

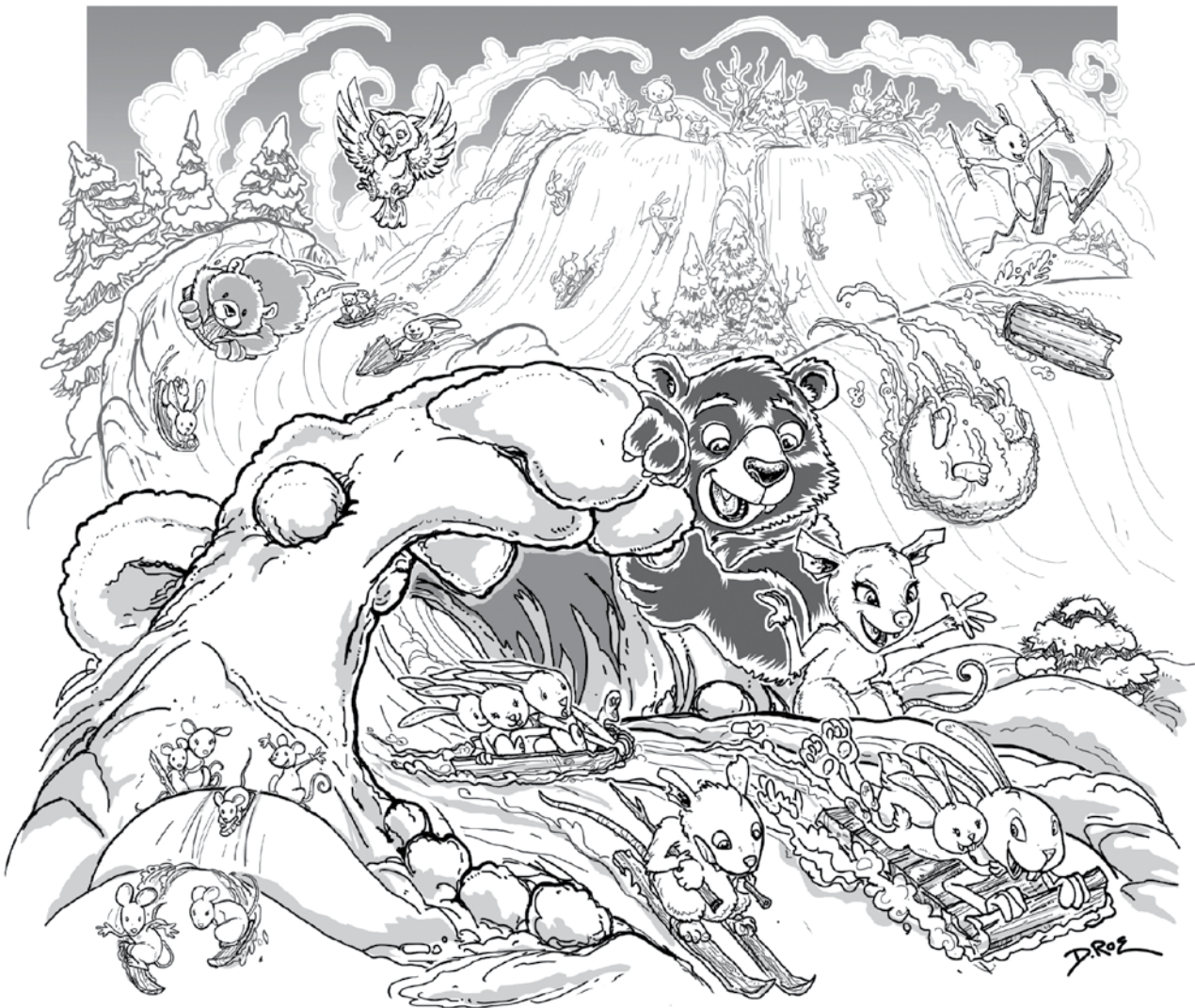


Town of Cortlandt

WINTER / SPRING 2023 RECREATION PROGRAM BROCHURE

— Town Supervisor —
Richard H. Becker, MD

— Town Board —
James F. Creighton | Francis X. Farrell | Cristin Jacoby | Robert E. Mayes





Town of Cortlandt Recreation & Conservation Department

Cortlandt Town Hall
1 Heady Street
Cortlandt Manor, NY 10567-1241

☎ Phone: 914-734-1050
🌐 Website: www.townofcortlandt.com
✉ Email: tocrec@townofcortlandt.com
📘 Facebook: facebook.com/townofcortlandt
📷 Instagram: [@townofcortlandt](https://instagram.com/townofcortlandt)

- Sponsored by the Town of Cortlandt -

TOWN SUPERVISOR

Richard H. Becker, MD

TOWN BOARD

James F. Creighton | Francis X. Farrell | Cristin Jacoby | Robert E. Mayes

PARKS, RECREATION, & CONSERVATION ADVISORY BOARD

Michael J. Huvane, Chairman
Tino Martin, Vice Chairman
Jeffrey Boudin
Daniela Decca
Pamela Bush Denenberg
Jennifer Corrado
Paul DiRoma
Michael Fleming
Nathan Palmer
Pete Ruvolo

ADVISORY BOARD HIGH SCHOOL STUDENTS

Kailee Fleming
Emily Grace Ruvolo

RECREATION & CONSERVATION DEPARTMENT

John Palmiotto, Director.....	914-734-1051
Kenneth Sherman, Deputy Director.....	914-734-1058
Lesley Popkin, Recreation Supervisor II.....	914-734-1057
Tim Fisher, Recreation Supervisor.....	914-734-1056
Greg Kroohs, Senior Recreation Leader.....	914-734-1055
Dawn Mahoney, Director of Senior Services.....	914-528-1572
Rebecca Ferguson, Assistant Director of Senior Services.....	914-528-8377
Lindsey Luposello, Youth Center Interim Director.....	914-736-0498
Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator.....	914-734-1052

OFFICE STAFF

Emma Giovinco | Janice LaFave

The Town of Cortlandt gratefully acknowledges the cooperation extended by the Hendrick Hudson School District, Lakeland Central School District, Village of Buchanan, Village of Croton-on-Hudson, Cortlandt Town Center and to all other groups regarding the use of their facilities and to our business community for supporting our programs and teams.

Table of Contents

GENERAL PROGRAM INFORMATION

Community Pass (Online Recreation Program Registration).....	8
Facility Rentals	48
Forms	
Adult Activity Registration	65
Dog Park Registration	61
Girls Lacrosse League.....	73
Seasonal Employment Application.....	59
Pre-School/ Youth Activity Registration	65
Soccer League	67-68
Travel Soccer	71
Letter from the Town Supervisor	5
Refunds/Credits Policies	10
Sliding Fee Scale for Town of Cortlandt Recreation Dept. Programs.....	10
Storm Preparedness Information.....	6
Storm Water Pollution.....	7
Telephone Listing-Town Hall & Other Locations	Inside Front Cover
Town of Cortlandt Recreation Photo ID Cards & Hollow Brook Golf Stickers.....	9

SENIOR CITIZEN PROGRAMS & EVENTS

Bereavement Support	32
Bus Transportation.....	32
Clubs.....	30
Computer Lab.....	32
Nutrition.....	32
Operation Snowflake	32
Pharmacy/ Prescription Transportation	32
Shopping.....	32
Special Events.....	33-35

SPECIAL ACTIVITIES & EVENTS

Community Garden.....	49
Cortlandt Community Rowing Association.....	50
Hudson River Eaglefest	49
Nor-West.....	51
Town of Cortlandt Egg Hunt	49
Van Cortlandtville Historical Society ..	50

SPECIAL PARK FACILITIES

Bicentennial Garden.....	52
Charles J. Cook Park Mini Golf	55
Cortlandt Boat Launch.....	52
Cortlandt Dog Park.....	53
Cortlandt Roller Hockey Rink	55
Croton Arboretum	52
Furnace Dock Lake.....	52
Hollow Brook Golf Course	53
Hudson Highlands Gateway Park	56
Ice Rink	54
Oscawana Island Boat Launch.....	58
Pickleball Courts.....	58
Playgrounds.....	57
Steven Hebert Memorial Skate Park....	58
Tennis Courts.....	58
Toll House	58

SPORTS LEAGUES & TEAMS-ADULT/ YOUTH

Boys Lacrosse League.....	27
Girls Lacrosse League	27
Little League Information	29
Soccer League	28
Softball League- Men.....	27
Travel Soccer	28

WINTER & SPRING ADULT PROGRAMS

Badminton	12
Basketball (Men's)	12
Defensive Driving	12
Gentle Yoga	16
Guitar Lessons	13
Introduction to Learning Japanese	13
Introduction to Swordsmanship.....	15
Karate.....	14
Meditation Seminar.....	14

WINTER & SPRING YOUTH PROGRAMS

After School Bowling	18
Art Explorers	18
Art Quest.....	18
Basketball Program- Free Play	19
Bumper Bowling.....	19
Hike to the "Secret Cove	19

Pickleball 101	14
Volleyball Advanced	15
Woga I	15
WOGA II.....	16
Yoga, Core, & Stretch	16
Yoga II.....	16
Skyhawks Baseball	20
Skyhawks Basketball	20-21
Skyhawks Flag Football.....	21
Skyhawks Tennis	21
Skyhawks Volleyball	22
Swimming Instruction.....	22
Things that Creep, Crawl, & Fly.....	22
Wet & Wild: Amazing Amphibians	23
What Lives in a Pond?	23

WINTER & SPRING PRE-SCHOOL PROGRAMS

Storybook Cooking Classes.....	24
Skyhawks SoccerTots.....	25
Yoga for Little Leaners	26

YOUTH CENTER

5th Grade Open House	47
5th Grade Welcome Aboard Luau.....	47
American Red Cross Babysitting	42
Broadway All Stars.....	42
Canteen at Community Center.....	42
Cortlandt Community Coalition	36
Creative Cooking	43
Game Café at the C.U.E.	43
Home Alone	43
Hours of Operation	36
Interview Skills 101.....	46
Musical Theater Workshop.....	44
Open Gym at Hendrick Hudson High School	44
Resumania	46
YC Clean-Up.....	44
YC Family Programs for Grades 1st-5th	45
YC Programs for Grades 6th-12th.....	38-41
YC Specialty Programs Grades K-12th.....	42-45
Youth Employment Services Y.E.S.	46

CORTLANDT TOWN HALL

Main Telephone Number

914-734-1000

DEPARTMENT OF ENVIRONMENTAL SERVICES 167 Roa Hook Road, Cortlandt Manor, NY 10567

Director	Steve Ferreira, P.E.	914-737-0100
Deputy Director	Brent VanZandt, P.E.	914-737-0075
Deputy Director	Christina Edwards	914-737-0100
Working Supt. Highway		914-737-0075
Highway & Parks Division		914-737-0075
Sanitation Division		914-737-0100
Water Division		914-734-1026
Water Division Billing Issues, Northern Westchester Joint Water Works		914-737-5380 EXT 114

HOTLINE FOR INFORMATION AND EVENTS

914-734-1000 EXT 28

DIRECTOR OF OPERATIONS

Claudia Vahey

914-734-1004

JUSTICE COURT

Judge Kimberly Ragazzo

914-734-1090

Judge Maritza Fugaro-Norton

914-734-1090

JUSTICE COURT CLERK

Audrey Stewart

914-734-1090

MURIEL H. MORABITO COMMUNITY CENTER 29 West Brook Drive, Cortlandt Manor, NY 10567

Office of the Aging Director	Dawn Mahoney	914-528-1464
Nutrition Site Manager & Assistant to Director	Rebecca Ferguson	914-528-8377

DEPARTMENT OF PLANNING & COMMUNITY DEVELOPMENT

Director	Christopher Kehoe	914-734-1080
Assistant Director	Rosemary Boyle-Lasher	914-734-1083

PURCHASING DEPARTMENT/ CENTRAL SUPPLIES

Director of Purchasing	Jennifer Glasheen	914-734-1046
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RECEIVER OF TAXES

Debra A. Carter

914-734-1030

DEPARTMENT OF RECREATION AND CONSERVATION

Director	John Palmiotto	914-734-1051
Deputy Director	Ken Sherman	914-734-1058

SUPERVISOR

Secretary to the Supervisor	Richard H. Becker, MD	914-734-1002
Assistant to the Supervisor	Judi Peterson	914-734-1002
Assistant to the Supervisor	Dianne Carroll	914-734-1101
Assistant to the Supervisor	Elvia Sinchi	914-734-1002

DEPARTMENT OF TECHNICAL SERVICES- CODE ENFORCEMENT, ENGINEERING, AND PLANNING

Director D.O.T.S	Michael Preziosi, P.E.	914-734-1060
Deputy Director, D.O.T.S.	Artie D'Angelo, Jr., P.E.	914-734-1060
Director, Code Enforcement	Martin Rogers, P.E.	914-734-1010
Assistant Director, Code Enforcement	Holly Haight	914-734-1015

TOWN ASSESSOR

Nanette J. Albanese

914-734-1040

TOWN ATTORNEY

Thomas Wood

914-736-0930

DEPUTY TOWN ATTORNEY

Michael Cunningham

914-736-0930

TOWN COMPTROLLER

Patricia Robcke

914-734-1070

TOWN CLERK

Laroue Shatzkin

914-734-1020

YOUTH & RECREATION CENTER 3 Memorial Drive, Croton on Hudson, NY 10520

Youth Center Interim Director	Lindsey Luposello	914-736-0498
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Letter from the Supervisor

Dear Cortlandt Resident:

The winter and spring seasons are upon us after a great and very fun Fall season. We were all excited to return to many of our pre-pandemic programs including the annual Cortlandt Family Fun Day, Community Swap, the 5K race, the Golf outing to benefit our first responders and ending with our very popular Halloween events. It was wonderful to see so many of our families and friends at our events. This Winter/Spring recreation brochure has many excellent programs that offer varied recreation opportunities to all members of our community. This year we are also excited to offer a new synthetic ice skating rink located at 3 Memorial Drive next to our Youth Center. The rink will be open Thursday to Sunday with various hours of operations. We hope our residents will enjoy this new amenity through the months of November – March. More information can be found in this brochure as well as on our website and social media.



Here are some highlights of events coming up this season:

9TH ANNUAL "CORTLANDT SENIORS ACADEMY AWARDS AFTERNOON"

Tuesday, March 7; Snow date Wednesday, March 8

HUDSON RIVER EAGLEFEST

Saturday, February 4 (Snow Date, TBD)

EGG HUNT

Saturday, April 1; Rain Date: Sunday, April 2

Did you know the Town of Cortlandt sends out weekly e-newsletter on Fridays to help keep you, our residents informed about everything Cortlandt? Learn about upcoming local events, must-have apps, employment opportunities, community achievements, messages from the Desk of Supervisor Dr. Richard Becker and more! You can subscribe by visiting <https://lp.constantcontactpages.com/su/1UuJlzo>. Share this with your family and friends!

Wishing you a wonderful Winter/Spring season with friends and family. Enjoy all of our fun filled events and activities.

