Town of Cortlandt
Department of Recreation & Conservation
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Cortlandt Manor, NY 10567-1254

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Facebook: facebook/townofcortlandt
Instagram: @townofcortlandt

Community Pass: www.townofcortlandt.com/reconline

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Town of Cortlandt Winter/ Spring 2022 Recreation Program Brochure

Town Supervisor Richard H. Becker

James F. Creighton Fra

Town Board
Francis X. Farrell Cristin Jacoby



TOWN OF CORTLANDT RECREATION & CONSERVATION DEPARTMENT CORTLANDT TOWN HALL

1 HEADY STREET CORTLANDT MANOR, NY 10567-1241 914-734-1050

Website: www.townofcortlandt.com Email: tocrec@townofcortlandt.com Facebook: facebook/townofcortlandt Instagram: @townofcortlandt





Sponsored by the

TOWN OF CORTLANDT

TOWN SUPERVISOR Richard H. Becker

TOWN BOARD

James F. Creighton Francis X. Farrell Cristin Jacoby

PARKS, RECREATION & CONSERVATION ADVISORY BOARD

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Tino Martin, Vice Chairman
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Daniela Decca
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Jennifer Corrado
Paul DiRoma
Michael Fleming
Nathan Palmer
Pete Ruvolo

ADVISORY BOARD HIGH SCHOOL STUDENTS

Kailee Fleming Emily Grace Ruvolo

RECREATION & CONSERVATION DEPARTMENT

John Palmiotto, Director	914-734-1051
Kenneth Sherman, Assistant Superintendent	914-734-1058
Lesley Popkin, Recreation Supervisor II	914-734-1057
Tim Fisher, Recreation Supervisor	914-734-1056
Dawn Mahoney, Director of Senior Services	914-528-1572
Rebecca Ferguson, Assistant Director of Senior Services	914-528-8377
Katherine Sclafani, Youth Center Director	914-736-0498
Lindsey Luposello, Youth Center Assistant Director	914-736-0498
Colleen Anderson, M.S., Ed. CPP. Coalition Coordinator	914-734-1052

OFFICE STAFF

Emma Giovinco Janice LaFave

The Town of Cortlandt gratefully acknowledges the cooperation extended by the Hendrick Hudson School District, Lakeland Central School District, Village of Buchanan, Village of Croton-on-Hudson, Cortlandt Town Center and to all other groups regarding the use of their facilities and to our business community for supporting our programs and teams.

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CORTLANDT TOWN HALL- MAIN TELEPHONE NUMBER - 914- 734-1000

DEPARTMENT OF ENVIRONMENTAL SERVICES - 167 Roa Hook	Road, Cortlandt Manor, NY 10567	
Director	Steve Ferreira, P.E	. 914-737-0100
Deputy Director	Brent VanZandt, P.E	
Deputy Director	Christina Edwards	. 914-737-0100
Working Supt. Highway		. 914-737-0075
Highway & Parks Division		. 914-737-0075
Sanitation Division		. 914-737-0100
Water Division		
Water Division Billing Issues, Northern Westchester Joint Water Works		
HOTLINE FOR INFORMATION AND EVENTS		34-1000 <i>ext. 28</i>
HUMAN RESOURCES	Claudia Vahey, Personnel Manager	. 914-734-1004
JUSTICE COURT	Judge Kimberly Ragazzo	
	Judge Maritza Fugaro-Norton	. 914-734-1090
JUSTICE COURT CLERK	Audrey Stewart	. 914-734-1090
MURIEL H. MORABITO COMMUNITY CENTER - 29 West Brook	Drive. Cortlandt Manor. NY 10567	
Office of the Aging Director	Dawn Mahoney	. 914-528-1464
Nutrition Site Manager & Assistant to Director	Rebecca Ferguson	
•		
PURCHASING/ CENTRAL SUPPLIES/ TECHNOLOGY		
Purchasing & Technology Director	Pete McMillan	
	Dave Doyle, Central Supplies Officer	. 914-734-1037
RECEIVER OF TAXES	Debra A. Carter	. 914-734-1030
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DEPARTMENT OF RECREATION AND CONSERVATION	Jaha Dalasiatta	044 724 4054
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Assistant Superintedent	Ken Sherman	. 914-734-1058
SUPERVISOR RICHARD H. BECKER		. 914-734-1002
Secretary to the Supervisor	Judi Peterson	. 914-734-1002
Assistant to the Supervisor	Dianne Carroll	. 914-734-1101
Assistant to the Supervisor	Elvia Sinchi	. 914-734-1002
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Director of D.O.T.S	Michael Preziosi, P.E	
Deputy Director, D.O.T.S.	Artie D'Angelo, Jr., P.E	. 914-734-1060
Deputy Director, Planning	Christopher Kehoe	
Assistant to Director	Rosemary Boyle-Lasher for Planning	
Director of Code Enforcement	Martin Rogers, P.E	
Assistant to Director	Ken Hoch for Code Enforcement	. 914-734-1010
Fire Inspector	Holly Haight	. 914-734-1015
TOWN ASSESSOR	Thomas Waitkins	. 914-734-1040
TOWN ATTORNEY	Thomas Wood	. 914-736-0930
DEPUTY TOWN ATTORNEY	Michael Cunningham	. 914-736-0930
TOWN COMPTROLLER	Patricia Robcke	. 914-734-1070
TOWN CLERK	Laroue Shatzkin	. 914-734-1020
YOUTH & RECREATION CENTER		
Youth Center Director	Katherine Sclafani	. 914-736-0498
Youth Center Assistant Director	Lindsey Luposello	. 914-736-0498

FAREWELL, BUT NEVER GOODBYE

This will be my last article and message as Cortlandt's Town Supervisor (retiring 12/31 21) after 34 years, as a Town Councilwoman (4 years) and as Town Supervisor (30 years) - 1992-2021.

It has been an honor and a privilege to serve as Cortlandt's Supervisor for three decades, starting in one century (20^{th)} and ending in the next (21st). It has been a wonderful journey along the way. I've been blessed to have had many great experiences, complete so many of my original plans and goals and to meet so many wonderful people.

I am grateful for our Cortlandt government team (200 employees, 15 department heads and assistants, committees, councils and board members). They have all helped to make Cortlandt a better place to live and to raise our families.

Thank you to our excellent schools and educators, places of worship, healthcare and hospital workers, local businesses, volunteers and to our 32,000 wonderful people who live in Cortlandt and to all the families, Seniors and children.

As a Town Supervisor you have the privilege of attending our civic and senior group events, parades, Veterans meetings and ceremonies, and to work with other officials in the County, Local, State and nation. I've done my best to meet every challenge with confidence that all problems and issues can be resolved. I'm pleased to say most have been. Also, my original goals stayed with me throughout the years; respect each resident and assist them, keep town taxes low, protect our environment and to have measured development and economic growth.

Also, it's important to note that I along with my colleagues never rested on our laurels or past achievements but always said "what's next to do."

I have had a wonderful life as a daughter of two remarkable parents, as a parent of my amazing twins (Ali and Jeff), as a proud Grandmother of two grandsons who I adore (Oliver and Jeremy), as a pre-school director, HOA President, school and community volunteer and then as an elected Town Councilwoman for 4 years and as the Town Supervisor of Cortlandt for 30 years.

I would also like to congratulate Dr. Richard Becker, as the new Town Supervisor and our Town Board members James Creighton and Cristin Jacoby on their election victories, as well. Congratulations also, to Kimberly Ragazzo, town justice, Laroue Shatzkin, Town Clerk and Deb Carter, Receiver of Taxes.

As I say farewell, it's never goodbye. I will always remember you all with smiles, joy, friendship, pride and love. I love Cortlandt!

Thank you,

Jula D. Ruglisi

Linda D. Puglisi Former Supervisor, Town of Cortladt



A WELCOME NOTE FROM SUPERVISOR BECKER

Dear Cortlandt Residents,

As your recently inaugurated new Town Supervisor, it is my pleasure to present to you our Winter/Spring Town of Cortlandt Recreation Brochure. This is clearly a time of change, as we continue to deal with the effects of COVID and the changing regulations. I know we are all looking forward to resuming our favorite recreational activities. This year we will continue all of our popular sport programs for adults and children, and also expand in new areas. We look forward to a robust daily summer camp season for our youth; we will continue our swimming and sports camp programs.

We continue to assist the Little Leagues within our community including Cortlandt American, Cortlandt National, and girls softball will play on newly renovated fields. Our adult basketball, lacrosse, and softball leagues will continue as well. Many and varied youth programs will be offered at The Youth Center on Memorial Drive, as well as at The Game Cafe located at Cortlandt Town Center.

We continue to offer many unstructured outdoor athletic programs, via our hiking trails, Including The Nature Trail at the newly renovated and expanded Charles Cook Pool campus. We look forward to our residents enjoying the use of our new Pickle Ball Courts located at Croton Avenue across from the Old Croton Egg Farm.

Please review and save this brochure for future reference. And, also look for future announcements for Cortlandt Family Fun Day in September, Winter Wonderland in December, and our remarkable outdoor concert and movie series over the summer at the Cortlandt Waterfront Park.

We look forward to your participation and suggestions. Enjoy all of our wonderful activities. Be safe, have fun.

Sincerely,

Richard Becker, M.D. Supervisor, Town of Cortlandt

Kichadt. Jeck



Military Order of the Purple Heart Memorial

Dedicated on October 30, 2015

Located in front of the Cortlandt Town Hall, 1 Heady Street, Cortlandt Manor, NY

CORTLANDT MILITARY TRIBUTE BANNERS

The Town of Cortlandt is proud to announce that we are sponsoring a **Military Tribute Banner Program** in the Town of Cortlandt. The banners are a beautiful tribute to honor all of our men and women who have defended our Country and fought for our freedoms in America. The banners will be displayed from Memorial Day to Veterans Day along Route 9A near the VA Hospital in Montrose. After this period, they will be taken down and given to the family or business that purchased the banner as a keepsake. Then the next cycle takes place.



For additional details regarding these special banners and for ordering/payment information, please follow this link: https://militarytributebanners.org/current-programs/cortlandt-manor-ny.html or by visiting the Contact the Supervisor's Office at 914-734-1002 or DianneC@townofcortlandt.com for more information.



VIETNAM MEMORIAL AT CORTLANDT TOWN HALL

The Town of Cortlandt constructed and dedicated a Vietnam Memorial on the front lawn at Town Hall. The Town of Cortlandt honored the men and women Vietnam Veterans for the 50th anniversary of the Vietnam War. This memorial will be a living tribute to those who defended our Country and to those who sacrificed their lives for our freedoms in America.

We also have a glorious Veteran's Memorial at our Cortlandt Water-front Park by the Hudson River in our hamlet of Verplanck.

Our Cortlandt Regional Veteran's Committee meets monthly at our Community Center off Westbrook Drive and our chairman, Willy Nazario (a Purple Heart Vietnam Veteran) and his fellow Veterans represent the pride in Country that is reflected in all of our Veterans throughout the years. It has been my privilege and honor working with Veterans over the years, building memorials to honor them and to host our Veteran's committee and ceremonies.

CORTLANDT FIRST RESPONDERS TRIBUTE BANNERS

The Town of Cortlandt is proud to announce that we are sponsoring a new **First Responders Banner Program** for residents in the Town of Cortlandt. The banners are a wonderful way to honor and thank our residents who are employed as healthcare workers, emergency personnel and those on the front line protecting all of us and our families in our community each and every day, especially throughout this pandemic. The banners will be displayed for a six-month period (May 2021 – November 2021) along Route 202 near the NewYork-Presby-



terian Hudson Valley Hospital. After this period, they will be taken down and given to the family or business that purchased the banner as a keepsake. Then the next group of banners will be displayed the following year. For additional details regarding these special banners and for ordering/payment information, please follow this link: https://militarytributebanners.org/current-programs/new-york/cortlandt-manor-ny-first-responders.html.

Contact the Supervisor's Office at 914-734-1002 or DianneC@townofcortlandt.com for more information.

In honor of our Town of Cortlandt Disabled Veterans and their spouses, the Town of Cortlandt Recreation Department will offer half prices for all recreation programs offered in this brochure.

DOWNLOAD OTOCAST TODAY



Otocast provides a mobile application used for audio and visual guides of specific points of interest such as historical and recreational sites in any participating location. The Town of Cortlandt is now a part of this incredible easily accessible mobile application.





Download the Otocast app now on the App Store or Google Play today!



Town Hall



Croton Point Park



Cortlandt Dog Park



Anthony's Nose



Aviation Playground at Cortlandt Waterfront Park



Never miss another collection day

- View your collection schedule online or download the mobile waste app.
- · Sign up for collection day reminders get them by email, phone call or text message!

Full details at

www.townofcortlandt.com/sanitationschedule





STORM PREPAREDNESS TOWN OF CORTLANDT INFORMATION

Town Supervisor Richard H. Becker

Town Board Members
James F. Creighton
Francis X. Farrell
Cristin Jacoby

Important Resources and Links

Con Edison 800-752-6633 www.coned.com

Sign up for alerts on the Town of Cortlandt Website: hwww.townofcortlandt.com

Town of Cortlandt, DES Highway Division 914-97-STORM 914-977-8676

highway@townofcortlandt.com for downed trees and/or wires

Town of Cortlandt Town Hall and Website 914-97-STORM 914-977-8676

hwww.townofcortlandt.com

Town of Cortlandt Facebook www.facebook.com/townofcortlandt

Optimum Cable, NY- Bronx/ Brooklyn/ Westchester

Residential Customer Service,

718-860-3513

www.optimum.net

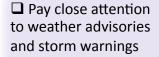
Verizon FIOS 800-837-4966

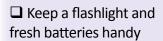
www.verizon.com/home/fios/

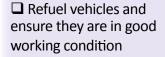
NYS Police - Non Emergency Phone, 914-737-7171

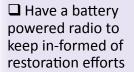
Westchester County Police - Non Emergency Phone, 914-864-7701

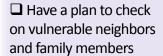
Emergency - 911

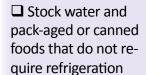


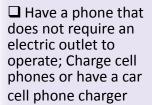


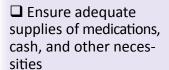






























- Stay at least 30 feet away from downed power lines, and lines that may be entangled and hidden in fallen trees. Assume a downed line is live.
- Avoid using candles for illumination.
- Never use outdoor gas or charcoal grills, indoors as they pose a fire hazard and, over time, can give off deadly carbon monoxide gas. Use these appliances outdoors only, with proper ventila-tion. Operate motor vehicles outdoors only, and never in the garage.



REGISTER FOR FREE TODAY







What is **Voyent Alert!**?

Voyent Alert! is a multi-purpose communication service provided by the Town of Cortlandt to keep you informed of critical events like fires or floods as well as day-to-day communications such as road maintenance and closures, water advisories, etc.

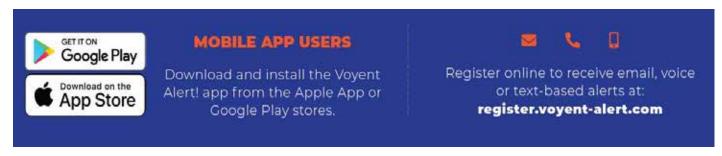
Personalized Communications: Voyent Alert! provides informative communications. Critical information such as the distance and direction from an incident, and preferred evacuation routes from your followed locations may be provided.

Follow Multiple Locations: Voyent Alert! allows you to create and follow multiple locations such as "Kids School" or "Mom's House". Any event or communication related to your followed locations will be forwarded to you along your preferred communication channel.

Communications Your Way: Receive alerts over a wide variety of communication channels including mobile apps, text/ SMS alerting, email or voice dial. You can register for one or more communication channels.

No Message Fatigue: Smart alerting capabilities ensure that you will only get notified when a communication is relevant to your or one of the locations you are following.

Easy Registration: Registration for the service is FREE, simple and anonymous.



TOWN OF CORTLANDT ADOPT-AN-ISLAND PROGRAM & APPLICATION



The Town of Cortlandt Adopt-an-Island Program offers companies, civic groups, institutions and individuals the opportunity to adopt a traffic island or other neighborhood space and help us beautify the Town of Cortlandt.

GUIDELINES AND PROGRAM SPECIFICATIONS

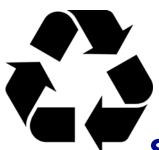
- Identify a traffic island or roadside area that you wish to enhance and contact **Fred Pardee** at fredp@townofcortlandt.com 914-737-0047 in our DES/ Parks Division.
- You or your group will be responsible for purchasing all items, including plants, mulch, etc., planting/installing, and maintaining your island (including weeding, trimming, garbage removal and watering) throughout the season.
- All material must be natural and plants must be kept under 30" as to not interfere with traffic safety.
- A sign with your name will be provided by the Town of Cortlandt and will be placed on the island.
 Please give your information to our DES office by emailing fredp@townofcortlandt.com.
- Most of all, the Town asks that you stay safe while working on your island and always use common sense, especially in high traffic areas and always wear bright clothing for safety purposes. Your organization is solely responsible to follow all safety precautions and guidelines while working on your project.
- The Town has the right to remove any planting that is deemed necessary.
- The Town has the right to terminate the Adopt-an-Island Program at any time and in doing so will remove signage for the island.

Name of Sponsor/ Business:	
Contact Person:	
•	

HELP US BEAUTIFY CORTLANDT!

Contact Information:
Fred Pardee Of the TOC Department of DES.
914-737-0047

Email: Fredp@townofcortlandt.com







SUSTAINABLE CORTLANDT OUR MISSION

To protect and enhance the quality of life of our residents and the unique environment of our area by establishing programs and policies which integrate sustainability into Town governance and planning, at the same time we want to encourage and enable Town residents and businesses to adopt sustainable practices.

TO THE CORTLANDT COMMUNITY

Sustainability is the promise to our children and grandchildren that they will inherit a tomorrow that is better than today and hopefully better. Achieving this promise will call for the participation of each and every one of us. Our Town has a long standing record of environmental stewardship exemplified by our leadership in protecting open space, natural resources, and smart growth practices. Visit www.townofcortlandt.com Sustainable Cortlandt to learn more. The Town Board and I are fully committed to this important effort and we look forward to your participation in becoming a sustainable community.

ELECTRIC VEHICLE (EV) OUTLET STATION



Through a grant provided by the New York Power Authority in 2014, The Town of Cortlandt was able to install two electric vehicle charging stations at Town Hall. Please download the free EV Connect mobile app which is available in the Apple App Store and Google Play Store or at http://www.ev-connect.com/charging-app/ and red, you will receive a confirmation link through email. You may also register at http://network.evconnect.com. If you would like to do a one-time charge, please call EV Connect driver support line at 866.816.PLUG (7584). Please note: Public drivers will need to setup a PayPal account and have it associated to their EVC account prior to using the stations.

Remember to **RECYCLE** to save our **ENVIRONMENT!**

This guide is printed on **RECYCLED PAPER**; As a result, approximately five (5) trees were preserved. To schedule and appointment and for more information about chemical clean up and H-MRF (Household Material Recovery Facility) contact Westchester County at **914-813-5425** or visit **www.westchester.gov.**



The Town has established regular pick up routes for organic yard waste. Yard waste will be picked up town wide on these dates. Yard waste must be placed in **Brown Biodegradable Bags** or loosely in garbage cans. Plastic bags cannot be composted. Organic waste in plastic bags will not be picked up. Please visit the website for further details www.townofcortlandt.com/sanitation

The Town of Cortlandt Town Hall will host a **Permanent Medical Drop Box** to offer our Town residents the opportunity to safely discard unwanted prescription drugs. The box is located in the Purchasing Building at the

Town of Cortlandt Town Hall at 1 Heady Street Cortlandt Manor, NY 10567

The hours of operation will be Monday– Friday • 9:00 AM-3:30 PM The drop box is monitored by the Westchester County State Police.

SOLUTIONS TO STORMWATER POLLUTION

Easy Things You Can Do Every Day To Protect Our Water



Stormwater is water from rain or melting snow that flows from rooftops, paved areas and lawns that doesn't soak into the ground but runs off into waterways, like streams, ponds, lakes, and rivers.

