

2024 FALL
RECREATION
PROGRAM
GUIDE

CORTLANDT FALL PLANNER

ACTIVITIES FOR ADULTS, SENIORS AND YOUTH!

Town Supervisor
Richard H. Becker, MD

Town Board
James F. Creighton
Cristin Jacoby

Robert E. Mayes
Joyce C. White

FEATURED THIS FALL:

5K ROAD RACE

YOUTH BASKETBALL
LEAGUE

FRIDAY NIGHT
LINE DANCING
FOR SENIORS

YOUTH COOKING
CLASSES

FAMILY FUN DAY

PICKLEBALL
INSTRUCTION
FOR ALL AGES

ADULT BADMINTON

HALLOWEEN PARTY

EVENTS FOR ALL
AGES & MUCH MORE!



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Town of Cortlandt Recreation & Conservation Department

Cortlandt Town Hall
1 Heady Street
Cortlandt Manor, NY 10567-1241
914-734-1050

Website: www.townofcortlandt.com
Email: tocrec@townofcortlandt.com
Facebook: [facebook/townofcortlandt](https://facebook.com/townofcortlandt)
Instagram: [@townofcortlandt](https://www.instagram.com/townofcortlandt)



TOWN SUPERVISOR

Richard H. Becker, MD

TOWN BOARD

James F. Creighton | Cristin Jacoby | Robert E. Mayes | Joyce C. White

PARKS, RECREATION, & CONSERVATION ADVISORY BOARD

Tino Martin, Chairman
Jeffrey Boudin
Jennifer Corrado
Pamela Bush Denenberg
Paul DiRoma
Michael Fleming
Paul Pacchiana
Nathan Palmer
Joseph Mintz
Joseph Ryan
Kelly LaVasseur Reilly
Joy Snyder

RECREATION & CONSERVATION DEPARTMENT

Ken Sherman, Director..... 914-734-1058
Lesley Popkin, Deputy Director.....914-734-1057
Tim Fisher, Recreation Supervisor..... 914-734-1056
Greg Kroohs, Recreation Supervisor..... 914-734-1055
Deanna Peterson, Recreation Supervisor 914-734-1053
Dawn Mahoney, Director of Senior Services914-528-1572
Rebecca Ferguson, Assistant Director of Senior Services..... 914-528-8377
Lindsey Luposello, Youth Center Director.....914-736-0498
Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator..... 914-734-1052

OFFICE STAFF

Emma Giovenco | Janice LaFave

The Town of Cortlandt gratefully acknowledges the cooperation extended by the Hendrick Hudson School District, Lakeland Central School District, Village of Buchanan, Village of Croton-on-Hudson, Cortlandt Town Center and to all other groups regarding the use of their facilities and to our business community for supporting our programs and teams.

CORTLANDT TOWN HALL	Main Telephone Number	914-734-1000
DEPARTMENT OF ENVIRONMENTAL SERVICES	<i>167 Roa Hook Road, Cortlandt Manor</i>	
Director	Steve Ferreira, P.E.	914-737-0100
Deputy Director	Christina Edwards	914-737-0100
Working Supt. Highway		914-737-0075
Highway & Parks Division	914-737-0075	
Sanitation Division	914-737-0100	
Water Division	914-734-1026	
Water Division Billing Issues, Northern Westchester Joint Water Works		914-737-5380 EXT 114
HOTLINE FOR INFORMATION AND EVENTS		914-734-1000 EXT 28
DIRECTOR OF OPERATIONS	Claudia Vahey	914-734-1004
JUSTICE COURT	Judge Kimberly Ragazzo	914-734-1090
	Judge Maritza Fugaro-Norton	914-734-1090
JUSTICE COURT CLERK	Audrey Stewart	914-734-1090
MURIEL H. MORABITO COMMUNITY CENTER	<i>29 West Brook Drive, Cortlandt Manor</i>	
Office of the Aging Director	Dawn Mahoney	914-528-1464
Nutrition Site Manager & Assistant to Director	Rebecca Ferguson	914-528-8377
DEPARTMENT OF PLANNING & COMMUNITY DEVELOPMENT		
Director	Christopher Kehoe	914-734-1080
Assistant Director	Rosemary Boyle-Lasher	914-734-1083
PURCHASING DEPARTMENT/ CENTRAL SUPPLIES		
Director of Purchasing	Jennifer Glasheen	914-734-1046
RECEIVER OF TAXES	Debra A. Carter	914-734-1030
DEPARTMENT OF RECREATION AND CONSERVATION		
Director	Ken Sherman	914-734-1051
Deputy Director	Lesley Popkin	914-734-1058
SUPERVISOR RICHARD H. BECKER, MD		914-734-1002
Secretary to the Supervisor	Judi Peterson	914-734-1002
Assistant to the Supervisor	Dianne Carroll	914-734-1101
Assistant to the Supervisor	Elvia Sinchi	914-734-1002
DEPARTMENT OF TECHNICAL SERVICES CODE ENFORCEMENT, ENGINEERING, AND PLANNING		
Director D.O.T.S	Michael Preziosi, P.E.	914-734-1060
Deputy Director, D.O.T.S.	Artie D'Angelo, Jr., P.E.	914-734-1060
Director, Code Enforcement	Martin Rogers, P.E.	914-734-1010
Assistant Director, Code Enforcement	Holly Haight	914-734-1015
TOWN ASSESSOR	Denise Knauer	914-734-1040
TOWN ATTORNEY	Thomas Wood	914-736-0930
DEPUTY TOWN ATTORNEY	Michael Cunningham	914-736-0930
TOWN COMPTROLLER	Patricia Robcke	914-734-1070
TOWN CLERK	Laroue Shatzkin	914-734-1020
YOUTH & RECREATION CENTER	<i>3 Memorial Drive, Croton on Hudson</i>	
YOUTH CENTER DIRECTOR	Lindsey Luposello	914-736-0498

Welcome Fall!! We are excited to begin the Fall season as we've had a summer filled with warm temperatures, sunny days and fun! Our kids enjoyed days spent at camp, the Cook Pool and summer field trips.

You will note many changes in this activities catalog. We have replaced the former "Recreation Brochure" with this newly branded "Fall Planner". This re-branding is necessary to reflect that this is no longer just for children and teens but for active adults and seniors, as well. Also, we are offering many new programs which will be listed in the next edition – our Winter/Spring Planner.



Two years ago, we opened up our ice-skating facility. This year, we constructed, cut the ribbon and inaugurated concerts at our brand-new Cortlandt Waterfront Performance Stage in Verplanck. We also opened a new state-of-the-art Children's Playground along this waterfront. And, finally, we opened five new pickleball courts near the Youth Center on Memorial Drive, adjacent to the Cortlandt train station.

Here are some major highlights and special events this fall season. Additional details are provided within this planner.

Cortlandt Family Fun Day: Saturday, 10/5- Cortlandt Train Station- 3:00 PM- 7:00 PM- Fireworks

5K Road Race: Saturday, 10/26- Cortlandt Waterfront Park - 9:30 AM start

Halloween Dog Parade: Saturday, 10/26- Cortlandt Dog Park, 130 Sprout Brook Road, 2:30 PM-3:30 PM

Hobgoblin Parade: Saturday, 10/26, 1:00 PM- Cortlandt Town Center

Halloween Party: Thursday, 10/31 - 6:00 PM- 8:30 PM- Cortlandt Youth Center

Our annual Winter Wonderland event will be held on Saturday, December 14th at the Cortlandt Youth Center. Once again, our synthetic ice-skating rink will open in the roller hockey rink area beginning on Saturday, November 23. More information to come.

Did you know the Town of Cortlandt sends out weekly e-newsletter on Fridays to help keep you, our residents informed about everything Cortlandt? Learn about upcoming local events, must-have apps, employment opportunities, community achievements, messages from the Desk of Supervisor Dr. Richard Becker and more! You can subscribe by visiting <https://lp.constantcontactpages.com/su/1UuJlzo>.

Wishing you a wonderful Fall season with friends and family.

A handwritten signature in black ink that reads "Richard H. Becker".

Richard H. Becker, M.D.
Supervisor, Town of Cortlandt





STORM PREPAREDNESS

TOWN OF CORTLANDT INFORMATION

IMPORTANT RESOURCES AND LINKS

CON EDISON

800-752-6633 | www.coned.com

Sign up for alerts on the Town of Cortlandt Website:

www.townofcortlandt.com/alerts

TOWN OF CORTLANDT STORM HOTLINE

914-914-97-STORM

914-977-8676

www.townofcortlandt.com

TOWN OF CORTLANDT, DES HIGHWAY DIVISION

914-737-0075

highway@townofcortlandt.com

for downed trees and/or wires

TOWN OF CORTLANDT FACEBOOK

www.facebook.com/townofcortlandt

OPTIMUM CABLE, NY

BRONX/ BROOKLYN/ WESTCHESTER

Residential Customer Service, 718-860-3513

www.optimum.net

VERIZON FIOS

800-837-4966

www.verizon.com/home/fios/

NYS POLICE

Non Emergency Phone, 914-737-7171

WESTCHESTER COUNTY POLICE

Non Emergency Phone, 914-864-7701

EMERGENCY, 911

STORM PREPAREDNESS CHECKLIST

- ☐ Pay close attention to weather advisories and storm warnings



- ☐ Keep a flashlight and fresh batteries handy



- ☐ Refuel vehicles and ensure they are in good working condition



- ☐ Have a battery powered radio to keep informed of restoration efforts



- ☐ Have a plan to check on vulnerable neighbors and family members



- ☐ Stock water and packaged or canned foods that do not require refrigeration



- ☐ Have a phone that does not require an electric outlet to operate; Charge cell phones or have a car cell phone charger



- ☐ Ensure adequate supplies of medications, cash, and other necessities



- Stay at least 30 feet away from downed power lines, and lines that may be entangled and hidden in fallen trees. Assume a downed line is live.
- Avoid using candles for illumination.
- Never use outdoor gas or charcoal grills, indoors as they pose a fire hazard and, over time, can give off deadly carbon monoxide gas. Use these appliances outdoors only, with proper ventilation. Operate motor vehicles outdoors only, and never in the garage.

NEW ELECTRIC VEHICLE (EV) OUTLET STATIONS



COMING SOON!

Through a grant provided by NYSERDA's Clean Energy Communities program, the Town of Cortlandt will be replacing the two existing electric vehicle charging stations at Town Hall with four new and updated Level 2 EV charging stations for a total of four charging ports. In total, the grant funds will provide for the installation of eleven new charging stations at the following town-owned properties:

Location	Charging Stations*
Town Hall, 1 Heady Street, Cortlandt Manor	4
Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor	4
Charles J. Cook Pool, 293A Furnace Dock Road, Cortlandt Manor	3
*All EV Chargers will be Level 2 charging stations	

C.H.O.P. CORTLANDT HEATING OIL PROGRAM



WHAT DO YOU KNOW ABOUT THE TOWN OF CORTLANDT HEATING OIL PLAN, CHOP?

This is an initiative of the Town of Cortlandt Town Supervisor and the Town Board, designed to save you money on the high cost of heating your home this winter. Members of CHOP will be able to purchase oil at a discount, through our bulk purchasing arrangement. The cost will be 30- 40 cents per gallon above the wholesale cost to our local distributors, averaging approximately 20 cents per gallon less than the homeowner can obtain. This results in a savings for our homeowners.

This is a totally voluntary program, in which all homeowners may join our oil plan by paying a \$5.00 membership fee. For additional information, frequently asked questions and for participating oil companies, visit www.townofcortlandt.com/chop for more information.

VETERANS INFORMATION

VETERANS MEETINGS

Our Cortlandt Regional Veterans Committee meets monthly at Cortlandt Town Hall, 1 Heady Street. Chairman, Willy Nazario (a Purple Heart Vietnam Veteran) and his fellow Veterans represent the pride in Country that is reflected in all of our Veterans throughout the years.

If you have any questions in regard to the meetings, please call Karen Grexa at 914-528-1572.

VIETNAM MEMORIAL AND MILITARY ORDER OF THE PURPLE HEART MEMORIAL AT CORTLANDT TOWN HALL

The Town of Cortlandt has two beautiful memorials on the front lawn at Town Hall. Both our Vietnam Memorial, which was constructed during the 50th Anniversary of the war, and the Military Order of the Purple Heart Memorial honor our brave veterans. These memorials are a living tribute to those men and women who served and defended our Country and for those who sacrificed their lives for our freedoms in America.

In addition, we have a Veteran's Memorial at our Cortlandt Waterfront Park by the Hudson River in the hamlet of Verplanck honoring all veterans who have served in the many conflicts throughout the world.



CORTLANDT MILITARY TRIBUTE BANNERS



The Town of Cortlandt is proud to announce that we sponsor a Military Tribute Banner Program. The banners are a beautiful tribute to honor all of our men and women who have served or are currently serving in our nation's military. The banners will be displayed from Memorial Day to Veterans Day at three locations: along Route 9A near the VA Hospital in Montrose, Broadway in Verplanck and Oregon Road. Once this period ends, they are taken down and given to the sponsor who purchased the banner as a keepsake. The deadline to order for 2024 is April 1st.

For additional details regarding these special banners and for ordering/payment information, please visit the Town Information Section at www.townofcortlandt.com. You may also contact the Supervisor's Office at 914-734-1002 or DianneC@townofcortlandt.com.



In honor of our Town of Cortlandt Disabled Veterans and their spouses, the Town of Cortlandt Recreation Department will offer half prices for all recreation programs offered in this planner.

HOW TO REGISTER FOR RECREATION PROGRAMS ONLINE

**FALL 2024 ONLINE REGISTRATION WILL BEGIN ON:
THURSDAY, SEPTEMBER 5, 2024, 8:30 AM**



To create a family account and register for programs, follow the instructions below or on the Community Pass site.

HOW TO CREATE A FAMILY ACCOUNT:

1. Go to www.townofcortlandt.com/reconline
2. From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
3. On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
4. On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.' Then click 'Finish.'
5. Please save your login and password for future use.

HOW TO REGISTER FOR PROGRAMS:

1. Go to www.townofcortlandt.com/reconline to log back into the system.
2. Log in using the permanent username and password for your account.
3. Click the 'Click Here to Register' button.
4. Select the applicable Catalog by clicking the 'Continue' button next to your choice.
5. Verify email. Click 'Continue.'
6. Select the person registering, then 'Continue.'
7. Select the program (s) you wish to attend.
8. When finished with selections, click 'Continue.'
9. Complete payment information.

If you have any questions concerning account activation, registration or payments, please contact us at:
914-734-1050 or reconline@townofcortlandt.com

— IMPORTANT REGISTRATION INFORMATION —

- Registration can also be mailed to the Recreation office (PLEASE NOTE: Due to the popularity of our programming, and accessibility of online registration, mailing in your registration may result in waitlist); Registration office hours 9:00 AM to 3:30 PM:
Town of Cortlandt Recreation & Conservation
1 Heady Street
Cortlandt Manor, New York 10567-1254
- Use the appropriate registration form included in the back of this planner for in office and/or mail in registrations.
- Include cash, a check, or a money order payable to THE TOWN OF CORTLANDT RECREATION DEPARTMENT for the total amount.
- Individual checks are necessary for separate courses and camp programs.
- If a check is returned to the Recreation Department due to insufficient funds, there will be a \$20.00 service charge. Checks CANNOT BE REDEPOSITED. Cash or Money Order will be required immediately to replace returned check and service charge.
- There is a point when a program must be cancelled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. Please register early! It is recommended that your registration be completed a minimum of two (2) weeks prior to the start of the program.
- If space is available in any program one week prior to the start of the program, nonresidents will be allowed to participate by paying a 20% surcharge of the higher fee.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.

TOWN OF CORTLANDT RECREATION PHOTO ID CARDS & HOLLOW BROOK GOLF STICKERS

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

- Previously issued ID cards are NOT acceptable as current proof of residency.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.
- Adult and Youth ID Card fee, \$8.00.
- Senior Citizen ID Card fee (60+, must provide identification), \$4.00.



TOWN OF CORTLANDT RECREATION PHOTO ID CARDS VIA COMMUNITY PASS AND EMAIL

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

1. Residents must first create an account through Community Pass (*Please be sure to enter every household member into your family account that you would like to have registered for a Town of Cortlandt Recreation ID Card):
 - Go to www.townofcortlandt.com/reconline
 - From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
 - On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
 - On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.'
 - Then click 'Finish.' Please save your login and password for future use..
2. Each adult resident in the household requesting an ID Card must submit two forms of proof of residency (Drivers license, current utility bill, current paystub, check with Town of Cortlandt address, car registration, etc. Previously issued ID cards are NOT acceptable as current proof of residency), via email to recidcard@townofcortlandt.com, along with the following.
 - Residents must also specify which family members in their account would like an ID Card
 - Residents must also submit photos of each family member requesting an ID Card
 - In color
 - Taken within the past 6 months, showing current appearance
 - Use a clear image of your face. Do not use filters commonly used on social media.
 - Full face, front view with a plain background
 - Have someone else take your photo. No selfies.
 - Do not wear a hat or headgear
 - Do not wear sunglasses
3. Office staff will then register each family member for their ID Cards.
4. Residents will be notified when their ID Cards are registered through Community Pass. **Families will not be eligible to register for any other program until the balance for their ID Cards is paid in full.**
5. Finally, office staff will print the physical ID Cards, and mail them to the address on the residents Community Pass account.

Residents may also get Town of Cortlandt Recreation Photo ID Cards in office at Town of Cortlandt Town Hall located at 1 Heady Street, Cortlandt Manor, Office #11; hours are Monday- Friday, 9:00 AM- 3:30 PM.