Sincerely,

Richard H. Becker, M.D.
Supervisor, Town of Cortlandt



STORM PREPAREDNESS

TOWN OF CORTLANDT INFORMATION

IMPORTANT RESOURCES AND LINKS

Con Edison
800-752-6633 | www.coned.com

Sign up for alerts on the Town of Cortlandt Website:
www.townofcortlandt.com/alerts

TOWN OF CORTLANDT, DES HIGHWAY DIVISION

914-737-0075
highway@townofcortlandt.com
for downed trees and/or wires

TOWN OF CORTLANDT TOWN HALL AND WEBSITE

914-734-1000
www.townofcortlandt.com

TOWN OF CORTLANDT FACEBOOK

www.facebook.com/townofcortlandt

OPTIMUM CABLE, NY

BRONX / BROOKLYN / WESTCHESTER
Residential Customer Service 718-860-3513
www.optimum.net

VERIZON FIOS

800-837-4966
www.verizon.com/home/fios/

NYS POLICE

Non-Emergency Phone 914-737-7171

WESTCHESTER COUNTY POLICE

Non-Emergency Phone 914-864-7701

EMERGENCY 911

STORM PREPAREDNESS CHECKLIST

- ☐ Pay close attention to weather advisories and storm warnings



- ☐ Keep a flashlight and fresh batteries handy



- ☐ Refuel vehicles and ensure they are in good working condition



- ☐ Have a battery powered radio to keep informed of restoration efforts



- ☐ Have a plan to check on vulnerable neighbors and family members



- ☐ Stock water and packaged or canned foods that do not require refrigeration



- ☐ Have a phone that does not require an electric outlet to operate; Charge cell phones or have a car cell phone charger



- ☐ Ensure adequate supplies of medications, cash, and other necessities



- Stay at least 30 feet away from downed power lines, and lines that may be entangled and hidden in fallen trees. Assume a downed line is live.
- Avoid using candles for illumination.
- Never use outdoor gas or charcoal grills, indoors as they pose a fire hazard and, over time, can give off deadly carbon monoxide gas. Use these appliances outdoors only, with proper ventilation. Operate motor vehicles outdoors only, and never in the garage.

SOLUTIONS TO STORMWATER POLLUTION

EASY THINGS YOU CAN DO EVERY DAY TO PROTECT OUR WATER

Stormwater is water from rain or melting snow that flows from rooftops, paved areas and lawns that doesn't soak into the ground but runs off into waterways, like streams, ponds, lakes, and rivers.

As it flows, stormwater runoff collects and transports soil, animal waste, salt, fertilizers, oil and grease, pesticides, litter and other potential pollutants. This pollution can enter groundwater, streams, lakes, ponds, and rivers and can even affect the quality of our drinking water.

Increase in impervious surfaces cause more stormwater runoff. Because less water is soaking in, flooding can become more frequent and more destructive.

The Town of Cortlandt is a regulated community and has enacted updated Town ordinances governing stormwater. To learn more, visit our website at: www.townofcortlandt.com/stormwater

WHAT CAN YOU DO TO HELP WITH STORMWATER ISSUES?

LAWN CARE

Most lawns tested in Westchester County DO NOT need more phosphorus. If you must fertilize, use phosphorus-free fertilizer (where the middle number on the bag is zero). Excess fertilizer flows into streams, lakes, rivers, and reservoirs, where it can degrade drinking water, lead to algae and plant growth and contribute to fish kills. Don't fertilize when rain is expected. Leave grass clippings on the lawn to recycle nutrients. More information on lawn care is available in the Town of Cortlandt Recycling brochure.



SEPTIC SYSTEM MAINTENANCE

Failing septic systems can contaminate groundwater, drinking water and surface flows. Most of the Town of Cortlandt is serviced by individual septic systems. Your septic system should be pumped and inspected regularly. Generally, septic tanks should be cleaned out every 3-5 years, depending on the size of the tank. Do not pour chemicals, paints, fats, or excess medications down your pipes. Driving on or parking on septic field may damage them.

SCOOP THE POOP

Please pick up after your dog or cat. It doesn't matter the size of the animal- all animal waste has an impact. Animal waste is easily carried by runoff, washing off roads and lawns. Pet waste contains harmful bacteria and phosphorus that can promote the growth of weeds and algae.



LANDSCAPING HELPS

Keep vegetation and organic material on the soil, especially on slopes. Landscape to limit the steepness or length of slopes. Build a buffer of vegetation by watercourses to help filter sediment. Replace the lawn at water's edge with shrubs, hedges or trees. Anything that slows the flow of water will help us give time for the pollution to be removed.

CARE FOR YOUR CAR

Little drops of oil and gas add up. One pint of oil can cause an oil slick the size of a football field. Take used motor oil to gas stations. NEVER pour it down the drain. Take other fluids to approved recycling locations. Use saw dust or kitty litter to clean up leaks and spills in your driveway. Wash your car on your lawn if possible to capture runoff.

REPORTING STORMWATER POLLUTERS

Your actions or the action of your neighbor can affect water resources. We are all downstream of someone. No polluted water should be allowed to go into our stormwater system. If you notice pollution of Stormwater you can report the details to the Town of Cortlandt Stormwater Hotline at 914-293-0900 or Town Code Enforcement at 914-734-1010.



HOW TO REGISTER FOR RECREATION PROGRAMS ONLINE

**WINTER / SPRING 2023 ONLINE REGISTRATION WILL BEGIN ON:
THURSDAY, JANUARY 5, 2023, 8:30 AM**



To create a family account and register for programs, follow the instructions below or on the Community Pass site.

HOW TO CREATE A FAMILY ACCOUNT:

1. Go to www.townofcortlandt.com/reconline
2. From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
3. On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
4. On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.' Then click 'Finish.'
5. Please save your login and password for future use.

HOW TO REGISTER FOR PROGRAMS:

1. Go to www.townofcortlandt.com/reconline to log back into the system.
2. Log in using the permanent username and password for your account.
3. Click the 'Click Here to Register' button.
4. Select the applicable Catalog by clicking the 'Continue' button next to your choice.
5. Verify email. Click 'Continue.'
6. Select the person registering, then 'Continue.'
7. Select the program (s) you wish to attend.
8. When finished with selections, click 'Continue.'
9. Complete payment information.

If you have any questions concerning account activation, registration or payments, please contact us at:
914-734-1050 or reconline@townofcortlandt.com

— IMPORTANT REGISTRATION INFORMATION —

- Registration can also be mailed to the Recreation office (PLEASE NOTE: Due to the popularity of our programming, and accessibility of online registration, mailing in your registration may result in waitlist);
- Office Hours 8:30 AM to 4:00 PM:
Town of Cortlandt Recreation & Conservation
1 Heady Street
Cortlandt Manor, New York 10567-1254
- Use the appropriate registration form included in the back of this brochure for in office and/or mail in registrations.
- Include cash, a check, or a money order payable to THE TOWN OF CORTLANDT RECREATION for the total amount.
- Individual checks are necessary for separate courses and camp programs.
- There is a point when a program must be canceled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. Please register early!
- It is recommended that your registration be completed a minimum of two (2) weeks prior to the start of the program.
- If space is available in any program one week prior to the start of the program, nonresidents will be allowed to participate by paying a 20% surcharge of the higher fee.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.

The Town does not provide accident insurance • The Town is not responsible for typographical errors

TOWN OF CORTLANDT RECREATION PHOTO ID CARDS & HOLLOW BROOK GOLF STICKERS

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

- Previously issued ID cards are NOT acceptable as current proof of residency.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.
- Adult and Youth ID Card fee, \$7.00.
- Senior Citizen ID Card fee (60+, must provide identification), \$3.50.

TOWN OF CORTLANDT RECREATION PHOTO ID CARDS VIA COMMUNITY PASS AND EMAIL

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

1. Residents must first create an account through Community Pass (*Please be sure to enter every household member into your family account that you would like to have registered for a Town of Cortlandt Recreation ID Card):
 - Go to www.townofcortlandt.com/reconline
 - From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
 - On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
 - On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.'
 - Then click 'Finish!' Please save your login and password for future use.
2. Each adult resident in the household requesting an ID Card must submit two forms of proof of residency (Drivers license, current utility bill, current paystub, check with Town of Cortlandt address, car registration, etc. Previously issued ID cards are NOT acceptable as current proof of residency), via email to recidcard@townofcortlandt.com, along with the following.
 - Residents must also specify which family members in their account would like an ID Card
 - Residents must also submit photos of each family member requesting an ID Card
 - *In color*
 - *Taken within the past 6 months, showing current appearance*
 - *Use a clear image of your face. Do not use filters commonly used on social media.*
 - *Full face, front view with a plain background*
 - *Have someone else take your photo. No selfies.*
 - *Do not wear a hat or headgear*
 - *Do not wear sunglasses*
3. Office staff will then register each family member for their ID Cards.
4. Residents will be notified when their ID Cards are registered through Community Pass. **Families will not be eligible to register for any other program until the balance for their ID Cards is paid in full.**
5. Finally, office staff will print the physical ID Cards, and mail them to the address on the residents Community Pass account.

Residents may also get Town of Cortlandt Recreation Photo ID Cards in office at Town of Cortlandt Town Hall located at 1 Heady Street, Cortlandt Manor, Office #11; hours are Monday- Friday, 9:00 AM- 3:30 PM.

*** FOR HOLLOW BROOK GOLF INFORMATION, PLEASE SEE PAGE**

Buchanan and Croton residents may use their Village ID card to receive our ID card rate for all programs except our summer swim passes and summer swim lessons. If you have a Buchanan or Croton Village ID Card and wish to register for a program online, please contact the Town of Cortlandt Recreation Department at recidcard@townofcortlandt.com.

GENERAL TOWN OF CORTLANDT RECREATION DEPARTMENT INFORMATION

CREDITS/ REFUNDS

- **A full refund will be issued for any program cancelled by the Recreation Department.**
- Any refund request because of illness or accident must be submitted in writing and be accompanied by a doctor's note. Refunds will be prorated based on the date received. **Requests must be made prior to the end of the program and will not be considered when a program is half over.** All requests must be submitted in writing.
- All other refund/credit requests (other than medical) must also be submitted in writing and will be assessed a \$15.00 processing fee and issued a prorated program credit based on the date received. The credit must be used within two years from the date and must be mailed in with your application to ensure proper credit towards your next program or league registration. The credit is not replaceable – original form must be submitted for credit.
- Whether the initial registration is paid via cash, check, or credit card, **all refunds** will be issued via check.

SLIDING FEE SCALE AVAILABLE

It is the intention of the Town that no resident of the Town be denied the ability to participate in programs because of an inability to pay. Income Tax backup is necessary, unemployment information, and any other paper work is requested for financial help already received by any other agencies. The fee reduction can be used with any program registration, sports league or resident pass in the Recreation Division. Fee reduction applications are available in the Recreation Office through Emma Giovinco at emmag@townofcortlandt.com or 914-734-1054 or John Palmiotto, Director, Town of Cortlandt Recreation & Conservation at 914-734-1051.

RECREATION "SUGGESTION BOX"

There may be an activity or program that you enjoy which is not presently offered by the Town of Cortlandt Recreation Department. You may also have ideas for new programs or constructive comments on the improvement of existing programs and services. In either case, the Town of Cortlandt Recreation Department encourages residents to express their ideas and concerns! Help us offer the best programs and services! Send all ideas and comments to tocrec@townofcortlandt.com.

HANDICAPPED ACCESSIBILITY

Programs described in this brochure have been audited by our staff to determine general accessibility. All Town of Cortlandt facilities and Schools that are used to hold our programs are barrier free. For programs that are held outdoors please call the Recreation Department at 914-734-1050 for information.

TOWN OF CORTLANDT RECREATION DEPARTMENT PROGRAMS AND COVID-19

- Due to the COVID-19 pandemic and the constantly changing directives coming from federal, state and local authorities all programs in our fall brochure are subject to date, location change and cancelation. We anticipate that many factors will be impacting our programs this season including facility availability from Schools, Health Clubs and County Parks. The Town of Cortlandt Recreation will be following all directives from the CDC, New York State and the Westchester County Health Department. Please be sure to read the information we have included in this brochure regarding COVID-19. We thank you in advance for your consideration. The safety of our participants and staff is our number one priority.

The winter weather is unpredictable, and inclement or dangerous conditions may warrant the cancellation of some programs on those days. Information on cancellations is available at our cancellation hotline, 914-734-1053. Programs cancelled due to inclement weather will be made up if the schedule permits. You may also be contacted via email directly through our online registration software, Community Pass, about cancellations. Please be vigilant to check your email, including your spam.

The Town is not responsible for typographical errors

LOOKING AHEAD

Summer 2023 Camp Registration Important Dates and Reminders

THE SUMMER 2023 RECREATION PROGRAM BROCHURE WILL BE MAILED HOME EARLIER THAN USUAL THIS YEAR!
The brochure should be mailed home to residents mid to late March.

Thursday, March 23rd 8:30 AM: In-office and online registration for all Summer 2023 Recreation Programs begins.

Friday, June 9th: Deadline to register for camp (Day Camp, 5th/6th Grade Camp, and 7th/ 8th Grade) before the late registration fee is applied; a \$25 fee for each session, and a total of \$75 when registering for all three sessions.

Tuesday, June 20th: Deadline to register for Session I (Day Camp, 5th/6th Grade Camp, and 7th/ 8th Grade)

Wednesday, July 5th: Deadline to register for Session II (Day Camp, 5th/6th Grade Camp, and 7th/ 8th Grade)

Tuesday, July 18th: Deadline to register for Session III (Day Camp, 5th/6th Grade Camp, and 7th/ 8th Grade)

Prospective Day Camp, 5th/6th Grade Camp, and 7th/ 8th Grade Information:

Session I June 26th- July 7th* (No Camp on Tuesday, July 4th)

Session II July 10th- July 21st*

Session III July 24th- August 4th*

Day Camp: Charles J. Cook Park

5th/ 6th Grade Camp: Hendrick Hudson High School*

7th/8th Grade Camp: Blue Mountain Middle School*

**All information above is subject to change based on Hendrick Hudson School District availability and scheduling.*



Adult Programs

*Town of Cortlandt Seniors (residents only) ages 60 and over receive a 50% discount for recreation programs
The 50% discount for recreation programs will also be offered to Town of Cortlandt Disabled Veterans and their spouses (proof required).*

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053

THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

BADMINTON

Sanjeeb Dash, Instructor

This will be a non-league badminton program designed for adults. The program is for fun and exercise. Players of all skill levels are welcome to come for free play!

Course Number: 401-1W
Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)
Day/ Dates: Tuesday, starting date: January 24 (8 Sessions)
Time: 6:30 PM- 8:00 PM
Fee: \$40 with ID/ \$45 without ID/ \$54 nonresident

Course Number: 401-1S
Location: Blue Mountain Middle School (7 Furnace Woods Road, Cortlandt Manor)
Day/ Dates: Tuesday, starting date: April 18 (8 Sessions)
Time: 6:30 PM- 8:00 PM
Fee: \$40 with ID/ \$45 without ID/ \$54 nonresident

BASKETBALL

Steve Staiano, Director

Free Play Basketball. Registration closed after third session.