As it flows, stormwater runoff collects and transports soil, animal waste, salt, fertilizers, oil and grease, pesticides, litter and other potential pollutants. This pollution can enter groundwater, streams, lakes, ponds, and rivers and can even affect the quality of our drinking water.

Increase in impervious surfaces cause more stormwater runoff. Because less water is soaking in, flooding can become more frequent and more destructive.

The Town of Cortlandt is a regulated community and has enacted updated Town ordinances governing stormwater. To learn more, visit our website at: www.townofcortlandt.com/stormwater

What can you do to help with Stormwater Issues?

Lawn Care

Most lawns tested in Westchester County DO NOT need more phosphorus. If you must fertilize, use phosphorus-free fertilizer (where the middle number on the bag is zero). Excess fertilizer flows into streams, lakes, rivers, and reservoirs, where it can degrade drinking water, lead to algae and plant growth and contribute to fish kills. Don't fertilize when rain is expected. Leave grass clippings on the lawn to recycle nutrients. More information on lawn care is available in the Town of Cortlandt Recycling brochure.



Septic System Maintenance

Failing septic systems can contaminate groundwater, drinking water and surface flows. Most of the Town of Cortlandt is serviced by individual septic systems. **Your septic system should be pumped and inspected regularly.** Generally, septic tanks should be cleaned out every 3-5 years, depending on the size of the tank. Do not pour chemicals, paints, fats, or excess medications down your pipes. Driving on or parking on septic field may

damage them.

Scoop the Poop

Please pick up after your dog or cat. It doesn't matter the size of the animal—all animal waste has an impact. Animal waste is easily carried by runoff, washing off roads and lawns. Pet waste contains harmful bacteria and phosphorus that can promote the growth of weeds and algae.



Landscaping Helps

Keep vegetation and organic material on the soil, especially on slopes. Landscape to limit the steepness or length of slopes. Build a buffer of vegetation by watercourses to help filter sediment. Replace the lawn at water's edge with shrubs, hedges or trees. Anything that slows the flow of water will help us give time for the pollution to be removed.

Care for your Car

Little drops of oil and gas add up. One pint of oil can cause an oil slick the size of a football field. Take used motor oil to gas stations. NEVER pour it down the drain. Take other fluids to approved recycling locations. Use saw dust or kitty litter to clean up leaks and spills in your driveway. Wash your car on your lawn if possible to capture runoff.

Reporting Stormwater Polluters

Your actions or the action of your neighbor can affect water resources. We are all downstream of someone. No polluted water should be allowed to go into our stormwater system. If you notice pollution of Stormwater you can report the details to the **Town of Cortlandt Stormwater Hotline** at **Town Code Enforcement** at **914-734-1010**.

WHAT DO YOU KNOW ABOUT THE TOWN OF CORTLANDT HEATING OIL PLAN, CHOP?

This is an initiative of your Supervisor and Town Board, designed to save you money on the high cost of heating your home this winter. Members of CHOP will be able to purchase oil at a discount, through our bulk purchasing arrangement. The cost will be 30 – 40 cents per gallon above the wholesale cost to our local distributors, averaging approximately 20 cents per gallon less than the homeowner can obtain. This results in a savings for our homeowners.

This is a totally voluntary program, in which all homeowners may join our oil plan by paying a \$5.00 membership fee. For additional information, frequently asked questions and for participating oil companies, visit www.townofcortlandt.com/chop for more information.



For your safety House Numbers must be posted to facilitate the ENHANCED 911 SYSTEM - FOR EMERGENCY RESPONSE

Building enumeration is a vital component of the E911 System. Local Law No. 5-1988 mandated the posting of your home number for the use of emergency response personnel. Public education and awareness of the requirements of E911 is difficult without the assistance of the general public and our local media. Please advise your neighbors of the need for house enumeration. We want to use all resources available to us to speed the delivery of emergency ser-vices to your homes and families. Thank you for your cooperation on this important issue. At all times we thank our first responders who protect our residents and our community.

For additional information call: 914-734-1040 (House Enumeration), 914-734-1010 (Location and # Size)

ATTENTION HOME OWNERS

If your home is equipped with an alarm system it must be registered with the Town by obtaining an alarm permit with pertinent information relative to your home. (i.e., animals, contact persons, etc.) These permits are valid for long as you own your home. A new permit must be obtained when ownership changes. The permit information is distributed to the appropriate emergency services to enable them to respond to the alarm more efficiently. Applications can be by mail and can be obtained from the code enforcement office. Call 914-734-1010 for any further information or application.

Your local Volunteer Ambulance Corps & Fire Departments urgently need volunteers to help their effort to provide Emergency Services to our Community Join your local department and learn new skills, make new friends and know you are helping to save lives and property and provide a real service to you community. Call the "house" number, listed in the phone book for more info or call:

Volunteer Fire Departments		Volunteer Ambulance Corps		
Buchanan Fire	914-737-3481 or 914-737-0334	Cortlandt (CCV	AC) 914-739-0881	
Continental Village	845-739-1020	Croton	914-271-2693	
Croton-on-Hudson	914-271-2693	Mohegan	914-526-1005	
Mohegan	914-526-0823	Verplanck	914-788-6943	
Montrose	914-737-8919	Peekskill	914-737-5310	
Verplanck	914-788-6943			
Peekskill	914-737-2760			

The Town does not provide accident insurance, The Town is not responsible for typographical errors.

HOW TO REGISTER FOR RECREATION PROGRAMS ONLINE

Winter/Spring 20221 Online Registration will begin on: Thursday, January 6, 2022 at 8:30 AM!



To create a family account and register for programs, follow the instructions below or on the Community Pass site.

How to Create a Family Account:

- 1. Go to www.townofcortlandt.com/reconline
- 2. From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
- 3. On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
- 4. On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.'
 Then click 'Finish.'
- 5. Please save your login and password for future use.

How to Register for Programs:

- 1. Go to www.townofcortlandt.com/reconline to log back into the system.
- 2. Log in using the permanent username and password for your account.
- 3. Click the 'Click Here to Register' button.
- 4. Select the applicable Catalog by clicking the 'Continue' button next to your choice.
- 5. Verify email. Click 'Continue'.
- 6. Select the person registering, then 'Continue'.
- 7. Select the program (s) you wish to attend.
- 8. When finished with selections, click 'Continue'.
- 9. Complete payment information.

If you have any questions concerning account activation, registration or payments, please call or email: 914-734-1050 or reconline@townofcortlandt.com

IMPORTANT REGISTRATION INFORMATION

• Registration can also be mailed to the Recreation office (PLEASE NOTE: Due to the popularity of our programming, and accessibility of online registration, mailing in your registration may result in waitlist); Office Hours 8:30 AM to 4:00 PM.

Town of Cortlandt Recreation & Conservation 1 Heady Street Cortlandt Manor, New York 10567-1254

- Use the appropriate registration form included in the back of this brochure for registrations.
- Include cash, a check, or a money order payable to THE TOWN OF CORTLANDT RECREATION for the total amount.
- Individual checks are necessary for separate courses and camp programs.
 - If a check is returned to the Recreation Division due to insufficient funds, there will be a \$20.00 service charge.
 - Checks **CANNOT BE REDEPOSITED**. Cash or Money Order will be required immediately to replace returned check and service charge.
- There is a point when a program must be canceled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. Please register early!
- It is recommended that your registration be completed a minimum of two (2) weeks prior to the start of the program.
- If space is available in any program (Including camp) one week prior to the start of the program, nonresidents will be allowed to participate by paying a 20% surcharge of the higher fee.

THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.

TOWN OF CORTLANDT RECREATION PHOTO ID CARDS

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. **Note that all valid photo ID cards have expiration dates.** Please check your card.

- Previously issued ID cards are NOT acceptable as current proof of residency.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.
- Adult and Youth ID Card fee, \$7.00.
- Senior Citizen ID Card fee (60+, must provide identification), \$3.50.

<u>Town of Cortlandt Recreation Photo ID Cards VIA COMMUNITY PASS and EMAIL procedures:</u>

- Residents must first create an account through Community Pass (*Please be sure to enter every household member into your family account that you would like to have registered for a Town of Cortlandt Recreation ID Card):
 - Go to www.townofcortlandt.com/reconline
 - From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
 - On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
 - On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.'
 - Then click 'Finish'. Please save your login and password for future use.
- 2. Each adult resident in the household requesting an ID Card must submit two forms of proof of residency (Drivers license, current utility bill, current paystub, check with Town of Cortlandt address, car registration, etc. Previously issued ID cards are NOT acceptable as current proof of residency), via email to recidcard@townofcortlandt.com, along with the following.
 - Residents must also specify which family members in their account would like an ID Card
 - Residents must also submit photos of each family member requesting an ID Card
 - In color
 - Taken within the past 6 months, showing current appearance.
 - Use a clear image of your face. Do not use filters commonly used on social media.
 - Full face, front view with a plain background.
 - Have someone else take your photo. No selfies.
 - Do not wear a hat or headgear.
 - Do not wear sunglasses.
- 3. Office staff will then register each family member for their ID Cards.
- 4. Residents will be notified when their ID Cards are registered through Community Pass. Families will not be eligible to register for any other program tuntil the balance for their ID Cards is paid in full.
- 5. Finally, office staff will print the physical ID Cards, and mail them to the address on the residents Community Pass account.

Residents can also get their Town of Cortlandt Recreation Photo ID Cards directly at Town of Cortlandt Town Hall from 9:00 AM- 3:30 PM, no appointment required, please call 914-734-1050 for more information. Must bring two forms of proof of residency.

Buchanan and Croton residents may use their Village ID card to receive our ID card rate for all programs except our summer swim passes and summer swim lessons. If you have a Buchanan or Croton Village ID Card and wish to register for a program online, please contact the Town of Cortlandt Recreation Department at recidcard@townofcortlandt.com.

REFUND/CREDIT POLICY

- Any refund request because of illness or accident must be submitted in writing and be accompanied by a Doctor's
 Note. Refunds will be prorated based on the date received. Requests must be made prior to the end of the
 program and will not be considered when a program is half over. All requests must be submitted in writing.
- All other refund/credit requests (Other than medical) must also be submitted in writing and will be assessed a \$15.00 processing fee and issued a prorated program credit based on the date received. The credit must be used within two years from the date and must be mailed in with your application to ensure proper credit towards your next program or league registration. The credit is not replaceable original form must be sub-mitted for credit.
- Whether the initial registration is paid via cash, check, or credit card, **all refunds** will be issued via check.

<u>CHECKS</u>: If a check is returned to the Recreation Department due to insufficient funds, there will be a \$20.00 ser-vice charge. Checks CANNOT BE REDEPOSITED. Cash or Money Order will be required immediately to replace re-turned check and service charge.

SLIDING FEE SCALE AVAILABLE

It is the intention of the Town that no resident of the Town be denied the ability to participate in programs because of an inability to pay. Income Tax backup is necessary, unemployment information, and any other paper work is request- ed for financial help already received by any other agencies. The fee reduction can be used with any program registra- tion, sports league or resident pass in the Recreation Division. Fee reduction applications are available in the Recreation Office through Emma Giovinco at emmag@townofcortlandt.com or 914-734-1054 or John Palmiotto, Director, Town of Cortlandt Recreation & Conservation at 914-734-1051.

RECREATION SUGGESTION BOX

There may be an activity or program that you enjoy which is not presently offered by the Recreation Division. You may also have ideas for new programs or constructive comments on the improvement of existing programs and services. In either case, the Town of Cortlandt Recreation Division encourages Town residents to express their particular ideas and concerns. Please help us to offer to you the programs and services, which you desire. Send all ideas and comments to tocrec@townofcortlandt.com

HANDICAPPED ACCESSIBILITY

Programs described in this brochure have been audited by our staff to determine general accessibility. All Town of Cortlandt facilities and Schools that are used to hold our programs are barrier free. For programs that are held outdoors please call the Recreation Department at 914-734-1050 for information.

TOWN OF CORTLANDT RECREATION DEPARTMENT PROGRAMS AND COVID-19

• Due to the COVID-19 pandemic and the constantly changing directives coming from federal, state and local authorities all programs in our brochure are subject to date, location change and cancelation. We anticipate that many factors will be impacting our programs this season including facility availability from Schools, Health Clubs and County Parks. The Town of Cortlandt Recreation will be following all directives from the CDC, New York State and the Westchester County Health Department including the wearing of face masks and social distancing. We thank you in advance for your consideration. The safety of our participants and staff is our number one priority.

The winter weather is unpredictable, and inclement or dangerous conditions may warrant the cancellation of some programs on those days. Information on cancellation is available on our answering machine, which takes over at our 914-734-1053 phone number after 4:00 PM on weekdays and all day weekends. Programs cancelled due to inclement weather will be made up if the schedule permits make-up dates. When winter weather conditions cause delays or pro-gram cancellations, announcements will be made over radio station WHUD-FM (100.7). The Radio Station will be notified as soon as a program cancellation is made. Please do not call the radio station but listen to WHUD-FM for information.

The Town is not responsible for typographical errors.

TOWN OF CORTLANDT SENIOR SERVICES THE CORTLANDT GOLDEN CONNECTION

Director for Senior Services, Dawn J. Mahoney

To be **ELIGIBLE** to participate in any of the following Programs and Services you **MUST** be a **TOWN OF CORTLANDT RESIDENT** with proof of residency – a current Con Ed bill or telephone bill required **MUST** be least 60+ years of age.

For senior program information call 914-528-1572.

CLUBS

Cortlandt, Nor-Cort and Crompond Club meetings take place at the Muriel H. Morabito Community Center on West-brook Drive.* Verplanck Club meets at the Verplanck Schoolhouse, 6th Street, Verplanck. Special trips information symposiums and socials are all part of club membership. To be a member of any of the above-mentioned clubs, you must be a resident of the Town of Cortlandt.

NOR-CORT AND CORTLANDT SENIOR CITIZENS' CLUBS

The Senior Citizens' Clubs of the Town of Cortlandt meet at the Muriel H. Morabito Center on the following days: Nor-Cort Seniors' Club - Tuesday, meeting begins at 10:30 AM Cortlandt Seniors' Club - Wednesday, meeting begins at 10:30 AM

Coffee and cake will be served.

Ongoing Golden Connection Activities at the Muriel H. Morabito Community Center.

Monday 10:30 AM - 11:30 AM Line Dance Exercise Class

12:30 PM - 2:30 PM Ceramics Class

Tuesday 10:00 AM - 1:00 PM Nor-Cort Senior Club
Wednesday 10:00 AM - 1:00 PM Cortlandt Senior Club
Thursday 10:30 AM - 11:30 AM Chair Yoga Exercise Class
No class when Veteran's meetings are held

10:00 AM - 2:00 PM Verplanck Senior Club

(Verplanck School house)*

Friday 10:15 AM - 11:15 AM Low Impact Exercise Class

12:15 PM - 1:00 PM Zumba Gold Exercise Class

COURSE DESCRIPTIONS

We offer a myriad of ongoing exercise classes through the year at no cost to Town of Cortlandt Seniors.

Mondays - Line Dance • 10:30 AM-11:30 AM • Instructor: Cameron Kelly

Come Line Dance! Love to dance but don't have a partner! No problem! Come on over and burn some calories, get some exercise, have some laughs, and meet some great people who love to line dance.

Thursdays - Chair Yoga • 10:30 AM-11:30 AM • Instructor: Karen Lett

The plan for the chair yoga class is to offer seniors health benefits by working on their physical activity. Seniors can find yoga to help their balance and stability. The participants will learn to work their breath, movement, and energy for balance and stress relief.

Fridays - Low Impact Aerobics and Muscle Strengthening/Flexibility • 10:15 AM-11:15 AM • Instructor: Lori Barr

Come join this low-impact aerobics/muscle strengthening/flexibility class done to fun music in a safe, supportive, welcoming atmosphere. You'll burn fat, improve your heart health, build stronger muscles, and bones and increase your flexibility. This class is very appropriate for beginners and modifications will be demonstrated for several experience levels. All levels are welcome!

Fridays - Zumba Gold • 12:15 PM-1:00 PM• Instructor: Suzi Tipa

Perfect for our active older adults, Zumba Gold incorporates all of the energy, fun, and international rhythms of a traditional Zumba class, but at a lower intensity. Our class introduces easy-to-follow Zumba choreography focusing on balance, range of motion, and coordination. You can modify any of the movements to suit your personal fitness level and goals. Come ready to sweat, and prepare to leave feeling empowered, strong and energized!

Non-resident senior rate available. Please call 914-528-1572 for more details/information

The following programs are funded under the Older Americans Act of 1965 as amended, through the cooperation of:

The Department of Health & Human Services New York State Office of the Aging Westchester County Department of Senior Programs & Services Town of Cortlandt

<u>TOWN OF CORTLANDT SENIOR PROGRAM INFORMATION</u> - To assist seniors with other agency program information a Social Worker is available as needed. Call 914-528-8377 for referral.

BEREAVEMENT SUPPORT

Bereavement support is available to those who are grieving a recent death and provide a safe and supportive environment where people can verbalize feelings associated with a loss. Beth Miller, LMSW will be available for support by appointment only. Please call 914-528-1572 for more information.

BUS TRANSPORTATION TO THE MURIEL H. MORABITO COMMUNITY CENTER

Funded through the US Department of Health and Human Services-Administration on Aging (AoA), New York State Office for the Aging, Westchester County Department of Senior Programs and Services, and the Town of Cortlandt. Transportation is available Monday thru Friday to the Muriel H. Morabito Community Center for lunch and/or senior programs. Seniors are picked up in the morning and returned back home in the afternoon. In order for the Bus Service to operate, *a minimum of 6 seniors are required*. The contribution for bus transportation to and from the center is \$3.00. For congregate meals and bus transportation call (914) 528-5164. Seniors must call the day before by 11:00 AM to secure lunch and/or transportation and some restrictions apply.

COMPUTER LAB AND TECH ASSISTANCE

Community Center staff is available to assist with basic cell phone questions, ie. Connect to Wi-Fi, create a contact, or even on how to take a selfie. The computers are available for daily use from 9:00 AM– 2:00 PM; except during pre scheduled computer classes.

NUTRITION PROGRAM

An on-site and home delivery service that provides persons age 60+ with a nutritious and well-balanced noon-time meal. Those needing or knowing of individuals needing the Home Delivered Service must call for eligibility requirements or for procedure to have lunch at the Muriel H. Morabito Community Center. The contribution for seniors who attend the Nutrition Program is \$4.00 and for Home Delivered Meals is \$5.00. For Home delivered meals call 914-528-8377. Grab N Go meal service will continue so that seniors can pickup a hot lunch and take it home.

OPERATION SNOWFLAKE

The Town of Cortlandt Senior Services Division offers a snow shoveling service for eligible Senior Citizens who reside in the Town of Cortlandt based on availability. Seniors who are unable to shovel their walkway should call the Muriel H. Morabito Center at 914-528-8377 for eligibility and registration.

SENIOR CITIZENS MEDICAL & PHARMACY TRANSPORTATION

This service offers transportation to area doctors, medical facilities, pharmacies and back home again to those eligible Town of Cortlandt Seniors. The Medical car runs on Monday, Thursday and Friday. Transportation available to the following areas: Yorktown, Jefferson Valley, Lake Peekskill, Peekskill, Cortlandt Manor, Buchanan, Verplanck, and Croton on Hudson. For advanced reservations and information call Becky Ferguson at 914-528-8377. The contribution for the medical car is \$5.00. *Some restrictions apply. Seniors must be independent and/or have a companion to ride/assist.

SHOPPING

The shopping bus will pick up Cortlandt Seniors at their home to go to the Cortlandt Town Center every Thursday and to the Jefferson Valley Mall on the 3rd Monday of the month. Seniors will be returned to their homes after shopping. The contribution for the shopping bus is \$3.00.

Every Thursday Cortlandt Town Center, Rte. 6 • 10:00 AM - 2:00 PM 3rd Monday of Month Jefferson Valley Mall • 11:00 AM - 1:30 PM

(If the 3rd Monday is a holiday, the mall bus will run the following Monday.)