Buchanan and Croton residents may use their Village ID card to receive our ID card rate for all programs except our summer swim passes and summer swim lessons. If you have a Buchanan or Croton Village ID Card and wish to register for a program online, please contact the Town of Cortlandt Recreation Department at recidcard@townofcortlandt.com.

GENERAL TOWN OF CORTLANDT RECREATION DEPARTMENT INFORMATION

CREDITS/ REFUNDS

A full refund will be issued for any program cancelled by the Recreation Department.

- Any refund request because of illness or accident must be submitted in writing and be accompanied by a Doctor's Note. Refunds will be prorated based on the date received. Requests must be made prior to the end of the program and will not be considered when a program is half over. All requests must be submitted in writing.
- All other refund/credit requests (other than medical) must also be submitted in writing and will be assessed a \$15.00 processing fee and issued a prorated program credit based on the date received. The credit must be used within two years from the date and must be mailed in with your application to ensure proper credit towards your next program or league registration. The credit is not replaceable – original form must be submitted for credit.
- Whether the initial registration is paid via cash, check, or credit card, all refunds will be issued via check.

SLIDING FEE SCALE AVAILABLE

It is the intention of the Town that no resident of the Town be denied the ability to participate in programs because of an inability to pay. Income Tax backup is necessary, unemployment information, and any other paper work is requested for financial help already received by any other agencies. The fee reduction can be used with any program registration, sports league or resident pass in the Recreation Division. Fee reduction applications are available in the Recreation Department through Emma Giovinco at emmag@townofcortlandt.com or 914-734-1054.

RECREATION "SUGGESTION BOX"

There may be an activity or program that you enjoy which is not presently offered by the Town of Cortlandt Recreation Department. You may also have ideas for new programs or constructive comments on the improvement of existing programs and services. In either case, the Town of Cortlandt Recreation Department encourages residents to express their ideas and concerns! Help us offer the best programs and services! Send all ideas and comments to tocrec@townofcortlandt.com.

HANDICAPPED ACCESSIBILITY

Programs described in this planner have been audited by our staff to determine general accessibility. All Town of Cortlandt facilities and Schools that are used to hold our programs are barrier free. For programs that are held outdoors please call the Recreation Department at 914-734-1050 for information.



The Town does not provide accident insurance • The Town is not responsible for typographical errors

ADULT PROGRAMS



BASKETBALL



TAI CHI



LITE YOGA



ADULT PROGRAMS

"I STARTED IN BEGINNER ADULT TENNIS LESSONS, NEVER HAVING PLAYED AT ALL. THEY TEACH YOU EVERYTHING YOU NEED TO KNOW AND NOW I'M PLAYING WEEKLY GAMES WITH A FRIEND I MET IN CLASS. VERY LOW PRESSURE AND FUN!"

- KACEY KAUFMAN



“

Adult Programs

Seniors ages 60+, some program fees are half of the rate listed without ID
(HALF PRICE DISCOUNT FOR TOWN OF CORTLANDT RESIDENTS ONLY)

The half price rate for recreation programs will also be offered to Town of Cortlandt Disabled Veterans and their spouses (Proof required).

BADMINTON

Geert Janssen, Instructor

This will be a non league badminton program designed for adults.
The program is for fun and exercise. Come out and have a good time.



Course Number: 401-1F
Location: Blue Mountain Middle School
(7 Furnace Woods Road, Cortlandt Manor)
Day/ Dates: Tuesday, starting date: October 15
(8 sessions)
Time: 6:30 PM- 8:00 PM
Fee: \$35 with ID/ \$40 without ID/\$48 nonresident

BASKETBALL (30 & OVER)

Steve Staiano, Supervisor

Free Play Basketball.

Course Number: 400-1F
Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)
Day/ Dates: Saturday, starting date: September 21 (12 sessions)
Time: 10:00 AM- 12:00 PM
Fee: \$50 with ID/ \$55 without ID/ \$66 nonresident

BASKETBALL (18 & OVER)

Steve Staiano, Supervisor

Free Play Basketball.

Course Number: 400-2F
Location: Hendrick Hudson High School Gym (2166 Albany Post Road, Montrose)
Day/ Dates: Tuesday, starting date: September 17 (12 sessions)
Time: 8:00 PM- 10:00 PM
Fee: \$50 with ID/ \$55 without ID/ \$66 nonresident

BEGINNER DANCE CLASSES

Liz Peterson, Instructor

Come have fun learning a great partner or slow dance to learn all social occasions! Classes are taught in an enjoyable, comfortable interactive environment for absolute beginners or those who wish to improve their skills. Learn the basics and a good vocabulary (dance steps) to get you out on the dance floor! Single Swing and Foxtrot have the same rhythm and complement each other. Taking both classes helps to reinforce what you're learning, and you'll know two dances! No experience or partner necessary. Instructor Liz Peterson has been teaching for 33 years and loves to share the joy of dancing. No make-up classes allowed/provided.

***Participants will receive a discount when registering for both courses \$150 with ID/ \$155 without ID/ \$174 nonresident.**

BEGINNER SINGLE TIME EAST COAST SWING

Course Number: 464-1F
Location: Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date: Tuesday, starting date: September 24 (6 Sessions)
Time: 6:30 PM- 7:30 PM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

BEGINNER FOXTROT

Course Number: 465-1F
Location: Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date: Tuesday, starting date: September 24 (6 Sessions)
Time: 7:45 PM- 8:45 PM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

DEFENSIVE DRIVING COURSE

B.J. Jani, Instructor

This is an approved course by the Department of Motor Vehicles. Upon completion of this course the DMV will reduce points from the license and insurance companies give discounts on the Liability and Collision portion of the automobile insurance premiums. It is a great course that helps you learn techniques to become a safer driver. Please bring your drivers license and a pen.

Course Number:	403-1F
Location:	Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Dates:	Monday & Tuesday, October 7 & 8
Time:	6:30 PM- 9:30 PM
Fee:	\$45 with ID/ \$50 without ID/ \$60 nonresident

FOREVER FIT (AGES 50 PLUS)

Premier Personal Trainer

Strength training, stretching and cardio exercise for strong bones, flexibility and lower resting heart rate. Just what you need.

Course Number:	405-1F
Location:	Premier Athletic Club (2127 Albany Post Road, Montrose)
Day/ Dates:	Mondays, starting date: October 7 (8 sessions)
Time:	11:30 AM- 12:30 PM
Fee:	\$90 with ID/ \$95 without ID/ \$114 nonresident

INTRODUCTION TO LEARNING JAPANESE LANGUAGE (AGES 12 & OLDER)

Nick DeMauro, Instructor

This course is designed to provide an introduction to spoken and written Japanese, aimed towards beginning to intermediate learners. Over the course of this 10 week session, students will learn the essentials of Japanese grammar, vocabulary, and writing. In addition, students will also receive an overview of Japanese culture and history in order to contextualize the language. Both adults and children welcome!

Course Number:	425-1F
Location:	Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Dates:	Monday, starting date: September 16 (10 sessions)
Time:	7:30 PM- 8:30 PM
Fee:	\$150 with ID/ \$155 without ID/ \$186 nonresident

FOCUSED KARATE (AGES 12 & OLDER)

Jeff Butler, Instructor

This is for those who have completed Karate Basics or is an ongoing participant of the traditional Karate & Advanced Karate Course. Each week this class will rotate between forms practice, sparring/ self defense and focus mitts/ heavy bag.

Course Number:	457-1F
Location:	Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Days/ Dates:	Saturday, starting date: October 5 (10 sessions)
Time:	10:00 AM- 11:00 AM
Fee:	\$55 with ID/\$60 without ID/ \$71 nonresident

KARATE & ADVANCED KARATE (AGES 10 & OLDER)

Jeff Butler, Instructor

TAE KWON DO (Korean) style of Karate. A sophisticated program to teach self-awareness, confidence, and physical fitness. Students are asked to wear loose clothing or Karate Gi's (not required). A program for the beginner as well as those who have some experience. This program is affiliated with the World Tae Kwon Do Association. Children under 16 should be accompanied by an adult.

Course Number:	410-1F
Location:	Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Dates:	Thursday, starting date: October 3 (10 sessions)
Time:	6:00 PM- 8:00 PM
Fee:	\$55 with ID/ \$60 without ID/ \$71 nonresident



INTRODUCTION TO SWORDSMANSHIP (AGES 12 & OLDER)

Jeff Butler, Instructor

A fun class that teaches martial arts swordsmanship with science fiction twist. Class includes warm ups, technique western fencing, drills, and fight choreography. Participants are encouraged to wear gym attire clothes so that they can stretch freely. This class is taught like a martial arts class and uses combat strength sabers for safety. Anyone under the age of 16 must have a parent or guardian present.

Course Number:	432-1F
Location:	Cortlandt Community Room (CUE) (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Dates:	Sunday, starting date: September 29 (10 sessions)
Time:	4:30 PM- 6:00 PM
Fee:	\$55 with ID/ \$60 without ID/ \$71 nonresident

ADVANCED SWORDSMANSHIP *(Participants must have completed beginner class to register)*

Jeff Butler, Instructor

Course Number:	432-2F
Location:	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date:	Sunday, starting date: February 4 (16 sessions)
Time:	6:00 PM- 7:30 PM
Fee:	\$55 with ID/ \$60 without ID/ \$71 nonresident

PADDLEFIT

Tara Scheller, Instructor

This 60-minute class is packed with intensity. Paddle sprints, planks, pushups, mountain climbers, squats, burpees and more...all on a paddle board. We use body weight exercises, interval-based training, and fast paced paddling to get your heart rate up and endorphins flowing. Guided by a certified PaddleFit Coach, it's like having a personal trainer on the water! Must be able to swim. Paddle experience is recommended.

Course Number:	466-1F
Location:	Lake Meahagh Park (Westchester Avenue, Verplanck)
Day/ Dates:	Sunday, starting date: September 15 (4 sessions)
Time:	9:00 AM- 10:00 AM
Fee:	\$50 with ID/ \$55 without ID/ \$66 nonresident

INTRO TO STAND-UP PADDLEBOARDING

Tara Scheller, Instructor

Our Stand-Up Paddle Board classes are a great way to exercise outside, have fun, and experience a little adventure all at the same time. From beginner to advanced, stand-up paddle boarding is a full-body workout that trains your balance and core strength in a fun new way. Participants MUST be able to swim!

Course Number:	467-1F
Location:	Lake Meahagh Park (Westchester Avenue, Verplanck)
Day/ Dates:	Sunday, starting date: September 15 (4 sessions)
Time:	12:30 PM- 2:00 PM
Fee:	\$55 with ID/ \$60 without ID/ \$72 nonresident

INTRO TO SUP YOGA- SLOW FLOW & MEDITATION

Tara Scheller, Instructor

Our Stand-Up Paddle Board Yoga classes start on shore with an overview of paddle basics - learn how to kneel, stand, basic paddle technique, and what to do if you fall in. Paddle out and drop anchor for a combination of flowing movements and steady postures designed to awaken your core muscles, practice trust, train balance, strengthen the body and calm the mind. Each class includes an opportunity for play time to explore shapes and postures before winding down with meditative relaxation on the water and paddling back to shore. Prior paddle &/or yoga experience is helpful but not required, all levels are welcome. Participants **MUST** be able to swim.

Course Number: 468-1F
Location: Lake Meahagh Park (Westchester Avenue, Verplanck)
Day/ Dates: Sunday, starting date: September 15 (4 sessions)
Time: 10:30 AM- 12:00 PM
Fee: \$55 with ID/ \$60 without ID/ \$72 nonresident

PICKLEBALL 101 (YOUTH & ADULTS AGE 14 AND OVER)

Beth Shea, PPR Certified Professional Instructor

This class will teach all participants the rules, scoring, strokes and strategy of this fun and increasingly popular sport. If you like ping pong, you will enjoy pickleball! Full games with scoring will take place in the last two classes. This class is appropriate for brand new players or those who have tried the sport a couple of times and want to learn the basics correctly. Participants can only sign up for one class! Bring your paddles and wear sneakers.

Course Number: 455-1F
Location: Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/Dates: Tuesday, starting date: October 8 (4 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$112 with ID/ \$117 without ID/ \$140 nonresident

Course Number: 455-2F
Location: Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/Dates: Thursday, starting date: October 10 (4 sessions)
Time: 1:00 PM- 2:00 PM
Fee: \$112 with ID/ \$117 without ID/ \$140 nonresident

Course Number: 455-3F
Location: Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/Dates: Tuesday, starting date: November 19 (4 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$112 with ID/ \$117 without ID/ \$140 nonresident

Course Number: 455-4F
Location: Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/Dates: Thursday, starting date: November 14 (4 sessions)
Time: 1:00 PM- 2:00 PM
Fee: \$112 with ID/ \$117 without ID/ \$140 nonresident

PICKLEBALL BEGINNERS CLINIC (YOUTH & ADULTS AGE 14 AND OVER)

Beth Shea, PPR Certified Professional Instructor

This clinic will teach all participants the rules, scoring, strokes and strategy of this fun and increasingly popular sport. If you like Ping-Pong, you will enjoy pickleball! Mini games with scoring will take place in the last thirty minutes. The clinic is appropriate for brand new players or who have tried the sport a couple of times and want to learn the basics correctly. Please bring a paddle, water bottle and sneakers.

Course Number: 454-1F
Location: Croton Avenue Pickleball Courts
 (225 Croton Avenue, Cortlandt Manor)
Days/Dates: Saturday, October 19
Time: 1:30 PM- 3:00 PM
Fee: \$27 with ID/ \$32 without ID/ \$38 nonresident



SHARPEN YOUR SKILLS AT PICKLEBALL (AGES 18 & OLDER)

Beth Shea, PPR Certified Professional Instructor

Designed for players who know the rules, scoring and basics and have played several times, this smaller group class will offer feedback on how to improve each person's skill set and use better strategy. It will also include pointers about communication on the court and injury prevention.

- Course Number:** 460-1F
- Location:** Croton Avenue Pickleball Courts (225 Croton Avenue, Cortlandt Manor)
- Days/ Dates:** Saturday, October 19
- Time:** 12:00 PM- 1:00 PM
- Fee:** \$25 with ID/ \$30 without ID/ \$36 nonresident

TAI CHI & CHI KUNG (AGES 16 AND OVER)

Sifu Nat Costanzo, Instructor

Perfected over 2000 years ago, Tai Chi is a low impact workout designed to increase your mental and physical energy. Tai Chi is the most popular Chinese exercise in the world and is practiced daily by millions of people both young and old. The short form will be taught, as well as Chi Kung exercises and stretching to improve one's flexibility, balance and coordination. Chang style Tai Chi will help you achieve total harmony of body, mind and spirit. The slow rhythmic movements of Tai Chi will tone muscles, improve overall fitness, endurance, and will increase your strength. Tai chi is also very beneficial in stress reduction and relaxation.

BEGINNER I

- Course Number:** 415-1F
- Location:** Blue Mountain Middle School Exercise Room (7 Furnace Woods Road, Cortlandt Manor)
- Day/ Dates:** Monday, starting date: November 4 (4 sessions)
- Time:** 7:30 PM- 8:30 PM
- Fee:** \$40 with ID/ \$45 without ID/ \$54 nonresident

BEGINNER II

(*Previously attended) Beginner I will be dismissed at 8:30 those who register will continue for addtional 15 minutes every week, depending on the number of participants.

- Course Number:** 415-2F
- Location:** Blue Mountain Middle School Exercise Room (7 Furnace Woods Road, Cortlandt Manor)
- Day/ Dates:** Monday, starting date: November 4 (4 sessions)
- Time:** 8:30 PM- 8:45 PM
- Fee:** \$10 with ID/ \$15 without ID/ \$18 nonresident

ADULT TENNIS INSTRUCTION (AGES 18 & OVER)

Lydia Reynolds, Instructor

All registrants must bring their own racquets.

Beginner: No previous instruction

Intermediate: Can sustain rally, dependable forehand, and previous experience.

COURSE#	LEVEL	DAY	TIME
416-1F	Adult Beginner	Saturday	10:00 AM- 11:00 AM
416-2F	Adult Intermediate	Saturday	11:00 AM- 12:00 PM
416-3F	Adult Advanced Intermediate	Saturday	11:00 AM- 12:00 PM
Location:	Lake Street Tennis Courts, (89 Lake Street, Montrose)		
Day/ Dates:	Saturday, starting date: September 21 (6 sessions); No Class October 12		
Fee:	\$60 with ID/ \$65 without ID/ \$78 nonresident		

ADULT VOLLEYBALL (AGES 16 & OVER)

Joe Amarosa, Instructor

A non-league volleyball program designed for adults. This programs are for fun and exercise. Come out and have a good time!

- Course Number:** 419-1F
- Location:** George Washington Elementary School Gym (3634 Lexington Avenue, Mohegan Lake)
- Day/ Dates:** Wednesday, starting date: September 18 (8 sessions)
- Time:** 7:00 PM- 9:00 PM
- Fee:** \$35 with ID/\$40 without ID/ \$48 nonresident

WOGA I***Ruane Edge, Instructor***

As we get older, our muscle mass decreases. Using one pound weights and yoga... we will increase muscles as well as stretch the body with yoga. There will be a 5 minute meditation at the end of class. Please bring yoga mat, 1 pound weight, and water to every class.

Course Number: 442-1F
Location: Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Dates: Monday, starting date: September 23 (10 sessions)
Time: 11:00 AM- 12:00 PM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

WOGA II***Ruane Edge, Instructor***

Just like WOGA I....Only doing more reps with weights and more exercises. Ending class with a little Pilates and also a five minute meditation. Please bring yoga mat, 1 pound weight, and water to every class.

