must be kept under 30” as to not interfere with traffic safety.
- A sign with your name will be provided by the Town of Cortlandt and will be placed on the island. Please give your information to our DES office by emailing fredp@townofcortlandt.com.
- Most of all, the Town asks that you stay safe while working on your island and always use common sense, especially in high traffic areas and always wear bright clothing for safety purposes. Your organization is solely responsible to follow all safety precautions and guidelines while working on your project.
- The Town has the right to remove any planting that is deemed necessary.
- The Town has the right to terminate the Adopt-an-Island Program at any time and in doing so will remove signage for the island.

Name of Sponsor/ Business: _______________________________________________________

Contact Person: __________________________________________________________________

Contact Telephone #: ___________________________________________________________

Contact Email: __________________________________________________________________

Island Location: __________________________________________________________________

HELP US BEAUTIFY CORTLANDT

Contact Information
Fred Pardee Of the TOC Department of DES
914-737-0047
Email: Fredp@townofcortlandt.com
SUSTAINABLE CORTLANDT

OUR MISSION
To protect and enhance the quality of life of our residents and the unique environment of our area by establishing programs and policies which integrate sustainability into Town governance and planning, at the same time we want to encourage and enable Town residents and businesses to adopt sustainable practices.

To the Cortlandt Community
Sustainability is the promise to our children and grandchildren that they will inherit a tomorrow that is at least as good as today and hopefully better. Achieving this promise will call for the participation of each and every one of us. Our Town has a long standing record of environmental stewardship exemplified by our leadership in protecting open space, natural resources, and smart growth practices. Visit www.townofcortlandt.com Sustainable Cortlandt to learn more. The Town Board and I are fully committed to this important effort and we look forward to your participation in becoming a sustainable community.

Linda D. Puglisi, Town Supervisor

Remember to RECYCLE to save our ENVIRONMENT!
Thank you!
This guide is printed on RECYCLED PAPER; As a result, approximately five (5) trees were preserved.

To schedule and appointment and for more information about chemical clean up and H-MRF (Household Material Recovery Facility) contact Westchester County at 914-813-5425 or visit www.westchester.gov.

The Town has established regular pick up routes for organic yard waste. Yard waste will be picked up town wide on these dates. Yard waste must be placed in Brown Biodegradable Bags or loosely in garbage cans. Plastic bags cannot be composted. Organic waste in plastic bags will not be picked up. Please visit the website for further details www.townofcortlandt.com/sanitation

The Town of Cortlandt Town Hall will host a Permanent Medical Drop Box to offer our Town residents the opportunity to safely discard unwanted prescription drugs.
The box is located in the Purchasing Building on the Town of Cortlandt Town Hall Campus at 1 Heady Street, Cortlandt Manor, NY 10567
The hours of operation will be
Monday- Friday
9:00 AM- 3:30 PM
The drop box is monitored by the Westchester County State Police.
Solutions to Stormwater Pollution

*Easy Things You Can Do Every Day to Protect Our Water*

Stormwater is water from rain or melting snow that flows from rooftops, paved areas and lawns that doesn't soak into the ground but runs off into waterways.

As it flows, stormwater runoff collects and transports soil, animal waste, salt, fertilizers, oil and grease, pesticides, litter and other potential pollutants. This pollution can enter groundwater, streams, lakes, ponds, and rivers and can even affect the quality of our drinking water.

Increase in impervious surfaces cause more stormwater runoff. Because less water is soaking in, flooding can become more frequent and more destructive.

The Town of Cortlandt is a regulated community and has enacted updated Town ordinances governing stormwater. To learn more, visit our website at: www.townofcortlandt.com

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**What can you do to help with Stormwater Issues?**

**Lawn Care**
Most lawns tested in Westchester County did NOT need more phosphorus. If you must fertilize, use phosphorus-free fertilizer (where the middle number on the bag is zero). Excess fertilizer flows into streams, lakes, rivers, and reservoirs, where it can degrade drinking water, lead to algae and plant growth and contribute to fish kills. Don’t fertilize when rain is expected. Leave grass clippings on the lawn to recycle nutrients. More information on lawn care is available in the Town of Cortlandt Recycling brochure on our website.

**Septic System Maintenance**
Failing septic systems can contaminate groundwater, drinking water and surface flows. Most of the Town of Cortlandt is serviced by individual septic systems. These septic systems should be pumped and inspected regularly. Do not pour chemicals, paints, fats, or excess medications down your pipes. Driving on or parking on septic field may damage them. Generally, septic tanks should be cleaned out every 3-5 years, depending on the size of the tank.

**Scoop the Poop**
Please pick up after your dog or cat. It doesn’t matter the size of the animal— all animal waste has an impact. Animal waste is easily carried by runoff, washing off roads and lawns. Pet waste contains harmful bacteria and phosphorus that can promote the growth of weeds and algae.

**Landscaping Helps**
Keep vegetation and organic material on the soil, especially on slopes. Landscape to limit the steepness or length of slopes. Build a buffer of vegetation by watercourses to help filter sediment. Replace the lawn at water’s edge with shrubs, hedges or trees. Anything that slows the flow of water will help us give time for the pollution to be removed.

**Care for your Car**
Little drops of oil and gas add up. One pint of oil can cause an oil slick the size of a football field. Take used motor oil to gas stations. NEVER pour it down the drain. Take other fluids to approved recycling locations. Use saw dust or kitty litter to clean up leaks and spills in your driveway. Wash your car on your lawn if possible to capture runoff.

**Reporting Stormwater Polluters**
Your actions or the action of your neighbor can affect water resources. We are all downstream of someone. No polluted water should be allowed to go into our stormwater system. If you notice pollution of Stormwater you can report the details to the Town of Cortlandt Stormwater Hotline at 914-293-0900.
The Town of Cortlandt and its all-volunteer Conservation Advisory Council are deeply committed to the environment and to making sure that our Town and our residents are doing their part to reduce harm to our planet. For Earth Day 2019, the Town would like to draw attention to the impact that single-use plastic shopping bags have on our waterways, our wildlife and our own health. It is our hope that through these education efforts we can encourage more Cortlandt residents to carry reusable bags when they do their shopping, thereby reducing their use of single-use plastic bags!

### 5 Tips for Reducing Plastic Bag Waste

**Be part of shift away from the use-and-toss culture!**

1. **Bring reusable bags each time you go shopping.** Each reusable bag can eliminate hundreds (if not thousands) of plastic bags. You can reduce the earth’s landfills and prevent harm from being done to our precious wildlife by choosing reusable over paper or plastic.

2. **Keep reusable bags in your car** so they are available when you go shopping.

3. **Reuse the plastic bags you have.** Take them with you on future shopping trips, use them to pick up after your dog, or line your small trash cans with them.

4. **Don’t automatically take a plastic bag.** Only buying small items that are easy to carry? Tell the cashier that you don’t need or want a plastic bag.

5. **Encourage your friends, family, and community to do all of the above!**

### AND DID YOU KNOW...?

Plastic bags don’t biodegrade: they photodegrade. This means that sunlight breaks down the bags into smaller fragments which readily soak up toxins. They then contaminate soil, waterways, and animal and marine life, which mistake them for food. Humans who consume these animals and fish may also ingest these toxins.

Paper bags are not an eco-friendly alternative to plastic. According to the Environmental Protection Agency, paper manufacturing is a highly energy-intensive process. Converting hard wood into paper requires a resource heavy pulping process. The entire process from beginning to end requires large amounts of water, energy, and chemicals, and can emit toxic and hazardous chemicals in the air and water.

**Sources:** Earth Policy Institute• Natural Resources Defense Council• The Wall Street Journal• BBC, CNN• “Measuring Biodegradability”• ScienceLearn.org• United Nations Environmental Programs• Earth911

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The Conservation Advisory Council was formed to ensure the preservation and improvement of the quality of the natural and man-made environment in the Town in the face of urbanization and the accompanying demands on natural resources. To learn more, you can visit us as at www.townofcortlandt.com
Open Space in Cortlandt Increases

During this administration (1992-2019) open space land has increased and been preserved by 110% approx. (3370 additional acres)

“One of my goals in becoming Town Supervisor was to increase and preserve land for open space. Once the land is gone, its gone forever! We have worked very hard over the years to achieve our goal of acquiring and/or protecting open space as well as to balance this with rational regulated economic growth,” states Supervisor Puglisi.

There are other areas throughout our community that we are working on for open space and passive recreation purposes. Putting together partnerships with the Town, State, County, not-for-profit groups and the private sector is a major way of working together with a receptive property owner, to acquire open space. We also have appointed an open space committee to assist us with our goals.

Our largest accomplishment using this practice was the Hillpoint Property in Northern Cortlandt, now called the Hudson Highland Gateway Park-352 acres has been purchased and preserved forever! A committee has worked on passive recreation– a trail and walkway system so we can enjoy the natural beauty and environment of this land.

- Also, an additional 50 acres of open space was added to our open space inventory (Washington Trails Site), and 70 acres at the golf course area are deeded to the Town for open space and 50 acres from Valeria development was recently transferred to the Town.
- Also, an additional 150 from other sites were added to our inventory this year.
- We recently added 52 acres of land and a water body when purchased Furnace Dock Lake after the repair of the dam. The repair of the dam is paid for by Con Edison.
- The purchase of 100 acres along the Hudson River (Formerly owned by Con Edison)
- 100 acres from the Abbey Rose Owner.

We are very proud of our record and will continue to work on our future open space goals.

Supervisor Linda D. Puglisi
And Town Board

Join us to Volunteer at our Town of Cortlandt Community Garden!

Special Thanks To:
Cortlandt Farm Market, Stuarts Fruit Far, Curts Homestead Farm
and Floral Design.

- We have a very interested resident of Cortlandt with tremendous knowledge in gardening who has volunteered to coordinate this effort.
- Located Lake Meahagh, Westchester Avenue, Verplanck, NY 10596
- Cortlandt residents and groups (Scouts, Civic organizations, etc.) will take care of their defined areas with the coordinator’s guidance.

We are very excited about this project and are looking forward to your participation!

Call 914-734-1050 or Email TOCREC@townofcortlandt.com
Linda D. Puglisi
Supervisor
Shop and Dine Cortlandt

Shop and Dine in Cortlandt is a month long event to show support for our local businesses. Shop and dine local at our participating Town of Cortlandt businesses and restaurants and receive special offers and discounts.

Stop into our Supervisor’s office for a free shopping bag and a list of participating businesses!

For a full listing of participating businesses and discounts visit
Www.townofcortlandt.com/Town.of.cortlandt
If you have any questions or need additional information please call (914) 734-1002 and ask for Dianne Carroll.

Sponsored by:
The Town of Cortlandt
And the HV Gateway Chamber of Commerce

Town of Cortlandt

Earth Day Hike

Celebrate Earth Day with a hike and discover the beauty of Cortlandt.

Saturday, April 13th
Clifdale Farm, Teatown
85 Teatown Road, Croton-On-Hudson

For more information on the location please visit https://www.teatown.org/visitors/clifdale-farm/

Hike begins at 10:00 AM
Moderate Difficulty led by Teatown Educators

Sign up in advance suggested
RSVP: Supervisor’s Office– 914-734-1002 Or Judip@townofcortlandt.com
Note: All children under the age of 12 must be accompanied by an adult.

*Westchester County Mobile Shredder*
Town Hall– 1 Heady Street on April 5th, 10 AM– 1 PM
For your safety House Numbers must be posted to facilitate

911

ENHANCED 911 SYSTEM - FOR EMERGENCY RESPONSE

Building enumeration is a vital component of the E911 System. Local Law No. 5-1988 mandated the posting of your home number for the use of emergency response personnel. Public education and awareness of the requirements of E911 is difficult without the assistance of the general public and our local media.

Please advise your neighbors of the need for house enumeration. We want to use all resources available to us to speed the delivery of emergency services to your homes and families. Thank you for your cooperation on this important issue.

At all times we thank our first responders who protect our residents and our community.

Linda D. Puglisi, Town Supervisor

For additional information call:
914-734-1040 (House Enumeration)
914-734-1010 (Location and # Size)

ATTENTION HOME OWNERS

If your home is equipped with an alarm system it must be registered with the Town by obtaining an alarm permit with pertinent information relative to your home. (i.e., animals, contact persons, etc.) These permits are valid for long as you own your home. A new permit must be obtained when ownership changes. The permit information is distributed to the appropriate emergency services to enable them to respond to the alarm more efficiently.

Applications can be by mail and can be obtained from the code enforcement office. Call 914-734-1010 for any further information or application.

AMANDA’S LAW:

CARBON MONOXIDE ALARM REQUIREMENTS WENT INTO EFFECT FEBRUARY 22, 2010

As a result of recent legislation, Amanda’s Law went into effect on February 22, 2010. Amanda’s Law was named in honor of Buffalo resident Amanda Hansen, a teenage girl who lost her life to carbon monoxide (CO) poisoning from a defective boiler when sleeping over a friend’s house in January 2009.

It requires essentially all residences, both new and existing, to have carbon monoxide alarms installed. The specific requirements differ for new and existing residences and also on when the buildings were built and subcategories of occupancy groups.

YOU ARE NEEDED!

Your local Volunteer Ambulance Corps & Fire Departments urgently need volunteers to help their effort to provide Emergency Services to our Community. Join your local department and learn new skills, make new friends and know you are helping to save lives and property and provide a real service to you community.

Call the “house” number, listed in the phone book for more info or call:

Volunteer Fire Departments
Buchanan Fire 737-3481 or 737-0334
Continental Village 739-1020
Croton-on-Hudson 271-2693
Mohegan 526-0823
Montrose 737-8919
Verplanck 788-6943
Peekskill 737-2760

Volunteer Ambulance Corps
Cortlandt (CCVAC) 739-0881
Croton 271-2693
Mohegan 526-1005
Verplanck 788-6943
Peekskill 737-5310

The Town does not provide accident insurance,
The Town is not responsible for typographical errors
14th Annual Cortlandt

FAMILY FUN DAY

Join us for an afternoon of family fun on September 7th, 2:00 PM – 8:00 PM at the Cortlandt Youth and Recreation Center
Fireworks at 8:00 PM
Parking at the Cortlandt Train Station

JOIN US IN CELEBRATING THE 10TH ANNIVERSARY OF THE YOUTH CENTER!
Here is just a preview of the fun we have planned!

• FREE ADMISSION
• Large attractions including a 30 foot high victory lap slide, jumbo bounce, and more!
  • Midway Games
    • Prizes
  • Live Music beginning at 6:00 PM
    • Face Painting
    • Tattoos
    • Entertainment
• Food Court with many local eateries

Please contact the Town of Cortlandt Recreation Department at tocrc@townofcortlandt.com or 914-734-1050.

Rain Date: Sunday, September 8th
2:00 PM– 8:00 PM, Fireworks at 8:00 PM

WE ARE LOOKING FOR VOLUNTEERS!
Here is your chance to be part of this special day. We are looking for individuals, sports teams, clubs, and organizations that are interested in volunteering!

See reverse side for volunteer application or go to

www.townofcortlandt.com/reconline to register online
14th Annual Cortlandt Family Fun Day

Volunteer Application

All of the Midway Games and Carnival atmosphere will be organized by YOU, the residents of our community!

We are looking for individuals, sports teams, clubs & organizations that are interested in volunteering to help the Town of Cortlandt Family Fun Day on Saturday, September 7th. All volunteers will receive a complimentary Family Fun Day t-shirt and lunch!

RPG Last Name ___________________________ RPG First Name ___________________________ RPG DOB __________

Youth Last Name____________________ Youth First Name_______________ Youth DOB_________ Youth Grade____

Street Address______________________________________________________________________ PO Box__________

City___________________________________________ Zip________ Email Address_____________________________

Home Phone #______________________________ Cell Phone #______________________________

Group Name__________________________________________ Approximate # of Members in Group_______________

I am available on the Rain date (September 8th, 2019): YES NO

ONE FORM PER VOLUNTEER

We cannot guarantee booth placement or working with a friend, but we will do our best to accommodate your needs.

☐ I would like to volunteer in the Mid-Way Game Booths

☐ I would like to volunteer for the Tattoos or Face Painting

☐ I would like to volunteer in the Food Booths (Cotton Candy, Popcorn, etc.)

☐ I would like to volunteer in the Setup/ Breakdown (Prior to the event)

☐ No preference

Any other comments_________________________________________________________________________

Please return to: Cortlandt Recreation & Conservation

Town Hall

1 Heady Street

Cortlandt Manor, NY 10567

If you have any questions or concerns about volunteering, please contact Lesley Popkin at lesleyp@townofcortlandt.com.
Town of Cortlandt

7th Annual 5K Road Race

Saturday, October 26, 2019
9:30 AM start

Race Day Registration and check-in located at:
Cortlandt Waterfront Park
Riverview Ave. & Broadway, Verplanck

All participants will receive
a free t-shirt at registration!

Awards to top 3 men & women in various age groups
Registration forms will be available in September
For further information call:
914-734-1055
**TOWN OF CORTLANDT SENIOR SERVICES**  
**THE CORTLANDT GOLDEN CONNECTION**  
Director for Senior Services, Dawn J. Mahoney

To be ELIGIBLE to participate in any of the following Programs and Services you MUST be a TOWN OF CORTLANDT RESIDENT with proof of residency – a current Con Ed bill or telephone bill required MUST be least 60+ years of age. For more information on Senior Citizen programs, call 914-528-1464.

**CLUBS**

Cortlandt, Nor-Cort and Crompond Club meetings take place at the Muriel H. Morabito Community Center on Westover Drive.* Verplanck Club meets at the Verplanck Schoolhouse, 6th Street, Verplanck. Special trips information symposiums and classes are all part of club membership. To be a member of any of the above-mentioned clubs, you must be a resident of the Town of Cortlandt.

**NOR-CORT AND CORTLANDT SENIOR CITIZENS’ CLUBS**

The Senior Citizens’ Clubs of the Town of Cortlandt meet at the Muriel H. Morabito Center on the following days:  
Nor-Cort Seniors’ Club- Every Tuesday, meeting begins at 10:30 a.m.  
Cortlandt Seniors’ Club- Every Wednesday, meeting begins at 10:30 a.m.  
To become a club member, simply stop by the front desk to get paperwork and see the treasurer to pay the $8/year dues. Members may come to the center after 8:30 a.m. Seniors play various board or card games or just chat and enjoy each other’s’ company. Besides meeting old friends many new ones are formed. During the meeting club matters are discussed and seniors are kept up-to-date about both ongoing and upcoming events. Refreshments are available after the meeting adjours ($1.00). Many benefits come from joining including parties, raffles, weekly bingo and much more.

**Ongoing Golden Connection Activities at the Muriel H. Morabito Community Center.**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Monday</td>
<td>10:30 AM-11:30 AM</td>
<td>Exercise and Line Dance Class</td>
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<tr>
<td></td>
<td>12:30 PM- 2:30 PM</td>
<td>Ceramics Class</td>
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<tr>
<td>Tuesday</td>
<td>10:00 AM - 3:00 PM</td>
<td>Nor-Cort Senior Club/ Bingo</td>
</tr>
<tr>
<td>Wednesday</td>
<td>10:00 AM - 3:00 PM</td>
<td>Cortlandt Senior Club/ Bingo</td>
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<tr>
<td>Thursday</td>
<td>9:15 AM-10:15 AM</td>
<td>Exercise Class</td>
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<tr>
<td></td>
<td>10:00 AM - 2:00 PM</td>
<td>Verplanck Senior Club</td>
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<tr>
<td></td>
<td>(Verplanck School house)*</td>
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</tr>
<tr>
<td>Friday</td>
<td>10:15 A- 11:15 AM</td>
<td>Exercise Class</td>
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<tr>
<td></td>
<td>12:15 PM- 1:00 PM</td>
<td>Zumba Class</td>
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**COURSE DESCRIPTIONS**

We offer a myriad of ongoing exercise classes through the year at no cost to Town of Cortlandt Seniors. *Non-resident senior rate available. Please call 914-528-1572 for more details/information.

**Mondays-Line Dance 10:30 AM-11:30 AM  Instructor: Cameron Kelly**
Come Line Dance! Love to dance but don’t have a partner! No problem! Come on over and burn some calories, get some exercise, have some laughs, and meet some great people who love to line dance.

**Thursdays-Senior Boot Camp 9:15 AM-10:15 AM  Instructor: Gerri Kirsch**
This is an aerobics class for seniors with a medium intensity using weights, bands, sticks and ball exercises. The last 15 minutes will be chair based exercises.

**Fridays-Low Impact Aerobics and Muscle Strengthening/Flexibility 10:15 AM-11:15 AM  Instructor: Lori Barr**
Come join this low-impact aerobics/muscle strengthening/flexibility class done to fun music in a safe, supportive, welcoming atmosphere. You’ll burn fat, improve your heart health, build stronger muscles, and bones and increase your flexibility. This class is very appropriate for beginners and modifications will be demonstrated for several experience levels. All levels are welcome!

**Fridays-Zumba Gold 12:15 PM-1:00 PM  Instructor: Suzi Tipa**
Perfect for our active older adults, Zumba Gold incorporates all of the energy, fun, and international rhythms of a traditional Zumba class, but at a lower intensity. Our class introduces easy-to-follow Zumba choreography focusing on balance, range of motion, and coordination. You can modify any of the movements to suit your personal fitness level and goals. Come ready to sweat, and prepare to leave feeling empowered, strong and energized!

**The following programs are funded under the Older Americans Act of 1965 as amended, through the cooperation of:**

- **The Department of Health & Human Services**
- **New York State Office of the Aging**
- **Westchester County Department of Senior Programs & Services**
- **Town of Cortlandt**

**TOWN OF CORTLANDT SENIOR PROGRAM INFORMATION**

To assist seniors with other agency program information a Social Worker is available as needed. Call 914-528-8377 for referral.

**BEREAVEMENT GROUP**

Our bereavement support group will offer a place for those who are grieving a recent death and provide a safe and supportive environment where people can verbalize feelings associated with a loss. Beth Miller, LMSW will facilitate the group.

- **Location:** Muriel H. Morabito Community Center, 29 Westover Drive, Cortlandt Manor  
- **Day:** First Monday of every month  
- **Time:** 1:00 PM-2:00 PM  
- **Fee:** Free, Must pre-register no later than one week before; please call 914-1572 for more information.

**BUS TRANSPORTATION TO THE MURIEL H. MORABITO COMMUNITY CENTER**

Funded through the US Department of Health and Human Services-Administration on Aging (AoA), New York State Office for the Aging, Westchester County Department of Senior Programs and Services, and the Town of Cortlandt. Transportation is available Monday thru Friday to the Muriel H. Morabito Community Center for lunch and/or senior programs. Seniors are picked up in the morning and returned back home in the afternoon. In order for the Nutrition Bus Service to operate, a minimum of 7 seniors are required. The contribution for bus transportation to and from the center is $3.00. For congregate meals and bus transportation call (914) 528-5164. Seniors must call the day before by 11:00 AM to secure lunch and/or transportation and some restrictions apply.

For Congregate meals and Bus Transportation call 914-528-5164. Seniors must call the day before by 11:00 AM to secure lunch and/or transportation. *Some Restrictions Apply
**COMPUTER LAB AND TECH ASSISTANCE**  
Community Center staff is available to assist with basic cell phone questions, ie. Connect to Wi-Fi, create a contact, or even on how to take a selfie. The computers are available for daily use from 9:00 AM− 2:00 PM; except during pre scheduled computer classes.

