# CORTLANDT FALLPLANNER

### **ACTIVITIES FOR ADULTS, SENIORS AND YOUTH!**

Town Supervisor Richard H. Becker, MD **Town Board** James F. Creighton Cr Francis X. Farrell Rob

Cristin Jacoby Robert E. Mayes

### FEATURED THIS FALL:

ADULT PICKLEBALL

YOUTH BASKETBALL LEAGUE

OPERATION SNOWFLAKE FOR YOUTH & SENIORS



YOUTH ART EXPLORERS & ART QUEST

TAI CHI FOR SENIORS

FAMILY FUN DAY

EVENTS FOR ALL AGES & MUCH MORE!





# Town of Cortlandt Recreation & Conservation Department

Cortlandt Town Hall 1 Heady Street Cortlandt Manor, NY 10567-1241



- **2** Phone: 914-734-1050
- Website: www.townofcortlandt.com
- Email: tocrec@townofcortlandt.com
- Facebook: facebook/townofcortlandt

5

O Instagram: @townofcortlandt

#### - Sponsored by the Town of Cortlandt -



#### PARKS, RECREATION, & CONSERVATION ADVISORY BOARD

**TOWN SUPERVISOR** 

Tino Martin, Chairman Jeffrey Boudin Jennifer Corrado Pamela Bush Denenberg Paul DiRoma Michael Fleming Nathan Palmer Pete Ruvolo

#### ADVISORY BOARD HIGH SCHOOL STUDENTS

Kailee Fleming Emily Grace Ruvolo

#### **RECREATION & CONSERVATION DEPARTMENT**

Ken Sherman, Director
Lesley Popkin, Deputy Director
Tim Fisher, Recreation Supervisor
Greg Kroohs, Recreation Supervisor
Dawn Mahoney, Director of Senior Services
Rebecca Ferguson, Assistant Director of Senior Services 914-528-8377
Lindsey Luposello, Youth Center Director914-736-0498
Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator 914-734-1052

#### **OFFICE STAFF**

Emma Giovinco | Janice LaFave

The Town of Cortlandt gratefully acknowledges the cooperation extended by the Hendrick Hudson School District, Lakeland Central School District, Village of Buchanan, Village of Croton-on-Hudson, Cortlandt Town Center and to all other groups regarding the use of their facilities and to our business community for supporting our programs and teams.

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CORTLANDT TOWN HALL	Main Telephone Number	914-7 <mark>34-1000</mark>
DEPARTMENT OF ENVIRONMENTAL SERVICES 10 Director Deputy Director Working Supt. Highway Highway & Parks Division Sanitation Division Water Division Water Division Billing Issues, Northern Westchester Jo	Steve Ferreira, P.E. Christina Edwards	914-737-0100 914-737-0100 914-737-0075 914-737-0075 914-737-0100 914-734-1026 914-737-5380 EXT 114
HOTLINE FOR INFORMATION AND EVENTS		914-734-1000 EXT 28
DIRECTOR OF OPERATIONS	Claudia Vahey	914-734-1004
JUSTICE COURT	Judge Kimberly Ragazzo Judge Maritza Fugaro-Norton	914-734-1090 914-734-1090
JUSTICE COURT CLERK	Audrey Stewart	914-734-1090
MURIEL H. MORABITO COMMUNITY CENTER 29 Office of the Aging Director Nutrition Site Manager & Assistant to Director	West Brook Drive, Cortlandt Manor, NY 10567 Dawn Mahoney Rebecca Ferguson	7 914-528-1464 914-528-8377
DEPARTMENT OF PLANNING & COMMUNITY DEV Director Assistant Director	<b>/ELOPMENT</b> Christopher Kehoe Rosemary Boyle-Lasher	914-734-1080 914-734-1083
PURCHASING DEPARTMENT/ CENTRAL SUPPLIE Director of Purchasing	<b>S</b> Jennifer Glasheen	914-734-1046
RECEIVER OF TAXES	Debra A. Carter	914-734-1030
DEPARTMENT OF RECREATION AND CONSERVAT Director Deputy Director	<b>TON</b> Ken Sherman Lesley Popkin	914-734-1058 914-734-1057
<b>SUPERVISOR</b> Secretary to the Supervisor Assistant to the Supervisor Assistant to the Supervisor	Richard H. Becker, MD Judi Peterson Dianne Carroll Elvia Sinchi	914-734-1002 914-734-1002 914-734-1101 914-734-1002
<b>DEPARTMENT OF TECHNICAL SERVICES- CODE E</b> Director D.O.T.S Deputy Director, D.O.T.S. Director, Code Enforcement Assistant Director, Code Enforcement	ENFORCEMENT, ENGINEERING, AND PLA Michael Preziosi, P.E. Artie D'Angelo, Jr., P.E. Martin Rogers, P.E. Holly Haight	ANNING 914-734-1060 914-734-1060 914-734-1010 914-734-1015
TOWN ASSESSOR	Denise Knauer	914- <mark>734-1040</mark>
TOWN ATTORNEY	Thomas Wood	914-736-0930
DEPUTY TOWN ATTORNEY	Michael Cunningham	914-736-0930
TOWN COMPTROLLER	Patricia Robcke	914-734-1070
TOWN CLERK	Laroue Shatzkin	914-734-1020
<b>YOUTH &amp; RECREATION CENTER</b> 3 Memorial Drive, Youth Center Director	Croton on Hudson, NY 10520 Lindsey Luposello	914-736-0498

# **LETTER FROM THE SUPERVISOR**

Welcome Fall!! We are excited to be going into the Fall season as we've had a summer filled with warm temperatures, rain and smoky days. Even though we were faced with these challenges, we had a fun summer. Our kids enjoyed days spent at camp, Cook Pool and summer field trips. In addition, we continued our very popular concert and movie series at Cortlandt Waterfront Park. Once again, we had very good bands, delicious food and great movies. Please visit our website where we will post information for the upcoming 2024 season.

This year you will see a new cover to what we call the recreation brochure. We are rebranding this very popular brochure to be the "Fall Planner". We have many, many activities not just for kids and families but also for our adults and seniors in our community. This new look will highlight the other programs that we offer to all members of our Town. In the future, you will also see changes to upcoming planners (winter/ spring and summer). We hope you like the new look and rebranding.



In addition, we are currently working on a new playground (airplane theme) at the Martin Playground, a new permanent Performance stage at the Cortlandt Waterfront Park and we are looking to install new pickleball courts at the Youth Center location. This activity continues to grow in popularity and we are looking for additional locations. More information to come on all of these exciting new amenities to our Town in our weekly newsletter.

Please note in your Fall planner our upcoming special events and programs. Here are some highlights:

- Cortlandt Family Fun Day: Saturday, 9/9- Cortlandt Train Station- 3:00 PM- 8:00 PM- Fireworks
- 5K Road Race: Saturday, 10/28- Cortlandt Waterfront Park 9:30 AM start
- Halloween Dog Parade: Saturday, 10/28- Cortlandt Dog Park, 130 Sprout Brook Road, 2:30 PM-3:30 PM
- Hobgoblin Parade: Saturday, 10/28, 1:00 PM- Cortlandt Town Center
- Halloween Party: Tuesday, 10/31 6:00 PM- 8:30 PM- Muriel H. Morabito Community Center

Our annual Winter Wonderland event will be held on Saturday, December 9th at the Cortlandt Youth Center. **Once again,** our synthetic ice skating rink will open in the roller hockey rink area beginning on Friday, November 24. More information to come.

Did you know the Town of Cortlandt sends out weekly e-newsletter on Fridays to help keep, you, our residents informed about everything Cortlandt? Learn about upcoming local events, must-have apps, employment opportunities, community achievements, messages from the Desk of Supervisor Dr. Richard Becker and more!

You can subscribe by visiting https://lp.constantcontactpages.com/su/1UuJlzo. Share this with your family and friends!

Wishing you a wonderful Fall season with friends and family. Enjoy all of our events and activities.

Richgel H. Beeken

Richard H. Becker, M.D. Supervisor, Town of Cortlandt





### **STORM PREPAREDNESS** TOWN OF CORTLANDT INFORMATION

#### **IMPORTANT RESOURCES AND LINKS**

CON EDISON 800-752-6633 | www.coned.com

Sign up for alerts on the Town of Cortlandt Website: www.townofcortlandt.com/alerts

#### TOWN OF CORTLANDT STORM HOTLINE

914-97-STORM 914-977-8676 www.townofcortlandt.com

**TOWN OF CORTLANDT, DES HIGHWAY DIVISION** 914-737-0075 highway@townofcortlandt.com for downed trees and/or wires

TOWN OF CORTLANDT FACEBOOK www.facebook.com/townofcortlandt

#### OPTIMUM CABLE, NY BRONX / BROOKLYN / WESTCHESTER Residential Customer Service, 718-860-3513

www.optimum.net

VERIZON FIOS 800-837-4966 www.verizon.com/home/fios/

NYS POLICE Non-Emergency Phone 914-737-7171

WESTCHESTER COUNTY POLICE

Non-Emergency Phone 914-864-7701

**EMERGENCY** 911

#### STORM PREPAREDNESS CHECKLIST

- Pay close attention to weather advisories and storm warnings
- Keep a flashlight and fresh batteries handy
- Refuel vehicles and ensure they are in good working condition
- ☐ Have a battery powered radio to keep informed of restoration efforts
- Have a plan to check on vulnerable neighbors and family members
- Stock water and packaged or canned foods that do not require refrigeration
- □ Have a phone that does not require an electric outlet to operate; Charge cell phones or have a car cell phone charger
- Ensure adequate supplies of medications, cash, and other necessities



















- Stay at least 30 feet away from downed power lines, and lines that may be entangled and hidden in fallen trees. Assume a downed line is live.
- Avoid using candles for illumination.
- Never use outdoor gas or charcoal grills, indoors as they pose a fire hazard and, over time, can give off deadly carbon monoxide gas. Use these appliances outdoors only, with proper ventilation. Operate motor vehicles outdoors only, and never in the garage.



# SOLUTIONS TO STORMWATER POLLUTION

#### EASY THINGS YOU CAN DO EVERY DAY TO PROTECT OUR WATER

Stormwater is water from rain or melting snow that flows from rooftops, paved areas and lawns that doesn't soak into the ground but runs off into waterways, like streams, ponds, lakes, and rivers.

As it flows, stormwater runoff collects and transports soil, animal waste, salt, fertilizers, oil and grease, pesticides, litter and other potential pollutants. This pollution can enter groundwater, streams, lakes, ponds, and rivers and can even affect the quality of our drinking water.

Increase in impervious surfaces cause more stormwater runoff. Because less water is soaking in, flooding can become more frequent and more destructive.

The Town of Cortlandt is a regulated community and has enacted updated Town ordinances governing stormwater. To learn more, visit our website at: www.townofcortlandt.com/stormwater

#### WHAT CAN YOU DO TO HELP WITH STORMWATER ISSUES?

#### LAWN CARE

Most lawns tested in Westchester County DO NOT need more phosphorus. If you must fertilize, use phosphorus-free fertilizer (where the middle number on the bag is zero). Excess fertilizer flows into streams, lakes, rivers, and reservoirs, where it can degrade drinking water, lead to algae and plant growth and contribute to fish kills. Don't fertilize when rain is expected. Leave grass clippings on the lawn to recycle nutrients. More information on lawn care is available in the Town of Cortlandt Recycling brochure.

#### **SEPTIC SYSTEM MAINTENANCE**

Failing septic systems can contaminate groundwater, drinking water and surface flows. Most of the Town of Cortlandt is serviced by individual septic systems. Your septic system should be pumped and inspected regularly. Generally, septic tanks should be cleaned out every 3-5 years, depending on the size of the tank. Do not pour chemicals, paints, fats, or excess medications down your pipes. Driving on or parking on septic field may damage them.

#### **SCOOP THE POOP**

Please pick up after your dog or cat. It doesn't matter the size of the animal– all animal waste has an impact. Animal waste is easily carried by runoff, washing off roads and lawns. Pet waste contains harmful bacteria and phosphorus that can promote the growth of weeds and algae.

#### LANDSCAPING HELPS

Keep vegetation and organic material on the soil, especially on slopes. Landscape to limit the steepness or length of slopes. Build a buffer of vegetation by watercourses to help filter sediment. Replace the lawn at water's edge with shrubs, hedges or trees. Anything that slows the flow of water will help us give time for the pollution to be removed.

#### **CARE FOR YOUR CAR**

Little drops of oil and gas add up. One pint of oil can cause an oil slick the size of a football field. Take used motor oil to gas stations. NEVER pour it down the drain. Take other fluids to approved recycling locations. Use saw dust or kitty litter to clean up leaks and spills in your driveway. Wash your car on your lawn if possible to capture runoff.

#### **REPORTING STORMWATER POLLUTERS**

Your actions or the action of your neighbor can affect water resources. We are all downstream of someone. No polluted water should be allowed to go into our stormwater system. If you notice pollution of Stormwater you can report the details to the Town of Cortlandt Stormwater Hotline at 914-293-0900 or Town Code Enforcement at 914-734-1010.







# COMING SOON!

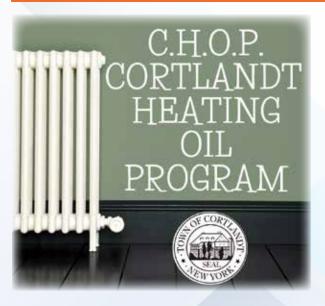
# NEW ELECTRIC VEHICLE (EV) OUTLET STATIONS



Through a grant provided by NYSERDA's Clean Energy Communities program, the Town of Cortlandt will be replacing the two existing electric vehicle charging stations at Town Hall with two new and updated Level 2 EV charging stations each with 2 electric vehicle ports for a total of four charging ports. In addition, the grant funds will provide for the installation of seven (7) new charging stations each with 2 electric vehicle ports at the following town-owned properties:

LOCATION	CHARGING STATIONS*
Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor	2
Cortlandt Waterfront Park, Riverview and Broadway, Verplanck	2
Cortlandt Youth & Recreation Center, 3 Memorial Dr, Croton-On-Hudson	1
Charles J. Cook Pool, 293A Furnace Dock Rd, Cortlandt 2	
*All EV Chargers will be Level 2 charging stations and have two vehicle ports	

### C.H.O.P. CORTLANDT HEATING OIL PROGRAM



# WHAT DO YOU KNOW ABOUT THE TOWN OF CORTLANDT HEATING OIL PLAN, CHOP?

This is an initiative of the Town of Cortlandt Town Supervisor and the Town Board, designed to save you money on the high cost of heating your home this winter. Members of CHOP will be able to purchase oil at a discount, through our bulk purchasing arrangement. The cost will be 30- 40 cents per gallon above the wholesale cost to our local distributors, averaging approximately 20 cents per gallon less than the homeowner can obtain. This results in a savings for our homeowners.

This is a totally voluntary program, in which all homeowners may join our oil plan by paying a \$5.00 membership fee. For additional information, frequently asked questions and for participating oil companies, visit www.townofcortlandt.com/chop for more information.

### 

#### **VETERANS MONTHLY MEETINGS**

Our Cortlandt Regional Veterans Committee meets monthly at Cortlandt Town Hall, 1 Heady Street and chairman, Willy Nazario (a Purple Heart Vietnam Veteran) and his fellow Veterans represent the pride in Country that is reflected in all of our Veterans throughout the years.

If you have any questions in regards to the meetings, please call Karen Grexa at 914–528–1572.

### VIETNAM MEMORIAL AND MILITARY ORDER OF THE PURPLE HEART MEMORIAL AT CORTLANDT TOWN HALL

The Town of Cortlandt has constructed and dedicated memorials on the front lawn at Town Hall. The Town of Cortlandt honored the men and women veterans for the 50th anniversary of the Vietnam War. This memorial will be a living tribute to those who defended our Country and to those who sacrificed their lives for our freedoms in America.

We also have a glorious Veteran's Memorial at our Cortlandt Waterfront Park by the Hudson River in the hamlet of Verplanck.



### ★ CORTLANDT MANOR MILITARY TRIBUTE BANNERS ★

The Town of Cortlandt is proud to announce that we are sponsoring a Military Tribute Banner Program in the Town of Cortlandt. The banners are a beautiful tribute to honor all of our men and women who have defended our Country and fought for our freedoms in America. The banners will be displayed from Memorial Day to Veterans Day along Route 9A near the VA Hospital in Montrose, Broadway in Verplanck and Oregon Road. After this period, they will be taken down and given to the family or business that purchased the banner as a keepsake. Then the next cycle takes place.

For additional details regarding these special banners and for ordering/payment information, please visit the Town Information Section at www.townofcortlandt.com. Contact the Supervisor's Office at 914–734–1002 or DianneC@townofcortlandt.com for more information.



In honor of our Town of Cortlandt Disabled Veterans and their spouses, the Town of Cortlandt Recreation Department will offer half prices for all recreation programs offered in this brochure.

# HOW TO REGISTER FOR RECREATION PROGRAMS ONLINE

#### FALL 2023 ONLINE REGISTRATION WILL BEGIN ON: THURSDAY, SEPTEMBER 7, 2023, 8:30 AM



To create a family account and register for programs, follow the instructions below or on the Community Pass site.

#### HOW TO CREATE A FAMILY ACCOUNT:

#### 1. Go to www.townofcortlandt.com/reconline

- 2. From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
- 3. On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
- 4. On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept'. Then click 'Finish'.

5. Please save your login and password for future use.

#### **HOW TO REGISTER FOR PROGRAMS:**

- 1. Go to www.townofcortlandt.com/reconline to log back into the system.
- 2. Log in using the permanent username and password for your account.
- 3. Click the 'Click Here to Register' button.
- 4. Select the applicable Catalog by clicking the 'Continue' button next to your choice.
- 5. Verify email. Click 'Continue'.
- 6. Select the person registering, then 'Continue'.
- 7. Select the program (s) you wish to attend.
- 8. When finished with selections, click 'Continue'
- 9. Complete payment information.

If you have any questions concerning account activation, registration or payments, please contact us at: 914-734-1050 or <u>reconline@townofcortlandt.com</u>

#### - IMPORTANT REGISTRATION INFORMATION -

- Registration can also be dropped off at the Recreation office (Office Hours 8:30 AM to 4:00 PM) or mailed to: Town of Cortlandt Recreation & Conservation
  - 1 Heady Street

Cortlandt Manor, New York 10567-1254

- Use the appropriate registration form included in the back of this brochure for in office and/or mail in registrations.
- Include cash, a check, or a money order payable to THE TOWN OF CORTLANDT RECREATION for the total amount.
- Individual checks are necessary for separate courses and camp programs.
- There is a point when a program must be canceled or modified if there is insufficient registration. All programs
  require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing
  of supplies. Please register early!
- It is recommended that your registration be completed a minimum of two (2) weeks prior to the start of the program.
- If space is available in any program one week prior to the start of the program, nonresidents will be allowed to
  participate by paying a 20% surcharge of the higher fee.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.

# TOWN OF CORTLANDT RECREATION PHOTO ID CARDS & HOLLOW BROOK GOLF STICKERS

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

- Previously issued ID cards are NOT acceptable as current proof of residency.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.
- Adult and Youth ID Card fee, \$7.00.
- Senior Citizen ID Card fee (60+, must provide identification), \$3.50.