Course Number: 442-2F
Location: Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Dates: Wednesday, starting date: September 25 (10 sessions)
Time: 10:00AM- 11:00AM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

YOGA, CORE, AND STRETCH***Karen Lett, Instructor***

Deepen your yoga practice and nurture your body. Decrease stress and increase strength, flexibility, balance, focus, and overall well-being. Special emphasis placed on posture, core, and breath. Bring a yoga mat, water, and a large towel to class. Please also bring blocks and a strap if you have them.

Course Number: 449-1F
Location: Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Dates: Wednesday, starting date: September 25 (11 sessions)
Time: 6:30 PM- 7:45 PM
Fee: \$100 with ID/ \$105 without ID/ \$126 nonresident

LITE YOGA***Ruane Edge, Instructor***

Have you ever wanted to learn yoga? Then this is the class for you. This class will take you step by step through poses and breathing to relax the whole body. There will be a 5 minute meditation at the end of the class. Please bring a yoga mat and water to every class.

Course Number: 451-1F
Location: Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Dates: Monday, starting date: September 23 (10 sessions)
Time: 9:30AM- 10:30 AM
Fee: \$90 with ID, \$95 without ID/ \$114 nonresident

YOGA II***Ruane Edge, Instructor***

This class is for more experienced yoga people. More poses, and deepening breathing. There will be a 5 minute meditation at the end of class. Please bring yoga mat and water to every class.

Course Number: 452-2F *some yoga experience required
Location: Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Dates: Tuesday, starting date: September 24 (10 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

YOUTH PROGRAM

BASKETBALL

**TENNIS
INSTRUCTION**

**SKYHAWKS
SPORTS**



“

YOUTH PROGRAMS



**"THE TOWN OF
CORTLANDT RUNS AN
OUTSTANDING YOUTH
BASKETBALL CLINIC.
THEY TEACH KIDS THE
FUNDAMENTALS OF
BASKETBALL WHILE
KEEPING IT FUN. I
SENT ALL 3 OF MY KIDS
THERE!" - KEN LYNCH**

”

Youth Programs

AMERICAN RED CROSS BABYSITTING COURSE

(Ages 11-15) See YC SPECIALTY PROGRAMS

ART EXPLORERS (GRADES K- 3RD)

Cathy Carabee-Faiella, Instructor

Enjoy elbow deep excitement experimenting with materials & techniques including 3D fun, painting, drawing, paper Mache, and collage in an encouraging supportive environment. Your young artist will stretch their imagination & observational skills to develop their own artistic voice while drawing inspiration from famous artists & art from around the world. Creative risk taking was never so much fun!

Course Number: 300-1F
Location: Cortlandt Youth & Recreation Center
 (3 Memorial Drive, Croton on Hudson)
Day/Date: Monday, starting date: September 23
 (7 sessions)
Time: 4:00 PM- 5:15 PM
Fee: \$195 with ID/ \$200 without ID/\$240 nonresident

ART QUEST (ENTERING GRADES 4TH-7TH)

Cathy Carabee-Faiella, Instructor

ALWAYS NEW PROJECTS! Your young artist will be challenged to observe, innovate, discover, take risks, and self-evaluate, while drawing inspiration from famous artists & art from around the world. Explorations using quality fine arts materials.

Course Number: 301-1F
Location: Cortlandt Youth & Recreation Center
 (3 Memorial Drive, Croton on Hudson)
Day/ Dates: Monday, starting date: September 23
 (7 sessions)
Time: 5:30 PM- 7:00 PM
Fee: \$235 with ID/ \$240 without ID/\$288 nonresident

AFTER SCHOOL BOWLING (AGES 8- 15)

This program is designed for the Town of Cortlandt Youth so that they can experience bowling in a league format with friends and schoolmates. Participants play 2 games of bowling, free shoe rental, trophies, and a year end party.

Course Number: 302-1F
Location: Cortlandt Bowling Lanes
 (2192 Crompond Road, Cortlandt Manor)
Day/ Dates: Friday, starting date: September 20
 (10 sessions)
Time: 4:00 PM- 5:30 PM
Fee: \$125 with ID/ \$130 without ID/\$156 nonresident



BROADWAY ALL STARS (GRADES 3RD- 8TH) SEE YC SPECIALTY PROGRAMS**BUMPER BOWLING (AGES 5- 8)**

An early developmental program designed for youth that are interested in exploring fundamentals of bowling with guaranteed fun and success. Participants play 2 games of bowling, free shoe rental, trophies and a year end party. Parents are encouraged to stay and help with scoring and supervision.

Course Number: 303-1F
Location: Cortlandt Bowling Lanes (2192 Crompond Road, Cortlandt Manor)
Day/ Dates: Friday, starting date: September 20 (10 sessions)
Time: 4:00 PM- 5:30 PM
Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

BASKETBALL CLINIC (1ST & 2ND GRADERS AS OF SEPTEMBER 2024)***Ray Glashoff, Instructor***

A clinic for 1st and 2nd graders designed to teach the basics of Basketball such as dribbling, passing and shooting. Also defensive fundamentals will be stressed in a non-competitive atmosphere. Each child will receive a basketball clinic shirt.

1ST GRADE

Course Number: 304-1F
Location: Buchanan Verplanck Elementary School Gym (160 Westchester Avenue, Buchanan)
Day/ Dates: Saturday, starting date: January 4 (8 sessions; No class February 15th)
Time: 9:00 AM- 10:00 AM
Fee: \$75 with ID/ \$80 without ID/ \$96 nonresident

2ND GRADE

Course Number: 304-2F
Location: Buchanan Verplanck Elementary School Gym (160 Westchester Avenue, Buchanan)
Day/ Dates: Saturday, starting date: January 4 (8 Sessions; No class February 15th)
Time: 10:15 AM- 11:15 AM
Fee: \$75 with ID/ \$80 without ID/ \$96 nonresident

BASKETBALL PROGRAM- YOUTH FREE PLAY (AGES 8- 14)

A supervised open gym basketball program on Saturdays. NO PRE-REGISTRATION REQUIRED.

Location: Furnace Woods Elementary School (239 Watch Hill Road, Cortlandt Manor)
Day/ Dates: Saturday, starting date: January 4 (8 sessions; No free play February 15th)
Time: 9:00 AM- 10:45 AM
Fee: Free



CREATIVE COOKING

Shari Munitz, Instructor

Come mix it up and join us for some creative cooking. We'll make it, bake it, stir it, cut it and lots more "hot stuff" (and cold cooking, too)! We'll integrate themes, science, math and more along with many skills while expanding our taste palate and being introduced to some new ingredients and food combinations. Not suggested for chefs with food allergies. Each week your young chef will make something different. Each session will teach new material.

(GRADES K- 3RD)

Course Number: 643-1F
Location: Cortlandt Youth & Recreation Center
 (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesday, starting date: September 24
 (5 sessions)
Time: 4:00 PM- 5:00 PM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

(GRADES K- 3RD)

Course Number: 643-2F
Location: Cortlandt Youth & Recreation Center
 (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesday, starting date: November 12
 (5 sessions)
Time: 4:00 PM- 5:00 PM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

(GRADES 4TH- 8TH)

Course Number: 643-3F
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesday, starting date: September 24 (5 sessions)
Time: 5:45 PM- 6:45 PM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

(GRADES 4TH- 8TH)

Course Number: 643-4F
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesday, starting date: November 12 (5 sessions)
Time: 5:45 PM- 6:45 PM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident



DISCOVERY HIKE (ENVIRONMENTAL PROGRAM)

Terry Kardos, Instructor

Get all your five senses ready, then let's hike through the forest and discover what spring surprises nature offers. Not recommended for families with children younger than 5 years old; there may be steep hills. Parents DO NOT need to register and pay for the program with their child, however, this is not a drop off program, a parent/ guardian must stay with the child.

Course Number: 914-1F
Location: George's Island (Dutch Street, Montrose- look for sign at side of gatehouse for exact\location) or Montrose Point State Forest (Kings Ferry Road, Montrose- entrance just west of Hendrick Hudson Free Library on west side of road)
Day/ Date: Saturday, October 19
Time: 1:00 PM- 2:30 PM
Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

FOOD FUN (TWO YEAR OLD PROGRAM; NO KNIVES)***Shari Munitz, Instructor***

Come mix it up and be a real chef when you join us for some literary fun and creative cooking. We'll make it, bake it, stir it and cook up lots of good times and great food! This is an enthusiastic, safe, educational, entertaining kitchen class. Books, songs, math, science and other subjects will be integrated into the program. Not suggested for chefs with food allergies. Each week your child will make something different. Each session will teach new material.

Course Number: 224-1F
Location: Cortlandt Youth & Recreation Center
 (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesday, starting date: September 24
 (5 sessions)
Time: 9:15 AM- 10:00 AM
Fee: \$125 with ID/ \$130 without ID/ \$150 nonresident

Course Number: 224-2F
Location: Cortlandt Youth Center (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesday, starting date: November 12 (5 sessions)
Time: 9:15 AM- 10:00 AM
Fee: \$125 with ID/ \$130 without ID/ \$150 nonresident

**HIDING IN PLAIN SIGHT: CAMOUFLAGE (ENVIRONMENTAL PROGRAM)*****Terry Kardos, Instructor***

Maybe it's stripes, fake eyes on the body or looking like something else- these might help an animal survive in the wild. Find out by learning some tricks that animals have, then playing camouflage games and testing your powers of observation. (For ages 5 and older.) Parents DO NOT need to register and pay for the program with their child, however, this is not a drop off program, a parent/ guardian must stay with the child.

Course Number: 902-1F
Location: George's Island (Dutch Street, Montrose- look for sign at side of gatehouse for exact location) or Montrose Point State Forest (Kings Ferry Road, Montrose- entrance just west of Hendrick Hudson Free Library on west side of road)
Day/ Date: Saturday, October 5
Time: 1:00 PM- 2:30 PM
Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

HOME ALONE (GRADES 5TH-8TH)- SEE YC SPECIALTY PROGRAMS**KARATE & ADVANCED KARATE (AGES 10 & OLDER) SEE ADULT PROGRAMS****KARATE 4 KIDZ (AGES 6-14)*****Jeff Butler, Instructor***

This is for those children with no experience or for those who have some previous training but want to get back into martial arts at a slower pace. Participants will learn basic techniques, stretching, and some focus mitts/ heavy bag. This is NOT a drop-off program.

Course Number: 308-1F
Location: Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date: Saturday, starting date: October 5 (10 sessions)
Time: 9:00 AM- 10:00 AM
Fee: \$55 with ID/ \$60 without ID/ \$71 nonresident

PARACHUTES, HELICOPTERS AND FOOD, OH MY: FUN WITH SEEDS (ENVIRONMENTAL PROGRAM)***Terry Kardos, Instructor***

Trees do it, shrubs do it, lots of plants do it: they all make seeds. Why? What are the different ways seeds travel? And why do they need to travel, anyway? Learn the answers to these questions and find a variety of seeds on this hike and hands-on exploration. For children 4 years and older. Children under 5 must be accompanied by an adult. Parents DO NOT need to register and pay for the program with their child, however, this is not a drop off program, a parent/ guardian must stay with the child.

Course Number: 903-1F
Location: George's Island (Dutch Street, Montrose- look for sign at side of gatehouse for exact location) or Montrose Point State Forest (Kings Ferry Road, Montrose- entrance just west of Hendrick Hudson Free Library on west side of road)
Day/ Date: Saturday, October 26
Time: 1:00 PM- 2:30 PM
Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

PICKLEBALL 101 (AGES 14 & OLDER) SEE ADULT PROGRAMS**PICKLEBALL BEGINNER CLINIC (AGES 14 & OLDER) SEE ADULT PROGRAMS****SKYHAWKS BASEBALL**

Learn the fundamentals of fielding, catching, throwing, hitting, and base running– all in a fun, positive environment! Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.

GRADES K & 1

Course Number: 339-1F
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: September 21 (6 sessions)
Time: 12:30 PM–1:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

GRADES 2 & 3

Course Number: 339-2F
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: September 21 (6 sessions)
Time: 1:30 PM–2:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS BASKETBALL

This fun, skilled-intensive program, is designed for beginning to intermediate players. Using our progressive curriculum, we focus on the whole player, teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skill-based instruction and small sided scrimmages.

GRADES 3-5

Course Number: 336-1F
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Wednesday, starting date: September 18 (6 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

GRADES 6-8

Course Number: 336-2F
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Wednesday, starting date: September 18 (6 sessions)
Time: 5:30 PM- 6:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SOCCERTOTS IS THE SKYHAWKS FLAGSHIP PROGRAM! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Parent participation required for ages 2-3.5 years.

SKYHAWKS SOCCERTOTS: LITTLE CUBS (AGE 2)

Course Number: 218-1F
Location: Van Cort Elementary School, Front Field (3100 E Main Street, Mohegan Lake)
Day/ Dates: Sunday, starting date: September 22 (6 sessions)
Time: 9:30 AM-10:15 AM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS SOCCERTOTS: CUBS (AGE 3)

Course Number: 218-2F
Location: Van Cort Elementary School, Front Field (3100 E Main Street, Mohegan Lake)
Day/ Dates: Sunday, starting date: September 22 (6 sessions)
Time: 10:30 AM-11:15 AM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS SOCCERTOTS: BEARS (AGE 4)

Course Number: 220-1F
Location: Van Cort Elementary School, Front Field
 (3100 E Main Street, Mohegan Lake)
Day/ Dates: Sunday, starting date:
 September 22 (6 sessions)
Time: 11:30 AM-12:15 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

**SKYHAWKS SOCCERTOTS: GRIZZLIES (AGE 5)**

Course Number: 221-1F
Location: Van Cort Elementary School, Front Field
 (3100 E Main Street, Mohegan Lake)
Day/ Dates: Sunday, starting date: September 22 (6 sessions)
Time: 12:30 PM-1:15 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS FLAG FOOTBALL

Experience the excitement of football with Skyhawks Flag Football, fueled by USA Football. Using a curriculum developed by USA Football, coaches teach skills like passing, receiving, kicking, and flag pulling while gaining confidence and learning life lessons in a fun, positive environment!

GRADES K- 2ND

Course Number: 338-1F
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Monday, starting date: September 23 (6 sessions)
Time: 4:30 PM- 5:20 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

GRADES 3RD- 5TH

Course Number: 338-2F
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Monday, starting date: September 23 (6 sessions)
Time: 5:20 PM- 6:20 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS TENNIS

Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis! Our tennis programs focuses on skill and refinement, as well as practice and match play to develop consistent, well-rounded tennis players.

GRADES K-2ND

Course Number: 340-1F
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Tuesday, starting date: September 24 (6 sessions)
Time: 4:30 PM- 5:20 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

GRADES 3RD- 5TH

Course Number: 340-2F
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Tuesday, starting date: September 24 (6 sessions)
Time: 5:20 PM- 6:20 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS TRACK & FIELD

Participants will learn different Track & Field events include javelin, discus, shot put, hurdles, long jump, triple jump and various running and relay events (activities may vary by area). Participants also learn positive life skills such as teamwork and sportsmanship.

GRADES 3RD-5TH

Course Number: 310-1F
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Tuesday, starting date: September 19 (6 sessions)
Time: 4:15 PM- 5:15 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

GRADES 6TH- 8TH

Course Number: 310-2F
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Tuesday, starting date: September 19 (6 sessions)
Time: 5:15 PM- 6:15 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident



SKYHAWKS VOLLEYBALL

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun filled program! All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting, and serving. This program is designed for the beginning to intermediate player.

GRADES 5 & 6

Course Number: 337-1F
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: September 21 (6 sessions)
Time: 3:00 PM- 4:00 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

STORYBOOK COOKING (AGES 3-6)

Shari Munitz, Instructor

Come mix it up and be a real chef when you join us for some literary fun and creative cooking. We'll make it, bake it, stir it and cook up lots of good times and great food! This is an enthusiastic, safe, educational, entertaining kitchen class. Books, songs, math, science and other subjects will be integrated into the program. Not suggested for chefs with food allergies. Each week your child will make something different. Each session will teach new material.

Course Number: 642-1F
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Tuesday, starting date: September 24 (5 sessions)
Time: 10:30 AM- 11:30 AM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

Course Number: 642-2F
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Tuesday, starting date: September 24 (5 sessions)
Time: 12:30 PM- 1:30 PM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

Course Number: 642-3F
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Tuesday, starting date: November 12 (5 sessions)
Time: 10:30 AM- 11:30 AM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

Course Number: 642-4F
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Tuesday, starting date: November 12 (5 sessions)
Time: 12:30 PM- 1:30 PM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

SWIMMING INSTRUCTION (AGES 5-10)

Beginner A - Little or no previous instruction. Will not put head under water. Learn to relax & gain confidence in the water along with the fundamentals of breath holding beneath the water.

Beginner B - Coordination of the arms & legs to propel the body some distance on front and back.

Beginner C - Coordination of strokes, building up endurance & working to improve stroke mechanics.

COURSE NUMBER TIME

319-1F	5:00 PM- 5:30 PM: Level A
319-2F	5:40 PM- 6:10 PM: Level B
319-3F	6:20 PM- 6:50 PM: Level C

Location: Premier Athletic Club
(2127 Albany Post Road, Montrose)

Day/ Date: Friday, starting date: September 20 (10 sessions)

Fee: \$195 with ID/ \$200 without ID/\$240 nonresident

**YOUTH TENNIS INSTRUCTION**

Lydia Reynolds, Instructor

All registrants must bring their own racquets.