**MEDICAL TRANSPORTATION**  
Transportation to area Doctors and Medical Facilities and back home again for Cortlandt Seniors. Medical car runs on Monday, Thursday and Friday. Transportation can only be provided as far as Yorktown-Jefferson Valley-Putnam Valley as well as Lake Peekskill and Cortlandt areas. For reservations and information call Becky Ferguson at 914-528-8377. Advanced reservations are required. The contribution for the medical car is $5.00. *Some restrictions apply.

**NUTRITION PROGRAM**  
An on-site and home delivery service that provides persons age 60+ with a nutritious and well-balanced noon-time meal. Those needing or knowing of individuals needing the Home Delivered Service must call for eligibility requirements or for procedure to have lunch at the Muriel H. Morabito Community Center. The contribution for seniors who attend the Nutrition Program is $3.00 and for Home Delivered Meals is $4.00. For Home delivered meals call 914-528-8377.

**AARP DRIVER SAFETY COURSE**  
Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor  
Day/Date: Wednesday, May 22- 1 session  
Time: 8:45 AM- 3:45 PM - (bring driver license, pen, pad & lunch)  
Fee: $20.00 members of AARP – Please include membership number on check  
$25 non members of AARP  
Checks payable to: AARP, no cash accepted  
Register in person by 5/15. Any Questions call 914-528-1572. Min. 10; Max. 40

**ANNUAL SENIOR CITIZEN RECOGNITION DAY PICNIC**  
Please join us for a day of fun and relaxation. Registration required for free entrance. Open to all Senior citizens residing in the Town of Cortlandt. Register at your local Senior Citizen Club in July.  
Location: Charles J. Cook Park, Furnace Dock Road, Cortlandt Manor  
Day/Date: Wednesday, August 14  
Time: 11:00 AM− 2:00 PM 
Fee: Free- If registered prior to event at your Senior Citizen Clubs or by calling 914-528-1572 with your food choice.

**BIRDHOUSE DECORATING**  
Feeling artistic- stop by the center and decorate your own one-of-a-kind birdhouse with staff.  
Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor  
Day/Date: Monday, July 22  
Time: 12:00 PM  
Fee: $10.00 cash at registration  
Must register no later than 1 week prior with payment. Min 6, Max 15.  
Any questions please call 914-528-1572.

**PRESCRIPTION TRANSPORTATION**  
Transportation is now available for Town of Cortlandt seniors to local pharmacies for prescription pickup. This new service will pick seniors up at their homes, bring them to their local pharmacy for their medical needs and then return to their home. It runs on the same schedule as the medical car: Monday, Thursday and Friday. For advanced registration and information call 914-528-8377. The contribution for the pharmacy transportation is $5.00 *some restrictions apply.

**SHOPPING**  
The shopping bus will pick up Cortlandt Seniors at their home to go to the Cortlandt Town Center every Thursday and to the Jefferson Valley Mall on the 3rd Monday of the month. Seniors will be returned to their homes after shopping. The contribution for the shopping bus is $3.00.  
Every Thursday Cortlandt Town Center, Rte. 6 10:00 AM- 2 PM  
3rd Monday of Month Jefferson Valley Mall 10:00 AM- 2 PM  
Call 914-528-8377 for reservations and information. *Some restrictions apply. In order for shopping bus to operate a minimum number of 7 seniors are required.

**SPECIAL SERVICES**  
The Town of Cortlandt offers a blood pressure monitoring service at the Verplanck Schoolhouse and at the Community Center. For further information please call 914-528-1572.

**SPECIAL EVENTS & CLASSES**

**AARP DRIVER SAFETY COURSE**

**ANNUAL SENIOR CITIZEN RECOGNITION DAY PICNIC**

**BIRDHOUSE DECORATING**

**PRESCRIPTION TRANSPORTATION**

**SHOPPING**

**SPECIAL SERVICES**

**CHAIR YOGA SERIES**  
Chair Yoga is suitable for those with arthritis, back, hip or knee injuries, limited balance or other reasons a traditional yoga class may not be appropriate. All poses and exercises are performed while seated in a chair or standing using a chair for support and balance. Regular practice of yoga can help with stress management, can alleviate depression & anxiety, promote better sleep, increase circulation and lower blood pressure. Please wear comfortable clothing and bring a water bottle to class.  
Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor  
Day/Date: TBA  
Time: TBA  
Fee: Free  
Call 914-528-1572 for dates and times. Class is limited to the first 30 Seniors.

**MOVIE DAY**  
Enjoy a movie on our big screen TV. Day includes movie, pizza, drinks, & dessert.  
Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor  
Day/Date: Friday, May 3 The Post  
Friday, June 7 Jackie  
Friday, July 12 Book Club  
Friday, August 2 Green Book  
Friday, September 6 The Mule  
Time: 1:00 PM-3:00 PM (or until movie ends)  
Fee: $5.00 per person. Must register and pay the week before each movie showing. Call 914-528-1572 for more information.
Join us for our Annual Memorial Day Ceremony on Friday, May 24, 2019 at 12:30 PM. The ceremony takes place at our Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor, NY. On June 20th we have our Veteran’s Picnic which is held at the Buchanan Pavilion. Call either 914-734-1002 or 914-528-1572 for further information and to RSVP.

RESISTANCE TRAINING  Natalie Zeno, Instructor

Join me as we work to strengthen and tone our muscles using light weights, bands, and body weight exercises. We will gain strength, while having fun!

Location:  Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor

Day/Date:  Thursdays, May 16, 23, 30, June 6 (4 sessions)

Time:  11:00 AM-11:45 AM

Fee:  $10.00 cash or check payable to Town of Cortlandt at registration.

Must register no later than 1 week prior with payment.  Min 8, Max 15.

Any questions please call 914-528-1572.

SENIOR BILLIARD PLAYERS WANTED

Whether you are a beginner or an expert, stop by for some friendly tips and competition.

Location:  Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor

Days:  Monday– Friday

Time:  Drop In between 9:00 AM– 3:00 PM

Fee:  Free; Call 914-528-1572 for more information.

SUMMER DAY TRIPS

Call 914-528-1572 for sign up and costs. Some restrictions may apply.

May 8  NYC Musical Pretty Woman with Lunch
May 29  Erie Canal with Lunch
June 6  Foxwoods Casino
June 19  Westchester Broadway Theater
July 9  NY Botanical Garden with Lunch
July 24  Spirit Cruise, NYC
August 6  Sands Casino
August 29  West Point Tour with Lunch

WALKING PROGRAM

Are you ready to start walking and don’t know where to begin? We’ll lead the way.

Location:  Muriel H. Morabito Community Center

Day/Date:  Monday, June 17– 8 Weeks

Time:  8:30 AM– 9:30 AM

Fee:  Free

Please register no later than one week before. Minimum number to run program is 8 participants. Call 914-528-1572 for more information.

WATERCOLOR PAINTING CLASS  Hillary Hostetler, Instructor

Join friends and make new ones. Paint various floral and landscapes with Hillary. Full instruction will be given for beginners through advanced. Bring your own supplies as per supply list. You will receive a supply list when you register. If you can’t get your own supplies the fee is an additional $15 per 6 sessions. Instructor will provide materials for first class if needed.

Location:  Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor

Day/Date:  Thursday, May 23, 30, June 6, 13, 20, 27

Time:  12:30 PM-2:30 PM

Fee:  $60; Checks payable to the Town of Cortlandt

Please register no later than one week before. Minimum number to run program is 8 participants. Call 914-528-1572 for more information.

WII BOWLING

Play Wii Bowling on our large screen TV.

Location:  Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor

Day/Date:  Mondays/Fridays

Time:  1:00 pm-3:00 pm

Fee:  Free. Call 914-528-1572 for more information.

*Wii Drop In times available

TRANSPORTATION FORUM FOR OLDER ADULTS

The “Older and Wiser Driver” is sponsored by the Department of Public Works and Transportation and offers tools, tips, and techniques that older drivers can use to be on the road as safely as possible for as long as possible. The program will also explore when it is time to stop driving and what alternative transportation is available. The Senior-Be Educated About Transit Program, commonly known as Senior B.E.A.T.-is a transit orientation program that instructs Westchester seniors on how to safely and successfully use the Bee-Line System to promote greater travel independence. Seniors aged 65 or over will be able to sign up the reduced fare MetroCard (bring an ID with a date of birth)

Location:  Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor

Day/Date:  Tuesday, September 10, 2019

Time:  9:30 AM-12:00 PM

Fee:  Free, please call 914-528-1572 to register

VC GAMING (Senior Citizens)

Seniors are welcome to stop by the Youth Center and utilize the game tables including: ping pong, pool, air hockey, and foosball. Participants must provide two proofs of residency and complete a form their first day.

Day/Dates:  Wednesdays, April 24—June 26

Time:  11:00 AM—1:00 PM

Fee:  Free
SUMMER CAMP IMPORTANT INFORMATION & POLICIES

- Please note that the camp registration is on a FIRST/COME/FIRST SERVE BASIS.
- Registration Options:
  - Online Registration (www.townofcortlandt.com/reconline)
  - Mail In Registration to our office located in the Town of Cortlandt Town Hall, 1 Heady Street, Cortlandt Manor, NY 10567
  - Drop Off Registration at our office located in the Town of Cortlandt Town Hall, Recreation Office Room #11. Office hours are 8:30 AM to 4:00 PM.
  - WE DO NOT ACCEPT CAMP REGISTRATIONS VIA PHONE, EMAIL, OR FAX.
- Non residents will be allowed to complete a registration form for camp as on June 14, 2019. All Non residents will be auto wait listed for our three main Day Camps (Day Camp, 5th/6th Grade Camp, and 7th/8th Grade Camp). You will be notified if you are removed from the wait list. If you have any questions or concerns, please call us 914-734-1050.
- Any incomplete camp registration/ health forms received by our office will be returned to the sender and not processed until all necessary information is provided. Do not send a copy of the immunization record with the application for camp, please fill in all of the dates in the appropriate places on the camp application form.
- There will be a late registration fee for anyone who registers after June 14th for all of our Day Camp Programs.
  - The late fee will be $25 for each session, and a total of $75 when registering for all 3 sessions.
  - This will also be the deadline to receive a personalized bus stop for your camper. AFTER this deadline, you will have to pick an existing bus stop that is already scheduled.
- The application deadline to enroll for ALL camps including Day Camp, 5th/6th Grade Camp, and 7th/8th Grade Camp will be:
  DEADLINE FOR ALL REGISTRATIONS; NO EXCEPTIONS:  
  - Tuesday, June 25 for Session I
  - Tuesday, July 9 for Session II
  - Tuesday, July 23 for Session III

CAMP TRANSPORTATION IMPORTANT INFORMATION CONCERNING BUSING YOUR CHILD TO AND FROM TOC CAMPS.

- FOR BUS PICKUP/DROPOFF- PARENTS/CAREGIVERS MUST BE AT STOP 15 MINUTES PRIOR TO TIME ON BUS SCHEDULE/15 MINUTES AFTER TIME ON BUS SCHEDULE. WE ARE UNABLE TO GIVE YOU THE EXACT TIME OF PICKUP/DROPOFF OF YOUR CHILD- THE TIME LISTED IS APPROXIMATE.
- Parents are reminded that Kindergartners thru 3rd graders may only be discharged to their parent/adult caregivers or a responsible party that the town has on file with child’s camp application or on the Bus Change Form (Found in the back of this brochure.)
- On the camp application form we ask for your nearest cross street, we do not offer a door to door pickup or drop off point. If you have a need for a special pickup and or drop off at a location other than what we would be assigning to you (Home Address and nearest cross street) you must fill out a Bus Change Form.
  - We need the name, telephone number (a number that gets answered at any time during the day in case of an emergency) and the address with a detailed explanation of the bus change and how many times this will be happening i.e. AM pickup and or PM drop off.
  - Due to overwhelming requests for different bus pickup and/or drop off any SPECIAL BUS REQUESTS must be submitted on the Bus Change Form no later than JUNE 14TH.
- Please keep your requests to a minimum, bus request changes puts much stress on you camper and the staff when a child takes a different bus route for their AM and PM routes.
- The Recreation Office will be staffed from 6:30 AM to 5:00 PM from July 1 thru August 9 for transportation to our Day Camp Programs. Any transportation comments/questions/concerns, please call 914-734-1054 or 914-734-1050.

CODE RED SYSTEM (Day Camp, 5th/6th, 7th/8th)
The Department of Recreation & Conservation wants to be able to notify you in the event of a Day Camp busing Service problem. The Town would notify you in a phone call, by the Emergency Notification System, CODERED. We require that you provide us with contact phone numbers including home phone and cell phone. See Page 14 for more information about CODE RED.

SUMMER DAY CAMP PARENTS INFORMATION NIGHT
A pre-camp opportunity to meet your child’s Camp Director, and various Camp Staff. You will be able to hear first hand about the camp program and ask any questions that you have.
Location: Cortlandt Town Hall, 1 Heady Street, Cortlandt Manor, Nyberg Meeting Room (Court Room)
Day/Date: Thursday, June 20
Time: 7:00 PM
### Day Camp (Grades K-4 as of Sept.'19)
(Enrollment is limited to 245 per section)
A rain or shine program that offers swimming instruction, sports, music, arts and crafts, drama, supervised swimming, special events and some special day trips. Children are to bring lunch and a drink. Campers are instructed to label their clothing and towels. A Town of Cortlandt Recreation T-shirt will be provided to all participants free of charge. Busing is provided.

**Course #:**
- 100-1U Section I July 1- July 12 (No Camp 7/4)
- 100-2U Section II July 15- July 26
- 100-3U Section III July 29- August 9

**Location:**
Charles J. Cook Recreation Center

**Day:**
Monday thru Friday

**Time:**
9:00 AM- 3:45 PM

**Fees:**
- Section I $405
- Section II $405
- Section III $405
- All Three Sections $1135

**REGISTERED AND PAID IN**
**FULL BEFORE FRIDAY, JUNE 14TH**
- Section I $405
- Section II $405
- Section III $405
- All Three Sections $1135

**REGISTERED AND PAID IN**
**FULL AFTER FRIDAY, JUNE 14TH**
- Section I $430
- Section II $430
- Section III $430
- All Three Sections $1210

### 5th, 6th Grade Camp (Grades 5th and 6th as of Sept.'19)
Shawn Rawlins, Director
(Enrollment is limited to 125 per section)
A rain or shine program specifically designed for these grade levels. The program will offer such activities as arts & crafts, sports, waterslide, bowling, swimming and special trips each session. Campers should bring a lunch and a drink. Busing is provided.

**Course #:**
- 102-1U Section I July 1- July 12 (No Camp 7/4)
- 102-2U Section II July 15- July 26
- 102-3U Section III July 29- August 9

**Location:**
Furnace Woods Elementary School

**Day:**
Monday thru Friday

**Time:**
9:00 AM- 3:45 PM

**Fees:**
- Section I $460
- Section II $460
- Section III $460
- All Three Sections $1,265

**REGISTERED AND PAID IN**
**FULL BEFORE FRIDAY, JUNE 14TH**
- Section I $485
- Section II $485
- Section III $485
- All Three Sections $1,340

### 7th, 8th Grade Camp (Grades 7th and 8th as of Sept.'19)
John Glashoff, Director
(Enrollment is limited to 100 per section)
A rain or shine program specifically designed for these grade levels. The program will offer such activities as arts & crafts, sports, bowling, swimming and special trips each session. Campers should bring a lunch and a drink. Busing is provided.

**Course #:**
- 103-1U Section I July 1- July 12 (No Camp 7/4)
- 103-2U Section II July 15- July 26
- 103-3U Section III July 29- August 9

**Location:**
Blue Mountain Middle School

**Day:**
Monday thru Friday

**Time:**
9:00 AM- 3:45 PM

**Fees:**
- Section I $460
- Section II $460
- Section III $460
- All Three Sections $1,265

**REGISTERED AND PAID IN**
**FULL BEFORE FRIDAY, JUNE 14TH**
- Section I $485
- Section II $485
- Section III $485
- All Three Sections $1,340

### Town of Cortlandt After Camp Program
(Grades 5th-8th ONLY)
This service is free and is offered on Tuesdays, Wednesdays, and Thursdays ONLY for the 6 weeks of Camp. Your child will be bussed to the Cortlandt Youth Center and can use this facility as they wish. A parent or guardian can pick their child up at their earliest convenience.

Children registered for the Youth Center After Camp Program must also complete the After Camp Code of Conduct and the After Camp Rock Wall Waiver. Once completed, you must return both documents to the Town of Cortlandt Youth Center at 3 Memorial Drive, Croton on Hudson, NY 10520 or The Town of Cortlandt Recreation Department at 1 Heady Street, Cortlandt Manor, NY 10567. Both documents are available in the Recreation Office, or online at www.townofcortlandt.com/rec or www.townofcortlandt.com/online.

You must register for this program using the pre-school/ youth activity registration form in the back of the brochure or go to www.townofcortlandt.com/rec.
PLAYGROUNDS FREE PLAY PROGRAM

PLAYGROUNDS/ FREE PLAY (Grades K-5 as of Sept.’19)
This is a FREE drop off and pickup program supervised by a paid recreation staff. Your child must be dropped off and picked up by an adult 18 years or older. The program offers such activities as arts and crafts, sports and special events. Those interested must register on the first day attending the playground program at the areas listed below.

Location:
- F.G. Lindsey School- (Must enter the Playground off of Trolley Road)
- Muriel H. Morabito Playground and Skate Park

Day/Date:  Monday thru Friday-
- Starting Date July 1 to August 9
  (No July 4th)

Time:  9:00 AM - 12:30 PM

Fee:  Free

PLAYGROUND POLICIES
- Your child must be dropped off and picked up by an adult 18 years or older.
- Playground programs will NOT be held on rainy days. If the playground is cancelled at 8:45 AM,
- The playground will not be re-opened on that day.

Call 914-734-1053 (Program Cancellation Hotline) to verify weather cancellations.

NORWEST

THERAPEUTIC PROGRAMS FOR INDIVIDUALS WITH DEVELOPMENTAL AND COGNITIVE IMPAIRMENTS

Director, Christopher Morabito
Program Coordinator, Wendy Greenfield

NOR WEST REGIONAL SPECIAL SERVICES Is a social service agency that provides community-based therapeutic recreation programs, respite and transportation services to persons with differing abilities residing in the northwestern portion of Westchester County. They serve ages 5-65 in a variety of community-based weekly programs and special events, designed primarily for individuals with developmental disabilities. Transportation is provided to catchment-area residents from central stops in Peekskill, Cortlandt, Yorktown, and Ossining. Indviduals living at home and enrolled in the Home & Community Based Services Waiver do not pay registration fees. For further information and current program information, visit their website:  www.nor-west.org or call 914-737-4797.

NOR-WEST P.R.E.P. FOR SPECIAL POPULATIONS
Nor-West has an exciting summer opportunity for teens and young adults ages 16-23 with developmental dis-abilities. The P.R.E.P. (Prevocational, Recreation & Education Program) is a specialized, goal-oriented summer experience. P.R.E.P. will offer a combination of prevocational, educational and recreation opportunities to prepare teens and young adults with skills needed for their future. Program highlights include the following:
- Academic activities targeting work situations
- Outdoor swimming two days per week
- Daily recreational trips to regional attractions

Program will operate in August- 9:00 AM- 5:00 PM, Dates TBD. Please contact Nor-West at 914-737-4797 for additional information.
CHEERLEADING CAMP (Grades K-5th as of Sept ’19)
Nicole Selvaggi-Landry, Camp Director

Got Spirit? Want to know what being a cheerleader is all about? Enjoy a fun filled morning of cheers, chants, dances, stunts, and tumbling! Learn the in’s and out’s on how to be a cheerleader! Cheerleaders will learn a mini routine and have a performance on the Friday of each session– you won’t want to miss it! Please wear sneakers, no jewelry and bring a water bottle and snack. Instructed by Varsity Head Coach, Nicole Selvaggi-Landry

Course Number: 105-1U- July 8—July 12 (5 sessions)
Location: Frank G. Lindsey School- Gym
Day: Monday thru Friday
Time: 9:00 AM– 12:00 PM
Fee: $65 with ID/ $70 without ID/ $84 non resident

Course Number: 105-2U- July 15- July 19 (5 sessions)
Location: Frank G. Lindsey School- Gym
Day: Monday thru Friday
Time: 9:00 AM – 12:00 PM
Fee: $65 with ID/ $70 without ID/ $84 non resident

BASEBALL BUDDY BASEBALL CAMP (Ages 8-12 as of Sept.’19)
Coaches Van Vourliotis

Introducing a new style Baseball Camp designed to teach skills to prepare for daily structured games in a week-long tournament style atmosphere. Led by accomplished baseball instructors, BBUSA campers will learn the skills and drills baseball teams complete to prepare for games. Each player will be placed on a team for the week with a Hen Hud HS baseball player as coach. The teams will compete in live actions games throughout the week. All supervised by BBUSA staff. Teams will play a structured week-long baseball tournament leading up to playoffs and a championship game. All players participate and will receive a team shirt.

Course Number: 106-1U Session I July 1- July 5 4 Sessions
(ONLY Mon, Tue, Wed, Fri.)
106-2U Session II July 8- July 12 5 Sessions
106-3U Session III July 15- July 19 5 Sessions
106-4U Session IV July 22- July 26 5 Sessions
106-5U Session V July 29- August 2 5 Sessions
Location: Sunset Field, Montrose
Day: Monday thru Friday
Time: 8:45 AM – 12:30 PM
Fee: $160 with ID/ $165 without ID/ $198 non resident
Fee Session 104-1U: $128 with ID/ $133 without ID/ $160 non resident

FIELD HOCKEY CAMP (Grades 2nd– 7th)

Campers will receive age/skill level instruction on fundamentals and more! Campers will be taught by Hendrick Hudson Field Hockey coaches and players. There will be competitions, games, and skill development everyday. All campers will receive a t-shirt.

Course Number: 128-1U - July 8-11 (Raindate July 12) (4 sessions)
Location: Frank G. Lindsey, Lower Field
Day: Monday thru Thursday (rain date Friday)
Time: 4:00 PM- 6:00 PM
Fee: $80 with ID/ $85 without ID/ $102 non resident

HENDRICK HUDDLE “NO HUDDLE” FOOTBALL CAMP
Mike Lynch, Director

This camp is a limited-contact, skills teaching camp that is designed to give each athlete a solid foundation in the football fundamentals needed to excel at his position. Football equipment will be provided as part of the camp fee. Led by Coach Lynch, each player will receive hands-on-instruction as he participates in drills and practices designed to make them become better football players.

Grades 5-8 as of Fall ’19

Course Number: 106-1U- July 8 - July 12 (5 sessions)
Location: Hendrick Hudson High School- Field
Day: Monday thru Friday
Time: 9:00 AM - 12:00 PM
Fee: $140 with ID/ $145 without an ID/ $174 non resident

Grades 9-12 as of Fall ’19

Course Number: 106-2U- June 24- June 28 (5 sessions)
(This session will include a week ending scrimmage)
Location: Hendrick Hudson High School - Field
Day: Monday thru Friday
Time: 5:00 PM- 8:00 PM
Fee: $140 with ID/ $145 without an ID/ $174 non resident

LACROSSE CAMP (Boys & Girls, Grades 1-8 as of Sept ’19)
Troy Lepore, Instructor

Great week of lacrosse for players of all levels. Run by Hen Hud Varsity Coach Troy Lepore along with Hen Hud alumni currently playing college lacrosse. This camp will work on the fundamentals of the game thru great instruction and drills coupled with fun and games!