Course Number: 400-1W (18 & Over)
Location: Hendrick Hudson High School Gym (2166 Albany Post Road, Montrose)
Day/ Dates: Tuesday, starting date: January 17 (16 sessions)
Time: 8:00 PM- 10:00 PM
Fee: \$55 with ID/ \$60 without ID/ \$72 nonresident

Course Number: 400-2W (30 & Over)
Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)
Day/ Dates: Saturday, starting date: January 14 (16 sessions)
Time: 10:00 AM- 12:00 PM
Fee: \$55with ID/ \$60 without ID/ \$72 nonresident

DEFENSIVE DRIVING COURSE (6 HOURS TOTAL)

B.J. Jani, Instructor

This is an approved course by the Department of Motor Vehicles. On completion of this course the DMV will reduce points from the license and insurance company's gives discounts on the Liability and Collision portion of the automobile insurance premiums. It is a great course that helps you learn techniques to become a safer driver. PLEASE BRING YOUR DRIVERS LICENSE AND A PEN. Meet in High School front Lobby prior to first class.

Course Number: 403-1W
Location: Hendrick Hudson High School (Room TBA) (2166 Albany Post Road, Montrose)
Day/ Dates: Tuesday & Wednesday; March 14, 15 (2 sessions)
Time: 6:30 PM- 9:30 PM
Fee: \$45 with ID/ \$50 without ID/ \$60 nonresident

Course Number: 403- 1S
Location: Hendrick Hudson High School (Room TBA) (2166 Albany Post Road, Montrose)
Day/ Dates: Tuesday & Wednesday; April 18, 19 (2 sessions)
Time: 6:30 PM- 9:30 PM
Fee: \$45 with ID/\$50 without ID/ \$60 nonresident

GUITAR LESSONS (AGES 14 & OVER)

Larry Del Casale, Instructor

This course is designed for beginners to intermediate level students. All students will begin on the guitar immediately. You will learn songs that you want to play in addition to classic songs. Students will be taught proper technique, the fundamentals of reading music, chord charts and TABs for songs. Students must have their own functioning instrument. Instruction by NYS certified music teacher.

Course Number: 407-1W
Location: Community Room (CUE), Cortlandt Town Center
Date/ Dates: Saturday, starting date: February 4 (5 sessions)
Time: 2:00 PM- 3:00 PM
Fee: \$100 with ID/ \$105 without ID/ \$126 nonresident

Course Number: 407-1S
Location: Community Room (CUE), Cortlandt Town Center
Date/ Dates: Saturday, starting date: April 22 (5 sessions)
Time: 2:00 PM- 3:00 PM
Fee: \$100 with ID/ \$105 without ID/ \$126 nonresident

GUITAR LESSONS- CLASSICAL (AGES 14 & OVER)

Larry Del Casale, Instructor

Beginners to advanced. This course is rooted in proper guitar technique and the reading music. Learn the music of the masters by a professional concert guitarist and NYS certified music teacher. This class is intense yet enjoyable. Students must have a nylon string guitar.

Course Number: 408-1W
Location: Community Room (CUE), Cortlandt Town Center
Date/ Dates: Saturday, starting date: February 4 (5 sessions)
Time: 3:15 PM- 4:15 PM
Fee: \$100 with ID/ \$105 without ID/ \$126 nonresident

Course Number: 408-1S
Location: Community Room (CUE), Cortlandt Town Center
Date/ Dates: Saturday, startong date: April 22 (5 sessions)
Time: 3:15 PM- 4:15 PM
Fee: \$100 with ID/ \$105 without ID/ \$126 nonresident

INTRODUCTION TO JAPANESE LANGUAGE (AGES 12 & OVER)

Nick DeMauro, Instructor

This course is designed to provide an introduction to spoken and written Japanese, aimed towards beginning to intermediate learners. Over the course of this 10 week session, students will learn the essentials of Japanese grammar, vocabulary, and writing. In addition, students will also receive an overview of Japanese culture and history in order to contextualize the language. Both adults and children welcome!

Course Number: 425-1S
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Monday, starting date: March 27 (10 sessions)
Time: 7:30 PM- 8:30 PM
Fee: \$150 with ID/ \$155 without ID/ \$186 nonresident

KARATE & ADVANCED KARATE (AGES 10 & OVER)

CLASS IS SUBDIVIDED BY AGE AND ABILITY

Jeff Butler, Instructor

This is a traditionally taught martial arts class that operates throughout the year. New participants should wear comfortable clothes that are appropriate to go to the gym. Returning students will wear the class uniforms. Belt ranks are given as people progress from one level to the next. Class activities include warm ups, stretching, basic techniques, heavy bag/focus mitts, single and partner drills as well as sparring and self-defense. Parents of youth members: Youth must initially be accompanied by an adult until the instructor gives parents permission to drop them off.

Course Number: 410-1W
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Thursday, starting date: February 16 (16 sessions)
Time: 6:00 PM- 8:00 PM
Fee: \$65 with ID/ \$70 without ID/ \$84 nonresident

MEDITATION SEMINAR

Ruane Edge, Instructor

Meditation is calming the mind to relax. I will be teaching all of you many techniques to be able to calm your mind and relax more. Come and join us for this 2 hour seminar. Eat light before class, bring a pillow or mat to class to sit on. (Chairs are available).

Course Number: 412-1W
Location: Community Room (CUE), Cortlandt Town Center
Day/Dates: Tuesday, March 7 (2 hour session)
Time: 6:00 PM- 8:00 PM
Fee: \$25 with ID/ \$30 without ID/ \$36 nonresident

Course Number: 412-1S
Location: Community Room (CUE), Cortlandt Town Center
Day/Dates: Tuesday, May 16 (2 hour session)
Time: 6:00 PM- 8:00 PM
Fee: \$25 with ID/ \$30 without ID/ \$36 nonresident

PICKLEBALL 101 (AGES 14 & OVER)

Beth Shea, PPR Certified Professional Instructor

This class will teach all participants the rules, scoring, strokes and strategy of this fun and increasingly popular sport. If you like ping pong, you will enjoy pickleball! Full games with scoring will take place in the last two classes. This class is appropriate for brand new players or those who have tried the sport a couple of times and want to learn the basics correctly. Equipment will be provided for the first session.

Course Number: 455-1W
Location: Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/Dates: Tuesdays, Starting Date: February 28 (5 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$75 with ID/ \$80 without ID/ \$96 nonresident

Course Number: 455-2W
Location: Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/Dates: Thursdays, Starting January 26 (5 sessions and no class President's Week)
Time: 1:00 PM- 2:00 PM
Fee: \$75 with ID/ \$80 without ID/ \$96 nonresident

Course Number: 455-1S
Location: Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/Dates: Thursdays, Starting, March 9 (5 sessions)
Time: 1:00 PM- 2:00 PM
Fee: \$75 with ID/ \$80 without ID/ \$96 nonresident

INTRODUCTION TO SWORDSMANSHIP (AGES 12 & OVER)

Jeff Butler, Instructor

A fun class that teaches martial arts swordsmanship with science fiction twist. Class includes warm ups, technique western fencing, drills, and fight choreography. Participants are encouraged to wear gym attire clothes so that they can stretch freely. This class is taught like a martial arts class and uses combat strength sabers for safety. Anyone under the age of 16 must have a parent or guardian present.

Course Number: 432-1W
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Sunday, starting date: February 5 (16 sessions)
Time: 4:30 PM- 6:00 PM
Fee: \$65 with ID/ \$70 without ID/ \$84 nonresident

ADVANCED SWORDSMANSHIP

(Participants must have completed beginner class to register)

Jeff Butler, Instructor

Course Number: 432-2W
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Sunday, starting date: February 5 (16 sessions)
Time: 6:00 PM- 7:30 PM
Fee: \$65 with ID/ \$70 without ID/ \$84 nonresident

VOLLEYBALL ADVANCED

Patrick Ferguson, Supervisor

A non-league volleyball program designed for adults. This program is for fun and exercise. Come out and have a good time!

Course Number: 418-1W
Location: George Washington Elementary School Gym (3634 Lexington Avenue, Mohegan Lake)
Day/ Dates: Wednesday, starting date: March 1 (8 sessions)
Time: 7:00 PM- 9:00 PM
Fee: \$32 with ID/ \$37 without ID/ \$50 nonresident

WOGA I

Ruane Edge, Instructor

As we get older, our muscle mass decreases. Using one pound weights and yoga... we will increase muscles as well as stretch the body with yoga. There will be a 5 minute meditation at the end of class. Please bring yoga mat, 1 pound weight, and water to every class.

Course Number: 442-1W
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Monday, starting date: January 23 (10 sessions)
Time: 11:00 AM- 12:00 PM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

Course Number: 442-1S
Location: Community Room (CUE), April 17 (10 sessions)
Time: 11:00 AM- 12:00 PM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

WOGA II

Ruane Edge, Instructor

Just like WOGA I.... Only doing more reps with weights and more exercises. Ending class with a little Pilates and also a five minute meditation. Please bring yoga mat, 1 pound weight, and water to every class.

Course Number: 442-2W
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Wednesday, starting date: January 18 (10 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

Course Number: 442-2S
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Wednesday, starting date: April 5 (10 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

GENTLE YOGA

Karen Lett, Instructor

A nurturing practice for students who are new to yoga or prefer a slower pace. Decrease stress and increase strength, flexibility, balance, focus, and overall well-being. Special emphasis placed on posture and breath. Bring a yoga mat, water, and a large towel to class. Please also bring blocks and a strap if you have them.

Course Number: 450-1W
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Monday, starting date: January 23 (9 sessions)
Time: 6:15 PM- 7:30 PM
Fee: \$81 with ID/ \$86 without ID/ \$103 nonresident

Course Number: 450-1S
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Monday, starting date: April 10 (9 sessions)
Time: 6:15 PM- 7:30 PM
Fee: \$81 with ID/ \$86 without ID/ \$103 nonresident

YOGA, CORE, AND STRETCH

Karen Lett, Instructor

Deepen your yoga practice and nurture your body. Decrease stress and increase strength, flexibility, balance, focus, and overall well-being. Special emphasis placed on posture, core, and breath. Bring a yoga mat, water, and a large towel to class. Please also bring blocks and a strap if you have them.

Course Number: 449-1W
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Wednesday, starting date: January 18 (9 sessions)
Time: 6:30 PM- 7:45 PM
Fee: \$81 with ID/ \$86 without ID/ \$103 nonresident

Course Number: 449-1S
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Wednesday, starting date: April 12 (9 sessions)
Time: 6:30 PM- 7:45 PM
Fee: \$81 with ID/ \$86 without ID/ \$103 nonresident

YOGA II

Ruane Edge, Instructor

This class is for more experienced yoga people. More poses, and deepening breathing.

There will be a 5 minute meditation at the end of class. Please bring yoga mat and water to every class.

Course Number: 452-1W *some yoga experience required
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Tuesday, starting date: January 17 (10 Sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$90 with ID/ \$95 without and ID/ \$114 nonresident

Course Number: 452-1S *some yoga experience required
Location: Community Room (CUE), Cortlandt Town Center
Day/ Dates: Tuesday, starting date: April 4 (10 Sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$90 with ID/ \$95 without and ID/ \$114 nonresident



Winter & Spring Youth Programs

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053

THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

AFTER SCHOOL BOWLING (AGES 8- 15)

This program is designed for the Town of Cortlandt Youth so that they can experience bowling in a league format with friends and schoolmates. Participants play 2 games of bowling, free shoe rental, trophies, and a year end party.

Course Number:	302-1W
Location:	Cortlandt Bowling Lanes (2192 Crompond Road, Cortlandt Manor)
Day/ Dates:	Friday, starting date: January 20 (10 sessions)
Time:	4:00 PM- 5:30 PM
Fee:	\$125 with ID/ \$130 without ID/ \$156 nonresident
Course Number:	302-1S
Location:	Cortlandt Bowling Lanes (2192 Crompond Road, Cortlandt Manor)
Day/ Dates:	Friday, starting date: April 7 (10 sessions)
Time:	4:00 PM- 5:30 PM
Fee:	\$125 with ID/ \$130 without ID/ \$156 nonresident

AMERICAN RED CROSS BABYSITTING COURSE (Ages 11- 15) See YC SPECIALTY PROGRAMS

ART EXPLORERS (GRADES K- 3RD)

Cathy Carabee-Faiella, Instructor

Enjoy elbow deep excitement experimenting with artist quality materials & techniques including 3D fun, painting, drawing, paper mâché, and collage in an encouraging supportive environment. Your young artist will stretch their imagination & observational skills to develop their own artistic voice while drawing inspiration from famous artists & art from around the world. Creative risk taking was never so much fun! NEW PROJECTS EACH SEASON!

Course Number:	300-1W
Location:	Cortlandt Youth Center, 3 Memorial Drive, Croton
Day/ Dates:	Monday, starting date: January 23 (7 sessions); No class February 20
Time:	4:00 PM- 5:15 PM
Fee:	\$195 with ID/ \$200 without ID/ \$240 nonresident
Course Number:	300-1S
Location:	Cortlandt Youth Center, 3 Memorial Drive, Croton
Day/ Dates:	Monday, starting date: April 17 (7 sessions)
Time:	4:00 PM- 5:15 PM
Fee:	\$195 with ID/ \$200 without ID/ \$240 nonresident

ART QUEST (GRADES 4TH- 8TH)

Cathy Carabee-Faiella, Instructor

Crazy art exercises will help free up that artist in each of us! Acrylic & Watercolor painting, drawing from still life, collage, and more 3D adventures will be covered. Creative risk taking and problem solving is encouraged. NEW PROJECTS EACH SEASON!

Course Number:	300-1W
Location:	Cortlandt Youth Center, 3 Memorial Drive, Croton
Day/ Dates:	Monday, starting date: January 23 (7 sessions); No Class February 20
Time:	5:30 PM- 7:00 PM
Fee:	\$225 with ID/ \$230 without ID/ \$276 nonresident
Course Number:	301-1S
Location:	Cortlandt Youth Center, 3 Memorial Drive, Croton
Day/ Dates:	Monday, starting date: April 17 (7 sessions)
Time:	5:30 PM- 7:15 PM
Fee:	\$225 with ID/ \$230 without ID/ \$276 nonresident

BASKETBALL PROGRAM- YOUTH FREE PLAY (AGES 8-14)

A supervised open gym basketball program on Saturdays. *No registration fee required!

Location: Furnace Woods Elementary School Gym (239 Watch Hill Rd, Cortlandt Manor)

Day/ Dates: Saturday, starting date: January 7 (8 sessions) (No free play Saturday, February 18)

Time: 9:00 AM- 10:45 AM

Fee: Free

BROADWAY ALL STARS (GRADES 2ND- 8TH)- See YC Specialty Programs

BUMPER BOWLING (AGES 5- 8)

An early developmental program designed for youths that are interested in exploring fundamentals of bowling with guaranteed fun and success. Participants play 2 games of bowling, free shoe rental, trophies and a year end party. Parents are encouraged to stay and help with scoring and supervision.

Course Number: 303-1W

Location: Cortlandt Bowling Lanes (2192 Crompond Road, Cortlandt Manor)

Day/ Dates: Friday, starting date: January 20 (10 sessions)

Time: 4:00 PM- 5:30 PM

Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

Course Number: 303-1S

Location: Cortlandt Bowling Lanes (2192 Crompond Road, Cortlandt Manor)

Day/ Dates: Friday, starting date: April 7 (10 sessions)

Time: 4:00 PM- 5:30 PM

Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

CREATIVE COOKING I (GRADES K- 2ND)- See YC Specialty Programs

CREATIVE COOKING II (GRADES 3RD- 5TH)- See YC Specialty Programs

HIKE TO THE "SECRET COVE" (Families with Children 5 & Up)

Terry Kardos, Instructor

Hike to the "secret cove" and explore the Hudson River tideline. To get there, we hike through the forest and discover what spring surprises nature offers.