Call 914-528-8377 for reservations and information.

*Some restrictions apply. In order for shopping bus to operate a minimum number of 6 seniors are required.

SENIOR SERVICES SPECIAL EVENTS AND CLASSES

7TH ANNUAL "CORTLANDT SENIORS ACADEMY AWARDS AFTERNOON"

Walk the Red Carpet... Vote on your Fav's... Be Voted Best Dressed... Enjoy A Catered Lunch... Stop by the Center on March 22 for an afternoon of glam, glitz, goodies, and prizes! Gowns, suits, glamour and garb are encouraged! Walk the Red Carpet and strut your stuff.

Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor

Day: Tuesday, March 22; Snow date Wednesday, March 23

Time: 11 AM - 2 PM; Doors open at 10:30 AM!

Fee: \$7.00 in advance; make checks payable to Cortlandt Rotary Club

Must RSVP to 914-528-1572 by March 15 with payment. For more information please call the Cortlandt Rotary at 914-246-0135. *Maximum of 75 participants, unless NYS Covid-19 restrictions have been amended.*



BINGO AFTERNOON

Join the staff for fun, friends and cash prizes! Pots vary.

Location: Muriel H. Morabito Community Center

Day: Wednesdays: January 19, February 9, March 9, April 13

Time: 12:30 PM - 2:30 PM

Fee: \$7.00 cash entrance fee paid in advance which includes 1 card for each game.

Additional cards, daubers, and bonus games may be purchased the day of the event.

Registration: Pre-registration with payment is required to secure your spot.

Call 914-528-1572 for more information.

IPAD BASICS COURSE

Instructor, Helen Markus

*Prerequisite: None (Please know your password to open the IPad and your Apple ID or create one in class. Wi-Fi sign on ID will be provided in classroom.) This is an IPad class and not an IPhone class though many features and similarities are common to both. In this hands on course you will learn the following IPad topics: getting started with the IPad, using IOS operating system, using the keyboard, browsing with safari, installing and managing apps, security and general settings (wallpaper and sounds), managing notifications, syncing your IPad, email, contacts, calendar, reminders, messages, FaceTime, camera and photos.

Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor

Day/Time: Thursday, February 10 & Friday, February 11

Time: 9:30 AM - 11:30 AM

Total number of hours: 4 hours total (2 X 2 hours sessions)

Fee: \$20.00; checks made payable to Town of Cortlandt

Registration: Call 914-528-1572 for more information. Computer classes are available to Town of Cortlandt

Senior Citizens 60+ years of age. Four (4) seniors are needed to run each class. Registration

will be based on a first come first served basis.

WATERCOLOR PAINTING CLASS Instructor, Hillary Hostetler

Join friends and make new ones. Paint various floral and landscapes with Hillary. Full instruction will be given for beginners through advanced. Bring your own supplies as per supply list. You will receive a supply list when you register. If you can't get your own supplies the fee is an additional \$12 pp for the 6 sessions. Instructor will NOT provide materials for first class.

Location: Muriel H. Morabito Community Center

Day/Date: Thursdays, April 7, 14, 21, 28, May 5, 12 (6 weeks)

Time: 12:30 PM - 2:30 PM

Fee: \$60; checks payable to Town of Cortlandt

Registration: Pre-registration required no later than 1 week before w/ payment. Minimum number

to run the class is 8; max is 10. Call 528-1572 for more information.

PIZZA AND A MOVIE AFTERNOON

Come join us for an afternoon matinee on our 70 inch flat screen.

Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor

Day: Friday, Jan. 7 **The Call of the Wild**

Friday, Feb. 4 Senior Moment
Friday, March 4 Shall We Dance
Friday, April 1 Here Today

Friday, May 6 **12 Mighty Orphans**

Time: 1:00 PM-3:00 PM or until movie ends

Fee: \$5 (includes pizza, drink and dessert)

Registration: Pre-registration required with payment. Must register no later than 1 week before, maximum 20.

WII BOWLING

Play Wii Bowling on our large screen TV. New bowlers welcome!

Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor

Day/ Date: Thursdays
Time: 11:45 AM
Fee: Free

Call 914-528-1572 for more information.

YC GAMING

Seniors are welcome to stop by the Youth Center and utilize the game tables including: ping pong, pool, air hockey, and foosball. Participants must provide two proofs of residency and complete a form their first day.

Location: Cortlandt Youth Center, 3 Memorial Drive, Croton **Day/Date:** Tuesdays, January 11- April 26 (closed 2/22 & 4/12)

Time: 10:30 AM- 12:30 PM

Fee: Free

ROCKIN' THE CLOCK

Our ACE-certified instructor, Jody Alesandro, is back! Dance-fitness classes for active seniors and rock lovers of all ages!

Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor Day/ Date: Thursdays, March 17, 24, 31, April 7, 14, 21, 28, May 5, 12, 19, 26 (11 sessions)

Time: 9:30 AM- 10:30 AM

Fee: Free

MEMOIR STORY TELLING: WHAT'S YOUR STORY? MINING OUR MEMORIES FOR EFFECTIVE, ENGAGING PERSONAL STORIES WITH JUDITH HEINEMAN

Our stories, our treasures to share as legacies for our families and friends. They preserve and pass on traditions. Stories allow our unique voices to be heard. Everyone has a story worth knowing. Explore the art of memoir and story telling in a fun, safe, interactive, nurturing environment. We will work individually, in pairs and in small groups. Guided exercises and writing prompts will bring memories to life in powerful well-structured narratives. We will discuss the possibility of sharing our newly crafted stories with an invited audience at our last class. No experience necessary.

Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor

Day/Date: Mondays, April 4, 11, 18, 25 May 2 (5 weeks)

Time: 12:00 PM- 1:30 PM

Fee: \$30.00; checks payable to the Town of Cortlandt

Pre-registration required no later than 1 week before with payment. Minimum number

to run the class is 8, maximum is 10. Call 528-1572 for more information.

Join other Veterans once a month for coffee and bagels for an informal meeting held, generally, on the last Thursday of the month. (Call 914-528-1572 to check dates). The meeting is held at the Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor, NY at 11:00 AM. Come meet your fellow Veterans to find out what is happening at the V.A. and other important information pertaining to Veterans.

WINTER & SPRING ADULT PROGRAMS

Town of Cortlandt Seniors (residents only) ages 60 and over receive a 50% discount for recreation programs The 50% discount for recreation programs will also be offered to Town of Cortlandt Disabled Veterans and their spouses (Proof required for both discounts)

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053 THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

PLEASE SEE PAGE 17 FOR TOWN OF CORTLANDT RECREATION COVID-19 INFORMATION AND PROTOCOLS.

BADMINTON Sanjeeb Dash, Director

This will be a non league badminton program designed for adults. The program is for fun and exercise. Players of all skill levels are welcome to come for free play.

Course Number: 401-1W

Location: Blue Mountain Middle School Gym

Day/Date: Tuesday, Starting Date: January 25 (8 Sessions)

Time: 6:30 PM - 8:00 PM

Fee: \$40 with ID/\$45 without ID/\$54 nonresident

Course Number: 401-1S

Location: Blue Mountain Middle School Gym

Day: Tuesday, Starting Date: April 19 (8 Sessions)

Time: 6:30 PM - 8:00 PM

Fee: \$40 with ID/\$45 without ID/\$54 nonresident

BASKETBALL (18 & Over)

Free Play Basketball. Registration closed after third session.

Course Number: 400-1W

Location: Hendrick Hudson High School Gym

Day/Date: Tuesday, Starting Date: January 18 (16 sessions)

Time: 8:00 PM - 10:00 PM

Fee: \$55 with ID/ \$60 without ID/ \$72 nonresident

BASKETBALL (30 & Over)

Free Play Basketball. Registration closed after third session.

Course Number: 400-2W

Location: Blue Mt. Middle School Gym

Day: Saturday, Starting Date: January 15 (16 sessions)

Time: 10:00 AM - 12:00 PM

Fee: \$55with ID/\$60 without ID/\$72nonresident

Registration: Pre-registration required. Call 914-528-1572 for more information.

CORTLANDT STAMP CLUB Bob Gioia, President and Roberta Gaudineer, Vice President, 914-737-4552

Join a group of worldwide stamp collectors for the excitement of a life long hobby. Beginners are more than

welcome. Participate in the Stamp Treasure Chest. Youths under 12 are welcome with an adult.

Location: Hendrick Hudson Free Library

Day/Date: Wednesday, 2nd and 4th of each month Starting Date: January 12- June 22

Time: 6:30 PM- 7:45 PM

Fee: \$5 Yearly Donation to Cortlandt Stamp Club (Payable at Club Meeting)

DEFENSIVE DRIVING COURSE (6 Hours total) B.J. Jani, Instructor

This is an approved course by the Department of Motor Vehicles. On completion of this course the DMV will reduce points from the license and insurance company's gives discounts on the Liability and Collision portion of the automobile insurance premiums. It is a great course that helps you learn techniques to become a safer driver. PLEASE BRING YOUR DRIVERS LICENSE AND A PEN. Meet in High School front Lobby prior to first class.

Course Number: 403-1W

Location: Hendrick Hudson High School (Room TBA) **Day/Date:** Tuesday & Wednesday, March 15, 16 (2 sessions)

Time: 6:30 PM - 9:30 PM

Fee: \$45 with ID/\$50 without ID/\$60 nonresident

Course Number: 403-1S

Location: Hendrick Hudson High School (Room TBA) **Day/Date:** Tuesday & Wednesday, April 19, 20 (2 sessions)

Time: 6:30 PM - 9:30 PM

Fee: \$45 with ID/ \$50 without ID/ \$60 nonresident

GUITAR LESSONS (Youth & Adults Ages 14 and Over) Larry Del Casale, Instructor

This course is designed for beginners to intermediate level students. All students will begin on the guitar immediately. You will learn songs that you want to play in addition to classic songs. Students will be taught proper technique, the fundamentals of reading music, chord charts and TABs for songs. **Students must have their own functioning instrument.** Instruction by NYS certified music teacher. Limited enrollment of 4 students.

Course Number: 407-1W

Location: Community Room (CUE), Cortlandt Town Center

Day/Date: Saturday, February 5 (5 sessions)

Time: 2:00 PM - 3:00 PM

Fee: \$100 with ID/\$105 without ID/\$126 nonresident

Course Number: 407-1S

Location: Community Room (CUE), Cortlandt Town Center

Day/Date: Saturday, April 23 (5 sessions)

Time: 2:00 PM - 3:00 PM

Fee: \$100 with ID/\$105 without ID/\$126 nonresident

GUITAR LESSONS - CLASSICAL (Youth & Adults Ages 14 and Over) Larry Del Casale, Instructor

Beginners to advanced. This course is rooted in proper guitar technique and reading music. Learn the music of the masters by a professional concert guitarist and NYS certified music teacher. This class is intense yet enjoyable.

Students must have a nylon string guitar. Limited to 4 students.

Course Number: 408-1W

Location: Community Room (CUE), Cortlandt Town Center **Day/Date:** Saturday, Starting Date: February 5 (5 sessions)

Time: 3:15 PM - 4:15 PM

Fee: \$100 with ID/\$105 without ID/\$126 nonresident

Course Number: 408-1S

Location: Community Room (CUE), Cortlandt Town Center **Day/Date:** Saturday, Starting Date: April 23 (5 sessions)

Time: 3:15 PM - 4:15 PM

Fee: \$100 with ID/\$105 without ID/\$126 nonresident

INTRODUCTION TO LEARNING JAPANESE LANGUAGE (Ages 12 & Older) Nick DeMauro, Instructor

This course is designed to provide an introduction to spoken and written Japanese, aimed towards beginning to intermediate learners. Over the course of this 10 week session, students will learn the essentials of Japanese grammar, vocabulary, and writing. In addition, students will also receive an overview of Japanese culture and history in order to contextualize the language. Both adults and children welcome!

Course Number: 425-1S

Location: Community Room (CUE), Cortlandt Town Center **Day/Dates:** Monday, starting date: March 28 (10 sessions)

Time: 7:30 PM- 8:30 PM

Fee: \$150 with ID/\$155 without ID/\$186 nonresident

INTRODUCTION TO SWORDSMANSHIP (Ages 12 & Older)

A fun class that teaches martial arts swordsmanship with a science fiction twist. Class includes warm ups, technique western fencing, drills, and fight choreography. Participants are encouraged to wear gym attire clothes so that they can stretch freely. This class is taught like a martial arts class and uses combat strength sabers for safety.

Course Number: 439-1W

Location: Community Room (CUE), Cortlandt Town Center **Day/Date:** Sunday, starting date: February 6 (16 sessions)

Time: 4:30 PM - 6:00 PM

Fee: \$65 with ID/\$70 without ID/\$83 nonresident

ADVANCED SWORDSMANSHIP (Participants must have completed beginner class to register)

Course Number: 432-2W

Location: Community Room (CUE), Cortlandt Town Center **Day/ Date:** Sunday, starting date: February 6 (16 sessions)

Time: 6:00 PM- 7:30 PM

Fee: \$65 with ID/\$70 without ID/\$83 nonresident

KARATE & ADVANCED KARATE (Ages 10 & Older) Jeff Butler, Instructor

This is a traditionally taught martial arts class that operates throughout the year. New participants may wear comfortable clothes that are appropriate to go to the gym. Returning students will wear the class uniforms. Belt ranks are given as people progress from one level to the next. Class activities include warm ups, stretching, basic techniques, heavy bag/focus mitts, single and partner drills as well as sparring and self-defense. Parents of youth members: Youth must initially be accompanied by an adult until the instructor gives parents' permission to drop them off.

Course Number: 410-1W

Location: Community Room (CUE), Cortlandt Town Center **Day/Date:** Thursday, Starting Date: February 17 (16 sessions)

Time: 6:00 PM - 8:00 PM

Fee: \$60 with ID/\$65 without ID/\$78 nonresident

MEDITATION SEMINAR

Meditation is calming the mind to relax. I will be teaching all of you many techniques to be able to calm your mind and relax more. Come and join us for this 2 hour seminar. Eat light before class, bring a pillow or mat to class to sit on. (chairs are available)

Course Number: 412-1W

Location: Community Room (CUE), Cortlandt Town Center

Day/Date: Tuesday, April 5 (One, two hour session)

Time: 6:30 PM - 8:00 PM

Fee: \$25 with ID/ \$30 without ID\$36 nonresident

Course Number: 412-2S

Location: Community Room (CUE), Cortlandt Town Center

Day/Date: Tuesday, June 28 (One, two hour session)

Time: 6:00 PM- 8:00 PM

Fee: \$25 with ID/\$30 without ID/\$36 nonresident

NOR WEST REGIONAL SPECIAL SERVICES Program Coordinator, Interim Director Wendy Greenfield THERAPEUTIC PROGRAMS FOR INDIVIDUALS WITH DEVELOPMENTAL AND COGNITIVE IMPAIRMENTS

Nor West Regional Special Services Is a social service agency that provides community-based therapeutic recreation programs, res-pite and transportation services to persons with differing abilities residing in the northwestern portion of Westchester County. They serve ages 8-65 in a variety of community-based weekly programs and special events, designed primarily for individuals with developmental disabilities. Transportation is provided to catchment-area residents from central stops in Peekskill, Cortlandt, Yorktown, and Ossining. Individuals living at home and enrolled in the Home & Community Based Services Waiver do not pay registration fees. For further information and current program information, visit their website: www.nor-west.org or call 914-737-4797.

PILATES ON THE MAT

Karen Lett, Instructor

Pilates is a system of exercises designed to improve physical strength, flexibility, and posture as well as enhance mental awareness. Bring water and a mat.

Course Number: 414-1W

Location: Community Room (CUE), Cortlandt Town Center **Day/Date:** Thursday, Starting Date: January 20 (10 Sessions)

Time: 8:45 AM - 9:45 AM

Fee: \$90 with ID/\$95 without ID/\$114 nonresident

Course Number: 414-1S

Location: Community Room (CUE), Cortlandt Town Center **Day/Date:** Thursday, Starting Date: April 14 (10 Sessions)

Time: 8:45 AM - 9:45 AM

Fee: \$90 with ID/\$95 without ID/\$114 nonresident

VOLLEYBALL

A non-league volleyball program designed for adults. Two Co-Ed Volleyball programs will be offered. Wednesday evenings are for the more skilled players. These programs are for fun and exercise. Come out and have a good time!

VOLLEYBALL ADVANCED (Advanced Players Only) Patrick Ferguson, Supervisor

Course Number: 418-1W

Location: George Washington Elementary School Gym **Day:** Wednesday, Starting Date: March 2 (8 sessions)

Time: 7:00 PM - 9:00 PM

Fee: \$32 with ID/ \$37 without ID/ \$45 nonresident

VOLLEYBALL (Beginners) Patrick Ferguson, Supervisor

Course Number: 419-1W

Location: George Washington Elementary School Gym **Day:** Wednesday, Starting Date: March 2 (8 sessions)

Time: 6:00 PM - 7:00 PM

Fee: \$20 with ID/ \$25 without ID/ \$30 nonresident

YOGA ANYONE Instructor, Ruane M. Edge

Have you ever wanted to try yoga? Do you have stress in your life? This class will take you step-by-step thru beginner's yoga learn-ing breathing techniques, yoga poses (for all parts of the body) and finally deep relaxation/meditation at the end of the class leav-ing you totally relaxed. Week after week you will feel your flexibility, strength and focus improving and stress going away. Do not eat one (1) hour before class! Bring water and a yoga mat to class. *PLEASE NOTE: Due to the popularity of this program, NONRESIDENTS will be auto-waitlisted. If space is available in the program one week prior to the start date, the Town of Cortlandt Recreation Department will contact you and non residents will be allowed to participate by paying a 20% surcharge of the higher fee.

Course Number: 430-1W

Location: Community Room (CUE), Cortlandt Town Center **Day/Date:** Monday, Starting Date: January 24 (10 sessions)

Time: 10:00 AM - 11:00 AM

Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

Course Number: 430-2W

Location: Community Room (CUE), Cortlandt Town Center

Day/Date: Monday, Starting January 24 (10 sessions)

Time: 6:15 PM - 7:15 PM

Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

Course Number: 430-3W* some yoga experience required

Location: Community Room (CUE), Cortlandt Town Center

Day/Date: Tuesday, Starting January 25 (10 sessions)

Time: 10:00 AM - 11:00 AM

Fee: \$90 with ID/\$95 without ID/\$114 nonresident

Course Number: 430-1S

Location: Community Room (CUE), Cortlandt Town Center

Day/Date: Monday, Starting April 25 (10 sessions)

Time: 10:00 AM - 11:00 AM

Fee: \$80 with ID/\$85 without ID/\$102 nonresident

Course Number: 430-2S

Location: Community Room (CUE), Cortlandt Town Center

Day/Date: Monday, Starting April 25 (10 sessions)

Time: 6:15 PM - 7:15 PM

Fee: \$80 with ID/\$85 without ID/\$102 nonresident

Course Number: 430-3S* some yoga experience required

Location: Community Room (CUE), Cortlandt Town Center

Day/Date: Tuesday, Starting April 26 (10 sessions)

Time: 10:00 AM - 11:00 AM

Fee: \$80 with ID/\$85 without ID/\$102 nonresident

YOGA AND MORE Karen Left, Instructor

An intermediate practice incorporating additional elements of core, movement, strength, and energy work, sometimes using props. Bring water and a mat to class. Also bring a block and light weights if you have them.

Course Number: 433-1W

Location: Community Room (CUE), Cortlandt Town Center

Day/Date: Tuesday, Starting January 18 (10 sessions)

Time: 6:30 PM - 7:45 PM

Fee: \$90 with ID/\$95 without ID/\$114 nonresident

Course Number: 433-1S

Location: Community Room (CUE), Cortlandt Town Center **Day/ Date:** Monday, Starting Date: April 12 (10 sessions)

Time: 6:30 PM- 7:45 PM

Fee: \$90 with ID/\$95 without ID/\$114 nonresident

YOGA 2.0 Karen Lett, Instructor

An Intermediate practice to decrease stress and increase strength, flexibility, balance, focus, and overall well-being as you refine your alignment and deepen your yoga practice. Bring a yoga mat and water to class. Also bring blocks and a strap if you have them.

