

Friday

## 29 WESTBROOK DRIVE CORTLANDT MANOR, NY 914-528-1572

Monday

Tuesdaw



Thursday

## SCHEDULE OF EVENTS

<u>Open House Week;</u> Stop by during the week of October 2nd - 6th to check out our programs and meet new friends.

<u>Pizza & Movie</u>: Friday, October 8th "Ghostbusters-Answer the Call" with Melissa MCarthy, Kristan Wilg, and Dan Aykroyd. Paranormal researcher Abby Yates (Melissa McCarthy) and a physicist are trying to prove ghosts exist in modern society. \$5.00 includes pizza, beverage and dessert. Must pre-register no later than 1 week prior with payment.

<u>Meet the Candidates</u>: Tuesday, October 10th at 10:30am. Be informed, meet the candidates that will be on the ballot in November. Light refreshments will be served.



**Big Bingo:** Wednesday, October 11th @12:30pm. Entrance fee is \$7.00 which includes a card for each game. Additional cards, dabbers and bonus games will be available for purchase the day of the event. Must pre-register with payment to secure your spot.

<u>Craft Afternoon at the Center</u>: Wednesday, October 18th @12pm. Join Cheri from Hendrick Hudson Library for a fun time making a craft with a Halloween theme. Must register in advance.

## Tai Chi Update: Tai Chi Classes end on October 18th.

<u>Smart Phone Basics</u>: Friday, October 20th from 11:00m - 12:00pm. Stop in and get the help you need on Android or Apple phone.

Walking Tour of Italy: Friday, October 20th from 1 - 3pm. Come see the highlights of Italy in a walking tour video.

<u>Healthy Cooking for One or Two</u>: Monday, October 23rd. Brought to you by Westchester County Department of Senior Programs and Services: Nutrition Health & Wellness Unit. The focus will be on seasonal items available at your local farmers markets. Theresa George, MS, RDN, CDN, will be teaching the class. Limited to 10, pre-registration required.



<u>Veterans Meeting</u>: October 25th at 11am at Cortlandt Town Hall . All Veterans are welcome. Important meeting regarding the closing of the Food Pantry at the VA Hospital in Montrose. We will also welcome students from Fox Meadow Campus.

<u>Acrylic Painting Class:</u> Begins on 10/26 from 12:30pm - 2:30pm. Preregistration is required.



Monday	Tuesday	Wednesday	Thursday	Friday
2 Shopping trip to Uncle G's and Trader Joe's. Line Dancing 10:30am Drop In Pickleball 11:45am - 2:30pm Coffee Hour 12pm Ceramics 12:30pm	3 Bocce 9:30am Nor-Cort /Cortlandt Meeting 10:30am Lunch Bingo	4 Rockin' The Clock w/Jody 10am Tai Chi w/Kim 11:30am Men's Group 12pm	5 Chair Yoga 10:30am Wii Bowling 11:45am Mahjong/Chinese Mahjong Canasta & Cards 12pm Road to Color Class Part 2 12 - 2:30pm <b>Verplanck Mtg. 10am</b>	6 Low Impact 10:15am Zumba 12:15pm Pizza & Movie "Ghostbusters-Answer the Call" 1pm
9 CENTER CLOSED No Programs	10 Bocce 9:30am Nor-Cort/Cortlandt Meeting 9:30am No Bingo Meet the Candidates 10:30am Light refreshments	11 Rockin' The Clock w/ Jody 10:am <u>No Tai Chi</u> Men's Group 12pm Big Bingo 12:30pm	<b>12</b> Chair Yoga 10:30am Wii Bowling 11:45am Mahjong/Chinese Mahjong Canasta & Cards 12pm Road to Color Class Part 2 12 -2:30pm <b>No Verplanck Mtg.</b>	13 <u>No Low Impact</u> Zumba 12:15pm Verplanck Installation of Officers 12pm @Cortlandt Colonial Restaurant
16 Line Dancing 10:30am Drop In Pickleball 11:45am - 2:30pm Coffee Hour 12pm Ceramics 12:30pm	17 Bocce 9:30am Nor-Cort/Cortlandt Meeting 10:30am Fire Safety 11-11:30am Lunch Bingo	18 Rockin' The Clock w/Jody 10am Tai Chi w/Kim 11:30am Men's Group 12pm Crafts w Cheri 12pm (Halloween Theme)	<b>19</b> Chair Yoga 10:30am Wii Bowling 11:45am Mahjong/Chinese Mahjong, Canasta & Cards 12pm Road to Color Class Part 2 12- 2:30pm Verplanck Mtg. 10am @ Schoolhouse	20 Low Impact 10:15a Zumba 12:15pm Smart Phone Basics 11am – 12pm Video "Italy" 1- 3pm
23 Line Dancing 10:30am <u>No Pickleball</u> Coffee Hour 12pm Ceramics 12:30pm Healthy Cooking Class 1:30 - 2:30pm	24 Bocce 9:30am Nor-Cort/Cortlandt Halloween Party 11:30am	25 Rockin' The Clock w/Jody 10am Men's Group 12pm Swing Dance 1:30 - 3:00pm Veterans Mtg. 11am Cortlandt Town Hall	26 <u>Trip Out 7:45am</u> Chair Yoga 10:30am Wii Bowling 11:45am Mahjong/Chinese Mahjong Canasta,& Cards 12pm Acrylic Painting - 12:30pm- 2:30pm <b>Verplanck Mtg. 10am</b>	27 Low Impact 10:15am Zumba 12:15pm
30 Line Dancing 10:30am Drop in Pickleball 11:45am -2:30pm Coffee Hour 12pm Ceramics 12:30pm	31 Bocce 9:30am Nor-Cort/Cortlandt Meeting 10:30am Lunch Bingo			NOTE: CALENDARS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE!

Wednesday