Course Number: 912-1S

Location: Georges Island Park (Dutch Street, Montrose)
Look for sign at side of gatehouse for exact location

Day/ Date: Sunday, April 30

Time: 1:00 PM -2:30 PM

Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

HOME ALONE (GRADES 5TH- 8TH)-

See YC Specialty Programs

INTERVIEW SKILLS 101 (AGE 14- 18)-

See YC Specialty Programs

MUSICAL THEATER WORKSHOP

(GRADES 2ND-8TH)-

See YC Specialty Programs

RESUMANIA (AGE 14- 18)-

See YC Specialty Programs



The following programs are run by Skyhawks Sports Academy through the Town of Cortlandt Recreation Department.

SKYHAWKS BASEBALL

Learn the fundamentals of fielding, catching, throwing, hitting, and base running– all in a fun, positive environment! Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.

Grades K & 1st

Course Number: 339-1S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: April 15 (6 sessions)
Time: 12:30 PM- 1:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Grades 2nd & 3rd

Course Number: 339-2S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: April 15 (6 sessions)
Time: 1:30 PM- 2:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Grades 4th & 5th

Course Number: 339-3S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: April 15 (6 sessions)
Time: 2:30 PM- 3:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

SKYHAWKS BASKETBALL

This fun, skilled-intensive program, is designed for beginning to intermediate players. Using our progressive curriculum, we focus on the whole player, teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skill-based instruction and small-sided scrimmages.

Ages 3.5- 5

Course Number: 336-1W
Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt)
Day/ Date: Saturday, starting date: February 4 (6 sessions)
Time: 12:00 PM- 1:00 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Ages 6-7

Course Number: 336-2W
Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt)
Day/ Date: Saturday, starting date: February 4 (6 sessions)
Time: 1:00 PM- 2:00 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Grades K-2nd

Course Number: 336-3W
Location: Buchanan Verplanck Elementary School Gym (160 Westchester Avenue, Buchanan)
Day/ Date: Monday, starting date: February 6 (6 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Grades 3rd- 5th

Course Number: 336-4W
Location: Buchanan Verplanck Elementary School Gym (160 Westchester Avenue, Buchanan)
Day/ Date: Monday, starting date: February 6 (6 sessions)
Time: 5:30 PM- 6:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Grades 3rd- 5th

Course Number: 336-1S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Wednesday, starting date: April 12 (6 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Grades 6th- 8th

Course Number: 336-2S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Wednesday, starting date: April 12 (6 sessions)
Time: 5:30 PM- 6:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

SKYHAWKS FLAG FOOTBALL

Experience the excitement of football with Skyhawks Flag Football, fueled by USA Football. Using a curriculum developed by USA Football, coaches teach skills like passing, receiving, kicking, and flag pulling while gaining confidence and learning life lessons in a fun, positive environment!

Grades K- 2nd

Course Number: 338-1S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Monday, starting date: April 17 (6 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Grades 3rd- 5th

Course Number: 338-2S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Monday, starting date: April 17 (6 sessions)
Time: 5:30 PM- 6:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

SKYHAWKS TENNIS

Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis! Our tennis programs focuses on skill and refinement, as well as practice and match play to develop consistent, well-rounded tennis players.

Grades K-2nd

Course Number: 340-1S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Tuesday, starting date: April 11 (6 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Grades 3rd- 5th

Course Number: 340-2S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Tuesday, starting date: April 11 (6 sessions)
Time: 5:30 PM- 6:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

SKYHAWKS VOLLEYBALL

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun filled program! All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting, and serving. This program is designed for the beginning to intermediate player.

Grades 3rd- 5th

Course Number: 337-1W
Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt)
Day/ Date: Saturday, starting date: February 4 (6 sessions)
Time: 12:00 PM- 1:00 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Grades 3rd-5th

Course Number: 337-1S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Thursday, starting date: April 13 (6 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Grades 6th- 8th

Course Number: 337-2W
Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt)
Day/ Date: Saturday, starting date: February 4 (6 sessions)
Time: 1:00 PM- 2:00 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Grades 6th- 8th

Course Number: 337-2S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Thursday, starting date: April 13 (6 sessions)
Time: 5:30 PM- 6:30 PM
Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

SWIMMING INSTRUCTION (AGES 5- 10)

FIRST CLASS IS AN EVALUATION SESSION! Each session will be sub-divided by skill into Swim Levels 1, 2, & 3.

Course Number	Age	Time	Session
319-1W	Ages 4 1/2 to 6 yrs. old	5:00 PM- 5:30 PM	Session A
319-2W	Ages 7 yrs. & 8 yrs. old	5:40 PM- 6:10 PM	Session B
319-3W	Ages 9 yrs. to 10 1/2 yrs. old	6:10 PM- 6:50 PM	Session C

Location: Premier Athletic Club (2127 Albany Post Road, Montrose)
Day/ Dates: Friday, starting date: March 3 (10 sessions) * **No classes on 4/7 and 5/26***
Fee: \$180 with ID/ \$185 without ID/ \$227 nonresident

THINGS THAT CREEP, CRAWL, & FLY (AGES 3 & UP)

Terry Kardos, Instructor

Come explore the world of tiny animals, find their homes, and learn the importance each one plays in our ecological food chain. Bugs will never be just bugs again! Children under 7 must be accompanied by an adult.

Course Number: 908-1S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
(Meet at picnic table under canopy across road behind pool, look for pink sign)
Day/ Date: Sunday, June 11
Time: 1:00 PM- 2:30 PM
Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

WET & WILD: AMAZING AMPHIBIANS (CHILDREN AGES 3 - 7)

Terry Kardos, Instructor

What does that long word mean, anyway? Learn about these animals and how their lives change in so many ways as they grow up. We will learn the calls of some local frogs and play a game. Adult caregivers need not stay, but are welcome to join if children are more comfortable with their presence.

Course Number: 907-1S
Location: Georges Island Park (Dutch Street, Montrose)
Look for sign at side of gatehouse for exact location
Day/ Dates: Sunday, May 7
Time: 1:00 PM- 2:30 PM
Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

WHAT LIVES IN A POND? (AGES 3 & UP)

Terry Kardos, Instructor

We use nets to catch pond creatures and learn about the food chain. Dress in old clothing and footwear that can get muddy- rubber boots recommended. Children under 7 must be accompanied by an adult.

Course Number: 913-1S
Location: Blue Mountain Reservation (Welcher Avenue, Peekskill)
Day/ Date: Sunday, June 4
Time: 1:00 PM- 2:30 PM
Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

YC CLEAN UP (GRADES 6TH- 12TH)- See YC Specialty Programs



Winter & Spring Preschool Programs

Children over the age of four must have a VALID Town of Cortlandt Recreation Photo ID Card to pay the lower rate in programs that require parental participation. If a child is three years old or younger, only the parent must possess a Town of Cortlandt Recreation Photo ID Card to pay the lower rate.

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053

THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

HIKE TO THE "SECRET COVE" (Families with Children 5 & Up)- See winter & spring youth programs

THINGS THAT CREEP, CRAWL, & FLY (Ages 3 & Up)- See winter & spring youth programs

WET & WILD: AMAZING AMPHIBIANS (Children Ages 3- 7)- See winter & spring youth programs

WHAT LIVES IN A POND? (Ages 3 & Up)- See winter & spring youth programs

STORYBOOK COOKING ON ZOOM (Ages 3-6)

Shari Munitz, Instructor

Let's mix it up and do some live cooking with a screen in between. We'll do some creative skill building, go on dynamic literary adventures, and do lots of creative cooking together (apart). As a bonus, through the learning process, your young chef will often prepare something to share with your whole family! The full session ingredients list will be provided before classes begin, so please register early. An adult assistant is required for all attendees.

Course Number: 209-1W
Day/Dates: Tuesday, starting date: January 24 (5 sessions) **No Class 2/21**
Time: 12:30 PM- 1:30 PM
Fee: \$85 with ID/ \$90 without ID/ \$108 nonresident

Course Number: 209-2W
Day/Dates: Wednesday, starting date: January 25 (5 sessions) **No Class 2/22**
Time: 10:30 AM - 11:30 AM
Fee: \$85 with ID/ \$90 without ID/ \$108 nonresident

Course Number: 209-3W
Day/Dates: Wednesday, starting date: January 25 (5 sessions) **No Class 2/22**
Time: 12:30 PM- 1:30 PM
Fee: \$85 with ID/ \$90 without ID/ \$108 nonresident

Course Number: 209-1S
Day/Dates: Tuesday, starting date: March 14 (5 sessions) **No Class 2/21**
Time: 12:30 PM- 1:30 PM
Fee: \$85 with ID/ \$90 without ID/ \$108 nonresident

Course Number: 209-2S
Day/Dates: Wednesday, starting date: March 15 (5 sessions) **No Class 2/22**
Time: 10:30 AM- 11:30 AM
Fee: \$85 with ID/ \$90 without ID/ \$108 nonresident

Course Number: 209-3S
Day/Dates: Wednesday, starting date: March 15 (5 sessions) **No Class 2/22**
Time: 12:30 PM- 1:30 PM
Fee: \$85 with ID/ \$90 without ID/ \$108 nonresident

The following programs are run by Skyhawks Sports Academy through the Town of Cortlandt Recreation Department.

SoccerTots is our flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun! Parent participation required for ages 2-3.5 years. Class is limited to 20 participants.

SOCCERTOTS: LITTLE CUBS (AGE 2)

Course Number: 218-1W

Location: Blue Mountain Middle School Multi Purpose Room (7 Furnace Woods Road, Cortlandt)

Day/ Dates: Saturday, starting date: February 4 (6 Sessions)

Time: 10:00 AM-11:00 AM

Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Course Number: 218-1S

Location: Van Cortlandtville Elementary School (3100 E Main Street, Mohegan Lake)

Day/ Dates: Sunday, starting date: April 23 (6 Sessions)

Time: 9:30 AM-10:15 AM

Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

SOCCERTOTS: CUBS (AGE 3)

Course Number: 219-1W

Location: Blue Mountain Middle School Multi Purpose Room (7 Furnace Woods Road, Cortlandt)

Day/ Dates: Saturday, starting date: February 4 (6 Sessions)

Time: 11:00 AM-12:00 PM

Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Course Number: 219-1S

Location: Van Cortlandtville Elementary School (3100 E Main Street, Mohegan Lake)

Day/ Dates: Sunday, starting date: April 23 (6 Sessions)

Time: 10:30 AM-11:15 AM

Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

SOCCERTOTS: BEARS (AGE 4)

Course Number: 220-1W

Location: Blue Mountain Middle School Multi Purpose Room (7 Furnace Woods Road, Cortlandt)

Day/ Dates: Saturday, starting date: February 4 (6 Sessions)

Time: 12:00 PM- 1:00 PM

Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Course Number: 220-1S

Location: Van Cortlandtville Elementary School (3100 E Main Street, Mohegan Lake)

Day/ Dates: Sunday, starting date: April 23 (6 Sessions)

Time: 11:30 AM-12:15 PM

Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

SOCCERTOTS: GRIZZLIES (AGE 5)

Course Number: 221-1W

Location: Blue Mountain Middle School Multi Purpose Room (7 Furnace Woods Road, Cortlandt)

Day/ Dates: Saturday, starting date: February 4 (6 Sessions)

Time: 1:00 PM- 2:00 PM

Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

Course Number: 221-1S

Location: Van Cortlandtville Elementary School (3100 E Main Street, Mohegan Lake)

Day/ Dates: Sunday, starting date: April 23 (6 Sessions)

Time: 12:30 PM-1:15 PM

Fee: \$109 with ID/ \$114 without ID/ \$137 nonresident

YOGA FOR LITTLE LEARNERS (AGES 3-5)

Instructor, Lyndsay Roy

A fun and creative yoga class designed specifically for young children. This class will guide your child in developing ageappropriate skills to build a healthy foundation for life-long learning, while increasing confidence and coordination, patience and concentration, body awareness and emotional regulation, and so much more. Yoga mats will be provided or feel free to bring your own.

Course Number: 223-1W

Location: Community Room (CUE), Cortlandt Town Center

Day/ Dates: Thursday, starting date: January 19 (10 sessions)

Time: 11:00 AM- 12:00 PM

Fee: \$100/ with ID/ \$105 without ID/ \$126 nonresident



Sports Leagues & Teams Adult & Youth

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053

THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

GIRLS LACROSSE LEAGUE (SPRING) (GRADES 1ST- 6TH)

Stephen Couch, Director

ONLINE REGISTRATION NOW AVAILABLE AT WWW.TOWNOFCORTLANDT.COM/RECONLINE

Competitive Youth Lacrosse involving several local communities. Cortlandt will field teams for 1st & 2nd Grade Girls, 3rd & 4th Grade Girls, and 5th & 6th Grade Girls. Primary focus is on exposure to the sport and the growth of Lacrosse in our area. One to two practices per week, games on Monday - Sunday. There will be an additional fee for uniforms.

All players must register with USLacrosse.org as well as with the Town of Cortlandt Recreation Department. The program requires full equipment. Limited supply of equipment provided.

Coaches Needed! Coaches should register online at www.townofcortlandt.com/reconline.

Application deadline is March 10th.

Parent Meeting: Sprout Brook Lacrosse All Purpose Field

Date: Saturday, March 11th

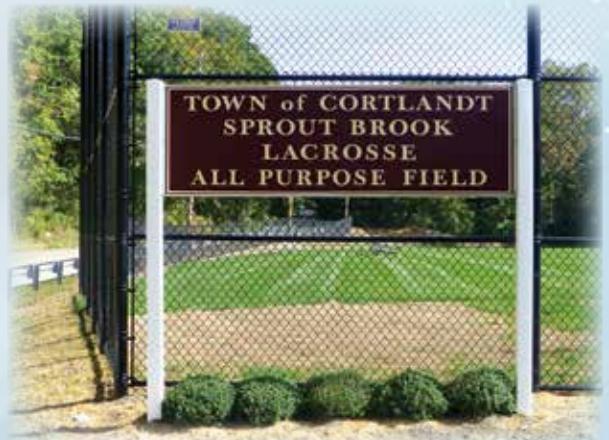
Time: 9:00 AM for all grades

Fee: (1st & 2nd Grade) \$50 with ID/ \$55 without ID/ \$66 nonresident

Late Fee: \$55 with ID/ \$60 without ID/ \$72 nonresident

Fee: (3rd- 6th Grade) \$90 with ID/ \$95 without ID/ \$114 nonresident

Late Fee: \$95 with ID/ \$100 without ID/ \$120 nonresident



BOYS LACROSSE LEAGUE (SPRING) (GRADES K- 8TH)

****This league is not managed through the Town of Cortlandt Recreation Department, please note the contact information for registration below****

The Sailors Youth Lacrosse Club will have four teams by grade: K-2nd Grade Boys, 3rd/ 4th Grade Boys, 5th/6th Grade Boys, 7th/8th Grade Boys. Practices will be two days a week (Tuesday/ Thursday evenings - times TBD) Games will be on Saturdays and occasionally during the week. Schedule will be available in February for all registered players. Equipment is needed. If you are a new player they will help you with equipment for the season.