#### TOWN OF CORTLANDT RECREATION PHOTO ID CARDS VIA COMMUNITY PASS AND EMAIL

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

- Residents must first create an account through Community Pass (\*Please be sure to enter every household member into your family account that you would like to have registered for a Town of Cortlandt Recreation ID Card):
  - Go to www.townofcortlandt.com/reconline
  - From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
  - On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
  - On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept'
  - Then click 'Finish'. Please save your login and password for future use.
- 2. Each adult resident in the household requesting an ID Card must submit two forms of proof of residency (Drivers license, current utility bill, current paystub, check with Town of Cortlandt address, car registration, etc. Previously issued ID cards are NOT acceptable as current proof of residency), via email to recidcard@townofcortlandt.com, along with the following.
  - Residents must also specify which family members in their account would like an ID Card
    - Residents must also submit photos of each family member requesting an ID Card
      - In color
      - Taken within the past 6 months, showing current appearance
      - Use a clear image of your face. Do not use filters commonly used on social media.
      - Full face, front view with a plain background
      - Have someone else take your photo. No selfies.
      - Do not wear a hat or headgear
      - Do not wear sunglasses
- 3. Office staff will then register each family member for their ID Cards.
- 4. Residents will be notified when their ID Cards are registered through Community Pass. *Families will not be eligible to register for any other program until the balance for their ID Cards is paid in full.*
- 5. Finally, office staff will print the physical ID Cards, and mail them to the address on the residents Community Pass account.

Residents may also get Town of Cortlandt Recreation Photo ID Cards in office at Town of Cortlandt Town Hall located at 1 Heady Street, Cortlandt Manor, Office #11; hours are Monday- Friday, 9:00 AM- 3:30 PM.

#### **CREDITS/ REFUNDS**

#### A full refund will be issued for any program cancelled by the Recreation Department.

- Any refund request because of illness or accident must be submitted in writing and be accompanied by a doctor's note. Refunds
  will be prorated based on the date received. Requests must be made prior to the end of the program and will not be
  considered when a program is half over. All requests must be submitted in writing.
- All other refund/credit requests (other than medical) must also be submitted in writing and will be assessed a \$15.00 processing fee and issued a prorated program credit based on the date received. The credit must be used within two years from the date and must be mailed in with your application to ensure proper credit towards your next program or league registration. The credit is not replaceable – original form must be submitted for credit.
- Whether the initial registration is paid via cash, check, or credit card, all refunds will be issued via check.

#### SLIDING FEE SCALE AVAILABLE

It is the intention of the Town that no resident of the Town be denied the ability to participate in programs because of an inability to pay. Income Tax backup is necessary, unemployment information, and any other paper work is requested for financial help already received by any other agencies. The fee reduction can be used with any program registration, sports league or resident pass in the Recreation Division. To request a fee reduction application, please contact the Town of Cortlandt Recreation Office at 914-734-1050 or tocrec@townofcortlandt.com.

#### **RECREATION "SUGGESTION BOX"**

There may be an activity or program that you enjoy which is not presently offered by the Town of Cortlandt Recreation Department. You may also have ideas for new programs or constructive comments on the improvement of existing programs and services. In either case, the Town of Cortlandt Recreation Department encourages residents to express their ideas and concerns! Help us offer the best programs and services! Send all ideas and comments to tocrec@townofcortlandt.com.

#### HANDICAPPED ACCESSIBILITY

Programs described in this brochure have been audited by our staff to determine general accessibility. All Town of Cortlandt facilities and Schools that are used to hold our programs are barrier free. For programs that are held outdoors please call the Recreation Department at 914-734-1050 for information.



# ADULT PROGRAMS

Senior Citizens 60 and over the fee for recreation programs is half of the rate listed with ID/ without ID (Proof required). The half price rate for recreation programs will also be offered to Town of Cortlandt Disabled Veterans and their spouses (Proof required) HALF PRICE DISCOUNT FOR TOWN OF CORTLANDT RESIDENTS ONLY

#### THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

#### **BADMINTON**

#### Geert Janssen,, Instructor

This will be a non league badminton program designed for adults. The program is for fun and exercise. Come out and have a good time.

Course Number:	401-1F
Location:	Blue Mountain Middle School (7 Furnace Woods Road, Cortlandt Manor)
Day/Dates:	Tuesday, starting date: October 17 (8 Sessions)
Time:	6:30 PM-8:00 PM
Fee:	\$35 with ID/ \$40 without ID/ \$48 nonresident

#### **BASKETBALL** (30 & Over)

Steve Staiano, Supervisor Free Play Basketball.

Course Number:	400-1F
Location:	Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)
Day/Dates:	Saturday, starting date: September 23 (12 Sessions)
Time:	10:00 AM-12:00 PM
Fee:	\$50 with ID/ \$55 without ID/ \$66 nonresident

#### **BASKETBALL** (18 & Over)

Steve Staiano, Supervisor Free Play Basketball.

Course Number:	400-2F
Location:	Hendrick Hudson High School Gym (2166 Albany Post Road, Montrose)
Day/Dates:	Tuesday, starting date: September 19 (12 Sessions)
Time:	8:00 PM-10:00 PM
Fee:	\$50 with ID/ \$55 without ID/ \$66 nonresident

#### **DEFENSIVE DRIVING COURSE**

#### B.J. Jani, Instructor

This is an approved course by the Department of Motor Vehicles. Upon completion of this course the DMV will reduce points from the license and insurance companies give discounts on the Liability and Collision portion of the automobile insurance premiums. It is a great course that helps you learn techniques to become a safer driver. Please bring your drivers license and a pen.

Course Number:	403-1F
Location:	Hendrick Hudson High School (2166 Albany Post Road, Montrose)
Day/Dates:	Tuesday & Wednesday, October 10 & 11
Time:	6:30 PM-9:30 PM
Fee:	\$45 with ID/ \$50 without ID/ \$60 nonresident

#### FOREVER FIT (Ages 50 Plus)

#### **Premier Personal Trainer**

Strength training, stretching and cardio exercise for strong bones, flexibility and lower resting heart rate. Just what you need.

Course Number:	405-1F
Location:	Premier Athletic Club (2127 Albany Post Road, Montrose)
Day/Dates:	Mondays, starting date: October 2 (8 sessions)
Time:	11:30 AM-12:30 PM
Fee:	\$90 with ID/ \$95 without ID/ \$114 nonresident

#### KARATE & ADVANCED KARATE

#### (Ages 10 & Older)

#### Jeff Butler, Instructor

TAE KWON DO (Korean) style of Karate. A sophisticated program to teach self-awareness, confidence, and physical fitness. Students are asked to wear loose clothing or Karate GI's (not required). A program for the beginner as well as those who have some experience. This program is affiliated with the World Tae Kwon Do Association. Children under 16 should be accompanied by an adult.

<b>Course Number:</b>	410-1F
Location:	Cortlandt Community Room (CUE)
	3131 East Main Street, Cortlandt Manor
	Located in the Cortlandt Town Center
Day/Dates:	Thursday, starting date October 5 (10 sessions)
Time:	6:00 PM-8:00 PM
Fee:	\$45 with ID/ \$50 without ID/ \$60 nonresident

#### **INTRODUCTION TO LEARNING JAPANESE LANGUAGE**

#### (Ages 12 & Older)

#### Nick DeMauro, Instructor

This course is designed to provide an introduction to spoken and written Japanese, aimed towards beginning to intermediate learners. Over the course of this 10 week session, students will learn the essentials of Japanese grammar, vocabulary, and writing. In addition, students will also receive an overview of Japanese culture and history in order to contextualize the language. Both adults and children welcome!

<b>Course Number:</b>	425-1F
Location:	Cortlandt Community Room (CUE)
	3131 East Main Street, Cortlandt Manor
	Located in the Cortlandt Town Center
Day/Dates:	Monday, starting date: September 18 (10 sessions)
Time:	7:30 PM-8:30 PM
Fee:	\$150 with ID/ \$155 without ID/ \$186 nonresident

#### **INTRODUCTION TO SWORDSMANSHIP**

#### (Ages 12 & Older)

#### Jeff Butler, Instructor

A fun class that teaches martial arts swordsmanship with science fiction twist. Class includes warm ups, technique western fencing, drills, and fight choreography. Participants are encouraged to wear gym attire clothes so that they can stretch freely. This class is taught like a martial arts class and uses combat strength sabers for safety. Anyone under the age of 16 must have a parent or guardian present.

Course Number:	432-1F
Location:	Cortlandt Community Room
	(CUE) 3131 East Main Street,
	Cortlandt Manor
	Located in the Cortlandt
	Town Center
Day/Dates:	Sunday, starting date:
	October 1 (10 sessions)
Time:	4:30 PM-6:00 PM
Fee:	\$45 with ID/ \$50 without ID
	\$60 nonresident



#### ADVANCED SWORDSMANSHIP (Ages 12 & Older)

#### Jeff Butler, Instructor

Must have taken Introduction to Swordsmanship before registering for Advanced Sordsmanship. A fun class that teaches martial arts swordsmanship with science fiction twist. Class includes warm ups, technique western fencing, drills, and fight choreography. Participants are encouraged to wear gym attire clothes so that they can stretch freely. This class is taught like a martial arts class and uses combat strength sabers for safety. *Anyone under the age of 16 must have a parent or guardian present for the first class*.

Course Number:	432-2F
Location:	Community Room (CUE), Cortlandt Town Center
Day/Dates:	Sunday, starting date: October 1 (10 sessions)
Time:	6:00 PM-7:30 PM
Fee:	\$45 with ID/ \$50 without ID/ \$60 nonresident

#### PICKLEBALL 101 (YOUTH AND ADULTS Ages 14 & Older)

#### Beth Shea, PPR Certified Professional Instructor

This class will teach all participants the rules, scoring, strokes and strategy of this fun and increasingly popular sport. If you like ping pong, you will enjoy pickleball! Full games with scoring will take place in the last two classes. This class is appropriate for brand new players or those who have tried the sport a couple of times and want to learn the basics correctly. Equipment will be provided for the first session. *Participants can only sign up for one Class 1 or Class 2.* 

Course Number:	455-1F
Location:	Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/Dates:	Tuesday, starting date: October 3 (4 sessions)
Time:	4:30 PM- 5:30 PM
Fee:	\$110 with ID/ \$115 without ID/ \$138 nonresident
Course Number:	455-2F
Location:	Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/Dates:	Thursday, starting date: October 5 (4 sessions)
Time:	1:00 PM- 2:00 PM
Fee:	\$110 with ID/ \$115 without ID/ \$138 nonresident
Course Number:	455-3F
Location:	Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/Dates:	Tuesday, starting date: November 7 (4 sessions)
Time:	4:30 PM- 5:30 PM
Fee:	\$110 with ID/ \$115 without ID/ \$138 nonresident
Course Number:	455-4F
Location:	Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/Dates:	Thursday, starting date: November 9 (4 sessions)
Time:	1:00 PM- 2:00 PM
Fee:	\$110 with ID/ \$115 without ID/ \$138 nonresident

#### **PICKLEBALL BEGINNERS CLINIC** (Youth and Adults Ages 14 & Older)

Beth Shea, PPR Certified Professional Instructor

This clinic will teach all participants the rules, scoring, strokes and strategy of this fun and increasingly popular sport. If you like Ping-Pong, you will enjoy pickleball! Mini games with scoring will take place in the last thirty minutes. The clinic is appropriate for brand new players or who have tried the sport a couple of times and want to learn the basics correctly. Please bring a paddle, water bottle and sneakers.

Course Number:	454-1F
Location:	Croton Avenue Pickleball Courts (225 Croton Avenue, Cortlandt Manor)
Days/Dates:	Saturday, starting date: September 30
Time:	1:30 PM- 3:00 PM
Fee:	\$25 with ID/ \$30 without ID/ \$36 nonresident



#### SHARPEN YOUR SKILLS AT PICKLEBALL (Ages 18 & Older)

#### Beth Shea, PPR Certified Professional Instructor

Designed for players who know the rules, scoring and basics and have played several times, this smaller group class will offer feedback on how to improve each person's skill set and use better strategy. It will also include pointers about communication on the court and injury prevention.

<b>Course Number:</b>	460-1F
Location:	Croton Avenue Pickleball Courts (225 Croton Avenue, Cortlandt Manor)
Days/Dates:	Saturday, September 30
Time:	12:00 PM- 1:00 PM
Fee:	\$22 with ID/ \$27 without ID/ \$33 nonresident

#### TOWN OF CORTLANDT ADULT TENNIS INSTRUCTION (Ages 18 & Over)

Dee Young, Instructor

All registrants must bring their own racquets.

COURSE #	LEVEL	DAY	ТІМЕ
416-1U	Adult Beginner	Saturday	10:00 AM- 11:00 AM
416-2U	Adult Intermediate	Saturday	10:00 AM- 11:00 AM
416-3U	Adult Advanced Intermediate	Saturday	11:00 AM- 12:00 PM
Location: Days/ Dates: Fee:	Lake Street Tennis Courts (Across from H Saturday, Starting Date: September 16 (6 \$60 with ID/ \$65 without ID/ \$78 nonres	sessions); No class Octo	



#### TAI CHI & CHI KUNG (Ages 16 and Over)

#### Sifu Nat Costanzo, Instructor

Perfected over 2000 years ago, Tai Chi is a low impact workout designed to increase your mental and physical energy. Tai Chi is the most popular Chinese exercise in the world and is practiced daily by millions of people both young and old. The short form will be taught, as well as Chi Kung exercises and stretching to improve one's flexibility, balance and coordination. Chang style Chi will help you achieve total harmony of body, mind and spirit. The slow rhythmic movements of Tai Chi will tone muscles, improve overall fitness, endurance, and will increase your strength. Tai chi is also very beneficial in stress reduction and relaxation.

<b>BEGINNER I</b>	
Course Number:	415-1F
Location:	Blue Mountain Middle School Exercise Room (7 Furnace Woods Road, Cortlandt Manor)
Day/Dates:	Monday, starting date: November 6 (4 sessions)
Time:	7:30 PM-8:30 PM
Fee:	\$30 with ID/ \$35 without ID/ \$42 nonresident

**BEGINNER II** (\*Previously attended) Beginner I will be dismissed at 8:30 those who register will continue for additional 15 minutes every week, depending on the number of participants.

Course Number:	415-2F
Location:	Blue Mountain Middle School Exercise Room (7 Furnace Woods Road, Cortlandt Manor)
Day/Dates:	Monday, starting date: November 6 (4 sessions)
Time:	8:30 PM-8:45 PM
Fee:	\$10 with ID/ \$15 without ID/ \$18 nonresident

#### ADULT VOLLEYBALL (Ages 16 & Over)

#### Joe Amarosa, Instructor

A non-league volleyball program designed for adults. This programs are for fun and exercise. Come out and have a good time!

Course Number:	419-1F	
Location:	George Washington Elementary School Gym (3634 Lexington Avenue, Mohegan Lake)	
Day/Dates:	Wednesday, starting date: September 20 (8 Sessions)	
Time:	7:00 PM-9:00 PM	
Fee:	\$32 with ID/\$37 without ID/ \$45 nonresident	

#### WATER COLOR PAINTING Offsite Art Classes Presented By Kinosaito Arts Center (For all ages)

#### Lily Gummerson, Instructor

This beginner class uses still-life to explore the ways that watercolor can be used to create different values.

Course Number:	459-1F
Location:	Cortlandt Community Room (CUE)
	3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center
Day/Dates:	Wednesday, starting date: September 27 (6 sessions)
Time:	3:00 PM- 5:00 PM
Fee:	\$90 with ID/ \$95 without ID/ \$114 nonresident

#### WESTCHESTER WOMEN'S CHORUS (Ages 18 and older)

#### Carol Arrucci, Musical/ Artistic Director

Do you love to sing? Westchester Women's Chorus is a 60+ member auditioned chorus (but don't let that scare you) for all female soprano and alto vocalists. For more information and to make an audition appointment, go to WestchesterWomensChorus.org. Accepted members will rehearse on 10 Thursday nights to prepare for a formal 2-night public holiday performance and several community ventures. Enjoy a fulfilling musical adventure with varied musical styles and uplifting, professionally run rehearsals, with a diverse and supportive membership.

Course Number:	458-1F
Location:	Blue Mountain Middle School, 7 Furnace Woods Road, Cortlandt Manor
Audition Place/Dates:	(By Appointment, 914-420-8966): The Cortlandt School of Performing Arts
	24 Old Albany Post Road, Croton on Hudson (above Carvel Ice Cream)
	Choose from Thurs. August 31, 6:30-9:30 PM, Thurs. Sept. 7 at 6:30-9:30 PM
	or Saturday Sept. 9 11:00 AM -2:00 PM
Rehearsals:	Blue Mountain Middle School
	Thursdays- Sept. 14 to Nov. 16 (Additional tech week rehearsals are listed on the website)
Time:	7:00 PM- 9:30 PM
Performances:	December 1 and 2 at 7:30 PM in Ossining, NY
Fee:	\$55 with ID/ \$60 without ID/ \$72 nonresident

#### WOGA I

#### Ruane Edge, Instructor

As we get older, our muscle mass decreases. Using one pound weights and yoga... we will increase muscles as well as stretch the body with yoga. There will be a 5 minute meditation at the end of class. Please bring yoga mat, 1 pound weight, and water to every class.

Course Number:	442-1F
Location:	Cortlandt Community Room (CUE)
	3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center
Day/Dates:	Monday, starting date: September 18 (10 sessions )
Time:	11:00 AM-12:00 PM
Fee:	\$90 with ID/ \$95 without ID/ \$114 nonresident

#### WOGA II

#### Ruane Edge, Instructor

Just like WOGA I....Only doing more reps with weights and more exercises. Ending class with a little Pilates and also a five minute meditation. Please bring yoga mat, 1 pound weight, and water to every class.

<b>Course Number:</b>	442-2F
Location:	Cortlandt Community Room (CUE)
	3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center
Day/Dates:	Wednesday, starting date: September 20 (10 sessions )
Time:	10:00AM-11:00AM
Fee:	\$90 with ID/ \$95 without ID/ \$114 nonresident

#### **YOGA, CORE, AND STRETCH**

#### Karen Lett, Instructor

Deepen your yoga practice and nurture your body. Decrease stress and increase strength, flexibility, balance, focus, and overall wellbeing. Special emphasis placed on posture, core, and breath. Bring a yoga mat, water, and a large towel to class. Please also bring blocks and a strap if you have them.

Course Number:	449-1F
Location:	Community Room (CUE), Cortlandt Town Center
Day/Dates:	Wednesday, starting date: September 20 (10 sessions)
Time:	6:30 PM-7:45 PM
Fee:	\$90 with ID/ \$95 without ID/ \$114 nonresident

#### **GENTLE YOGA**

#### Karen Lett, Instructor

A nurturing practice for students who are new to yoga or prefer a slower pace. Decrease stress and increase strength, flexibility, balance, focus, and overall well-being. Special emphasis placed on posture and breath. Bring a yoga mat, water, and a large towel to class. Please also bring blocks and a strap if you have them.

Course Number:	450-1F
Location:	Cortlandt Community Room (CUE)
	3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center
Day/Dates:	Monday, starting date: September 18 (10 session)
Time:	6:15PM-7:30PM
Fee:	\$90 with ID/ \$95 without ID/ \$114 nonresident

#### LITE YOGA

#### Ruane Edge, Instructor

Have you ever wanted to learn yoga? Then this is the class for you. This class will take you step by step through poses and breathing to relax the whole body. There will be a 5 minute meditation at the end of the class. Please bring a yoga mat and water to every class.