Course Number: 442-1W

Location: Community Room (CUE), Cortlandt Town Center **Day/ Date:** Wednesday, Starting Date: January 19 (10 sessions)

Time: 6:30 PM - 7:45 PM

Fee: \$90 with ID/\$95 without ID/\$114 nonresident

Course Number: 442-1S

Location: Community Room (CUE), Cortlandt Town Center **Day/ Date:** Wednesday, Starting Date: April 13 (10 sessions)

Time: 6:30 PM - 7:45 PM

Fee: \$90 with ID/\$95 without ID/\$114 nonresident

WOGA: Weights and Yoga Ruane M. Edge, Instructor

As we get older, our muscle mass decreases. Using one pound weights, we will build muscle! As well as toning with yoga. We will end class with a five minute meditation. Do not eat two hours before the class. Bring water, a yoga mat, and one pound weight to class.

Course Number: 442-1W

Location: Community Room (CUE), Cortlandt Town Center **Day/ Date:** Wednesdays, starting date: January 26 (10 sessions)

Time: 10:00AM - 11:00AM

Fee: \$90 with ID/\$95 without ID/\$114 nonresident

Course Number: 442-1S

Location: Community Room (CUE), Cortlandt Town Center **Day/ Date:** Wednesdays, starting date: April 27 (10 sessions)

Time: 10:00 AM - 11:00 AM

Fee: \$90 with ID/\$95 without ID/\$114 nonresident

WINTER & SPRING YOUTH PROGRAMS

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053 THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

PLEASE SEE PAGE 17 FOR TOWN OF CORTLANDT RECREATION COVID-19 INFORMATION AND PROTOCOLS.

AFTER SCHOOL BOWLING (Ages 8-15)

This program is designed for the Town of Cortlandt Youth so that they can experience bowling in a league format with friends and schoolmates. Participants play 2 games of bowling, free shoe rental, trophies, and a year end party.

Course Number: 302-1W

Location: Cortlandt Bowling Lanes

Day/Date: Friday, Starting Date: January 21 (12 weeks)

Time: 4:00 PM - 5:30 PM

Fee: \$125 with ID/\$130 without ID/\$156 nonresident

Course Number: 302-1S

Location: Cortlandt Bowling Lanes

Day/Date: Friday, Starting Date: April 22 (12 weeks)

Time: 4:00 PM - 5:30 PM

Fee: \$125 with ID/\$130 without ID/\$156 nonresident

ALL ABOUT BIRD NESTS (Ages 3-7)

Have an "egg-citing egg-sperience" as we learn how different nests are constructed, make a nest-material station for birds, and even do an "egg-speriment". We might even try building a giant nest ourselves! Adult caregivers need not stay, but are welcome to join if children are more comfortable with their presence.

Course Number: 909-1S

Location: Georges Island Park, Dutch St., Montrose NY 10548

Look for sign at side of gatehouse for exact location

Day/Date: Sunday, April 3 Time: 1:00 PM -2:30 PM

Fee: \$5 with ID/\$10 without ID/\$12 nonresident

AMERICAN RED CROSS BABYSITTING COURSE - (Ages 11-15) See YC SPECIALTY PROGRAMS

ART EXPLORERS (Grades K- 3rd) Cathy Carabee-Faiella, Instructor

Enjoy elbow deep excitement experimenting with artist quality materials & techniques including 3D fun, painting, drawing, paper mache, and collage in an encouraging supportive environment. Your young artist will stretch their imagination & observational skills to develop their own artistic voice while drawing inspiration from famous artists & art from around the world. Creative risk taking was never so much fun! New projects each session!

Course Number: 300-1W

Location: Cortlandt Youth Center, 3 Memorial Dr., Croton **Day/Date:** Monday, Starting Date: January 24 (4 sessions)

Time: 4:00 PM - 5:15 PM

Fee: \$130 with ID/\$135 without ID/\$162 nonresident

Course Number: 300-2W

Location: Cortlandt Youth Center, 3 Memorial Dr., Croton **Day/Date:** Monday, Starting Date: March 7 (4 sessions)

Time: 4:00 PM - 5:15 PM

Fee: \$130 with ID/\$135 without ID/\$162 nonresident

Course Number: 301-1S

Location: Cortlandt Youth Center, 3 Memorial Dr., Croton

Day/Date: Monday, April 18 (4 sessions)

Time: 4:00 PM - 5:15 PM

Fee: \$130 with ID/\$135 without ID/\$162 nonresident

Course Number: 301-2S

Location: Youth Center, 3 Memorial Dr., Croton

Day/Date: Monday, May 16 (4 sessions)

Time: 4:00 PM- 5:15 PM

Fee: \$130 with ID/\$135 without ID/\$162 nonresident

ART QUEST (Grades 3rd-7th) Cathy Carabee-Faiella, Instructor

Crazy art exercises will help free up that artist in each of us! Acrylic & Watercolor painting, drawing from still life, collage, and more 3D adventures will be covered. Creative risk taking and problem solving is encouraged. New projects each session.

Course Number: 300-1W

Location: Cortlandt Youth Center, 3 Memorial Dr., Croton **Day/Date:** Monday, Starting Date: January 24 (4 sessions)

Time: 5:30 PM - 7:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 301-2W

Location: Cortlandt Youth Center, 3 Memorial Dr., Croton **Day/Date:** Monday, Starting Date: March 7 (4 sessions)

Time: 5:30 PM - 7:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 301-1S

Location: Cortlandt Youth Center, 3 Memorial Dr., Croton **Day/Date:** Monday, Starting Date: April 18 (4 sessions)

Time: 5:30 PM - 7:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 301-2S

Location: Cortlandt Youth Center, 3 Memorial Dr., Croton **Day/Date:** Monday, Starting Date: May 16 (4 sessions)

Time: 5:30 PM - 7:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

BALLER SPORTS - BASEBALL

Ballers sports programs are designed to teach/reinforce the basic skills and fundamentals of a sport and how to avoid the bad habits that can slow growth. Weekly classes with drills and games can create an environment that will encourage the athlete's motivation for skill growth.

AGES 5-7

Course Number: 317-1W

Location: Cages on 6: 3099 E Main Street, Mohegan Lake, 10547

Day/Date: Tuesday, Starting Date: February 8 (6 sessions)

Time: 4:00 PM - 5:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 317-1S **Location:** Foxy Field

Day/Date: Sunday, Starting Date: April 24 (6 sessions)

Time: 11:00 AM - 12:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 317-2S **Location:** Foxy Field

Day/Date: Tuesday, Starting Date: April 19 (6 sessions)

Time: 4:00 PM - 5:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

AGES 8-10

Course Number: 317-2W

Location: Cages on 6; 3099 E Main Streeet, Mohegan Lake, 10547

Day/Date: Tuesday, Starting Date: February 8 (6 sessions)

Time: 5:00 PM - 6:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 317-3S **Location:** Foxy Field

Day/Date: Tuesday, Starting Date: April 19 (6 sessions)

Time: 5:00 PM - 6:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

BALLER SPORTS - BASKETBALL

Ballers sports programs are designed to teach/reinforce the basic skills and fundamentals of a sport and how to avoid the bad habits that can slow growth. Weekly classes with drills and games can create an environment that will encourage the athlete's motivation for skill growth.

AGES 5-7

Course Number: 318-1W

Location: Buchanan Verplanck Elementary School **Day/Date:** Monday, Starting Date: February 7 (6 sessions)

Time: 4:30 PM- 5:30 PM

Fee: \$155 with ID/ \$160 without ID/ \$192 nonresident

Course Number: 318-2W

Location: Blue Mountain Middle School

Day/Date: Saturday, Starting Date: February 12 (6 sessions)

Time: 11:00 AM- 12:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 318-3W

Location: Solaris Sports; 201 Veterans Road, Yorktown Heights, 10598

Day/Date: Sunday, Starting Date: February 13 (6 sessions)

Time: 12:00 PM- 1:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 318-15

Location: Charles J. Cook Park

Day/Date: Saturday, Starting Date: April 23 (6 sessions)

Time: 11:00 AM- 12:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 318-2S

Location: Charles J. Cook Park

Day/Date: Monday, Starting Date: April 18 (6 sessions)

Time: 4:00 PM- 5:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

AGES 8-9

Course Number: 318-4W

Location: Buchanan Verplanck Elementary School **Day/Date:** Monday, Starting Date: February 7 (6 sessions)

Time: 5:30 PM- 6:30 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 318-5W

Location: Solaris Sports; 201 Veterans Road, Yorktown Heights, 10598

Day/Date: Sunday, Starting Date: February 13 (6 sessions)

Time: 1:00 PM- 2:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 318-6W

Location: Solaris Sports; 201 Veterans Road, Yorktown Heights, 10598

Day/Date: Wednesday, Starting Date: February 9 (6 sessions)

Time: 5:00 PM- 6:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

AGES 8-10

Course Number: 318-3S

Location: Charles J. Cook Park

Day/Date: Monday, Starting Date: April 18 (6 sessions)

Time: 5:00 PM- 6:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

AGES 10-11

Course Number: 318-7W

Location: Buchanan Verplanck Elementary School

Day/Date: Monday, Starting Date: February 7 (6 sessions)

Time: 6:30 PM- 7:30 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 318-8W

Location: Solaris Sports; 201 Veterans Road, Yorktown Heights, 10598

Day/Date: Wednesday, Starting Date: February 9 (6 sessions)

Time: 6:00 PM- 7:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

BALLER SPORTS- FLAG FOOTBALL

Classes introduce the game of football to children so they will gain confidence, coordination, and agility all while developing skills such as passing, catching, and route running in a miniaturized and more controlled environment.

AGES 6-8

Course Number: 332-1W

Location: Solaris Sports; 201 Veterans Road, Yorktown Heights, 10598

Day/Date: Friday, Starting Date: February 11 (6 sessions)

Time: 4:00 PM- 5:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

AGES 9-12

Course Number: 332-2W

Location: Solaris Sports; 201 Veterans Road, Yorktown Heights, 10598

Day/Date: Friday, Starting Date: February 11 (6 sessions)

Time: 5:00 PM- 6:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

Course Number: 332-3W

Location: Solaris Sports; 201 Veterans Road, Yorktown Heights, 10598

Day/Date: Saturday, Starting Date: February 12 (6 sessions)

Time: 1:00 PM- 2:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

BALLER SPORTS - GOLF

Ballers sports programs are designed to teach/reinforce the basic skills and fundamentals of a sport and how to avoid the bad habits that can slow growth. Weekly classes with drills and games can create an environment that will encour-age the athlete's motivation for skill growth.

AGES 8-14

Course Number: 321-1S

Location: Mohansic Golf; 1500 Baldwin Rd, Yorktown Heights, 10598

Day/Date: Friday, Starting Date: April 22 (6 sessions)

Time: 4:00 PM- 6:00 PM

Fee: \$300 with ID/\$305 without ID/\$366 nonresident

BALLER SPORTS - GIRL'S SOFTBALL (Ages 6-8)

Ballers sports programs are designed to teach/reinforce the basic skills and fundamentals of a sport and how to avoid the bad habits that can slow growth. Weekly classes with drills and games can create an environment that will encour-age the athlete's motivation for skill growth.

Course Number: 335-1S

Location: Foxy Field, 8th Street Verplanck

Day/Date: Thursday, starting date: April 21 (6 Sessions)

Time: 4:00 PM- 5:00 PM

Fee: \$155 with ID/\$160 without ID/\$192 nonresident

BASKETBALL PROGRAM - YOUTH FREE PLAY (Ages 8-14)

A supervised open gym basketball program on Saturdays. *No registration fee required!

Location: Furnace Woods Elementary School Gym

Day/Date: Saturday, Starting Date: January 8 (8 sessions) (No free play Saturday, February 19)

Time: 9:00 AM- 10:45 AM

Fee: Free

BICEPS & BURGERS (Grades 6th-12th) - See YC SPECIALTY PROGRAMS

BROADWAY ALL STARS (Grades 3rd-9th) - See YC SPECIALTY PROGRAMS



BUMPER BOWLING (Ages 5-8)

An early developmental program designed for youths that are interested in exploring fundamentals of bowling with guaranteed fun and success. Participants play 2 games of bowling, free shoe rental, trophies and a year end party. Parents are encouraged to stay and help with scoring and supervision.

Course Number: 303-1W

Location: Cortlandt Bowling Lanes

Day/ Date: Friday, Starting Date: January 21 (12 weeks)

Time: 4:00 PM- 5:30 PM

Fee: \$125with ID/\$130 without ID/\$156 nonresident

Course Number: 303-1S

Location: Cortlandt Bowling Lanes

Day/ Date: Friday, Starting Date: April 22 (12 weeks)

Time: 4:00 PM- 5:30 PM

Fee: \$125 with ID/\$130 without ID/\$156 nonresident

CREATIVE COOKING I (Grades K- 2nd) - See YC SPECIALTY PROGRAMS

CREATIVE COOKING II (Grades 3rd-5th) - See YC SPECIALTY PROGRAMS

DISCOVERY HIKE (Families with children 5 & up)

Get all of your five senses ready, then let's hike through the forest and discover what spring surprises nature offers!

Course Number: 912-1S

Location: Georges Island Park, Dutch St., Montrose NY 10548

Look for sign at side of gatehouse for exact location

Day/Date: Sunday, April 24 Time: 1:00 PM -2:30 PM

Fee: \$5 with ID/\$10 without ID/\$12 nonresident

EXPLORING THE MCANDREWS ESTATE (Families with children 6 & up)

The McAndrews Estate dates back to the early 1800s, and probably earlier. Though the houses no longer exist, there are still some interesting structures that remain (no spoilers here!). Come explore them after enjoying an easy-to-moderate hike to reach the main area.

Course: Number: 905-1S

Location: Oscawana Island, Cortlandt Street- Meet at parking area

Day/Date: Sunday, May 15 Time: 1:00 PM- 2:30 PM

Fee: \$5 with ID/\$10 without ID/\$12 nonresident

GUITAR & CLASSICAL GUITAR LESSONS (Youth & Adults Ages 14 and Over)

See WINTER ADULT PROGRAMS

HOME ALONE (Grades 5th - 8th) - See YC SPECIALTY PROGRAMS

INTERVIEW SKILLS 101 (Ages 14 - 18) - See YC SPECIALTY PROGRAMS

MUSICAL THEATER WORKSHOP (Grades 3rd - 9th) - See YC SPECIALTY PROGRAMS

RESUMANIA (Ages 14 - 18) - See YC SPECIALTY PROGRAMS

SEWING LESSONS WITH CHRIS (Grades 6th - 12th) - See YC SPECIALTY PROGRAMS

NOR-WEST REGIONAL RECREATION SERVICES

PART-TIME EMPLOYMENT— SEASONAL

Nor-West offers employment to students ages 16 and up, working with children and adults. Good working experience for persons interested in working in the Human Services or Special Education fields. Make your own work schedule, flexible hours. Call Nor-West for an application 914-737-4797 or visit our website: www.nor-west.org

THERAPEUTIC RECREATION

Are you looking for a local recreation program for a child with a developmental disability? Nor-West Regional operates three weekly youth programs during the Winter/Spring session, including Instructional Bowling, Afternoon Adventure Trips, and Instructional Swimming. Program is open to residents of Cortlandt, Peekskill, Ossining and Yorktown. Nominal venue fees apply. For additional information and registration materials, visit the website: www.nor-west.org.

SURVIVING IN THE WOODS (Ages 7 & up)

You have been hiking in the woods and you've lost your way! It will be dark soon, and it looks like you will have to spend the night in the woods. Or maybe you've been hiking up a mountain and an unexpected storm seems to be roll-ing in. What should you do first? What should you have brought on the hike that would be really helpful now? What might you have that will attract help? Through an interactive game and a hike to a site for a group activity, you will learn some of the skills of outdoor survival.

Course Number: 904-1S

Location: Charles J. Cook Park Day/Date: Sunday, June 5 Time: 1:00 PM- 2:30 PM

\$5 with ID/\$10 without ID/\$12 nonresident Fee:

SWIMMING INSTRUCTION (Ages 5 - 10 years) Monika Ryan-Hsu & Emilia Sellick

FIRST CLASS IS AN EVALUATION SESSION

Beginner I - Little or no previous instruction. Will not put head under water. Learn to relax & gain confidence in the water along with the fundamentals of breath holding beneath the water.

Beginner II - Coordination of the arms & legs to propel the body some distance on front & back.

Beginner III - Coordination of strokes, building up endurance & working to improve stroke mechanics.

*PLEASE NOTE: Due to the popularity of this program, NONRESIDENTS will be auto-waitlisted. If space is available in the program one week prior to the start date, the Town of Cortlandt Recreation Department will contact you and non residents will be allowed to participate by paying a 20% surcharge of the higher fee.

COURSE NUMBER TIME

319-1W 2:00 PM- 2:30 PM- Level A 2:40 PM- 3:10 PM- Level B 319-2W 319-3W 3:20 PM- 3:50 PM- Level C

Premier Athletic Club, Albany Post Road, Montrose **Location:** Day/ Date: Saturday, Starting Date: March 5 (12 sessions) \$180 with ID/\$185 without ID/\$227 nonresident Fee:

WINTER & SPRING PRE-SCHOOL PROGRAMS

Children over the age of four must have a VALID Town of Cortlandt ID Card to pay the lower rate in programs that require parental participation. If a child is under the age of three or younger, only the

parent must posses a Town of Cortlandt ID Card to pay the lower rate.

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053 THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

PLEASE SEE PAGE 17 FOR TOWN OF CORTLANDT RECREATION COVID-19 INFORMATION AND PROTOCOLS.

ALL ABOUT BIRD NESTS (Ages 3-7) - See WINTER & SPRING YOUTH PROGRAMS

DISCOVERY HIKE (Families with children 5 & up) - SEE WINTER & SPRING YOUTH PROGRAMS

EXPLORING THE MCANDREWS ESTATE (Families with children 6 & up) -

SEE WINTER & SPRING YOUTH PROGRAMS

JR. BALLER SPORTS - BASEBALL (Ages 3-4) Mike Reynolds, Instructor/Coach

Jr. Baller's sports programs are designed to prime children ages 3-7 to develop physically, cognitively and emotionally within the atmosphere of sports and physical education. Weekly classes introduce the basic fundamentals and rules of a sport while working to build a skill set and knowledge base that increases the chances of transitioning well into structured sports leagues.

Course Number: 211-1W

Location: Cages on 6; 3099 E Main Street, Mohegan Lake, 10547

Day/Date: Tuesday, Starting Date: February 8 (6 sessions)

Time: 3:00 PM - 4:00 PM

\$155with ID/\$160 without ID/\$192 nonresident Fee:

Course Number: 211-1S Location: Foxy Field

Sunday, Starting Date: April 24 (6 sessions) Day/Date:

Time: 10:00 AM - 11:00 AM

\$155with ID/\$160 without ID/\$192 nonresident Fee:

Course Number: 211-2S Location: Foxy Field

Day/Date: Tuesday, Starting Date: April 19 (6 sessions)

3:00 PM - 4:00 PM Time:

\$155with ID/\$160 without ID/\$192 nonresident Fee:

JR. BALLER SPORTS- BASKETBALL (Ages 3-7) Mike Reynolds, Instructor/Coach

Jr. Baller's sports programs are designed to prime children ages 3-7 to develop physically, cognitively and emotionally within the atmosphere of sports and physical education. Weekly classes introduce the basic fundamentals and rules of a sport while working to build a skill set and knowledge base that increases the chances of transitioning well into structured sports leagues.