For more information on how to register, fees, and more please contact at Sailors.Youth.Lacrosse@gmail.com

MENS SOFTBALL LEAGUE

The Town of Cortlandt Recreation Department offers a Men's Softball League for residents. Softball games will take place Monday- Friday, beginning mid April at various fields within the Town of Cortlandt. A preseason meeting will be held in late March for all interested coaches. Fees TBA. For more information contact Recreation Supervisor, Tim Fisher at timf@townofcortlandt.com or 914-734-1056.

Anyone interested in umpiring in the Men's Softball League, please call Recreation Supervisor, Tim Fisher, at timf@townofcortlandt.com or 914-734-1056.



CORTLANDT SOCCER LEAGUE (SPRING) **(GRADES 1-5)**

ONLINE REGISTRATION AVAILABLE AT
WWW.TOWNOFCORTLANDT.COM/RECONLINE

DEADLINE for registration is March 6th. All registrations are accepted on a first-come, first-serve basis. Any application received after March 6th will be charged a LATE FEE, and go on a wait list. Participants on the wait list are NOT guaranteed a spot in the league.

****GRADE IS FOR 2022/2023 SCHOOL YEAR****

BOYS

1st & 2nd Grade Division*
3rd, 4th & 5th Grade Division*

GIRLS

1st & 2nd Grade Division*
3rd, 4th & 5th Grade Division*

Registration Fee:

\$60 with ID/ \$65 without ID/
\$76 nonresident

Late Fee (After 3/6/23):

\$70 with ID/ \$75 without ID/
\$90 nonresident



EVALUATIONS

***Only players that did not participate in the fall 2022 league MUST come for evaluations.** Players who do not attend evaluations will be **PLACED RANDOMLY** onto teams by the recreation division. Teams may remain the same from the fall season dependent upon the number of registrants and the fairness of each team and division. All new players will be placed on a team.

Evaluations will take place at Blue Mountain Middle School as follows:

1st & 2nd Grade Boys Monday, March 13th 6:00 PM
3rd - 5th Grade Boys Tuesday, March 14th 6:00 PM

1st & 2nd Grade Girls Monday, March 20th 6:00 PM
3rd - 5th Grade Girls Tuesday, March 21st 6:00 PM

TRAVEL SOCCER 2023/2024 SEASON

Teams will participate in the East Hudson Youth Soccer League (EHYSL). The program requires 2 practices and one game per week. Practices will start in August. The fall season includes approximately 10 weeks of league play. Half of those games will be home, the other half will be away. The season will then continue in the spring with another 10-week schedule. It is a one-year commitment. Teams may participate in tournaments throughout the year. If your child played in 2022/2023 season they **MUST** attend tryouts. There is no guarantee that they will make the team again.

Do not send fee until child is accepted on a team

Deadline for all applications is Monday, April 17, 2023.

Fee: \$500.00

TRAVEL SOCCER TRYOUTS: Saturday, April 29- Sprout Brook Lacrosse & Multi Purpose Field. Rain date is Saturday, May 13 at Sprout Brook Lacrosse & Multi Purpose Field.

DIVISION

Girls U10/11
Boys U10/U11
GU12
BU12
GU13/U14
BU13/BU14

TIME

8:00 AM – 9:15 PM
9:30 AM – 10:45 AM
11:00 AM – 12:15 PM
1:00 PM – 2:15 PM
2:30 PM – 3:45 PM
4:00 PM – 5:15 PM

BIRTHDATE

Birth Year 2013 or 2014
Birth Year 2013 or 2014
Birth Year 2012
Birth Year 2012
Birth Year 2010 or 2011
Birth Year 2010 or 2011

Multiple age group tryouts will include children in both age groups. If numbers warrant, we will offer a team in each age group. If not, this will be an older team with younger & older players combined. Travel Soccer application located in the back of this brochure.

LITTLE LEAGUE

This program is not run through the Town of Cortlandt Recreation Department, it is run by a board of volunteers.

For more Information please contact: Cortlandt American Little League (C.A.L.L.)

Little League levels of play start at Age 5 up to 15 years old.

Providing little league baseball for youth in the following school districts: Lakeland, Yorktown, and Mahopac.

For more information, view their website at www.callbb.org or email Cortlandtbaseball@gmail.com

CORTLANDT NATIONAL LITTLE LEAGUE (C.N.L.L.) (HENDRICK HUDSON SCHOOL DISTRICT)

Email: cnll@cnllbaseball.org Website: www.cnllbaseball.org

CROTON LITTLE LEAGUE (C.L.L.)

The Little League is open to boys and girls living within the Croton Harmon Union Free School District.

Email: cll2018@gmail.com Website: www.crotonlittleleague.com

CORTLANDT SOFTBALL LITTLE LEAGUE

Girls ages 5 - 12

Registration for Spring Season opens January 1st, 2022

For more information go to <https://www.cortlandtsoftball.info/home>

Email: CSLLPresident@outlook.com or CSLLSecretary@outlook.com

Follow us on Facebook: <https://www.facebook.com/CortlandtGirlsSoftball>



Picture of the Wally Blattman, Don & Sylvia Harfst Sprout Brook Little League Field located at Sprout Brook Park on Sprout Brook Road in northern Cortlandt. It is used by both Cortlandt American and Cortlandt National Little League Organizations.



Senior Services

The Cortlandt Golden Connection

WESTBROOK DRIVE, CORTLANDT MANOR
914-528-1572
www.townofcortlandt.com/seniors



Director: Dawn Mahoney | dawnm@townofcortlandt.com
Assistant Director: Rebecca Ferguson | rebeccaf@townofcortlandt.com

To be ELIGIBLE to participate in any of the following Programs and Services you MUST be a TOWN OF CORTLANDT RESIDENT with proof of residency — a current Con Ed bill or telephone bill required. MUST be least 60+ years of age.



CLUBS

The Nor-Cort/ Cortlandt Club meeting takes place at the Muriel H. Morabito Community Center on Westbrook Drive.* Verplanck Club meets at the Verplanck Schoolhouse, 6th Street, Verplanck. Special events, information symposiums and socials are all part of club membership. To be a member of any of the above-mentioned clubs, you must be a resident of the Town of Cortlandt. Nor-Cort/Cortlandt Seniors' Club- Tuesday, meeting begins at 10:30 AM. Coffee and Cake will be served.

Ongoing Golden Connection Activities at the Muriel H. Morabito Community Center:

Monday	10:30 AM-11:30 AM Line Dance Exercise Class 11:45AM-2:45PM Drop In Pickleball 12:30 PM- 2:30 PM Ceramics Class
Tuesday	10:00 AM-1:00 PM Nor-Cort/Cortlandt Senior Club
Wednesday	10:00AM - 3:00PM Varies- Check monthly calendar
Thursday	10:30 AM-11:30 AM Chair Yoga Exercise Class 10:00 AM-2:00 PM Verplanck Senior Club (Verplanck School House)*
Friday	10:15 AM-11:15 AM Low Impact Exercise Class 12:15 PM-1:00 PM Zumba Gold Exercise Class

EXERCISE COURSE DESCRIPTIONS

We offer a myriad of ongoing exercise classes throughout the year at no cost to Town of Cortlandt Seniors.

Mondays - LINE DANCE

10:30 AM-11:30 AM

Instructor: Cameron Kelly

Come Line Dance! Love to dance but don't have a partner! No problem! Come on over and burn some calories, get some exercise, have some laughs, and meet some great people who love to line dance.

Thursdays - CHAIR YOGA

10:30 AM-11:30 AM

Instructor: Karen Lett

The plan for the chair yoga class is to offer seniors health benefits by working on their physical activity. Seniors can find yoga to help their balance and stability. The participants will learn to work their breath, movement, and energy for balance and stress relief.

Fridays - LOW IMPACT AEROBICS AND MUSCLE STRENGTHENING/FLEXIBILITY 10:15 AM-11:15 AM

Instructor: Lori Barr

Come join this low-impact aerobics/muscle strengthening/flexibility class done to fun music in a safe, supportive, welcoming atmosphere. You'll burn fat, improve your heart health, build stronger muscles, and bones and increase your flexibility. This class is very appropriate for beginners and modifications will be demonstrated for several experience levels. All levels are welcome!

Fridays - ZUMBA GOLD

12:15 PM-1:00 PM

Instructor: Suzi Tipa

Perfect for our active older adults, Zumba Gold incorporates all of the energy, fun, and international rhythms of a traditional Zumba class, but at a lower intensity. Our class introduces easy-to-follow Zumba choreography focusing on balance, range of motion, and coordination. You can modify any of the movements to suit your personal fitness level and goals. Come ready to sweat, and prepare to leave feeling empowered, strong and energized!

Non-resident senior rate available. Please call 914-528-1572 for more details/information



The following programs are funded under the Older Americans Act of 1965 as amended, through the cooperation of:

**The Department of Health & Human Services New York State Office of the Aging
Westchester County Department of Senior Programs & Services Town of Cortlandt**

TOWN OF CORTLANDT SENIOR PROGRAM INFORMATION - To assist seniors with other agency program information a Social Worker is available as needed. Call 914-528-8377 for referral.

BEREAVEMENT SUPPORT

Bereavement support is available to those who are grieving a recent death and provide a safe and supportive environment where people can verbalize feelings associated with a loss. Beth Miller, LMSW will be available for support by appointment only. Please call 914-528-1572 for more information.

BUS TRANSPORTATION TO THE MURIEL H. MORABITO COMMUNITY CENTER

Funded through the US Department of Health and Human Services-Administration on Aging (AoA), New York State Office for the Aging, Westchester County Department of Senior Programs and Services, and the Town of Cortlandt. Transportation is available Monday thru Friday to the Muriel H. Morabito Community Center for lunch and/or senior programs. Seniors are picked up in the morning and returned back home in the afternoon. In order for the Bus Service to operate, **a minimum of 6 seniors are required**. The contribution for bus transportation to and from the center is \$3.00. For congregate meals and bus transportation call (914) 528-5164. Seniors must call the day before by 11:00 AM to secure lunch and/or transportation and some restrictions apply.

COMPUTER LAB AND TECH ASSISTANCE

Community Center staff is available to assist with basic cell phone questions, i.e. Connect to Wi-Fi, create a contact, or even on how to take a selfie. The computers are available for daily use from 9:00 AM- 2:00 PM; except during pre scheduled computer classes.

NUTRITION PROGRAM

An on-site and home delivery service that provides persons age 60+ with a nutritious and well- balanced noon-time meal. Anyone needing or knowing individuals that would benefit from the Home Delivered Service must call for eligibility requirements or for procedure to have lunch at the Muriel H. Morabito Community Center. The contribution for seniors who attend the Nutrition Program is \$3.00 and for Home Delivered Meals is \$4.00. For home delivered meals call (914)528-8377. Grab 'N' Go meal service will continue so that seniors can pick up a hot lunch and take it home. The cost for Grab 'N' Go is \$3.00 per meal.

OPERATION SNOWFLAKE

The Town of Cortlandt Senior Services Division offers a snow shoveling service for eligible Senior Citizens who reside in the Town of Cortlandt based on availability. Seniors who are unable to shovel their walkway should call the Muriel H. Morabito Center at 914-528-8377 for eligibility and registration.

SENIOR CITIZENS MEDICAL & PHARMACY TRANSPORTATION

This service offers transportation to area doctors, medical facilities, pharmacies and back home again to those eligible Town of Cortlandt Seniors. The Medical car runs on Monday, Thursday, and Friday. Transportation available to the following areas: Yorktown, Jefferson Valley, Lake Peekskill, Peekskill, Cortlandt Manor, Buchanan, Verplanck, and Croton on Hudson. For advanced reservations and information call Becky Ferguson at 914-528-8377. The contribution for the medical car is \$5.00. *Some restrictions apply. Seniors must be independent and/or have a companion to ride/ assist.

SHOPPING

The shopping bus will pick up Cortlandt Seniors at their home to go to the Cortlandt Town Center every Thursday and to the Jefferson Valley Mall on the 3rd Monday of the month. Seniors will be returned to their homes after shopping. The contribution for the shopping bus is \$3.00.

Every Thursday	Cortlandt Town Center, Rte. 6	10:00 AM- 1:30 PM
3rd Monday of Month	Jefferson Valley Mall	11:00 AM- 1:30 PM (If the 3rd Monday is a holiday, the mall bus will run the following Monday.)

Call 914-528-5164 for reservations and information.

*Some restrictions apply. In order for shopping bus to operate a minimum number of 6 seniors are required.

Special Events & Classes

9TH ANNUAL "CORTLANDT SENIORS ACADEMY AWARDS AFTERNOON"

Walk the Red Carpet... Vote on your Fav's... Be Voted Best Dressed... Enjoy A Catered Lunch...

Stop by the Center on March 22 for an afternoon of glam, glitz, goodies, and prizes! Gowns, suits, glamour and garb are encouraged! Walk the Red Carpet and strut your stuff.

Location: Muriel H. Morabito Community Center
Day/ Date: Tuesday, March 7; Snow date Wednesday, March 8
Time: 11:00 AM-2:00 PM; Doors open at 10:30 AM!
Fee: \$7.00 in advance; make checks payable to Cortlandt Rotary Club
Registration: Must RSVP to 914-528-1572 by February 28 with payment.
For more information please call the Cortlandt Rotary at 914-246-0135.



BINGO AFTERNOON

Join the staff for fun, friends and cash prizes! Pots vary.

Location: Muriel H. Morabito Community Center
Day/ Date: Wednesdays: January 11, February 15, March 15, April 12
Time: 12:30 PM- 2:30 PM
Fee: \$7.00 cash entrance fee paid in advance which includes 1 card for each game.
Additional cards, daubers, and bonus games may be purchased the day of the event.
Registration: Pre-registration with payment is required to secure your spot.
Call 914-528-1572 for more information.

COFFEE CLUB

Held every Monday at 12:00 PM. Get to know your neighbors and other seniors in your community. Coffee is provided and you can bring your own snacks.

PICKLEBALL

Learn the fun sport that combines tennis, badminton, and ping-pong. Stop by the Muriel H. Morabito Community Center on Monday afternoons to see what the craze is all about!

PIZZA AND A MOVIE AFTERNOON

Come join us for an afternoon matinee on our 70 inch flat screen.

Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor
Day/ Date: Friday, Jan. 6 New Years Eve
Friday, Feb. 3 Queen Bee
Friday, March 3 Dog
Friday, April 14 Top Gun Maverick
Friday, May 5 Gerry & Marge Go Large
Time: 1:00 PM-3:00 PM or until movie ends
Fee: \$5 (includes pizza, drink and dessert)
Registration: Pre-registration required with payment. Must register no later than 1 week before, maximum 20.

MAH JONGG THURSDAYS

Join us for free Mah Jongg socials on Thursday afternoons from 12:00 PM- 2:00 PM- players of all skill level are welcome to play!