Course Number:	451-1F
Location:	Cortlandt Community Room (CUE)
	3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center
Day/Dates:	Monday, starting date: September 18 (10 Sessions)
Time:	9:30AM-10:30 AM
Fee:	\$90 with ID, \$95 without and ID/ \$114 nonresident

#### YOGA II

#### Ruane Edge, Instructor

This class is for more experienced yoga people. More poses, and deepening breathing. There will be a 5 minute meditation at the end of class. Please bring yoga mat and water to every class.

Course Number:	452-2F *some yoga experience required
Location:	Cortlandt Community Room (CUE) 3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center
Day/Dates:	Tuesday, starting date: September 19 (10 Sessions)
Time:	10:00 AM-11:00 AM
Fee:	\$90 with ID/ \$95 without and ID/ \$114 nonresident



# **YOUTH PROGRAMS**

#### THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

#### AFTER SCHOOL BOWLING (Ages 8-15)

This program is designed for the Town of Cortlandt Youth so that they can experience bowling in a league format with friends and schoolmates. Participants play 2 games of bowling, free shoe rental, trophies, and a year end party.

Course Number:	302-1F
Location:	Cortlandt Bowling Lanes
	2192 Crompond Road, Cortlandt Manor
Day/Dates:	Friday, starting date: September 22 (10 weeks)
Time:	4:00 PM-5:30 PM
Fee:	\$125 with ID/ \$130 without ID/ \$234 nonresident

#### AMERICAN RED CROSS BABYSITTING COURSE- (Ages 11-15) See YC Specialty Programs

#### **ART EXPLORERS** (Grades K- 3rd)

#### Cathy Carabee-Faiella, Instructor

Enjoy elbow deep excitement experimenting with materials & techniques including 3D fun, painting, drawing, paper Mache, and collage in an encouraging supportive environment. Your young artist will stretch their imagination & observational skills to develop their own artistic voice while drawing inspiration from famous artists & art from around the world. Creative risk taking was never so much fun! New projects each session.

Course Number:	300-1F
Location:	Cortlandt Youth & Recreation Center
	3 Memorial Drive, Croton on Hudson
Day/Date:	Monday, starting date: September 18 (7 sessions)
Time:	4:00 PM-5:15 PM
Fee:	\$195 with ID/ \$200 without ID/ \$240 nonresident

#### **ART QUEST** (Entering Grades 4th- 7th)

#### Cathy Carabee-Faiella, Instructor

ALWAYS NEW PROJECTS! Your young artist will be challenged to observe, innovate, discover, take risks, and selfevaluate, while drawing inspiration from famous artists & art from around the world. Explorations using quality fine arts materials. New projects each session.

<b>Course Number:</b>	301-1F
Location:	Cortlandt Youth & Recreation Center
	3 Memorial Drive, Croton on Hudson
Day/Dates:	Monday, starting date: September 18 (7 Classes)
Time:	5:30 PM-7:00 PM
Fee:	\$235 with ID/ \$240 without ID/ \$288 nonresident

#### **BROADWAY ALL STARS (Grades 3rd-8th) See YC Specialty Programs**

#### **BUMPER BOWLING** (Ages 5-8)

An early developmental program designed for youth that are interested in exploring fundamentals of bowling with guaranteed fun and success. Participants play 2 games of bowling, free shoe rental, trophies and a year end party. Parents are encouraged to stay and help with scoring and supervision.

Course Number:	303-1F
Location:	Cortlandt Bowling Lanes
	2192 Crompond Road, Cortlandt Manor
Day/Dates:	Friday, starting date: September 22 (10 weeks)
Time:	4:00 PM-5:30 PM
Fee:	\$125 with ID/ \$130 without ID/ \$156 nonresident

#### **BASKETBALL CLINIC** (1st & 2nd Graders as of September 2023)

#### Ray Glashoff, Instructor

A clinic for 1st and 2nd graders designed to teach the basics of Basketball such as dribbling, passing and shooting. Also defensive fundamentals will be stressed in a non-competitive atmosphere. Each Camper will receive a basketball clinic shirt.

1st Graders	
Course Number:	304-1F
Location:	Buchanan Verplanck Elementary School Gym (160 Westchester Avenue, Buchanan)
Day/Dates:	Saturday, starting date: January 6 (8 Sessions; No class February 17th)
Time:	9:00 AM-10:00 AM
Fee:	\$75 with ID/ \$80 without ID/ \$96 nonresident
2nd Graders	
Course Number:	304-2F
Location:	Buchanan Verplanck Elementary School Gym (160 Westchester Avenue, Buchanan)
Day/Dates:	Saturday, starting date: January 6 (8 Sessions; No class February 17th)
Time:	10:15 AM-11:15 AM
Fee:	\$75 with ID/ \$80 without ID/ \$96 nonresident

#### **BASKETBALL PROGRAM- YOUTH FREE PLAY** (Ages 8-14)

A supervised open gym basketball program on Saturdays. NO REGISTRATION REQUIRED.

Location:	Furnace Woods Elementary School (239 Watch Hill Rd, Cortlandt Manor)
Day/Dates:	Saturday, starting date: January 6 (8 Sessions; No free play February 17th)
Time:	9:00 AM-10:45 AM
Fee:	Free

#### **CREATIVE COOKING**

#### Shari Munitz, Instructor

Come mix it up and join us for some creative cooking. We'll make it, bake it, stir it, cut it and lots more "hot stuff" (and cold cooking, too)! We'll integrate themes, science, math and more along with many skills while expanding our taste palate and being introduced to some new ingredients and food combinations. Not suggested for chefs with food allergies. Each week your young chef will make something different. Each session will teach new material.

<u>GRADES K- 3RD</u> Course Number: Location: Day/Dates: Time: Fee:	643-1F Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson) Tuesday, starting date: September 26 (5 sessions) 4:00 PM-5:00 PM \$100 with ID/ \$105 without ID/ \$120 nonresident
<u>GRADES K- 3RD</u> Course Number: Location: Day/Dates: Time: Fee:	643-2F Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson) Tuesday, starting date: November 14 (No class 11/21) (5 sessions) 4:00 PM-5:00 PM \$100 with ID/ \$105 without ID/ \$120 nonresident
<u>GRADES 4TH- 8TH</u> Course Number: Location: Day/Dates: Time: Fee:	643-3F Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson) Tuesday, starting date: September 26 (5 sessions) 5;45 PM-6:45 PM \$100 with ID/ \$105 without ID/ \$120 nonresident
GRADES 4TH- 8TH Course Number: Location: Day/Dates: Time: Fee:	643-4F Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson) Tuesday, starting date: November 14 (No class 11/21) (5 sessions) 5:45 PM-6:45 PM \$100 with ID/ \$105 without ID/ \$120 nonresident

#### **HIDDEN SIGNS OF ANIMALS**

#### Terry Kardos, Instructor

Who nibbled that twig? You can find out which animals have been hanging around lately even if you can't see or hear them. On this hike through the woods, learn how you can discover the clues animals leave. This program is rain or shine unless notified by the instructor on the day of the program. Please dress appropriately for weather conditions.

Course Number:	901-1F
Location:	Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/Date:	Saturday, October 21
Time:	1:00 PM-2:30 PM
Fee:	\$10 with ID/ \$15 without ID/ \$18 nonresident

#### HOME ALONE (Grades 5th-8th) See YC Specialty Programs

#### **HOME SWEET HOME: ALL ABOUT ANIMAL HOMES**

#### Terry Kardos, Instructor

High, low, and in-between, animal homes abound in nature. How many can we find in this hike? (Children under 5 should be accompanied by an adult.)

Course Number:	907-1F
Location:	George's Island (Dutch Street, Montrose)
Day/Date:	Saturday, October 7
Time:	1:00 PM-2:30 PM
Fee:	\$10 with ID/ \$15 without ID/ \$18 nonresident

#### <u>KARATE & ADVANCED KARATE</u> (Ages 10 & Older) See Adult Programs

#### ICE SKATING 101 (Ages 6-9)

#### Paul Lepore, Instructor

Non-skaters interested in learning the basics of ice skating on synthetic ice.

udson
udson

#### LIVING LIKE A LENAPE

#### Terry Kardos, Instructor

The Lenape were the native people living in this region before Henry Hudson sailed up what we now call the Hudson River. In a short hike you will learn what they used to build their homes, what they ate, and what they used for medicine. You will also play some Lenape games, make one to take home, and hear a Lenape story or two. (Children under 5 must be accompanied by an adult.)

Course Number:	910-1F
Location:	George's Island (Dutch Street, Montrose)
Day/Date:	Saturday, October 14
Time:	1:00 PM-2:30 PM
Fee:	\$10 with ID/ \$15 without ID/ \$18 nonresident

#### **<u>PICKLEBALL 101</u>** (Ages 14 & Older)- See Adult Programs

#### **PICKLEBALL BEGINNERS CLINIC** (Ages 14 & Older)- See Adult Programs

#### **SKYHAWKS BASEBALL**

Learn the fundamentals of fielding, catching, throwing, hitting, and base running– all in a fun, positive environment! Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.

Ages 5-6	
Course Number:	339-1F
Location:	Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date:	Saturday, starting date: September 23 (6 sessions)
Time:	10:00 AM- 11:00 AM
Fee:	\$109 with ID/ \$114 without ID/ \$137 nonresident
Ages 7-10 Course Number: Location: Day/ Date: Time: Fee:	339-2F Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor) Saturday, starting date: September 23 (6 sessions) 11:00 AM- 12:00 PM \$109 with ID/ \$114 without ID/ \$137 nonresident

#### **SKYHAWKS BASKETBALL**

This fun, skilled-intensive program, is designed for beginning to intermediate players. Using our progressive curriculum, we focus on the whole player, teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skill-based instruction and small-sided scrimmages.

Ages 5-7 Course Number: Location: Day/ Date: Time: Fee:	336-1F Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor) Saturday, starting date: September 21 (6 sessions) 4:30 PM- 5:30 PM \$109 with ID/ \$114 without ID/ \$137 nonresident
Ages 11-14	
Course Number:	336-2F
Location:	Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date:	Saturday, starting date: September 21 (6 sessions)
Time:	5:30 PM - 6:30 PM
Fee:	\$109 with ID/ \$114 without ID/ \$137 nonresident

#### **SKYHAWKS VOLLEYBALL**

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun filled program! All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting, and serving. This program is designed for the beginning to intermediate player.

Ages 7-10	
Course Number:	337-1F
Location:	Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date:	Saturday, starting date: September 20 (6 sessions)
Time:	4:30 PM- 5:30 PM
Fee:	\$109 with ID/ \$114 without ID/ \$137 nonresident
Ages 11-14	
Course Number:	337-2F
Location:	Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date:	Thursday, starting date: September 20 (6 sessions)
Time:	5:30 PM - 6:30 PM
Fee:	\$109 with ID/ \$114 without ID/ \$137 nonresident

#### **SWIMMING INSTRUCTION** (Ages 5-10)

**Beginner A**-Little or no previous instruction. Will not put head under water. Learn to relax & gain confidence in the water along with the fundamentals of breath holding beneath the water.

**Beginner B**-Coordination of the arms & legs to propel the body some distance on front and back.

**Beginner C**- Coordination of strokes, building up endurance & working to improve stroke mechanics.

		Time
Course Number:	319-1F	5:00 PM- 5:30 PM (Level A)
	319-2F	5:40 PM- 6:10 PM (Level B)
	319-3F	6:20 PM- 6:50 PM (Level C)
Location:	Premier Athletic Club	
	2127 Albany Post Ro	oad, Montrose
Day/ Dates:	Friday, starting date: September 22 (10 sessions)	
	*No Class: 10/6, 11/1	0, 11/24
Fee:	\$185 with ID/ \$190	without ID/ \$228 nonresident



#### **TOWN OF CORTLANDT TENNIS INSTRUCTION**

**Dee Young, Instructor** All registrants must bring their own racquets.

Ages 5-8	
<b>Course Number:</b>	316-1F
Location:	Lake Street Tennis Courts (89 Lake Street, Montrose)
Day/Dates:	Saturday, starting date: September 16 (6 sessions) - No class October 7
Time:	9:00 AM-10:00 AM
Fee:	\$60 with ID/ \$65 without ID/ \$78 nonresident
Ages 9-12	
<b>Course Number:</b>	316-2F
Location:	Lake Street Tennis Courts (89 Lake Street, Montrose)
Day/Dates:	Saturday, starting date: September 16 (6 sessions)
Time:	9:00 AM-10:00 AM
Fee:	\$60 with ID/ \$65 without ID/ \$78 nonresident

#### WATER COLOR PAINTING THROUGH KINOSAITO ARTS CENTER (All ages)- See Adult Programs

#### WHAT LIVES IN A POND? (For Children And Adults)

#### Terry Kardos, Instructor

We use nets to catch pond creatures and learn about the food chain. Dress in old clothing and footwear that can get muddy-rubber boots are recommended. Children under 7 must be accompanied by an adult. Limit: 12 people.

Location:	Blue Mountain Reservation (Welcher Avenue, Peekskill) (Head east on Welcher Avenue in Peekskill. At the brown gatehouse bear left. Continue past trail lodge and park in lot. Meet by the pond.)
Day/Date:	Saturday, September 30
Time:	1:00 PM-2:30 PM
Fee:	\$10 with ID/ \$12 without ID/ \$18 nonresident

#### <u>YC CLEAN UP</u> (Grades 6th-12th) See YC Specialty Programs

# **PRESCHOOL PROGRAMS**

Children over four must have a valid Town of Cortlandt Recreation Photo ID Card to pay the lower rate in programs that require parental participation.

#### THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

#### FOOD FUN (Two Year Old Program; No Knives)

#### Shari Munitz, Instructor

Come mix it up and be a real chef when you join us for some literary fun and creative cooking. We'll make it, bake it, stir it and cook up lots of good times and great food! This is an enthusiastic, safe, educational, entertaining kitchen class. Books, songs, math, science and other subjects will be integrated into the program. Not suggested for chefs with food allergies. Each week your child will make something different. Each session will teach new material.

224-1F
Cortlandt Youth & Recreation Center
3 Memorial Drive, Croton on Hudson
Tuesday, starting date: September 26 (5 sessions)
9:15 AM- 10:00 AM
\$90 with ID/ \$95 without ID/ \$110 nonresident
224-2F
Cortlandt Youth & Recreation Center
3 Memorial Drive, Croton on Hudson
Tuesday, starting date: November 14 (5 sessions- no class 11/21)
12:30 PM- 1:15 PM
\$90 with ID/ \$95 without ID/ \$110 nonresident

#### STORYBOOK COOKING (Ages 3-6)

#### Shari Munitz, Instructor

Come mix it up and be a real chef when you join us for some literary fun and creative cooking. We'll make it, bake it, stir it and cook up lots of good times and great food! This is an enthusiastic, safe, educational, entertaining kitchen class. Books, songs, math, science and other subjects will be integrated into the program. Not suggested for chefs with food allergies. Each week your child will make something different. Each session will teach new material.

Course Number:	642-1F
Location:	Cortlandt Youth & Recreation Center
	3 Memorial Drive, Croton on Hudson
Day/Dates:	Tuesday, starting date: September 26 (5 sessions)
Time:	10:30 AM-11:30 AM
Fee:	\$100 with ID/ \$105 without ID/ \$120 nonresident
Course Number:	642-2F
Location:	Cortlandt Youth & Recreation Center
	3 Memorial Drive, Croton on Hudson
Day/Dates:	Tuesday, starting date: September 26 (5 sessions)
Time:	12:30 PM-1:30 PM
Fee:	\$100 with ID/ \$105 without ID/ \$120 nonresident
Course Number:	642-3F
Location:	Cortlandt Youth & Recreation Center
	3 Memorial Drive, Croton on Hudson
Day/Dates:	Tuesday, starting date: November 14 (5 sessions - no class 11/21)
Time:	10:30 AM-11:30 AM
Fee:	\$100 with ID/ \$105 without ID/ \$120 nonresident

#### YOGA FOR LITTLE LEARNERS (Ages 3-5)

#### Instructor, Lyndsay Roy

A fun and creative yoga class designed specifically for young children. This class will guide your child in developing age-appropriate skills to build a healthy foundation for life-long learning, while increasing confidence and coordination, patience and concentration, body awareness and emotional regulation, and so much more. Yoga mats will be provided or feel free to bring your own.

Course Number:	223-1F
Location:	Cortlandt Community Room (CUE)
	3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center
Day/Dates:	Thursdays, starting date: September 21 (10 sessions)
Time:	11:00 AM-12:00 PM
Fee:	\$100/ with ID/ \$105 without ID/ \$126 nonresident

#### THE FOLLOWING PROGRAM IS RUN BY SKYHAWKS SPORTS ACADEMY THROUGH THE TOWN OF CORTLANDT RECREATION DEPARTMENT.

SoccerTots is our flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Parent participation required for ages 2-3.5 years.

#### SOCCERTOTS: LITTLE CUBS (Age 2)

Course Number:	218-1F	
Location:	Van Cort Elementary School, Front Field	
	(3100 E Main Street, Mohegan Lake)	
Day/Dates:	Sunday, Starting date: September 17 (6 Sessions)	
Time:	9:30 AM-10:15 AM	
Fee:	\$109 with ID/ \$114 without ID/	
	\$137 nonresident	

#### SOCCERTOTS: CUBS (Age 3)

<b>Course Number:</b>	218-2F	
Location:	Van Cort Elementary School, Front Field	
	(3100 E Main Street, Mohegan Lake)	
Day/Dates:	Sunday, Starting date: September 17 (6 Sessions)	
Time:	10:30 AM-11:15 AM	
Fee:	\$109 with ID/ \$114 without ID/	
	\$137 nonresident	

#### SOCCERTOTS: BEARS (Age 4)

Course Number:	218-3F	
Location:	Van Cort Elementary School, Front Field	
	(3100 E Main Street, Mohegan Lake)	
Day/Dates:	Sunday, Starting date: September 17 (6 Sessions)	
Time:	11:30 AM-12:15 PM	
Fee:	\$109 with ID/ \$114 without ID/	
	\$137 nonresident	

#### **SOCCERTOTS: GRIZZLIES (Age 5)**

Course Number:	218-4F	
Location:	Van Cort Elementary School, Front Field	
	(3100 E Main Street, Mohegan Lake)	
Day/Dates:	Sunday, Starting date: September 17 (6 Sessions)	
Time:	12:30 PM-1:15 PM	
Fee:	\$109 with ID/ \$114 without ID/	
	\$137 nonresident	





# **SPORT LEAUGUES AND TEAMS**

#### THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

**GIRLS DIVISION** 

Grades 3rd & 4th

Grades 5th, 6th, & 7th

Cub Division

Midget Division

#### **CORTLANDT YOUTH BASKETBALL LEAGUE**

Grades 3rd &4th

Grades 5th & 6th

Grades 7th & 8th

Grades 9th & 10th

Grades 11th & 12th

ONLINE REGISTRATION NOW AVAILABLE AT WWW.TOWNOFCORTLANDT.COM/RECONLINE!