Course Number: 210-1W

Location: Blue Mountain Middle School

Saturday, Starting Date: February 12 (6 sessions) Day/Date:

Time: 10:00 AM - 11:00 AM

\$155with ID/\$160 without ID/\$192 nonresident Fee:

210-1S Course Number:

Charles J. Cook Park Location:

Saturday, Starting Date: April 23 (6 sessions) Day/Date:

Time: 10:00 AM - 11:00 AM

\$155with ID/\$160 without ID/\$192 nonresident Fee:

Course Number: 210-1S

Location: Charles J. Cook Park

Day/Date: Monday, Starting Date: April 18 (6 sessions)

3:00 PM - 4:00 PM Time:

\$155with ID/\$160 without ID/\$192 nonresident Fee:

STORYBOOK COOKING ON ZOOM (Ages 3-6) Shari Munitz, Instructor

Let's mix it up and do some live cooking with a screen in between. We'll do some creative skill building, go on dynamic literary adventures, and do lots of creative cooking together (apart). As a bonus, through the learning process, your young chef will often prepare something to share with your whole family! The full session ingredients list will be provided before classes begin, so please register early. An adult assistant is required for all attendees.

Course Number: 209-1W

Day/Date: Tuesday, January 25 - February 15 (4 classes)

Time: 12:30 PM - 1:30 PM

Fee: \$63 with ID/\$68 without ID/\$82 nonresident

Pre-registration required; spaces limited

Course Number: 209-2W

Day/Date: Wednesday, January 26 - February 16 (4 classes)

Time: 10:30 AM - 11:30 AM

Fee: \$63 with ID/\$68 without ID/\$82 nonresident

Pre-registration required; spaces limited

Course Number: 209-3W

Day/Date: Wednesday, January 26 - February 16 (4 classes)

Time: 12:30 PM - 1:30 PM

Fee: \$63 with ID/\$68 without ID/\$82 nonresident

Pre-registration required; spaces limited

Course Number: 209-1S

Day/Date: Tuesday, March 8 - March 29 (4 classes)

Time: 12:30 PM - 1:30 PM

Fee: \$63 with ID/\$68 without ID/\$82 nonresident

Pre-registration required; spaces limited

Course Number: 209-2S

Day/Date: Wednesday, March 9 - March 30 (4 classes)

Time: 10:30 AM - 11:30 AM

Fee: \$63 with ID/\$68 without ID/\$82 nonresident

Pre-registration required; spaces limited

Course Number: 209-3S

Day/Date: Wednesday, March 9 - March 30 (4 classes)

Time: 12:30 PM - 1:30 PM

Fee: \$63 with ID/\$68 without ID/\$82 nonresident

Pre-registration required; spaces limited

"ZOOM" IN TO TODDLIN' TOTS (Ages 1-6)

You and your child will love this engaging music and movement class for young children and the adults who love them! We will sing, dance, march, and play together on Zoom.

Course Number: 200-1W

Location: Online via Zoom

Day/Date: Wednesday, January 26 (8 Sessions)

Time: 9:30 AM- 10:40 AM

Fee: \$64 with ID/\$69 without ID/\$83 nonresident

The following programs are run by Skyhawks Sports Academy through the Town of Cortlandt Recreation Department.

SoccerTots is our flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun! Parent participation required for ages 2-3.5 years. Class is limited to 20 participants.

SOCCERTOTS: LITTLE CUBS (Age 2)

Course Number: 218-15

Location: Van Cortlandtville Elementary School

Day/ Date: Sunday, Starting date: April 24 (6 Sessions)

Time: 9:30 AM-10:15 AM

Fee: \$109 with ID/\$114 without ID/\$137 nonresident

SOCCERTOTS: CUBS (Age 3)

Course Number: 219-1S

Location: Van Cortlandtville Elementary School
Day/ Date: Sunday, Starting date: April 24 (6 Sessions)

Time: 10:30 AM-11:15 AM

Fee: \$109 with ID/\$114 without ID/\$137 nonresident

SOCCERTOTS: BEARS (Age 4)

Course Number: 220-1S

Location: Van Cortlandtville Elementary School

Day/ Date: Sunday, Starting date: April 24 (6 Sessions)

Time: 11:30 AM-12:15 PM

Fee: \$109 with ID/\$114 without ID/\$137 nonresident

SOCCERTOTS: GRIZZLIES (Age 5)

Course Number: 221-1S

Location: Van Cortlandtville Elementary School

Day/ Date: Sunday, Starting date: April 24 (6 Sessions)

Time: 12:30 PM-1:30 PM

Fee: \$109 with ID/\$114 without ID/\$137 nonresident



SPORTS LEAGUES AND TEAMS ADULTS AND YOUTH

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053
THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

PLEASE SEE PAGE 17 FOR TOWN OF CORTLANDT RECREATION COVID-19 INFORMATION AND PROTOCOLS.

GIRLS LACROSSE LEAGUE (SPRING)

(Grades 1st- 6th) Rob Porter, Director ONLINE REGISTRATION NOW AVAILABLE AT WWW.TOWNOFCORTLANDT.COM/RECONLINE

Competitive Youth Lacrosse involving several local communities. Cortlandt will field teams for 1st & 2nd Grade Girls, 3rd & 4th Grade Girls, and 5th & 6th Grade Girls. Primary focus is on ex-posure to the sport and the growth of Lacrosse in our area. One to two practices per week, games on Monday- Sunday. There will be an additional fee for uniforms. All players must register with USLacrosse.org as well as with the Town of Cortlandt Recreation Department. The program requires full equipment. Limited supply of equipment provided. *Coaches Needed!* Coaches should register online at www.townofcortlandt.com/reconline.

Application deadline is March 12th.

Meeting Location: Sprout Brook Lacrosse All Purpose Field

Date: Saturday, March 12 Times: 9:00 AM for all grades

Fee: \$90 with ID/\$95 without ID/\$114 nonresident Late Fee: \$95 with ID/\$100 without ID/\$120 nonresident



BOYS LACROSSE LEAGUE (SPRING) (Grades K-8th)

*This league is not managed through the Town of Cortlandt Recreation Department, please note the contact information for registration below.

The Sailors Youth Lacrosse Club strives to develop our young athletes with positive coaching that balances fun and development. The Sailors Youth Lacrosse Club seeks to empower our young men with the skills needed to be successful in lacrosse and in life. The Sailors Youth Lacrosse Club focuses on individual player skills and positioning, but, most importantly, we teach the "team" game! Sailors Youth Lacrosse will be running a full spring schedule starting in March. The Sailors Youth Lacrosse Club will have four teams by grade: K-2nd Grade Boys, 3rd/4th Grade Boys, 5th/6th Grade Boys, 7th/8th Grade Boys.

The Sailors Youth Lacrosse Club has experienced coaches that are a mix of high school lacrosse coaches, paid youth coaches and former players. The program is a travel program- a mix of home games and away. Practices will be two days a week (Tuesday/ Thursday evenings - times TBD) Games will be on Saturdays and occasionally during the week. Schedule will be available in February for all registered players. Equipment is needed. If you are a new player we will help you with equipment for the season. Additionally, reach out to learn more about our clinics. For more information on how to register, fees, and more please contact @Sailors.Youth.Lacrosse@gmail.com

MENS SOFTBALL LEAGUE

The Town of Cortlandt Recreation Departments offers a men's softball leagues for residents. Softball games will take place on Monday through Friday beginning in mid April at various fields within the Town of Cortlandt. A pre-season meeting will be held in late March for all interested coaches. Fee to be announced at a later time. For more information contact the Town of Cortlandt Recreation Department at 914-734-1056.

Anyone interested in umpiring in the Men's Softball League, please call Tim Fisher in the Town of Cortlandt Recreation Department at 914-734-1056 or email timf@townofcortlandt.com.

SOCCER LEAGUE (SPRING)

ONLINE REGISTRATION NOW AVAILABLE AT

WWW.TOWNOFCORTLANDT.COM/RECONLINE

DEADLINE for registration is March 1st. All registrations are accepted on a first-come, first-serve basis. Any application received after March 1st will be charged a LATE FEE, and go on a wait list. Participants on the wait list are NOT guaranteed a spot in the league. * Due to low Fall 2021 enrollment, we will not offer a Junior Division for girls and boys in 6th grade for this spring 2022 Season.



BOYS GIRLS

Pee Wee Division 1st & 2nd Grade* Pee Wee Division 1 & 2 Grade*

Midget Division 3rd, 4th & 5th Grade* Midget Division 3rd, 4th & 5th Grade*

*Grade is for 2021/2022 School Year

Registration Fee: $^{$60}$ with ID/ $^{$65}$ without ID/ $^{$76}$ nonresident **Late Fee (***After 3/1/22***)**: $^{$70}$ with ID/ $^{$75}$ without ID/ $^{$90}$ nonresident

*Only players that DID NOT participate in the fall 2021 League MUST come for evaluations. Players who do not attend evaluations will be PLACED RANDOMLY onto teams by the recreation division. In order to be picked by a coach you must attend evaluations. Teams may remain the same from the fall season dependent upon the number of registrants and the fairness of each team and division. All new players will be placed on a team.

Evaluations will take place at Blue Mountain Middle School as follows:

Pee Wee Girls Monday, March 14 6:00 PM Pee Wee Boys Monday, March 21 6:00 PM Midget Girls Tuesday, March 15 6:00 PM Midget Boys Tuesday, March 22 6:00 PM

TRAVEL SOCCER 2022/2023 SEASON

Teams will participate in the East Hudson Youth Soccer League (EHYSL). The program requires 2 practices and one game per week. Practices will start in August. The fall season includes approximately 10 weeks of league play. Half of those games will be home, the other half will be away. The season will then continue in the spring with another 10-week schedule. It is a one-year commitment. Teams may participate in tournaments throughout the year. If your child played in 2021/2022 season they MUST attend tryouts. There are no guarantees that they will make the team again. *Do not send fee until child is accepted on a team. Deadline for all applications is Friday, May 6, 2022.*

Fee: \$500.00

TRAVEL SOCCER TRYOUTS: Saturday, May 14th - Sprout Brook Lacrosse & Multi Purpose Field. Raindate is Saturday, May 21 at Sprout Brook Lacrosse & Multi Purpose Field.

DIVISION TIME **BIRTHDATE** GIRLS U10/U11 8:30 AM- 9:45 AM Birth Year: 2012 or 2013 BOYS U10/U11 10:00 AM- 11:15 AM Birth Year: 2012 or 2013 11:30 AM- 12:30 PM Birth Year: 2011 BOYS U12 **GIRLS U13** 1:30 AM- 2:30 PM Birth Year: 2010 2:45 PM- 3:45 PM **BOYS U14** Birth Year: 2009

U10/U11 tryouts will include children in both age groups. If numbers warrant, we will offer a team in each age group. If not, this will be a U11 team with younger & older players combined. Travel Soccer application located in the back of this brochure.

LITTLE LEAGUE

This program is not run thru the Recreation Office but it is run by a board of volunteers.

For more Information please contact: Cortlandt American Little League (C.A.L.L.) Little League levels of play start at Age 5 up to 15 years old. Providing little league baseball for youth in the following school districts: Lakeland, Yorktown, and Mahopac. For more information, view their **website** at www.callbb.org or **email**: Cortlandtbaseball@gmail.com

Cortlandt National Little League (C.N.L.L.) (Hendrick Hudson School District)

Email: cnll@cnllbaseball.org • Website: www.cnllbaseball.org Croton Little League (C.L.L.)

The Little League is open to boys and girls living within the Croton Harmon Union Free School District.

Website: www.crotonlittleleague.com

Email: cll2018@gmail.com

CORTLANDT SOFTBALL LITTLE LEAGUE (GIRLS AGES 5 -12)

Registration for Spring Season opens January 1st, 2022

For more information go to https://www.cortlandtsoftball.info/home
Email: CSLLPresident@outlook.com or CSLLSecretary@outlook.com

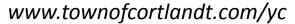
Follow us on Facebook: https://www.facebook.com/CortlandtGirlsSoftball





YOUTH AND RECREATION CENTER

3 Memorial Drive, Croton-on-Hudson 914-736-0498





Director: Katherine Sclafani, katherines@townofcortlandt.com **Assistant Director: Lindsey Luposello**, lluposello@townofcortlandt.com

The Director and Assistant Director are available to all young people in our town for conversation, information and referral. Cortlandt Recreation is committed to providing a variety of programs that are socially engaging, educational and fun for youth of all ages.



DROP IN PROGRAM AT THE YC FREE

Drop in activities include:

table games - ping pong, pool, air hockey, arts and crafts, video games - Wii & Switch, TV, board games, learning lab, outside activities, basketball, pickle ball and more!

*Limited spaces available; first come, first serve basis Space dependent on current COVID restrictions.

Youth must be a registered participant (member) of the YC in order to attend daily and specialty programs.

To register go to: www.townofcortlandt.com/reconline

Hours Of Operation

GRADES 6TH - 12TH

Mon-Thurs: 3 PM-8 PM Friday: 3 PM- 9 PM Saturday: 1 PM- 9 PM Sunday: CLOSED

GRADES 1ST-5TH

Saturday Family Programs 1 PM - 2 PM January 15 February 12 March 12 April 9

CLOSED

Saturday, January 1 Friday, May 6 (Open only to 5th Grade Luau Atendees; Rain date: Friday May 13)

GRADES 6TH - 12TH OPEN AT 1 PM

Monday, January 17 Monday, February 21 Tuesday, February 22 Wednesday, February 23 Thursday, February 24 Friday, February 25 Monday, April 11 Tuesday, April 12 Wednesday, April 13 Thursday, April 14 Friday, April 15

ROCK WALL HOURS

Call the YC for more information

CORTLANDT COMMUNITY COALITION

Help us keep our Community Safe, Healthy, and Drug Free Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator Call 914-734-1052 for more information



CORTLANDT COMMUNITY COALITION

YC IMPORTANT INFORMATION FOR PARENTS YC Registration Process

(Grades 6th-12th)

All participants must be registered online for our drop-in program. Registration is good for one year & needs to be renewed on a yearly basis. You will be notified by email prior to renewal requirement.

Go to:

www.townofcortlandt.com/reconline Search by keyword



Blue Mountain Middle School has a bus which drops youth off at the YC Monday - Friday. The bus does not run on half days (both scheduled and unscheduled.) Youth MUST be registered online before you can register for a bus pass.

For more information and to register email: katherines@townofcortlandt.com lluposello@townofcortlandt.com



The YC is committed to providing educational programs for our youth which promote positive social development.

CommunityPass

Programs are implemented after school and with all of our dropin participants.

For more information, please call the YC at 914-736-0498.

YC PROGRAMS: GRADES 6th - 12th AFTER SCHOOL PROGRAM



The Youth Center encourages youth to attend our "YC After School Program" Monday - Friday on days school is in session. Youth can do homework, participate in the YC's educational programs, play games and hang out with their friends.

Monday - Thursday: 3 PM - 8 PM Friday: 3 PM- 9 PM Youth must be registered participants of the Youth Center if they would like to attend.

To register go to: www.townofcortlandt.com/reconline Search by keyword "Youth Center"

YC PROGRAMS: GRADES 6th - 12th **SCHOOL BREAKS**

1 PM-8 PM; Program at 3:30 PM

(Fridays close at 9 PM)

Monday, January 17: Milkshake Monday Monday, February 21: Milkshake Monday Tuesday, February 22: **Tournament Tuesday** Wednesday, February 23: Wacky Wednesday Thursday, February 24: Tie-Dye Thursday

> Friday, February 25: **Fashion Forward Friday**

Monday, April 11: Milkshake Monday Tuesday, April 12: **Tournament Tuesday** Wednesday, April 13: Wacky Wednesday Thursday, April 14: Tie-Dye Thursday

> Friday, April 15: **Fashion Forward Friday**



YC PROGRAMS: GRADES 6th - 12th WEEKENDS JANUARY - APRIL

YC FRIDAYS 3 PM- 9 PM Program at 7 PM

January 7: Video Game Tournament

January 14: Trivia

January 21: Henna Time

January 28: Fashion Forward Friday
February 4: Mini Sport Tournament
February 11: Glow-in-the-Dark Mania

February 18: Scavenger Hunt

February 25: Video Game Tournament

March 4: Trivia

March 11: Fashion Forward Friday

March 18: Scavenger Hunt

March 25: Henna

April 1: April Fool's Celebration

April 8: Karaoke

April 15: Scavenger Hunt

April 22: Video Game Tournament

April 29: DJ Night (outside 6 PM - 9 PM)

SPORTS & APPETIZER SATURDAYS Open: 1 PM - 9 PM

*Appetizers: 2:30 PM & 6 PM

January 8, 22, 29 February 5, 19, 26 March 5, 19, 26

April 2, 16, 30 (April 23 - 6 PM start)

Bring your friends and head over to the YC for an afternoon & evening of watching the day's sporting event on our 15' screen! Learn how to make some individualized appetizers to enjoy while you watch the games.

* Time may vary depending on the day's games







MOVIE MADNESS MARATHON (aka Triple M) SATURDAYS *Open: 2:30 PM - 9 PM

January 15 February 12 March 12 April 9

Bring your friends and head over to the YC to binge watch your favorite movies on our 15' screen! Popcorn will be served.

* YC opens at 1 PM, but our family programs will be running from 1 PM - 2 PM.

YC PROGRAM DESCRIPTIONS: GRADES 6TH - 12TH











APRIL FOOL'S CELEBRATION

Come and see what practical jokes and hoaxes the YC staff have up their sleeves to celebrate this fun and trick filled day. Cash prizes will be awarded.

DJ NIGHTS

Stop in and enjoy the music styling of DJ Randy, dancing and contests with your friends!

Prizes for first place winners.

FASHION FORWARD FRIDAYS

It's time to let your inner diva-designer out!

Join us to create a new and innovative fashion look and then show it off on the catwalk! Participants must use the materials which are provided to them.

GLOW-IN-THE-DARK MANIA

An evening of black light and glow stick fun. Games, prizes and more!

HENNA TIME

The YC welcomes Margie from Making Faces
Parties, a professional henna artist for a night of
creativity and cultural fun as your hand
becomes her canvas! Parental permission slip
required in order to participate.

KARAOKE

Grab the mic and sing your heart out to your new and old favorite tunes. You can even accompany the song with your best dance moves!

MILK SHAKE MONDAYS

Youth will be able to make their own individualized milkshake. The perfect treat to enjoy on their day off from school!

MINI SPORT TOURNAMENT

Grab your teammates and head on over to compete in any sport of your choice! We have pingpong, pool, foosball, air hockey, basketball, kickball, pickleball, 4 square and more! Tournament winner will receive a prize.

YC PROGRAM DESCRIPTIONS: GRADES 6TH - 12TH CONTINUED

MOVIE MADNESS MARATHON (Triple M)

Wear your cozy clothes and bring your favorite blanket and friends to the YC to binge watch your favorite movies or your favorite movie series. Movies will be displayed on our 15' screen! Youth can decide on the movie the week before or even the day of. Popcorn will be served.

SCAVENGER HUNT

Join us for our different themed scavenger hunts, both inside and outside of the YC. Prize for the winning team.

SPORTS & APPETIZER SATURDAYS

Wear your favorite sport jersey and gather your friends and head over to the YC for an afternoon & evening of watching the day's sporting events on our 15' screen! Learn how to make some individualized appetizers to enjoy while you watch the games.

TIE-DYE THURSDAY

Youth should bring a white item (t-shirt, socks, shoe laces, pillowcase) with them to the YC to jazz them up with their favorite tie-dye design and colors.

TOURNAMENT TUESDAYS

Youth choice their tournament type! Video games, sports, or games, it's totally up to them.

Stay all day and do all three.

TRIVIA

Put on your thinking caps; it's trivia time! We are going to test your knowledge on many topics including history, celebrities, travel, science, social media and more. Prize for the winning team!

VIDEO GAME TOURNAMENT

The Nintendo Switch & Wii consoles are set-up and ready for a little friendly tournament. Participants choose the game(s) the day of, so be sure to gather your friends and head on over to the YC. Participants are welcome to bring their own controllers. (The YC is not responsible for the participants' personal belongings.)

WACKY WEDNESDAY

Join us at the YC as youth create and participate in a variety of wacky activities.





YC SPECIALTY PROGRAMS: GRADES K - 12TH

See each program for grades; programs listed in alphabetical order.