AGES 5-8

Course Number: 316-1F

Location: Lake Street Tennis Courts (89 Lake Street, Montrose)

Day/ Dates: Saturday, starting date: September 21 (6 sessions- No class October 12)

Time: 9:00 AM- 10:00 AM

Fee: \$60 with ID/ \$65 without ID/ \$78 nonresident

AGES 9-12

Course Number: 316-2F

Location: Lake Street Tennis Courts (89 Lake Street, Montrose)

Day/ Dates: Saturday, starting date: September 21 (6 sessions- No class October 12)

Time: 9:00 AM- 10:00 AM

Fee: \$60 with ID/ \$65 without ID/ \$78 nonresident

YC CLEAN UP (GRADES 6TH-12TH)- SEE YC SPECIALTY PROGRAMS**WHAT LIVES IN THE POND? (ENVIRONMENTAL PROGRAM)**

Terry Kardos, Instructor

We use nets to catch pond creatures and learn about the food chain. Dress in old clothes and footwear that can get muddy, rubber boots are recommended. Children under 7 must be accompanied by an adult. Parents DO NOT need to register and pay for the program with their child, however, this is not a drop off program, a parent/ guardian must stay with the child.

Location: Blue Mountain Reservation (Welcher Avenue, Peekskill)
(Head east on Welcher Avenue in Peekskill. At the brown gatehouse bear left. Continue past trail lodge and park in lot. Meet by the pond.)

Day/ Date: Saturday, September 28

Time: 1:00 PM- 2:30 PM

Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

SPORTS, LEAGUES, & TEAMS (ADULT & YOUTH)

BASKETBALL
LEAGUE

TRAVEL
BASKETBALL





SPORTS LEAGUES & TEAMS (ADULT & YOUTH)

**"AS A PARENT AND A COACH WITH TOC BASKETBALL, I
CAN'T SAY ENOUGH GOOD THINGS ABOUT THE PROGRAM.
FROM THE CLINICS, TO REC, TO TRAVEL, IT IS A WELL-RUN
PROGRAM THAT OFFERS OPPORTUNITIES FOR ALL LEVELS
OF BASKETBALL PLAYERS TO DEVELOP THEIR SKILLS
WHILE HAVING LOTS OF FUN"- JEN WALSH**



Sports Leagues and Teams

CORTLANDT YOUTH BASKETBALL LEAGUE

ONLINE REGISTRATION AVAILABLE AT WWW.TOWNOFCORTLANDT.COM/RECONLINE!

BOYS DIVISION

Pee Wee Division - Grades 3rd & 4th
Cub Division - Grades 5th & 6th
Junior Division - Grades 7th & 8th

GIRLS DIVISION

Cub Division - Grades 3rd & 4th
Midget Division - Grades 5th & 6th

Tryout Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)

Pee Wee Boys Tryouts: Wednesday, October 30, 6:30 PM

Cub Boys Tryout: Wednesday, October 30, 7:15 PM

Junior Boys Tryouts: Wednesday, October 30, 8:00 PM

Cub Girls Tryouts: Monday, October 28, 6:30 PM

Midget Girls Tryouts: Monday, October 28, 7:15 PM

Fee: \$85 with ID/ \$90 without ID (Includes cost of team shirt)

Late Fee: \$95 with ID/ \$100 without ID

(Deadline for girls registration is Monday, October 28th.)

(Deadline for boys registration will be Wednesday October 30th.)



TRAVEL BASKETBALL- BOYS (4TH, 5TH, 6TH, 7TH, & 8TH GRADE TEAMS)

This program is designed to provide a highly competitive environment for youth seriously interested in playing basketball. Included will be practices one- two times per week, scrimmage games, league play in a Northern Westchester League, and tournament play. All Town of Cortlandt residents and those attending the Hendrick Hudson or Lakeland School District schools are eligible to tryout for the team. A minimum of 8 players to a maximum of 12 players will be selected for the team. Players selected will be expected to attend all practices, scrimmages, league and tournament games during the season from late October through the beginning of March. Practices will be held on weeknights with games on weeknights and weekends. Information regarding tryout and registration is listed below.

Tryout Location: Grades 4th- 5th: Muriel H. Morabito Community Center
(29 Westbrook Drive, Cortlandt Manor)
Grades 6th- 8th: Blue Mountain Middle School Gymnasium
(7 Furnace Woods Road, Cortlandt Manor)

Date/Time for Tryouts: 4th Grade Tryouts: Monday, October 7- 5:30 PM- 7:00 PM
5th Grade Tryouts: Monday, October 7- 7:00 PM- 8:30 PM
6th Grade Tryouts: Monday, October 7- 6:30 PM- 8:00 PM
7th Grade Tryouts: Monday, October 7- 8:00 PM- 9:30 PM
8th Grade Tryouts: Wednesday, October 9- 6:30 PM- 8:00 PM

Fee: \$225 with ID/ \$230 without ID (When accepted on Team)

TRAVEL BASKETBALL- GIRLS (6TH, 7TH, 8TH GRADE TEAMS)

As with the boys, this program is designed to provide a highly competitive environment. Girls who try out and make the team will practice 1-2 times per week; participate in scrimmages and tournament games. Games will be on weeknights and weekends.

Tryout Location: Grades 4th-5th: Muriel H. Morabito Community Center
(29 Westbrook Drive, Cortlandt Manor)
Grades 6th- 8th: Blue Mountain Middle School Gymnasium
(7 Furnace Woods Road, Cortlandt Manor)

Date/Time for Tryouts: 4th Grade Tryouts: Wednesday, October 9- 5:30 PM - 7:00 PM
5th Grade Tryouts: Wednesday, October 9- 7:00 PM- 8:30 PM
6th Grade Tryouts: Tuesday, October 8- 6:30 PM- 8:00 PM
7th Grade Tryouts: Tuesday October 8- 8:00 PM- 9:30 PM
8th Grade Tryouts: Wednesday, October 9- 8:00 PM- 9:30 PM

Fee: \$225 with ID/ \$230 without ID (When accepted on team)

*****IMPORTANT REGISTRATION INFORMATION FOR ALL:** Please register online at www.townofcortlandt.com/reconline. Once your child has made a team, the Town of Cortlandt Recreation Department and/ or your coach will let you know when you can make payment online and/ or in office.***

LITTLE LEAGUE

This program is not run through the Recreation Office but it is run by a board of volunteers.

For more Information please contact: Cortlandt American Little League (C.A.L.L.)

Little League levels of play start at Age 5 up to 15 years old.

Providing little league baseball for youth in the following school districts: Lakeland, Yorktown, and Mahopac.

For more information, view their website at www.callbb.org or email Cortlandtbaseball@gmail.com

Cortlandt National Little League (C.N.L.L.) (Hendrick Hudson School District)

Email: cnll@cnllbaseball.org Website: www.cnllbaseball.org

Croton Little League (C.L.L.)

The Little League is open to boys and girls living within the Croton Harmon Union Free School District.

Email: info@crotonlittleleague.com Website: www.crotonlittleleague.com



Picture of the Wally Blattman, Don & Sylvia Harfst Sprout Brook Little League Field located at Sprout Brook Park on Sprout Brook Road in northern Cortlandt. It is used by both Cortlandt American and Cortlandt National Little League Organizations.

SENIOR SERVICES

**FRIDAY NIGHT
LINE DANCING**

**FU SHOT
DAY**

**MEET THE
CANDIDATES**

**ROCKIN'
THE CLOCK**





SENIOR SERVICES

"I FOUND MYSELF AT THE SENIOR CENTER THREE TIMES IN THE PAST WEEK! I MADE A FALL PLAQUE AT A CRAFT CLASS, LEARNED HOW TO OPERATE MY SMART PHONE, AND LEARNED HOW TO MAKE SOME HEALTHY FOODS AND SAMPLED THEM! IN MY OPINION, THE BEST CLASS IS CHAIR YOGA ON THURSDAY MORNINGS LED BY KAREN LETT. THE MURIEL H. MORABITO COMMUNITY CENTER IS A GREAT ASSET TO THE TOWN."

- ARNIE KLEIN





Senior Services

The Cortlandt Golden Connection

29 WESTBROOK DRIVE, CORTLANDT MANOR
914-528-1572
www.townofcortlandt.com/seniors



Director: Dawn Mahoney | dawnm@townofcortlandt.com
Assistant Director: Rebecca Ferguson | rebeccaf@townofcortlandt.com

To be ELIGIBLE to participate in any of the following Programs and Services you MUST be a TOWN OF CORTLANDT RESIDENT with proof of residency- a current Con Ed bill or telephone bill required. MUST be least 60+ years of age..



CLUBS

The Nor- Cort/ Cortlandt Club meeting takes place at the Muriel H. Morabito Community Center on Westbrook Drive. Verplanck Club meets at the Verplanck Schoolhouse, 6th Street, Verplanck. Special events , information symposiums and socials are all part of club membership. To be a member of any of the above-mentioned clubs, you must be a resident of the Town of Cortlandt. Nor-Cort/ Cortlandt Seniors' Club- Tuesday, meeting begins at 10:30 AM. Coffee and Cake will be served, for a nominal fee.

Ongoing Golden Connection Activities at the Muriel H. Morabito Community Center:

Monday	10:30 AM-11:30 AM Line Dance Exercise Class
Tuesday	10:00 AM- 1:00 PM Nor-Cort/ Cortlandt Senior Club
Wednesday	10:00 AM- 3:00 PM Varies - Check monthly calendar
Thursday	10:30 AM- 11:30 AM Chair Yoga Exercise Class 10:00 AM- 2:00 PM Verplanck Senior Club (Verplanck School house)
Friday	10:15 AM- 11:15 AM Low Impact Exercise Class 12:15 PM- 1:00 PM Zumba Gold Exercise Class



COURSE DESCRIPTIONS

Mondays- LINE DANCE 10:30 AM-11:30 AM

Instructor: Cameron Kelly

Come Line Dance! Love to dance but don't have a partner! No problem! Come on over and burn some calories, get some exercise, have some laughs, and meet some great people who love to line dance.

Thursdays- CHAIR YOGA 10:30 AM-11:30 AM

Instructor: Karen Lett

The plan for the chair yoga class is to offer seniors health benefits by working on their physical activity. Seniors can find yoga to help their balance and stability. The participants will learn to work their breath, movement, and energy for balance and stress relief.

Fridays- LOW IMPACT AEROBICS AND MUSCLE STRENGTHENING/FLEXIBILITY 10:15 AM-11:15 AM

Instructor: Lori Barr

Come join this low-impact aerobics/muscle strengthening/flexibility class done to fun music in a safe, supportive, welcoming atmosphere. You'll burn fat, improve your heart health, build stronger muscles, and bones and increase your flexibility. This class is very appropriate for beginners and modifications will be demonstrated for several experience levels. All levels are welcome!

Fridays- ZUMBA GOLD 12:15 PM-1:00 PM

Instructor: Suzi Tipa

Perfect for our active older adults, Zumba Gold incorporates all of the energy, fun, and international rhythms of a traditional Zumba class, but at a lower intensity. Our class introduces easy-to-follow Zumba choreography focusing on balance, range of motion, and coordination. You can modify any of the movements to suit your personal fitness level and goals. Come ready to sweat, and prepare to leave feeling empowered, strong and energized!

***Non-resident senior rate available. Please note rate will increase January 1, 2025.**

Please call 914-528-1572 for more details/information*



The following programs are funded under the Older Americans Act of 1965 as amended, through the cooperation of:

**The Department of Health & Human Services
New York State Office of the Aging
Westchester County Department of Senior Programs & Services
Town of Cortlandt**

BEREAVEMENT SUPPORT/ SOCIAL WORKER

Bereavement support is available to those who are grieving a recent death and provide a safe and supportive environment where people can verbalize feelings associated with a loss. Susan Loomis, LMSW will be available for support by appointment only. Please call 914-528-1572 for more information or to see if there is a meeting scheduled.

BUS TRANSPORTATION TO THE MURIEL H. MORABITO COMMUNITY CENTER

Funded through the US Department of Health and Human Services-Administration on Aging (AoA), New York State Office for the Aging, Westchester County Department of Senior Programs and Services, and the Town of Cortlandt.

Transportation is available Monday thru Friday to the Muriel H. Morabito Community Center for lunch and/or senior programs. Seniors are picked up in the morning and returned back home in the afternoon. In order for the Bus Service to operate, a minimum of 6 seniors are required. The contribution for bus transportation to and from the center is \$3.00. For congregate meals and bus transportation call (914) 528-5164. Seniors must call the day before by 11:00 AM to secure lunch and/or transportation and some restrictions apply.

NUTRITION PROGRAM

An on-site and home delivery service that provides persons age 60+ with a nutritious and well- balanced noon-time meal. Anyone needing or knowing individuals that would benefit from the Home Delivered Service must call for eligibility requirements or for procedure to have lunch at the Muriel H. Morabito Community Center. The contribution for seniors who attend the Nutrition Program is \$3.00 and for Home Delivered Meals is \$4.00. For home delivered meals call (914)528-8377. Grab 'N' Go meal service will continue so that seniors can pick up a hot lunch and take it home. The cost for Grab 'N' Go is \$3.00 per meal.

OPERATION SNOWFLAKE

The Town of Cortlandt Senior Services Division offers a snow shoveling service for eligible Senior Citizens who reside in the Town of Cortlandt based on availability. Seniors who are unable to shovel their walkway should call the Muriel H. Morabito Center at 914-528-8377 for eligibility and registration.

SENIOR CITIZENS MEDICAL & PHARMACY TRANSPORTATION

This service offers transportation to area doctors, medical facilities, pharmacies and back home again to those eligible Town of Cortlandt Seniors. The Medical car runs on Monday, Thursday, and Friday. Transportation available to the following areas: Yorktown, Jefferson Valley, Lake Peekskill, Peekskill, Cortlandt Manor, Buchanan, Verplanck, and Croton on Hudson. For advanced reservations and information call Becky Ferguson at 914-528-8377. The contribution for the medical car is \$5.00. *Some restrictions apply. Seniors must be independent and/or have a companion to ride/ assist.

SHOPPING- The shopping bus will pick up Cortlandt Seniors at their home to go to the Cortlandt Town Center every Thursday and to the Jefferson Valley Mall on the 3rd Monday of the month. Seniors will be returned to their homes after shopping. The contribution for the shopping bus is \$3.00.

Every Thursday	Cortlandt Town Center, Rte. 6	10:00 AM- 1:30 PM
1st Monday of Month	Uncle Giuseppe's & Trader Joes (Yorktown)	10:30AM - 1:30PM
3rd Monday of Month	Jefferson Valley Mall	11:00 AM- 1:30 PM (If the 3rd Monday is a holiday, the mall bus will run the following Monday.)

Call 914-528-5164 for reservations and information.

*Some restrictions apply. In order for shopping bus to operate a minimum number of 6 seniors are required.

Special Events

for the Town of Cortlandt Senior Citizens

BINGO AFTERNOON

Join the staff for fun, friends, and cash prizes! Pots vary.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Dates: Tuesdays, 9/24, 10/22, 11/26, 12/17
Time: 12:30 PM- 2:30 PM
Fee: \$7.00 cash due at registration. This includes one card for each game (11 total games included with entrance fee). Additional cards, daubers, and bonus games may be purchased the day of the event.
Please call 914-528-1572 for more information.

BOCCI

Stop by the center and enjoy a free game on our bocci courts!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Dates: Tuesday, weather dependent, ending October 22
Time: Drop in, mornings
Fee: Free
Please call 914-528-1572 to make sure the courts are ready.

COFFEE CLUB

Held every Wednesday at 12:00 PM. Get to know your neighbors and other seniors in your community. Coffee is provided and you can bring your own snacks!

COMPUTER LAB AND TECH ASSISTANCE

The computers are available for daily use from 9:00 AM- 2:00 PM; except during pre scheduled computer classes. Community Center staff is available to assist with basic cell phone questions, i.e. Connect to Wi-Fi, create a contact, or even on how to take a selfie.

DRAWING IN BLACK/ WHITE AND COLOR

Instructor, Sharon Rubinstein

Drawing skills are fundamental for 2-dimensional art. This 4-week class of 3 hour sessions will use graphite, charcoal, colored pencil, and watercolor pencils to explore a range of expressive possibilities. We'll use great masterworks, photos and still life setups as inspiration. What can you expect? A greater ability to draw what you see, but also to use your imagination and come up with new possibilities while handling a variety of materials. Learn, let loose and have fun! Each class is structured with demonstrations and short, supportive critiques.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Dates: Wednesdays, October 9, 16, 23, & 30
Time: 10:00 AM- 1:00 PM
Fee: \$75.00- price includes cost of supplies
Pre-registration with payment is required no later than one week prior to start of class. Please call 914-528-1572 for more information.

FLU SHOT DAY

To help support the health and safety of the members of our community, our friends at Save Mor Pharmacy have offered to host a Flu Vaccine clinic at the Muriel Morabito Community Center this fall! No appointment necessary, this clinic is open to all seniors, just bring your Medicare card (other insurance cards are acceptable too).

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Date: Thursday, September 26
Time: 1:00 PM- 3:00 PM
Please call 914-528-1572 for more information.

GINGERBREAD HOUSE MAKING

Take a break from holiday shopping and get messy with us! All supplies will be provided. Creative, holiday spirit is a must!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Date: Monday, December 2
Time: 12:00 PM
Fee: \$10.00 includes all supplies- cash only.
Please register no later than 11/25 with payment. Class limited to ten participants. Please call 914-528-1572 for more information.

HEALTHY COOKING FOR ONE OR TWO

Brought to you by the Feeding Westchester. This class will provide tips, ideas, and healthy meal demonstrations which are appropriate for a one or two person household. The focus will be on seasonal items available at your local farmers market.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Dates: Monday, September 23 & November 18
Time: 1:15 PM- 2:15 PM
Fee: Free

Class limited to eight. Please call 914-528-1572 to register and for more information.

MEET THE CANDIDATES

Join us for refreshments and a casual meet and greet with the candidates. Understand the candidates positions on issues that impact you and your community.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Date: Tuesday, October 8
Time: 11:00 AM
Fee: Free

Please call 914-528-1572 to register and for more information.