#### **BOYS DIVISION**

Pee Wee Division Cub Division Junior Division Senior Division Senior II Division

Fee:

Late Fee:

#### Tryout Location: Date/Time for Tryouts:

Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor) Pee Wee Boys Tryouts: Wednesday November 1, 6:30 PM Cub Boys Tryout: Wednesday November 1, 7:15 PM Junior Boys Tryouts: Wednesday November 1, 8:00 PM Cub Girls Tryouts: Monday, October 30, 6:30 PM Midget Girls Tryouts: Monday, October 30, 7:15 PM \$80 with ID/ \$85 without ID (Includes cost of team shirt) \$90 with ID/ \$95 without ID

(Deadline for girl's applications is Monday, October 30th.) Deadline for Boys applications will be Wednesday, November 1st .)









#### **BASKETBALL- BOYS TRAVEL TEAM (4th, 5th, 6th, 7th, & 8th Grade Teams)** NO ONLINE REGISTRATION OR CREDIT CARD PAYMENTS FOR TRAVEL BASKETBALL CASH AND/OR CHECK PAYMENTS ONLY.

This program is designed to provide a highly competitive environment for youth seriously interested in playing basketball. Included will be practices 1 to 2 times per week, scrimmage games, league play in a Northern Westchester League, and tournament play. All Town of Cortlandt residents and those attending the Hendrick Hudson or Lakeland School District schools are eligible to tryout for the team. Tryouts will be held early October. A minimum of 8 players to a maximum of 12 players will be selected for the team. Players selected will be expected to attend all practices, scrimmages, league and tournament games during the season from late October through the beginning of March. Practices will be held on weeknights with games on weeknights and weekends. Information regarding tryout and registration is listed below.

Tryout Location:	Grades 4th-5th: Muriel H. Morabito Community Center
	(29 Westbrook Drive, Cortlandt Manor)
	Grades 6th-8th: Blue Mountain Middle School Gymnasium
	(7 Furnace Woods Road, Cortlandt Manor)
Date/Time for Tryouts:	4th Grade Tryouts: Monday, October 2, 5:30 PM-7:00 PM @ Morabito Center
	5th Grade Tryouts: Monday, October 2, 7:00 PM-8:30 PM @ Morabito Center
	6th Grade Tryouts: Monday, October 2, 6:30 PM-8:00 PM @ BMMS
	7th Grade Tryouts: Monday, October 2, 8:00 PM-9:30 PM @ BMMS
	8th Grade Tryouts: Tuesday, October 3, 6:30 PM-8:00 PM @ BMMS
Fee:	\$225 with ID/ \$230 without ID (When accepted on Team)

#### **BASKETBALL- GIRLS TRAVEL TEAM** (6th, 7th, 8th Grade Teams)

As with the boys, this program is designed to provide a highly competitive environment. Girls who try out and make the team will practice 1-2 times per week; participate in scrimmages and tournament games. Games will be on weeknights and weekends.

Tryout Location:	Grades 4th-5th: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
	Grades 6th-8th: Blue Mountain Middle School Gymnasium
	(7 Furnace Woods Road, Cortlandt Manor)
Date/Time for Tryouts:	4th Grade Tryouts: Wednesday, October 4, 5:30 PM-7:00 PM @ Morabito Center
	5th Grade Tryouts: Wednesday, October 4, 7:00PM-8:30PM @ Morabito Center
	6th Grade Tryouts: Wednesday, October 4, 6:30 PM-8:00 PM @ BMMS
	7th Grade Tryouts: Wednesday, October 4, 8:00PM-9:30 PM @ BMMS
	8th Grade Tryouts: Tuesday, October 3, 8:00 PM-9:30 PM @ BMMS
Fee:	\$225 with ID/ \$230 without ID (When accepted on team)

#### **LITTLE LEAGUE**

This program is not run through the Recreation Office but it is run by a board of volunteers. For more Information please contact: Cortlandt American Little League (C.A.L.L.) Little League levels of play start at Age 5 up to 15 years old.

Providing little league baseball for youth in the following school districts: Lakeland, Yorktown, and Mahopac. For more information, Website at **www.callbb.org** Email **Cortlandtbaseball@gmail.com** 

Cortlandt National Little League (C.N.L.L.) (Hendrick Hudson School District) Email: cnll@cnllbaseball.org Website: www.cnllbaseball.org

Croton Little League (C.L.L.) The Little League is open to boys and girls living within the Croton Harmon Union Free School District. Email: info@crotonlittleleague.com Website: www.crotonlittleleague.com



Picture of the Wally Blattman, Don & Sylvia Harfst Sprout Brook Little League Field located at Sprout Brook Park on Sprout Brook Road in northern Cortlandt. It is used by both Cortlandt American and Cortlandt National Little League Organizations.



### SENIOR SERVICES THE CORTLANDT GOLDEN CONNECTION

#### WESTBROOK DRIVE, CORTLANDT MANOR 914-528-1572 www.townofcortlandt.com/seniors



**Director:** Dawn Mahoney | dawnm@townofcortlandt.com **Assistant Director:** Rebecca Ferguson | rebeccaf@townofcortlandt.com

To be ELIGIBLE to participate in any of the following Programs and Services you MUST be a TOWN OF CORTLANDT RESIDENT with proof of residency — a current Con Ed bill or telephone bill required. MUST be least 60+ years of age.



#### **CLUBS**

The Nor-Cort/ Cortlandt Club meeting takes place at the Muriel H. Morabito Community Center on Westbrook Drive.\* Verplanck Club meets at the Verplanck Schoolhouse, 6th Street, Verplanck. Special events, information symposiums and socials are all part of club membership. To be a member of any of the above-mentioned clubs, you must be a resident of the Town of Cortlandt. Nor-Cort/Cortlandt Seniors' Club- Tuesday, meeting begins at 10:30 AM. Coffee and Cake will be served.

#### Ongoing Golden Connection Activities at the Muriel H. Morabito Community Center:

Monday	10:30 AM-11:30 AM 11:45AM-2:45PM 12:30 PM- 2:30 PM	Line Dance Exercise Class Drop In Pickleball Ceramics Class
Tuesday	10:00 AM-1:00 PM	Nor-Cort/Cortlandt Senior Club
Wednesday	10:00AM-3:00PM	Varies: Check monthly calendar
Thursday	10:30 AM-11:30 AM 10:00 AM-2:00 PM	Chair Yoga Exercise Class Verplanck Senior Club (Verplanck School House)*
Friday	10:15 AM-11:15 AM 12:15 PM-1:00 PM	Low Impact Exercise Class Zumba Gold Exercise Class

#### **COURSE DESCRIPTIONS**

We offer a myriad of ongoing exercise classes throughout the year at no cost to Town of Cortlandt Seniors.

#### Mondays - LINE DANCE

Instructor: Cameron Kelly

Come Line Dance! Love to dance but don't have a partner! No problem! Come on over and burn some calories, get some exercise, have some laughs, and meet some great people who love to line dance.

#### Thursdays - CHAIR YOGA Instructor: Karen Lett

The plan for the chair yoga class is to offer seniors health benefits by working on their physical activity. Seniors can find yoga to help their balance and stability. The participants will learn to work their breath, movement, and energy for balance and stress relief.

### Fridays - LOW IMPACT AEROBICS AND MUSCLE STRENGTHENING/FLEXIBILITY 10:15 AM-11:15 AM Instructor: Lori Barr

Come join this low-impact aerobics/muscle strengthening/flexibility class done to fun music in a safe, supportive, welcoming atmosphere. You'll burn fat, improve your heart health, build stronger muscles, and bones and increase your flexibility. This class is very appropriate for beginners and modifications will be demonstrated for several experience levels. All levels are welcome!

#### Fridays - ZUMBA GOLD Instructor: Suzi Tipa

Perfect for our active older adults, Zumba Gold incorporates all of the energy, fun, and international rhythms of a traditional Zumba class, but at a lower intensity. Our class introduces easy-to-follow Zumba choreography focusing on balance, range of motion, and coordination. You can modify any of the movements to suit your personal fitness level and goals. Come ready to sweat, and prepare to leave feeling empowered, strong and energized!

\*Non-resident senior rate available. Please call 914-528-1572 for more details/information\*



#### 10:30 AM-11:30 AM

#### 12:15 PM-1:00 PM

10:30 AM-11:30 AM

#### THE FOLLOWING PROGRAMS ARE FUNDED UNDER THE OLDER AMERICANS ACT OF 1965 AS AMENDED, THROUGH THE COOPERATION OF:

The Department of Health & Human Services New York State Office of the Aging Westchester County Department of Senior Programs & Services Town of Cortlandt

**TOWN OF CORTLANDT SENIOR PROGRAM INFORMATION -** To assist seniors with other agency

program information a Social Worker is available as needed. Call 914-528-8377 for referral.

#### **BEREAVEMENT SUPPORT / SOCIAL WORKER**

Bereavement support is available to those who are grieving a recent death and provide a safe and supportive environment where people can verbalize feelings associated with a loss. By appointment only; please call 914-528-1572 for more information or to see if there is a meeting scheduled.

#### **BUS TRANSPORTATION TO THE MURIEL H. MORABITO COMMUNITY CENTER**

*Funded through the US Department of Health and Human Services-Administration on Aging (AoA), New York State Office for the Aging, Westchester County Department of Senior Programs and Services, and the Town of Cortlandt.* Transportation is available Monday thru Friday to the Muriel H. Morabito Community Center for lunch and/or senior programs. Seniors are picked up in the morning and returned back home in the afternoon. In order for the Bus Service to operate, *a minimum of 6 seniors are required.* The contribution for bus transportation to and from the center is \$3.00. For congregate meals and bus transportation call (914) 528-5164. Seniors must call the day before by 11:00 AM to secure lunch and/or transportation and some restrictions apply.

#### **COMPUTER LAB AND TECH ASSISTANCE**

Community Center staff is available to assist with basic cell phone questions, i.e. Connect to Wi-Fi, create a contact, or even on how to take a selfie. The computers are available for daily use from 9:00 AM- 2:00 PM; except during pre scheduled computer classes.

#### **NUTRITION PROGRAM**

An on-site and home delivery service that provides persons age 60+ with a nutritious and well- balanced noon-time meal. Anyone needing or knowing individuals that would benefit from the Home Delivered Service must call for eligibility requirements or for procedure to have lunch at the Muriel H. Morabito Community Center. The contribution for seniors who attend the Nutrition Program is \$3.00 and for Home Delivered Meals is \$4.00. For home delivered meals call (914)528-8377. Grab 'N' Go meal service will continue so that seniors can pick up a hot lunch and take it home. The cost for Grab 'N' Go is \$3.00 per meal.

#### **OPERATION SNOWFLAKE**

The Town of Cortlandt Senior Services Division offers a snow shoveling service for eligible Senior Citizens who reside in the Town of Cortlandt based on availability. Seniors who are unable to shovel their walkway should call the Muriel H. Morabito Center at 914-528-8377 for eligibility and registration.

#### **SENIOR CITIZENS MEDICAL & PHARMACY TRANSPORTATION**

This service offers transportation to area doctors, medical facilities, pharmacies and back home again to those eligible Town of Cortlandt Seniors. The Medical car runs on Monday, Thursday, and Friday. Transportation available to the following areas: Yorktown, Jefferson Valley, Lake Peekskill, Peekskill, Cortlandt Manor, Buchanan, Verplanck, and Croton on Hudson. For advanced reservations and information call Becky Ferguson at 914-528-8377. The contribution for the medical car is \$5.00. \*Some restrictions apply. Seniors must be independent and/or have a companion to ride/ assist.

#### **SHOPPING**

The shopping bus will pick up Cortlandt Seniors at their home to go to the Cortlandt Town Center every Thursday and to the Jefferson Valley Mall on the 3rd Monday of the month. Seniors will be returned to their homes after shopping. The contribution for the shopping bus is \$3.00.

<ul> <li>Every Thursday</li> </ul>	Cortlandt Town Center, Rte. 6
<ul> <li>1st Monday of Month</li> </ul>	Uncle Giuseppe's & Trader Joe's (Yorktown)

• 3rd Monday of Month Jefferson Valley Mall

10:00 AM- 1:30 PM 10:30AM - 1:30PM 11:00 AM- 1:30 PM (If the 3rd Monday is a holiday, the mall bus will run the following Monday.)

Call 914-528-5164 for reservations and information.

\*Some restrictions apply. In order for shopping bus to operate a minimum number of 6 seniors are required.

# SPECIAL EVENTS FOR TOWN OF CORTLANDT SENIOR CITIZENS

#### **ACRYLIC PAINTING CLASS**

#### Hillary Hostetler, Instructor

Join friends and make new ones. Paint various floral, landscapes, and still life with Hillary. Full instruction will be given for beginners through advanced. Bring your own supplies as per supply list. You will receive a supply list when you register.

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates:	Thursdays 10/26, 11/2, 11/9, 11/16, 11/30, 12/7 (6 sessions)
Time:	12:30 PM-2:30 PM
Fee:	\$80; Checks payable to the Town of Cortlandt
Please register no later than one week before. Call 914-528-1572 for more information.	

#### **BINGO AFTERNOON**

Join the staff for fun, friends, and cash prizes! Pots vary.

Location: Day/Dates:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor) Wednesdays 9/6, 10/11, 11/15, 12/13 (4 sessions)
Time:	12:30 PM-2:30 PM
Fee:	\$7.00 cash due at registration. This includes 1 card for each game. (11 total games included with entrance fee). Additional cards, daubers, and bonus games may be purchased the day of the event.

Please call 914-528-1572 with any questions or concerns.

#### BOCCI

Stop by the center and enjoy a free game on our bocci courts!

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Dates:	Tuesday, weather dependent, ending October 31st
Time:	Drop in, mornings
Fee:	Free

Please call 914-528-1572 to make sure the courts are ready.

#### **COFFEE CLUB**

Held every Monday at 12:00 PM. Get to know your neighbors and other seniors in your community. Coffee is provided and you can bring your own snacks!

#### FLU SHOT DAY

To help support the health and safety of the members of our community, our friends at Save Mor Pharmacy have offered to host a Flu Vaccine clinic at the Muriel Morabito Community Center this fall! No appointment necessary, this clinic is open to all seniors, just bring your Medicare card (other insurance cards are acceptable too).

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Date:	Friday, September 22nd
Time:	1:30 PM- 3:00 PM

Please call 914-528-1572 to find out the date and or with any questions.

#### **GINGERBREAD HOUSE MAKING**

Take a break from holiday shopping and get messy with us! All supplies will be provided. Creative, holiday spirit is a must!

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Date:	Monday, December 4
Time:	12:00 PM
Fee:	\$10.00 includes all supplies- cash only.
Plassa register no la	ter than 11/22 with navment. Class limited to 10 participants. Please call 914 528 1572 with any question

Please register no later than 11/22 with payment. Class limited to 10 participants. Please call 914-528-1572 with any questions or concerns.

#### **HEALTHY COOKING FOR ONE OR TWO**

Brought to you by the Westchester County Dept. of Senior Programs and Services; Nutrition Health and Wellness Unit. This class will provide tips, ideas, and healthy meal demonstrations which are appropriate for a one or two person household. The focus will be on seasonal items available at your local farmers market.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortla	indt Manor)
Day/Date: Monday, October 16	
Time: 1:30 PM-2:30 PM	
Fee: Free	

Class limited to 10. Please call 914-528-1572 with any questions or concerns.

#### **HORSE RACING**

Head over to the racetrack for an afternoon at Cortlandt Downs! This exciting horse-themed game is an active race towards the finish line. Six races in total. 50/50 and additional bettng tickets will be available the day of the event.

Location:	Cortlandt Raceway, Muriel Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Date/Time:	Wednesday, 12/20 - Doors open at 12:00 PM; Races begin at 12:30 PM SHARP!
Fee:	\$5 entrance fee includes light refreshments and 1 bet
	Payment is due at registration no later than December 13.

#### **MEET THE CANDIDATES**

Join us for refreshments and a casual meet and greet with the candidates. Understand the candidates positions on issues that impact you and your community.

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Date:	Tuesday, October 10
Time:	10:30 AM
Fee:	Free

Please call 914-528-1572 to register for an accurate refreshment count.

#### **MENS DISCUSSION GROUP**

Our men's discussion group is a place for all men aged 60 and over to meet each other in an informal, social environment to share their knowledge and experiences. Wednesdays at 12:00 PM for coffee and conversation.

#### **OPEN HOUSE WEEK**

Geared toward seniors new to the area, those whom have never visited the center or those recently becoming a "senior". Meet the staff and find out all about what the Town of Cortlandt offers its senior citizens. To be ELIGIBLE to participate in any Programs and Services you MUST be a TOWN OF CORTLANDT RESIDENT with proof of residency - a current Con Ed bill or telephone bill required. MUST be least 60+ years of age. Monthly calendar is available online, at the Center or can be emailed.

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Date:	Monday, October 2- Friday, October 6
Time:	10:00 AM-1:00 PM
Fee:	Free

Please call 914-528-1572 to register for an accurate refreshment count.

#### **PICKLEBALL**

Learn the fun sport that combines tennis, badminton, and ping-pong. Stop by the Muriel H. Morabito Community Center on Monday afternoon to see that the craze is all about!





#### **PIZZA & MOVIE AFTERNOON**

Come join us for an afternoon matinee on our 70" flat screen TV.

Location:	Muriel H. Morabito C	community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Dates:	Friday, October 6	Ghostbusters- Answer the Call
	Friday, November 3	A Man Called Otto
	Friday, December 1	The Holiday
	Friday, January 5	About My Father
Time:	1:00 PM- 3:00 PM (o	r until movie ends)
	أسأبياه المستلف متعامينا متعار	and descent

Fee: \$5.00 per person includes pizza, drink and dessert.

Pre-registration with payment is required no later than one week prior to the movie showing.

#### **PROJECT LIFESAVER PROGRAM**

#### Sponsored by Westchester County

County residents caring for a senior with Alzheimer's disease or other forms of dementia should be aware of Project Lifesaver, which just might save the lives of their elderly loved ones should they wander from their homes. Project Lifesaver is a free program that uses radio-frequency technology to find seniors who stray and return them safely to their families. Through Project Lifesaver, seniors are filled with bracelets with special batteries. Then, should they wander away, specifically trained and equipped police from the Westchester County Department of Public Safety can find them using radio signals that the bracelets transmit. Project Lifesaver is sponsored by the Westchester County Department of Senior Programs and Services and its Livable Communities initiative, the Westchester Public/Private Partnership for Aging Services and International Project Lifesaver. The program is administered by Westchester Jewish Community Services.

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Dates:	Wednesday, 9/6
Time:	10:00 AM- 11:00 AM
Fee:	Free
Planca call 01/ 52	9 1572 to register

Please call 914-528-1572 to register.

#### THE ROAD TO COLOR: EXPLORING GRAPHITE, CHARCOAL, INK AND PASTELS

#### Instructor, Sharon Rubinstein

Parts One (Exploring black and white with graphite, charcoal and ink) and Two (Exploring color with pastels) Draw and paint what you see convincingly, and beautifully! In this 2-part, 6-week class with 2 and a half hour sessions, we will focus on refining drawing skills using graphite and charcoal, and then we'll add color to the mix in part two. Each class can be taken as a stand-alone. At the end of each 3-week class, you will have several striking images, using a photographic reference or a still-life setup in class as a jumping-off point. Materials will be provided. Topics covered include: Drawing through the ages, and artists to study; Basic drawing fundamentals, including perspective and tonal variation; Materials to create the image, and how to use them; Processes: beginning and refining; Demonstrations to show as well as tell; At-easel instruction and tips; Group critiques; How to store and frame your artwork. Our subjects will include still-life, floral, and landscape, with perhaps a bonus subject according to class interest.

