



Food Pantry Listing for Westchester

<https://drive.google.com/file/d/1JhAURxoolyxTlkJTxyGpbWBPKhtmxJd/view>

National Suicide Prevention Hotline # 1-800-273-8255

<http://suicidehotlines.net/newyork.html>

Hospital Psychiatric Emergency Numbers

*Four Winds Hospital # 1-800-528-6624

*New York Presbyterian Hospital # 1-888-694-5700

*St. Vincent's Hospital Westchester # (914) 967-6500

Westchester Mental Health Services

<https://mentalhealth.westchestergov.com/>

Helpful Website With Resources for Parents and Teens

<http://www.PowerToTheParent.org>

Substance Abuse Intervention Services & Mental Health Counseling

Student Assistance Services Corporation #9143321300

www.SASCorp.org

Addiction Resource Center-Local Services # (845) 765-8301 ext.110

www.ForDrugHelp.com

Mountainside Treatment Facility - Virtual Support Groups for all ages

<https://mountainside.com/about-us/events/virtual-support-groups>

AA (Alcoholics Anonymous) meetings/online chats

<http://aa-intergroup.org>

Al-ateen online (For youth living with someone addicted/in recovery)

<https://chat.alateen.net>

COVID-19 Discussions: How to Speak to Your Child About Covid-19

<https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19>

Student Assistance Counselors

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