MENS DISCUSSION GROUP

Our men's discussion group is a place for all men aged 60 and over to meet each other in an informal, social environment to share their knowledge and experiences. Wednesdays at 12:00pm for coffee and conversation.

MINDFUL MOVEMENT & WELLNESS FOR YOUR INNERBEING

Intro to chair yoga for the mind, body, and soul. Sessions will include: gentle, mindful movement, followed by sound bath and sealing the practice with aromatherapy offering.

Location: Muriel Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Date: Session 1- Mondays , 9/23, 9/30, 10/7, 10/21, 10/28, 11/4, 11/18, 11/25 (8 weeks)
Time: 12:00 PM- 1:00 PM
Fee: \$20.00
Pre-registration required no later than 1 week before w/ payment. Minimum number to run the class is 10.
Call 914-528-1572 for more information.

OPEN HOUSE WEEK

Geared toward seniors new to the area, those whom have never visited the center or those recently becoming a "senior". Meet the staff and find out all about what the Town of Cortlandt offers its senior citizens. To be ELIGIBLE to participate in any Programs and Services you MUST be a TOWN OF CORTLANDT RESIDENT with proof of residency- a current Con Ed bill or telephone bill required. MUST be least 60+ years of age. Monthly calendar is available online, at the Center or can be emailed.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Dates: Monday, October 21- Friday, October 25
Time: 10:00 AM- 1:00 PM
Fee: Free
Please call 914-528-1572 for more information.

PICKLEBALL

Learn the fun sport that combines tennis, badminton, and ping-pong. Stop by the Muriel H. Morabito Community Center to see what the craze is all about! Check our monthly calendar for scheduled dates and times.

PIZZA & MOVIE AFTERNOON

Come join us for an afternoon matinee on our 70" flat screen TV.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Dates: Friday, October 4 Haunted Mansion
Friday, November 1 Last Vegas
Friday, December 6 Elf
Friday, January 3 Family Switch
Time: 1:00 PM- 3:00 PM (or until movie ends)
Fee: \$6.00 per person includes pizza, drink and dessert.
Pre-registration with payment is required no later than one week prior to the movie showing.
Please call 914-528-1572 for more information.

Friday, September 27, 2024



POLISH THOSE BOOTS.
IT'S TIME.



FRIDAY NIGHT LINE DANCING

Music starts at 6:30

Open dancing till 8:30, By request

Light refreshments served

**\$10 AT THE DOOR
OR \$8 IF PRE-PAID**

CONTACT DAWN AT 914-528-1572

**MURIEL H. MORABITO
COMMUNITY CENTER
29 WESTBROOK DR.
CORTLANDT MANOR, NY**



914-490-8650

Cherko Country Line Dancing

ROCKIN' THE CLOCK

Our ACE-certified instructor, Jody Alesandro, is back! Dance-fitness classes for active seniors and rock lovers of all ages!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Dates: Wednesdays, September 4, 11, 18, 25, October 2, 9, 16, 23, 30 (9 sessions)
Time: 10:30 AM- 11:30 AM
Fee: \$20.00
Pre-registration with payment is required no later than one week prior to start of class. Please call 914-528-1572 for more information.

RUN, RUN RUDOLPH

Head over to the racetrack for an afternoon at Cortlandt Downs! This exciting horse-themed game is an active race towards the finish line. Six races in total. Additional betting tickets will be available the day of the event.

Location: Cortlandt Raceway, Muriel Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Date: Monday, December 9
Time: Doors open at 12:00 PM; Races begin at 12:30 PM SHARP!
Fee: \$5 entrance fee includes light refreshments and 1 bet.
Payment is due at registration no later than December 2.

SALSA WITH SUZI BLURB

Take a deeper dive into your favorite Latin dances! Our Friday 1:15pm "Salsa with Suzi" sessions will cover one dance style for four weeks so that we can cover more moves and build on the knowledge that you are gaining. This fall join Suzi as she teaches the Merengue!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day: Friday, October 11, 18 and November 8, 15
Time: 1:15 PM- 2:00 PM
Fee: Free

SENIOR RESOURCE FAIR

Please join New York State Senator Pete Harckham for his 2nd annual Senior Resource Fair to learn about state and local resources designed specifically to support our senior residents.

- 40+ state and local vendors will be in attendance
- Find your lost and unclaimed funds with Comptroller DiNapoli's Team
- Free 15-minute chair yoga sessions will be available throughout the day

Day/ Date: Friday, September 13
Time: 10:00 AM- 2:00 PM
Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Light refreshments will be provided by the Office of Senator Harckham.

SENIOR POOL PLAYERS WANTED

Whether you are a beginner or an expert, stop by for some friendly tips and competition.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days: Monday- Friday
Time: Drop In between 9:00 AM- 12:00 PM
Fee: Free
Please call 914-528-1572 for more information.

SMARTPHONE BASICS

Not sure how to take a picture, write an email or save a new contact? Ask our Town Techie Joe. He will be available to assist with basic iPhone and Samsung questions.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Date: October, TBA
Time: 9:30 AM- 10:30 AM
Fee: Free
Please call 914-528-1572 for more information.

SWING DANCE

Instructor Cameron Kelly will teach the steps to various types of dance in the 1st half of class. The 2nd half, just dance and have fun!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates: Wednesday, 9/25, 10/30, 11/20, 12/18
Time: 1:30 PM- 3:00 PM
Fee: Free- Must be a Town of Cortlandt resident, 60+
Please call 914-528-1572 for more information.

TABLE GAME TIME

All table games; Cards, Maj Jong, Canasta, Rummy cube, Poker and much more!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Dates: Available for play on Thursdays
Time: 12:00 PM- 3:00 PM

TAI CHI

Instructor, Kim Cercena

In this seven week course, we will do Chi Kung warm ups and a short Tai Chi form. This form can be done seated or standing. Tai Chi can help with muscle strength, flexibility and balance. Tai Chi is a great way to connect your mind and body through movement and breathing.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Dates: Wednesday, 11/6, 11/13, 11/20, 11/27, 12/4, 12/11, 12/18 (7 sessions)
Time: 11:30 AM- 12:30 PM
Fee: \$20.00

Pre-registration with payment is required no later than one week prior to start of class. Please call 914-528-1572 for more information.

TRAVELOG SERIES

Join us for our next adventure as we travel via movie to Spain! A tasty Spanish treat will be served.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Date: Friday, October 25
Time: 1:30 PM- 3:00 PM
Fee: \$2.00

Pre-registration with payment is required no later than one week prior. Call 914-528-1572 for more information.

WII BOWLING

Play Wii Bowling on our large screen TV.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Dates: Thursdays
Time: 11:45 AM
Fee: Free

Please call 914-528-1572 for more information.

Join other Veterans once a month for coffee and bagels for an informal meeting held, generally, on the last Wednesday of the month. (Call 914-528-1572 to check dates.) The meeting is held at Town Hall, 1 Heady Street, Cortlandt Manor, NY at 11:00 AM. Come meet your fellow Veterans to find out what is happening at the V.A. and other important information pertaining to Veterans. The Town of Cortlandt Hudson Valley Veterans Committee along with the Town of Cortlandt host a Veterans Day Ceremony every year and invite you to join us as we honor all veterans who have served and are currently serving.



YOUTH CENTER



**AMERICAN RED CROSS
BABYSITTING**

JR. CHOPPED

**OPERATION
SNOWFLAKE**

**BROADWAY
ALL STARS**

YOUTH CENTER

**"THE BROADWAY ALL
STAR PROGRAM IS WHAT
CAUSED ME TO FALL IN LOVE
WITH THEATRE. ROBYN'S
AMAZING TEACHING HELPS
BUILD TECHNIQUE AND
CONFIDENCE ON AND OFF
STAGE"- NAVA MINICHINO**





Youth and Recreation Center

3 MEMORIAL DRIVE, CROTON-ON-HUDSON

914-736-0498

www.townofcortlandt.com/yc

Director: Lindsey Luposello | lluposello@townofcortlandt.com

The Director is available to all young people in our town for conversation, information and referral. Cortlandt Recreation is committed to providing a variety of programs that are socially engaging, educational and fun for youth of all ages.



FREE DROP IN PROGRAM AT THE YC

Drop in activities include: Table Games - Ping Pong, Pool, Air Hockey, Arts and Crafts, Video Games—Nintendo Wii & Switch, TV, Board Games, Learning Lab, Outside Activities: Basketball, Pickleball, 4-Square, Gaga Ball, Soccer, Cornhole and More!
Youth must be registered participants for the drop-in program.

To Register Visit:
www.townofcortlandt.com/reconline

CORTLANDT COMMUNITY COALITION

Help us keep our Community Safe, Healthy, and Drug Free

Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator
Call 914-734-1052 for more information



HOURS OF OPERATION

GRADES 6TH - 12TH

Mon- Thurs: 3:00 PM- 8:00 PM

Friday: 3:00 PM- 9:00 PM

Saturday: 4:00 PM- 9:00 PM

Sunday: CLOSED

GRADES 1ST- 5TH

(WITH ADULT SUPERVISION)

Saturday: 1:00 PM- 4:00 PM

*OPEN AT 1 PM

Thursday, Oct 3

Friday, Oct 4

Monday, Oct 14

Tuesday, Nov 5

Monday, Nov 11

Friday, Nov 29

Monday, Dec 23

Thursday, Dec 26

Friday, Dec 27

Monday, Dec 30

CLOSED

Monday, Sept 2

Saturday, Oct 5

Thursday, Oct 31

Thursday, Nov 28

Saturday, Dec 7

Saturday, Dec 14

Tuesday, Dec 24

Wednesday, Dec 25

Tuesday, Dec 31

Wednesday, Jan 1

Youth and Recreation Center

YC REGISTRATION PROCESS

For Youth in Grades 6th-12th

All youth must be registered as a YC participant in order to attend our daily and specialty programming. Registration is good for one year & needs to be renewed on a yearly basis. You will be notified by email prior to renewal requirement.



Go to:
www.townofcortlandt.com/reconline
Search by keyword
"Youth Center"

2024-2025



Blue Mountain Middle School has a bus which drops youth off at the YC Monday - Friday. The bus does not run on half days (both scheduled and unscheduled.) Youth **MUST** be registered online before you can register for a bus pass

For more information and to register
email:
lluposello@townofcortlandt.com



The YC is committed to providing educational programs for our youth which promote positive social development. Programs are implemented after school and with all of our drop-in participants. For more information, please call the YC at 914-736-0498.

YC Programs: Grades 6th-12th

Weekday Programs: September -December

All programs will start at 3:30 PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Thursday, September 5: Pizza Day
 Thursday, September 12: Milkshake Day
 Wednesday, September 18: Rice Crispy Day
 Monday, September 23: Ice Cream Day
 Thursday, October 3: Poppin' Popcorn Day
 Wednesday, October 9: Stop Bullying Day
 Monday, October 14: Milkshake Day
 Thursday, October 17: Therapy Dog Visit
 Monday, October 21: Apple Day
 Wednesday, October 30: Candy Corn Day
 Monday, November 4: Candy Day

Thursday, November 7: Therapy Dog Visit
 Monday, November 11: Sundae Day
 Thursday, November 21: Gingerbread Day
 Tuesday, November 26: Cake Day
 Wednesday, December 4: Cookie Day
 Thursday, December 12: Hot Cocoa Day
 Monday, December 16: Chocolate Covered Day
 Monday, December 23: Holiday Cookie Decorating
 Thursday, December 26: Gingerbread House Making
 Monday, December 30: New Year's Celebration



YC Programs: Grades 6th-12th

Holiday Recess

All programs will start at 3:30 PM; YC opens at 1pm (Dec 23, 26, 27,28,& 30)

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Monday, December 23: Holiday Cookie Decorating
 Tuesday, December 24: CLOSED
 Wednesday, December 25: CLOSED
 Thursday, December 26: Gingerbread House Making
 Friday, December 27: Holiday Movie Night
 Saturday, December 28: Hot Chocolate Mug Making
 Monday, December 30: New Year's Celebration
 Tuesday, December 31: CLOSED
 Wednesday, January 1: CLOSED



YC Programs: Grades 6th-12th

Weekday Programs: September -December

FRIDAYS

All programs will start at 7:00 PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Friday, September 6: Game Night- BIG BINGO
 Friday, September 13: Henna *6:00 PM- 8:00 PM
 Friday, September 20: Flag Football
 Friday, September 27: Karaoke
 Friday, October 4: Game Night- LRC
 Friday, October 11: Talent Show
 Friday, October 18: Halloween DJ Night- 6:00 PM
 Friday, October 25: Halloween Movie Night
 Friday, November 1: Henna *6:00 PM- 8:00 PM

Friday, November 8: Pool Tournament
 Friday, November 15: Game Night BIG BINGO
 Friday, November 22: Cornhole Tournament
 Friday, November 29: Holiday Decorating
 Friday, December 6: Talent Show
 Friday, December 13: Holiday Karaoke
 Friday, December 20: Disco Dance & Skate- 6:00 PM
 Friday, December 27: Holiday Movie Night



SATURDAYS

All programs will start at 7:00 PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Saturday, September 7: Cornhole Tournament
 Saturday, September 14: Slime Making
 Saturday, September 21: Pool Tournament
 Saturday, September 28: Pizza Making
 Saturday, October 5: CLOSED for Family Fun Day
 Saturday, October 12: Slime Making
 Saturday, October 19: Halloween Cookie Decorating
 Saturday, October 26: Pumpkin Painting
 Saturday, November 2: Karaoke

Saturday, November 9: Pizza Making
 Saturday, November 16: Ice Cream Sundae Making
 Saturday, November 23: Slime Making
 Saturday, November 30: Game Night- LRC
 Saturday, December 7: Meet Santa
 Saturday, December 14: Winter Wonderland
 Saturday, December 21: Holiday Movie Night
 Saturday, December 28: Hot Chocolate Mug Making

Participants MUST be registered for the Youth Center to participate in these programs.
To register please visit: www.townofcortlandt.com/reconline.
Programs are subject to change, please visit www.townofcortlandt.com/yc for updated programming

YC Programs: Descriptions

Grades 6th -12th



APPLE DAY:

Enjoy a fresh chocolate, caramel or candied apple!

CANDY DAY:

Let's celebrate by making a candy salad!

CANDY CORN DAY:

Guess how many candy corn are in the jar! Winner takes them home!

CAKE DAY:

Let's celebrate this day by eating lots of cake!

CHOCOLATE COVERED DAY:

Let's cover everything and anything in chocolate!

CORNHOLE TOURNAMENT:

Team up and compete in a bracket styled corn hole tournament. Prize for the winning team!

COOKIE DAY:

Let's bake! We will be making cookies and then of course eat them!

DJ NIGHT (HALLOWEEN):

Stop in and enjoy the music styling of DJ Randy, dancing and contests with your friends!

DISCO DANCE & SKATE:

Come by the Cortlandt Youth Center at the Skate Rink for a night of skating, dancing and fun! Ice skating rentals and skating are FREE. Youth need to be registered for this program. To register please visit www.townofcortlandt.com/recononline

FLAG FOOTBALL:

We have flags, a football and a scoreboard. Let's get competitive and play some flag football.

GAME NIGHT:

We are either playing Left, Right, Center (LRC) or BIG BINGO. LRC is a fun, interactive game where players start with 3 chips and take turns rolling dice to decide where those chips go (left, right or in the center). The last person with chips wins an awesome prize! BIG BINGO is bingo but with BIG PRIZES. Prizes will include giant candy tubes, gift cards to local places, slime and more!

GINGERBREAD MAKING/ GINGERBREAD DAY:

Let's create our own magically beautiful and delicious gingerbread house!

HENNA:

The YC welcomes Margie from Making Faces Parties, a professional henna artist for a night of creativity and cultural fun as your hand or arm becomes her canvas! Parental agreement must be signed in order to participate.

HALLOWEEN/HOLIDAY COOKIE DECORATING:

Icing, sprinkles, chocolate chips, marshmallows... we will have it all to decorate your very own themed cookies.



YC Programs: Descriptions

Grades 6th -12th Continued

HOLIDAY DECORATING:

Join the YC Staff in decorating the Youth Center for all the upcoming holidays. Youth will be given hot chocolate and snacks. We will listen to holiday music and really get into the holiday spirit! Youth are also eligible to receive volunteer hours.

HOT COCOA DAY:

Come and warm up with a cup of hot cocoa

HOT CHOCOLATE MUG MAKING:

Youth will get to design their own hot chocolate mug. Once finished we will enjoy a fresh, hot cup of cocoa in our new mugs!

ICE CREAM SUNDAE MAKING/ ICE CREAM DAY/

SUNDAE DAY:

We will have multiple flavors and multiple toppings for you to make your own ice cream sundae!

KARAOKE:

Grab the mic and get to singing your favorite songs!

MILKSHAKE DAY:

Enjoy your day off from school by making your own fully loaded milkshake at the YC.

MOVIE NIGHT (HALLOWEEN/HOLIDAY):

Enjoy some popcorn while watching a movie on our 15 foot blow up screen with projector! Movie will be voted on the night of the event. Majority rules.

NATIONAL STOP BULLYING DAY:

Join us as we recognize this day with pizza & police. Pizza will be provided as we welcome our Cortlandt Community Resource Officer to the YC.

NEW YEAR'S CELEBRATION:

The YC is seating up a party to celebrate the incoming new year. We will have decorations, music, games, crafts and activities.

PIZZA MAKING/PIZZA DAY:

We will supply everything you need to make your own individual pizza! Yummy!

POOL TOURNAMENT:

How are your cue stick skills on the pool table? Solids versus stripes and the first to drop the lucky 8 ball takes the crown!

POPPIN' POPCORN DAY:

We are firing up our new popcorn machine to serve you fresh, hot popcorn on this day!