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Dates:	Session 1- Thursday, September 14, 21, 28
	Session 2- Thursday, October 5, 12, 19
Time:	12:00 PM- 2:30 PM
Fee:	\$60 per Session
Dro registration wit	the payment is required. When registering places aposify which eccasion (a) you are sig

Pre-registration with payment is required. When registering please specify which session (s) you are signing up for. Call 914-528-1572 for more information.

#### **ROCKIN' THE CLOCK**

Our ACE-certified instructor, Jody Alesandro, is back! Dance-fitness classes for active seniors and rock lovers of all ages!

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Date:	Wednesdays, September 13, 20, 27, October 4, 11, 18, 25, November 1, 8 (9 sessions)
Time:	10:00 AM- 11:00 AM
Fee:	Free

#### SENIOR POOL PLAYERS WELCOME

Whether you are a beginner or an expert, stop by for some friendly tips and competition.

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days:	Monday- Friday
Time:	Drop In between 9:00 AM- 12:00 PM
Fee:	Free

Please call 914-528-1572 for more information.

#### **SMARTPHONE BASICS**

Not sure how to take a picture, write an email or save a new contact? Ask our Town Techie Joe. He will be available to assist with basic iPhone and Samsung questions.

Location:	Muriel H. Morabito Center (29 Westbrook Drive, Cortlandt Manor)
Day/Date:	October, TBA
Time:	9:30 AM- 10:30 AM
Fee:	Free

Please call 914-528-1572 for more information.

#### **SWING DANCE**

Instructor Cameron Kelly will teach the steps to various types of dance in the 1st half of class. The 2nd half, just dance and have fun!

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates:	Wednesday, 9/27, 10/25, 11/29, 12/27
Time:	1:30 PM- 3:00 PM
Fee:	Free- Must be a Town of Cortlandt resident, 60+
Please call 914-528-1	572 for more information.

#### TABLE GAME TIME

All table games; Cards, Maj Jong, Canasta, Rummy cube, Poker and much more!

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates:	Available for play on Thursdays,
Time:	12:00 PM- 2:00 PM

#### TAI CHI

#### Instructor, Kim Cercena

In this 8 week course, we will do Chi Kung warms ups and a short Tai Chi form. This form can be done seated or standing. Tai Chi can help with muscle strength, flexibility and balance. Tai Chi is a great way to connect your mind and body through movement and breathing.

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates:	Wednesday, 9/13, 9/20, 9/27, 10/4, 10/18, 10/25, 11/1, 11/8 (8 sessions)
Time:	11:30 AM- 12:30 PM
Fee:	Free



#### WII BOWLING

Play Wii Bowling on our large screen TV. New bowlers welcome!

Location:Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt ManorDay/ Date:ThursdaysTime:11:45 AMFee:Free

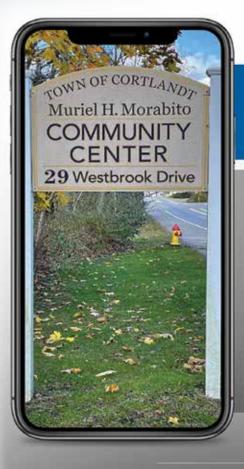
Please call 914-528-1572 for more information.

#### **YC GAMING**

Seniors are welcome to stop by the Youth Center and utilize the game tables including: ping pong, pool and air hockey. Participants must provide two proofs of residency and complete a form their first day.

Location: Day/Date: Time: Fee: Cortlandt Youth Center, 3 Memorial Drive, Croton Tuesday, Starting Date: September 12 (13 sessions- no 10/31 & 11/7) 11:00 AM– 1:00 PM Free

Join other Veterans once a month for coffee and bagels for an informal meeting held, generally, on the last Wednesday of the month. (Call 914-528-1572 to check dates.) The meeting is held at Town Hall, 1 Heady Street, Cortlandt Manor, NY at 11:00 AM. Come meet your fellow Veterans to find out what is happening at the V.A. and other important information pertaining to Veterans. The Town of Cortlandt Hudson Valley Veterans Committee along with the Town of Cortlandt host a Veterans Day Ceremony every year and invite you to join us as we honor all veterans who have served and are currently serving.



### Stay up to date about all things Town of Cortlandt Senior Services!

Interested in receiving our monthly calendar, specials, trip information, exercise links, and schedule changes?

Call 914-528-1572 to be added to our general email list, exercise email list, or both!

TOWNOFCORTLANDT.COM



# YOUTH AND RECREATION CENTER

#### 3 MEMORIAL DRIVE, CROTON-ON-HUDSON 914-736-0498 www.townofcortlandt.com/yc

**Director:** Lindsey Luposello | Iluposello@townofcortlandt.com

The Director is available to all young people in our town for conversation, information and referral. Cortlandt Recreation is committed to providing a variety of programs that are socially engaging, educational and fun for youth of all ages.





# FREE DROP IN PROGRAM AT THE YC

Drop in activities include: table games - ping pong, pool, air hockey, arts and crafts, video games - Wii & Switch, TV, board games, learning lab, outside activities, basketball, and more!

Youth must be registered participant for the drop-in program. To register, visit www.townofcortlandt.com/reconline

### **HOURS OF OPERATION**

#### **GRADES 6TH-12TH**

Mon- Thurs: 3:00 PM- 8:00 PM Friday: 3:00 PM- 9:00 PM Saturday: 4:00 PM- 9:00 PM Sunday: CLOSED

#### **GRADES 1ST-5TH**

(WITH ADULT SUPERVISION) Saturday: 1:00 PM- 4:00 PM

# **HOLIDAY HOURS**

#### \*OPEN AT 1 PM

Monday, September 25 Monday, October 9 Tuesday, November 7 Friday, November 10 Wednesday, November 22 Friday, November 24 Tuesday, December 26 Wednesday, December 27 Thursday, December 28

#### <u>CLOSED</u>

Monday, September 4 Saturday, September 9 Tuesday, October 31 Thursday, November 23 Saturday, December 9 Friday, December 22 Saturday, December 23 Monday, December 25 Friday, December 29 Saturday, December 30 Monday, January 1

# CORTLANDT COMMUNITY COALITION

HELP US KEEP OUR COMMUNITY SAFE, HEALTHY, AND DRUG FREE

Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator Call 914-734-1052 for more information





# **YC IMPORTANT INFORMATION FOR PARENTS**

#### YC REGISTRATION PROCESS For Youth in Grades 6th-12th

All youth must be registered as a YC participant in order to attend our daily and specialty programming. Registration is good for one year & needs to be renewed on a yearly basis. You will be notified by email when it is time to renew.



Go to: www.townofcortlandt.com/reconline Search by keyword "Youth Center" 2023



Blue Mountain Middle School has a bus which drops youth off at the YC Monday - Friday. The bus does not run on half days (both scheduled and unscheduled.) Youth MUST be registered online before you can register for a bus pass. For more information and to register email: lluposello@townofcortlandt.com



The YC is committed to providing educational programs for our youth which promote positive social development. Programs are implemented after school and with all of our drop-in participants. For more information, please call the YC at 914-736-0498.

# YC PROGRAMS: GRADES 6TH-12TH

WEEKDAY PROGRAMS: SEPTEMBER-DECEMBER

#### ALL PROGRAMS WILL START AT 3:30 PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Tues, Sept 12: Chocolate Milkshake Day Mon, Sept. 18: Rice Crispy Day Mon, Sept. 25: Milkshake Monday Mon, Oct 9: Milkshake Monday Wed, Oct 11: National Stop Bullying Day Wed, Oct 18: Chocolate Cup Cake Day Mon, Oct. 30: Candy Corn Day Mon, Nov 6: Candy Day Tues, Nov 14: Pickle Day Tues, Nov 21: Gingerbread Day Wed, Nov 29: Chocolates Day Tues, Dec 6: Cookie Day Wed, Dec 13: Hot Chocolate Day Tues, Dec 26: Candy Cane Day



# YC PROGRAMS: GRADES 6TH-12TH HOLIDAY RECESS

#### ALL PROGRAMS WILL START AT 3:30 PM YC OPENS AT 1PM (DEC 26-DEC 28)

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Dec 22: CLOSED Dec 23: CLOSED Dec 25: CLOSED Dec 26: Tournament Tuesday Dec 27: Rock Wall Wednesday Dec 28: Tape Craft Thursday Dec 29: CLOSED Dec 30: CLOSED



# YC PROGRAMS: GRADES 6TH-12TH

WEEKEND PROGRAMS: SEPTEMBER-DECEMBER

#### FRIDAYS ALL PROGRAMS WILL START AT 7:00 PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Sept 1: Corn Hole Tournament Sept 8: Volleyball Tournament Sept 15: Henna Sept 22: Game Night-LRC Sept 29: Super Smash Bros Tournament Oct 6: Henna Oct 13: DJ Night \*6pm start; Halloween Themed Oct 20: Karaoke Oct 27: Corn Hole Tournament Nov 3: Henna Nov 10: Pool Tournament Nov 17: Talent Show Nov 24: Game Night– Jenga Dec 1: Karaoke Dec 8: Poppin' Popcorn Night Dec 15: Disco Dance & Skate Dec 22: CLOSED Dec 29: CLOSED



# YC PROGRAMS: GRADES 6TH-12TH WEEKEND PROGRAMS: SEPTEMBER-DECEMBER

#### SATURDAYS ALL PROGRAMS WILL START AT 7:00 PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Sept 2: Trivia Sept 9: Closed- Family Fun Day Sept 16: Karaoke Sept 23: Slime Making Sept 30: Make Your Own-Pizza Oct 7: Game Night-BINGO Oct 14: Make Your Own- Sundae Oct 21: Poppin' Popcorn Night Oct 28: Halloween Movie Night Nov 4: Make Your Own-Pizza Nov 11: Karaoke Nov 18: Trivia Nov 25: Slime Making Dec 2: Make Your Own: Sundae Dec 9: Closed: Winter Wonderland Dec 16: Holiday Movie Night Dec 23: CLOSED Dec 30: CLOSED

Participants MUST be registered for the Youth Center to participate in these programs. To register please visit: www.townofcortlandt.com/reconline.Programs are subject to change, please visit www.townofcortlandt.com/yc for updated programming

# YC PROGRAM DESCRIPTIONS GRADES 6TH- 12TH







# **POOL TOURNAMENT**

How are your cue stick skills on the pool table? Solids versus stripes and the first to drop the lucky 8 ball takes the crown!

### CANDY DAY

Let's celebrate by eating lots of different candies!

### **CANDY CANE DAY**

We will be giving out free candy canes to enjoy and kick off the holiday season.

### **CANDY CORN DAY**

Guess how many candy corn are in the jar! Winner takes them home!

### **CHOCOLATE DAY**

CHOCOLATE !!! Let's celebrate with a chocolate fountain.

#### **CHOCOLATE CUP CAKE DAY**

Free chocolate flavored cup cakes with chocolate frosting! YUM!

### **CHOCOLATE MILKSHAKE DAY**

Let's shake it up by making our own chocolate milkshakes.

#### **CORN HOLE TOURNAMENT**

Team up and compete in a bracket styled corn hole tournament. Prize for the winning team!

# **COOKIE DAY**

Let's bake! We will be making cookies from scratch and then of course eating them!

### **DJ NIGHT**

Stop in and enjoy the music styling of DJ Randy, dancing and contests with your friends!

#### **DISCO DANCE & SKATE**

Come by the Cortlandt Youth Center at the Skate Rink for a night of skating, dancing and fun! Ice skating rentals and skating are FREE.

### **GAME NIGHT**

We've got all your favorite games, BINGO, LRC (Left, Right, Center), Jenga and so much more!

#### **GINGERBREAD DAY**

Let's create our own magically beautiful and delicious gingerbread house.

### **HENNA**

The YC welcomes Margie from Making Faces Parties, a professional henna artist for a night of creativity and cultural fun as your hand or arm becomes her canvas! Parental agreement must be signed in order to participate. Visit www.townofcortlandt.com/yc for permission slip.

# YC PROGRAM DESCRIPTIONS GRADES 6TH- 12TH CONTINUED







### **HOLIDAY MOVIE NIGHT**

Join us as we celebrate the upcoming holiday with a movie classic! Youth will vote on the movie.

### **HOT CHOCOLATE DAY**

Come and warm up with a cup of hot cocoa

#### **KARAOKE**

Grab the mic and get to singing your favorite songs!

### MAKE YOUR OWN

Join the YC staff in making your own pizza or ice cream sundae!

#### **MILKSHAKE MONDAY**

Enjoy your day off from school by making your own fully loaded milkshake at the YC

### **NATIONAL STOP BULLYING DAY**

Join us as we recognize this day with pizza & police. Pizza will be provided as we welcome our Cortlandt Community Resource Officer to the YC.

### **PICKLE DAY**

Let's celebrate by playing pickle ball while eating pickles!

### **POPPIN' POPCORN NIGHT**

We are firing up our popcorn machine and giving out FREE popcorn with lots of topping choices!

#### **RICE CRISPY DAY**

Let's celebrate by eating rice crispy treats.

#### **ROCK WALL WEDNESDAY**

Come by and climb our 25 foot rock climbing wall. Participants that successfully climb our hardest path will get their picture on our WALL OF FAME!

### **SLIME MAKING**

Create your own gooey slime at the YC and take it home!

### **SUPER SMASH BROS TOURNAMENT**

The Nintendo Switch will be set-up and ready for a friendly bracket style tournament.

# **TALENT SHOW**

Calling all singers, dancers, musicians, comedians, magicians, and performers. We are hosting a talent show at the YC! Performers MUST register 1 week before performance. To register please call 914-736-0498.

# YC SPECIAL PROGRAMS GRADES 6TH- 12TH

#### AMERICAN RED CROSS BABYSITTING <u>COURSE</u> (Ages 11–14) Angela Reeve, Instructor

The ARC Babysitter's Training course is designed to provide youth with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, help children behave and learn about basic child care as well as basic first aid. This fun and highly interactive training will keep youth engaged and allows for hands on practice with use of child care dolls and mannequins. Successful participants earn ARC Certification. This course will be held outdoors, please dress warmly and bring water and a snack.

Course Number: Location:	600-1F Cortlandt Youth Center 3 Memorial Drive, Croton
Day/Dates: Time: Fee:	Tuesday, November 7 9:00 AM-4:00 PM \$84 with ID/ \$89 without ID/ \$107 nonresident

#### **CANTEEN** (Grades 6th-12th)

Come and join us two nights a week for open gym basketball! Open to Croton, Hendrick Hudson, Copper Beach Middle School and Walter Panas High School Students or middle/high school students who are town residents. Youth must be registered in order to participate. For registration forms, log onto www.townofcortlandt.com/yc.

Location:Muriel H. Morabito Community Center<br/>29 Westbrook Drive, Cortlandt ManorDay/Time:Tuesdays, 7:00 PM-9:00 PMDay/Time:Thursdays, 7:00 PM-9:00 PMFee:Free

# JR. CHOPPED COMPETITION (Grades 6th-12th)

Grab a partner or compete individually, sign up to show off your cooking skills in this safe & fun cooking competition. Judges will be looking at appearance, creativity, theme and flavor as they taste your creation. Each competition has a theme and an ingredient that must be included Call to register: 914-736-0498.

Location:	Cortlandt Youth Center
	3 Memorial Drive, Croton on Hudson
Day/Dates:	Saturday, October 7: Halloween
	Ingredient: Candy
	Saturday, November 18: Thanksgiving
	Ingredient-Pumpkin
Fee:	Free; Participants are responsible
	for bringing their ingredients

# <u>OPEN GYM AT HEN-HUD H.S.</u> (Grades 6th-12th)

#### For Hen-Hud School District Residents Only

Come and join us for some free play basketball! Youth must be registered as a participant of the YC in order to participate. Register online at: www.townofcortlandt.com/reconline and search by key word. Visit our website for dates Open Gym is closed.

Location:	Hen-Hud High School Gymnasium
	2166 Albany Post Road, Montrose
Day/Date:	Mondays- Beginning September 18
	(No program when school is closed)
Time:	7:30 PM-9:30 PM
Fee:	Free

# YC CLEAN-UP (Grades 6th- 12th)

Join the Glashoffs in this unique program to help clean-up our town! Participants will be given supplies to help them pick-up litter and debris from local sites around the town. Youth will receive volunteer hours for community service. Parents will be responsible for dropping off and picking-up their child at the designated location.

Course Number:	652-1F
	002
Day:	Saturday
Dates & Location:	Septemb
	October
Time:	10:00 AN
Fee:	Free

Saturday September 16: Cortlandt Youth Center October 7: Cortlandt River Front 10:00 AM-11:00 AM Free



# PROBLEM GAMBLING PREVENTION FOR PARENTS

Join us on Zoom as we educate parents on facts, warning signs and dangers of gambling in youth.

Course Number: Location: Day/Date: Time: Fee: 688-1F Zoom Thursday, October 19 7:00 PM- 8:30 PM Free

To register please visit: www.townofcortlandt.com/reconline. Programs are subject to change, please visit www.townofcortlandt.com/yc for updated programming

### **CAMPING BASICS** (Grades 6th-12th)

Stephen Sciame; Blue Fire Experiences- instructor

This is an introduction to camping, including an overview of different camping and personal equipment to pack, how to set up a campsite, hands-on demonstration to put up a tent, and much more. 8 person minimum.

Course Number:	669-1F
Location:	Cortlandt Youth Center
	3 Memorial Drive, Croton
Day/Dates:	Thursday, September 21
Time:	5:30 PM- 6:30 PM
Fee:	\$23 with ID/ \$28 without ID/
	\$33 non-resident

### SOLAR COOKING (Grades 6th-12th)

#### Stephen Sciame; Blue Fire Experiences- instructor

Learn how to use a variety of different cookers to harness the sun's energy to make a meal. This program includes both commercially available and do-it-yourself style solar energy powered ovens to cook with. Using this renewable energy source for cooking benefits the environment and reduces the wastes generated by other cooking methods. 8 person minimum.

Course Number:	698-1F
Location:	Cortlandt Youth Center
	3 Memorial Drive, Croton
Day/Time:	5:30 PM- 6:30 PM
Fee:	\$26 with ID/ \$31 without ID/

\$36 non-resident

# **SURVIVAL BRACELETS** (Grades 6th-12th)

**Stephen Sciame; Blue Fire Experiences- instructor** This program focuses on the use of simple versatile items to create small kits that can be useful in survival situations. Survival bracelets are simple survival kits that you can wear. The participants will be taught how these items could be used to meet a variety of different survival needs. Participants get to keep the survival bracelet at the end of the program. 8 person minimum.

Course Number:	628-1F
Location:	Cortlandt Youth Center
	3 Memorial Drive, Croton
Day/Dates:	Thursday, November 16
Time:	5:30 PM- 6:30 PM
Fee:	\$28 with ID/ \$33 without ID/ \$38 non-resident

#### **ROCK WALL HOURS**

Monday-Thursday:	4:00 PM-6:00 PM (Grades 6th-12th)
Friday:	4:00 PM-7:00 PM (grades 6th-12th)
Saturday:	1:00 PM-3:00 PM (Grades 1st-5th)
	5:00 PM-7:00 PM (Grades 6th-12th)

#### TAKE A HIKE!

Join the YC staff in this beginner hiking program. Learn the basics of safety while hiking, while getting some fresh air and exercise. Pre-registration is required.