AMERICAN RED CROSS BABYSITTING COURSE (AGES 11 - 14) Angela Reeve, Instructor

The ARC Babysitter's Training course is designed to provide **Shari Munitz, Instructor** youth with the knowledge and skills necessary to safely & responsibly give care for children & infants in a fun and interactive way. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves & others safe, help children behave & learn about basic child care as well as basic first aid. Successful participants earn ARC Certification. Bring water & a snack.

Course Number: 600-15

Location: Youth Center (Outside weather permitted)

Day/Date: Saturday, April 2 9:00 AM- 4:00 PM Time:

\$84 with ID/\$89 without ID/ Fee:

\$107 nonresident

BICEPS & BURGERS (GRADES 6TH - 12TH)

Join Coach Z in this fun exercise and nutrition program. The program is devoted to educate youth while simultaneously building confidence by empowering young minds. The workouts are at an inclusive level for everyone. Sign up today!

Course Number: 680-1W Location: Youth Center

Days/Date: Tues. & Thurs., January 25-March 3

(12 classes)

5:15 PM-6:15 PM Time:

Fee: \$185 with ID/\$190 without ID/

\$228 nonresident

BROADWAY ALL STARS (GRADES 3RD - 9TH) Robyn Ferracane, Instructor

Love to act or sing? This workshop is for everyone from the beginning student to the seasoned performer. Experience the fun of the theatrical games, audition and having a role in a live produc-tion! Taught by a professional actress/director, youth will enjoy nine working classes with a final Spring performance. Space is limited.

Course Number: 620-1W Location:

Day/Date: Saturdays, January 15—March 19

(no class 2/26) (9 Sessions)

Performance: TBD

Time: 11:00 AM- 1:00 PM

Fee: \$195 with ID/\$200 without ID/

\$240 nonresident

CANTEEN

(GRADES 6TH - 12TH)

Come and join us three nights a week for open gym basketball! Open to Croton, Hendrick Hudson, Lakeland Middle and Panas High School Students or any middle/high school student who is a town resident. Youth must be registered to participant; sign-up forms are available at the program.

Location: Muriel H. Morabito Community Center,

29 Westbrook Drive, Cortlandt Manor

Tuesdays & Wednesdays: Days/Time:

7:00 PM- 9:00 PM

8:00 PM- 10:30 PM Fridays:

Fee:

CREATIVE COOKING ON ZOOM

(GRADES K - 5TH)

Let's mix it up and do some live cooking with a screen in between. This program will be a mix of cooking, baking, pre-paring, recipe reading and more. Your young chef might even prepare something to share with the whole family! We'll be cooking together (apart) in this digitally-live creative cooking class. The full session ingredients list will be provided before classes begin, so please register early. Pre-registration required; limited spaces available.

Grade K- 2nd

Course Number: 643-1W (Session I)

Day/Dates: Tuesday, January 25- February 15

(4 classes)

Course Number: 643-15 (Session II)

Tuesday, March 8 - March 29 Day/Date:

(4 classes)

Online on Zoom Location: Time: 4:15 PM-5:15 PM

\$78 with ID/\$83 without ID/

\$100 nonresident

An adult assistant is required for all chefs. Supervision:

Grade 3rd-5th

Course Number: 643-2W (Session I)

Day/Date: Wednesday, January 26 – February 16

(4 classes)

Course Number: 643-25 (Session II)

Wednesday, March 9 - March 30 Day/Date:

(4 classes)

Online on Zoom Location: Time: 4:15 PM-5:15 PM

Fee: \$78 with ID/\$83 without ID/\$100 nonresident **Supervision:** An adult assistant should be close by and

readily available to assist.



GAME CAFÉ AT THE CUE (GRADES 9TH- 12TH)

Croton Harmon, Hendrick Hudson, Walter Panas and town residents who are HS students are welcome to come and hang out with their friends! We have free Wifi, flat screens, Xbox, ping-pong, games, café & more!

Location:

Cortlandt Town Center (behind theater)

3131 E. Main St. Mohega Lake

Days/Time: Friday & Šaturday 7:30 PM - 11:30 PM

Fee:Free; *Must show school ID*

Pre-registration required for all courses. Programs are on a first come, first serve basis. Numbers depend on COVID regulations.

Go to: www.townofcortlandt.com/reconline to register for these courses. Search by keywords.

YC SPECIALTY PROGRAMS: GRADES K - 12TH

See each program for grades; programs listed in alphabetical order.

HOME ALONE (GRADES 5TH - 8TH)

This program will provide each child with the essentials needed when they are home without adult supervision. Discussion will cover first aid, telephone and door answering, activity plans, encountering emergencies and more!

Course Number: 612-15

Day/Date:Saturday, March 12Location:Youth CenterTime:10:00 AM - 11:30 AM

Fee: Free

Registration: Pre-registration required; spaces limited

INTERVIEW SKILLS 101 (AGES 14-18)

Learn interview skills and tips to help land your dream job! These skills are life skills which will set you up for success!

Location #1: Youth Center **Course Number:** 631-1W

Day/Date: Saturday, January 29

Course Number: 631-15

Day/Date: Saturday, March 19 **Time:** 11:45 AM- 12:45 PM

Fee: Free

Registration: Pre-registration required; space limited **Location #2:** Cortlandt Town Center (behind theater)

3131 E. Main St. Mohegan Lake

Course Number: 631-2W

Day/Date: Saturday, February 5

Course Number: 631-25

Day/Date: Saturday, April 30 Time: 11:45 AM- 12:45 PM

Fee: Free

Registration: Pre-registration required; space limited

MUSICAL THEATER WORKSHOP

(GRADES 3RD - 9TH)

Robyn Ferracane, Instructor, Professional Actress & Teacher

Attention: Singers and actors! Immerse yourself in the world of theater! This workshop is for everyone from the student acting for the first time, to the seasoned performer. This program takes youth from the audition process to a final performance everyone will enjoy. Not only will this workshop be a source of fun and excitement but it will also increase the skill level of every youth; whether their goal is to become a professional actor or use the workshop to have fun and develop life skills. The production is done with some costumes, props and minimal sets. All youth will have a role to play, will receive a script adapted to the students and will be taught the music they need to perform their role. The results will be a wonderful final performance for family.

Course Number: 610-1W **Location:** Youth Center

Days/Dates: Monday- Friday, February 21- 25

Performance: Friday, February 25 **Time:** 9:00 AM – 2:00 PM

Fee: \$195 with ID/\$200 without ID/\$240 nonresident

OPEN GYM AT HEN HUD HIGH SCHOOL

For Hendrick Hudson School District Residents Only. Come and join us for some free play basketball! Youth must be registered as a participant of the Youth Center in order to participate.

Location: Hendrick Hudson High School Gym

2166 Albany Post Road, Montrose

Monday, Ending June 13th (No program when school is closed)

7:30 PM- 9:30 PM

Fee: Free

Day/Dates:

Time:

RESUMANIA (AGES 14 - 18)

Learn what to include on a cover letter & resume, what employers look for, proper formatting & additional tips to help you stand out!

Location #1: Youth Center **Course Number:** 630-1W

Day/Date: Saturday, January 29

Course Number: 630-15

Day/Date:Saturday, March 19Time:10:30 AM- 11:30 AM

Fee: Free

Registration: Pre-registration required

Location #2: Cortlandt Town Center (behind theater)

3131 E. Main St. Mohegan Lake

Course Number: 630-2W

Day/Date: Saturday, February 5

Course Number: 630-25

Day/Date: Saturday, April 30 Time: 10:30 AM- 11:30 AM

Fee: Free

Registration: Pre-registration required

SEWING LESSONS WITH CHRIS

(GRADES 6TH - 12TH)

Learn how to use a sewing machine by creating your own pillow or small bag. Chris will also teach you repair skills such as hemming, ripped seems and more. 30 minute timeslot for 4 weeks. All materials will be provided.

Session I

Course Number: 625-1W

Day/Dates: Tuesdays, January 11- February 1

Session II

Course Number: 625-2W

Day/Dates: Thursdays, January 13- February 3

Location: Youth Center

Time Slots: 4:00 PM; 4:30 PM; 5:00 PM; 5:30 PM

Fee: \$15 with ID/\$20 without ID/\$24 nonresident

YC CLEAN-UP (GRADES 6TH - 12TH)

Join the Glashoffs in this unique program to help clean-up our town! Participants will be given supplies to help them pick-up litter and debris from local sites around the town. Youth will receive volunteer hours for community service. Parents will be responsible for dropping off and picking-up their child at the designated location.

Course Number: 652-1S **Location:** TBD

Days/Dates: Saturday, April 30 **Time:** 10:00 AM- 11:00 AM

Fee: Free

Pre-registration required for all courses. Programs are on a first come, first serve basis. Numbers depend on COVID regulations.

Go to: www.townofcortlandt.com/reconline to register for these courses. Search by keywords.

YOUTH EMPLOYMENT SERVICES (Y.E.S.): AGES 14-18

We're Open For Business:

Calling All Youth, Business Owners & Community Members
Our mission is to provide a free service which seeks to connect youth ages 14-18 with local businesses and community members who have employment opportunities.

Register Now

Employers Text: HIRE **Youth Text: YESINFO**



To: 833-343-0298

By texting keyword, "yesinfo" or "hire" to

833-343-0298

you agree to receive a text message with more information about the YES program. Additional forms will be necessary to receive promotional automated messages. This agreement isn't a condition of any purchase. Msq & data rates may apply. To unsubscribe from the message, respond "STOP".

Join Lisa Anderson, Y.E.S. Coordinator for her Interview Skills 101 & Resumania courses to help enhance your skillset and knowledge. See previous page for more information.

www.townofcortlandt.com/yes • yes@townofcortlandt.com • 914-642-3027

YC FAMILY PROGRAMS: GRADES 1ST-5TH (WITH ADULT SUPERVISION)

MINUTE TO WIN IT

It's challenge time; both mind and body! Teams will have a minute to complete each task to rack-up the most points to win.

Course Number: 603-1W
Location: Youth Center
Day/Date: Saturday, January 15
Time: 1:00 PM - 2:00 PM

Fee: Free

Registration: Pre-registration required for each adult

and youth participant

VALENTINE'S DAY CREATIONS

It's time to get creative. Participants can decorate their own Valentine's Day cookies as well as make cards for the ones they love.

Course Number: 657-1W
Location: Youth Center
Day/Date: Saturday, February 12
Time: 1:00 PM - 2:00 PM

Fee: Free

Registration: Pre-registration required for each adult

and youth participant

LUCK OF THE IRISH

Help us celebrate the Irish culture this St. Patrick's Day by making your very own lucky hat! Bring you creativity and take your master pieces home with you.

Course Number: 681-15
Location: Youth Center
Day/Date: Saturday, March 12
Time: 1:00 PM - 2:00 PM

Fee: Free

Registration: Pre-registration required for each adult

and youth participant

EGG HUNT

Come meet and take pictures with the Easter Bunny at our Ninth Annual Egg Hunt! Prizes are available for all participants! Age groups: 2-5 years old and 6 years old and over.

Location: Youth Center
Date: Saturday, April 9
Rain Date: Sunday, April 10
Time: 1:00 PM, Promptly

Fee: Free



Programs are on a first come, first serve basis; number of participants will depend on current COVID regulations.

Go to: www.townofcortlandt.com/reconline to register for the Youth Center.

YC 5TH GRADE FUN CLUB

The 5th Grade Fun Club Program allows 5th grade youth in the Hendrick Hudson School District to participate in a safe and structured environment after school while challenging themselves with a variety of games, activities and special projects. During this time, youth get acclimated to the Town of Cortlandt Youth Center and everything the facility has to offer including but not limited to: indoor game tables, homework room & help if needed, art room, outdoor activities and LifeSkills lessons. Participants are bused on the days listed below from their school by the HHSD to the YC. It is the Parent's responsibility to pick-up their child by 5:00 PM.

*Pre-registration is required. To register go online to: www.townofcortlandt.com/reconline and search by keywords.

- You must register your child for this program prior to sending them. Once registered they may attend as many sessions as they would like.
- You are responsible for sending a note to school each week when your child plans to attend.
- If your child is being picked up by someone other than a parent or guardian please send them with a note or call the YC the day of Fun Club.
- There are vending machines for snacks and drinks. The machines take one dollar bills as well as quarters. The staff does NOT have change.
- Your child may bring their own snack to Fun Club.
- On Friday, May 3rd there will be a Luau themed BBQ for all 5th Grade Graduates. After the Luau, youth will be able to participate in the YC's regularly scheduled programming as "6th graders".

Location: Youth Center

Day: Tuesdays: Furnace Woods School

Wednesdays: Frank G. Lindsey School Thursdays: Buchanan Verplanck

Dates: February 1- May 5 (no Fun Club when school is closed, has an early dismissal or during 5th

grade overnight trip)

Time: School Dismissal- 5:00 PM

Fee: Free

More Info: Call or email Lindsev at 914-736-0498 or lluposello@townofcortlandt.com

Due to the COVID-19 Pandemic and constantly changing directives coming from Federal, Sate and Local Authorities, all programs are subject to cancellation.

YC 5TH GRADE OPEN HOUSE

All 5th Grade 2022 Graduates from the Hendrick Hudson, Lakeland (residents) and Croton Harmon School Districts or who are a Cortlandt resident with their parents are invited to come to the Youth Center to meet the staff, and see all the activities and programs the YC has to offer. Youth will then go outside to participate in group activities, while parents stay inside to learn how to register their children for the YC, learn about the BMMS Bus and get any and all of their questions answered. Light refreshments will be available to enjoy outside as you tour the facility.

Day/Date: Saturday, April 23 **Time:** 1:00 PM- 2:00 PM

1:00 PM- 2:00 PM 2:00 PM- 3:00 PM 3:00 PM- 4:00 PM 4:00 PM- 5:00 PM

Fee: Free

Registration: Pre-registration for a time slot is required

for youth & parent(s); search by keywords.

YC 5TH GRADE WELCOME ABOARD LUAU

The YC will host a special LUAU themed DJ Night for 5th Grade Graduates to welcome them to the YC Family! There will be music, snacks, contests and prizes. The Luau is for all 5th Grade Graduates from the Hendrick Hudson, Lakeland (residents) and Croton Harmon School Districts or who are a Cortlandt resident. If your child has any allergies or individual concerns please speak with the YC Director at 914-736-0498.

Day/Date: Friday, May 6

(Rain date: Friday, May 13)

Time: 6:30 PM- 9:00 PM

Fee: Free

Registration: Pre-registration required.

Begins Monday, April 18 and closes Wednesday, May 4th at midnight.

Search by keywords.

All youth must be registered members of the Youth Center prior to registering for the Luau.

Programs are on a first come, first serve basis; number of participants will depend on current COVID regulations. Go to: www.townofcortlandt.com/reconline to register for the YC & 5th Grade Programs. Search by keywords.

TOWN OF CORTLANDT FACILITY RENTALS



*Due to COVID-19, the availability of the Town of Cortlandt rental facilities advertised below may vary. Please contact the phone numbers listed below for more information.

TOWN OF CORTLANDT COMMUNITY ROOM (C.U.E./ GAME CAFE), CORTLANDT TOWN CENTER

The Community Room is located at 3131 East Main Street, Mohegan Lake, in the Cortlandt Town Center. It is available for rental use by Town residents and Town groups. For information and to make a reservation please call the Recreation Office at 914-734-1052, Monday through Friday, 9:00 AM-3:30 PM.







Celebrate your child's birthday or host your Scout, Youth, Church, Synagogue, or Civic Organization Groups meeting/ event at the Cortlandt Youth and Recreation Center. The YC is available to rent for birthday parties on Saturdays and Sundays from 1:30 PM - 3:30 PM for children ages 7 and older. Host up to 20 of your child's friends, where they can play ping-pong, air hockey, pool, foosball, and climb the rock wall. The YC is available Monday through Thursday from 3:00 PM - 8:00 PM for civic organization meetings. Contact Katherine for more information at 914-736-0498.

SPECIAL ACTIVITES AND EVENTS

COMMUNITY GARDEN

Join us to Volunteer at our Town of Cortlandt Community Garden! A Town of Cortlandt resi-dent with tremendous knowledge in gardening volunteers to coordinate this effort! Located at Lake Meahagh, Westchester Avenue, Ver-planck, NY 10596. Cortlandt residents and groups (Scouts, Civic organizations, etc.) will take care of their defined areas with the coordi-nator's guidance. Contact the Town of Cortlandt Recreation Department at tocrec@townofcortlandt.com or 914-734-1050.



CROSS COUNTRY SKIING AND ICE SKATING at Blue Mt. Reservation

Enjoy Ice Skating or Cross Country Skiing at Blue Mt. Reservation located at Welcher Avenue in Peekskill. An ideal location for scenic outdoor cross country skiing and skating. Whether you prefer challenging trails through wooded areas of open spaces to traverse. You must provide your own equipment. No rentals are available. Conditions permitting cross country skiing is allowed seven days a week during daylight hours.

Blue Mt Reservation is an ideal location for scenic outdoor skating. As with skiing you must bring your own skates. No rentals available. Ice is checked daily at all locations for safety and conditions. Look for sign posting safe conditions, ice skating is permitted seven days a week dur-ing daylight hours. For your own safety always check conditions before heading out to the park. For more information go to parks.westchestergov. com/activities/skiingandskating. Free admission and free parking.

EGG HUNT

Come meet and take pictures with the Easter Bunny at our Eighth Annu-al Egg Hunt! Prizes are available for all participants! Age groups: 2-5 years old and 6 years old and over.

Location: Youth Center, 3 Memorial Dr., Croton

3 Memorial Drive, Croton (Off of Albany Post Road, just before

the Cortlandt Train Station)

Day: Saturday, April 9; Rain Date: Sunday, April 10

Deadline: to submit registration is Monday, October 12, 2020.

Time: 1:00 PM, Promptly

Fee: Free

HUDSON RIVER EAGLEFEST

EagleFest returns in 2022 with a twist!

Join in this amazing hybrid festival Saturday, February 4-6, as Teatowns hosts a series of engaging virtual presentations and limited in-person programs.

This event, now in its 18th year, showcases the migration of bald eagles to the Hudson River, and was named the "Best Outdoor Winter Event" by Hudson Valley Magazine in 2019!

We look forward to celebrating as the bald eagles descend upon the Hudson River as part of their annual winter migration!

Please email EagleFest@teatown.org for any and all inquiries. Visit teatown.org/events/eaglefest2021 for more information about the 2021 Eaglefest VIRTUAL programs.

*There will be NO FESTIVAL at Croton Point Park this year *

All events are subject to restrictions or cancellation due to health regulations.





VAN CORTLANDTVILLE HISTORICAL SOCIETY

The Van Cortlandtville Historical Society welcomes people who are interested in learning more about the The Van Cortlandtville Historical Society welcomes people who are interested in learning more about the history of our community and sharing it with others. The society was founded in 1921 and has been head-



quartered in the historic Little Red Schoolhouse, 297 Lo-cust Avenue, Cortlandt Manor, since 1972. A primary goal is hands-on education of children about life in the mid-19th century through such activities as the Early School Days program and the annual Co-lonial Fair, led by history enthusiasts in period clothing. Other activi-ties include reenactments of local military events from the Revolu-tionary War, erection of roadside markers at local historic sites, an-nual memorial services, upgrading of Van Cortlandtville Memorial Park and rehabilitation of the Van Cortlandt family plot in Hillside Cemetery.

The society welcomes appropriate memorabilia and genealogical records from local residents. The society's regular meetings, at 2 PM at the Schoolhouse on the third Saturday of most months, feature a variety of presentations that extend far beyond the primary emphasis on early-day education and the rich Revolutionary War history of the community. Visitors and new members are always welcome. Booklets for a self-guided walking tour are available, along with other literature about local historic sites. Most activities are open to everyone at no charge. For more information, or to schedule a visit, please call the Schoolhouse at 914-736-7868, visit www.vancort.net or email society@vancort.net

NOR-WEST REGIONAL SPECIAL SERVICES

Providing therapeutic recreation programs for individuals with special needs since 1973

Looking for quality recreation for a child, teen, or adult with a developmental disability?