Course Number: 109-1U
Location: Sprout Lacrosse All Purpose Field
Day: Monday thru Thursday, July 15 July 18 (4 sessions)
Time: 9:00 AM- 1:00 PM
Fee: $125 with ID/ $130 without an ID/ $156 non resident

LITTLE RED DEVILS BASKETBALL CAMP
(Boys & Girls Ages 4-6) 25 campers max

Baskets will be adjusted to the height needed to be successful. Emphasis will be on developing motor skills and coordination. Basic basketball skills will be introduced as well. Campers will learn to shoot, pass, catch, pivot, dribble and defensive stances and movements. One on one and two on two games will be played if appropriate.

Course Number: 110-1U- August 12- August 16 (5 sessions)
Location: Buchanan Verplanck Elementary School (A letter will be sent out at the end of the last week in July, telling all participants what school to report to.)
Day: Monday thru Friday
Time: 10:00 AM- 12:00 PM
Fee: $55 with ID/ $60 without ID/ $72 non resident

RED DEVIL/ CORTLANDT BASKETBALL CAMP
(Boys & Girls- Grades 2-12 as of Sept.’19) Brian Panzanaro, Director
Individual instruction daily, fundamentals of shooting, passing, dribbling, rebounding, post-play & defensive play, individual evaluation, competition & games each day, competition within own ability. Participants will be grouped according to grades as of Sept.’19. Everyone is encouraged to register early! Registration will be limited.

Course Number: 111-1U- August 12 - August 16 (5 sessions)
Location: Hendrick Hudson/ Lakeland Schools (An email will be sent out at the end of the last week in July, telling all participants what school to report to.)
Day: Monday thru Friday
Time: 9:00 AM- 1:00 PM
Fee: $105 with ID/ $110 without ID/ $132 non resident
"TEACHES" BASKETBALL CAMP (Boys & Girls Ages 5-14)
"Teaches" enters their 27th year of running basketball camps. Our focus is fun and participation. Our experienced staff and positive format create a great learning atmosphere. Each participant will receive a "Teaches" basketball, "Teaches" bag and camp T-shirt. We hope you can scorch the nets with us this summer!

Course Number: 113-1U- August 19- August 23 (5 sessions)
Location: Blue Mt. Middle School
Day: Monday thru Friday
Time: 9:00 AM- 2:30 PM
Fee: $215 with ID/ $220 without ID/ $264 non resident

SOCCER CAMP (Boys & Girls Ages 6-14)
Soccer program for beginners as well as the advanced soccer player. This camp will stress individual skill practices, functional training for positional play, attacking and defensive principles, and the players responsibilities in their third of the field. No transportation provided. Each participant should bring a lunch, snacks and plenty of fluids.

Course Number: 114-1U- July 22- July 25— 4 sessions
Location: Sprout Lacrosse All Purpose Field
Day: Monday thru Thursday
(Time: Friday 7/26 will be used in case of rain as a makeup)
Time: 9:00 AM- 3:00 PM
Fee: $65 with ID/ $70 without ID/ $78 non resident

TENNIS CAMP
Boys & Girls Ages 5-8
Participants will be taught hand eye coordination and basic racquet and ball handling skills. Racquets will be provided for those who do not have one.

Course Number: 115-1U- July 1— July 5 (4 sessions) No July 4
Location: Lake Street Tennis Courts (across from Hendrick Hudson High School)
Day: Monday, Tuesday, Thursday, Friday
Time: 10:30 AM- 12:30 AM
Fee: $57 with ID/ $62 without ID/ $72 non resident

Boys & Girls Ages 9-14
A tennis program designed for beginners, advanced beginners and intermediate players who want to develop sound fundamental tennis skills. Students will be given an understanding of the rules and exposed to individual and team play. Racquets will be provided for those who do not have one.

Course Number: 115-2U- July 1— July 5 (4 sessions) No July 4
Location: Lake Street Tennis Courts (across from Hendrick Hudson High School)
Day: Monday, Tuesday, Thursday, Friday
Time: 10:30 AM- 12:30 PM
Fee: $73 with ID/ $78 without ID/ $94 non resident

TENNIS CAMPS- MINI MITE (Boys and Girls Ages 5-8)
A Tennis Camp designed for the beginner and low intermediate tennis player with little or no previous tennis experience. Your child will have an introduction to all basic strokes thru the use of games and drills. We also work on conditioning, hand-eye coordination, and footwork. (Racquets will be provided for those who don’t have one)

Course Number: 116-1U- July 8 July 12 (5 sessions)
Location: Lake Street Tennis Courts (across from Hendrick Hudson High School)
Day: Monday thru Friday
Time: 9:00 AM- 10:30 AM
Fee: $70 with ID/ $75 without ID/ $90 non resident

TENNIS CAMP - JR. Aces (Boys and Girls Ages 9-14)
Dee Young, Maria Borg, Jessica Wolf, Instructors (All instructors are PTR certified)
A Tennis Camp designed for the beginner and low intermediate tennis player with little or no previous tennis experience. Your child will have an introduction to all basic strokes thru the use of games and drills. We also work on conditioning, hand-eye coordination, and footwork. This camp is designed for children Ages 9-14. (Racquets will be provided for those who don’t have one).

Course Number: 117-1U- July 8- July 12 (5 sessions)
Location: Lake Street Tennis Courts (across from Hendrick Hudson High School)
Day: Monday thru Friday
Time: 10:30 AM- 12:30 PM
Fee: $90 with ID/ $95 without ID/ $114 non-resident rate

VOLLEYBALL CAMP FOR GIRLS (Grades 1– 8)
Diane Swertfager, Instructor & the Hen Hud Volleyball Team Coach Swertfager, as well as other volleyball coaches, will teach the skills an athlete needs in order to be a successful volleyball player. Each child will learn and or improve their overhand serve, pass, set, spike and block. We will emphasize correct body position and techniques. Drills will incorporate our newly learned skills. Defensive and offensive strategies will be taught during the scrimmages. We will challenge all skill levels. Bring a friend! Better yet bring your team!! You will need a water bottle, towel, kneepads, court sneakers, and energy!

Course Number: 119-1U- June 10- June 13 (4 Sessions)
Location: Hendrick Hudson High School Gym & Dome
Day: Monday thru Thursday
Time: 5:00 PM- 6:30 PM
Fee: $75 with ID/ $80 without ID/ $96 non resident

The following programs are run by U.S. Sports Institute through the Town of Cortlandt Recreation Department.

For some children sports can be a little intimidating, while for others the sports field is where they are most confident and happy. Our priority is to ensure every child is made to feel unique and valued. A USSI program is about gaining self-confidence and social skills through sports and activities that encourage and inspire. Our aim is to inspire and motivate the so that sports is enjoyable and rewarding whatever their ability.

MULTI SPORTS CAMP (Ages 5-11)
Experience over 15 different sports from around the world with the U.S. Sports Institute. All activities will take place in an atmosphere which promotes good sportsmanship, team work and most of all fun. Campers will receive technical instruction in each sport and experience the sport in a realistic game situation. This summer camp is truly dedicated to the sports minded youngster. Bring lunch, snacks and drinks. *Participants will be divided by age.

Course Number: 122-1U- July 8 thru July 11 (4 Sessions)
Location: Sprout Lacrosse All Purpose Field
Day: Monday thru Thursday
(Friday 7/12 will be used in case of rain as a makeup)
Time: 9:00 AM- 3:00 PM (Bring lunch, drinks, snacks)
Fee: $160 with ID/ $165 without ID/ $198 non resident

SPORTS SQUIRTS CAMP (Ages 3-5)
The U.S. Sports Institute Sport Squirts program is a great way to introduce children to a variety of sports such as Soccer, T-ball, Basketball and Hockey all taking place in a safe structured environment to ensure learning. Activities are designed to evoke a child's imagination in which they can find Nemo, send Shrek into a spin or capture Jellyfish with Sponge Bob Squarepants. All activities promote hand-eye coordination, movement and balance and most importantly fun, fun, fun.

Course Number: 123-1U- July 8 thru July 11 (4 Sessions)
Location: Sprout Lacrosse All Purpose Field
Day: Monday thru Thursday
(Friday 7/12 will be used in case of rain as a makeup)
Time: 4:00 PM- 5:00 PM (Bring drinks and snacks)
Fee: $80 with ID/ $85 without ID/ $102 non resident
MUSICAL THEATER WORKSHOP (Grades 2nd-8th)  
Robyn Ferracane, Instructor

Immerse yourself in the world of theater! This workshop is for everyone from the student acting for the first time, to the seasoned performer. This program takes students from the audition process to a final performance everyone will enjoy. Not only will this workshop be a source of fun and excitement but it will also increase the skill level of every student, whether their goal is to become a professional actor or use the workshop to have fun and develop life skills. Production with costumes, props and minimal sets. All youth will have a role to play, receive a script and will be taught any music they will need to perform for their role. The result will be a wonderful final performance on Friday at 1 PM for family and friends. Limited to 25 youth.

Section I: “Peter Pan”
Course Number: 610-1U
Location: Cortlandt Youth & Recreation Center
Days/Dates: Monday thru Friday, August 12 - 16
Time: 9:00 AM - 3:00 PM
Fee: $185 with ID / $190 without ID / $228 non resident

Section II: “Guys & Dolls Jr.”
Course Number: 610-2U
Location: Cortlandt Youth & Recreation Center
Days/Dates: Monday thru Friday, August 19 - 23
Time: 9:00 AM - 3:00 PM
Fee: $185 with ID / $190 without ID / $228 non resident

ONCE UPON A TIME...STORYBOOK THEATRE CAMP  
(Ages 4-7)  
Maria Morabito, Instructor

Travel to a land of make believe through silly stories and fantastic fairy tales in this fun introduction to Theatre Arts! Characters jump from the pages and onto the stage as your child creates scenes and skits using crafts, costumes, games and songs. The week will end with a final performance for family and friends on stage and in our new puppet theatre!

Participants should bring lunch, a snack and wear comfortable shoes appropriate for outdoor play.

Course Number: 126-1U
Location: Cortlandt Youth & Recreation Center
Day: Monday through Friday, July 29 – August 2
Time: 10:00am - 1:00PM
Fee: $150 with ID / $155 without ID / $186 non resident

PRINCESS CAMP (Ages 4-7)
Hear Ye! Hear Ye! By order of the Town of Cortlandt all Princesses are invited to join The Royal Court! Each day your little one will assume their role as princesses as they move thru crafts, games, stories, and songs that focus on being kind, caring, respectful, responsible, strong, and brave. A daily message from our Queen will guide each day’s theme as the princesses create their own persona and costume. Family and friends are invited on the final day as each princess is presented at The Royal Court.

Participants should bring a lunch, snack and wear comfortable shoes or sneakers appropriate for outdoor play.

Course Number: 124-1U
Location: Cortlandt Youth & Recreation Center
Days/ Dates: Monday thru Friday, July 22 - July 26 (5 sessions)
Time: 10:00 AM - 1:00 PM
Fee: $150 with ID / $155 without ID / $186 non resident

SUPER HERO CAMP (Ages 4-7)
Join forces with Cortlandt Recreation to expand each child’s imagination and help them become the ultimate superhero. Each camper will have the opportunity to create their own super hero persona, and design a costume to go with it. Campers will make crafts that help them fight the battle against evil, and find out their true identity. Trained and experienced staff instructors, Arts, Crafts and games during break times, Awards Ceremony, and sports activities for each day of camp! *Please bring lunch, drinks and snacks and wear shoes for outdoor play.

Course Number: 125-1U
Location: Cortlandt Youth & Recreation Center
Day/ Dates: Monday thru Friday, August 5 thru August 9 (5 sessions)
Time: 10:00 AM - 1:00 PM
Fee: $150 with ID / $155 without ID / $186 non resident

YOUNG REMBRANDTS PRE-K ART CAMP (Ages 3 1/2 - 5)
Curious George Junior Workshop
Children will explore the world of H.A. and Margaret Rey in this four-day workshop full of art and books. Each day a different Curious George book will be read with the students. Afterwards, children will draw a Young Rembrandts lesson which incorporates one aspect of the book just read together. Children’s creativity and imagination will play together as students bring their favorite books to life through their detailed drawings! Enroll your curious artist today.

Course Number: 126-1U
Location: Cortlandt Youth & Recreation Center
Days/Dates: Monday thru Friday, July 1 – 5 (no class 7/4)
Time: 10:00 AM - 12:00 PM
Fee: $101 with ID / $106 without ID / $127 non resident

YOUNG REMBRANDTS ART CAMP (Grades 1st-6th)
Section I: STEAMin’ Up Summer & Cooking & Baking Workshop
Calling all artists, scientists, engineers, and math lovers!
Young Rembrandts has a new workshop filled with new ways your child can explore the fascinating world of STEAM! First, students will illustrate different types of Sciences, new Technologies, incredible feats of Engineering and striking Math principals—all while creating crazy awesome art. After lunch, we will join forces to cook up one of the tastiest workshops yet. Students will learn to illustrate the thing we all love to do—eat! They will draw, decorate, build and color everything in the kitchen that relates to cooking and baking. Drawings will include funny kitchen cartoons, detailed still life scenes and delicious details to make them complete. Prepare for artwork that looks good enough to eat. To view examples of artwork go to www.townofcortlandt.com/yac.

Course Number: 126-2U
Location: Cortlandt Youth & Recreation Center
Days/Dates: Monday thru Friday, July 8 – 12
Time: 9:00 AM - 3:00 PM
Fee: $335 with ID / $340 without ID / $408 non resident
** Section II: Ocean Life Pastel & Cartoon Dinosaurs Workshop**

Don’t let summer boredom seep into the mind of your child. Keep your child amused and productive with Young Rembrants. In the morning we will explore ocean life as they learn to draw and color with pastels. Creating detailed, pastel compositions on each day, focusing on a different ocean-themed subject. Our instruction will bring remarkable results, and you will want to head to the frame shop with your child’s finished pastel pieces. Then after lunch we’ll explore “Does a dinosaur use a phone booth?” What would happen if they lived today? These are just some of the jokes we will illustrate. To view examples of artwork go to www.townofcortlandt.com/yc.

**Course Number:** 126-3U  
**Location:** Cortlandt Youth & Recreation Center  
**Days/Date:** Monday thru Friday, July 15 - 19  
**Time:** 9:00 AM - 3:00 PM  
**Fee:** $335 with ID / $340 without ID / $408 non resident

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**YOUTH LEAGUES AND TEAMS**

**SWIM TEAM** (Ages 6-18 as of 6/01/19)  
Head Coaches Nicole Segnit and Monika Ryan-Hsu  
**This is NOT A LEARN TO SWIM PROGRAM.** To participate on this team the swimmer must be a resident of the Town of Cortlandt and be able to pass the deep water test.

This is a competitive swimming team competing in the Northern Westchester Swim Conference. The swim team provides a variety of competitive experiences regardless of ability during the summer season. There are no tryouts for the swim team but children must demonstrate a swimming proficiency in at least one of the four competitive strokes (freestyle, backstroke, breaststroke, or butterfly).

Please indicate the participants date of birth on the registration form. Meets are held weekday evenings and Saturday mornings. Please visit http://northernwestchestersc.com/ for more information.

**Course Number:** 315-1U  
**Location:** Charles J. Cook Pool  
**Day/Date:** Starting Date: July 1 (Practice Monday-Friday)  
**Time:** 7:00 AM- 9:00 AM (Ages 11-18)  
7:30 AM- 9:00 AM (Ages 6-10)  
**Fee:** $125 with ID/$130 without ID

**SWIM TEAM SUIT FITTING**

**Location:** Charles J. Cook Pool  
**Day/Date:** Monday, July 1st  
**Time:** 7:00 AM- 8:30 AM  
**Female Suit:** $59.75 plus tax*  
**Male Jammer:** $40.75 plus tax*  
*There is a NEW SUIT this season*

**TRAVEL FOOTBALL TEAMS**

The Town of Cortlandt will offer three travel teams. The teams will consist of a third and fourth grade team, a fifth and sixth grade team, and a seventh and eighth grade team. This is the second year we are offering this program. The 3rd/4th grade and 5th/6th grade teams will play in the Scarsdale Youth Football League and the 7th/8th grade team will play in the Tri County Football League. Games will start in mid September and continue thru the second week of November. There will be tryouts/meetings with coaches on Saturday, June 10th at 9:30 am at Sunset field. Applications are available in the recreation office and in the back of this brochure. Online Registration is also now available at www.townofcortlandt.com/reconline.com

**Location:** Sunset Field, Montrose  
**Day:** Saturdays/Sundays  
**Time:** TBA  
**Fee:** $150 with ID / $155 without ID / $186 non resident

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**Soccer League (Boys and Girls)**

*Coaches and officials are always needed Please call 914-734-1055*

Applications are also available in the local schools and the recreation office and in the back of this brochure. Online Registration is also now available at www.townofcortlandt.com/reconline.com. League games are played Sunday afternoons during September, October and November. Practices will be held once a week for one hour.

Any application received after this date will be placed on a waiting list. All registrations are accepted on a first-come, first-serve basis. Maximum number of registrations accepted is dependent upon the number of coaches available. Any application received after July 19 will be charged a LATE FEE, and go on a wait list.

**Boys**

- **Pee Wee Division** 1st & 2nd Grade*  
- **Midget Division** 3rd & 4th Grade*  
- **Junior Division** 5th & 6th Grade*

**Girls**

- **Pee Wee Division** 1st & 2nd Grade*  
- **Midget Division** 3rd & 4th Grade*  
- **Junior Division** 5th, 6th, & 7th Grade*

**Registration Fee:**  
- $60 with ID / $65 without ID / $76 non resident  
- Late Fee (After July 19th):  
  - $70 with ID / $75 without ID / $90 non resident  
*Grade is for 2019/2020 School Year

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**Evaluations**

All players must attend evaluations unless notified by the recreation department. Players who do not attend evaluations will be PLACED RANDOMLY onto teams by the recreation division. In order to be picked by a coach you must attend evaluations.

Evaluations will take place at Blue Mt. Middle School (Rain or Shine) as follows:

**Tuesday, July 30**
- Pee Wee Boys 6:00 PM  
- Midget Boys 6:30 PM  
- Jr Boys 7:00 PM  
- Pee Wee Girls 6:00 PM  
- Midget Girls 6:30 PM  
- Junior Girls 7:00 PM

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**Little League**

*This program is not run thru the Recreation Office but it is run by a board of volunteers.*

For more information please contact: Cortlandt American Little League (C.A.L.L.) Little League levels of play start at Age 5 up to 15 years old. Providing little league baseball for youth in the following school districts: Lakeland, Yorktown, and Mahopac. For more information, view their website at www.callbb.org or email Cortlandtbaseball@gmail.com

Cortlandt National Little League (C.N.L.L.)  
(Hendrick Hudson School District)  
Email: cnll@cnllbaseball.org Website: www.cnllbaseball.org

Croton Little League (C.L.L.)  
The Little League is open to boys and girls living within the Croton Harmon Union Free School District. For more information about ages and divisions Visit website: www.crotonlittleleague.com

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ADULT AND YOUTH PROGRAMS

SENIOR CITIZEN DISCOUNT is for TOWN OF CORTLANDT RESIDENTS ONLY
For Town of Cortlandt residents that are 60+, the fee for programs is half of the rate listed with ID/ without ID
(Proof of age and residency required- Cortlandt Recreation ID Card or Driver’s License)

FOR INFORMATION ABOUT DAILY PROGRAM CANCELLATIONS CALL 914-734-1053
THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE.

BASKETBALL
Steve Staiano, Supervisor
Free play Basketball. Registration closed after third session.
18 & OVER
Course Number: 400-1U
Location: Blue Mt. Middle School - Gym
Day/Date: Tuesday, Starting Date: June 25 (12 sessions)
Time: 7:30 PM- 9:30 PM
Fee: $45 with ID/ $50 without ID/ $60 non resident

30 & OVER
Steve Staiano, Supervisor
Course Number: 400-2U
Location: Blue Mt. Middle School Gym
Day/Date: Saturday, Starting Date: June 22 (12 sessions)
Time: 10:00 AM- 12:00 noon
Fee: $45 with ID/ $50 without ID/ $60 non resident

CORTLANDT STAMP CLUB
Bob Gioia, President.
Roberta Gaudineer- 737-4552 Vice President
George Vargulick, Vice-President
Join a group of worldwide stamp collectors for the excitement of a life long hobby. Beginners are more than welcome. Participate in the Stamp Treasure Chest. Youths under 12 are welcome with an adult.
Location: Hendrick Hudson Free Library
Day/Date: Wednesdays, Second and Fourth of each month
Starting Date: April 10th thru July 24th
Time: 6:30 PM- 7:45 PM
Fee: $5 Yearly Donation to Cortlandt Stamp Club
(Payable at Club Meeting)

CROTON SAILING SCHOOL
Adults can take hands-on sailing instruction aboard a fleet of 24’, 26’, and 34’ yachts. Courses are offered in Learn to Sail, Coastal Cruising, Bareboat Cruising & Navigation. All courses offer American Sailing Association certification. Captain Charters are also available. You may also sail on your own with the Croton Sailing Club. For more information contact the Croton Sailing School at (914) 271-6868 and www.crotonsailing.com.

CROTON SAILING’S- EAST SAILING ACADEMY
Croton Sailing School’s youth program introduces children and teens aged 9-15 to small boat sailing and racing. Young sailors learn in three groups: Mariners, Voyagers, and Explorers. The program is taught aboard a fleet of vessels ranging in size from 13-24 feet. Boating safety is stressed throughout the program and all students wear life jackets any time they are on the water. The East Sailing Academy’s program enables children to learn in a relaxed and safe atmosphere while offering unlimited challenges to advance their sailing skills. For rates, schedules, and more information about the East Sailing academy contact the Croton Sailing School at 271-6868 or www.crotonsailing.com.

DEFENSIVE DRIVING COURSE
B.J. Jani, Instructor
(6 Hours total)
This is an approved course by the Department of Motor Vehicles. On completion of this course the DMV will reduce points from the license and insurance companies give discounts on the Liability and Collision portion of the automobile insurance premiums. It is a great course that helps you learn techniques to become a safer driver. Please bring your Drivers License and a pen. Please use number when registering:
Course Number: 403-1 U
Location: Cortlandt Community Room (CUE)
Day/Date: Tuesday & Wednesday, August 6, 7 (2 sessions)
Time: 6:30 PM- 9:30 PM
Fee: $45 with ID/ $50 without ID/ $60 non resident

GUITAR LESSONS (Youth & Adults Ages 14 and Over)
Larry DelCasale, Instructor
This course is designed for beginners to intermediate level students. All students will begin on the guitar immediately. You will learn songs that you want to play in addition to classic songs. Students will be taught proper technique and the fundamentals of reading music and chord charts for songs. Students must have their own functioning instrument. Instruct

GUITAR LESSONS- CLASSICAL (Youth & Adults Ages 14 and Over)
Larry DelCasale, Instructor
Beginners to advanced. This course is rooted in proper guitar technique and the reading music. Learn the music of the masters by a professional concert guitarist and NYS certified music teacher. This class is intense yet enjoyable. Students must have a nylon string guitar. Limited to 4 students.
Course Number: 408-1U
Location: Cortlandt Community Room (CUE)
Day/Date: Saturday, Starting Date: July 13 (5 sessions)
Time: 2:00 PM- 3:00 PM
Fee: $100 with ID/ $105 without ID/ $126 non resident

INTERMEDIATE YOGA
Karen Lett, Instructor
Decrease stress and increase strength, flexibility, balance, focus, and overall well-being as you refine your alignement and deepen your yoga practice.
Bring a yoga mat and water to class.
Course Number: 424-1U
Location: Community Room, Cortlandt Town Center
Day: Wednesday, Starting Date: July 10 – 6 sessions
Time: 7:00pm – 8:00pm
Fee: $50 with ID/ $55 without ID/ $66 nonresident

LIFEGUARD TRAINING- Blended Learning
Rob Segnit, Instructor
This course teaches participants the knowledge and skills needed to prevent and respond to aquatic emergencies. The course content and activities prepare participants to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries. Upon successful completion of the course, participants will be certified in Waterfront Lifeguarding, First Aid/CPR/AED for the Professional Rescuer, Oxygen Administration and Preventing Disease Transmission (PDT).
Must attend all classes. Absence from any of the classes will result in a failure of the course and forfeiture of the registration fee. Instructors are not permitted to make up missed material with participants. Lifeguard Training books and pocket masks are provided to class participants upon registration.
Prerequisites:
• Be at least 15 years of age by the last scheduled session of the Lifeguard Training Course.
• Successfully complete the pre-course skills test.
Pre-requisite skills will be tested on the first day of the class. June 3rd 3:00 PM 6:00 PM. Anyone unable to pass the following skills will NOT be allowed to continue with the course.
**Pre-Course Skills Test**

Pre-test will be held on the first day of class. Participants must be able to swim 300 yards continuously, consisting of 100 yards front crawl, 100 yards breaststroke, and 100 yards mixed front crawl and breaststroke. Additionally, they must retrieve a 10 pound brick from 10 feet of water, swim the brick 20 yards back to the side of the pool, and get out of the water without using the ladder or stairs. The brick retrieval portion must be completed in 1 minute and 40 seconds.