Course Number:	683-1F
Location:	Nature
Day/Date:	Saturda
Time:	12:00 P
Fee:	Free

Nature Trail at Charles J. Cook Pool Saturday, September 16 12:00 PM- 2:00 PM Free



# **LUNCH & LEARN WITH HUDSON VALLEY CREDIT UNION**

Join the Hudson Valley Credit Union staff in learning about financial literacy at the Cortlandt Youth Center. Registration is required. Lunch and light refreshments will be provided. Free.

### SATURDAY, OCT 21

#### **Paying for Pets**

11 AM- 12 PM for Ages 10-13 Introduces saving and budgeting practices to keep up with your pet's care.

#### How to Save on Tuition

11 AM- 12 PM for Ages 14-18 Is designed to help lighten the financial load of post-secondary education. Students are introduced to the importance of scholarship opportunities and provided with simple ways to reduce their total tuition.

#### Student Loans

12:30 PM- 1:30 PM for ages 14-18 Breaks down the differences between federal and private student loans, and points out areas to consider before signing on the dotted line.

### **TUESDAY, NOV 7**

#### It's Your Money

11 AM- 12 PM for Ages 10-13 Is a basic money management seminar touching on needs vs. wants, effective budgeting, different types of savings and loan accounts, the basics of a credit report, and tips to prevent identity theft.

#### After Grad: Work or College?

11 AM- 12 PM for Ages 14-18

Is designed to get students thinking about life after high school, comparing going to school with joining the workforce and stressing the path to success is unique to every person.

#### Acing the Job Interview

12:30 PM- 1:30 PM For ages 14-18 Provides tips and tricks for preparing for a job interview focusing on what to wear, what to bring, what to research, and what to say in order to land the job.

To register please visit: www.townofcortlandt.com/reconline. Programs are subject to change, please visit www.townofcortlandt.com/yc for updated programming

# YC SPECIALTY PROGRAMS GRADES K - 9TH

#### **BROADWAY ALL STARS (Grades 3rd-9th)**

#### Robyn Ferracane, Instructor

Love to act or sing? This workshop is for everyone from the beginning student to the seasoned performer. Experience the fun of theatrical games, auditioning and having a role in a live production! Taught by a professional actress/director, youth will enjoy nine working classes with a final performance.

Course Number:	620-1F
Location:	Youth Center
Day/Dates:	Saturdays, starting date: October 7
	(no class 11/25; 9 sessions)
Time:	11:00 AM-1:00 PM
Performance:	Sunday, December 10
Fee:	\$200 with ID/ \$205 without ID/
	\$245 nonresident

### <u>CREATIVE COOKING ON ZOOM</u> (Grades K- 1st & Grades 2nd-5th)

See youth programs

### HOME ALONE (Grades 5th- 8th)

This program will provide each child with the essentials skills needed when they are home without adult supervision. Discussion will cover first aid, telephone and door answering, activity plans, encountering emergencies and more!

Course Number: Location: Day/Date: Time: Fee: 612-1F Youth Center Saturday, November 18 10:00 AM-11:30 AM Free



# **YC SPECIALTY PROGRAMS** *GRADES 1ST- 5TH (WITH ADULT SUPERVISION)*

Programs are in date order. Pre-registration is required for these programs.

### FAMILY CRAFT YOUR OWN GAMES

Join us for some craft projects that will leave you entertained for hours and days after the program!

3

#### FAMILY HALLOWEEN FUN

Come dressed in your Halloween Costumes for our 2nd Annual event, which will feature some Halloween themed activities. There will be both Tricks and Treats!

Location: Day/Date: Time: Fee: Youth Center Saturday, October 21 1:00 PM-2:00 PM Free

# **FAMILY HOLIDAY RELAY**

Families will compete against each other as they work their way through each "Holiday" station of the YC's first annual Family Holiday Relay! Prizes for all who participate.

Location: Day/Date: Time: Fee: Youth Center Saturday, November 4 1:00 PM-2:00 PM Free



To register please visit: www.townofcortlandt.com/reconline. Programs are subject to change, please visit www.townofcortlandt.com/yc for updated programming

# YOUTH EMPLOYMENT SERVICES AGES 14- 18

#### WE'RE OPEN FOR BUSINESS:

#### CALLING ALL YOUTH, BUSINESS OWNERS & COMMUNITY MEMBERS

Our mission is to provide a free service which seeks to connect youth ages 14-18 with local businesses and community members who have employment opportunities.

# REGISTER NOW!

EMPLOYERS YOUTH TEXT: HIRE TEXT: YESINFO

TO: 833-343-0298



#### www.townofcortlandt.com/yes

yes@townofcortlandt.com

914-642-3027

By texting keyword, "yesinfo" or "hire" to 833-343-0298 you agree to receive a text message with more information about the YES program. Additional forms will be necessary to receive promotional automated messages. This agreement isn't a condition of any purchase. Msg & data rates may apply. To unsubscribe from the message, respond "STOP".

# OPERATION SNOWFLAKE AGES 14- 18



The Town of Cortlandt is seeking youth to shovel the driveways, pathways, and sidewalks for the Town's Senior Citizens this winter season.

To submit an application, please go to: www.townofcortlandt.com/reconline and search by keyword.

Youth will be paid \$10.00 per hour.

Application Deadline is Wednesday, October 4th.

For more information please contact Lindsey at lluposello@townofcortlandt.com or 914-736-0498.

# **TOWN OF CORTLANDT FACILITY RENTALS**

### <u>COMMUNITY ROOM,</u> CORTLANDT TOWN CENTER

The Community Room is located at 3131 East Main Street, Mohegan Lake, in the Cortlandt Town Center. It is available for rental use by Town residents and Town groups.

For information and to make a reservation please call the Recreation Office at 914-734-1052, Monday through Friday, 9:00 AM-3:30 PM



#### **TOWN OF CORTLANDT YOUTH AND RECREATION CENTER**

Celebrate your child's birthday or host your Scout, Youth, Church, Synagogue, or Civic Organization Groups meeting/event at the Cortlandt Youth and Recreation Center. The YC is available to rent for birthday parties on Saturdays from 1:30 PM - 3:30 PM for children ages 7 and older. Host up to 20 of your child's friends, where they can play ping-pong, air hockey, pool, foosball, and climb the rock wall. The YC is available Monday through Thursday from 3:00 PM-8:00 PM for civic organization meetings. Contact Lindsey for more information at 914-736-0498.





# **SPECIAL ACTIVITIES AND EVENTS**

### **5K ROAD RACE**

All participants receive a free t-shirt . Awards go to the top three men and women in various age groups. Pre-register online at https://www.runner.org/. Race Day registration is at the Cortlandt Waterfront Park.

Location:	Cortlandt Waterfront Park,
	77 Riverview Avenue, Verplanck
Date:	Saturday, October 28
Time:	9:30 AM Start
Fees:	Pre Registration Fee: \$15.00
	Race Day Registration Fee: \$20.00

For more information, please contact kens@townofcortlandt.com or 914-734-1058.



# **COMMUNITY GARDEN**

Join us to Volunteer at our Town of Cortlandt Community Garden! A Town of Cortlandt resident with tremendous knowledge in gardening volunteers to coordinate this effort! Located at Lake Meahagh Park, Westchester Avenue, Verplanck, NY 10596. Cortlandt residents and groups (Scouts, Civic organizations, etc.) will take care of their defined areas with the coordinator's guidance. Contact the Town of Cortlandt Recreation Department at tocrec@townofcortlandt.com or 914-734-1050.



### HALLOWEEN DOG PARADE

Costumes suggested and treats for all participants!

Location:	Cortlandt Dog Park
	130 Sprout Brook Rd, Cortlandt Manor
Day:	Saturday, October 28
Time:	2:30 PM-3:30 PM
Fee:	Free
or more informatic	n please contact

For more information please contact timf@townofcortlandt.com or 914-734-1056.



# HALLOWEEN PARTY

Families are invited to come trick or treat inside at our Annual Halloween Party at the Community Center! Open to all children through the 5th Grade accompanied by an adult. Activities will include entertainment, games, contests, treats, balloons and a chance to be on cable TV.

Location:	Muriel H. M
	29 West Bro
Day:	Tuesday, Oo
Time:	6:00 PM- 8
Fee:	Free
	where a subset

Muriel H. Morabito Community Center, 29 West Brook Drive, Cortlandt Manor Tuesday, October 31 6:00 PM- 8:30 PM Free

For more information please contact lluposello@townofcortlandt.com or 914-736-0498.



# **HOBGOBLIN PARADE**

A special Halloween parade is open to everyone in costume from ages 2-14. Trophies and candy will be given to all children in costume. \*In case of rain this event will be moved to the Morabito Center, 29 West Brook Drive.

Location: Cortlandt Youth Center- Skate Rink					
	3 Memorial Drive, Croton-on-Hudson				
	3 Memorial Drive, Croton-on-Hudson				
Day:	Saturday, October 28				
Time:	1:00 PM Sharp				
Fee:	Free				
For more information ple	ase contact				
lesleyp@townofcortlandt.com or 914-734-1057.					

### FIRST RESPONDERS GOLF TOURNAMENT

ALL proceeds from the tournament will be donated to the various First Responder organizations within the Town of Cortlandt.

Location: Day: Time:	Hollow Brook Golf Club Monday, October 16 11:00 AM Registration and Boxed Lunch
	12:00 PM "Shotgun Start" (Scramble Format)
	5:00 PM Barbeque Dinner at Hollow
	Brook Club House
Fees:	Volunteer of a Fire Department, Ambulance Corps, or Auxiliary Group: \$125.00 per person (Please bring identification showing your group membership) Not a volunteer: \$175 per person Only attending the dinner: \$60 per person

If you would like to reserve a spot or foursome, please call: Ken Sherman Jr. at 914-734-1058

Deadline to submit registration is Monday, October 9th. Application can be found in the back of the brochure.

MAKE ALL CHECKS PAYABLE TO: TOWN OF CORTLANDT RECREATION

MAIL REGISTRATION TO: Town of Cortlandt Recreation 1 Heady Street Cortlandt Manor, NY 10567







### **LETTERS TO SANTA**

'Tis the season to send your letter to Santa, and the Town of Cortlandt Recreation Department will help speed up the process! A special "Santa's Mailbox" will be set up in the Town Hall lobby! Children can drop off or mail their letters to this mailbox, and Santa will send them a personalized letter in reply. Santa's Mailbox will be available from November 20 to December 15. All letters to Santa must be received in the mailbox no later than 4:00 PM on December 16 to ensure a reply. This program is open to Town of Cortlandt residents only.

Mailing Address: Santa's Mailbox Town of Cortlandt Town Hall 1 Heady Street Cortlandt Manor, NY 10567

### **MEET SANTA AT THE YOUTH CENTER**

Bring the whole family and enjoy the afternoon with Santa and his helpers! Take pictures, write a letter to Santa, make some holiday cards, and enjoy treats from Mrs. Claus' kitchen!

Location:	Cortlandt Youth Center
	3 Memorial Drive, Croton
Day:	Saturday, December 2
Time:	2:00 PM-4:00 PM
Fee:	Free

For more information, please visit www.townofcortlandt.com/yc or call the Youth Center at 914-736-0498.





# CORTLANDT FAMILY FUN DAY

Saturday, September 9th 3:00 PM- 8:00 PM Town of Cortlandt Youth & Recreation Center 3 Memorial Drive, Croton, NY 10520

LIVE MUSIC FOOD TRUCKS FIREWORKS

# FREE RIDES FOR ALL CHILDREN!

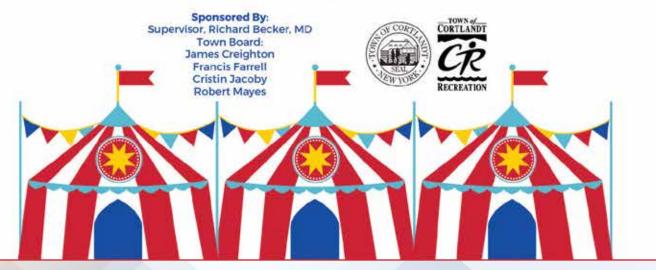
Visit

www.townofcortlandt.com/reconline

to register to be a volunteer!

Website: www.townofcortlandt.com Facebook: Facebook/TownofCortlandt Instagram: @townofcortlandt

Parking at the Cortlandt Train Station Rain Date: Sunday, Sept. 10th





# CORTLANDT WINTER WONDERLAND

# Join us for an afternoon of winter family fun!

Saturday, December 9, 2023 Rain/ Snow date: Sunday, December 10, 2023 Festivities begin at 3:00 PM and end at 6:00 PM Town of Cortlandt Youth & Recreation Center 3 Memorial Drive, Croton, NY 10520

# Follow the Town of Cortlandt on Social Media for more information!

Website: www.townofcortlandt.com Facebook:

Facebook/TownofCortlandt

Instagram: @townofcortlandt

#### Sponsored By:

Supervisor, Richard Becker, M.D. Town Board: James Creighton Francis Farrell Crisitin Jacoby Robert Mayes





# **VAN CORTLANDTVILLE HISTORICAL SOCIETY**

The Van Cortlandtville Historical Society welcomes people who are interested in learning more about the history of our community and sharing it with others. The society was founded in 1921 and has been headquartered in the historic Little Red Schoolhouse, 297 Locust Avenue, Cortlandt Manor, since 1972. A primary goal is hands-on education of children about life in the mid-19th century through such activities as the Early School Days program and the annual Colonial Fair, led by history enthusiasts in period clothing. Other activities include reenactments of local military events from the Revolutionary War, erection of roadside markers at local historic sites, annual memorial services, upgrading of Van Cortlandtville Memorial Park and rehabilitation of the Van Cortlandt family plot in Hillside Cemetery.

The society welcomes appropriate memorabilia and genealogical records from local residents. The society's regular meetings, at 2 PM at the Schoolhouse on the third Saturday of most months, feature a variety of presentations that extend far beyond the primary emphasis on early-day education and the rich Revolutionary War history of the community. Visitors and new members are always welcome. Booklets for a self-guided walking tour are available, along with other literature about local historic sites. Most activities are open to everyone at no charge.

For more information, or to schedule a visit, please call the Schoolhouse at 914-736-7868, visit www.vancort.net or email society@vancort.net.

THE VAN CORTLANDIVILLE SCHOOL **CIRCA 1772** WAS LISTED ON THE NEW YORK STATE REGISTER OF HISTORIC PLACES ON MARCH 3, 1989 NATIONAL REGISTER OF HISTORIC PLACES VAN CORTLANDTVILLE HISTORICAL SOCIETY 2004



**Cortlandt Community Rowing proudly supports the** Town of Cortlandt's commitment to helping outdoor recreation and wellness thrive in our community.

# ROWING IS A LIFETIME SPORT FOR EVERY BODY!

CCRA promotes health, fitness, and the benefits of team participation through rowing instruction to people of all ages, experience, and ability levels.



# CORTLANDT COMMUNITY ROWING

# **LEARN MORE:**

CortlandtRowing.com

CortlandtRowing@gmail.com CCRA is a non-profit 501(c)(3)

# **NOR-WEST REGIONAL SPECIAL SERVICES**

Providing therapeutic recreation programs for individuals with special needs to Cortlandt. Peekskill, Ossining and Yorktown residents since 1973

#### LOOKING FOR QUALITY RECREATION FOR A CHILD, TEEN, OR ADULT WITH A DEVELOPMENTAL DISABILITY?



Director, Wendy Greenfield Program Coordinator, Ed McKay

### THERAPEUTIC PROGRAMS FOR INDIVIDUALS WITH DEVELOPMENTAL AND COGNITIVE IMPAIRMENTS

Nor West Regional Special Services Is a social service agency that provides community-based therapeutic recreation programs, respite and transportation services to persons with differing abilities residing in the northwestern portion of Westchester County. They serve ages 8-65 in a variety of community-based weekly programs and special events, designed primarily for individuals with developmental disabilities. Transportation is provided to catchment-area residents from central stops in Peekskill, Cortlandt, Yorktown, and Ossining. Individuals living at home and enrolled in the Home & Community Based Services Waiver do not pay registration fees.

#### **PART-TIME EMPLOYMENT- SEASONAL**

Nor-West offers employment to students ages 16 and up, working with children and adults. Good working experience for persons interested in working in the Human Services or Special Education fields. Make your own work schedule, flexible hours. Call Nor-West for an application.

#### **THERAPEUTIC RECREATION**

Are you looking for a local recreation program for a child with a developmental disability? Nor-West Regional operates three weekly youth programs during the Fall session, including Instructional Bowling, Afternoon Adventure Trips, and Instructional Swimming. Program is open to residents of Cortlandt, Peekskill, Ossining and Yorktown. Nominal venue fees apply. For additional information and registration materials, visit the Nor-West website.



# **SPECIAL PARK FACILITIES**

FOR ALL TOWN OF CORTLANDT RESIDENTS:

Please remember that dogs must be leashed at all times and to pick up after your pets.

### **CROTON ARBORETUM**

The Jane E. Lytle Arboretum in Croton-on-Hudson NY provides a variety of walking trails, including a handicapaccessible trail, through wildlife habitats on 22 acres of woods and wetlands. Located at the end of Lounsbury/Fox Road and following a short drive or walk across the Hudson National golf course, the Arboretum is open 7 days a week, 365 days a year. Managed by the Croton Arboretum and Sanctuary Inc., the Arboretum provides programs in conservation, education, and recreation. For directions and information, visit our web page: www.crotonarboretum.org



#### **FURNACE DOCK LAKE**

The Town of Cortlandt acquired and saved the 100 year old Furnace Dock Lake in 2011.

# Furnace Dock Lake Rules and Regulations: For a safe and enjoyable park experience please obey the following rules:

- All activities at your own risk
- Park is open dawn to dusk
- Keep pets leashed, clean up after them as well
- All garbage is to be taken out of the park
- Do not remove or destroy plants, wildlife, or artifacts

#### The following is prohibited:

- Hunting, firearms, alcohol, and camping
- Motorized vehicles and mountain bikes
- Fires, smoking, swimming, and dumping
- Feeding wildlife, metal detectors, and radios
- Fireworks, music, and loud noise

#### **CORTLANDT DOG PARK**

The Dog Park is located at Sprout Brook Park. There are 2 areas, one for small dogs and an area for large dogs. For more information and opening date call the Recreation Department at 734-1056.

In order to keep track and send information, we would encourage all residents to register their dogs through the Town Clerk Office, you can find the application in the back of this brochure.

#### Dog Park Rules and Regulations: Participation agreement and assumption of risk and liability insurance

- 1. Dog Park closes at dusk daily.
- 2. No animals other than dogs may be brought into the fenced area.
- 3. All dogs must be leashed until safely inside the Dog Park and returned to a leash prior to exiting. Make sure gates are closed after entering and leaving the park.
- 4. Do not leave a leash on dogs in the park. Bring your leash into the park in case of emergency or altercation.