Serving Cortlandt, Peekskill, Ossining & Yorktown



www.nor-west.org **914-737-4797**

Nor-West is a certified OPWDD respite provider



SPECIAL PARK FACILITIES

FOR ALL TOWN OF CORTLANDT RESIDENTS

Please remember dogs must be leashed at all times and please remember to pick up after your dogs.

BICENTENNIAL GARDEN

Serving as a lasting tribute to the Town's 200th Birthday, the garden includes a flower garden, time capsule and site marker. The time capsule contains over 100 items of significance to the Town. Its site is marked by a historic millstone from the vicinity of the Croton River.

Location: Charles J. Cook Recreation Center

Fee: Free

CROTON ARBORETUM

The Jane E. Lytle Arboretum in Croton-on-Hudson NY provides a variety of walking trails, including a handicapaccessible trail, through wildlife habitats on 22 acres of woods and wetlands. Located at the end of Lounsbury/ Fox Road and following a short drive or walk across the Hudson National golf course, the Arboretum is open 7 days a week, 365 days a year. Managed by the Croton Arboretum and Sanctuary Inc., the Arboretum provides programs in conservation, education, and recreation. For directions and information, visit our web page: www.crotonarboretum.org.



FURNACE DOCK LAKE

The Town of Cortlandt acquired and saved the 100 year old Furnace Dock Lake in 2011. It is now part of the Town's parkland and inventory.

Furnace Dock Lake Rules and Regulations For a safe and enjoyable park experience please obey the following rules:

- All activities at your own risk
- Park is open dawn to dusk
- Keep pets leashed, clean up after them as well
- All garbage is to be taken out of the park
- Do not remove or destroy plants, wildlife, or artifacts **The following is prohibited:**
- Hunting, firearms, alcohol, and camping
- Motorized vehicles and mountain bikes
- Fires, smoking, swimming, and dumping

- Feeding wildlife, metal detectors, and radios
- Fireworks, music, and loud noise

HUDSON RIVER COMMUNITY BOAT LAUNCH

Located at the Cortlandt Waterfront Park (Off Riverview Avenue and Broadway in the Hamlet of Verplanck)

Seasonal Use ONLY from April 1 through October
31 Park Hours 7:00 AM to Dusk Rules and Regulations

- Town of Cortlandt, Village of Buchanan and Village of Croton residents only.
- Use of the ramp for commercial purpose is strictly prohibited.
- Town of Cortlandt Boat Launch Permit is required.
 Permit is available at the Cortlandt Town Hall in the Town Clerk's office at 1 Heady Street, Cortlandt Manor, New York 10567, the main phone number is 914–734-1020
- Clear Ramp area Come in Slow NO WAKE
- Seasonal use only from April 1 through October 31
- Pull boat around to launching ramp as soon as space becomes available. Pull boat to the tie-down zone and clear the ramp so others may use the boat launch.
- Permit for ramp access MUST be in full view on the dash or mirror of your vehicle. If your permit is not in view, you will receive a summons and fines.
- Anyone driving over 5 MPH within 50 feet of the shore will forfeit their permit and be given a summons and fines.
- Boat size not to exceed 22 feet.
- · NO swimming, sunbathing.
- Waterskiing or loitering in the launch area.
- NO overnight parking.



CORTLANDT DOG PARK

The Dog Park is located at Sprout Brook Park. There are two areas, one for small dogs and an area for large dogs. For more information and opening date call the Recreation Department at 734-1056.

In order to keep track and send information, we would encourage all residents to register their dogs through the Town Clerk Office, you can find the application in the back of this brochure.

Dog Park Rules and Regulations

PARTICIPATION AGREEMENT AND ASSUMPTION OF RISK AND LIABILTY INSURANCE

- 1. Dog Park closes at dusk daily.
- 2. No animals other than dogs may be brought into the fenced area.
- All dogs must be leashed until safely inside the Dog Park and returned to a gates are closed after entering and leaving the park.
- 4. Do not leave a leash on dogs in the park. Bring your leash into the park in case of emergency or altercation.
- Dog owners must remain in the fenced area while their dogs are using the Dog Park. Owners must be in view of their dogs and have voice control at all times.
- Children accompanying dog owners must be strictly supervised and at least 12 years old to be allowed inside unless accompanied by an adult.
- Children under 10 years old not allowed (some dogs see small dogs as prey) in large dog area.
- 8. Children under 5 years old not allowed in the park.
- 9. Spectators should remain outside the fenced area.
- 10. Aggressive dogs and dogs in heat are not allowed.
- 11. Owners must immediately leash and remove dogs from the Dog Park at the first sight of aggressive behavior.
- 12. Please be courteous to others do not bring sick dogs to the park.
- 13. Owners must dispose of waste properly in the designated on-site containers. Owners must prevent dogs from digging holes.
- 14. While small bite-sized training treats are permitted, foods in bowls, long lasting chews, or glass containers are not allowed.
- 15. No Smoking and no food are allowed inside of the Dog Park.
- 16. No more than three (3) dogs per person are allowed on any single visit.
- 17. Puppies less than four (4) months old are not permitted in the park.
- 18. Dogs must be licensed and vaccinated for rabies and DHLPP. Current
- license and rabies tags must be worn on the dog's collar at all times.

 19. Owners are liable for any injury or damage caused by their dog and are fully responsible for their dog's actions.
- 20. Trainers are not allowed to use the park to conduct business.
- 21. Any incident, problem etc. should be reported to Cortlandt Recreation and Parks 914-734-1050. Office is open Monday thru Friday 8:30am to 4pm.
- 22. In the event of an emergency call 911.

I Understand That: Permission from the Town to use the Dog Park is conditional on compliance with the above dog park rules.

I Also Understand and Agree That: The dog park is to provide a fenced-in area where dog owners may bring their dogs and permit them to run freely with other dogs, and that unleashing my dog (s) and being present in an area where there are other people, including children, and other unleashed dogs, poses risks to others and myself and to my dog (s) and the dogs and property of dogs, and I do hereby agree to assume such risks.

I Further Agree To: Release, discharge, hold harmless and indemnify the Town all of it's officials, agents, officers, employees and representatives from liability for any and all claims for injuries, damages and/or losses whatsoever to any person or animal (including but not limited to disability and death) or property which may arise out of, result from or be associated with the use of or presence on the dog park by myself and/or my dog (s).



HOLLOW BROOK GOLF COURSE



For Cortlandt Residents

Public Access to the Hollow Brook Golf Course (off Oregon Road)

The Hollow Brook Golf Club is a private/public course with Town residents being able to reserve tee-times. The course will open in April 2022 (weather permitting). The Town coordinates those rounds reserved for the exclusive use of Town residents (Agreement on file), Tuesday thru Sunday for public use. On Tuesday and Thursday, 7 of the tee times are discounted at \$85 after 2:00 PM, Greens fees will be a total \$110 for all other tee times Tuesday, Wednesday and Thursday. On Fridays, Saturdays, Sundays and Holidays greens fees will be \$160 with no tee times before noon. Prices include greens fees and a cart. Range balls (only available when playing) for \$10. Reservations can be made five days in advance by calling 914-734-1500.

For the 2022 golf season residents will need to purchase a golf sticker in the recreation department of Town Hall, 1 Heady Street, Cortlandt Manor, N.Y. for a fee of \$12 for the 2022 Golf season. This sticker will be placed on the Town of Cortlandt resident ID card. If you do not currently have a VALID Town of Cortlandt I.D. Card, one can be purchased for an additional \$7. For further information regarding Hollow Brook please call 914-734-1058.

To reserve tee times residents will need to call the Hollow Brook Golf Course - 914-734-1500.

2022 Golf Sticker Fee: \$12 with a valid Town of Cortlandt ID Card (plus an additional \$7 if a Town of Cortlandt ID is needed)

Rules for Town of Cortlandt Players

- 1. Tee Times can be made by phone only.
- Tee Times can be made five (5) days in advance, after 10:00 AM i.e. Friday for Tuesday, Saturday for Wednesday, Sunday for Thursday, Monday for Friday, Wednesday for Saturday and Sunday.
- 3. Residents must have golf shoes with soft spikes, collared shirts, golf pants or Bermuda shorts NO JEANS, CUT OFFS, SHORT SHORTS, and CARGO PANTS OR SHORTS.
- 4. Residents may bring one guest at town fees.
- 5. Residents can only make reservations for themselves and their guest and not another town resident.
- Residents must show their Town of Cortlandt resident card with a golf sticker.
- 7. Residents cannot use the driving range or practice areas unless they are playing golf.
- 8. Additional fees will be charged for food and beverage.
- 9. Additional fees will be charged for the driving range \$10.00
- 10. Residents will not be allowed on the tee before their Tee Time and do not have access to the Club House.

CORTLANDT HOCKEY RINK

Cortlandt Train Station, Route 9A, Montrose, NY Time slots not reserved by Cortlandt Recreation programs are available for Community Use. Call 914-734-1055 for more information.

Skate at your own risk.

For your protection, please observe the following rules:

- 1. Skaters must wear proper safety equipment:
- 2. Helmets, rubber wheeled skates, elbow pads, kneepads & wrist guards.
- 3. Roller hockey activities require a caged helmet, shoulder pads, shin guards, gloves and mouth guard.
- 4. Helmets with face mask/cage must be worn at all times for roller hockey including on player benches.
- 5. Skaters must provide their own equipment.
- 6. Only in-line skaters are permitted in rink.
- 7. No bicycles, skateboards, scooters, radio controlled toys, food or spectators permitted inside rink.
- 8. Graffiti, vandalism, and the use of profanity, tobacco, and alcohol, drugs or glass containers are prohibited.
- 9. Please deposit all trash in containers.
- 10. Rink hours are 9 am to dusk.
- 11. No skating when surface is wet.
- 12. No trespassing after rink hours or when locked.
- 13. Use of rink is by permit from Cortlandt Recreation. Division only.
- 14. Skate rink is open to Town Residents only.

FAILURE TO ABIDE BY THESE RULES WILL RESULT IN THE LOSS OF PARK PRIVILEGES.

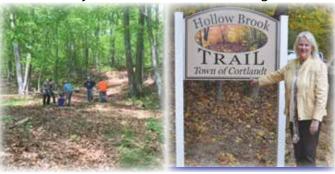
The Town of Cortlandt is not liable for any accident or injury to persons or property resulting from the use of this skate rink. Please be considerate of fellow skaters especially those who are younger or less skilled. Serious injury may result from colliding with other participants. Please be considerate of surrounding neighbors.





HOLLOW BROOK TRAIL

Hollow Brook Trail was dedicated on October 20, 2016 the trail is part of 70 acres that was given to the Town several years ago. The trail was completed in August and is approximately 3 quarters of a mile long. The entrance to the trail is located at the bottom of Anton Place, in Lake Peekskill, Town of Cortlandt. The trail is adjacent to the Hollow Brook golf course.



CHARLES J. COOK PARK MINIATURE GOLF

At Charles J. Cook Recreation Center, a 9-hole miniature golf course opened in the spring of 2019. Each hole has a Town of Cortlandt inspired feature such as the Little Red School House, Bear Mountain Bridge and Toll House. The course will be open to both pool users and the general public during normal operating hours. The golf course will remain open spring, fall, summer weather permitting.



CHARLES J. COOK PARK FITNESS TRAIL

The nature and fitness trail is approximately $\frac{1}{2}$ mile and consists of an 8-ft wide rustic trail (natural) and twenty (20) pieces of fitness equipment.



HUDSON HIGHLANDS GATEWAY PARK

Sprout Brook Road (Main), Doris Lee Drive, Cortlandt Manor



Threatened twice by dense residential development, was protected in 1998 when a coalition of more than 35 groups representing homeowners, the homeowners, the community, government agencies and several environmental organizations united to preserve this 352-acre site. The Coalition to Preserve the Hudson Highlands Gateway raised \$6 million to buy the parcel. In May 2000, the Scenic Hudson Land Trust, the Town of Cortlandt and Westchester County purchased the property.

A network of trails in the park exposes visitors to woodlands, streams, steep slopes, bedrock outcroppings and meadows, revealing much human and natural history and providing spectacular river views. This park is ecologically significant because it is home to several; noteworthy ecosystems. The site's upland wetlands are crucial for many frogs and salamanders to survive. Several different snake species use the prominent, east-facing cliffs of the park to warm themselves in the sun. Also the park's Westchester County location is in one of the country's three major bird migration corridors. Come spring, hundreds of thousands of birds fly over the park where they stop to rest and feed.

Since the property was acquired, the Hudson Highlands Gateway Task Force, a group of concerned citizens - has been working with The Scenic Hudson Land Trust, the Town of Cortlandt and New York-New Jersey Trail Conference on issues including park improvements, illegal ATV use and assessing the park's natural resources.

Hudson Highlands Gateway Park is an ideal destination for an afternoon or all-day outing. Recreational activities abound, including hiking, birding, cross-country skiing, fishing and snowshoeing. Located at the southern end of the fabled Hudson Highlands, the park once served as a Revolutionary War lookout and now is open for public enjoyment.

Directions

Two parking areas are available; one is temporarily shared with Sprout Brook Park, 0.3 miles from the intersection of Sprout Brook Road and Highland Avenue, just past and on the same side as the athletic. Cross road and enter park through the gap in guardrail. Universally accessible parking area is at the end of Doris Lee Drive (see map). Park on gravel in front of fence.

Operating Hours: Open year-round, from dawn to dusk. **Scenic Hudson**

YOUR VALLEY, YOUR VOICE, YOUR FUTURE

We hope you enjoy visiting Hudson Highlands Gateway Park. This and other significant Hudson Valley landscapes are protected by the Scenic Hudson Land Trust with the support of the Lila Acheson and DeWitt Wallace Fund for the Hudson Highlands, created by the founders of Readers Digest Association, Inc. Scenic Hudson also gratefully acknowledges those who helped make this park a reality; Town of Cortlandt, Westchester County, New York- New Jersey

Trail Conference, New York State and many dedicated individuals who donated their time, energy and financial support.

Visit other Scenic Hudson Parks nearby:

Scenic Hudson Park at Irvington Habirshaw Park on the Hudson, Yonkers

Both in Westchester County www.scenichudson.org/parks *E-mail*: info@scenichudson.org

Please call or write to receive a free Adventure Guide to Scenic Hudson's Parks, Preserves and Trails Scenic Hudson works to protect and restore the Hudson River and its majestic landscape as an irreplaceable national treasure and a vital resource for residents and visitors. A crusader for the valley since 1963, today they are the largest environmental group focused on the Hudson River Valley. Our team of experts combines land acquisition, support for agriculture, citizenbased advocacy and sophisticated planning tools to create environmentally healthy communities, champion smart economic growth, open up riverfronts to the public and preserve the valley's inspiring beauty and natural resources.

Park Rules & Regulations

Please remember, you are not only a visitor but also a steward of the land. For a safe and enjoyable experience please observe the rules:

- The park is open dawn to dusk.
- Vehicles are permitted only in the designated parking areas.
- Stay within the posted property boundaries, and be considerate of other visitors and adjoining property owners.
- Keep pets leashed; please clean up after them.
- Do not remove or destroy plants, wildlife or artifacts.
- · Always hike with a friend.

The following are prohibited:

 Motorized vehicles, camping, fires, alcohol, firearms, feeding wildlife, smoking, dumping, swimming, metal detectors, mountain bikes and radios.

The preserve offers:

Hiking, birding, fishing in Annisville Creek, snowshoeing, cross-country skiing and waterfowl observation.

Caution

Deer ticks, which can transmit Lyme disease, are a growing problem. Take precautions and check for ticks after leaving.

Description of Trails:

Hudson Highlands Gateway Park has four trails, totaling more than 4.9 miles that traverse the 352-acre site. There are many meandering, wooded roads where one could easily get lost. Please stay on marked trails. The degree of difficulty for the hiking trails ranges from easy to moderate. Trail users should wear sturdy shoes and beware of loose rocks, holes and slippery surfaces.

(Red Trail) Annsville Creek Trail 1 mile, approx. 1 hr.

This trail starts at Doris Lee Drive and is universally accessible to the Pond Overlook. It travels by Annisville Creek, which contains breeding trout populations. Fishing is allowed. A sensitive wetland area surrounds the creek.

(Blue Trail) Upland Trail 2 miles

A steep ascent through a meadow and mixed woods forest brings visitors to a terrific view of the Hudson River. The remainder of the trail encompasses rolling terrain that passes by many historic stonewalls.

(Yellow Trail) Hudson Overlook Spur 0.6 miles

Distinguished by its scenic overlook, this trail also crosses a small stream that is the outlet for a large wetland upslope.

(White Trail) Vernal Pool Trail 1.6 miles

Beginning from the northernmost point of the Upland Trail, this trail works its way up and along a ridgeline. As it descends it passes by a large vernal pool, through a wetland and contains a number of steep slopes. Be cautions of wet surfaces. The trail finishes along an old woods road and rejoins the Upland Trail.



Cortlandt Community Recreation Area Croton Avenue, Cortlandt Manor



Jim Martin Aviation Playground Cortlandt Waterfront Park River View Avenue, Verplanck



Muriel H. Morabito Community Center Playground 29 West Brook Drive, Cortlandt Manor



Old Pond Park 8th Street, Verplanck







Sprout Brook Park Playground Sprout Brook Park, Cortlandt Manor



Tommy Thurber Park Playground Tommy Thurber Lane, Montrose



Peter Cutignola Memorial Playground 1 Memorial Drive, Croton



Sunset Park Playground Sunset Road, Montrose



OSCAWANA BOAT LAUNCH

Oscawana boat launch is located on Cortlandt Street in Crugers. A launching area for kayak's and canoes; hiking trails that lead out to the Hudson River. It was dedicated on October 4, 2004 by Cortlandt Town Supervisor and the Town Board.



SPROUT BROOK PARK

Sprout Brook is located at 130 Sprout Brook Road in the Town of Cortlandt. The park is over 22 acres and has two lighted men's and women's softball fields. Within the park there is a little league field as well as a soccer field. Both were dedicated in the spring of 2007. The little league field has a snack bar and a batting cage. A dog park with two separate areas for small and large dogs was dedicated in 2008. There is a large pavilion with barbeque grills for rental by the public that can accommodate up to 200 people. Located by the pavilion there is a playground for children. In the Fall of 2016, a new Lacrosse/ All purpose field was dedicated.



STEVEN HEBERT MEMORIAL SKATE PARK

Muriel H. Morabito Community Center West Brook Drive, Cortlandt Manor, N.Y.

Hours of Operation:

The following hours are weather permitting. Rain, snow, or temperatures below 35° will cause the park to close.

Monday - Sunday 10:00 AM-dusk Skate Park may be closed for repairs or maintenance - signs will be posted. *PLEASE NOTE:* The Park is no longer supervised. Please follow all posted rules and skate at your own risk.

No Trespassing after park hours.

PICKLEBALL COURT

With the increasing popularity of the growing paddle sport, pickle ball, the Town of Cortlandt has converted one tennis court at the Croton Community Recreation Area off of Croton Avenue (Down the road from Walter Panas High School) into four pickle ball courts. Courts are for residents only & their guests.



THE TOLL HOUSE

is located on Bear Mt. Road, Cortlandt Manor, NY and was dedicated on September 22, 2002. It is a visitor center with information about the Hudson Valley. It is opened seasonally from May to November.



CORTLANDT WATERFRONT PARK

The Cortlandt Waterfront Park is located at 77 Riverview Avenue, Verplanck, NY 10596 and is located off of Riverview Avenue and Broadway in Verplanck. Come and enjoy the Park, which includes a gazebo, fishing, crabbing, playground, veterans memorial, walking path, small boat, kayak and canoe launch area, horseshoe pits (bring your horseshoes). All with a spectacular view of the Hudson River! The Cortlandt Waterfront Park also hosts the Town of Cortlandt Summer Concert and Movie Series.