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Location</th>
<th>Day/Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>306-1U</td>
<td>Cortlandt Community Room (CUE)</td>
<td>Thursday, Starting Date, June 20 (10 sessions)</td>
<td>6:00 PM- 8:00 PM</td>
<td>$30 with ID/$35 without ID/ $42 for non resident</td>
</tr>
</tbody>
</table>

**ADVANCED KARATE- ADULT** (Ages 15 & Older)  

This class is for those that have passed the curriculums of the beginner.

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Location</th>
<th>Day/Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>411-1U</td>
<td>Cortlandt Community Room (CUE)</td>
<td>Thursday, Starting Date, June 20 (10 sessions)</td>
<td>6:00 PM - 8:00 PM</td>
<td>$40 with ID/$45 without ID/ $54 non resident</td>
</tr>
</tbody>
</table>

**ADVANCED KARATE- YOUTH** (Ages 10-14)  

This class is for those that have passed the curriculums of the beginner.

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Location</th>
<th>Day/Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>307-1U</td>
<td>Cortlandt Community Room (CUE)</td>
<td>Thursday, Starting Date, June 20 (10 sessions)</td>
<td>6:00 PM - 8:00 PM</td>
<td>$30 with ID/$35 without ID/ $42 non resident</td>
</tr>
</tbody>
</table>

**PILATES ON THE MAT**  

Karen Lett, Instructor

Strengthen your core, elongate your body, improve your posture, and increase your overall well-being with these mat-based exercises. Bring water and a mat to class.

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Location</th>
<th>Day/Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>414-1U</td>
<td>Cortlandt Community Room (CUE)</td>
<td>Tuesday, Starting July 9 - (6 sessions)</td>
<td>8:45 AM - 9:45 AM</td>
<td>$50 with ID/ $55 without ID/ $66 non resident</td>
</tr>
</tbody>
</table>

**TOWN OF CORTLANDT TENNIS INSTRUCTION**  

(Adult and Youth)  

Dee Young, Instructor

Registration will be accepted until Thursday, May 9, 2019. All registrants must bring their own racquets.

*PLEASE NOTE: Due to the popularity of this program, NON RESIDENTS will be auto-waitlisted. If space is available in the program one week prior to the start date, the Town of Cortlandt Recreation Department will contact you and non residents will be allowed to participate by paying a 20% surcharge of the higher fee.

Beginner: Students will learn forward, backhand, volley, overhead & serve. Strokes will be reinforced through drills & games.

Intermediate: Through the use of drills & games, students will work on improving all strokes. In addition we will work on footwork, court positioning and game strategies.

**ADVANCED KARATE- ADULT** (Ages 10-14)  

Jeff Butler, Instructor

TAE KWON DO (Korean) style of Karate. A sophisticated program to teach self-awareness, confidence, and physical fitness. Students are asked to wear loose clothing or Karate GI's (not required). Program for the beginner as well as those who have some experience. This program is affiliated with the World Tae Kwon Do Association.

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Location</th>
<th>Day/Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>416-1U Adult Beginner (Ages 18 &amp; over)</td>
<td>Cortlandt Community Room (CUE)</td>
<td>Saturday, Starting Date: May 11 (6 sessions)</td>
<td>11:00 AM - 12:00 PM</td>
<td>$50 with ID/ $55 without ID/ $66 non resident</td>
</tr>
</tbody>
</table>

**ADVANCED KARATE- ADULT** (Ages 15 & Older)  

Jeff Butler, Instructor

**ADVANCED KARATE- YOUTH** (Ages 10-14)  

Jeff Butler, Instructor

**YOGA ANYONE**  

Ruane M. Edge, Instructor

Have you ever wanted to try yoga? Do you have stress in your life? This class will take you step-by-step through beginner’s yoga learning breathing techniques, yoga poses (for all parts of the body) and finally deep relaxation/meditation at the end of the class leaving you totally relaxed. Week after week you will feel your flexibility, strength and focus improving and stress going away. Do not eat one (1) hour before class! Bring water and a yoga mat to class.

*PLEASE NOTE: Due to the popularity of this program, NON RESIDENTS will be auto-waitlisted. If space is available in the program one week prior to the start date, the Town of Cortlandt Recreation Department will contact you and non residents will be allowed to participate by paying a 20% surcharge of the higher fee.
PRE SCHOOL PROGRAMS

CHILDREN OVER 4 AND ADULT MUST BOTH HAVE A VALID TOWN OF CORTLANDT ID CARD TO PAY THE LOWER RATE IN PROGRAMS THAT REQUIRE PARENTAL PARTICIPATION.

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053
THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.
ONLINE REGISTRATION NOW AVAILABLE FOR CORTLANDT RECREATION PROGRAMS!
GO TO WWW.TOWNOFCORTLANDT.COM/RECONLINE

KRAFTY KIDS (Ages 2 1/2- 5 years)  Lori Cohen, Instructor
Does your child love to glue everything in sight? If you love art projects from painting to popsicle sticks, then this is the class for you and your child. Each class will consist of several art projects, designed for you and your child to create together.
Course Number: 204-1U
Location: Cortlandt Community Room (CUE)
Day/Date: Wednesday, Starting Date: July 10 (6 sessions)
Time: 11:30 AM- 12:15 PM
Fee: $60 with ID/ $65 without ID/ $78 non resident

MUSIC, MOVEMENT & CRAFTS (Ages 3-6 years old)  Lori Cohen, Instructor
This class will give young children the opportunity to experience creativity in a structured setting. Children will experience activities in the areas of music, movement and crafts. They will share the joys of independence and lots of fun. (Children Only)
Course Number: 206-1U
Location: Cortlandt Community Room (CUE)
Day/Date: Thursday, Starting Date: July 11 (6 sessions)
Time: 11:30 AM- 12:30 PM
Fee: $60 with ID/ $65 without ID/ $78 non resident

TODDLIN TOTS  Lori Cohen, Instructor
This class is designed for young children and a Parent/Caregiver. Each class will consist of a series of developmentally appropriate activities in areas of music, movement and crafts. Participants will share the joy of creative play and lots of fun.
Ages 1 -4 Years
Course Number: 200-1U
Location: Cortlandt Community Room (CUE)
Day/Date: Wednesday, Starting Date: July 10 (6 sessions)
Time: 9:30 AM- 10:25 AM
Fee: $60 with ID/ $65 without ID/ $78 non resident

PRINCESS CAMP (Ages 4- 7) See YOUTH ARTISTIC CAMPS
SUPERHERO CAMP (Ages 4- 7) See YOUTH ARTISTIC CAMPS
STORYBOOK THEATER CAMP (Ages 4- 7) See YOUTH ARTISTIC CAMPS
YOUNG REMBRANDTS PRE-K ART CAMP (Ages 3 1/2—5).

SWIM FACILITY INFORMATION

Charles J. Cook Pool & Spray Park
293 Furnace Dock Road, Cortlandt Manor, NY 10567

NEW FOR SUMMER 2019
Charles J. Cook Pool will now accept credit cards (No American Express) at the front gate for daily admission!

Please remember to bring your Town of Cortlandt Photo ID Card; you will be required to swipe in upon entering the CJCP facility.

Town of Cortlandt Photo ID Cards and CJCP Season Passes will also be sold at CJCP from 11:30 AM to 5:30 PM.

Swim Lesson Registrations will be taken at CJCP from July 1st thru July 31st 10:00 AM to 4:30PM.

SWIM FACILITY POLICIES
• An adult must directly supervise children under 12 years of age.
• Balls, Frisbees and any other throw toys are not permitted in the water.
• Only Coast Guard approved life saving devices may be used as personal flotation devices through the shallow water.
• Coast Guard approved life vests are also available for loan at the Pool Office (Pool Pass needed for deposit).
• Floaties may be used in designated areas ONLY- Parents must be at elbows length of child and wear lifeguard issued bracelet.
• Kickboards are restricted to designated areas only- check with Head Life guard.
• Diapers/Pampers are not allowed in the water. Tight fitting plastic/ rubber pants or a swim diaper must be worn.

HOURS OF OPERATION
Opening Date- Saturday, June 1st  (Weekends only until June 16th)
Daily 10:45 AM- 7:00 PM; 8:00 PM on Fridays ONLY

Weeks of Monday, June 17th thru Wednesday, June 26th, pool will open at Noon (12:00 PM- 7:00 PM)
POOL OPENS FULL TIME THURSDAY, JUNE 27TH
Daily 10:45 AM- 7:00 PM; 8:00 PM on Fridays ONLY
POOL CLOSES FOR SEASON ON SEPTEMBER 2ND (LABOR DAY)
AT 7:00 PM

For 2019 Photo ID Card fees, Charles J. Cook Pool Season Pass Fees, and daily pool fees, please see the next page.

Swim areas are staffed with certified lifeguards and on-site management to insure your enjoyment and safety.
**IMPORTANT INFORMATION REGARDING TOWN OF CORTLANDT SWIM MEETS**

The Town of Cortlandt will be hosting swim meets during the summer season. During these times the lap lanes and the diving area will be off limits to the public. Meets are held on:

* Tuesdays and/or Thursdays from 4:00 PM- 8:00 PM and *Saturdays from 8:00 AM - 1:00 PM

*Note: Meet dates are scheduled by Northern Westchester County Swim Association- Schedule to be announced.

For further information please call 914-734-1057. We encourage our Town residents to root for our team!

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**TOWN OF CORTLANDT REGISTRATION 2019 FEES**

**PHOTO ID CARD, CHARLES J. COOK POOL SEASON PASS, & HOLLOWBROOK GOLF STICKER**

<table>
<thead>
<tr>
<th>TOWN OF CORTLANDT ID CARD</th>
<th>FEE</th>
<th>VALID FOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Photo ID Card (Adult and Child, Ages 4 &amp; Up)</td>
<td>$7.00</td>
<td>3 Years</td>
</tr>
<tr>
<td>Free with the purchase of a Charles J. Cook Pool Season Pass</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Senior Citizen Photo ID Card</th>
<th>FEE</th>
<th>VALID FOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>(60 years of age or older— Proof of age required)</td>
<td>$3.50</td>
<td>3 Years</td>
</tr>
<tr>
<td>Half price Senior Citizen discount only applicable to Town of Cortlandt Residents.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Replacement ID Card If Lost (Adult, Child, and Senior)</th>
<th>FEE</th>
<th>VALID FOR</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$5.00</td>
<td>3 Years</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SEASON PASS TYPE</th>
<th>FEE</th>
<th>VALID FOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hollow Brook Season Pass</td>
<td>$12.00</td>
<td>1 Year (January– December)</td>
</tr>
<tr>
<td>(Plus $7.00 for a TOC Photo ID Card if the resident does not have a current ID Card)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family Season Pass , Charles J. Cook Pool</td>
<td>$300.00</td>
<td>1 Season (Summer 2019)</td>
</tr>
<tr>
<td>2 Adults &amp; 1 Child or 1 Adult &amp; 2 Children</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Each Additional Child Season Pass, Charles J. Cook Pool</td>
<td>$55.00</td>
<td>1 Season (Summer 2019)</td>
</tr>
<tr>
<td>Adult Individual Season Pass, Charles J. Cook Pool</td>
<td>$135.00</td>
<td>1 Season (Summer 2019)</td>
</tr>
<tr>
<td>Child Individual Season Pass, Charles J. Cook Pool</td>
<td>$105.00</td>
<td>1 Season (Summer 2019)</td>
</tr>
<tr>
<td>Senior Citizen Individual Season Pass, Charles J. Cook Pool</td>
<td>$68.00</td>
<td>1 Season (Summer 2019)</td>
</tr>
</tbody>
</table>

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**DAILY ADMISSION FEES FOR CHARLES J. COOK POOL**

The following Charles J. Cook daily fees are only applicable to residents who do not possess a Charles J. Cook Pool Season Pass.

<table>
<thead>
<tr>
<th>RESIDENTS W/ A TOWN OF CORTLANDT PHOTO ID CARD</th>
<th>FEE PER DAY</th>
<th>FEE AFTER 4:00 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Village of Buchanan and Croton Residents may use their village ID Card to receive our ID Card fee rate for admission to the pool.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adults w/ Photo ID Card</td>
<td>$10.00</td>
<td>$5.00</td>
</tr>
<tr>
<td>Child w/ Photo ID Card</td>
<td>$8.00</td>
<td>$4.00</td>
</tr>
<tr>
<td>Senior Citizen w/ Photo ID Card</td>
<td>$5.00</td>
<td>$2.50</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>RESIDENTS W/O A TOWN OF CORTLANDT PHOTO ID CARD</th>
<th>FEE PER DAY</th>
<th>FEE AFTER 4:00 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Town of Cortlandt Residents w/o a Photo ID card must bring two (2) forms of proof of residency (Drivers license, utility bill, car registration, etc.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior Citizen, Adults, &amp; Children w/o Photo ID Card</td>
<td>$10.50</td>
<td>$5.25</td>
</tr>
<tr>
<td><strong>GUEST FEE</strong> (ONLY when accompanied with a Town of Cortlandt Resident)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior Citizen, Adults, &amp; Children</td>
<td>$12.00</td>
<td>$6.00</td>
</tr>
</tbody>
</table>

*SEE PHOTO ID CARD, SWIM SEASON PASS, AND HOLLOWBROOK STICKER REGISTRATION FORM ON PAGE 69.*

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NEW FOR SUMMER 2019: All participants of Charles J. Cook Pool swim lessons, regardless of age, will REQUIRE a Town of Cortlandt Photo ID Card (Free of charge with purchase of swim lesson; ID Card will be valid for 3 years).

If the child already possesses an ID, you may register for swim lessons online at www.townofcortlandt.com/reconline .

If the child does not yet possess an ID, the child must come to the Town of Cortlandt Recreation Dept. Office or to one of the designated Photo ID Sessions to acquire a card before swim lesson registration can be completed. In order to get the FREE Town of Cortlandt Photo ID Card, the Photo ID Card registration and swim lesson registration MUST BE DONE AT THE SAME TIME.

If you choose to complete a hard copy registration form, please be sure to put the Course Number, Session, Swim Level Number and your 1st and 2nd choice for time slots on the Youth Swim Instruction Registration Form (Found in the back of this brochure). Popular lesson times fill up quickly! Limited enrollment.

After swim lessons begin on Monday, July 1st, you must go to the pool directly to register: NO ONLINE OR IN OFFICE REGISTRATION AFTER JUNE 27th.

<table>
<thead>
<tr>
<th>Level 1 - Introduction to Water Skills</th>
</tr>
</thead>
<tbody>
<tr>
<td>Helps participants feel comfortable in the water.</td>
</tr>
<tr>
<td>• Enter and exit water using ladder steps and side</td>
</tr>
<tr>
<td>• Blow bubbles through mouth &amp; nose</td>
</tr>
<tr>
<td>• Bobbing</td>
</tr>
<tr>
<td>• Open eyes under water &amp; retrieve submerged objects</td>
</tr>
<tr>
<td>• Front &amp; back glides &amp; floats</td>
</tr>
<tr>
<td>• Recover to vertical position</td>
</tr>
<tr>
<td>• Roll from front to back to front</td>
</tr>
<tr>
<td>• Tread water using arm &amp; hand actions</td>
</tr>
<tr>
<td>• Alternating &amp; simultaneous leg actions on front &amp; back</td>
</tr>
<tr>
<td>• Alternating &amp; simultaneous arm actions on front &amp; back</td>
</tr>
<tr>
<td>• Combined arm &amp; leg actions on front &amp; back</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level 2 - Fundamental Aquatic Skills</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gives participants success with fundamental skills.</td>
</tr>
<tr>
<td>• Enter &amp; exit water by stepping or jumping from the side</td>
</tr>
<tr>
<td>• Fully submerge &amp; hold breath</td>
</tr>
<tr>
<td>• Bobbing</td>
</tr>
<tr>
<td>• Open eyes under water &amp; retrieve submerged object</td>
</tr>
<tr>
<td>• Front, jellyfish &amp; tuck floats</td>
</tr>
<tr>
<td>• Front &amp; back glides &amp; floats</td>
</tr>
<tr>
<td>• Recover to vertical position</td>
</tr>
<tr>
<td>• Roll from front to back &amp; back to front</td>
</tr>
<tr>
<td>• Change direction of travel while swimming on front or back</td>
</tr>
<tr>
<td>• Tread water using arm &amp; leg actions on front &amp; back</td>
</tr>
<tr>
<td>• Combined arm &amp; leg actions on front &amp; back</td>
</tr>
<tr>
<td>• Finning arm action</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level 3 - Stroke Development</th>
</tr>
</thead>
<tbody>
<tr>
<td>Builds on the skills in Level 2 through additional guided practice in deeper water.</td>
</tr>
<tr>
<td>• Enter water by jumping from the side</td>
</tr>
<tr>
<td>• Headfirst entries from the side in sitting &amp; kneeling positions</td>
</tr>
<tr>
<td>• Bobbing while moving toward safety</td>
</tr>
<tr>
<td>• Rotary breathing</td>
</tr>
<tr>
<td>• Survival Float</td>
</tr>
<tr>
<td>• Change from vertical to horizontal position on front &amp; back</td>
</tr>
<tr>
<td>• Tread water</td>
</tr>
<tr>
<td>• Flutter, scissor, dolphin &amp; breaststroke kicks on front</td>
</tr>
<tr>
<td>• Front crawl &amp; elementary backstroke</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level 4 - Stroke Improvement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Develops confidence in the skills learned and improves other aquatic skills.</td>
</tr>
<tr>
<td>• Headfirst entries from the side in compact and stride Positions</td>
</tr>
<tr>
<td>• Swim under water</td>
</tr>
<tr>
<td>• Feet first surface dive</td>
</tr>
<tr>
<td>• Survival swimming</td>
</tr>
<tr>
<td>• Front crawl and backstroke open turns</td>
</tr>
<tr>
<td>• Tread water using 2 different kicks</td>
</tr>
<tr>
<td>• Front and back crawl, elementary backstroke, Breaststroke, sidestroke and butterfly</td>
</tr>
<tr>
<td>• Flutter and dolphin kicks on back</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level 5 - Stroke Refinement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides further coordination and refinement of strokes.</td>
</tr>
<tr>
<td>• Shallow-angle dive from the side then glide and begin a front stroke</td>
</tr>
<tr>
<td>• Tuck and pike surface dives, submerge completely</td>
</tr>
<tr>
<td>• Front flip turn and backstroke flip turn while swimming</td>
</tr>
<tr>
<td>• Front and back crawl, elementary backstroke, Breaststroke, sidestroke and butterfly</td>
</tr>
<tr>
<td>• Sculling</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Level 6 - Swimming &amp; skill Proficiency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Refines the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with “menu” options that focus on preparing participants for more advanced courses, including Water Safety Instructor, or other aquatic activities, such as competitive swimming or diving.</td>
</tr>
<tr>
<td>• Finning arm action</td>
</tr>
<tr>
<td>• Change direction of travel while swimming on front or back</td>
</tr>
<tr>
<td>• Tread water using arm &amp; leg actions on front &amp; back</td>
</tr>
<tr>
<td>• Combined arm &amp; leg actions on front &amp; back</td>
</tr>
<tr>
<td>• Finning arm action</td>
</tr>
</tbody>
</table>

Location: CHARLES J. COOK POOL, 293 Furnace Dock Road, Cortlandt Manor
Course Number:
S10 10:00 AM- 10:40 AM (Level 1, 2, 3, 4)*
S20 10:45 AM- 11:25 AM (Level 3, 4, 5, 6A)*
S40 3:40 PM- 4:20 PM (Level 1, 2, 3, 4, 5, 6B)*
S50 4:30 PM- 5:10 PM (Level 1, 2, 3, 4, 5)

Session Number:
1U July 1 thru July 12 9 sessions (No Classes Thurs., 7/4)
2U July 15 thru July 26 10 sessions
3U July 29 thru August 9 10 sessions

Day: Monday thru Friday- 3 two-week sessions
Fee: $80 with Season Pass
$175 without Season Pass

*Swim Group Level is available at listed times ONLY and on a Limited Basis (1:6 staff to swimmer ratio)
A MINIMUM ENROLLMENT is NEEDED to RUN scheduled CLASSES.

Inclement Weather Policy: During inclement weather with thunder and/or lightning, all swimmers must evacuate the water for a minimum of thirty minutes. Due to the high volume of lessons scheduled, we are unable to re-schedule classes missed. We do everything possible to keep the pool open for use. When weather does not allow swimming, a water safety lesson will be taught. Swim instruction staff stays on-site if the weather turns inclement.
NEW FOR SUMMER 2019: All participants of Charles J. Cook Pool swim lessons, regardless of age, will REQUIRE a Town of Cortlandt Photo ID Card (Free of charge with purchase of swim lesson; ID Card will be valid for 3 years).

If the child already possesses an ID, you may register for swim lessons online at www.townofcortlandt.com/reconline.

If the child does not yet possess an ID, the child must come to the Town of Cortlandt Recreation Dept. Office or to one of the designated Photo ID Sessions to acquire a card before swim lesson registration can be completed (If your child is too young to take a photograph, a placeholder will be used instead). In order to get the FREE Town of Cortlandt Photo ID Card, the Photo ID Card registration and swim lesson registration MUST BE DONE AT THE SAME TIME.

*In order to qualify for the lower rate, participants ages four (4) and up must possess their own Swim Pass. If the participant is three (3) or under, the parent or guardian must possess a season pass. Family Season Passes may also apply.*

After swim lessons begin on Monday, July 1st, you must go to the pool directly to register: NO ONLINE OR IN OFFICE REGISTRATION AFTER JUNE 27th.

PRE-SCHOOL SWIM (Ages 3 & 4 years as of 7/1/19) Nicole Segnit, WSI, Director
This class will provide a transition for children to prepare them for a group lesson in Swim Level A. Parental participation in the water is optional. This is not a class for children afraid of the water.