- 5. Dog owners must remain in the fenced area while their dogs are using the Dog Park. Owners must be in view of their dogs and have voice control at all times.
- 6. Children accompanying dog owners must be strictly supervised and at least 12 years old to be allowed inside unless accompanied by an adult.
- 7. Children under 10 years old not allowed (some dogs see small dogs as prey) in large dog area.
- 8. Children under 5 years old not allowed in the park.
- 9. Spectators should remain outside the fenced area.
- 10. Aggressive dogs and dogs in heat are not allowed.
- Owners must immediately leash and remove dogs from the Dog Park at the first sight of aggressive behavior.
- 12. Please be courteous to others do not bring sick dogs to the park.
- 13. Owners must dispose of waste properly in the designated on-site containers. Owners must prevent dogs from digging holes.
- 14. While small bite-sized training treats are permitted, foods in bowls, long-lasting chews, or glass containers are not allowed.
- 15. No Smoking and no food are allowed inside of the Dog Park.
- 16. No more than three (3) dogs per person are allowed on any single visit.
- 17. Puppies less than four (4) months old are not permitted in the park.
- Dogs must be licensed and vaccinated for rabies and DHLPP. Current license and rabies tags must be worn on the dog's collar at all times.
- 19. Owners are liable for any injury or damage caused by their dog and are fully responsible for their dog's actions.
- 20. Trainers are not allowed to use the park to conduct business
- 21. Any incident, problem etc. should be reported to Cortlandt Recreation and Parks 914-734-1050. Office is open Mon thru Fri 8:30am to 4pm.
- 22. In the event of an emergency call 911.

**I Understand That**: Permission from the Town to use the Dog Park is conditional on compliance with the above dog park rules.

I Also Understand and Agree That: The dog park is to provide a fenced-in area where dog owners may bring their dogs and permit them to run freely with other dogs, and that unleashing my dog (s) and being present in an area where there are other people, including children, and other unleashed dogs, poses risks to others and myself and to my dog (s) and the dogs and property of dogs, and I do hereby agree to assume such risks.

**I Further Agree To:** Release, discharge, hold harmless and indemnify the Town of Cortlandt and all of it's officials, agents, officers, employees and representatives from liability for any and all claims for injuries, damages and/or losses whatsoever to any person or animal (including but not limited to disability and death) or property which may arise out of, result from or be associated with the use of or presence on the dog park by myself and/or my dog(s).



#### **HOLLOW BROOK TRAIL**

Hollow Brook Trail was dedicated on October 20, 2016 the trail is part of 70 acres that was given to the Town several years ago. The trail was completed in August and is approximately 3 quarters of a mile long. The entrance to the trail is located at the bottom of Anton Place, in Lake Peekskill, Town of Cortlandt. The trail is adjacent to the Hollow Brook golf course.

### **HUDSON RIVER COMMUNITY BOAT LAUNCH**

Located at the Cortlandt Waterfront Park (Off Riverview Avenue and Broadway in the Hamlet of Verplanck) Seasonal Use ONLY from April 1 through October 31-Park Hours 7:00 AM to Dusk

#### **Rules and Regulations**

- Town of Cortlandt, Village of Buchanan and Village of Croton residents only.
- Use of the ramp for commercial purpose is strictly prohibited.
- Town of Cortlandt Boat Launch Permit is required.
   Permit is available at the Cortlandt Town Hall in the Town Clerk's office at 1 Heady Street, Cortlandt Manor, New York 10567, the main phone number is 914-734-1020
- Clear Ramp area- Come in Slow- NO WAKE
- Seasonal use only from April 1 through October 31
- Pull boat around to launching ramp as soon as space becomes available. Pull boat to the tie-down zone and clear the ramp so others may use the boat launch.
- Permit for ramp access MUST be in full view on the dash or mirror of your vehicle. If your permit is not in view, you will receive a summons and fines.
- Anyone driving over 5 MPH within 50 feet of the shore will forfeit their permit and be given a summons and fines.
- Boat size not to exceed 22 feet.
- NO swimming, sunbathing.
- Waterskiing or loitering in the launch area.
- NO overnight parking.

I Further Agree To: Release, discharge, hold harmless and indemnify the Town of Cortlandt and all of it's officials, agents, officers, employees and representatives from liability for any and all claims for injuries, damages and/or losses whatsoever to any person or animal (including but not limited to disability and death) or property which may arise out of, result from or be associated with the use of or presence on the dog park by myself and/or my dog(s).



# HOLLOW BROOK GOLF COURSE

#### For Cortlandt Residents

Public Access to the Hollow Brook Golf Course (off Oregon Rd) The Hollow Brook Golf Club is a private/public course with Town residents being able to reserve tee-times. The course will open in April 2023 (weather permitting). The Town coordinates those rounds reserved for the exclusive use of Town residents (Agreement on file), Tuesday thru Sunday for public use. On Tuesday and Thursday, 7 of the tee times are discounted at \$85 after 2:00 PM, Greens fees will be a total \$110 for all other tee times Tuesday, Wednesday and Thursday. On Fridays, Saturdays, Sundays and Holidays greens fees will be \$160 with no tee times before noon. Prices include greens fees and a cart. Range balls (only available when playing) for \$10. Reservations can be made five days in advance by calling 914-734-1500.

For the 2023 golf season residents will need to purchase a golf sticker (\$12) in the Recreation Department of Town Hall located at 1 Heady Street, Cortlandt Manor. This sticker will be placed on the back of your Town of Cortlandt Recreation Photo ID card. If you do not currently have a VALID Town of Cortlandt Recreation Photo ID card, one can be purchased for an additional \$7 by providing two forms of proof of residency. For further information regarding ID's or please contact the Recreation Department at tocrec@townofcortlandt.com or 914-734-1050. For more information regarding Hollow Brook, please contact the Deputy Director of the Recreation Department, Ken Sherman at kens@ townofcortlandt.com or 914-734-1058.

#### To reserve tee times residents will need to call the Hollow Brook Golf Course at 914-734-1500.

2023 Golf Sticker Fee: \$12 with a valid Town of Cortlandt ID Card (plus an additional \$7 if a Town of Cortlandt ID is needed)

#### **Rules for Town of Cortlandt Players**

- 1. Tee Times can be made by phone only.
- 2. Tee Times can be made five (5) days in advance, after 10:00 AM i.e. Friday for Tuesday, Saturday for Wednesday, Sunday for Thursday, Monday for Friday, Wednesday for Saturday and Sunday.
- 3. Residents must have golf shoes with sole spikes, collared shirts, golf pants or Bermuda shorts. NO JEANS, CUTOFFS, SHORT SHORTS, and CARGO PANTS OR SHORTS.
- 4. Residents may bring one guest at town fees.
- 5. Residents can only make reservations for themselves and their guest and not another town resident.
- 6. Residents must show their Town of Cortlandt resident card with a golf sticker.
- 7. Residents cannot use the driving range or practice areas unless they are playing golf.
- 8. Additional fees will be charged for food and beverage.
- 9. Additional fees will be charged for the driving range- \$10.00
- 10. Residents will not be allowed on the tee before their Tee Time and do not have access to the Club House.





#### **CORTLANDT HOCKEY RINK**

Located at 3 Memorial Drive, Croton, next to the Town of Cortlandt Youth & Recreation Center.

#### Skate at your own risk.

#### For your protection, please observe the following rules:

- 1. Skaters must wear proper safety equipment:
- Helmets, rubber wheeled skates, elbow pads, kneepads & wrist guards.
- 3. Roller hockey activities require a caged helmet, shoulder pads, shin guards, gloves and mouth guard.
- Helmets with face mask/cage must be worn at all times for roller hockey including on player benches.
- 5. Skaters must provide their own equipment.
- 6. Only in-line skaters are permitted in rink.
- 7. No bicycles, skateboards, scooters, radio controlled toys, food or spectators permitted inside rink.
- 8. Graffiti, vandalism, and the use of profanity, tobacco, and alcohol, drugs or glass containers are prohibited.
- 9. Please deposit all trash in containers.
- 10. Rink hours are 9 AM to dusk.
- 11. No skating when surface is wet.
- 12. No trespassing after rink hours or when locked.
- 13. Use of rink is by permit from Cortlandt Recreation Division only.
- 14. Skate rink is open to Town Residents only.

# FAILURE TO ABIDE BY THESE RULES WILL RESULT IN THE LOSS OF PARK PRIVILEGES.

The Town of Cortlandt is not liable for any accident or injury to persons or property resulting from the use of this skate rink. Please be considerate of fellow skaters especially those who are younger or less skilled. Serious injury may result from colliding with other participants.





### **CHARLES J. COOK PARK**

For over half a century, the Town of Cortlandt has owned the piece of property off Furnace Dock Road now known as the Charles J. Cook Recreation Center. After a 1.5 million dollar renovation in 2000, this recreational facility became one of Cortlandt's most popular venues. This active sports complex offers residents a variety of leisure activities. With a concrete surface, drainage system, filtration system, splash park and as of 2021, a newly upgraded bathhouse. The Charles J. Cook Pool is open daily during the summer from 10:45 AM until 7:00 PM and until 8:00 PM on Friday evenings. Swim areas are staffed with lifeguards, and on-site management.

A water spray park was dedicated in 2016 with five additional features. During June and July, the Town of Cortlandt Swim and Dive Teams hold meets and practice at the Pool.

The Town's summer camp program allows children, grades K thru 8th, to enjoy the pool as well as the Charles J. Cook Recreation Center's playground, all purpose ball field, two tennis courts, basketball courts, a fitness trail, and 9-hole miniature golf course.



The nature and fitness trail is approximately ½ mile and consists of an 8-ft wide rustic trail (natural) and twenty (20) pieces of fitness equipment.



The miniature golf course opened in the spring of 2019; Each hole has a Town of Cortlandt inspired feature, such as the Little Red School House, Bear Mountain Bridge, and the Toll House. The course is open to both pool users and the general public during normal operating hours. The golf course will remain open spring, fall, summer, weather permitting.

### Mini Golf Hours: June 26th- August 4th

Monday- Thursday: 3:30 PM- 7:00 PM Friday- 3:30 PM- 8:00 PM Saturdays & Sundays: 11:00 PM- 7:30 PM August 7th- September 4th

After Labor Day, hours are Saturdays and Sundays ONLY from 12:00 PM-7:30 PM through the month of September.







### **CORTLANDT ICE RINK**

From November 19th - March 3rd, the Cortlandt Hockey Rink is converted to a synthetic ice rink! All attendees must have a Town of Cortlandt Recreation Photo ID Card, please visit page 11 for more information.

Hours of Operation:

Fridays, 4:30 PM- 9:00 PM Skating Sessions: 4:30 PM- 6:00 PM 6:00 PM- 7:30 PM 7:30 PM- 9:00 PM

Saturdays, 12:00 PM- 8:00 PM Skating Sessions: 12:00 PM-1:30 PM 1:30 PM- 3:00 PM 3:00 PM- 4:30 PM 1/2 HOUR ICE MAINTENANCE 5:00 PM- 6:30 PM 6:30 PM- 8:00 PM

Sundays, 12:00 PM- 6:00 PM Skating Sessions: 12:00 PM- 1:30 PM 1:30 PM-3:00 PM 3:00 PM- 4:30 PM 4:30 PM- 6:00 PM



\*On days that schools are closed the rink will be open and follow a Sunday schedule.

Fees (90 Minute Skating Session): \$5.00 Adult \$3.00 Youth \$7.00 Guest (Must be accompanied by a Town of Cortlandt Resident) Skates available at the rink to rent for a \$3.00 fee or you can use your own skates.







#### **HUDSON HIGHLANDS GATEWAY PARK**

#### Sprout Brook Road (Main), Doris Lee Drive, Cortlandt Manor

Threatened twice by dense residential development, was protected in 1998 when a coalition of more than 35 groups representing homeowners, the homeowners, the community, government agencies and several environmental organizations united to preserve this 352-acre site. The Coalition to Preserve the Hudson Highlands Gateway raised \$6 million to buy the parcel. In May 2000, the Scenic Hudson Land Trust, the Town of Cortlandt and Westchester County purchased the property.

A network of trails in the park exposes visitors to woodlands, streams, steep slopes, bedrock outcroppings and meadows, revealing much human and natural history and providing spectacular river views. This park is ecologically significant because it is home to several; noteworthy ecosystems. The site's upland wetlands are crucial for many frogs and salamanders to survive. Several different snake species use the prominent, east-facing cliffs of the park to warm themselves in the sun. Also the park's Westchester County location is in one of the country's three major bird migration corridors. Come spring, hundreds of thousands of birds fly over the park where they stop to rest and feed.

Since the property was acquired, the Hudson Highlands Gateway Task Force, a group of concerned citizens - has been working with The Scenic Hudson Land Trust, the Town of Cortlandt and New York-New Jersey Trail Conference on issues including park improvements, illegal ATV use and assessing the park's natural resources. Hudson Highlands Gateway Park is an ideal destination for an afternoon or all-day outing. Recreational activities abound, including hiking, birding, cross-country skiing, fishing and snowshoeing. Located at the southern end of the fabled Hudson Highlands, the park once served as a Revolutionary War lookout and now is open for public enjoyment.

#### Directions

Two parking areas are available; one is temporarily shared with Sprout Brook Park, 0.3 miles from the intersectoon of Sprout Brook Road and Highland Avenue, just past and on the same side as the athletic. Cross road and enter park through the gap in guardrail. Universally accessible parking area is at the end of Doris Lee Drive (see map). Park on gravel in front of fence.

#### **Operating Hours**

Open year-round, from dawn to dusk.

#### **Park Rules & Regulations**

- The park is open dawn to dusk.
- · Vehicles are permitted only in the designated parking areas.
- Stay within the posted property boundaries, and be considerate of other visitors and adjoining property owners.
- Keep pets leashed; please clean up after them.
- Do not remove or destroy plants, wildlife or artifacts.
- Always hike with a friend.
- Motorized vehicles, camping, fires, alcohol, firearms, feeding wildlife, smoking, dumping, swimming, metal detectors, mountain bikes and radios are prohibited.

#### Caution

Deer ticks, which can transmit Lyme disease, are a growing problem. Take precautions and check for ticks after leaving.

#### **Description of Trails**

Hudson Highlands Gateway Park has four trails, totaling more than 4.9 miles that traverse the 352-acre site. There are many meandering, wooded roads where



one could easily get lost. Please stay on marked trails. The degree of difficulty for the hiking trails ranges from easy to moderate. Trail users should wear sturdy shoes and beware of loose rocks, holes and slippery surfaces.

#### (Red Trail)

#### Annsville Creek Trail 1 mile, approx. 1 hr.

This trail starts at Doris Lee Drive and is universally accessible to the Pond Overlook. It travels by Annisville Creek, which contains breeding trout populations. Fishing is allowed. A sensitive wetland area surrounds the creek.

#### (Blue Trail)

#### Upland Trail 2 miles

A steep ascent through a meadow and mixed woods forest brings visitors to a terrific view of the Hudson River. The remainder of the trail encompasses rolling terrain that passes by many historic stonewalls.

#### (Yellow Trail)

#### Hudson Overlook Spur 0.6 miles

Distinguished by its scenic overlook, this trail also crosses a small stream that is the outlet for a large wetland upslope.

#### (White Trail)

#### Vernal Pool Trail 1.6 miles

Beginning from the northernmost point of the Upland Trail, this trail works its way up and along a ridgeline. As it descends it passes by a large vernal pool, through a wetland and contains a number of steep slopes. Be cautious of wet surfaces. The trail finishes along an old woods road and rejoins the Upland Trail.

#### Your Valley, Your Voice, Your Future

We hope you enjoy visiting Hudson Highlands Gateway Park. This and other significant Hudson Valley landscapes are protected by the Scenic Hudson Land Trust with the support of the Lila Acheson and DeWitt Wallace Fund for the Hudson Highlands, created by the founders of Readers Digest Association, Inc. Scenic Hudson also gratefully acknowledges those who helped make this park a reality; Town of Cortlandt, Westchester County, New York-New Jersey Trail Conference, New York State and many dedicated individuals who donated their time, energy and financial support.

Scenic Hudson works to protect and restore the Hudson River and its majestic landscape as an irreplaceable national treasure and a vital resource for residents and visitors. A crusader for the valley since 1963, today they are the largest environmental group focused on the Hudson River Valley. Our team of experts combines land acquisition, support for agriculture, citizen-based advocacy and sophisticated planning tools to create environmentally healthy communities, champion smart economic growth, open up river fronts to the public and preserve the valley's inspiring beauty and natural resources.



# **TOWN OF CORTLANDT PLAYGROUNDS**



Charles G. DiGiacomo Recreation Area Croton Avenue, Cortlandt Manor



Jim Martin Aviation Playground Cortlandt Waterfront Park River View Avenue, Verplanck



Muriel H. Morabito Community Center Playground 29 West Brook Drive, Cortlandt Manor



**Old Pond Park** 8th Street, Verplanck



Peter Cutignola Memorial Playground 1 Memorial Drive, Croton



Sprout Brook Park Playground Sprout Brook Park, Cortlandt Manor



Sunset Park Playground Sunset Road, Montrose



Tommy Thurber Park Playground Tommy Thurber Lane, Montrose

#### LAKE MEAHAGH PARK

Westchester Avenue, Verplanck Lake Meahagh Park hosts a basketball court, walking path, and is the home of the Town of Cortlandt Community Garden. It is also a boat launch for the CCRA (Cortlandt Community Rowing Association).



### **OSCAWANA BOAT LAUNCH**

Oscawana boat launch is located on Cortlandt Street in Crugers. A launching area for kayak's and canoes; hiking trails that lead out to the Hudson River. It was dedicated on October 4, 2004 by former Cortlandt Town Supervisor Linda D. Puglisi and the Town Board.



# **SPROUT BROOK PARK**

#### 130 Sprout Brook Road in Cortlandt Manor

The park is over 22 acres and has two softball fields, a little league field (which includes a snack bar and batting cage), soccer field, an all purpose field, a pavilion available for renting, a playground, and a dog park.



# **STEVEN HEBERT MEMORIAL SKATE PARK**

Muriel H. Morabito Community Center West Brook Drive, Cortlandt Manor, N.Y.





### **PICKLEBALL COURT**

With the increasing popularity of the growing paddle sport, pickle ball, the Town of Cortlandt has converted one tennis court at the Croton **Community Recreation Area** off of Croton Avenue (Down the road from Walter Panas High School) into four pickle ball courts. This court is for residents and their guests only.



#### **THE TOLL HOUSE** Located on Bear Mt. Road, Cortlandt Manor, NY

Toll House was dedicated on September 22, 2002 and is a visitor center with information about the Hudson Valley. It is opened seasonally from May to November.

### **CORTLANDT WATERFRONT PARK**

The Cortlandt Waterfront Park is located at 77 Riverview Avenue, Verplanck, NY 10596 (off of Riverview Avenue and Broadway in Verplanck.) Come and enjoy the Park, which includes a gazebo, fishing, crabbing, playground, veterans memorial, walking path, small boat, kayak and canoe launch area, horseshoe pits (bring your horseshoes). All with a spectacular view of the Hudson River!



### **TENNIS COURT INFORMATION**

TENNIS NETS will be kept up weather permitting at the following locations around mid March:

- Charles J. Cook Tennis Courts 2 Courts Furnace Dock Road, Cortlandt Manor
  - 6 Courts
- Lake Street Tennis Courts Lake Street, Montrose Walter Panas Tennis Courts 6 Courts
- Croton Avenue, Cortlandt Manor

#### COURT AVAILABILITY

Due to changing schedules, dates and times of court availability will be posted at the courts.

#### **RULES & REGULATIONS**

In order to accommodate as many residents as possible, use of the courts for over an hour and a half prohibited if the courts are full.