TENNIS COURT INFORMATION

TENNIS NETS will be kept up weather permitting at the following locations around mid March:

Charles J. Cook Tennis Courts 2 Courts Furnace Dock Road, Cortlandt Manor

Lake Street Tennis Courts
Lake Street, Montrose

6 Courts

Walter Panas Tennis Courts 6 Courts Croton Avenue, Cortlandt Manor

Cortlandt Community Recreation Area 1 Court Croton Avenue, Cortlandt Manor

COURT AVAILABILITY

Due to changing schedules, dates and times of court availability will be posted at the court

RULES & REGULATIONS

In order to accommodate as many residents as possible, use of the courts over an hour and a half consecutive hours is prohibited if the courts are full.

TOWN OF CORTLANDT DEPARTMENT OF RECREATION AND CONSERVATION SEASONAL EMPLOYEE APPLICATION 100 OF CORTLAND T MANOR, NY 10567 914-734-1050 TOCREC@TOWNOFCORTLANDT.COM

Last Name	Je					First Name					Phone #		Date Available			
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FOR FULL TIME EMPLOYMENT APPLICATIONS, PLEASE CONTACT TOWN OF CORTLANDT HUMAN RESOURCES AT 914-734-1004.

TOWN OF CORTLANDT DOG PARK REGISTRATION



	阿尔尔 公 德
Name of Dog Owner:	
Address:	
Telephone Number:	
Email Address:	
Name of Dog (s):	
Date of Vaccination Expirations:	
Dog License Number:	
INJURY RELEASE: I agree, or agree on behalf of my minor child, to assume: (i) all risk of pobodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting partici-pation in the designated activity. I also release, waive, indemnify, hold harmless, a Cortlandt from all claims, damages, and injuries arising out of my or my minor child's active minor child's use of equipment and facilities provided by the Town of Cortlandt. By check you are signing this Agreement.	g from or arising out of and discharge the Town of vities, including my or my
I Accept	
COVID-19 RELEASE: By participating in any programs sponsored by the Town of Cortlands gious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infectionation. I agree that if I am exposed to or infected by COVID-19 during my participation by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right the Town of Cortlandt for exposure to COVID-19, and my heirs, successors, assigns, and I cortlandt harmless with respect to any damages incurred from contracting COVID-19. I a and fully understand the terms and conditions. By checking "I Accept" line below, you are	ected by COVID-19 by my par- in any programs sponsored to maintain a lawsuit against shall hold the Town of acknowledge that I have read
I Accept	
Owner's Signature	Date

Please mail the completed Dog Park Registration Form to Town of Cortlandt Town Hall: Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY 10567.

Please contact the Town of Cortlandt Recreation Department with any questions or concerns at tocrec@townofcortlandt.com or 914-734-1050.

TOWN OF CORTLANDT ADULT PROGRAM ACTIVTY REGISTRATION FORM

ONLINE REGISTRATION AVAILABLE FOR CORTLANDT RECREATION PROGRAMS: <u>WWW.TOWNOFCORTLANDT.COM/RECONLINE</u> PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPETELY FILLED IN

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CORTLANDT MANOR, NY 10567

TOWN OF CORTLANDT YOUTH PROGRAM ACTIVTY REGISTRATION FORM

ONLINE REGISTRATION AVAILABLE FOR CORTLANDT RECREATION PROGRAMS: <u>WWW.TOWNOFCORTLANDT.COM/RECONLINE</u>

PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPETELY FILLED IN

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TOWN OF CORTLANDT GIRLS LACROSSE LEAGUE 2022

and fee to:

ONLINE REGISTRATION AVAILABLE AT

WWW.TOWNOFCORTLANDT.COM/RECONLINE!

If you would like to register by mail, please return this form

\$90 with Town of Cortlandt ID Card

\$95 with Town of Cortlandt ID Card

\$114 nonresident

\$120 nonresident

\$95 without Town of Cortlandt ID Card

\$100 without Town of Cortlandt ID Card

Fee:

Late Fee:

Parents Meet ng March 12th at Lacrosse All Purpose Field, 9:00 AM	1 Heady Street Cortlandt Manor, NY 10567
1ST/ 2ND GRADE 3RD/ 4TH GRADE	FIVISION BELOW E GIRLS LACROSSE E GIRLS LACROSSE E GIRLS LACROSSE
Childs Name	
School	Grade D.O.B //
Pertinent medical information (Allergies, medications, et	tc.)
Has your child ever played lacrosse before? Yes/ No	Name of Team
RPG (Registered Parent/ Guardian)	
Home # Work or Cell #	Email
Street Address	Town Zip
Emergency Contact Name	Emergency #
of any personal property resulting from or arising out of participation in the des	Il risk of personal injury or loss; (ii) bodily injury; and (i ii) damage to, loss of, or destruction signated activity. I also release, waive, indemnify, hold harmless, and discharge the Town ninor child's activities, including my or my minor child's use of equip-ment and facilities
of COVID-19 and voluntarily assume the risk that this child may be exposed to or infected by COVID-19 during his or her participation in any programs sponsored to maintain a lawsuit against the Town of Cortlandt, volunteer coaches, emp	any programs sponsored by the Town of Cortlandt, I acknowledge the contagious nature or infected by COVID-19 by his or her participation. I agree that if he or she is exposed to or if by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right aployees, and hired independent contractors, for exposure to COVID -19, and my heirs, act to any damages incurred from my child contracting COVID-19. Every participant should wledge that I have read and fully understand the terms and conditions.
location listed below for use in town publications such as brochures and mage electronic versions of the same publications or on the Town of Cortlandt we printed or electronic matter that may be used in conjunction with them now a royalties or other compensation arising from the related to the use of the Cortlandt and its agents or employees, including any firm publishing and, electronic media, from and against any claims, damages or liability arising from	of its agents or employees, to use photographs taken of me on the date and at the lazines, and to use the photographs on display boa ds, and to use such photo-graphs in the site. I hereby waive any right to inspect or approve the finished photo-graphs or or in the future whether that use is known to me or unknown, and I waive any right to be photograph. I hereby agree to release, defend, and hold harm-less the Town of all distributing the finished product in whole or in part, whether on paper or via the form or related to the use of the photographs, including but not lim-ited to any misuse, wither intentionally or otherwise, that may occur or be produced in taking, processing, it Accept
I understand that my child agrees to play on any team assigned, obey all rules	and to attend practice showing fair play and sportsmanship at all times.
Parents Signature	Date
The Town of Cortlandt DOES .	NOT PROVIDE ACCIDENT INSURANCE.
If you are interested in coaching, please go to call 914-734-105 PLEASE NOTE, registering to be a coach through Co	od Sponsors Needed o www.townofcortlandt.com/reconline to register or 55 for more information. ommunity Pass does not guarantee you a coaching position. upervisor with more information if you are selected.
FOR OFFICE USE ONLY: TR Receipt # CC Receipt #	Date Deposited

TOWN OF CORTLANDT SPRING BOYS YOUTH SOCCER LEAGUE 2022

WWW.TOWNOF	\$60 with Town of Cortlandt ID Card \$65 without Town of Cortlandt ID Card \$76 nonresident \$70 with Town of Cortlandt ID Card \$75 without Town of Cortlandt ID Card \$90 nonresident ATION AVAILABLE AT CORTLANDT.COM/RECONLINE! to register by mail, please return this form and	EVALUATIONS WILL TAKE PLACE AT BLU SCHOOL ONLY FOR PLAYERS THAT DID FALL 2021 LEAGUE. Pee Wee Boys (1st & 2nd Grade) Monday, March 21st at 6:00 PM Midget Boys (3rd, 4th & 5th Grade) Tuesday, March 22nd at 6:00 PM *ALL PLAYERS MUST PROVIDE THEIR O	NOT PARTICIPATE IN THE
Street, Cortlandt	Cortlandt Recreation Department, 1 Heady Manor, NY 10567	SHELL SHINGUARDS*	
School	Pertinent medic	al information	
Has your child pl	ayed soccer before? Yes / No If you played for	the Town in the Fall, what team?	
	nave any conflict, which could prevent him/ her days? (Circle One) Yes / No If yes, what?		
•	e select one): Youth: Medium (8-10) Youth: Lar 36) Medium (38-40) Large (42-44) X-Large (46-	, ,	
RPG (Registered	Parent/ Guardian)		
Street Address		Town	Zip
Home #	Work or Cell #	Email	
of any personal prope of Cortlandt from all provided by the Town COVID-19 RELEASE: nature of COVID-19 of exposed to or infected have waived any right -19, and my heirs, su Every participant sho condiWions. PHOTO RELEASE: I glocation listed below in electronic versions printed or electronic to royalties or other Cortlandt and its age electronic media, fro distortion, blurring, of reduction or product	rree, or agree on behalf of my minor child, to assume: (i) all ri erty resulting from or arising out of participation in the design claims, damages, and injuries arising out of my or my minor c	ated activity. I also release, waive, indemnify, hold hidd's activities, including my or my minor child's use of any programs sponsored by the Town of Cortlandt, and to or infected by COVID-19 by his or her participals as sponsored by the Town of Cortlandt, then my henteer coaches, employees, and hired independent of miless with respect to any damages incurred from moto wear masks. I acknowledge that I have read and agents or employees, to use photographs taken of a fines, and to use the photographs on display board site. I hereby waive any right to inspect or approximate in the future whether that use is known to me or unotograph. I hereby agree to release, defend, and tributing the finished product in whole or in part, who or related to the use of the photographs, including intentionally or oth erwise, that may occur or be particular.	damage to, loss of, or destruction armless, and discharge the Town of equip-ment and facilities I acknowledge the contagious ation. I agree that if he or she is iirs, successors, assigns, and I ontractors, for exposure to COVID my child contracting COVID-19. If fully understand the terms and me on the date and at the is, and to use such photo-graphs or unknown, and I waive any right hold harm-less the Town of whether on paper or via mg but not lim-ited to any misuse, roduced in taking, processing,
	The Town of Cortlandt DOES N	OT PROVIDE ACCIDENT INSURANCE.	
	If you are interested in coaching, please go to g call 914-734-1055 for more information. If you are in PLEASE NOTE, registering to be a coach through Com	terested in sponsoring a team, please call 914	1-734-1055. ng position.
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YOUTH SOCCER REGISTRATION DEADLINE: MARCH 1, 2022

Participants placed on the waitlist are not guaranteed a spot in the league

TOWN OF CORTLANDT TRAVEL SOCCER 2022/2023

Teams will participate in the East Hudson Youth Soccer League. The program, requires 2 practices and one game per week. Practices will start in August. The fall season includes approximately 10 weeks of league play, (5 home games and 5 away games). The season will then continue in the Spring with another 10-week schedule. It is a one-year commitment. Teams may participate in tournaments throughout the year. If your child played in 2022/2023 they MUST attend tryouts. There are no guarantees that they will make the team again.

ELIGIBILITY: Town of Cortlandt Residents, and those attending a Hendrick Hudson & Lakeland School Districts

DEADLINE: Friday, May 6 FEE: \$500.00 per child

(You do not have to make payment at this time, only if child makes the team)

Fee includes cost of tryouts, training sessions, officials for home games, equipment & uniforms.

MAIL TO: Town of Cortlandt Recreation & Conservation Department

1 Heady Street

Cortlandt Manor, NY 10567 Attention: Lesley Popkin

For questions, please contact Lesley Popkin at lesleyp@townofcortlandt.com or 914-734-1057.

TRAVEL SOCCER TRYOUT (BOYS & GIRLS) TRYOUT DATE: SATURDAY, MAY 14, 2022

Rain date is Saturday, MAY 21 at Sprout Brook Lacrosse & Multi Purpose Field

GIRLS U10/U11 8:30 AM- 9:45 AM Birth Year: 2012 or 2013 BOYS U10/U11 10:00 AM- 11:15 AM Birth Year: 2012 or 2013 BOYS U12 11:30 AM- 12:30 PM Birth Year: 2011 GIRLS U13 1:30 AM- 2:30 PM Birth Year: 2010 BOYS U14 Birth Year: 2009 2:45 PM- 3:45 PM

Please fill out completely or your child will **NOT** be registered for tryouts.

Please Circle:	GU10/GU11	GU13	BU10/BU11	BU12	BU14		
Childs Name						D.O.B	Grade
School				Parent	Name		
Address					City		Zip Code
Home #				Ce	ell #		
Email Address	i						

INJURY RELEASE: I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt.

COVID-19 RELEASE: By granting permission for my minor child to participate in any programs sponsored by the Town of Cortlandt, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that this child may be exposed to or infected by COVID-19 by his or her participation. I agree that if he or she is exposed to or infected by COVID-19 during his or her participation in any programs sponsored by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right to maintain a lawsuit against the Town of Cortlandt, volunteer coaches, employees, and hired independent contractors, for exposure to COVID-19, and my heirs, successors, assigns, and I shall hold the Town of Cortlandt harmless with respect to any damages in-curred from my child contracting COVID-19. Every participant should bring a mask as players on the sideline will be required to wear masks. I acknowledge that I have read and fully understand the terms and conditions.

I understand that my child agrees to play on any team assigned, obey all rules and to attend practices showing fair play and sportsmanship at all times.

Parents Signature		_ Date
For Office Use Only: Deposited	Date Deposited	

TOWN OF CORTLANDT SPRING GIRLS YOUTH SOCCER LEAGUE 2022

Fee: Late Fee:	\$60 with Town of Cortlandt ID Card \$65 without Town of Cortlandt ID Card \$76 nonresident \$70 with Town of Cortlandt ID Card \$75 without Town of Cortlandt ID Card \$90 nonresident	EVALUATIONS WILL TAKE PLACE AT BLUE MOUI SCHOOL ONLY FOR PLAYERS THAT DID NOT PARTI FALL 2021 LEAGUE. Pee Wee Girls (1st & 2nd Grade) Monday, March 14th at 6:00 PM	
	ATION AVAILABLE AT CORTLANDT.COM/RECONLINE!	Midget Girls (3rd,4th & 5th Grade) Tuesday, March 15th at 6:00 PM	
fee to: Town of C	to register by mail, please return this form and Cortlandt Recreation Department, 1 Heady Manor, NY 10567	*ALL PLAYERS MUST PROVIDE THEIR OWN SHORT. SHELL SHINGUARDS*	S AND HARD
Childs Name		_ Male Female Grade D.O.B	
School	Pertinent medical	information	
Has your child pla	ayed soccer before? Yes / No If you played for t	he Town in the Fall, what team?	····
nights and Saturo Shirt Sizes (Please	days? (Circle One) Yes / No If yes, what?e select one): Youth: Medium (8-10) Youth: Larg e		
	36) Medium (38-40) Large (42-44) X-Large (46-4		
RPG (Registered	Parent/ Guardian)		
Street Address		Town	۲ip
Home #	Work or Cell #	Email	
of any personal prope of Cortlandt from all of provided by the Town COVID-19 RELEASE: B of COVID-19 and volu infected by COVID-19 to maintain a lawsuit successors, assigns, as bring a mask as playe PHOTO RELEASE: I glocation listed below electronic versions of printed or electronic royalties or other cor Cortlandt and its age media, from and aga blurring, alterations, production of the fin.	ree, or agree on behalf of my minor child, to assume: (i) all risk rity resulting from or arising out of participation in the designal claims, damages, and injuries arising out of my or my minor child of Cortlandt. by granting permission for my minor child to participate in any notarily assume the risk that this child may be exposed to or infeduring his or her participation in any programs sponsored by the against the Town of Cortlandt, volunteer coaches, employees, and I shall hold the Town of Cortlandt harmless with respect to a risk on the sideline will be required to wear masks. I acknowled from use in town publications such as brochures and magazing for use in town publications or on the Town of Cortlandt web site matter that may be used in conjunction with them now or in mensation arising from the related to the use of the photoginist any claims, damages or liability arising from or related optical illusion or use in composite form, either intentionally ished product, its publication or distribution. I Accept	Emergency # To of personal injury or loss; (ii) bodily injury; and (iii) damage to, lot ted activity. I also release, waive, indemnify, hold harmless, and did's activities, including my or my minor child's use of equip-ment of the control of the control of the Town of Cortlandt, I acknowledge the cotted by COVID-19 by his or her participation. I agree that if he or she Town of Cortlandt, then my heirs, successors, assigns, and I have and hired independent contractors, for exposure to COVID-19, and any damages incurred from my child contracting COVID-19. Every if the time of the theory and the terms and conditions the test of the terms and conditions the test of the photographs on display boards, and to use shes, and to use the photographs on display boards, and to use shes, and to use the photographs on display boards, and to use shes, and to use the photographs on display boards, and to use shes, and to use the photographs on display boards, and to use shes, and the future whether that use is known to me or unknown, and the product in the future whether that use is known to me or unknown, and the product in the finished product in whole or in part, whether on part to the use of the photographs, including but not limited to any or otherwise, that may occur or be produced in taking, process to the test of the photographs, including but not limited to any or otherwise, that may occur or be produced in taking, process of the other produces showing fair play and sportsmanship at all the provide accident insurance.	lischarge the Town and facilities e contagious nature she is exposed to or we waived any right d my heirs, participant should s. ee and at the each photographs in loto-graphs or I waive any right to the Town of per or via electronic or misuse, distortion, sing, reduction or
	The Town of Cortlandt DOES NO	T PROVIDE ACCIDENT INSURANCE.	
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FACILITIES USED BY CORTLANDT RECREATION LOCATION GUIDE	\$ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\	Coc. Coc.	\$178 G1/2	\$1000 P.00	Aree II	Var. Roo	Tare Its	in Straight	OUT OUT	20 /20 20 /20 20 /20	\$0,000 Pes; 000 Pes;	CA CIANA ROOM	Rolling	St. Citizen	Les Ces	C.C. ROW	Picke Psy	Sall Coll	
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3. Charles J. Cook Recreation Center		•		•				•	•	-	•		•				•		
4. Cortlandt Community Recreation Area	, 18/	•						100	181	÷					_				•
5. Cortlandt Town Center Community Room											H								
(C.U.E.)													•						
6. Cortlandt Town Hall	•						÷				\vdash	\dashv	•						
7. Cortlandt Waterfront Park	(M)		•			•	1972	•		•			870					•	
8. Cortlandt Youth & Recreation Center		•	55			10 TH	•	20.51	•	•	H		•	•				01.00	
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12. Furnace Woods Elementary School	•	•					•			•			•						
13. George Washington Elementary School		•								•			•						
14. Hendrick Hudson High School	•	•					•			10.78	H		•						
15. Hudson Highlands Gateway Park							10.00	•	•				100						
16. Lake Meahagh		•									H				•			•	
17. Lake Street Tennis Courts											\Box						•		
18. Lents Cove Park	•		•					•	•		H						882		
19. Letteri Field	•		0300					0700	2000										
20. Lincoln Titus Elementary School	•	•					•			•	Ħ		•						
21. Lynwood Gardens Field	•																:		
22. Muriel H. Morabito Community Center	.)	•				•	•			•			•			•			
23. Old Pond Park						W. M.	0.000			•									
24. Oscawana Island Nature Preserve			•					•											
25. Roller Hockey Rink										•					•				
26. Sprout Brook Ball Fields & Multi Purpose																			
Field	•																		
27. Sprout Brook Park	•			•	•				•	•									
28. St. Columbanus Little League Field	٠														(-				
29. Steam Boat Park			•						•										
30. Steven H. Herbert Memorial Skate Park															•			ľ	
31. Sunset Park & Playground									•	•	\Box								
32. Tommy Thurber Playground									•	•									
33. Van Cortlandtville Elementary School	•	•					•			•	П		•						
34. Verplanck Schoolhouse Community Center				,			•						•		(-		•		
35. Walter Panas High School	•	•					•				\Box		•				•		



Interested to learn more about what the Town of Cortlandt has to offer?

VISIT US ON OUR WEBSITE, FACEBOOK, AND INSTAGRAM!



WEBSITE: www.townofcortlandt.com

FACEBOOK: Facebook/townofcortlandt

INSTAGRAM: @townofcortlandt

For more updates on events, programs and other important information, sign up for our email blasts at

www.townofcortlandt.com

and follow the link at the bottom of the page for 'Updates by Email'!