<table>
<thead>
<tr>
<th>Course Number:</th>
<th>201-1U</th>
<th>201-2U</th>
<th>201-3U</th>
<th>201-4U</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Date:</td>
<td>Monday &amp; Wednesday, Starting Date: July 1 (6 Sessions)</td>
<td>Monday &amp; Wednesday, Starting Date: July 1 (6 Sessions)</td>
<td>Monday &amp; Wednesday, Starting Date: July 22 (6 Sessions)</td>
<td>Monday &amp; Wednesday, Starting Date: July 22 (6 Sessions)</td>
</tr>
<tr>
<td>Time:</td>
<td>3:40 PM - 4:20 PM</td>
<td>4:30 PM - 5:10 PM</td>
<td>3:40 PM - 4:20 PM</td>
<td>4:30 PM - 5:10 PM</td>
</tr>
<tr>
<td>Fee:</td>
<td>$55 per child with Season Pass/ $90 without Season Pass</td>
<td>$55 per child with Season Pass/ $90 without Season Pass</td>
<td>$55 per child with Season Pass/ $90 without Season Pass</td>
<td>$55 per child with Season Pass/ $90 without Season Pass</td>
</tr>
</tbody>
</table>

TINY TOT SWIMMING (Ages 6 Months- 3 years as of 7/1/19) Nicole Segnit, WSI, Director
An introduction to the fundamentals of swimming. Water adjustment, building confidence and comfort in the water. A parent will be expected to participate in the water. Tight fitting RUBBER PANTS or a SWIM DIAPER must be worn in the water.

<table>
<thead>
<tr>
<th>Course Number:</th>
<th>202-1U</th>
<th>202-2U</th>
<th>202-3U</th>
<th>202-4U</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Date:</td>
<td>Tuesday &amp; Thursday, Starting Date: July 2 (5 Sessions) (No class Thursday, July 4)</td>
<td>Tuesday &amp; Thursday, Starting Date: July 2 (5 Sessions) (No class Thursday, July 4)</td>
<td>Tuesday &amp; Thursday, Starting Date: July 23 (6 Sessions)</td>
<td>Tuesday &amp; Thursday, Starting Date: July 23 (6 Sessions)</td>
</tr>
<tr>
<td>Time:</td>
<td>3:40 PM - 4:20 PM</td>
<td>4:30 PM - 5:10 PM</td>
<td>3:40 PM - 4:20 PM</td>
<td>4:30 PM - 5:10 PM</td>
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<tr>
<td>Fee:</td>
<td>$55 per child with Season Pass/ $90 without Season Pass</td>
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<td>$55 per child with Season Pass/ $90 without Season Pass</td>
<td>$55 per child with Season Pass/ $90 without Season Pass</td>
</tr>
</tbody>
</table>

NEW FUNDAMENTAL SWIM: All participants of Charles J. Cook Pool swim lessons, regardless of age, will REQUIRE a Town of Cortlandt Photo ID Card (Free of charge with purchase of swim lesson; ID Card will be valid for 3 years).

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After swim lessons begin on Monday, July 1st, you must go to the pool directly to register: NO ONLINE OR IN OFFICE REGISTRATION AFTER JUNE 27th.
NEW
Town of Cortlandt
Mini Golf

Coming Spring 2019 a new 9-hole miniature golf course. Each hole will have a Town of Cortlandt inspired feature such as the Little Red School House, Bear Mountain Bridge and Toll House. The course will be open to both pool users and the general public during normal operating hours. The golf course will remain open spring, fall, summer weather permitting.

Sign up for email notices at www.townofcortlandt.com and like the Town’s Facebook page for more updates pertaining to the grand opening!

Do not forget to check our other park amenities like the tennis and basketball courts or the fitness / nature trail behind the Nor-West building.
YOUTH AND RECREATION CENTER
3 Memorial Drive, Croton-on-Hudson
914-736-0498
www.townofcortlandt.com/yc

Director: Katherine Sclafani,
katherines@townofcortlandt.com
Assistant Director: Jamie Bucci, 
jbucci@townofcortlandt.com

The Director and Assistant Director are available to all young people in our town for conversation, information and referral. Cortlandt Recreation is committed to providing a variety of programs that are socially engaging, educational and fun for youth of all ages.

DROP IN PROGRAM AT THE YC
FREE
Drop in activities include:
Table games - ping pong, pool, air hockey, foosball, Arts and Crafts room, rock climbing, Wii in the Video Game Room, Cable TV, Weight Room, Learning Lab, outside activities, basketball, and more!

GRADES 6th – 12th
Monday through Thursday: 3:00 PM - 8:30 PM
Friday: 3:00 PM - 11:00 PM
*Saturday: 5:00 PM - 11:00 PM
*Youth must be a registered participant for the drop-in program. Stop by the YC for a registration packet or download it at www.townofcortlandt.com/yc

GRADES 1st – 5th
(With Parent/Guardian Supervision)
*Saturday & Sunday: 1:00 PM - 5:00 PM

SUMMER HOURS
July 1 – September 1

Entering Grades 6th–12th
Monday - Thursday: 1:00 PM – 10:00 PM
Friday: 1:00 PM – 11:00 PM
Saturday: 5:00 PM – 11:00 PM

Entering Grades 1st–5th
(With Parent/Guardian Supervision)
Saturday & Sunday: 1:00 PM – 5:00 PM

CORTLANDT COMMUNITY COALITION

Help us keep our Community
Safe, Healthy, and Drug Free

Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator
Call 914-734-1052 for more information
YC PROGRAMS: GRADES 6th-12th

Programs are in date order.*Programs with course numbers require pre-registration with the Pre-School/Youth application found in back of this brochure or at www.townofcortlandt.com/reconline.

THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

CANTEEN at the Community Center
Come and join us three nights a week for open gym basketball! Open to Croton, Hendrick Hudson, Lakeland Middle School and High School Students who are town residents or other middle/high school students who are town residents. Youth must be registered as a participant of the Cortlandt Youth Center in order to participate. For registration forms, log onto www.townofcortlandt.com/youth.

Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor
Day/Time: Tuesdays, 7:00 PM – 9:00 PM
Day/Time: Wednesdays, 7:00 PM – 9:00 PM
Day/Time: Fridays, 8:00 PM- 10:30 PM
Fee: Free

COOKIE CRAZE
Decorate and eat some sugar cookies in honor of its national holiday!

Location: Youth Center
Day/Date: Tuesday, July 9
Time: 4:30 PM
Fee: Free

FRIDAY NITE FRENZY
Dig into the YC’s vault of endless fun! We will play all of your favorites and teach you how to play the games you don’t know. From board games to outdoor games this night is fun for all!

Location: Youth Center
Day/Dates: Fridays, May 24, June 28, July 26, August 9 & September 6
Time: 7:00 PM
Fee: Free

HENNA TIME
Grab your friends and head over to the YC for an experience you don’t want to miss. The YC welcomes a professional henna artist for a night of creativity and cultural fun as your hand or arm becomes her canvas!

Parental agreement must be signed in order to participate.

Location: Youth Center
Day/Date: Friday, May 17
Time: 6:00 PM
Fee: Free

DANCE NIGHTS
Stop in and enjoy some music by DJ Randy, as well as dancing, games and contests!

Location: Youth Center
Day/Dates: Friday, May 17
Friday, June 14
Friday, July 19
(August & September—see “Special DJ Nights Flyer”)
Time: 7:00 PM – 10:00 PM
Fee: Free

ICE-CREAM MAKING
Learn how to make your favorite cold summer treat in a Ziploc bag.

Location: Youth Center
Day/Date: Monday, July 22
Time: 4:30 PM
Fee: Free

JR. CHOPPED COMPETITION
Grab a partner and sign up to show off your cooking skills in this safe & fun cooking competition. Judges will be looking at appearance, creativity and flavor as they taste your creation. Participants may compete in one or all three competitions and must register two weeks prior for official rules. Participants will be responsible for bringing all of their ingredients.

Location: Youth Center
Day/Dates: Saturdays, April 27, May 18 & June 15
Time: 2:00 PM—6:00 PM Cooking slots; 7:00 PM Judging
Fee: Free; Participants are responsible for their ingredients
Registration: Call the YC, 914-736-0498 two weeks prior to event date

MISHER SOFTEE VISITS THE YC
Come buy and enjoy a cold treat from the Mister Softee Ice-Cream Truck.

Location: Youth Center
Day/Dates: Fridays, April 12 – July 26
Time: 7:00 PM
Fee: Prices vary; suggested $5

DUNK SOME DONUTS
Celebrate National Donut Day by decorating (& eating!) your own donut along with some other fun donut activities!

Location: Youth Center
Day/Date: Friday, June 7
Time: 4:00 PM
Fee: Free

FRIDAY NITE FLICK
Youth are invited to join us at the YC as we transform the main room into a movie theater for the evening! Popcorn and drinks will be provided. Youth will vote on the movie a month before the event.

Location: Youth Center
Day/Date: Friday, June 21
Time: 7:00 PM
Fee: Free

NATIONAL ICE-CREAM SANDWICH DAY
Enough said!

Location: Youth Center
Day/Date: Friday, August 2
Time: 7:00 PM
Fee: Free

FRIDAY NITE FLYER
Youth will vote on the movie a month before the event.

Location: Youth Center
Day/Date: Friday, July 19
Time: 8:00 PM
Fee: Free
**NATIONAL HOT DOG DAY**
Gather around the grill and enjoy this classic summer treat along with some chips and iced tea.

- **Location:** Youth Center
- **Day/Date:** Wednesday, July 17
- **Time:** 5:00 PM
- **Fee:** $3

**OPEN GYM** at Hen-Hud H.S.
For Hendrick Hudson School District Residents Only
Come and join us for some free play basketball! Youth must be registered as a participant of the Cortlandt Youth Center in order to participate. For registration forms, log onto [www.townofcortlandt.com/youth](http://www.townofcortlandt.com/youth).

- **Location:** Hendrick Hudson High School Gymnasium, 2166 Albany Post Road, Montrose
- **Day/Dates:** Mondays – Ending June 10 (No program when school is closed.)
- **Time:** 7:30 PM - 9:30 PM
- **Fee:** Free

**ROCK CLIMBING NIGHT**
Stop by the YC and try our rock climbing wall. See if you have what it takes to make it to the top! Bring your friends and have a friendly competition. Adult supervision will be present at all times. Youth must be wearing sneakers and appropriate clothing as well as be registered as a participant of the Cortlandt Youth Center in order to participate. For registration forms, log onto [www.townofcortlandt.com/youth](http://www.townofcortlandt.com/youth).

- **Location:** Youth Center
- **Days/Times:** Tuesdays, Wednesdays & Thursdays: 6:00 PM - 8:00 PM
  Saturdays: 6:00 PM - 9:00 PM
- **Fee:** Free

**SPLESH-SPASH SUMMER’S END POOL PARTY**
(Ages 4—Adult)
Summer is coming to an end, but it’s still hot out there! Families and youth are welcome to join us for an end of the summer DJ Pool Party. There will be music, games, contests and prizes! Children must be accompanied by an adult. All pool rules apply. Registration required 24 hours in advance; call the YC at 914-736-0498.

- **Location:** Charles J. Cook Pool, 293 Furnace Dock Road, Cortlandt Manor
- **Day/Date:** Friday, August 16 (Rain date, Friday, August 23)
- **Time:** 4:00 PM - 7:30 PM
- **Fee:** Free

**WEIGHT ROOM WORKOUT**
Keep your body in motion all summer! Learn how to properly stretch and strengthen your muscles in our weight room with our staff.

- **Location:** Youth Center
- **Days/Dates:** Tuesdays & Thursdays, April 23 —August 29 (Closed 7/4)
- **Time:** 5:00 PM
- **Fee:** Free

**SPORT NIGHT**
Grab a friend and head down to the YC for a night full of tournament play! Players will break into teams and compete in a round-robin tournament featuring some of your favorite sports. Prizes will be given to the tournament champions.

- **Location:** Youth Center
- **Days/Dates:** Tuesday, July 23—Basketball
  Thursday, August 1—Soccer
- **Time:** 4:30 PM; must be on time to participate
- **Fee:** Free

**SUMMER SMORES SATURDAY**
Join the YC staff as we make our second favorite summer treat. It is sure to be a sticky and delicious.

- **Location:** Youth Center
- **Day/Dates:** Saturdays, July 20 & August 10
- **Time:** 7:00 PM
- **Fee:** Free

**SWEET & SAVORY TREATS WORKSHOP**
Join Julie in the kitchen to learn how to make some sweet and savory treats perfect for summer! Participants will be hands on in the kitchen, learning life skills and will take home a recipe booklet to recreate these tasty treats all summer long.

- **Course Number:** 607-1U
- **Location:** Youth Center
- **Day/Dates:** Tuesdays, May 7, 14, 21, 28
- **Time:** 4:30 PM - 6:00 PM
- **Fee:** $40 with ID / $45 without ID / $54 non resident

**WATERMELON WEDNESDAY**
There is nothing better than a cool, juicy, piece of watermelon on a hot summer’s day! Come cool yourself off and enjoy a refreshing piece of watermelon!

- **Location:** Youth Center
- **Day/Dates:** Wednesdays, June 26, July 10, 24, & August 7 & 21
- **Time:** 4:30 PM
- **Fee:** Free

**YC GOT TALENT—THE GRAND FINALLY**
The YC has seen acts of various talents and amazing abilities. Tonight is the final night for youth to showcase their talent whatever it may be. It is sure to be a magical night.

- **Location:** Youth Center
- **Day/Date:** Friday, May 31
- **Time:** 7:00 PM
- **Fee:** Free; pre-registration required by 7:00 PM
Leadership Club

This club is designed to enhance and further develop both independent and collaborative leadership skills. Participants will focus on improving leadership skills such as decision making, assertiveness, communication, teamwork, programming and more! The club will run throughout the school year with “check in” dates over the summer.

Parents if your child is interested in participating in the Leadership Club please contact Jamie at 914-736-0498 or jbucci@townofcortlandt.com.

SPORT Prevention Plus Wellness Program at the Youth Center

This program promotes active, healthy, and substance abuse free lifestyles among youth. Using strength based programs, participants will learn how to increase their wellness and demonstrate positive behaviors when it comes to physical activity, sports participation, healthy eating and getting adequate sleep. The SPORT Program’s objective is to create positive images and increase personal goal setting to enhance healthy habits and positive self-identity in youth.

Visit or call the YC for more information, ask for Jamie, 914-736-0498.
Follow us on Instagram & Snapchat @tocgamecafe

ALL NEW!

Town of Cortlandt 914.736.0488
351 E. Main Street, Mohagon Lake

LOCATED IN THE CORTLANDT TOWN CENTER
BEHIND THE MOVIE THEATER

Game Café

Fridays & Saturdays
7:30 PM- 11:30 PM
*Must show school ID*

Wifi, flat screens, xbox
ninetendo switch, new
furniture, cafe & more!

Croton Harmon, Hendrick
Hudson, Lakeland, and
Walter Panas HS Students
who are town residents
welcome!

Hangout with your
friends! Ping-Pong, pool,
TV, games, cafe, or meet
for group projects.

Have a program idea? Let us know!

49
YC Programs at a Glance for 6th—12th Grade

Program descriptions, times, fees and registration information are listed in alphabetical order by program name on pages 46-49

**MAY**

1. Rock Wall, Canteen at CC
2. Weight Room Workout, Rock Wall
3. YC Closed for 5th Grade Luau, Canteen at CC
4. Rock Wall
5. Open Gym at HHHS
6. Sweets Workshop Begins, Weight Room Workout, Rock Wall, Canteen at CC
7. Rock Wall, Canteen at CC
8. Weight Room Workout, Rock Wall
9. Luau Rain date, Canteen at CC, Mister Softee
10. Rock Wall
11. Open Gym at HHHS
12. Weight Room Workout, Rock Wall, Canteen at CC
13. Rock Wall, Canteen at CC
14. DJ Night, Canteen at CC, Mister Softee
15. Jr. Chopped, Rock Wall
16. Open Gym at HHHS
17. Friday Nite Frenzy, Rock Wall, Canteen at CC, Mister Softee
18. Jr. Chopped, Rock Wall
19. Open Gym at HHHS
20. Weight Room Workout, Rock Wall, Canteen at CC
21. Rock Wall, Canteen at CC
22. Rock Wall, Canteen at CC
23. Weight Room Workout, Rock Wall
24. Open at 1 PM, Friday Night Frenzy, Canteen at CC, Mister Softee
25. Rock Wall
26. Closed
27. Weight Room Workout, Rock Wall, Canteen at CC
28. Rock Wall, Canteen at CC
29. Weight Room Workout, Rock Wall
30. YC Got Talent Finale, Canteen at CC, Mister Softee

**JUNE**

1. Rock Wall
2. Open Gym at HHHS
3. Weight Room Workout, Rock Wall, Canteen at CC
4. Rock Wall, Canteen at CC
5. Weight Room Workout, Rock Wall
6. Open Gym at HHHS Ends
7. Sweets Workshop Begins, Weight Room Workout, Rock Wall, Canteen at CC
8. Rock Wall
9. Rock Wall, Canteen at CC
10. Weight Room Workout, Rock Wall
12. Open Gym at HHHS
13. Rock Wall, Canteen at CC
14. Weight Room Workout, Rock Wall
15. Luau Rain date, Canteen at CC, Mister Softee
16. Rock Wall
17. Weight Room Workout, Rock Wall, Canteen at CC
18. Open at 1 PM, Friday Night Frenzy, Canteen at CC, Mister Softee
19. Rock Wall, Canteen at CC
20. Weight Room Workout, Rock Wall, Canteen at CC
21. Friday Nite Flick, Canteen at CC, Mister Softee
22. Rock Wall
23. Weight Room Workout, Rock Wall, Canteen at CC
24. Open at 1 PM, Watermelon Wednesday, Rock Wall, Canteen at CC
25. Open at 1 PM, Weight Room Work, Canteen at CC
26. Open at 1 PM, Friday Nite Frenzy, Canteen at CC, Mister Softee
27. Rock Wall
YC Programs at a Glance for 6th—12th Grade

Program descriptions, times, fees and registration information are listed in alphabetical order by program name on pages 46-49

**JULY**

1. Summer Hours Begin
2. Spa Day, Weight Room Workout, Rock Wall, Canteen at CC
3. Rock Wall, Canteen at CC
4. Closed
5. Canteen at CC, Mister Softee
6. Rock Wall
7. Young Rembrandts Session I Begins
8. Cookie Craze, Weight Room Workout, Rock Wall, Canteen at CC
9. Watermelon Wednesday, Rock Wall, Canteen at CC
10. Watermelon Wednesday, Rock Wall, Canteen at CC
11. Weight Room Workout, Rock Wall
12. Canteen at CC, Mister Softee
13. Rock Wall
14. Young Rembrandts Session II Begins
15. Spa Day, Weight Room Workout, Rock Wall, Canteen at CC
17. Weight Room Workout, Rock Wall
18. DJ Night, Canteen at CC, Mister Softee
19. Summer S’mores Saturday, Rock Wall
20. Ice-Cream Making
21. Sport Night, Weight Room Workout, Rock Wall, Canteen at CC
22. Watermelon Wednesday, Rock Wall, Canteen at CC
23. Weight Room Workout, Rock Wall
24. Friday Nite Frenzy, Canteen at CC, Mister Softee
25. Rock Wall
26. Spa Day, Weight Room Workout, Rock Wall, Canteen at CC
27. Rock Wall
28. Spa Day, Weight Room Workout, Rock Wall, Canteen at CC
29. Rock Wall
30. Canteen at CC
31. Rock Wall

**AUGUST**

1. Sport Night, Weight Room Workout, Rock Wall
2. Ice-Cream Sandwich Day, Canteen at CC
3. Rock Wall
4. Summer Hours Begin
5. Spa Day, Weight Room Workout, Rock Wall, Canteen at CC
6. Rock Wall
7. Young Rembrandts Session I Begins
8. Cookie Craze, Weight Room Workout, Rock Wall, Canteen at CC
9. Watermelon Wednesday, Rock Wall, Canteen at CC
10. Weight Room Workout, Rock Wall
11. Summer S’mores Saturday, Rock Wall
12. Musical Theater Workshop Session I Begins
13. Spa Day, Weight Room Workout, Rock Wall, Canteen at CC
14. Rock Wall, Canteen at CC
15. Weight Room Workout, Rock Wall
16. YC Closed for Pool Party, Canteen at CC
17. Rock Wall
18. Young Rembrandts Session II Begins
19. Spa Day, Weight Room Workout, Rock Wall, Canteen at CC
20. Summer S’mores Saturday, Rock Wall
21. Watermelon Wednesday, Rock Wall, Canteen at CC
22. Weight Room Workout, Rock Wall
23. Pool Party Rain Date, Canteen at CC
24. Rock Wall
25. Spa Day, Weight Room Workout, Rock Wall, Canteen at CC
26. Friday Nite Frenzy, Canteen at CC, Mister Softee
27. Rock Wall
28. Rock Wall, Canteen at CC
29. Weight Room Workout, Rock Wall
30. Canteen at CC
31. Rock Wall
YOUTH EMPLOYMENT SERVICES (Y.E.S.)
Email: yes@townofcortlandt.com
Phone: 914-257-5800 Ex: 5881
Website: www.townofcortlandt.com/yc

HIGH SCHOOL STUDENTS: Looking for work? Register with Y.E.S. by calling, emailing or filling out and mailing us the form below.

BUSINESSES: We have capable young people residing in the Town of Cortlandt, looking for work. If you have any openings suitable for youth ages 14—18 please contact us as we would like to help you fill your available position.

COMMUNITY MEMBERS: Looking for a babysitter, someone to help with lawn care and other chores around your house? Reach out to us and we will work on finding a teenager who you can hire.

JOB POSTINGS: Available online.

Youth Employment Service (Y.E.S.)
Mail-in Registration Form to: 1 Heady Street, Cortlandt Manor, NY 10567

Name: _________________________________________________________________________________
Address: ________________________________________________________________________________
Phone: _________________________________________________________________________________
Email: __________________________________________________________________________________
Parents’ Names: ____________________________________________________________________________

Types of jobs that you are interested in doing (Ex: Babysitting, pet sitting, yard work, snow shoveling, etc.)
_________________________________________________________________________________________
_________________________________________________________________________________________

I am the parent/guardian of the above named person and hereby give the Cortlandt Recreation Department permission to place my child on the Youth Employment Referral list. In doing so, I hereby release and waive the Town of Cortlandt from any liability for injury or damage to person or property that may arise from my child’s name being placed on this list. I understand that it is a referral list; open to the public and that it is my/my child’s responsibility to negotiate terms and conditions for employment.

_____________________________________________ ________________
Signature (of Parent/Guardian applicant under 18)             Date

NOR WEST REGIONAL RECREATION SERVICES
PART-TIME EMPLOYMENT – SEASONAL
Nor-West offers employment to students ages 16 and up, working with children and adults. Good working experience for persons interested in working in the Human Services or Special Education fields. Make your own work schedule, flexible hours. Call Nor-West for an application 914-737-4797 or visit our website: www.nor-west.org
DJ NIGHTS
At the Youth Center

Stop in and enjoy some music, dancing and contests with your friends!

**Day/Dates:**
- Friday, May 17
- Friday, June 14
- Friday, July 19

**Time:**
7:00 PM – 10:00 PM

**Fee:**
Free

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SPECIAL DJ NIGHTS

Pre-registration required 24 hours in advance.
Call the Youth Center at 914-736-0498.

**Welcome Aboard Luau**
FOR 5TH GRADERS ONLY

- **Friday, May 3rd**
- **Rain date: Friday, May 10th**

**Time:**
6:30 PM – 9:00 PM

**Ages:** 5th Graders Only

**Fee:** Free

The YC will host a special LUAU themed BBQ for 5th Grade Graduates to welcome them to the YC Family! There will be music, food, contests and prizes. The Luau is for all 5th Grade Graduates from the Hendrick Hudson, Lakeland and Croton Harmon School Districts or whom are a Cortlandt resident. If your child has any allergies or individual concerns please speak with the Director, Katherine, when registering.