MENS DISCUSSION GROUP

Our men's discussion group is a place for all men aged 60 and over to meet each other in an informal, social environment to share their knowledge and experiences. Wednesdays at 12:00 PM for coffee and conversation.

MEMOIR STORY TELLING: WHAT'S YOUR STORY? MINING OUR MEMORIES FOR EFFECTIVE, ENGAGING PERSONAL STORIES WITH JUDITH HEINEMAN

Our stories our treasures to share as legacies for our families and friends. They preserve and pass on traditions. Stories allow our unique voices to be heard. Everyone has a story worth knowing. Explore the art of memoir and story telling in a fun, safe, interactive, nurturing environment. We will work individually, in pairs and in small groups. Guided exercises and writing prompts will bring memories to life in powerful well-structured narratives. We will discuss the possibility of sharing our newly crafted stories with an invited audience at our last class. No experience necessary.

Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor
Day/Date: Wednesdays, April 5, 19, 26, May 10, 17 (5 sessions)
Time: 12:00 PM- 2:00 PM
Fee: \$30.00; checks payable to the Town of Cortlandt
Registration: Pre-registration required no later than 1 week before with payment.
Minimum number to run the class is 8, maximum is 10. Call 914-528-1572 for more information.

ROCKIN' THE CLOCK

Our ACE-certified instructor, Jody Alesandro, is back! Dance-fitness classes for active seniors and rock lovers of all ages!

Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor
Day/ Date: Wednesdays, March 15, 22, 29, April 5, 12, 19, 26, May 3, 10, 17, 24, 31 (12 sessions)
Time: 10:00 AM- 11:00 AM
Fee: Free

SENIOR CRAFT AFTERNOONS

Join staff from the Hendrick Hudson Library for a fun afternoon creating crafts and memories.

Location: Muriel H. Morabito Community Center
Day/Date: Wednesdays, February 8 and April 19
Time: 12:00pm- 2:00pm
Fee: Free
Registration: Pre-registration required no later than 1 week before class.
Minimum number to run the class is 6; max is 20. Call 914-528-1572 for more information.

WATERCOLOR PAINTING CLASS

Instructor, Hillary Hostetler

Join friends and make new ones. Paint various floral and landscapes with Hillary. Full instruction will be given for beginners through advanced. Bring your own supplies as per supply list. You will receive a supply list when you register. Instructor will NOT provide materials for first class.

Location: Muriel H. Morabito Community Center
Day/ Date: Thursdays, April 6, 13, 20, 27, May 4 (5 weeks)
Time: 12:30 PM- 2:30 PM
Fee: \$60; checks payable to Town of Cortlandt
Registration: Pre-registration required no later than 1 week before with payment.
Minimum number to run the class is 8; max is 10. Call 914-528-1572 for more information.

WII BOWLING

Play Wii Bowling on our large screen TV. New bowlers welcome!

Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor

Day/ Date: Thursdays

Time: 11:45 AM

Fee: Free

YC GAMING

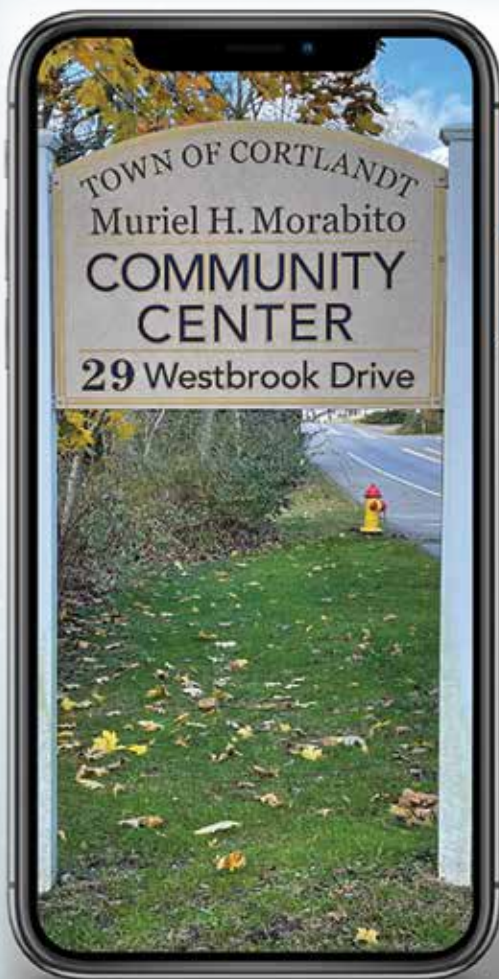
Seniors are welcome to stop by the Youth Center and utilize the game tables including: ping pong, pool, air hockey, and foosball. Participants must provide two proofs of residency and complete a form their first day.

Location: Cortlandt Youth Center, 3 Memorial Drive, Croton

Day/Date: Tuesdays, January 10- April 25(closed 2/21 & 4/4)

Time: 11:00 AM- 1:00 PM

Fee: Free



Stay up to date about all things Town of Cortlandt Senior Services!

Interested in receiving our monthly calendar, specials, trip information, exercise links, and schedule changes?

Call 914-528-1572 to be added to our general email list, exercise email list, or both!

TOWNOFCORTLANDT.COM

Join other Veterans once a month for coffee and bagels for an informal meeting held, generally, on the last Wednesday of the month. (Call 914-528-1572 to check dates). The meeting is held at the Linda D. Puglisi Town Hall, 1 Heady Street, Cortlandt Manor at 11:00 AM. Come meet your fellow Veterans to find out what is happening at the V.A. and other important information pertaining to Veterans.



Youth and Recreation Center

3 MEMORIAL DRIVE, CROTON-ON-HUDSON

914-736-0498

www.townofcortlandt.com/yc

Interim Director: Lindsey Luposello | lluposello@townofcortlandt.com

The Interim Director is available to all young people in our town for conversation, information and referral. Cortlandt Recreation is committed to providing a variety of programs that are socially engaging, educational and fun for youth of all ages.



Banner By: Annalyse & Meg

DROP IN PROGRAM AT THE YC FREE

Drop in activities include: table games - ping pong, pool, air hockey, arts and crafts, video games- Wii & Switch, TV, board games, learning lab, outside activities, basketball, pickle ball and more!

HOURS OF OPERATION

*Youth must be registered participant for the drop-in program.
Visit www.townofcortlandt.com/reconline

GRADES 6TH-12TH

Mon- Thurs: 3:00 PM- 8:00 PM
Friday: 3:00 PM- 9:00 PM
Saturday: 4:00 PM- 9:00 PM
Sunday: CLOSED

GRADES 1ST-5TH

(WITH ADULT SUPERVISION)
Saturday: 1:00 PM- 4:00 PM

HOLIDAY HOURS GRADES 6TH - 12TH

*OPEN AT 1 PM

Monday, January 16
Monday, February 20
Tuesday, February 21
Wednesday, February 22
Thursday, February 23
Friday, February 24
Monday, April 3
Tuesday, April 4
Wednesday, April 5
Thursday, April 6
Friday, April 7

CLOSED

Saturday, December 31
Friday, May 12
(Open only to 5th Grade
Luau Attendees;
Rain date: Friday, May 19)

CORTLANDT COMMUNITY COALITION

HELP US KEEP OUR COMMUNITY SAFE, HEALTHY, AND DRUG FREE

Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator
Call 914-734-1052 for more information



YC Important Information for Parents

YC REGISTRATION PROCESS

For Youth in Grades 6th-12th

All youth must be registered as a YC participant in order to attend our daily and specialty programming. Registration is good for one year & needs to be renewed on a yearly basis. You will be notified by email when it is time to renew.



Go to:
www.townofcortlandt.com/reconline
Search by keyword
"Youth Center"

2023



Blue Mountain Middle School has a bus which drops youth off at the YC Monday - Friday. The bus does not run on half days (both scheduled and unscheduled.) Youth **MUST** be registered online before you can register for a bus pass.
For more information and to register email:
lluposello@townofcortlandt.com



The YC is committed to providing educational programs for our youth which promote positive social development. Programs are implemented after school and with all of our drop-in participants. For more information, please call the YC at 914-736-0498.

YC Programs: Grades 6th-12th

Weekday Programs: January - April

ALL PROGRAMS WILL START AT 3:30 PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Wednesday, January 4: Trivia Day
 Wednesday, January 11: Learn Mores Code Day
 Thursday, January 19: Popcorn Day
 Tuesday, January 24: Compliment Day
 Tuesday, February 7: Send a Card to a Friend Day
 Tuesday, February 14: Valentine's Day Celebration
 Friday, February 17 Random Act of Kindness Day

Monday, March 6: National Oreo Day
 Friday, March 10: Mario Day
 Tuesday, March 14: National Potato Chip Day
 Monday, March 20: World Story Telling Day
 Thursday, April 13: National Scrabble Day
 Tuesday, April 18: National Animal Crackers Day
 Wednesday, April 26: National Pretzel Day



YC Programs: Grades 6th-12th

School Breaks

1:00 PM- 8:00 PM; PROGRAM AT 3:30 PM
 (Fridays close at 9:00 PM)

Monday, January 16: Milkshake Monday
 Monday, February 20: Milkshake Monday
 Tuesday, February 21: Tournament Tuesday
 Wednesday, February 22: Rock Wall Wednesday
 Thursday, February 23: Tie-Dye Thursday
 Friday, February 24: Fashion Forward Friday
 Monday, April 3: Milkshake Monday
 Tuesday, April 4: Tournament Tuesday
 Wednesday, April 5: Rock Wall Wednesday
 Thursday, April 6: Tie-Dye Thursday
 Friday, April 7: Fashion Forward Friday



Participants MUST be registered for the Youth Center to participate in these programs.
To register please visit: www.townofcortlandt.com/reconline.
Programs are subject to change, please visit www.townofcortlandt.com/yc for updated programming

YC Programs: Grades 6th-12th

Weekends: January - April

FRIDAYS

ALL PROGRAMS WILL START AT 7:00 PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

January 6: Karaoke
January 13: Trivia
January 20: Video Game Tournament
January 27: Movie Night
February 3: Billiards (Pool) Tournament
February 10: Game Night- Pictionary
February 17: Henna - Starts at 5:30 PM
February 24: Fashion Forward Friday
March 3: Billiards (Pool) Tournament

March 10: Movie Night
March 17: St. Patrick's Day Celebration
March 24: Game Night- BINGO
March 31: Video Game Tournament
April 7: Karaoke
April 14: Henna - Starts at 5:30 PM
April 21: Trivia
April 28: DJ Night - Starts at 6:00 PM



SATURDAYS

ALL PROGRAMS WILL START AT 7:00 PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

January 7: Game Night-Charades
January 14: Billiards (Pool) Tournament
January 21: Slime Making
January 28: Ping-Pong Tournament
February 4: Movie Night
February 11: Karaoke
February 18: Trivia
February 25: Video Game Tournament
March 4: Game Night-Scategories

March 11: Trivia
March 18: Video Game Tournament
March 25: Movie Night
April 1: Billiards (Pool) Tournament
April 8: Game Night-Uno
April 15: Ping-Pong Tournament
April 22: Earth Day Project
April 29: Slime Making

Participants MUST be registered for the Youth Center to participate in these programs.

To register please visit: www.townofcortlandt.com/reconline.

Programs are subject to change, please visit www.townofcortlandt.com/yc for updated programming

YC Program Descriptions

Grades 6th-12th



APRIL FOOL'S CELEBRATION

Come and see what practical jokes and hoaxes the YC staff have up their sleeves.

BILLIARDS (POOL) TOURNAMENT

Join us for some competition as we set up a pool tournament! Team up or play as a single. We will set up brackets and prizes will be rewarded for the winner(s).

COMPLIMENT DAY

Let's take this day to appreciate one another with compliments.

DJ NIGHTS

Stop in and enjoy the music styling of DJ Randy, dancing and contests with your friends! Lots of prizes!

EARTH DAY PROJECT

Help us celebrate by participating in Earth Day inspired projects & games

FASHION FORWARD FRIDAYS

It's time to let your inner diva-designer out! Join us to create a new and innovative fashion look and then show it off on the catwalk! Participants must use the materials which are provided to them.

GAME NIGHT

Join the YC staff as we play classic board games. We will rotate between Pictionary, Scattagories, Charades, and BINGO! Prizes for winning teams.

HENNA

The YC welcomes Margie from Making Faces Parties, a professional henna artist for a night of creativity and cultural fun as your hand becomes her canvas! Parental permission slip required in order to participate.

KARAOKE

Grab the mic and sing your heart out to your new and old favorite tunes. You can even accompany the song with your best dance moves!

LEARN MORSE CODE DAY

Join us for Morse Code Day where we learn the basics of Morse Code.

MILK SHAKE MONDAYS

Youth will be able to make their own individualized milkshake. The perfect treat to enjoy on their day off from school!

MOVIE NIGHT

Wear your cozy clothes and bring your favorite blanket and friends to the YC to binge watch your favorite movies.

NATIONAL ANIMAL CRACKER DAY

Let's celebrate by eating yummy animal crackers!

NATIONAL OREO DAY

Oh! Oh! Oreo, let's celebrate milk's favorite cookie by enjoying some at the YC!

NATIONAL POTATO CHIP DAY

Choose your favorite potato chip to enjoy at the YC!



YC Program Descriptions

Grades 6th-12th



MARIO DAY

"It's a me, Mario!" Let's celebrate Mario day by playing Nintendo games

NATIONAL SCRABBLE DAY

Bring your thinking caps as we engage in a scrabble tournament. Prizes for winners!

NATIONAL PRETZEL DAY

Let's make our own homemade pretzels with our new pretzel machine!

PING PONG TOURNAMENT

Team up or play as a single. We will have the ping pong table ready for players to compete in a bracket style tournament. Prizes for winner(s)!

POPCORN DAY

As simple as it sounds, join us for a tasty treat of popcorn!

RANDOM ACT OF KINDNESS DAY

Youth will be rewarded for participating in any random act of kindness done while at the YC!

ROCK WALL WEDNESDAY

Over winter & spring break, youth can come by for rock wall inspired competitions. These include rock wall races, a change to get on our wall of fame and more. Parent permission slip must be on file to climb.

SEND A CARD TO A FRIEND DAY

We will have paper, markers and decorations for you to create your own card for a friend.

SLIME MAKING

Experiment with YC Staff as we combine ingredients to create our very own slime!

ST. PATRICK'S DAY CELEBRATION

Wear green as we celebrate St. Patrick's Day at the YC! Celebrations will include Irish music, green decorations and a leprechaun scavenger hunt!

TIE-DYE THURSDAY

Youth should bring a white item (t-shirt, socks, shoe laces, pillowcase) with them to the YC to jazz them up with their favorite tie-dye design and colors.

TOURNAMENT TUESDAYS

Youth choose their tournament type! Video games, sports, or games, it's totally up to them. Stay all day and do all three.

TRIVIA

Put on your thinking caps; it's trivia time! We are going to test your knowledge on many topics including history, celebrities, travel, science, social media and more.

VIDEO GAME TOURNAMENT

The Nintendo Switch & Wii consoles are set-up and ready for a little friendly tournament. Participants choose the game(s) the day of!

VALENTINE'S DAY CELEBRATION

Love is in the air! Let's celebrate this loving holiday with candy & treats for everyone!

WORLD STORY TELLING DAY

Bring your best story, made up or real and we will take turns listening and guessing who is telling the truth.