PUMPKIN PAINTING:

Grab a paint brush and bring your imagination as you get to paint your own mini pumpkin. We will then vote on which one is the best! Prize for the pumpkin with the most votes!

RICE CRISPY DAY:

Let's celebrate by eating rice crispy treats!

SLIME MAKING:

Create your own gooey slime at the YC and take it home!

TALENT SHOW:

Calling all singers, dancers, musicians, comedians, magicians, and performers. We are hosting a talent show at the YC! Performers MUST sign up either at the YC or by phone at 914-736-0498.

THERAPY DOG VISIT:

The Youth Center welcomes a visit from international certified therapy dogs, Daryl and Zander and their handlers! If you have an allergy or are afraid of dogs, we will have a safe space designated away from the dogs. Please just let the staff know.



YC Specialty Programs

Grades 6th -12th

AMERICAN RED CROSS BABYSITTING COURSE (AGES 11-14)

Angela Reeve, Instructor

The ARC Babysitters Training course is designed to provide youth with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, help children behave and learn about basic child care as well as basic first aid. This fun and highly interactive training will keep youth engaged and allows for hands on practice with use of child care dolls and mannequins. Successful participants earn ARC Certification. Participants should pack a bagged lunch.

Course Number:	600-1F
Location:	Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates:	Tuesday, November 5
Time:	9:00 AM- 4:00 PM
Fee:	\$84 with ID/ \$89 without ID/ \$107 nonresident

CANTEEN (GRADES 6TH-12TH)

Come and join us two nights a week for open gym basketball! Open to Croton, Hendrick Hudson, Copper Beach Middle School and Walter Panas High School Students or middle/high school students who are town residents. Youth must be registered in order to participate. For registration forms, log onto www.townofcortlandt.com/yc.

Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Time:	Tuesdays, 7:00 PM- 9:00 PM
Day/Time:	Thursdays, 7:00 PM- 9:00 PM
Fee:	Free

COOKING WITH A DIETITIAN (GRADES 6TH-8TH)

Dima Salhoobi, Instructor

Does your child only like certain meals? Are you struggling to find healthy snacks your child will enjoy? Do you want your child to learn about cooking and making their own meals? Dima Salhoobi, Registered Dietitian, is here to help! With over 10 years of experience in inpatient and outpatient nutrition education, Dima has successfully overcome mealtime challenges and introduced numerous recipes to her clients. She specializes in working closely with children, introducing them to the kitchen in a fun and interactive way. Don't miss out on this amazing opportunity! Limited spots available! Sessions include: Nutrition education about specific foods, hands-on cooking experience featuring the discussed food, and tasting and testing knowledge.

Course Number:	670-1F
Location:	Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates:	Saturdays, November 2-November 23
Time:	1:00 PM- 2:30 PM
Fee:	\$90 with ID/ \$95 without ID/ \$108 nonresident

ICE SKATING AT THE YOUTH CENTER

While attending Youth Center Drop Off Program for 6th-12th Graders, youth have the opportunity to ice skate at our ice-skating rink for free during the hours listed below. The Youth Center staff will accompany youth down to the rink during these hours. These hours are subject to change. If your child would like to ice skate outside of these hours they must be picked up by an adult from the Youth Center. We will not allow youth to sign out of the Youth Center and walk down to the ice rink on their own.

6TH-12TH GRADERS DROP OFF

Friday:	4:00 PM- 6:30 PM
Saturday:	5:00 PM- 6:30 PM
Days off from school:	1:30 PM- 6:00 PM

JR. CHOPPED COMPETITION (GRADES 6TH-12TH)

Grab a partner or compete individually, sign up to show off your cooking skills in this safe & fun cooking competition. Judges will be looking at appearance, creativity, theme and flavor as they taste your creation. Each competition has a theme and an ingredient that must be included. Call to register: 914-736-0498.

Location:	Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates:	Saturday October 19: Halloween Dessert Ingredient: Candy
Time:	1:00 PM - 5:00 PM Cooking slots; 5:30 PM Judging
Fee:	Free; Participants are responsible for bringing their ingredients

COSMETIC & MAKE-UP BASICS (GRADES 6TH-12TH)

Join professional make-up artist, Leola in learning the fundamentals of makeup application. Participants will receive a make-up starter kit that includes eye liner, mascara, eye shadow and applicator. Participants can bring their own makeup.

Course Number:	609-1F
Date:	Tuesday, November 5
Location:	Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Time:	1:00 PM-3:00 PM
Fee:	\$45 with ID/\$50 without ID/\$54 nonresident

MINI GOLF @ CHARLES COOK (GRADES 6TH-12TH)

Join the Youth Center staff at the local mini golf course located behind Charles Cook Pool. Youth will get to play mini golf, hang out with friends, play other games like cornhole, board games and listen to music. Parents are responsible for drop off and pick up.

Course Number:	687-1F
Location:	Charles J. Cook Pool (293 Furnace Dock Road, Cortlandt Manor)
Day/Date:	Saturday, September 14
Time:	12:00 PM- 2:00 PM
Fee:	Free

OPEN GYM AT HEN-HUD H.S. (GRADES 6TH-12TH)**For Hen-Hud School District Residents Only**

Come and join us for some free play basketball! Youth must be registered as a participant of the YC in order to participate. Register online at: www.townofcortlandt.com/reconline and search by key word. Visit our website for dates Open Gym is closed.

Location:	Henrick Hudson High School Gymnasium (2166 Albany Post Road, Montrose)
Day/ Date:	Mondays- Beginning 9/16 (No program when school is closed)
Time:	7:30 PM- 9:30 PM
Fee:	Free

PROBLEM GAMBLING PREVENTION FOR PARENTS

Join us on Zoom as we educate parents on facts, warning signs and dangers of gambling in youth.

Course Number:	688-1F
Location:	Zoom
Day/Date:	Wednesday, October 16
Time:	7:00 PM- 8:30 PM
Fee:	Free

ROCK WALL HOURS

Monday-Thursday:	4:00 PM- 6:00 PM (Grades 6-12)
Friday:	4:00 PM- 7:00 PM (Grades 6-12)
Saturday:	1:00 PM- 3:00 PM (Grades 1-5) & 5:00 PM- 7:00 PM (Grades 6th-12th)

YC CLEAN-UP (GRADES 6TH- 12TH)

Join the Glashoffs in this unique program to help clean-up our town! Participants will be given supplies to help them pick-up litter and debris from local sites around the town. Youth will receive volunteer hours for community service. Parents will be responsible for dropping off and picking-up their child at the designated location.

- Course Number:** 652-1F & 652-2F
- Day:** Saturday
- Dates & Location:** September 14: Cortlandt River Front (77 Riverview Street, Verplanck)
October 12: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
- Time:** 10:00 AM- 11:00 AM
- Fee:** Free



*To register please visit: www.townofcortlandt.com/reconline.
Programs are subject to change, please visit www.townofcortlandt.com/yc for updated programming*

YC Specialty Programs

Grades K-8th

BROADWAY ALL STARS (GRADES 3RD-9TH)

Robyn Ferracane, Instructor

Love to act or sing? This workshop is for everyone from the beginning student to the seasoned performer. Experience the fun of theatrical games, auditioning and having a role in a live production! Taught by a professional actress/director, youth will enjoy nine working classes with a final performance.

Course Number: 620-1F
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Dates: Saturdays, starting date: October 12 (no class 11/30; 9 sessions)
Time: 11:00 AM- 1:00 PM
Performance: Sunday, December 8
Fee: \$200 with ID/ \$205 without ID/ \$245 nonresident



CREATIVE COOKING (GRADES K-3RD & GRADES 4TH-8TH) - SEE YOUTH PROGRAMS

HOME ALONE (GRADES 5TH- 8TH)

This program will provide each child with the essentials skills needed when they are home without adult supervision. Discussion will cover first aid, telephone and door answering, activity plans, encountering emergencies and more!

Course Number: 612-1F
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Saturday, November 23
Time: 10:00 AM- 11:30 AM
Fee: Free

YC Family Programs

Grades 1st-5th (With Adult Supervision)

FAMILY CRAFT YOUR OWN GAMES

Join us for some craft projects that will leave you entertained for hours and days after the program!

Location: Youth Center
Day/Date: Saturday, September 28
Time: 1:00 PM- 2:00 PM
Fee: Free

FAMILY HALLOWEEN FUN

Come dressed in your Halloween Costumes for our 4th Annual event, which will feature some Halloween themed activities. There will be both Tricks and Treats!

Location: Youth Center
Day/Date: Saturday, October 12
Time: 1:00 PM- 2:00 PM
Fee: Free

FAMILY HOLIDAY RELAY

Families will compete against each other as they work their way through each "Holiday" station of the YC's first annual Family Holiday Relay! Prizes for all who participate.

Location: Youth Center
Day/Date: Saturday, November 9
Time: 1:00 PM- 2:00 PM
Fee: Free



Online registration is on a first come, first serve basis. Please register all youth & adult participants for family programs. Go to: www.townofcortlandt.com/reconline and search by keywords.

Youth Employment Services : Ages 14-18

We're Open For Business:

Calling All Youth, Business Owners & Town Residents

Our mission is to provide a free service which seeks to connect youth ages 14-18 with local businesses and community members who have employment opportunities.

**REGISTER
NOW!**

EMPLOYERS

**TEXT:
HIRE**

YOUTH

**TEXT:
YESINFO**

TO: 833-343-0298



yes@townofcortlandt.com

914-642-3027

By texting keyword, "yesinfo" or "hire" to 833-343-0298 you agree to receive a text message with more information about the YES program. Additional forms will be necessary to receive promotional automated messages. This agreement isn't a condition of any purchase. Msg & data rates may apply. To unsubscribe from the message, respond "STOP".

YC Employment Courses

INTERVIEW SKILLS 101 (AGE 14-18)

Learn interview skills and tips to help land your dream job! These skills are life skills which will set you up for success!

Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)
Course Number: 631-1F
Day/Date: Tuesday, November 5
Time: 11:45 AM- 12:45 PM
Fee: Free
Registration: Pre-registration required; space limited

RESUMANIA (14-18 YEARS OLD)

Learn what to include on a cover letter & resume, what employers look for, proper formatting & additional tips to help you stand out!

Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)
Course Number: 630-1F
Day/Date: Tuesday, November 5
Time: 10:30 AM- 11:30 AM
Fee: Free
Registration: Pre-registration required; space limited

Operation Snowflake: Ages 14-18



The Town of Cortlandt is seeking youth to shovel the driveways, pathways, and sidewalks for the Town's Senior Citizens this winter season.

To submit an application, please go to:
www.townofcortlandt.com/reconline and search by keyword.

Youth will be paid \$10.00 per hour. Application Deadline is Wednesday, October 2nd.
For more information please contact Lindsey at lluposello@townofcortlandt.com or 914-736-0498.

SPECIAL EVENTS & ACTIVITIES

FIRST RESPONDERS
GOLD TOURNAMENT

HOBGOBLIN PARADE

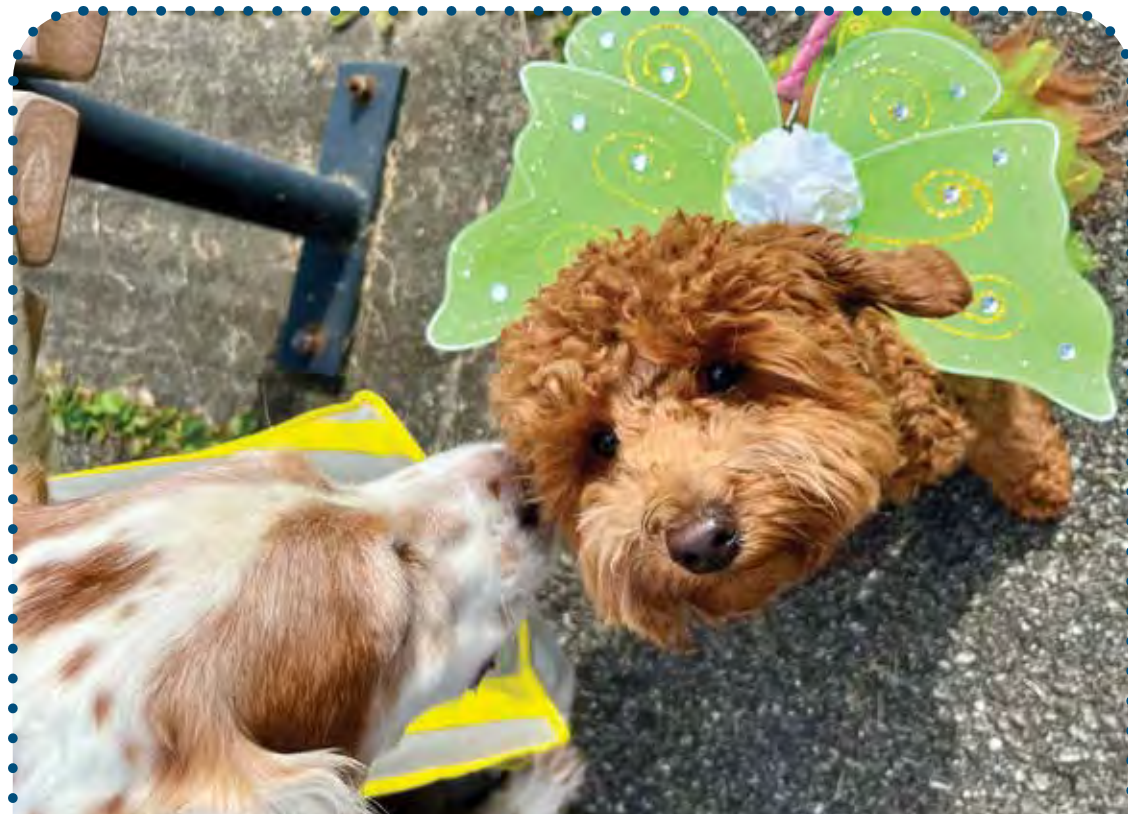
WINTER
WONDERLAND





SPECIAL EVENTS & ACTIVITIES

"I LOVE ATTENDING THE TOWN'S ANNUAL HALLOWEEN DOG PARADE! IT IS SUCH FUN WATCHING ALL THE DOGS IN THEIR COSTUMES HAVING A GREAT TIME! THE TOWN GIVES OUT TREATS AND PRIZES AND DOES SUCH A GREAT JOB WITH THIS EVENT! I LOOK FORWARD TO IT EVERY YEAR!" - DEBBIE PAUL



Special Activities and Events

5K ROAD RACE

All participants receive a free t-shirt. Awards go to the top three men and woman in various age groups. Pre-register online at www.runner.org. Race Day registration is at the Cortlandt Waterfront Park.

Location: Cortlandt Waterfront Park,
(77 Riverview Avenue, Verplanck)
Date: Saturday, October 26
Time: 9:30 AM Start
Fees: Pre Registration Fee: \$15.00
**Race Day
Registration Fee:** \$20.00

For more information, please contact
dpeterson@townofcortlandt.com or 914-734-1053.



COMMUNITY GARDEN

Join us to Volunteer at our Town of Cortlandt Community Garden! A Town of Cortlandt resident with tremendous knowledge in gardening volunteers to coordinate this effort! Located at Lake Meahagh Park on Westchester Avenue in Verplanck. Cortlandt residents and groups (Scouts, Civic organizations, etc.) will take care of their defined areas with the coordinator's guidance. Contact the Town of Cortlandt Recreation Department at tocrec@townofcortlandt.com or 914-734-1050.



HALLOWEEN DOG PARADE

Costumes suggested and treats for all participants!

Location: Cortlandt Dog Park
(130 Sprout Brook Road
Cortlandt Manor)
Day: Saturday, October 26
Time: 2:30 PM-3:30 PM
Fee: Free

For more information please contact
timf@townofcortlandt.com or 914-734-1056.



HALLOWEEN PARTY

Families are invited to come trick or treat inside at our Annual Halloween Party at the Community Center! Open to all children through the 5th Grade accompanied by an adult. Activities will include entertainment, games, contests, treats, balloons and a chance to be on cable TV.

Location: Muriel H. Morabito Community Center,
(29 West Brook Drive, Cortlandt Manor)
Day: Thursday, October 31
Time: 6:00 PM- 8:30 PM
Fee: Free

For more information please contact
lluposello@townofcortlandt.com or 914-736-0498.



HOBGOBLIN PARADE

A special Halloween parade is open to everyone in costume from ages 2-14. Trophies and candy will be given to all children in costume.

Location: Cortlandt Youth Center- Skate Rink
(3 Memorial Drive, Croton-on-Hudson)
Day: Saturday, October 26
Time: 1:00 PM Sharp
Fee: Free

For more information please contact
dpeterson@townofcortlandt.com or 914-734-1053.

FIRST RESPONDERS GOLF TOURNAMENT

ALL proceeds from the tournament will be donated to the various First Responder organizations within the Town of Cortlandt.

Location: Hollow Brook Golf Club (1060 Oregon Road, Cortlandt Manor)

Day: Monday, October 21

Time: 11:00 AM Registration & Boxed Lunch
12:00 PM "Shotgun Start"
(Scramble Format)
5:00 PM Barbeque Dinner at Hollow Brook Club House

Fees: Volunteer of a Fire Department, Ambulance Corps, or Auxiliary Group: \$125.00 per person (Please bring identification showing your group membership)

Not a volunteer: \$175.00 per person

Only attending the dinner: \$60.00 per person

If you would like to reserve a spot or foursome, please contact Director of the Recreation Dept., Ken Sherman at kens@townofcortlandt.com or 914-734-1058

Deadline to submit registration is Monday, October 14th. Application can be found in the back of this planner.

Please mail registration to and make checks payable to the Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY, 10567.