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**Splish-Splash Summers End Pool Party**

- **Friday, August 16th**
- **Rain date: Friday, August 23rd**

**Time:**
4:00 PM – 7:30 PM

**Ages:** 4 - Adult

**Fee:** Free

Families and youth are invited to an end of summer party at Charles J. Cook Pool. There will be music, games, contests and prizes! Children must be accompanied by an adult. All pool rules apply.

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**Back to School BBQ**

- **Friday, September 13th**

**Time:**
7:00 PM – 10:00 PM

**Ages:** Grades 6th – 12th

**Fee:** Free

An evening of fun, food, music, dancing, contests and prizes!
YC PROGRAMS: GRADES 1st - 5th

Programs are in date order.
*Programs with course numbers require pre-registration with the Pre-School/Youth application found in back of this brochure or at www.townofcortlandt.com/reconline.
THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

ROCK CLIMBING DAY
Stop by the YC and try our rock climbing wall. See if you have what it takes to make it to the top! Bring your friends and have a friendly competition. Youth must be accompanied by an adult, wearing sneakers and appropriate clothing and must have a completed Rock Wall Waiver Form. To download the form log onto www.townofcortlandt.com yc.

Location: Youth Center
Day/Time: Sundays, 2:00 PM - 4:00 PM
Fee: Free
Note: Rock Wall may be closed unexpectedly due to humidity.

WELCOME ABOARD LUAU
(For 5th Grade Graduates Only!)
The YC will host a special LUAU themed BBQ for 5th Grade Graduates to welcome them to the YC Family! There will be music, food, contests and prizes. The Luau is for all 5th Grade Graduates from the Hendrick Hudson, Lakeland and Croton Harmon School Districts or whom are a Cortlandt resident. Pre-registration is required. To register call the YC at 914-736-0498. If your child has any allergies or individual concerns please speak with the Director, Katherine, when registering.

Location: Youth Center
Day/Date: Friday, May 3 (Rain date: Friday, May 10)
Time: 6:30 PM - 9:00 PM
Fee: Free; pre-registration required by Thursday, May 2nd at noon.

MOTHER’S DAY SURPRISE
Leave your mom at home to relax and enjoy some piece and quiet while you come to the YC to make a special “Mother’s Day Surprise”.

Location: Youth Center
Day/Date: Sunday, May 12
Time: 1:00 PM - 2:00 PM
Fee: Free

FATHER’S DAY RELAY
Calling all dads and their kids, the YC would like to celebrate this special day with a fun relay race; dads vs children! Prizes for the winners.

Location: Youth Center
Day/Date: Sunday, June 16
Time: 1:00 PM
Fee: Free

WATER BALLOON GAMES
Join us for some fun and interactive water balloon games. It’s sure to be a “cool” time!

Location: Youth Center
Day/Date: Sunday, July 21
Time: 1:00 PM - 2:00 PM
Fee: Free

INDOOR MOVIE
Take a break from the heat and join us for an indoor movie. Popcorn and cold beverages will be served.

Location: Youth Center
Day/Date: Sunday, August 11
Time: 1:00 PM
Fee: Free

SPLISH-SPASH SUMMER’S END POOL PARTY
(Ages 4 - Adult)
Summer is coming to an end, but it’s still hot out there! Families and youth are welcome to join us for an end of the summer DJ Pool Party. There will be music, games, contests and prizes! Children must be accompanied by an adult. All pool rules apply. Registration required 24 hours in advance; call the YC at 914-736-0498.

Location: Charles J. Cook Pool, 293 Furnace Dock Road, Cortlandt Manor
Day/Date: Friday, August 16 (Rain date, Friday, August 23)
Time: 4:00 PM - 7:30 PM
Fee: Free

GRANDPARENTS’ DAY CARD MAKING
It’s Grandparents’ Day! Design a special card to tell your grandparents how much you love and appreciate them!

Location: Youth Center
Day/Date: Sunday, September 8
Time: 1:00 PM - 2:00 PM
Fee: Free

MUSICAL THEATER WORKSHOP
Grades 2nd—8th). See YOUTH ARTISTIC CAMPS

YOUNG REMBRANDTS ART CAMP
(Grades 1st—6th).
See YOUTH ARTISTIC CAMPS
FACILITY RENTALS

SPROUT BROOK PARK- PICNIC / PAVILION

PAVILION FEES
The Mickey Carbone Pavilion at Sprout Brook Park is available for rental by the public. All group picnics are responsible for bagging their garbage and placing the bags in the Park dumpsters at the front parking lot. Pavilion rental is for any part or all of a day's use.

IN-SEASON HOURS: 10:00 AM- DUSK
OFF-SEASON HOURS: 9:30 AM- 6:00 PM (DUSK)

MONDAY through FRIDAY (Non Holiday) SATURDAY, SUNDAY AND HOLIDAYS
25 to 100 people $75 25 to 100 people $150
101 to 200 people $150 101 to 200 people $200

Call 914-734-1052, Monday through Friday 9:00 AM– 3:30 PM to check on availability and rental procedures. Application and deposit must be made in advance through the Recreation Office at Town Hall.

COMMUNITY ROOM, CORTLANDT TOWN CENTER
The Community Room is located at 3131 East Main Street, Mohegan Lake, in the Cortlandt Town Center. It is available for rental use by Town residents and Town groups. For information and to make a reservation please call the Recreation Office at 914-734-1052, Monday through Friday, 9:00 AM- 3:30 PM

TOWN OF CORTLANDT YOUTH AND RECREATION CENTER
Celebrate your child's birthday or host your Scout, Youth, Church, Synagogue, or Civic Organization Group's meeting/event at the Cortlandt Youth and Recreation Center. The YC is available to rent for birthday parties on Saturdays and Sundays from 1:30 PM - 3:30 PM for children ages 7 and older. Host up to 20 of your child's friends, where they can play ping-pong, air hockey, pool, foosball, and climb the rock wall. The YC is available Monday through Thursday from 3:00 PM - 8:00 PM for civic organization meetings. Contact Katherine for more information at 914-736-0498.
SPECIAL ACTIVITIES AND EVENTS

ANNUAL SENIOR CITIZEN RECOGNITION DAY PICNIC
Please join us for a day of fun and relaxation. Registration required for free entrance. Open to all Senior citizens residing in the Town of Cortlandt. Register at your local Senior Citizen Club in July.
Location: Charles J. Cook Park, Furnace Dock Road, Cortlandt Manor
Day/Date: Wednesday, August 14
Time: 11:00 AM - 2:00 PM
Fee: Free - if registered prior to event at your Senior Citizen Clubs or by calling 914-528-1572 with your food choice.

CORTLANDT “FAMILY FUN DAY”
The Town of Cortlandt will be hosting its 14th Annual Cortlandt “Family Fun Day” on Saturday, September 7th from 2:00 PM - 8:00 PM at the Cortlandt Train Station. There will be music, entertainment, several rides, games, and a food court with many local restaurants and delis. Fireworks will follow at 8:00 PM. The Recreation Department is currently seeking volunteers to help with this event. If you or anyone you know needs community service hours or are just interested in being part of this special day, please contact Lesley Popkin at lesliep@townofcortlandt.com.
Location: Cortlandt Train Station, Memorial Drive, Croton
Day/Date: Saturday, September 7th
(time date, Sunday, September 8th)
Time: 2:00 PM - 8:00 PM
Fireworks at 8:00 PM

CONCERT SERIES & MOVIE NIGHTS
The Town of Cortlandt will be hosting our Summer Concert and Movie Series at our Cortlandt Waterfront Park, beginning mid June and ending in August. Six (6) concert nights June 13 (Band- FDR Drive), June 27 (Band- Out After Curfew and movie- Aquaman), July 11 (Band- Back to the Garden: 1969, The Woodstock Experience), July 25 (Band- Twist of Fate and movie- Mary Poppins Returns), August 1 (Band- Harmony Road), and August 8 (Band- TBA and movie- The Incredibles 2), while enjoying a night of music and movies with a beautiful backdrop of the Hudson River. Food vendors will be on site for dinner and snacks for purchase! Check out the flyer on the back cover of this brochure for more information. In the event of inclement weather, we will try to schedule another night. For further information, please call 914-734-1002.

TRACK & FIELD MEETS
Open to boys & girls ages 4 through adult. Field & Track events ranging from 50-yard dash to mile run. Youth competition begins at 4:30 PM thru age 14, adults at 6:30 PM. Ribbons awarded. For more information call Marcia Bailey at 914-739-8325.
Location: Somers High School
Day/Date & Locations: Tuesdays, July 9, 16, 23, 30
August 6, Somers High School
Time: 4:30 PM - 8:30 PM
Fee: $6 entry fee for unlimited events

GET IN THE BOAT—CREW IN CORTLANDT!
Cortlandt Community Rowing has rowing programs for youth in grades 4th-12th wanting to try a new sport, for adult absolute beginners and for experienced master rowers. We even have indoor Row2Music for adults looking for the most low-impact, efficient workout around!

We row on Lake Meahagh and on the Hudson from Cortlandt Waterfront Park.
Van Cortlandtville Historical Society

The Van Cortlandtville Historical Society welcomes people who are interested in learning more about the history of our community and sharing it with others. The society was founded in 1921 and has been headquartered in the historic Little Red Schoolhouse, 297 Locust Avenue, Cortlandt Manor, since 1972. A primary goal is hands-on education of children about life in the mid-19th century through such activities as the Early School Days program and the annual Colonial Fair, led by history enthusiasts in period clothing. Other activities include reenactments of local military events from the Revolutionary War, erection of roadside markers at local historic sites, annual memorial services, upgrading of Van Cortlandtville Memorial Park and rehabilitation of the Van Cortlandt family plot in Hillside Cemetery.

The society welcomes appropriate memorabilia and genealogical records from local residents. The society’s regular meetings, at 2 PM at the Schoolhouse on the third Saturday of most months, feature a variety of presentations that extend far beyond the primary emphasis on early-day education and the rich Revolutionary War history of the community. Visitors and new members are always welcome. Booklets for a self-guided walking tour are available, along with other literature about local historic sites. Most activities are open to everyone at no charge. For more information, or to schedule a visit, please call the Schoolhouse at 914-736-7868, visit www.vancort.net or email society@vancort.net

SPECIAL PARK FACILITIES

FOR ALL TOWN OF CORTLANDT RESIDENTS:
Please remember dogs must be leashed at all times and please remember to pick up after your dogs.

BICENTENNIAL GARDEN
Serving as a lasting tribute to the Town's 200th Birthday, the garden includes a flower garden, time capsule and site marker. The time capsule contains over 100 items of significance to the Town. Its site is marked by a historic millstone from the vicinity of the Croton River.

Location: Charles J. Cook Recreation Center
Fee: Free

CROTON ARBORETUM
The Jane E. Lytle Arboretum in Croton-on-Hudson NY provides a variety of walking trails, including a handicapp accessible trail, through wildlife habitats on 22 acres of woods and wetlands. Located at the end of Lounsbury/ Fox Road and following a short drive or walk across the Hudson National golf course, the Arboretum is open 7 days a week, 365 days a year. Managed by the Croton Arboretum and Sanctuary Inc., the Arboretum provides programs in conservation, education, and recreation. For directions and information, visit our web page: www.crotonarboretum.org

FURNACE DOCK LAKE
The Town of Cortlandt acquired and saved the 100 year old Furnace Dock Lake in 2011. It is now part of the Town’s parkland and inventory.

Furnace Dock Lake Rules and Regulations
For a safe and enjoyable park experience please obey the following rules:
- All activities at your own risk
- Park is open dawn to dusk
- Keep pets leashed, clean up after them as well
- All garbage is to be taken out of the park
- Do not remove or destroy plants, wildlife, or artifacts

The following is prohibited:
- Hunting, firearms, alcohol, and camping
- Motorized vehicles and mountain bikes
- Fires, smoking, swimming, and dumping
- Feeding wildlife, metal detectors, and radios
- Fireworks, music, and loud noise

HUDDSON RIVER COMMUNITY BOAT LAUNCH
Located at the Cortlandt Waterfront Park (Off Riverview Avenue and Broadway in the Hamlet of Verplanck)
Seasonal Use ONLY from April 1 through October 31- Park Hours 7:00 AM to Dusk

Rules and Regulations
- Town of Cortlandt, Village of Buchanan and Village of Croton residents only.
- Use of the ramp for commercial purpose is strictly prohibited.
- Town of Cortlandt Boat Launch Permit is required. Permit is available at the Cortlandt Town Hall in the Town Clerk’s office at 1 Head Street, Cortlandt Manor, New York 10567, the main phone number is 914–734-1020
- Clear Ramp area – Come in Slow – NO WAKE
- Seasonal use only from April 1 through October 31
- Pull boat around to launching ramp as soon as space becomes available. Pull boat to the tie-down zone and clear the ramp so others may use the boat launch.
- Permit for ramp access MUST be in full view on the dash or mirror of your vehicle. If your permit is not in view, you will receive a summons and fines.
- Anyone driving over 5 MPH within 50 feet of the shore will forfeit their permit and be given a summons and fines.
- Boat size not to exceed 22 feet.
- NO swimming, sunbathing.
- Waterskiing or loitering in the launch area.
- NO overnight parking.
Cortlandt Dog Park

The Dog Park is located at Sprout Brook Park. There are two areas, one for small dogs and an area for large dogs. For more information and opening date call the Recreation Department at 914-734-1056.

In order to keep track and send information, we would encourage all residents to register their dogs through the Town Clerk Office, you can find the application in the back of this brochure.

Dog Park Rules and Regulations

PARTICIPATION AGREEMENT AND ASSUMPTION OF RISK AND LIABILITY INSURANCE

1. Dog Park closes at dusk daily.
2. No animals other than dogs may be brought into the fenced area.
3. All dogs must be leashed until safely inside the Dog Park and returned to a leash prior to exiting. Make sure gates are closed after entering and leaving the park.
4. Do not leave a leash on dogs in the park. Bring your leash into the park in case of emergency or altercation.
5. Dog owners must remain in the fenced area while their dogs are using the Dog Park. Owners must be in view of their dogs and have voice control at all times.
6. Children accompanying dog owners must be strictly supervised and at least 12 years old to be allowed inside unless accompanied by an adult.
7. Children under 10 years old not allowed (some dogs see small dogs as prey) in large dog area.
8. Children under 5 years old not allowed in the park.
9. Spectators should remain outside the fenced area.
10. Aggressive dogs and dogs in heat are not allowed.
11. Owners must immediately leash and remove dogs from the Dog Park at the first sight of aggressive behavior.
12. Please be courteous to others do not bring sick dogs to the park.
13. Owners must dispose of waste properly in the designated on-site containers. Owners must prevent dogs from digging holes.
14. While small bite-sized training treats are permitted, foods in bowls, long-lasting chews, or glass containers are not allowed.
15. No Smoking and no food are allowed inside of the Dog Park.
16. No more than three (3) dogs per person are allowed on any single visit.
17. Puppies less than four (4) months old are not permitted in the park.
18. Dogs must be licensed and vaccinated for rabies and DHLPP. Current license and rabies tags must be worn on the dog’s collar at all times.
19. Owners are liable for any injury or damage caused by their dog and are fully responsible for their dog’s actions.
20. Trainers are not allowed to use the park to conduct business
21. Any incident, problem etc. should be reported to Cortlandt Recreation and Parks 914-734-1050. Office is open Monday thru Friday 8:30am to 4pm.
22. In the event of an emergency call 911.

I Understand That: Permission from the Town to use the Dog Park is conditional on compliance with the above dog park rules.

I Also Understand and Agree That: The dog park is to provide a fenced-in area where dog owners may bring their dogs and permit them to run freely with other dogs, and that unleashing my dog(s) and being present in an area where there are other people, including children, and other unleashed dogs, poses risks to others and myself and to my dog(s) and the dogs and property of dogs, and I do hereby agree to assume such risks. I Further Agree To: Release, discharge, hold harmless and indemnify the Town of Cortlandt and all of it’s officials, agents, officers, employees and representatives from liability for any and all claims for injuries, damages and/or losses whatsoever to any person or animal (including but not limited to disability and death) or property which may arise out of, result from or be associated with the use of or presence on the dog park by myself and/or my dog(s).
Skate at your own risk.

- For your protection, please observe the following rules:
- Skaters must wear proper safety equipment:
  - Helmets, rubber wheeled skates, elbow pads, kneepads & wrist guards.
  - Roller hockey activities require a caged helmet, shoulder pads, shin guards, gloves and mouth guard.
  - Helmets with face mask/cage must be worn at all times for roller hockey including on player benches.
- Skaters must provide their own equipment.
- Only in-line skaters are permitted in rink.
- No bicycles, skateboards, scooters, radio controlled toys, food or spectators permitted inside rink.
- Graffiti, vandalism, and the use of profanity, tobacco, and alcohol, drugs or glass containers are prohibited.
- Please deposit all trash in containers.
- Rink hours are 9 am to dusk.
- No skating when surface is wet.
- No trespassing after rink hours or when locked.
- Use of rink is by permit from Cortlandt Recreation Division only.
- Skate rink is open to Town Residents only.

FAILURE TO ABIDE BY THESE RULES WILL RESULT IN THE LOSS OF PARK PRIVILEGES.

The Town of Cortlandt is not liable for any accident or injury to persons or property resulting from the use of this skate rink. Please be considerate of fellow skaters especially those who are younger or less skilled. Serious injury may result from colliding with other participants. Please be considerate of surrounding neighbors.
Hudson Highlands Gateway Park

Sprout Brook Road (Main)

Doris Lee Drive

Cortlandt Manor, NY 10567

Threatened twice by dense residential development, was protected in 1998 when a coalition of more than 35 groups representing homeowners, the homeowners, the community, government agencies and several environmental organizations united to preserve this 352-acre site. The Coalition to Preserve the Hudson Highlands Gateway raised $6 million to buy the parcel. In May 2000, the Scenic Hudson Land Trust, the Town of Cortlandt and Westchester County purchased the property.

A network of trails in the park exposes visitors to woodlands, streams, steep slopes, bedrock outcroppings and meadows, revealing much human and natural history and providing spectacular river views. This park is ecologically significant because it is home to several noteworthy ecosystems. The site’s upland wetlands are crucial for many frogs and salamanders to survive. Several different snake species use the prominent, east-facing cliffs of the park to warm themselves in the sun. Also the park’s Westchester County location is in one of the country’s three major bird migration corridors. Come spring, hundreds of thousands of birds fly over the park where they stop to rest and feed.

Since the property was acquired, the Hudson Highlands Gateway Task Force, a group of concerned citizens - has been working with The Scenic Hudson Land Trust, the Town of Cortlandt and New York-New Jersey Trail Conference on issues including park improvements, illegal ATV use and assessing the park’s natural resources.

Hudson Highlands Gateway Park is an ideal destination for an afternoon or all-day outing. Recreational activities abound, including hiking, birding, cross-country skiing, fishing and snowshoeing. Located at the southern end of the fabled Hudson Highlands, the park once served as a Revolutionary War lookout and now is open for public enjoyment.

Directions

Two parking areas are available; one is temporarily shared with Sprout Brook Park, 0.3 miles from the intersection of Sprout Brook Road and Highland Avenue, just past and on the same side as the athletic. Cross road and enter park through the gap in guardrail. Universally accessible parking area is at the end of Doris Lee Drive (see map). Park on gravel in front of fence.

Operating Hours: Open year-round, from dawn to dusk.

Scenic Hudson

YOUR VALLEY, YOUR VOICE, YOUR FUTURE

We hope you enjoy visiting Hudson Highlands Gateway Park. This and other significant Hudson Valley landscapes are protected by the Scenic Hudson Land Trust with the support of the Lila Acheson and DeWitt Wallace Fund for the Hudson Highlands, created by the founders of Readers Digest Association, Inc. Scenic Hudson also gratefully acknowledges those who helped make this park a reality; Town of Cortlandt, Westchester County, New York-New Jersey Trail Conference, New York State and many dedicated individuals who donated their time, energy and financial support.

Visit other Scenic Hudson Parks nearby:
Scenic Hudson Park at Irvington
Habirshaw Park on the Hudson, Yonkers
Both in Westchester County
www.scenichudson.org/parks
E-mail: info@scenichudson.org

Please call or write to receive a free Adventure Guide to Scenic Hudson’s Parks, Preserves and Trails

Scenic Hudson works to protect and restore the Hudson River and its majestic landscape as an irreplaceable national treasure and a vital resource for residents and visitors. A crusader for the valley since 1963, today they are the largest environmental group focused on the Hudson River Valley. Our team of experts combines land acquisition, support for agriculture, citizen-based advocacy and sophisticated planning tools to create environmentally healthy communities, champion smart economic growth, open up riverfronts to the public and preserve the valley’s inspiring beauty and natural resources.
Park Rules & Regulations

Please remember, you are not only a visitor but also a steward of the land. For a safe and enjoyable experience please observe the rules:

• The park is open dawn to dusk.
• Vehicles are permitted only in the designated parking areas.
• Stay within the posted property boundaries, and be considerate of other visitors and adjoining property owners.
• Keep pets leashed; please clean up after them.
• Do not remove or destroy plants, wildlife or artifacts.
• Always hike with a friend.

The following are prohibited:
Motorized vehicles, camping, fires, alcohol, firearms, feeding wildlife, smoking, dumping, swimming, metal detectors, mountain bikes and radios.

The preserve offers:
Hiking, birding, fishing in Annsville Creek, snowshoeing, cross-country skiing and waterfowl observation.

Caution:
Deer ticks, which can transmit Lyme disease, are a growing problem. Take precautions and check for ticks after leaving.

Description of Trails
Hudson Highlands Gateway Park has four trails, totaling more than 4.9 miles that traverse the 352-acre site. There are many meandering, wooded roads where one could easily get lost. Please stay on marked trails. The degree of difficulty for the hiking trails ranges from easy to moderate. Trail users should wear sturdy shoes and beware of loose rocks, holes and slippery surfaces.

(Blue Trail)

Upland Trail 2 miles
A steep ascent through a meadow and mixed woods forest brings visitors to a terrific view of the Hudson River. The remainder of the trail encompasses rolling terrain that passes by many historic stonewalls.

(Yellow Trail)

Hudson Overlook Spur 0.6 miles
Distinguished by its scenic overlook, this trail also crosses a small stream that is the outlet for a large wetland upslope.

(White Trail)

Vernal Pool Trail 1.6 miles
Beginning from the northernmost point of the Upland Trail, this trail works its way up and along a ridgeline. As it descends it passes by a large vernal pool, through a wetland and contains a number of steep slopes. Be cautious of wet surfaces. The trail finishes along an old woods road and rejoins the Upland Trail.
HOLLOW BROOK GOLF COURSE

For Cortlandt Residents

Public Access to the Hollow Brook Golf Course (off Oregon Road)

The Hollow Brook Golf Club is a private/public course with Town residents being able to reserve tee-times. The course will open in April 2019 (weather permitting). The Town coordinates those rounds reserved for the exclusive use of Town residents (Agreement on file), Tuesday thru Sunday for public use. On Tuesday and Thursday, 7 of the tee times are discounted at $75 after 2:00 PM, Greens fees will be a total $100 for all other tee times Tuesday, Wednesday and Thursday. On Fridays, Saturdays, Sundays and Holidays greens fees will be $150 with no tee times before noon. Prices include greens fees and a cart. Range balls (only available when playing) for $10. Reservations can be made five days in advance by calling 914-734-1500.