YC Specialty Programs: Grades K - 12th

See each program for grades; programs listed in alphabetical order

Pre-registration required for all courses. Programs are on a first come, first serve basis.

Go to: www.townofcortlandt.com/reonline to register for these courses. Search by keywords.

AMERICAN RED CROSS BABYSITTING COURSE (AGES 11- 14)

Angela Reeve, Instructor

The ARC Babysitter's Training course is designed to provide youth with the knowledge and skills necessary to safely & responsibly give care for children & infants in a fun and interactive way. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves & others safe, help children behave & learn about basic child care as well as basic first aid. Successful participants earn ARC Certification. Bring water & a snack.

Course Number: 600-1S
Location: Youth Center
Day/Date: Saturday, April 15
Time: 9:00 AM- 4:00 PM
Fee: \$84 with ID/ \$89 without ID/ \$107 nonresident

BROADWAY ALL STARS (GRADES 2ND-8TH)

Robyn Ferracane, Instructor

Love to act or sing? This workshop is for everyone from the beginning student to the seasoned performer. Experience the fun of the theatrical games, audition and having a role in a live production! Taught by a professional actress/director, youth will enjoy nine working classes with a final Spring performance. Space is limited.

Course Number: 620-1W
Location: Youth Center
Day/Dates: Saturdays, January 14- March 18 (no class 2/25) (9 Sessions)
Performance: March 25
Time: 11:00 AM- 1:00 PM
Fee: \$200 with ID/ \$205 without ID/ \$246 nonresident

CANTEEN (GRADES 6TH- 12TH)

Come and join us two nights a week for open gym basketball! Open to Croton, Hendrick Hudson, Lakeland Middle and Panas High School Students or any middle/high school student who is a town resident. Youth must be registered to participant; sign-up forms are available at the program.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Times: Tuesdays & Thursdays; 7:00 PM- 9:00 PM
Fee: Free



CREATIVE COOKING ON ZOOM

Shari Munitz, Instructor

Let's mix it up and do some live cooking with a screen in between. This program will be a mix of cooking, baking, preparing, recipe reading and more. Your young chef might even prepare something to share with the whole family! We'll be cooking together (apart) in this digitally-live creative cooking class. The full session ingredients list will be provided before classes begin. Grade K-2nd: An adult assistant is required for all attendees. Grade 3rd-5th: An adult assistant should be close and readily available.

GRADES K-2ND

Course Number: 643-1W
Day/Dates: Tuesday, January 24 (5 sessions) (no class 2/21)
Location: Online on Zoom
Time: 4:15 PM- 5:15 PM
Fee: \$88 with ID/ \$93 without ID/ \$111 nonresident

Course Number: 643-1S
Day/Dates: Tuesday, March 14 (5 sessions) (no class 4/4)
Location: Online on Zoom
Time: 4:15 PM- 5:15 PM
Fee: \$88 with ID/ \$93 without ID/ \$111 nonresident

GRADES 3RD-5TH

Course Number: 643-2W
Day/Dates: Wednesday, January 25 (5 sessions) (No Class 2/22)
Location: Online on Zoom
Time: 4:15 PM- 5:15 PM
Fee: \$88 with ID/ \$93 without ID/ \$111 nonresident

Course Number: 643-2S
Day/Dates: Wednesday, March 15 (5 sessions) (No Class 4/5)
Location: Online on Zoom
Time: 4:15 PM- 5:15 PM
Fee: \$88 with ID/ \$93 without ID/ \$111 nonresident



GAME CAFÉ AT THE CUE (GRADES 9TH- 12TH)

Croton Harmon, Hendrick Hudson, Walter Panas and town residents who are HS students are welcome to come and hang out with their friends! We have free Wifi, flat screens, Xbox, ping-pong, games, café & more!

Location: Cortlandt Town Center (behind theater)
3131 E. Main St. Mohegan Lake
Days/Time: Friday & Saturday 7:30 PM- 11:30 PM
Fee: Free; *Must show school ID*

HOME ALONE (GRADES 5TH-8TH)

This program will provide each child with the essentials needed when they are home without adult supervision. Discussion will cover first aid, telephone and door answering, activity plans, encountering emergencies and more!

Course Number: 612-1S
Day/Date: Saturday, March 18
Location: Youth Center
Time: 10:00 AM- 11:30 AM
Fee: Free

MUSICAL THEATER WORKSHOP (GRADES 2ND-8TH)

Robyn Ferracane, Instructor, Professional Actress & Teacher

Attention: Singers and actors! Immerse yourself in the world of theater! This workshop is for everyone from the student acting for the first time, to the seasoned performer. This program takes youth from the audition process to a final performance everyone will enjoy. Not only will this workshop be a source of fun and excitement but it will also increase the skill level of every youth; whether their goal is to become a professional actor or use the workshop to have fun and develop life skills. The production is done with some costumes, props and minimal sets. All youth will have a role to play, will receive a script adapted to the students and will be taught the music they need to perform their role. The results will be a wonderful final performance for family.

Course Number: 610-1W
Location: Youth Center
Days/Dates: Monday- Friday, February 20- 24
Performance: Friday, February 24
Time: 9:00 AM- 2:00 PM
Fee: \$200 with ID/ \$205 without ID/ \$246 nonresident

OPEN GYM AT HEN HUD HIGH SCHOOL

For Hendrick Hudson School District Residents Only. Come and join us for some free play basketball! Youth must be registered as a participant of the Youth Center in order to participate.

Location: Hendrick Hudson High School Gym (2166 Albany Post Road, Montrose)
Day/Dates: Monday, Ending June 12th (No program when school is closed)
Time: 7:30 PM- 9:30 PM
Fee: Free

PROBLEM GAMBLING PREVENTION FOR PARENTS

Join us on Zoom as we educate parents on facts, warning signs and dangers of gambling in youth.

Course Number: 688-1W
Location: Zoom
Day/Date: Wednesday, January 26
Time: 7:00pm-8:00pm
Fee: Free

SEAPLANE 500 (AGES 11-ADULT)

Boys and girls indoor rowing race hosted by the Town of Cortlandt YC and the Cortlandt Community Rowing Association (CCRA). Families are invited to come and enjoy an afternoon of erg racing; no experience necessary. Participants will be taught how to operate the erg machine and then will have the opportunity to compete in a 500-meter race. Races will be divided by age and gender. All participants will receive a certificate of completion with their time.

Location: Youth Center
Day/ Date: Saturday, February 4
Time: 3:00pm-5:00pm
Fee: Free

YC CLEAN-UP (GRADES 6TH-12TH)

Join the Glashoffs in this unique program to help clean-up our town! Participants will be given supplies to help them pick-up litter and debris from local sites around the town. Youth will receive volunteer hours for community service. Parents will be responsible for dropping off and picking-up their child at the designated location.

Course Number: 652-1S
Dates/Location: Saturday
March 25- Youth Center
April 22-Cortlandt River Front
Time: 10:00 AM- 11:00 AM
Fee: Free



ROCK WALL HOURS

Youth must have permission slip to climb and proper sneakers/attire. Rock wall hours are subject to change. To ensure the rock wall is open, please call 914-736-0498.

Monday-Thursday: 4:00 PM- 6:00 PM (Grades 6th-12th)

Saturday: 1:00 PM- 3:00 PM (Grades 1st-5th) & 5:00 PM- 7:00 PM (Grades 6th-12th)

WILDERNESS SURVIVAL SKILLS

Stephen Sciame; Blue Fire Experiences- Instructor

This program introduces participants to the basics of wilderness survival techniques and important outdoor skills. Learn how to build survival shelters, gather water, and find edibles in the wilderness. More importantly, find out which of these options should take priority in a survival situation. What tools should you always have access to in an emergency? What other uses can common gear be put to in an emergency situation? The program also shows the basics of fire building and the variety of uses for fire in the wild.

no fires will actually be started

Course Number: 691-1S

Location: Youth Center

Day/Dates: Thursdays, March 23-April 20 (No class 4/6)

Time: 4:30 PM- 6:00 PM

Fee: \$70 with ID/ \$75 without ID/ \$89 nonresident

YC Family Programs: Grades 1st-5th (With Adult Supervision)

MINUTE TO WIN IT

It's challenge time; both mind and body! Teams will have a minute to complete each task to rack-up the most points to win.

Course Number: 603-1W

Location: Youth Center

Day/Date: Saturday, January 14

Time: 1:00 PM- 2:00 PM

Fee: Free

Registration: Pre-registration required for each adult and youth participant

LUCK OF THE IRISH

Help us celebrate the Irish culture this St. Patrick's Day by making your very own lucky hat! Bring your creativity and take your master pieces home with you.

Course Number: 681-1S

Location: Youth Center

Day/Date: Saturday, March 18

Time: 1:00 PM

Fee: Free

Registration: Pre-registration required for each adult and youth participant

VALENTINE'S DAY CREATIONS

It's time to get creative. Participants can decorate their own Valentine's Day cookies as well as make cards for the ones they love.

Course Number: 657-1W

Location: Youth Center

Day/Date: Saturday, February 11

Time: 1:00 PM- 2:00 PM

Fee: Free

Registration: Pre-registration required for each adult and youth participant

EGG HUNT

Come meet and take pictures with the Easter Bunny at our Ninth Annual Egg Hunt! Prizes are available for all participants! Age groups: 2-5 years old and 6 years old and over.

Location: Youth Center

Date: Saturday, April 1

Rain Date: Sunday, April 2

Time: 1:00 PM, Promptly

Fee: Free



Youth Employment Services (Y.E.S.) : Ages 14-18

WE'RE OPEN FOR BUSINESS:

CALLING ALL YOUTH, BUSINESS OWNERS & COMMUNITY MEMBERS

Our mission is to provide a free service which seeks to connect youth ages 14-18 with local businesses and community members who have employment opportunities.

REGISTER NOW!

EMPLOYERS

TEXT:

HIRE

YOUTH

TEXT:

YESINFO

TO: 833-343-0298



By texting keyword, "yesinfo" or "hire" to 833-343-0298 you agree to receive a text message with more information about the YES program. Additional forms will be necessary to receive promotional automated messages. This agreement isn't a condition of any purchase. Msg & data rates may apply. To unsubscribe from the message, respond "STOP".

Youth Employment Services (Y.E.S.) Programs

RESUMANIA (AGES 14-18)

Learn what to include on a cover letter & resume, what employers look for, proper formatting & additional tips to help you stand out! This program is free.

Course Number: 630-1W
Location: Community Room (CUE),
Cortlandt Town Center
3131 E. Main Street,
Mohegan Lake
Day/Date: Saturday, January 28
Time: 10:00 AM- 11:00 AM

Course Number: 630-1S
Location: Community Room (CUE),
Cortlandt Town Center
3131 E. Main Street,
Mohegan Lake
Day/Date: Saturday, March 18
Time: 10:00 AM- 11:00 AM

Course Number: 630-2S
Location: Community Room (CUE),
Cortlandt Town Center
3131 E. Main Street,
Mohegan Lake
Day/Date: Saturday, April 22
Time: 10:00 AM- 11:00 AM

INTERVIEW SKILLS 101 (AGES 14-18)

Learn interview skills and tips to help land your dream job! These skills will set you up for success! This program is free.

Course Number: 631-1W
Location: Community Room (CUE),
Cortlandt Town Center
3131 E. Main Street,
Mohegan Lake
Day/Date: Saturday, January 28
Time: 11:15AM- 12:15 PM

Course Number: 631-1S
Location: Community Room (CUE),
Cortlandt Town Center
3131 E. Main Street,
Mohegan Lake
Day/Date: Saturday, March 18
Time: 11:15AM- 12:15 PM

Course Number: 631-2S
Location: Community Room (CUE),
Cortlandt Town Center
3131 E. Main Street,
Mohegan Lake
Day/Date: Saturday, April 22
Time: 11:15AM- 12:15 PM

YC 5th Grade Fun Club

The 5th Grade Fun Club Program allows 5th grade youth in the Hendrick Hudson School District to participate in a safe and structured environment after school while challenging themselves with a variety of games, activities and special projects. During this time, youth get acclimated to the Town of Cortlandt Youth Center and everything the facility has to offer including but not limited to: indoor game tables, homework room & help if needed, art room, outdoor activities and LifeSkills lessons. Participants are based on the days listed below from Furnace Woods by the HHSD to the YC. It is the Parent's responsibility to pick-up their child by 5:00 PM.

***Pre-registration is required. To register go online to: www.townofcortlandt.com/reconline and search by keywords.**

- You must register your child for this program prior to sending them. You can only register for one day per week (Tuesday, Wednesdays or Thursdays)
- Registration is first come, first serve.
- Youth can only attend on the specific day you register them for. There is no switching days
- You are responsible for sending a note to school each week when your child plans to attend.
- If your child is being picked up by someone other than a parent or guardian please send them with a note or call the YC the day of Fun Club.
- There are vending machines for snacks and drinks. The machines take one and five dollar bills as well as quarters.

The staff does NOT have change.

- Your child may bring their own snack to Fun Club.
- The YC is **NOT RESPONSIBLE** for any personal belongings brought to or left at the center during the program.
- On Friday, May 12 there will be a Luau themed BBQ for all 5th Grade Graduates.
- Youth will be able to participate in the YC's regularly scheduled programming as "6th graders" starting June 26th

Location: Youth Center
Day: Tuesdays, Wednesdays or Thursdays
Dates: February 7- May 4 (no Fun Club when school is closed, has an early dismissal or during 5th grade overnight trip)
Time: School Dismissal- 5:00 PM
Fee: Free
More Info: Contact Lindsey at lluposello@townofcortlandt.com or 914-736-0498.

YC 5th Grade Open House

All 5th Grade 2022 Graduates from the Hendrick Hudson, Lakeland (residents) and Croton Harmon School Districts or who are a Cortlandt resident with their parents are invited to come to the Youth Center to meet the staff, and see all the activities and programs the YC has to offer. Youth will then go outside to participate in group activities, while parents stay inside to learn how to register their children for the YC, learn about the BMMS Bus and get any and all of their questions answered. Light refreshments will be available to enjoy outside as you tour the facility.

Day/Date: Saturday, April 22
Time: 1:00 PM- 2:00 PM
2:00 PM- 3:00 PM
3:00 PM- 4:00 PM
Fee: Free
Registration: Pre-registration for a time slot is required for youth & parent(s); search by keywords.

YC 5th Grade Welcome Aboard LUAU

The YC will host a special LUAU themed DJ Night for 5th Grade Graduates to welcome them to the YC Family! There will be music, snacks, contests and prizes. The Luau is for all 5th Grade Graduates from the Hendrick Hudson, Lakeland (residents) and Croton Harmon School Districts or who are a Cortlandt resident. If your child has any allergies or individual concerns please speak with the YC Director at 914-736-0498. **All youth must be registered members of the Youth Center prior to registering for the Luau.**

Day/Date: Friday, May 12
(Rain date: Friday, May 19)
Time: 6:30 PM- 9:00 PM
Fee: Free
Registration: Pre-registration required. Begins Saturday, April 22 and closes Wednesday, May 10th at midnight. Search by keywords.

Programs are on a first come, first serve basis

Go to: www.townofcortlandt.com/reconline to register for the YC & 5th Grade Programs. Search by keywords.