LETTERS TO SANTA/ SANTA'S MAILBOX

'Tis the season to send your letter to Santa, and the Town of Cortlandt Recreation Department will help speed up the process! A special "Santa's Mailbox" will be set up in the Town Hall lobby! Children can drop off or mail their letters to this mailbox, and Santa will send them a personalized letter in reply. Santa's Mailbox will be available from November 18th to December 13th. All letters to Santa must be received in the mailbox no later than 4:00 PM on December 13th to ensure a reply. This program is open to Town of Cortlandt residents only.



Mailing Address:

Santa's Mailbox
Town of Cortlandt Town Hall
1 Heady Street
Cortlandt Manor, NY 10567

MEET SANTA AT THE YOUTH CENTER

Bring the whole family and enjoy the afternoon with Santa and his helpers! Take pictures, write a letter to Santa, make some holiday cards, and enjoy treats from Mrs. Claus' kitchen!

Location: Cortlandt Youth Center
(3 Memorial Drive, Croton on Hudson)

Day: Saturday, December 7

Time: 2:00 PM- 4:00 PM

Fee: Free

For more information, please visit www.townofcortlandt.com/yc or call the Youth Center at 914-736-0498.





Join us! FAMILY FUN DAY



Saturday, October 5, 2024
Rain date, Sunday October 6, 2024



Cortlandt Youth & Recreation Center
3 Memorial Drive, Croton on Hudson



3:00 - 7:00 PM

LIVE MUSIC
FOOD TRUCKS
FREE RIDES FOR CHILDREN

FACE PAINTING
PONY RIDES
BALLOON ANIMALS

Visit www.townofcortlandt.com/reconline
to register to be a volunteer!



914-734-1050
tocrec@townofcortlandt.com
www.townofcortlandt.com/rec

Sponsored by
Supervisor: Richard Becker, MD
Town Board:
James Creighton
Cristin Jacoby
Robert Mayes
Joyce White





Join us for the Fifth Annual

CORTLANDT WINTER WONDERLAND

Join us for an afternoon of winter family fun!

Saturday, December 14, 2024

Rain/ Snow date: Sunday, December 15, 2024

3:00 PM- 6:00 PM

**Cortlandt Youth & Recreation Center
3 Memorial Drive, Croton on Hudson**

Follow the Town of Cortlandt on Social Media for more information!

Website:

www.townofcortlandt.com

Facebook:

Facebook/TownofCortlandt

Instagram:

@townofcortlandt

Sponsored By:

Supervisor, Richard Becker, M.D.

Town Board:

James Creighton

Cristin Jacoby

Robert Mayes

Joyce White



VAN CORTLANDTVILLE HISTORICAL SOCIETY

The Van Cortlandtville Historical Society welcomes people who are interested in learning more about the history of our community and sharing it with others. The society was founded in 1921 and has been headquartered in the historic Little Red Schoolhouse, 297 Locust Avenue, Cortlandt Manor, since 1972. A primary goal is hands-on education of children about life in the mid-19th century through such activities as the Early School Days program and the annual Colonial Fair, led by history enthusiasts in period clothing. Other activities include reenactments of local military events from the Revolutionary War, erection of roadside markers at local historic sites, annual memorial services, upgrading of Van Cortlandtville Memorial Park and rehabilitation of the Van Cortlandt family plot in Hillside Cemetery.

The society welcomes appropriate memorabilia and genealogical records from local residents. The society's regular meetings, at 2 PM at the Schoolhouse on the third Saturday of most months, feature a variety of presentations that extend far beyond the primary emphasis on early-day education and the rich Revolutionary War history of the community. Visitors and new members are always welcome. Booklets for a self-guided walking tour are available, along with other literature about local historic sites. Most activities are open to everyone at no charge.

For more information, or to schedule a visit, please call the Schoolhouse at 914-736-7868, visit www.vancort.net or email society@vancort.net.



Cortlandt Community Rowing proudly supports the Town of Cortlandt's commitment to helping outdoor recreation and wellness thrive in our community.

ROWING IS A LIFETIME SPORT FOR EVERY BODY!

CCRA promotes health, fitness, and the benefits of team participation through rowing instruction to people of all ages, experience, and ability levels.



CORTLANDT COMMUNITY ROWING

LEARN MORE:

CortlandtRowing.com  Cortlandt Rowing  Viking_Rowing
 CortlandtRowing@gmail.com CCRA is a non-profit 501(c)(3)

Nor-West Regional Special Services

Providing therapeutic recreation programs for individuals with special needs to
Cortlandt, Peekskill, Ossining and Yorktown residents since 1973

LOOKING FOR QUALITY RECREATION FOR A CHILD, TEEN, OR ADULT WITH A DEVELOPMENTAL DISABILITY?

Director, Wendy Greenfield
Program Coordinator, Ed McKay



THERAPEUTIC PROGRAMS FOR INDIVIDUALS WITH DEVELOPMENTAL AND COGNITIVE IMPAIRMENTS

Nor West Regional Special Services is a social service agency that provides community-based therapeutic recreation programs, respite and transportation services to persons with differing abilities residing in the northwestern portion of Westchester County. They serve ages 8-65 in a variety of community-based weekly programs and special events, designed primarily for individuals with developmental disabilities. Transportation is provided to catchment-area residents from central stops in Peekskill, Cortlandt, Yorktown, and Ossining. Individuals living at home and enrolled in the Home & Community Based Services Waiver do not pay registration fees.

PART-TIME EMPLOYMENT- SEASONAL

Nor-West offers employment to students ages 16 and up, working with children and adults. Good working experience for persons interested in working in the Human Services or Special Education fields. Make your own work schedule, flexible hours. Call Nor-West for an application.

THERAPEUTIC RECREATION

Are you looking for a local recreation program for a child with a developmental disability? Nor-West Regional operates three weekly youth programs during the Fall session, including Instructional Bowling, Afternoon Adventure Trips, and Instructional Swimming. Program is open to residents of Cortlandt, Peekskill, Ossining and Yorktown. Nominal venue fees apply. For additional information and registration materials, visit the Nor-West website.



www.nor-west.org • 914-737-4797
Nor-West is a certified OPWDD respite provider

Town of Cortlandt Facility Rentals

COMMUNITY ROOM, CORTLANDT TOWN CENTER

The Community Room is located at 3131 East Main Street, Mohegan Lake, in the Cortlandt Town Center. It is available for rental use by Cortlandt residents and Cortlandt groups. For more information and to make a reservation please call the Recreation Department Office at 914-734-1052, Monday- Friday, 8:30 AM- 4:00 PM.



TOWN OF CORTLANDT YOUTH AND RECREATION CENTER

Celebrate your child's birthday or host your Scout, Youth, Church, Synagogue, or Civic Organization Groups meeting/ event at the Cortlandt Youth and Recreation Center. The YC is available to rent for birthday parties on Saturdays from 1:30 PM- 3:30 PM for children ages 7 and older. Host up to 20 of your child's friends, where they can play ping-pong, air hockey, pool, foosball, and climb the rock wall. The YC is available Monday- Thursday from 3:00 PM- 8:00 PM for civic organization meetings. Contact Director of the Youth Center, Lindsey Luposello, for more information at 914-736-0498 or lluposello@townofcortlandt.com.



Special Park Facilities

FOR ALL TOWN OF CORTLANDT RESIDENTS:

Please remember that dogs must be leashed at all times and to pick up after your pets.

CROTON ARBORETUM

10 Fox Lane, Croton on Hudson

The Jane E. Lytle Arboretum in Croton-on-Hudson NY provides a variety of walking trails, including a handicap-accessible trail, through wildlife habitats on 22 acres of woods and wetlands. Located at the end of Lounsbury/ Fox Road and following a short drive or walk across the Hudson National golf course, the Arboretum is open seven days a week, 365 days a year. Managed by the Croton Arboretum and Sanctuary Inc., the Arboretum provides programs in conservation, education, and recreation. For directions and information, please visit www.crotonarboretum.org.



FURNACE DOCK LAKE

Furnace Dock Road, Croton on Hudson

The Town of Cortlandt acquired and saved the 100 year old Furnace Dock Lake in 2011.

Rules and Regulations:

- All activities at your own risk
- Park is open dawn to dusk
- Keep pets leashed, clean up after them as well
- All garbage is to be taken out of the park
- Do not remove or destroy plants, wildlife, or artifacts

The following is prohibited:

- Hunting, firearms, alcohol, and camping
- Motorized vehicles and mountain bikes
- Fires, smoking, swimming, and dumping
- Feeding wildlife, metal detectors, and radios
- Fireworks, music, and loud noise



CORTLANDT DOG PARK

130 Sprout Brook Road, Cortlandt Manor

There are two areas designated for small dogs and large dogs. For more information or to report an incident, please contact the Recreation Supervisor, Tim Fisher, at timf@townofcortlandt.com or 914-734-1056. Registration can be found at www.townofcortlandt.com/reconline.

Rules and Regulations:

- Dog Park closes at dusk daily.
- No animals other than dogs may be brought into the fenced area.
- All dogs must be leashed until safely inside the dog park and returned to a leash prior to exiting. Make sure gates are closed after entering and leaving the park.
- Do not leave a leash on a dog in the park. Bring your leash into the park in case of emergency or altercation.
- Dog owners must remain in the fenced area while their dogs are using the dog park. Owners must be in view of their dogs and have voice control at all times.
- Children accompanying dog owners must be strictly supervised and at least twelve years old to be allowed inside unless accompanied by an adult.
- Children under ten years old not allowed (some dogs see small dogs as prey) in large dog area.
- Children under five years old not allowed in the park.
- Spectators should remain outside the fenced area.
- Aggressive dogs and dogs in heat are not allowed.
- Owners must immediately leash and remove dogs from the dog park at the first sight of aggressive behavior.
- Do not bring sick dogs to the park.
- Owners must dispose of waste properly in the designated on-site containers.
- Owners must prevent dogs from digging holes.
- While small bite-sized training treats are permitted, food in bowls, long-lasting chews, or glass containers are not allowed.
- No Smoking and no food are allowed inside of the dog park.
- No more than three dogs per person are allowed on any single visit.
- Puppies less than four months old are not permitted in the park.
- Dogs must be licensed and vaccinated for rabies and DHLPP
- Current license and rabies tags must be worn on the dog's collar at all times.
- Owners are liable for any injury or damage caused by their dog and are fully responsible for their dog's actions.
- Trainers are not allowed to use the park to conduct business. In the event of an emergency, call 911.



HOLLOW BROOK TRAIL

Hollow Brook Trail was dedicated in October of 2016, the trail is part of 70 acres that was given to the Town several years ago. The trail is approximately three quarters of a mile long. The entrance to the trail is located at the bottom of Anton Place in Lake Peekskill. The trail is adjacent to the Hollow Brook Golf Course.

HUDSON RIVER COMMUNITY BOAT LAUNCH

77 Riverview Avenue, Verplanck

Located at the Cortlandt Waterfront Park (Off Riverview Avenue and Broadway in the Hamlet of Verplanck)

Seasonal use *ONLY from April 1st through October 31st, park hours 7:00 AM to Dusk*

Rules and Regulations:

- Town of Cortlandt, Village of Buchanan and Village of Croton residents only
- Use of the ramp for commercial purpose is strictly prohibited
- Town of Cortlandt Boat Launch Permit is required.
- Permit is available at the Cortlandt Town Hall in the Town Clerk's office at 1 Heady Street, Cortlandt Manor, New York 10567, the main phone number is 914-734-1020
- Clear Ramp area- Come in Slow- NO WAKE
- Pull boat around to launching ramp as soon as space becomes available. Pull boat to the tie-down zone and clear the ramp so others may use the boat launch
- Permit for ramp access MUST be in full view on the dash or mirror of your vehicle. If your permit is not in view, you will receive a summons and fines.
- Anyone driving over 5 MPH within 50 feet of the shore will forfeit their permit and be given a summons and fines.
- Boat size not to exceed 22 feet
- NO swimming, sunbathing
- Waterskiing or loitering in the launch area
- NO overnight parking



HOLLOW BROOK GOLF COURSE

1060 Oregon Road, Cortlandt Manor

The Hollow Brook Golf Club is a private/ public course with Cortlandt residents being able to reserve tee times. The Town coordinates those rounds reserved for the exclusive use of Cortlandt residents (agreement on file), Tuesday through Sunday for public use. On Tuesday and Thursday, seven of the tee-times are discounted at \$85.00 after 2:00 PM, Greens fees will be a total \$110.00 for all other tee times Tuesday, Wednesday and Thursday. On Fridays, Saturdays, Sundays and Holidays greens fees will be \$160.00 with no tee times before noon. Prices include greens fees and a cart. Range balls (only available when playing) for \$10.00. Reservations can be made five days in advance by calling 914-734-1500.

Residents will need to purchase a golf sticker (\$12.00) in the Town of Cortlandt Recreation Department of Town Hall located at 1 Heady Street in Cortlandt Manor. This sticker will be placed on the back of your Town of Cortlandt Recreation Photo ID card. If you do not currently have a valid Town of Cortlandt Recreation Photo ID Card, one can be purchased for an additional \$8.00 by providing two forms of proof of residency. For more information regarding Town of Cortlandt Recreation Photo ID Cards or Hollow Brook Golf Stickers, please contact the Recreation Department at tocrec@townofcortlandt.com or 914-734-1050.

Rules and Regulations:

- Tee Times can be made by phone only.
- Tee Times can be made five (5) days in advance, after 10:00 AM i.e. Friday for Tuesday, Saturday for Wednesday, Sunday for Thursday, Monday for Friday, Wednesday for Saturday and Sunday.
- Residents must have golf shoes with soft spikes, collared shirts, golf pants or Bermuda shorts- NO JEANS, CUTOFFS, SHORT SHORTS, and CARGO PANTS OR SHORTS.
- Residents may bring one guest at town fees.
- Residents can only make reservations for themselves and their guest and not another town resident.
- Residents must show their Town of Cortlandt resident card with a golf sticker.
- Residents cannot use the driving range or practice areas unless they are playing golf.
- Additional fees will be charged for food and beverage.
- Additional fees will be charged for the driving range- \$10.00
- Residents will not be allowed on the tee before their Tee Time and do not have access to the Club House.



CHARLES J. COOK PARK

293 Furnace Dock Road, Cortlandt Manor

For over half a century, the Town of Cortlandt has owned the piece of property off Furnace Dock Road now known as the Charles J. Cook Recreation Center. After a 1.5 million dollar renovation in 2000, this recreational facility became one of Cortlandt's most popular venues. This active sports complex offers residents a variety of leisure activities. With a concrete surface, drainage system, filtration system, splash park and as of 2021, a newly upgraded bathhouse. The Charles J. Cook Pool is open daily during the summer from 10:45 AM until 7:00 PM and until 8:00 PM on Friday evenings. Swim areas are staffed with lifeguards, and on-site management.

A water spray park was dedicated in 2016 with five additional features. During June and July, the Town of Cortlandt Swim and Dive Teams hold meets and practice at the Pool.

The Town's summer camp program allows children, grades K through 8th, to enjoy the pool as well as the Charles J. Cook Recreation Center's playground, all purpose ball field, two tennis courts, basketball courts, a fitness trail, and 9-hole miniature golf course.



The nature and fitness trail is approximately ½ mile and consists of an 8-ft wide rustic trail (natural) and twenty (20) pieces of fitness equipment.

The miniature golf course opened in the spring of 2019; Each hole has a Town of Cortlandt inspired feature, such as the Little Red School House, Bear Mountain Bridge, and the Toll House. The course is open to both pool users and the general public during normal operating hours. The golf course will remain open spring, fall, summer, weather permitting.



For residents interested in exploring the natural environment, there are nature trails, the "Touch & Smell" Garden and the Bicentennial Garden. As a tribute to the 200th birthday of the Town of Cortlandt, the Bicentennial Garden includes a beautiful flower garden and a time capsule, containing over 100 items of importance in the Town's history.



CORTLANDT ICE RINK

3 Memorial Drive, Croton on Hudson

From November 23rd - March 1st, the Cortlandt Pickleball Courts are converted to a synthetic ice rink! All attendees must have a Town of Cortlandt Recreation Photo ID Card, please visit page 10 for more information. The Cortlandt Ice Rink ribbon cutting was held at the 2022 Winter Wonderland event.



Hours of Operation:

Fridays, 4:30 PM- 9:00 PM

Skating Sessions:

4:30 PM- 6:00 PM

6:00 PM- 7:30 PM

7:30 PM- 9:00 PM

Saturdays, 12:00 PM- 8:00 PM

Skating Sessions:

12:00 PM-1:30 PM

1:30 PM- 3:00 PM

3:00 PM- 4:30 PM

1/2 HOUR ICE MAINTENANCE

5:00 PM- 6:30 PM

6:30 PM- 8:00 PM

Sundays, 12:00 PM- 6:00 PM

Skating Sessions:

12:00 PM- 1:30 PM

1:30 PM-3:00 PM

3:00 PM- 4:30 PM

4:30 PM- 6:00 PM



*On days that schools are closed the rink will be open and follow a Sunday schedule.

Fees: (90 Minute Skating Session)

\$5.00 Adult

\$3.00 Youth

\$7.00 Guest (Must be accompanied by a Town of Cortlandt Resident)

Skates available at the rink to rent for a \$3.00 fee or you can use your own skates.



HUDSON HIGHLANDS GATEWAY PARK

Sprout Brook Road, Cortlandt Manor

Threatened twice by dense residential development, this land was protected in 1998 when a coalition of more than 35 groups representing homeowners, the homeowners, the community, government agencies and several environmental organizations united to preserve this 352-acre site. The Coalition to Preserve the Hudson Highlands Gateway raised \$6 million to buy the parcel. In May 2000, the Scenic Hudson Land Trust, the Town of Cortlandt and Westchester County purchased the property.