For the 2019 golf season residents will need to purchase a golf sticker in the recreation department of Town Hall, 1 Heady Street, Cortlandt Manor, N.Y. for a fee of $12 for the 2019 Golf season. This sticker will be placed on the Town of Cortlandt resident ID card. If you do not currently have a VALID Town of Cortlandt ID Card, one can be purchased for an additional $7 at the dates listed in the beginning of this brochure. For further information regarding ID’s or mail in procedure for the golf sticker please call 914-734-1050 or 914-734-1054. For further information regarding Hollow Brook please call 914-734-1058.

To reserve tee times residents will need to call the Hollow Brook Golf Course – 914-734-1500

2019 Golf Sticker Fee: $12 with a valid Town of Cortlandt ID Card
(plus an additional $7 if a Town of Cortlandt ID is needed)

Rules for Town of Cortlandt Players
1. Tee Times can be made by phone only.
2. Tee Times can be made five (5) days in advance, after 10:00 a.m. i.e. Friday for Tuesday, Saturday for Wednesday, Sunday for Thursday, Monday for Friday, Wednesday for Saturday and Sunday.
3. Residents must have golf shoes with soft spikes, collared shirts, golf pants or Bermuda shorts – NO JEANS, CUTOFFS, SHORT SHORTS, and CARGO PANTS OR SHORTS.
4. Residents may bring one guest at town fees.
5. Residents can only make reservations for themselves and their guest and not another town resident.
6. Residents must show their Town of Cortlandt resident card with a golf sticker.
7. Residents cannot use the driving range or practice areas unless they are playing golf.
8. Additional fees will be charged for food and beverage.
9. Additional fees will be charged for the driving range - $10.00
10. Residents will not be allowed on the tee before their Tee Time and do not have access to the Club House.
<table>
<thead>
<tr>
<th>Playground Name</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cortlandt Community Recreation Area</td>
<td>Croton Avenue Cortlandt Manor</td>
</tr>
<tr>
<td>Muriel H. Morabito Community Center Playground</td>
<td>29 West Brook Drive Cortlandt Manor</td>
</tr>
<tr>
<td>Peter Catignola Memorial Playground</td>
<td>1 Memorial Drive Across from Cortlandt Train Station</td>
</tr>
<tr>
<td>SUNSET PARK PLAYGROUND</td>
<td>Sunset Road Montrose</td>
</tr>
<tr>
<td>Tommy Thurber Park Playground</td>
<td>Tommy Thurber Lane Montrose</td>
</tr>
<tr>
<td>Jim Martin Aviation Playground</td>
<td>Cortlandt Waterfront Park Riverview Avenue Verplanck 10596</td>
</tr>
<tr>
<td>Old Pond Park</td>
<td>8th Street Verplanck</td>
</tr>
<tr>
<td>Sprout Brook Park Playground</td>
<td>Sprout Brook Park Sprout Brook Road Cortlandt Manor</td>
</tr>
<tr>
<td>Sunset Park Playground</td>
<td>Sunset Road Montrose</td>
</tr>
</tbody>
</table>
Sprout Brook Park

Sprout Brook is located at 130 Sprout Brook Road in the Town of Cortlandt. The park is over 22 acres and has two lighted men’s and women’s softball fields. Within the park there is a little league field as well as a soccer field. Both were dedicated in the spring of 2007. The little league field has a snack bar and a batting cage. A dog park with two separate areas for small and large dogs was dedicated in 2008. There is a large pavilion with barbeque grills for rental by the public that can accommodate up to 200 people. Located by the pavilion there is a playground for children. In the Fall of 2016, a new Lacrosse/All purpose field was dedicated.

Steven Hebert Memorial Skate Park

Muriel H. Morabito Community Center
West Brook Drive, Cortlandt Manor, N.Y.

Hours of Operation:
The following hours are weather permitting. Rain, snow, or temperatures below 35º will cause the park to close. Monday – Sunday 10:00 AM – dusk - Skate Park may be closed for repairs or maintenance – signs will be posted.

WINTER /SPRING – PARK CLOSED MID-DECEMBER TO MID-MARCH

PLEASE NOTE: The Park is no longer supervised. Please follow all posted rules and skate at your own risk. No Trespassing after park hours.

The Toll House

Located on Bear Mt. Road, Cortlandt Manor, NY
Toll House was dedicated on September 22, 2002 and is a visitor center with information about the Hudson Valley. It is opened seasonally from May to November.

Oscawana Boat Launch

Oscawana boat launch is located on Cortlandt Street in Crugers. A launching area for kayak’s and canoes; hiking trails that lead out to the Hudson River. It was dedicated on October 4, 2004 by Cortlandt Town Supervisor and the Town Board.

Cortlandt Waterfront Park

The Cortlandt Waterfront Park is located at 77 Riverview Avenue, Verplanck, NY 10596 and is located off of Riverview Avenue and Broadway in Verplanck. Come and enjoy the Park, which includes a gazebo, fishing, crabbing, playground, veterans memorial, walking path, small boat, kayak and canoe launch area, horseshoe pits (bring your horseshoes). All with a spectacular view of the Hudson River!

Tennis Court Information

TENNIS NETS will be kept up weather permitting at the following locations around mid March:

<table>
<thead>
<tr>
<th>Tennis Court Location</th>
<th>Number of Courts</th>
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</thead>
<tbody>
<tr>
<td>Charles J. Cook Tennis Courts</td>
<td>2 Courts</td>
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<tr>
<td>Furnace Dock Road, Cortlandt Manor</td>
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<tr>
<td>Lake Street Tennis Courts</td>
<td>6 Courts</td>
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<tr>
<td>Lake Street, Montrose</td>
<td></td>
</tr>
<tr>
<td>Walter Panas Tennis Courts</td>
<td>6 Courts</td>
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<tr>
<td>Croton Avenue, Cortlandt Manor</td>
<td></td>
</tr>
<tr>
<td>Cortlandt Community Recreation Area</td>
<td>1 Court</td>
</tr>
<tr>
<td>Croton Avenue, Cortlandt Manor</td>
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</table>

COURT AVAILABILITY
Due to changing schedules, dates and times of court availability will be posted at the courts.

RULES & REGULATIONS
In order to accommodate as many residents as possible, use of the courts for two (2) consecutive hours is prohibited if the courts are full.
# Seasonal Employee Application for Pool Staff, Camp Counselors, etc.

**Town of Cortlandt—Department of Recreation and Conservation**

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>Initial</th>
<th>Male</th>
<th>Female</th>
<th>Age</th>
<th>DOB</th>
<th>Date Available</th>
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<th>Address</th>
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<th>Degree</th>
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<tr>
<td>College</td>
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<td>Military/ Other</td>
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<th>EMPLOYMENT HISTORY</th>
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<tr>
<th>PERSONAL REFERENCES</th>
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<td>Name</td>
<td>Address</td>
</tr>
<tr>
<td>Name</td>
<td>Address</td>
</tr>
</tbody>
</table>

- Have you ever been convicted of a crime? Yes ☐ ☐ No ☐ ☐

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<tr>
<th>CERTIFICATIONS</th>
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<th>RECREATION EXPERIENCE</th>
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<td>☑ Expiration Date</td>
<td>☑ Expiration Date</td>
<td>☑ Expiration Date</td>
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<td>CPO</td>
<td>CPR</td>
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<tr>
<td>LGT</td>
<td>1st Aid/ RTE</td>
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<tr>
<td>WSI</td>
<td>Waterfront</td>
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</tr>
</tbody>
</table>

Positions applied for in order of preference
1. ☐ ☐ ☐ 2. ☐ ☐ ☐ 3. ☐ ☐ ☐

Applicants Signature: Date
Interviewed by: Date

Recommended for employment
Yes ☐ ☐ ☐ No ☐ ☐ ☐

Title
Location
Salary Date

Practical Exam Comment
CORTLANDT DOG PARK REGISTRATION

Mail To: Town of Cortlandt Department of Recreation & Conservation
1 Heady Street
Cortlandt Manor, NY 10567

Name of Dog Owner:___________________________________________________________

Address:_____________________________________________________________________

Telephone Number:____________________________________________________________

Email Address:________________________________________________________________

Name of Dog (s):______________________________________________________________

Date of Vaccination Expirations:________________________________________________

Dog License Number:___________________________________________________________

____________________________________________________________________________

Owner's Signature (Print and Sign) ____________________________________________ Date__________
TOWN OF CORTLANDT PHOTO ID CARD
CHARLES J. COOK SWIM SEASON PASS & HOLLOWBROOK GOLF STICKER

RPG First & Last Name_______________________________________________________ RPG D.O.B.__________

Street Address_______________________________________________________________________________________________

City_____________________________________________________________________________ Zip Code___________________

Cell Phone #__________________________________________ Cell Phone Mobile Provider________________________

Home Phone #__________________________________________

Email Address__________________________________________

☑ Yes, I would like to receive text message alerts from the Cortlandt Recreation Department. *By checking this box, I understand that standard text messaging rates may apply.
☑ Yes, I would like to receive marketing emails from the Cortlandt Recreation Department about new programs, upcoming events, and town news.

2019
(Check the following boxes that apply)

<table>
<thead>
<tr>
<th>First Name:</th>
<th>D.O.B</th>
<th>Age:</th>
<th>Grade:</th>
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<tbody>
<tr>
<td>First Name:</td>
<td>D.O.B</td>
<td>Age:</td>
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<td>First Name:</td>
<td>D.O.B</td>
<td>Age:</td>
<td>Grade:</td>
</tr>
</tbody>
</table>

Grand Total:

MAKE CHECKS PAYABLE TO:
Town of Cortlandt Recreation
1 Heady Street,
Cortlandt Manor, NY  10567-1254

Charles J. Cook Pool Mail In Renewal *NEW PROCEDURE FOR 2019: If you and/ or your family members all hold VALID COMMUNITY PASS TOWN OF CORTLANDT PHOTO ID CARDS and you only need a 2019 Swim Pass. Send us a completed season pass registration form and a check for the correct amount. You no longer need to mail your valid Town of Cortlandt Photo ID Cards in with the registration form and payment.

Hollow Brook Golf Mail In Renewal: If you and/ or your family members hold valid Town of Cortlandt Photo ID Cards and wish to purchase a 2019 Hollow Brook Golf Sticker, please be sure to include valid ID cards, payment and a self-addressed envelope. Allow for 7 business days for processing.

Replacement ID Card (For Adult, Youth, & Seniors): $5.00

All residents must purchase a Town ID card for $7.00 when purchasing a Hollow Brook Golf Pass if they do not already have a valid Town ID card.

If your card has expired you will need to attend a Photo ID Session (See upcoming dates on page 16 of the Summer 2019 Brochure) for a new photo.

If you have any questions or concerns, please call the Recreation Office at 914-734-1050.

FOR OFFICE USE ONLY

TR #__________________________________________ CC #_________________________________

Deposited_______Date________

Deposited_______Date________
## Adult Programs Activity Registration

**DO NOT FORGET, ONLINE REGISTRATION NOW AVAILABLE FOR CORTLANDT RECREATION PROGRAMS!**

**GO TO** [WWW.TOWNOFCORTLANDT.COM/RECONLINE]

**PLEASE PRINT CLEARLY • PLEASE NOTE: APPLICATION MUST BE COMPLETELY FILLED IN**

<table>
<thead>
<tr>
<th>RPG Last Name</th>
<th>RPG First Name</th>
<th>RPG DOB</th>
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<tbody>
<tr>
<td>(Registered Parent/ Guardian)</td>
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<tr>
<th>Street Address</th>
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<tr>
<th>City</th>
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### COURSE # PARTICIPANT’S NAME TOTAL FEE

<table>
<thead>
<tr>
<th>LAST NAME</th>
<th>FIRST NAME</th>
<th>SEX</th>
<th>D.O.B.</th>
<th>Rec ID Card #</th>
<th>ACTIVITY NAME</th>
<th>TOTAL</th>
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**NON-RESIDENTS:** 20% SURCHARGE TO HIGHER RATE FOR ALL PROGRAMS REGISTERED FOR AND ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM.

**SEPARATE CHECKS FOR ALL PROGRAMS.**

**MAKE CHECKS PAYABLE TO AND MAIL TO:**

TOWN OF CORTLANDT RECREATION DEPARTMENT,
1 HEADY STREET, CORTLANDT MANOR, NY 10567

---

## Pre-School and Youth Activity Registration

**DO NOT FORGET, ONLINE REGISTRATION NOW AVAILABLE FOR CORTLANDT RECREATION PROGRAMS!**

**GO TO** [WWW.TOWNOFCORTLANDT.COM/RECONLINE]

**PLEASE PRINT CLEARLY • PLEASE NOTE: APPLICATION MUST BE COMPLETELY FILLED IN**

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<th>RPG Last Name</th>
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<tbody>
<tr>
<td>(Registered Parent/ Guardian)</td>
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<th>Street Address</th>
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<th>Zip</th>
<th>Email Address</th>
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<th>Cell Phone Mobile Provider</th>
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☐ Yes, I would like to receive marketing emails from the Cortlandt Recreation Department about new programs, upcoming events, and town news.

### COURSE # PARTICIPANT’S NAME TOTAL FEE

<table>
<thead>
<tr>
<th>LAST NAME</th>
<th>FIRST NAME</th>
<th>GRADE</th>
<th>SEX</th>
<th>D.O.B.</th>
<th>Rec ID Card #</th>
<th>ACTIVITY NAME</th>
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**SEPARATE CHECKS FOR ALL PROGRAMS.**

**MAKE CHECKS PAYABLE TO AND MAIL TO:**

TOWN OF CORTLANDT RECREATION DEPARTMENT,
1 HEADY STREET, CORTLANDT MANOR, NY 10567

---
ADULT PROGRAMS ACTIVITY REGISTRATION

DO NOT FORGET, ONLINE REGISTRATION NOW AVAILABLE FOR CORINTH RECREATION PROGRAMS!

PLEASE PRINT CLEARLY • PLEASE NOTE: APPLICATION MUST BE COMPLETELY FILLED IN

RPG Last Name ____________________________ RPG First Name_________________________ RPG DOB ____________________________
(Registered Parent/Guardian)

Street Address ___________________________________________ PO Box ________________

City ________________ Zip __________ Email Address ____________________________

Work Phone # _____________ Home Phone # _____________ Cell Phone # _____________

Cell Phone Mobile Provider ____________________________

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☐ Yes, I would like to receive marketing emails from the Cortlandt Recreation Department about new programs, upcoming events, and town news

<table>
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<tr>
<th>COURSE #</th>
<th>PARTICIPANT’S NAME</th>
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<th>D.O.B.</th>
<th>Rec ID Card #</th>
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TOTAL $ ____________

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1 HEADY STREET, CORINTH MANOR, NY 10567

FOR OFFICE USE ONLY

TR # ________________________
CC #________________________
Deposited________________________
Date _______________________________

PRE-SCHOOL AND YOUTH ACTIVITY REGISTRATION

DO NOT FORGET, ONLINE REGISTRATION NOW AVAILABLE FOR CORINTH RECREATION PROGRAMS!

GO TO WWW.TOWNOFCORINTH.COM/RECONLINE

PLEASE PRINT CLEARLY • PLEASE NOTE: APPLICATION MUST BE COMPLETELY FILLED IN

RPG Last Name ____________________________ RPG First Name_________________________ RPG DOB ____________________________
(Registered Parent/Guardian)

Street Address ___________________________________________ PO Box ________________

City ________________ Zip __________ Email Address ____________________________

Work Phone # _____________ Home Phone # _____________ Cell Phone # _____________

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1 HEADY STREET, CORINTH MANOR, NY 10567

FOR OFFICE USE ONLY

TR # ________________________
CC #________________________
Deposited________________________
Date _______________________________
# 2019 Youth Swim Instruction Registration Form

Do not forget, online registration now available for Cortlandt Recreation Programs!
Go to www.townofcortlandt.com/reconline

<table>
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<th>Last Name</th>
<th>First Name</th>
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<tbody>
<tr>
<td>(Registered Parent and/or GUARDIAN)</td>
<td>(Registered Parent and/or GUARDIAN)</td>
<td>(Registered Parent and/or GUARDIAN)</td>
</tr>
</tbody>
</table>

Street Address

City_________ Zip_________ Email Address_________ PO Box_________

Work Phone #_________ Home Phone #_________ Cell Phone #_________

Cell Phone Mobile Provider_________

☐ Yes, I would like to receive text message alerts from the Cortlandt Recreation Department. *By checking this box, I understand that standard text messaging rates may apply.

☐ Yes, I would like to receive marketing emails from the Cortlandt Recreation Department about new programs, upcoming events, and town news.

<table>
<thead>
<tr>
<th>1st Choice</th>
<th>2nd Choice</th>
<th>Participants Name</th>
<th>Birth Date</th>
<th>Age</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Number</td>
<td>Group Level</td>
<td>Session Number</td>
<td>Course Number</td>
<td>Group Level</td>
<td>Session Number</td>
</tr>
</tbody>
</table>

Make checks payable to:

Town of Cortlandt Department of Recreation & Conservation
1 Heady Street, Cortlandt Manor, NY 10567-1254

The Town of Cortlandt does not provide Accident Insurance

---

# 2019 Pre-School/ Tiny Tot Swim Registration Form

Do not forget, online registration now available for Cortlandt Recreation Programs!
Go to www.townofcortlandt.com/reconline

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>DOB</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Registered Parent and/or GUARDIAN)</td>
<td>(Registered Parent and/or GUARDIAN)</td>
<td>(Registered Parent and/or GUARDIAN)</td>
</tr>
</tbody>
</table>

Street Address

City_________ Zip_________ Email Address_________ PO Box_________

Work Phone #_________ Home Phone #_________ Cell Phone #_________

Cell Phone Mobile Provider_________

☐ Yes, I would like to receive text message alerts from the Cortlandt Recreation Department. *By checking this box, I understand that standard text messaging rates may apply.

☐ Yes, I would like to receive marketing emails from the Cortlandt Recreation Department about new programs, upcoming events, and town news.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Participants Name</th>
<th>Sex</th>
<th>D.O.B.</th>
<th>Rec ID Card #</th>
<th>Activity Name</th>
<th>Total</th>
</tr>
</thead>
</table>

Make checks payable to:

Town of Cortlandt Department of Recreation & Conservation
1 Heady Street, Cortlandt Manor, NY 10567-1254

The Town of Cortlandt does not provide Accident Insurance

---
DAY CAMP (K– 4TH GRADE GIRLS & BOYS) AS OF SEPT 2019

On a First Come First Serve Basis: Limited Enrollment.
ONLINE REGISTRATION NOW AVAILABLE FOR CORTLANDT RECREATION PROGRAMS! GO TO WWW.TOWNOFCORTLANDT.COM/RECONLINE
A SEPARATE CHECK is required for each child.

RPG (Registered Parent/Guardian) Name ___________________________ RPG D.O.B. ___________________________

Home Address_________________________ Zip_________________________ PO Box_________________________

City_________________________ Age__________________ Sex M OR F (Circle One) Grade in Fall ’19__________________

Mothers Name_________________________ *Work Phone_________________________ *Cell Phone_________________________

Fathers Name_________________________ *Work Phone_________________________ *Cell Phone_________________________

Mailing Address if Different from Above_________________________ Phone #_________________________

Nearest Cross Street (for bus pickup) ___________________________

REGISTERED AND PAID IN FULL BEFORE FRIDAY, JUNE 14TH

<table>
<thead>
<tr>
<th>Session</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>$405.00</td>
</tr>
<tr>
<td>II</td>
<td>$405.00</td>
</tr>
<tr>
<td>III</td>
<td>$405.00</td>
</tr>
<tr>
<td>All Three</td>
<td>$1,135.00</td>
</tr>
</tbody>
</table>

REGISTERED AND PAID IN FULL AFTER FRIDAY, JUNE 14TH

<table>
<thead>
<tr>
<th>Session</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>$430.00</td>
</tr>
<tr>
<td>II</td>
<td>$430.00</td>
</tr>
<tr>
<td>III</td>
<td>$430.00</td>
</tr>
<tr>
<td>All Three</td>
<td>$1,210.00</td>
</tr>
</tbody>
</table>

Camp Sessions: Please check the appropriate boxes below.

<table>
<thead>
<tr>
<th>Session</th>
<th>Dates</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>100-1U</td>
<td>July 1-12</td>
<td>$</td>
</tr>
<tr>
<td>100-2U</td>
<td>July 15-26</td>
<td>$</td>
</tr>
<tr>
<td>100-3U</td>
<td>July 29-Aug 9</td>
<td>$</td>
</tr>
<tr>
<td>ALL 3 SESSIONS</td>
<td>July 1-Aug 9</td>
<td>$</td>
</tr>
</tbody>
</table>

TOTAL $________

PLEASE DO NOT ATTACH DOCTORS SHEET WITH IMMUNIZATIONS, YOU MUST ENTER THE DATES BELOW (MONTH, DAY, & YEAR).

<table>
<thead>
<tr>
<th>Vaccine/Immunization</th>
<th>Dates</th>
<th>1.</th>
<th>2.</th>
<th>3.</th>
<th>4.</th>
<th>5.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diphtheria/Pertussis</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Toxoid (DPT) (5 doses)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oral Polio Vaccine</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(OPV) (4 doses)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MMR Vaccine</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(2 doses)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatitis B</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Hep B) (3 doses)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Haemophilus influenza</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>type B (Hib) (4 doses)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Varicella</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Chicken Pox) (2 doses)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Doctors Name ___________________________ Phone # ___________________________

ALLERGIES, MEDICAL PROBLEMS, MEDICATIONS, SPECIAL DIET, RESTRICTION ON ACTIVITY: ____________________________________________

I give permission, in case of injury, to take my child to a hospital for treatment, to include evaluation of injuries, x-rays and needed care. My signature below ALSO GIVES PERMISSION for my child to participate in all camp activities and to attend all off-site trips (any trip outside of campgrounds) which includes but are not limited to the CJI COOK POOL, AND ACTIVITIES, NATURE CENTERS, BOWLING ALLEYS AND MOVIE THEATERS. I understand that my child will accompany the Town of Cortlandt Department of Recreation & Conservation and its camp staff on all of these trips. In addition, I give my child permission to carry and apply sunscreen and carry and apply bug spray.

Parent/Guardian Signature ___________________________ Date ___________________________

Hospitalization Insurance Company ___________________________ ID# ___________________________

The original Camp Application with Medical History/Immunization Records written ONTO the form and permission slip for Hospital care will be kept filed at the Town of Cortland Recreation Office.

THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE

FOR OFFICE USE ONLY

TR # ___________________________

CC # ___________________________

Deposited ___________________________ Date ___________________________

77
5TH & 6TH GRADE CAMP (GIRLS & BOYS) AS OF SEPT 2019

ONLINE REGISTRATION NOW AVAILABLE FOR CORTLANDT RECREATION PROGRAMS! GO TO WWW.TOWNOFCORTLANDT.COM/RECONLINE
A SEPARATE CHECK is required for each child.

RPG (Registered Parent/ Guardian) Name ___________________________ RPG D.O.B. ___________________________

Home Address_________________________________________________ PO Box ___________________________

City_________________________ Zip______________________________ Email Address ___________________________

Work Phone __________________ Home Phone ___________________ Cell Phone ___________________________

Last Name of Camper_________________________ First_________________________ Age ______ Sex M OR F (Circle One) Grade in Fall ’19_____

Mothers Name ___________________________ *Work Phone __________________ *Cell Phone ___________________________

Fathers Name ___________________________ *Work Phone __________________ *Cell Phone ___________________________

Mailing Address if Different from Above ____________________________________________________________

Emergency Name (other than Parent) ___________________________ Phone # ___________________________

Nearest Cross Street (for bus pickup) ____________________________________________________________

REGISTERED AND PAID IN FULL BEFORE FRIDAY, JUNE 14TH
Session I $460.00
Session II $460.00
Session III $460.00
All Three Sessions $1,265.00

REGISTERED AND PAID IN FULL AFTER FRIDAY, JUNE 14TH
Session I $485.00
Session II $485.00
Session III $485.00
All Three Sessions $1,340.00

MAKE CHECKS PAYABLE TO: TOWN OF CORTLANDT DEPT. OF RECREATION & CONSERVATION
1 Headly Street, Cortlandt Manor, NY 10567-1254 (Please put name of child, camp & sessions attending on check.)