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Address				City/ Town			Zip	Email				
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TOWN OF CORTLANDT DEPARTMENT OF RECREATION AND CONSERVATION SEASONAL EMPLOYEE APPLICATION 1 HEADY STREET, CORTLANDT MANOR, NY 10567

FOR FULL TIME EMPLOYMENT APPLICATIONS, PLEASE CONTACT TOWN OF CORTLANDT HUMAN RESOURCES AT 914-734-1004.

# **TOWN OF CORTLANDT DOG PARK REGISTRATION**



Name of Dog Owner:
Address:
Telephone Number:
Email Address:
Name of Dog (s):
Date of Vaccination Expirations:
Dog License Number:

**INJURY RELEASE:** I agree to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By signing on the line below, you are signing this Agreement.

**COVID-19 RELEASE:** By participating in any programs sponsored by the Town of Cortlandt, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by my participation. I agree that if I am exposed to or infected by COVID-19 during my participation in any programs sponsored by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right to maintain a lawsuit against the Town of Cortlandt for exposure to COVID-19, and my heirs, successors, assigns, and I shall hold the Town of Cortlandt harmless with respect to any damages incurred from contracting COVID-19. I acknowledge that I have read and fully understand the terms and conditions. By signing on the line below, you are signing this Agreement.

**Owner's Signature** 

Date

Please mail the completed Dog Park Registration Form to Town of Cortlandt Town Hall: Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY 10567.

Please contact the Town of Cortlandt Recreation Department with any questions or concerns at tocrec@townofcortlandt.com or 914-734-1050.

# **PRE-SCHOOL/ YOUTH PROGRAM ACTIVTY REGISTRATION FORM**

Online registration available for Cortlandt Recreation Programs: www.townofcortlandt.com/reconline

RPG Last Name	RPG First Name	RPG DOB
Street Address		PO Box
City	Zip Email	
Work Phone #	Home Phone #	
Cell Phone #	Cell Phone Mobile Provider	

**INJURY RELEASE:** I agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

**COVID-19 RELEASE:** By participating in any programs sponsored by the Town of Cortlandt, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by my participation. I agree that if I am exposed to or infected by COVID-19 during my participation in any programs sponsored by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right to maintain a lawsuit against the Town of Cortlandt, volunteer coaches, employees, and hired independent contractors, for exposure to COVID-19, and my heirs, successors, assigns, and I shall hold the Town of Cortlandt harmless with respect to any damages incurred from contracting COVID-19. Every participant should bring a mask as players on the sideline will be required to wear masks. I acknowledge that I have read and fully understand the terms and conditions. By checking "I Accept" line below, you are signing this Agreement.

PHOTO RELEASE: I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as brochures and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution. By checking "I Accept" line below, you are signing this Agreement. I Accept

Parent/ Guardians Signature

Date \_\_\_\_\_

Course#	Participants Name		Grade Sex		ex DOB	Activity Name	Total Fee
	Last Name	First Name					
NONRESIDEN	T S: 20% SURCHARGE TO HIGHER RATE F	OR ALL PROGRAMS REGISTERED F	OR.			Total Fee	\$

NONRESIDENT S: 20% SURCHARGE TO HIGHER RATE FOR ALL PROGRAMS REGISTERED FOR. NONRESIDENT S ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM.

THE TOWN OF CORTALNDT DOES NOT PROVIDE ACCIDENT INSURANCE. SEPARATE CHECKS FOR ALL PROGRAMS.

MAKE CHECKS PAYABLE TO AND MAIL TO: TOWN OF CORTLANDT RECREATION DEPARTMENT 1 HEADY STREET, CORTLANDT MANOR, NY 10567

By signing up for a program through Community Pass and the Town of Cortlandt Recreation Department, you will automatically be enrolled to receive future communications from the Town of Cortlandt. You may opt of these future communications by clicking unsubscribe.

#### FOR OFFICE USE ONLY

TR Receipt #\_\_\_\_\_ CC Receipt #\_\_\_\_\_ Amount Paid \$\_\_\_\_\_ Date Deposited \_\_\_\_\_

# ADULT PROGRAM ACTIVTY REGISTRATION FORM

#### Online registration available for Cortlandt Recreation Programs: www.townofcortlandt.com/reconline

Last Name	First Name				
Street Address		PO Box			
City	Zip Email				
Work Phone #	Home Phone #				
Cell Phone #	Cell Phone Mobile Provider				

**INJURY RELEASE:** I agree to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

**COVID-19 RELEASE:** By participating in any programs sponsored by the Town of Cortlandt, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by my participation. I agree that if I am exposed to or infected by COVID-19 during my participation in any programs sponsored by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right to maintain a lawsuit against the Town of Cortlandt, volunteer coaches, employees, and hired independent contractors, for exposure to COVID-19, and my heirs, successors, assigns, and I shall hold the Town of Cortlandt harmless with respect to any damages incurred from contracting COVID-19. Every participant should bring a mask as players on the sideline will be required to wear masks. I acknowledge that I have read and fully understand the terms and conditions. By checking "I Accept" line below, you are signing this Agreement.

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Course#	Participants Name		DOB	Activity Name	Total Fee
	Last Name	First Name			
			•	Total Fee	\$

NONRESIDENT S: 20% SURCHARGE TO HIGHER RATE FOR ALL PROGRAMS REGISTERED FOR. NONRESIDENT S ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM.

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FOR OFFICE USE ONLY	
TR Receipt #	
CC Receipt#	

Amount Paid \$	
Date Deposited	

# **TOWN OF CORTLANDT RECREATION BOYS YOUTH BASKETBALL LEAGUE 2023-2024**

BEFORE November 1st Fee: \$80 with ID Card • \$85 without ID Card AFTER November 1st Fee: \$90 with ID Card • \$95 without ID Card Mail with check or money order to: Town of Cortlandt Recreation, 1 Heady Street, Cortlandt Manor, NY 10567 OR register online at www.townofcortlandt.com/reconline

TRYOUT INFORMATION				
<b>Division</b>	<u>Grades</u>	<u>Date</u>	<u>Time</u>	<b>Location</b>
Pee Wee	3, 4	Wednesday, November 1	6:30 PM	Blue Mountain M.S.
Cubs	5, 6	Wednesday, November 1	7:15 PM	Blue Mountain M.S.
Juniors	7, 8	Wednesday, November 1	8:00 PM	Blue Mountain M.S.

TRYOUTS: All registrants must attend tryouts even if they played on a team last year. PRACTICES & GAMES: Teams will practice one night during the week and will play on Saturdays.

#### Practices will start the second week of November 2023. League play begins Saturday, January 6, 2024.

Circle One:	PEE WEE	CUB	JUNIOR	SENIOR			
Child's Name							
School							
Grade in Fall '23	Height	Ft In	. Age	D.O.B/	'/	_ Male	Female
Pertinent medica	al information (Alle	rgies, medications	, etc.)				
Has your child p	layed basketball be	efore? Yes / No	lf you played	l for the Town, w	hat team?		
Do you have any	y conflicts with pra night a week, on th	ctices on weeknig	hts (Car poo	ls are not consid	ered conflicts	s)? Circle Or	<b>ne:</b> Yes No
			-				
Shirt Sizes (Plea	se select one): Adı	ılt: Small (34	-36) <b>Me</b>	edium (38-40)	Large (42	2-44) <b>X-</b>	<b>Large</b> (46-48)
RPG (Registered	l Parent/Guardian) <u></u>						
Street Address _				Town			Zip
Home #			Wor	k or Cell #			
Email							
Emergency Con	tact Name			Eme	ergency #		

# Player selection is at the coaches discretion. By being selected to play on a team in the above checked league I agree to play on any assigned team or be dismissed from the league.

**INJURY RELEASE:** I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt.

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**PHOTO RELEASE:** I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as brochures and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution.

By signing up for a program through Community Pass and the Town of Cortlandt Recreation Department, you will automatically be enrolled to receive future communications from the Town of Cortlandt. You may opt of these future communications by clicking unsubscribe.

Parents Signature \_\_\_\_\_

Date \_\_\_\_\_

#### **COACHES AND SPONSORS NEEDED**

If you are interested in coaching, please go to www.townofcortlandt.com/reconline to register or call 914-734-1056 for more information. If you are interested in sponsoring a team, please call 914-734-1056. PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position. You will be contacted by the Recreation Supervisor with more information if you are selected.

Boys Basketball League Deadline: November 1, 2023 THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE.

FOR OFFICE USE ONLY:					
TR Receipt #	CC Receipt #	Amount Paid \$	Date Deposited		

#### **TOWN OF CORTLANDT RECREATION GIRLS YOUTH BASKETBALL LEAGUE 2023-2024**

BEFORE October 30th Fee: \$80 with ID Card • \$85 without ID Card AFTER October 30th Fee: \$90 with ID Card • \$95 without ID Card Mail with check or money order to: Town of Cortlandt Recreation, 1 Heady Street, Cortlandt Manor, NY 10567 OR register online at www.townofcortlandt.com/reconline

		TRYOUT I	NFORMATION		
<u>Division</u> Cubs	Grades	Date Manday, Ostaba	- 20	Time	Location Blue Mountain M.S.
Midgets	3, 4 5, 6, 7	Monday, Octobe Monday, Octobe		6:30 PM 7:15 PM	Blue Mountain M.S.
Ŭ		·			
	Reg	istrations are limited to	the number of coache	es available.	
PI	· · · · · · · · · · · · · · · · · · ·	gistrants must attend tr Teams will practice on	, , , , , , , , , , , , , , , , , , , ,	, ,	
Practice	s will start the seco	nd week of Novembe	r 2023. League play	v begins Saturday, .	lanuary 6, 2024.
Circle One:	CUB	MIDGET			
Child's Name_					
Grade in Fall '23	Height	Ft In. Age _	D.O.B	_// M	ale Female
Pertinent medic	al information (Allerg	ies, medications, etc.)			
		, , ,			
Has your child p	layed basketball befc	re? <b>Yes / No</b> If you p	layed for the Town, w	vhat team?	
Do you have any	y conflicts with practi	ces on weeknights (Ca	ar pools are not cons	idered conflicts)? <b>C</b> i	ircle One: Yes No
(Practices are 1	night a week, on the s	same night, Monday-T	hursday) If yes, what	night do you have a	conflict?
Shirt Sizes (Plea	se select one): Adult:	<b>Small</b> (34-36)	<b>Medium</b> (38-40)	Large (42-44)	<b>X-Large</b> (46-48)
RPG (Registered	l Parent/Guardian)				
Street Address _			Town		Zip
Home #			Work or Cell #		
Email					
Emergency Con	tact Name		En	nergency #	

## Player selection is at the coaches discretion. By being selected to play on a team in the above checked league I agree to play on any assigned team or be dismissed from the league.

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Parents Signature \_\_\_\_\_

Date \_\_\_\_\_

#### **COACHES AND SPONSORS NEEDED**

If you are interested in coaching, please go to www.townofcortlandt.com/reconline to register or call 914-734-1056 for more information. If you are interested in sponsoring a team, please call 914-734-1056. PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position. You will be contacted by the Recreation Supervisor with more information if you are selected.

Girls Basketball League Deadline: October 30, 2023 THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE.

	FOR C	OFFICE USE ONLY:	
TR Receipt #	_ CC Receipt #	Amount Paid \$	Date Deposited

#### **TOWN OF CORTLANDT BOYS YOUTH TRAVEL BASKETBALL**

**Eligibility:** All boys entering 4th- 8th grades as of September 2023, who reside in the Town of Cortlandt or attend Hendrick Hudson School District or Lakeland Central School District. Teams are chosen at the coaches discretion. There will be five separate boys teams based on grade. Complete the form below and return it to the Town of Cortlandt Recreation Department Office (1 Heady Street, Cortlandt Manor, NY 10567) and/ or complete this form online at www.townofcortlandt.com/reconline.

Fee: \$225 with ID Card/ \$230 without ID Card; Payment of registration fee due AFTER accepted on team (NO ONLINE REGISTRATION OR CREDIT CARD PAYMENTS; CASH AND/ OR CHECK ONLY)

		TRYOUT INFORMATION -	
<u>Grades</u>	<u>Date</u>	<u>Time</u>	Location
4th Grade	Monday, October 2	5:30PM-7:00PM	Muriel H. Morabito Community Center
			29 Westbrook Drive, Cortlandt Manor
5th Grade	Monday, October 2	7:00PM-8:30PM	Muriel H. Morabito Community Center
6th Grade	Monday, October 2	6:30 PM-8:00 PM	Blue Mountain Middle School
			7 Furnace Woods Road, Cortlandt Manor
7th Grade	Monday, October 2	8:00 PM-9:30 PM	Blue Mountain Middle School
8th Grade	Tuesday, October 3	6:30 PM-8:00 PM	Blue Mountain Middle School

For more information please contact Tim Fisher at timf@townofcortlandt.com or 914-734-1056.

Name					
Address					
Birthdate	Age	Grade Sept '23	Height	Ft	In.
School	En	nail			
Home Phone #	Cell Ph	one #			
Played Before? Circle One: Yes / No Team Name					

**INJURY RELEASE:** I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt.

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Parents Signature

Date

#### THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE

For Office Use Only: Amount Paid \$\_\_\_\_\_

#### Date Deposited

#### **TOWN OF CORTLANDT GIRLS YOUTH TRAVEL BASKETBALL**

**Eligibility:** All boys entering 4th- 8th grades as of September 2023, who reside in the Town of Cortlandt or attend Hendrick Hudson School District or Lakeland Central School District. Teams are chosen at the coaches discretion. There will be five separate boys teams based on grade. Complete the form below and return it to the Town of Cortlandt Recreation Department Office (1 Heady Street, Cortlandt Manor, NY 10567) and/ or complete this form online at www.townofcortlandt.com/reconline.

Fee: \$225 with ID Card/ \$230 without ID Card; Payment of registration fee due AFTER accepted on team (NO ONLINE REGISTRATION OR CREDIT CARD PAYMENTS; CASH AND/ OR CHECK ONLY)

	<u> </u>	TRYOUT INFORMATION -	
<u>Grades</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
4th Grade	Wednesday, October 4	5:30PM-7:00PM	Muriel H. Morabito Community Center
			29 Westbrook Drive, Cortlandt Manor
5th Grade	Wednesday, October 4	7:00PM-8:30PM	Muriel H. Morabito Community Center
6th Grade	Wednesday, October 4	6:30 PM-8:00 PM	Blue Mountain Middle School
			7 Furnace Woods Road, Cortlandt Manor
7th Grade	Wednesday, October 4	8:00 PM-9:30 PM	Blue Mountain Middle School
8th Grade	Tuesday, October 3	8:00 PM-9:30 PM	Blue Mountain Middle School

For more information please contact Tim Fisher at timf@townofcortlandt.com or 914-734-1056.

Name					
Address					
Birthdate	Age	_ Grade Sept '23	_ Height	Ft	In.
School	Ema	iil			
Home Phone #	Cell Phor	าе #			
Played Before? Circle One: Yes / No Team Name					

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Parents Signature\_

Date

#### THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE

For Office Use Only: Amount Paid \$\_\_\_\_\_

#### Date Deposited

#### TOWN OF CORTLANDT FIRST RESPONDERS GOLF TOURNAMENT

Monday, October 16, 2023 At Hollow Brook Golf Club

ALL proceeds from the tournament will be donated to the various First Responder organizations within the Town of Cortlandt. We are looking forward to an enjoyable day. **DEADLINE TO SUMBIT REGISTRATION IS MONDAY, OCTOBER 9, 2023.** SCHEDULE **TOURNAMENT FEES** Volunteer of a Fire Department, Ambulance Corps, or Auxiliary Group: Time Event \$125.00 per person (Please bring identification 11:00 AM Registration and Boxed Lunch showing your group membership) 12:00 PM "Shotgun Start" (Scramble Format) Not a volunteer: \$175.00 per person 5:00 PM Barbeque Dinner at Hollow Brook Club House Only attending the dinner: \$60.00 per person If you would like to reserve a spot or foursome, MAIL REGISTRATION & PAYMENT TO: please call: TOWN OF CORTLANDT RECREATION Ken Sherman at **1 HEADY STREET** 914-734-1058 CORTLANDT MANOR, NY 10567

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**COVID-19 RELEASE:** By granting permission for my minor child to participate in any programs sponsored by the Town of Cortlandt, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that this child may be exposed to or infected by COVID-19 by his or her participation. I agree that if he or she is exposed to or infected by COVID-19 during his or her participation in any programs sponsored by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right to maintain a lawsuit against the Town of Cortlandt, volunteer coaches, employees, and hired independent contractors, for exposure to COVID-19, and my heirs, successors, assigns, and I shall hold the Town of Cortlandt harmless with respect to any damages incurred from my child contracting COVID-19. Every participant should bring a mask as players on the sideline will be required to wear masks. I acknowledge that I have read and fully understand the terms and conditions.

PHOTO RELEASE: I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as brochures and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution.

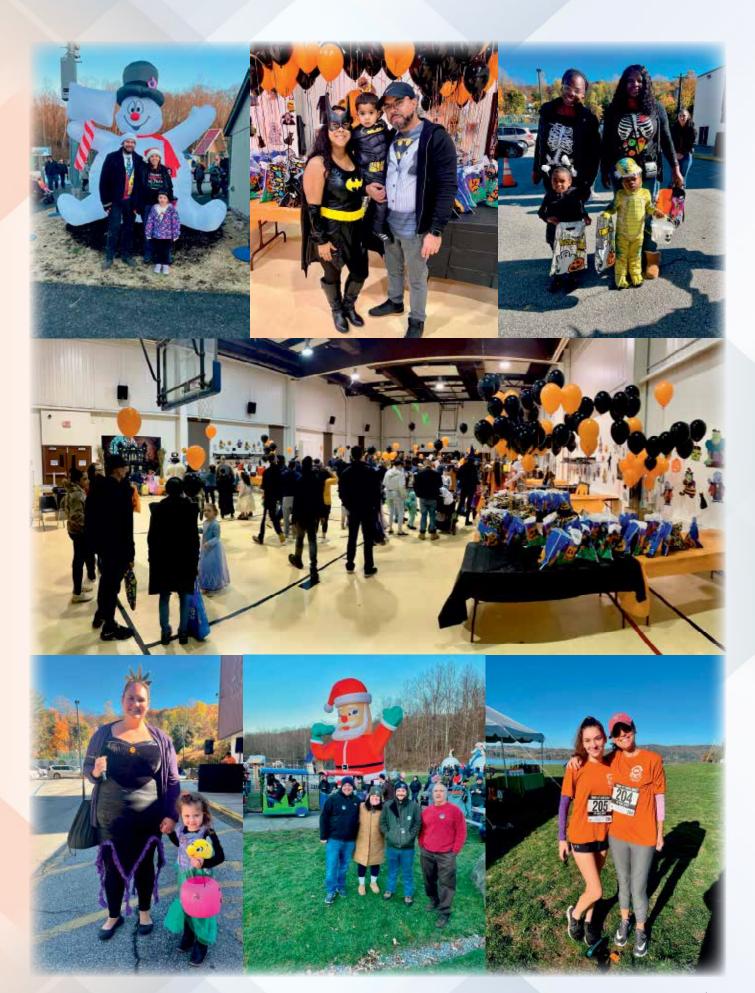
Foursome Names	Address	Phone Number

**Date Deposited** 

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