A network of trails in the park exposes visitors to woodlands, streams, steep slopes, bedrock outcroppings and meadows, revealing much human and natural history and providing spectacular river views. The site's upland wetlands are crucial for many frogs and salamanders to survive. Several different snake species use the prominent, east-facing cliffs of the park to warm themselves in the sun. Also, the park's Westchester County location is in one of the country's three major bird migration corridors. Come spring, hundreds of thousands of birds fly over the park where they stop to rest and feed.

Since the property was acquired, the Hudson Highlands Gateway Task Force has been working with The Scenic Hudson Land Trust, the Town of Cortlandt and New York-New Jersey Trail Conference on issues including park improvements, illegal ATV use and assessing the park's natural resources.

Directions: Two parking areas are available; one is shared with Sprout Brook Park, 0.3 miles from the intersection of Sprout Brook Road and Highland Avenue, just past and on the same side as the athletic. Cross road and enter park through the gap in guardrail. Universally accessible parking area is at the end of Doris Lee Drive. Park on gravel in front of fence.

Operating Hours: Open year-round, from dawn to dusk.

Rules and Regulations:

- The park is open dawn to dusk.
- Vehicles are permitted only in the designated parking areas.
- Stay within the posted property boundaries, and be considerate of other visitors and adjoining property owners.
- Keep pets leashed; please clean up after them.
- Do not remove or destroy plants, wildlife or artifacts.
- Always hike with a friend.
- Motorized vehicles, camping, fires, alcohol, firearms, feeding wildlife, smoking, dumping, swimming, metal detectors, mountain bikes and radios are prohibited.



Hudson Highlands Gateway Park has four trails, totaling more than 4.9 miles that traverse the 352-acre site. There are many meandering, wooded roads where one could easily get lost. Please stay on marked trails. The degree of difficulty for the hiking trails ranges from easy to moderate.

(Red Trail)

Annsville Creek Trail 1 mile, approx. 1 hr.

This trail starts at Doris Lee Drive and is universally accessible to the Pond Overlook. It travels by Annsville Creek, which contains breeding trout populations. Fishing is allowed. A sensitive wetland area surrounds the creek.

(Blue Trail)

Upland Trail 2 miles

A steep ascent through a meadow and mixed woods forest brings visitors to a terrific view of the Hudson River. The remainder of the trail encompasses rolling terrain that passes by many historic stonewalls.

(Yellow Trail)

Hudson Overlook Spur 0.6 miles

Distinguished by its scenic overlook, this trail also crosses a small stream that is the outlet for a large wetland upslope.

(White Trail)

Vernal Pool Trail 1.6 miles

Beginning from the northernmost point of the Upland Trail, this trail works its way up and along a ridgeline. As it descends it passes by a large vernal pool, through a wetland and contains a number of steep slopes. Be cautious of wet surfaces. The trail finishes along an old woods road and rejoins the Upland Trail.

YOUR VALLEY, YOUR VOICE, YOUR FUTURE

This and other significant Hudson Valley landscapes are protected by the Scenic Hudson Land Trust with the support of the Lila Acheson and DeWitt Wallace Fund for the Hudson Highlands, created by the founders of Readers Digest Association, Inc. Scenic Hudson also gratefully acknowledges those who helped make this park a reality; Town of Cortlandt, Westchester

County, New York-New Jersey Trail Conference, New York State and many dedicated individuals who donated their time, energy and financial support.



Town of Cortlandt Playgrounds



Charles G. DiGiacomo Recreation Area
Croton Avenue, Cortlandt Manor



Jim Martin Aviation Playground
Cortlandt Waterfront Park
77 Riverview Avenue, Verplanck



Muriel H. Morabito Community Center Playground
29 West Brook Drive, Cortlandt Manor



Old Pond Park
8th Street, Verplanck



Peter Cutignola Memorial Playground
1 Memorial Drive, Croton



Sprout Brook Park Playground
130 Sprout Brook Road, Cortlandt Manor



Sunset Park Playground
82 Sunset Road, Montrose



Tommy Thurber Park Playground
10 Bonnie Hollow Lane, Montrose

LAKE MEAHAGH PARK

Westchester Avenue, Verplanck

Lake Meahagh Park hosts a basketball court, walking path, and is the home of the Town of Cortlandt Community Garden. It is also a boat launch for the CCRA (Cortlandt Community Rowing Association).



OSCAWANA ISLAND NATURE PRESERVE BOAT LAUNCH

Oscawana boat launch is located on Cortlandt Street in Crugers. A launching area for kayak's and canoes; hiking trails that lead out to the Hudson River. It was dedicated on October 4, 2004 by former Cortlandt Town Supervisor Linda D. Puglisi and the Town Board.



PICKLEBALL COURTS

Croton Avenue, Cortlandt Manor

With the increasing popularity of the growing paddle sport, Pickleball, the Town of Cortlandt has converted one tennis court at the Croton Community Recreation Area off of Croton Avenue (Down the road from Walter Panas High School) into four pickleball courts.



3 Memorial Drive, Croton on Hudson

The Cortlandt Hockey Rink located next to the Cortlandt Youth Center has also been converted into five Pickleball Courts. The rink will be used for Pickleball until mid November, when it will be turned into the Cortlandt Ice Rink until the beginning of March.



SPROUT BROOK PARK

130 Sprout Brook Road, Cortlandt Manor

The park is over 22 acres and has two softball fields, a little league field (which includes a snack bar and bating cage), soccer field, an all purpose field, a pavilion available for renting, a playground, and a dog park.



TENNIS COURTS

Nets will be kept up weather permitting at the following locations around mid March:

Lake Street Tennis Courts
Lake Street, Montrose

6 Courts

TOLL HOUSE

28 Bear Mountain Bridge Road, Cortlandt Manor

Located on Bear Mt. Road, Cortlandt Manor, NY Toll House was dedicated on September 22, 2002 and is a visitor center with information about the Hudson Valley. It is opened seasonally from May to November.



WATERFRONT PARK

77 Riverview Avenue, Verplanck

Come and enjoy the Park, which includes a gazebo, fishing, crabbing, playground, veterans memorial, walking path, small boat, kayak and canoe launch area, horseshoe pits (bring your horseshoes). All with a spectacular view of the Hudson River! The Cortlandt Waterfront Park also hosts the Town of Cortlandt Summer Concert and Movie Series in the months of June through August.



TOWN OF CORTLANDT DEPARTMENT OF RECREATION AND CONSERVATION SEASONAL EMPLOYEE APPLICATION
1 HEADY STREET, CORTLANDT MANOR, NY 10567
914-734-1050 TOCREC@TOWNOFCORTLANDT.COM

Last Name		First Name		Phone #		Date Available	
Address		City/ Town		Zip		Email	
Are you 18 years old or older? Yes No If not, what age? DOB							
Minimum age for hire: 14; Lifeguard, Maintenance/Cashier, Jr. Counselor, Playgrounds: 15; Intermediate Counselor: 16; Senior Counselor: 18							
EDUCATION (Name and Location of School)				DEGREE		COMMENTS	
High School							
College							
U.S. Military							
Other							
EMPLOYMENT HISTORY							
From To		Employer		Address		Supervisor	
Phone No.		Phone No.		Sent		Rec'd	
From To		Employer		Address		Supervisor	
Phone No.		Phone No.		Sent		Rec'd	
PERSONAL REFERENCES							
Name		Address		Phone No.		Sent Rec'd	
Name		Address		Phone No.		Sent Rec'd	
CERTIFICATIONS							
Expiration Date		Expiration Date		OTHER CERTIFICATIONS		RECREATION EXPERIENCE	
CPO		CPR		List: Sports, hobbies, special interests, extra-curricular activities, certifications.			
LGT		1st Aid/ RTE					
WSI		Waterfront					
Positions applied for in order of preference							
1.		2.		3.			
Applicants Signature:				Date		Interviewed by: Date	
Recommended for employment		Title		Location		Salary Date	
Yes No		Comment					
Practical Exam							

FOR FULL TIME EMPLOYMENT APPLICATIONS, PLEASE CONTACT TOWN OF CORTLANDT HUMAN RESOURCES AT 914-734-1004.

PRE-SCHOOL/ YOUTH PROGRAM ACTIVITY REGISTRATION FORM

Online registration available for Cortlandt Recreation Programs: www.townofcortlandt.com/reconline

PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPETELY FILLED IN

RPG Last Name _____ RPG First Name _____ RPG DOB _____
(Registered Parent/ Guardian)

Street Address _____ PO Box _____

City _____ Zip _____

Work Phone # _____ Home Phone # _____

Cell Phone # _____ Email Address _____

INJURY RELEASE: I agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

PHOTO RELEASE: I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as planners and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution. By checking "I Accept" line below, you are signing this Agreement.

I Accept _____

Course#	Participants Name		Grade	Sex	DOB	Activity Name	Total Fee
	Last Name	First Name					
Total Fee							\$

NONRESIDENT S: 20% SURCHARGE TO HIGHER RATE FOR ALL PROGRAMS REGISTERED FOR.
NONRESIDENT S ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM.

THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE.
SEPARATE CHECKS FOR ALL PROGRAMS.

**MAKE CHECKS PAYABLE TO AND MAIL TO: TOWN OF CORTLANDT RECREATION DEPARTMENT, 1
HEADY STREET, CORTLANDT MANOR, NY 10567**

*By signing up for a program through Community Pass and the Town of Cortlandt Recreation Department,
you will automatically be enrolled to receive future communications from the Town of Cortlandt.
You may opt of these future communications by clicking unsubscribe.*

FOR OFFICE USE ONLY

TR Receipt # _____
CC Receipt # _____
Amount Paid \$ _____
Date Deposited _____

ADULT PROGRAM ACTIVITY REGISTRATION FORM

Online registration available for Cortlandt Recreation Programs: www.townofcortlandt.com/reconline

PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPLETELY FILLED IN

Last Name _____ First Name _____

Street Address _____ PO Box _____

City _____ Zip _____

Work Phone # _____ Home Phone # _____

Cell Phone # _____ Email Address _____

INJURY RELEASE: I agree to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

PHOTO RELEASE: I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as planners and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution. By checking "I Accept" line below, you are signing this Agreement.

I Accept _____

Participant's Signature _____ Date _____

Course#	Participants Name		DOB	Activity Name	Total Fee
	Last Name	First Name			
				Total Fee	\$

NONRESIDENT S: 20% SURCHARGE TO HIGHER RATE FOR ALL PROGRAMS REGISTERED FOR.
NONRESIDENT S ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM.

THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE.
SEPARATE CHECKS FOR ALL PROGRAMS.

MAKE CHECKS PAYABLE TO AND MAIL TO: TOWN OF CORTLANDT RECREATION DEPARTMENT, 1
HEADY STREET, CORTLANDT MANOR, NY 10567

By signing up for a program through Community Pass and the Town of Cortlandt Recreation Department,
you will automatically be enrolled to receive future communications from the Town of Cortlandt.
You may opt of these future communications by clicking unsubscribe.

FOR OFFICE USE ONLY

TR Receipt # _____
CC Receipt # _____
Amount Paid \$ _____
Date Deposited _____

TOWN OF CORTLANDT RECREATION BOYS YOUTH BASKETBALL 2024-2025 LEAGUE

BEFORE October 30th Fee: \$85 with ID Card \$90 without ID Card

AFTER October 30th Fee: \$95 with ID Card \$100 without ID Card

Mail with check or money order to: Town of Cortlandt Recreation,
1 Heady Street, Cortlandt Manor, NY 10567 OR register online at www.townofcortlandt.com/reconline

TRYOUT INFORMATION

<u>Division</u>	<u>Grades</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
Pee Wee	3, 4	Wednesday, October 30	6:30 PM	Blue Mountain M.S.
Cubs	5, 6	Wednesday, October 30	7:15 PM	Blue Mountain M.S.
Juniors	7, 8	Wednesday, October 30	8:00 PM	Blue Mountain M.S.

Registrations are limited to the number of coaches available.

TRYOUTS: All registrants must attend tryouts even if they played on a team last year.

PRACTICES & GAMES: Teams will practice one night during the week and will play on Saturdays.

Practices will start the second week of November 2024. League play begins Saturday, January 11, 2025.

Circle One: PEE WEE CUB JUNIOR SENIOR

Childs Name _____

School _____

Grade in Fall '24 _____ Height _____ Ft. _____ In. Age _____ D.O.B. ____/____/____ Male _____ Female _____

Pertinent medical information (Allergies, medications, etc.) _____

Has your child played basketball before? **Yes / No** If you played for the Town, what team?

Do you have any conflicts with practices on weeknights (Car pools are not considered conflicts)? Circle One: **Yes / No**

(Practices are 1 night a week, on the same night, Monday- Thursday) If yes, what night do you have a conflict?

Shirt Sizes (Please select one): Adult: **Small** (34-36) **Medium** (38-40) **Large** (42-44) **X-Large** (46-48)

RPG (Registered Parent/ Guardian) _____

Street Address _____ Town _____ Zip _____

Home # _____ Work or Cell # _____

Email _____

Emergency Contact Name _____ Emergency # _____

Player selection is at the coaches discretion. By being selected to play on a team in the above checked league I agree to play on any assigned team or be dismissed from the league.

INJURY RELEASE: I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt.

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Parents Signature _____ Date _____

COACHES AND SPONSORS NEEDED

If you are interested in coaching, please go to www.townofcortlandt.com/reconline to register or call 914-734-1056 for more information. If you are interested in sponsoring a team, please call 914-734-1056. PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position. You will be contacted by the Recreation Supervisor with more information if you are selected.

Boys Basketball League Deadline: October 30, 2024

THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE.

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TOWN OF CORTLANDT RECREATION GIRLS YOUTH BASKETBALL LEAGUE 2024-2025

BEFORE October 28th, Fee: \$85 with ID Card \$90 without ID Card

AFTER October 28th, Fee: \$95 with ID Card \$100 without ID Card

Mail with check or money order to: Town of Cortlandt Recreation,

1 Heady Street, Cortlandt Manor, NY 10567 OR register online at www.townofcortlandt.com/reconline

TRYOUT INFORMATION

Division

Cubs

Midgets

Grades

3, 4

5, 6

Date

Monday, October 28

Monday, October 28

Time

6:30 PM

7:15 PM

Location

Blue Mountain Middle School

Blue Mountain Middle School

Registrations are limited to the number of coaches available.

TRYOUTS: All registrants must attend tryouts even if they played on a team last year.

PRACTICES & GAMES: Teams will practice one night during the week and will play on Saturdays.

Practices will start the second week of November 2024. League play begins Saturday, January 11, 2025.

Circle One: **CUB** **MIDGET**

Childs Name _____

School _____

Grade in Fall '24 _____ Height _____ Ft. _____ In. Age _____ D.O.B. _____ / _____ / _____ Male _____ Female _____

Pertinent medical information (Allergies, medications, etc.) _____

Has your child played basketball before? **Yes / No** If you played for the Town, what team?

Do you have any conflicts with practices on weeknights (Car pools are not considered conflicts)? Circle One: **Yes / No**

(Practices are 1 night a week, on the same night, Monday- Thursday) If yes, what night do you have a conflict?

Shirt Sizes (Please select one): Adult: **Small** (34-36) **Medium** (38-40) **Large** (42-44) **X-Large** (46-48)

RPG (Registered Parent/ Guardian) _____

Street Address _____ Town _____ Zip _____

Home # _____ Work or Cell # _____

Email _____

Emergency Contact Name _____ Emergency # _____

Player selection is at the coaches discretion. By being selected to play on a team in the above checked league I agree to play on any assigned team or be dismissed from the league.

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Parents Signature _____ Date _____

COACHES AND SPONSORS NEEDED

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Girls Basketball League Deadline: October 28, 2024

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TOWN OF CORTLANDT FIRST RESPONDERS GOLF TOURNAMENT

Monday, October 21, 2024 at Hollow Brook Golf Club

1060 Oregon Road, Cortlandt Manor

ALL proceeds from the tournament will be donated to the various First Responder organizations within the Town of Cortlandt. We are looking forward to an enjoyable day.

DEADLINE TO SUBMIT REGISTRATION IS Monday, October 14, 2024.

TOURNAMENT FEES

Volunteer of a Fire Department,
Ambulance Corps, or Auxiliary Group:

\$125.00 per person

(Please bring identification
showing your group membership)

Not a volunteer:

\$175.00 per person

Only attending the dinner:

\$60.00 per person

MAIL REGISTRATION & PAYMENT TO:
TOWN OF CORTLANDT RECREATION
1 HEADY STREET
CORTLANDT MANOR, NY 10567

SCHEDULE

Time

Event

11:00 AM

Registration and Boxed Lunch

12:00 PM

"Shotgun Start" (Scramble Format)

5:00 PM

Barbeque Dinner at Hollow Brook Club House

*If you would like to
reserve a spot or foursome,
please call:*

**Ken Sherman at
914-734-1058**



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Signature of Participant _____ Date _____

Foursome Names

Address

Phone Number

1. _____
2. _____
3. _____
4. _____

For Office Use Only: Amount Paid \$ _____ Date Deposited _____

Town of Cortlandt
Department of Recreation & Conservation
1 Heady Street
Cortlandt Manor, NY 10567-1254

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PLEASE DELIVER PROMPTLY**

POSTAL PATRON



Sign up to receive monthly email newsletters
and weekly updates From the Desk of Supervisor
Dr. Richard H. Becker at
www.townofcortlandt.com/alerts.

This will help keep you, our residents, informed
about everything Cortlandt!

CORTLANDT
Where life works.

Interested to learn more about what the
Town of Cortlandt has to offer?
Scan the codes and visit us on our website or social!



Website



Facebook



Instagram