*ALL NEW RATES FOR CAMP 2019 *ALL SESSIONS MUST BE PAID IN FULL

<table>
<thead>
<tr>
<th>Camp Sessions: Please check the appropriate boxes.</th>
</tr>
</thead>
<tbody>
<tr>
<td>102-1U</td>
</tr>
<tr>
<td>102-2U</td>
</tr>
<tr>
<td>102-3U</td>
</tr>
<tr>
<td>ALL 3 SESSIONS</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
</tr>
</tbody>
</table>

PLEASE DO NOT ATTACH DOCTORS SHEET WITH IMMUNIZATIONS, YOU MUST ENTER THE DATES BELOW (MONTH, DAY, & YEAR).

<table>
<thead>
<tr>
<th>Diphtheria/Pertusis/Tetanoid (DPT) (5 doses)</th>
<th>DATES:</th>
<th>1.</th>
<th>2.</th>
<th>3.</th>
<th>4.</th>
<th>5.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oral Polio Vaccine (OPV) (4 doses)</td>
<td>DATES:</td>
<td>1.</td>
<td>2.</td>
<td>3.</td>
<td>4.</td>
<td></td>
</tr>
<tr>
<td>MMR Vaccine (2 doses)</td>
<td>DATES:</td>
<td>1.</td>
<td>2.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatitis B (Hep B) (3 doses)</td>
<td>DATES:</td>
<td>1.</td>
<td>2.</td>
<td>3.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Haemophilus influenza type B (Hib) (4 doses)</td>
<td>DATES:</td>
<td>1.</td>
<td>2.</td>
<td>3.</td>
<td>4.</td>
<td></td>
</tr>
<tr>
<td>Varicella (Chicken Pox) (2 doses)</td>
<td>DATES:</td>
<td>1.</td>
<td>2.</td>
<td>(Date of Shot or had disease)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Doctors Name ___________________________ Phone # ___________________________

ALLERGIES, MEDICAL PROBLEMS, MEDICATIONS, SPECIAL DIET, RESTRICTION ON ACTIVITY: ___________________________________________________________

I give permission, in case of injury, to take my child to a hospital for treatment, to include evaluation of injuries, x-rays and needed care. My signature below ALSO GIVES PERMISSION for my child to participate in all camp activities and to attend all off-site trips (any trip outside of campgrounds) which includes but are not limited to the CJ COOK POOL, AND ACTIVITIES, NATURE CENTERS, BOWLING ALLEYS AND MOVIE THEATERS. I understand that my child will accompany the Town of Cortlandt Department of Recreation & Conservation and its camp staff on all of these trips. In addition, I give my child permission to carry and apply sunscreen and carry and apply bug spray.

Parent/Guardian Signature ___________________________ Date ___________________________

Hospitalization Insurance Company ___________________________ ID# ___________________________

The original Camp Application with Medical History/Immunization Records written ONTO the form and permission slip for Hospital care will be kept filed at the Town of Cortlandt Recreation Office.

THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE

FOR OFFICE USE ONLY

TR # ______ CC # ______

Deposited ______ Date ______

79
7TH & 8TH GRADE CAMP (GIRLS & BOYS) AS OF SEPT 2019

ONLINE REGISTRATION NOW AVAILABLE FOR CORTLANDT RECREATION PROGRAMS! GO TO WWW.TOWNOFCORTLANDT.COM/RECONLINE
A SEPARATE CHECK is required for each child.

RPG (Registered Parent/Guardian) Name ___________________________ RPG D.O.B. __________________
Home Address ___________________________________________________ PO Box __________________
City ___________________________ Zip ___________________________ Email Address __________________
Work Phone # ___________________________ Home Phone # ___________________________ Cell Phone # __________________

Last Name of Camper ___________________________ First __________________
Child's Date of Birth ___________________________ Age ______ Sex M OR F (Circle One) Grade in Fall '19 ______
Mothers Name ___________________________ *Work Phone ___________________________ *Cell Phone __________________
Fathers Name ___________________________ *Work Phone ___________________________ *Cell Phone __________________
Mailing Address if Different from Above ___________________________________________________________
Emergency Name (other than Parent) ___________________________ Phone # __________________
Nearest Cross Street (for bus pick-up) ___________________________________________________________

REGISTERED AND PAID IN FULL BEFORE FRIDAY, JUNE 14TH
   Session I $460.00
   Session II $460.00
   Session III $460.00
   All Three Sessions $1,265.00

REGISTERED AND PAID IN FULL AFTER FRIDAY, JUNE 14TH
   Session I $485.00
   Session II $485.00
   Session III $485.00
   All Three Sessions $1,340.00

MAKE CHECKS PAYABLE TO: TOWN OF CORTLANDT DEPT. OF RECREATION & CONSERVATION
*ALL NEW RATES FOR CAMP 2019 *ALL SESSIONS MUST BE PAID IN FULL
1 Headly Street, Cortlandt Manor, NY 10567-1254 (Please put name of child, camp & sessions attending on check.)

<table>
<thead>
<tr>
<th>Camp Sessions: Please check the appropriate boxes below.</th>
</tr>
</thead>
<tbody>
<tr>
<td>103-1U Session I July 1- July 12 $</td>
</tr>
<tr>
<td>103-2U Session II July 15- July 26 $</td>
</tr>
<tr>
<td>103-3U Session III July 29- August 9 $</td>
</tr>
<tr>
<td>ALL 3 SESSIONS Session I, II, &amp; III July 1- August 9 $</td>
</tr>
<tr>
<td>TOTAL $</td>
</tr>
</tbody>
</table>

PLEASE DO NOT ATTACH DOCTORS SHEET WITH IMMUNIZATIONS, YOU MUST ENTER THE DATES BELOW (MONTH, DAY, & YEAR).

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>DATES:</th>
<th>1.</th>
<th>2.</th>
<th>3.</th>
<th>4.</th>
<th>5.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diphtheria/Pertusis/Toxoid (DPT) (5 doses)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oral Polio Vaccine (OPV) (4 doses)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MMR Vaccine (2 doses)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatitis B (Hep B) (3 doses)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Haemophilus influenza type B (Hib) (4 doses)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Varicella (Chicken Pox) (2 doses)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Doctors Name ___________________________ Phone # __________________

ALLERGIES, MEDICAL PROBLEMS, MEDICATIONS, SPECIAL DIET, RESTRICTION ON ACTIVITY: ___________________________________________________________

I give permission, in case of injury, to take my child to a hospital for treatment, to include evaluation of injuries, x-rays and needed care. My signature below ALSO GIVES PERMISSION for my child to participate in all camp activities and to attend all off-site trips (any trip outside of campgrounds) which includes but are not limited to the CJ COOK POOL, AND ACTIVITIES, NATURE CENTERS, BOWLING ALLEYS AND MOVIE THEATERS. I understand that my child will accompany the Town of Cortlandt Department of Recreation & Conservation and its camp staff on all of these trips. In addition, I give my child permission to carry and apply sunscreen and carry and apply bug spray.

Parent/Guardian Signature ___________________________ Date __________________

Hospitalization Insurance Company ___________________________ ID# __________________

The original Camp Application with Medical History/Immunization Records written ONTO the form and permission slip for Hospital care will be kept filed at the Town of Cortlandt Recreation Office.

THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE

FOR OFFICE USE ONLY

TR # ___________________________ CC # __________________
Deposited ______ Date ______
# TOWN OF CORTLANDT BUS PICKUP AND DROP OFF CHANGE FORM

*This form must be used for special pickup/drop off different from what you will be assigned.

For example: If there is not one primary location from which your child will be picked up and/or dropped off and needs to be picked up and/or dropped off at different locations, the locations must be documented here.

**Reminder:** Camp buses do not leave the boundaries of the Town of Cortlandt for pickup and drop off.

Return this form to emmag@townofcortlandt.com or by mail and/or walk in MUST BE RECEIVED BY JUNE 14TH to:

**Town of Cortlandt Department of Recreation & Conservation**

1 Heady Street

Cortlandt Manor, NY 10567

Attention: Emma Giovinco

<table>
<thead>
<tr>
<th>Campers Name:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Camp Attending:</th>
<th>Camp Sessions:</th>
<th>Grade as of September 2019:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>RPG (Registered Parent/Guardian):</th>
<th>Email Address:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Address:</th>
<th>City:</th>
<th>Zip Code:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Current Cross Street for Bus:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Home Phone #:</th>
<th>Parent 1 Cell#:</th>
<th>Parent 2 Cell#:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Parent 1 Work #:</th>
<th>Parent 2 Work #:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Emergency Contact Name:</th>
<th>Emergency Contact #:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Name of person meeting PM bus drop off:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Address:</th>
<th>City:</th>
<th>Zip Code:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Home Phone #:</th>
<th>Cell Phone #:</th>
</tr>
</thead>
</table>

**List Dates and Bus Stop below** WHEN and WHERE a different pickup or drop off would be necessary. If you need more room for information, please use the back of this form.

<table>
<thead>
<tr>
<th>AM PICK UP</th>
<th>FROM Date:</th>
<th>TO Date:</th>
<th>Bus Stop:</th>
</tr>
</thead>
<tbody>
<tr>
<td>PM PICK UP</td>
<td>FROM Date:</td>
<td>TO Date:</td>
<td>Bus Stop:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AM PICK UP</th>
<th>FROM Date:</th>
<th>TO Date:</th>
<th>Bus Stop:</th>
</tr>
</thead>
<tbody>
<tr>
<td>PM PICK UP</td>
<td>FROM Date:</td>
<td>TO Date:</td>
<td>Bus Stop:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AM PICK UP</th>
<th>FROM Date:</th>
<th>TO Date:</th>
<th>Bus Stop:</th>
</tr>
</thead>
<tbody>
<tr>
<td>PM PICK UP</td>
<td>FROM Date:</td>
<td>TO Date:</td>
<td>Bus Stop:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AM PICK UP</th>
<th>FROM Date:</th>
<th>TO Date:</th>
<th>Bus Stop:</th>
</tr>
</thead>
<tbody>
<tr>
<td>PM PICK UP</td>
<td>FROM Date:</td>
<td>TO Date:</td>
<td>Bus Stop:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AM PICK UP</th>
<th>FROM Date:</th>
<th>TO Date:</th>
<th>Bus Stop:</th>
</tr>
</thead>
<tbody>
<tr>
<td>PM PICK UP</td>
<td>FROM Date:</td>
<td>TO Date:</td>
<td>Bus Stop:</td>
</tr>
</tbody>
</table>

**List any additional information that we would need concerning this bus change:**

- Please be at the bus stop 15 MINUTES PRIOR/ 15 MINUTES AFTER TIME LISTED on your bus route schedule. (Morning pickup and afternoon drop-off). **WE ARE UNABLE TO GIVE YOU THE EXACT TIME OF PICKUP/DROPOFF OF YOUR CHILD - THE TIME LISTED IS APPROXIMATE.**

- Parents are reminded that Kindergartners through Third (3) graders may only be discharged to their Parents/Adults, Caregivers or a Responsible party that the Town has on file with your child’s camp application. These children will not be dropped off at a stop alone, they will remain on the bus the remainder of route until contact is made or taken back to the Town of Cortlandt Recreation Office, if we cannot get in touch with anyone. Please make sure that you have given us working telephone numbers that will be answered.

- The Recreation office will be staffed from 6:30 AM until 5:00 PM. Any transportation questions or issues please call 914-734-1054 or 914-734-1050.
Childs Name____________________________________________________________________ Male_____ Female_____
Street Address______________________________________________ Town________________________ Zip__________
Home #_______________________ Work or Cell #_______________________ Email______________________________
School_________________________________________________ Grade in Fall ‘19_______ D.O.B.______/ ____/ _____
Emergency Contact Name______________________________________________ Emergency #_____________________
RPG (Registered Parent/Guardian) Name_________________________________________________ RPG D.O.B._______

Has your child ever played soccer before?  Yes/ No

Shirt Sizes (Please select one):
Youth: Large (14-16) Adult: Small (34-36) Medium (38-40) Large (42-44) X-Large (46-48)

*ALL PLAYERS MUST PROVIDE THEIR OWN SHORTS AND HARD SHELL SHINGUARDS*

Does your child have any conflict, which could prevent him/her from attending games on Sunday afternoons or practices on weeknights and Saturdays? (Circle One) Yes / No

If yes, what?_________________________________________________________________________________________
Pertinent medical information (Allergies, medications, etc.)__________________________________________________________________________________________
____________________________________________________________________________________________________

The Town of Cortlandt DOES NOT PROVIDE ACCIDENT INSURANCE. I understand that my child agrees to play on any team assigned, obey all rules and to attend practice showing fair play and sportsmanship at all times.

Parents Signature______________________________________________ Date________________________

---

**Town of Cortlandt 2019 Fall Boys Youth Soccer**

**EVALUATIONS WILL TAKE PLACE AT BLUE MOUNTAIN MIDDLE SCHOOL AS FOLLOWS:**

- **Pee Wee Boys (1st & 2nd Grade)**
  - Tuesday, July 30 at 6:00 PM

- **Midget Boys (3rd & 4th Grade)**
  - Tuesday, July 30 at 6:30 PM

- **Junior Boys (5th & 6th Grade)**
  - Tuesday, July 30 at 7:00 PM

---

**Coaches and Sponsors Needed**

Please check the following box if you are interested in coaching: ☐ Name:
Phone #:_____ OR follow the instructions below to register online.

If you are interested in coaching, please go to [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline) to register or call 914-734-1055 for more information. If you are interested in sponsoring a team, please call 914-734-1055.

PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position. You will be contacted by the Recreation Supervisor with more information if you are selected.

---

**For Office Use Only:**

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<tr>
<th>TR Receipt #</th>
<th>CC Receipt #</th>
<th>Date Deposited</th>
<th>Amount Paid</th>
<th>Reg #</th>
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<tbody>
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<td>ID Card #</td>
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**YOUTH SOCCER LEAGUE DEADLINE: JULY 19**
Child's Name____________________________________________________________________ Male_____ Female_____
Street Address______________________________________________ Town________________________ Zip__________
Home #_______________________ Work or Cell #_______________________ Email______________________________
School_________________________________________________ Grade in Fall ‘19_______ D.O.B.______/ ______/ ______
Emergency Contact Name______________________________________________ Emergency #_____________________
RPG (Registered Parent/Guardian) Name_________________________________________________ RPG D.O.B.________
Has your child ever played soccer before? Yes/ No

Shirt Sizes (Please select one):
Youth: Large (14-16) Adult: Small (34-36) Medium (38-40) Large (42-44) X-Large (46-48)

*ALL PLAYERS MUST PROVIDE THEIR OWN SHORTS AND HARD SHELL SHINGUARDS*

Does your child have any conflict, which could prevent him/ her from attending games on Sunday afternoons or practices on
weeknights and Saturdays? (Circle One) Yes / No
If yes, what?_________________________________________________________________________________________
Pertinent medical information (Allergies, medications, etc.)______________________________________________________

The Town of Cortlandt DOES NOT PROVIDE ACCIDENT INSURANCE. I understand that my child agrees to play on any team
assigned, obey all rules and to attend practice showing fair play and sportsmanship at all times.

Parents Signature______________________________________________ Date________________________

---

EVALUATIONS WILL TAKE PLACE AT BLUE MOUNTAIN MIDDLE SCHOOL
AS FOLLOWS:
Pee Wee Girls (1st & 2nd Grade) Wednesday, July 31 at 6:00 PM
Midget Girls (3rd & 4th Grade) Wednesday, July 31 at 6:30 PM
Junior Girls (5th & 6th Grade) Wednesday, July 31 at 7:00 PM

---

YOUTH SOCCER LEAGUE DEADLINE: JULY 19
TRAVEL YOUTH FOOTBALL 2019

PARTICIPANTS MUST BE REGISTERED AND FEE PAID PRIOR TO PRACTICING OR TRYOUTS

ONLINE REGISTRATION NOW AVAILABLE FOR CORTLANDT RECREATION PROGRAMS!
GO TO WWW.TOWNOFCORTLANDT.COM/RECONLINE

TRYOUTS
Saturday, June 8th at 9:30 AM – Sunset Field Rainout Telephone 914-734-1053

Please Check One
3rd and 4th Grade Team_____ 5th and 6th Grade Team_____ 7th and 8th Grade Team_____

**Players will play in a Travel League with home and away games

$150 with TOC ID/ $155 without TOC ID
$186 Non resident (Lakeland and Peekskill School Districts and Putnam Valley residents) will be placed on a waiting list and notified in mid August if accepted.

---

CHILD'S NAME________________________________________________________________________________________

ADDRESS____________________________________________________________________________________________

CITY_________________________ STATE___________ ZIP___________ D.O.B.________________________

GRADE IN FALL ‘19 _______ HEIGHT_________ WEIGHT_________ SCHOOL ATTENDING SEPT. ‘19__________

TEAM PLAYED ON IN ‘18______________________________________________________

HOME #_______________________ CELL #_______________________ WORK #_____________________

RPG (REGISTERED PARENT/GUARDIAN) NAME______________________________________ RPG D.O.B.______

EMERGENCY NAME_________________________ EMERGENCY #________________________

EMAIL ADDRESS________________________________________________________________________________________

ALL PLAYER SELECTION IS AT THE COACHES DISCRETION. BY BEING SELECTED TO PLAY ON A TRAVEL TEAM IN THE TOWN OF CORTLANDT I RECOGNIZE THAT THERE IS NO PLAYING TIME REQUIREMENTS!

PARENTS SIGNATURE_______________________________________________________ DATE________________________

PERTINENT MEDICAL INFORMATION – allergies to bee stings, medication, etc.:
___________________________________________________________________________________________________
___________________________________________________________________________________________________

*THE TOWN OF CORTLANDT DOES NOT PROVIDE INSURANCE*

---

Coaches Needed
Please check the following box if you are interested in coaching: [ ] Name:________________________________________
Phone #:________________________________________ OR follow the instructions below to register online.
If you are interested in coaching, please go to www.townofcortlandt.com/reonline to register
or call 914-734-1058 for more information.
PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position.
You will be contacted by the Recreation Supervisor with more information if you are selected.

---

For Office Use Only:

$150 with ID/ $155 without ID
$186 Non resident (Lakeland and Peekskill School Districts and Putnam Valley residents) will be placed on a waiting list and notified in mid August if accepted.

TR Receipt #______________________ CC Receipt #______________________ Date Deposited____________________
ID Card #_________________________ Expiration Date____________________ Amount Paid $__________ Reg #__________
TOWN OF CORTLANDT RECREATION PROGRAM

Cortlandt Cougars Cheerleading

This program is not run through the Town of Cortlandt Recreation Office, please contact Nicole Selvaggi-Landry for more information.

Got Spirit? Want to be a cheerleader? CALLING ALL CHEERLEADERS IN GRADES K-6
Learn the ins and outs of how to be a cheerleader. Cheerleaders will cheer at the age appropriate Town of Cortlandt Football games & compete at up to 4 local competitions!
Learn a routine that includes: Jumps, Stunts, Tumbling and Dances!
$125 registration fee includes: bow, briefs, 2 practice tees, 2 shorts, comp music & competition fees.

Additional expenses will include: uniform, sneakers, jacket, & optional parent tee. EVERY cheerleader pays the registration fee and will purchase a new uniform.

WE WILL BE GETTING NEW UNIFORMS THIS SEASON!

Informational Meeting: 7:00 pm on May 1st in the
Frank G. Lindsey Cafeteria

We will have Order Forms and Sample uniforms, jackets and sneakers to try on at the informational meeting for proper sizing. We will discuss practice schedules, game schedules, and competition details and collect clothing/uniform/gear orders & payment.

Any Questions please email us at: CortlandtCougarsCheerleading@gmail.com
Coach Nicole Selvaggi-Landry, Program Director/Head Coach (914-924-1832)

---

Adult Last Name: ____________________________________________________________

Adult First Name: ____________________________________________________________

Address: __________________________________________________________________

Email Address: ___________________________ Cell Phone #: ______________________

Cheerleader’s Name (First Name & Last Name) : __________________________________

Grade In the Fall ‘19: ___________________________ Age as of Sept. ‘19____________________

School District: __________________________________________________________________

Please print clearly!

Please make checks payable to: Cougars Cheerleading and mail with the above Registration fee of $125 by April 27th, 2019

Mail to: Nicole Selvaggi-Landry ~ 120 Bannon Ave. Buchanan NY 10511

Clothing / Uniform / Cheer Gear Order Form & pricing will be given out at our Informational Meeting on 5/1/19
# Facilities Used by the PRC

## Location Guide

<table>
<thead>
<tr>
<th>Location</th>
<th>Basketball Courts</th>
<th>Boat Launch</th>
<th>Cooling &amp; Grills</th>
<th>Dog Park</th>
<th>Nature Trails</th>
<th>Picnic Area</th>
<th>Playground</th>
<th>Outdoor Pool</th>
<th>Indoor Pool</th>
<th>Rest Rooms</th>
<th>Rock Climbing Wall</th>
<th>Sr. Citizen Center</th>
<th>C.C. Rowing Assoc.</th>
<th>Tennis Courts</th>
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<td>1. Blue Mountain</td>
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<td>2. Buchanan Verplanck Elementary School</td>
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<td>3. Charles J. Cook Recreation Center &amp; Spray Park</td>
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<td>8. Cortlandt Youth &amp; Recreation Center</td>
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<td>21. Lincoln Titus Elementary School</td>
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<td>32. Steven H. Herbert Memorial Skate Park</td>
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<td>38. Westchester County Sportsman Center</td>
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2019 Town of Cortlandt
Free Concert and Movie Series

Concert Dates: 7:00 PM

June 13, 2019
FDR Drive

June 27, 2019
Out After Curfew

July 11, 2019
Back to the Garden 1969 Woodstock Experience

July 25, 2019
Twist of Fate

August 1, 2019
Harmony Road

August 8, 2019
TBA

Movie Dates: 8:30 PM

June 27, 2019
Aquaman (2018)

July 25, 2019
Mary Poppins Returns (2018)

August 8, 2019
The Incredibles 2 (2018)

Food Vendors Scheduled
American Dogs, Llc.
Mister Softee
Put Some Meat on Your Bones

Thank you to all of our 2018 Concert and Movie Series Sponsors:

2018 Event Sponsors
Bilotta Construction/ Dakota Supply
Cortlandt Rotary Club
Continental Building Products
CRP Sanitation Inc./ Got To Go Portable Restrooms
New York Presbyterian Hudson Valley Hospital
Town of Cortlandt Employees AFSCME Local 2343
UA Local 21 Plumbers & Steamfitters
Weston & Sampson

2018 Grand Patron Sponsors
Better Homes & Gardens Rand Realty
Buchanan Dental Arts
D&N Kitchens and Baths
Party Line Rentals/ WTR Rentals
Super Foodtown
United Rental Estate, LLC.
Walmart

2018 Sponsors
Buchanan Home Center
Hollow Brook Golf Club
Hudson Valley Bus Company
Sansotta Brothers II, Inc.
Table 9 Food & Drink

http://www.facebook.com/town.of.cortlandt
www.townofcortlandt.com
(914) 734-1002