Town of Cortlandt Facility Rental

COMMUNITY ROOM, CORTLANDT TOWN CENTER

The Community Room is located at 3131 East Main Street, Mohegan Lake, in the Cortlandt Town Center. It is available for rental use by Town residents and Town groups.

For information and to make a reservation please call the Recreation Office at 914-734-1052, Monday through Friday, 9:00 AM-3:30 PM



TOWN OF CORTLANDT YOUTH AND RECREATION CENTER

Celebrate your child's birthday or host your Scout, Youth, Church, Synagogue, or Civic Organization Groups meeting/event at the Cortlandt Youth and Recreation Center. The YC is available to rent for birthday parties on Saturdays and Sundays from 1:30 PM-3:30 PM Saturdays from 1:30 PM-3:30 PM or 2:00 PM- 4:00 PM for children ages 7 and older. Host up to 20 of your child's friends, where they can play ping-pong, air hockey, pool, foosball, and climb the rock wall. The YC is available Monday through Thursday from 3:00 PM-8:00 PM for civic organization meetings. For more information and to make a reservation, please contact the Youth Center Interim Director, Lindsey Luposello, at lluposello@townofcortlandt.com or 914-736-0498.



Special Activities and Events

COMMUNITY GARDEN

Join us to Volunteer at our Town of Cortlandt Community Garden! A Town of Cortlandt resident with tremendous knowledge in gardening volunteers to coordinate this effort! Located at Lake Meahagh, Westchester Avenue, Verplanck, NY 10596. Cortlandt residents and groups (Scouts, Civic organizations, etc.) will take care of their defined areas with the coordinator's guidance. Contact the Town of Cortlandt Recreation Department at tocrec@townofcortlandt.com or 914-734-1050.



CROSS COUNTRY SKIING AND ICE SKATING

**This is not a Town of Cortlandt program/ activity.*

Enjoy Ice Skating or Cross Country Skiing at Blue Mt. Reservation located at Welcher Avenue in Peekskill. An ideal location for scenic outdoor cross country skiing and skating. Whether you prefer challenging trails through wooded areas or open spaces to traverse. You must provide your own equipment. No rentals are available. Conditions permitting cross country skiing is allowed seven days a week during daylight hours.

Blue Mt. Reservation is an ideal location for scenic outdoor skating. As with skiing you must bring your own skates. No rentals available. Ice is checked daily at all locations for safety and conditions. Look for sign posting safe conditions, ice skating is permitted seven days a week during daylight hours. For your own safety always check conditions before heading out to the park. For more information go to <https://parks.westchestergov.com/>. Free admission and free parking.

EGG HUNT

Come meet and take pictures with the Bunny at our Town of Cortlandt Egg Hunt! Prizes are available for all participants! Age groups: 2-5 years old and 6 years old and over.



Location: Youth Center, 3 Memorial Dr., Croton
(Off of Albany Post Road, just before the Cortlandt Train Station)
Date: Saturday, April 1; Rain Date: Sunday, April 2
Time: 1:00 PM, Promptly
Fee: Free

HUDSON RIVER EAGLEFEST

Watch in awe as wintering bald eagles fly overhead at Teatown's Hudson River Eaglefest. Don't miss this opportunity to view our national symbol up-close and learn how conservation efforts have brought about the now vibrant bald eagle population in the Hudson Valley. Join us at Steamboat Dock River Park where guests can enjoy eagle viewing! Visit www.teatown.org/events/eaglefest/ or email EagleFest@teatown.org for more information.

Location 1: Headquartered at Croton Point Park.
Tickets Required and Pre-sale tickets are discounted and on sale now at www.teatown.org/events/eaglefest/
Location 2: Steamboat Dock River Park for FREE viewing- No tickets required
Date: Saturday, February 4 (Snow Date, TBD)
Time: 9:00 AM- 4:00 PM
Fee: Please contact Teatown Lake Reservation for 2023 Rates 914-762-2912
*Note: Bus tours sell out quickly & reservations are required.





Cortlandt Community Rowing proudly supports the Town of Cortlandt's commitment to helping outdoor recreation and wellness thrive in our community.

ROWING IS A LIFETIME SPORT FOR EVERY BODY!

CCRA promotes health, fitness, and the benefits of team participation through rowing instruction to people of all ages, experience, and ability levels.



CORTLANDT COMMUNITY ROWING

LEARN MORE:

CortlandtRowing.com



[Cortlandt Rowing](#)



[Viking_Rowing](#)



CortlandtRowing@gmail.com

CCRA is a non-profit 501(c)(3)

Van Cortlandville Historical Society

The Van Cortlandville Historical Society welcomes people who are interested in learning more about the history of our community and sharing it with others. The society was founded in 1921 and has been headquartered in the historic Little Red Schoolhouse, 297 Locust Avenue, Cortlandt Manor, since 1972. A primary goal is hands-on education of children about life in the mid-19th century through such activities as the Early School Days program and the annual Colonial Fair, led by history enthusiasts in period clothing. Other activities include reenactments of local military events from the Revolutionary War, erection of roadside markers at local historic sites, annual memorial services, upgrading of Van Cortlandville Memorial Park and rehabilitation of the Van Cortlandt family plot in Hillside Cemetery. The society welcomes appropriate memorabilia and genealogical records from local residents. The society's regular meetings, at 2 PM at the Schoolhouse on the third Saturday of most months, feature a variety of presentations that extend far beyond the primary emphasis on early-day education and the rich Revolutionary War history of the community. Visitors and new members are always welcome. Booklets for a self-guided walking tour are available, along with other literature about local historic sites. Most activities are open to everyone at no charge. For more information, or to schedule a visit, please call the Schoolhouse at 914-736-7868, visit www.vancort.net or email society@vancort.net



Nor-West Regional Special Services

Providing therapeutic recreation programs for individuals with special needs to Cortlandt, Peekskill, Ossining and Yorktown residents since 1973

LOOKING FOR QUALITY RECREATION FOR A CHILD, TEEN, OR ADULT WITH A DEVELOPMENTAL DISABILITY?

Director, Wendy Greenfield
Program Coordinator, Ed McKay



THERAPEUTIC PROGRAMS FOR INDIVIDUALS WITH DEVELOPMENTAL AND COGNITIVE IMPAIRMENTS

Nor West Regional Special Services is a social service agency that provides community-based therapeutic recreation programs, respite and transportation services to persons with differing abilities residing in the northwestern portion of Westchester County. They serve ages 8-65 in a variety of community-based weekly programs and special events, designed primarily for individuals with developmental disabilities. Transportation is provided to catchment-area residents from central stops in Peekskill, Cortlandt, Yorktown, and Ossining. Individuals living at home and enrolled in the Home & Community Based Services Waiver do not pay registration fees.

PART-TIME EMPLOYMENT- SEASONAL

Nor-West offers employment to students ages 16 and up, working with children and adults. Good working experience for persons interested in working in the Human Services or Special Education fields. Make your own work schedule, flexible hours. Call Nor-West for an application.

THERAPEUTIC RECREATION

Are you looking for a local recreation program for a child with a developmental disability? Nor-West Regional operates three weekly youth programs during the Fall session, including Instructional Bowling, Afternoon Adventure Trips, and Instructional Swimming. Program is open to residents of Cortlandt, Peekskill, Ossining and Yorktown. Nominal venue fees apply. For additional information and registration materials, visit the Nor-West website.



www.nor-west.org • 914-737-4797

Special Park Facilities

BICENTENNIAL GARDEN

Serving as a lasting tribute to the Town's 200th Birthday, the garden includes a flower garden, time capsule and site marker. The time capsule contains over 100 items of significance to the Town. Its site is marked by a historic millstone from the vicinity of the Croton River.

Location: Charles J. Cook Recreation Center
Fee: Free



CROTON ARBORETUM

The Jane E. Lytle Arboretum in Croton-on-Hudson NY provides a variety of walking trails, including a handicapaccessible trail, through wildlife habitats on 22 acres of woods and wetlands. Located at the end of Lounsbury/Fox Road and following a short drive or walk across the Hudson National golf course, the Arboretum is open 7 days a week, 365 days a year. Managed by the Croton Arboretum and Sanctuary Inc., the Arboretum provides programs in conservation, education, and recreation. For directions and information, visit our web page: www.crotonarboretum.org

FURNACE DOCK LAKE

The Town of Cortlandt acquired and saved the 100 year old Furnace Dock Lake in 2011. It is now part of the Town's parkland and inventory.

Furnace Dock Lake Rules and Regulations

For a safe and enjoyable park experience please obey the following rules:

- All activities at your own risk
- Park is open dawn to dusk
- Keep pets leashed, clean up after them as well
- All garbage is to be taken out of the park
- Do not remove or destroy plants, wildlife, or artifacts

The following is prohibited:

- Hunting, firearms, alcohol, and camping
- Motorized vehicles and mountain bikes
- Fires, smoking, swimming, and dumping
- Feeding wildlife, metal detectors, and radios
- Fireworks, music, and loud noise

HUDSON RIVER COMMUNITY BOAT LAUNCH

Located at the Cortlandt Waterfront Park (Off Riverview Avenue and Broadway in the Hamlet of Verplanck)
Seasonal Use ONLY from April 1 through October 31-
Park Hours 7:00 AM to Dusk

Rules and Regulations

- Town of Cortlandt, Village of Buchanan and Village of Croton residents only.
- Use of the ramp for commercial purpose is strictly prohibited.
- Town of Cortlandt Boat Launch Permit is required.
- Permit is available at the Cortlandt Town Hall in the Town Clerk's office at 1 Heady Street, Cortlandt Manor, New York 10567, the main phone number is 914-734-1020
- Clear Ramp area- Come in Slow- NO WAKE
- Seasonal use only from April 1 through October 31
- Pull boat around to launching ramp as soon as space becomes available. Pull boat to the tie-down zone and clear the ramp so others may use the boat launch.
- Permit for ramp access MUST be in full view on the dash or mirror of your vehicle. If your permit is not in view, you will receive a summons and fines.
- Anyone driving over 5 MPH within 50 feet of the shore will forfeit their permit and be given a summons and fines.
- Boat size not to exceed 22 feet.
- NO swimming, sunbathing.
- Waterskiing or loitering in the launch area.
- NO overnight parking.



CORTLANDT DOG PARK

The Dog Park is located at Sprout Brook Park. There are two areas, one for small dogs and an area for large dogs. For more information and opening date call the Recreation Department at 734-1056.

In order to keep track and send information, we would encourage all residents to register their dogs through the Town Clerk Office, for more information, please call 914-734-1020.

Dog Park Rules and Regulations

Participation agreement and assumption of risk and liability insurance

1. Dog Park closes at dusk daily.
2. No animals other than dogs may be brought into the fenced area.
3. All dogs must be leashed until safely inside the Dog Park and returned to a leash prior to exiting. Make sure gates are closed after entering and leaving the park.
4. Do not leave a leash on dogs in the park. Bring your leash into the park in case of emergency or altercation.
5. Dog owners must remain in the fenced area while their dogs are using the Dog Park. Owners must be in view of their dogs and have voice control at all times.
6. Children accompanying dog owners must be strictly supervised and at least 12 years old to be allowed inside unless accompanied by an adult.
7. Children under 10 years old not allowed (some dogs see small dogs as prey) in large dog area.
8. Children under 5 years old not allowed in the park.
9. Spectators should remain outside the fenced area.
10. Aggressive dogs and dogs in heat are not allowed.
11. Owners must immediately leash and remove dogs from the Dog Park at the first sight of aggressive behavior.
12. Please be courteous to others do not bring sick dogs to the park.
13. Owners must dispose of waste properly in the designated on-site containers. Owners must prevent dogs from digging holes.
14. While small bite-sized training treats are permitted, foods in bowls, long-lasting chews, or glass containers are not allowed.
15. No Smoking and no food are allowed inside of the Dog Park.
16. No more than three (3) dogs per person are allowed on any single visit.
17. Puppies less than four (4) months old are not permitted in the park.
18. Dogs must be licensed and vaccinated for rabies and DHLPP. Current license and rabies tags must be worn on the dog's collar at all times.
19. Owners are liable for any injury or damage caused by their dog and are fully responsible for their dog's actions.
20. Trainers are not allowed to use the park to conduct business
21. Any incident, problem etc. should be reported to Cortlandt Recreation and Parks 914-734-1050. Office is open Monday thru Friday 8:30am to 4pm.
22. In the event of an emergency call 911.

I Understand That: Permission from the Town to use the Dog Park is conditional on compliance with the above dog park rules.

I Also Understand and Agree That: The dog park is to provide a fenced-in area where dog owners may bring their dogs and permit them to run freely with other dogs, and that unleashing my dog (s) and being present in an area where there are other people, including children, and other unleashed dogs, poses risks to others and myself and to my dog (s) and the dogs and property of dogs, and I do hereby agree to assume such risks.

I Further Agree To: Release, discharge, hold harmless and indemnify the Town of Cortlandt and all of its officials, agents, officers, employees and representatives from liability for any and all claims for injuries, damages and/or losses whatsoever to any person or animal (including but not limited to disability and death) or property which may arise out of, result from or be associated with the use of or presence on the dog park by myself and/or my dog(s).



HOLLOW BROOK GOLF COURSE

For Cortlandt Residents

Public Access to the Hollow Brook Golf Course (off Oregon Road)

The Hollow Brook Golf Club is a private/public course with Town residents being able to reserve tee-times. The course will open in April 2023 (weather permitting). The Town coordinates those rounds reserved for the exclusive use of Town residents (Agreement on file), Tuesday thru Sunday for public use. On Tuesday and Thursday, 7 of the tee times are discounted at \$85 after 2:00 PM, Greens fees will be a total \$115 for all other tee times Tuesday, Wednesday and Thursday. On Fridays, Saturdays, Sundays and Holidays greens fees will be \$160 with no tee times before noon. Prices include greens fees and a cart. Range balls (only available when playing) for \$10. Reservations can be made five days in advance by calling 914-734-1500.

For the 2023 golf season, residents will need to purchase a golf sticker in the Town of Cortlandt Recreation Department of Town Hall, 1 Heady Street, Cortlandt Manor for a fee of \$12 for the 2023 Golf season This sticker will be placed on the back of your Town of Cortlandt Recreation Photo ID card. If you do not currently have a VALID Town of Cortlandt Recreation Photo ID Card, one can be purchased for an additional \$7. For further information regarding ID's or please contact the Recreation Department at tocrec@townofcortlandt.com or 914-734-1050. For more information regarding Hollow Brook, please contact the Deputy Director of the Recreation Department, Ken Sherman at kens@townofcortlandt.com or 914-734-1058.

To reserve tee times residents will need to call the Hollow Brook Golf Course at 914-734-1500.

2023 Golf Sticker Fee: \$12 with a valid Town of Cortlandt ID Card (plus an additional \$7 if a Town of Cortlandt ID is needed)

Rules for Town of Cortlandt Players

1. Tee Times can be made by phone only.
2. Tee Times can be made five (5) days in advance, after 10:00 AM i.e. Friday for Tuesday, Saturday for Wednesday, Sunday for Thursday, Monday for Friday, Wednesday for Saturday and Sunday.
3. Residents must have golf shoes with sole spikes, collared shirts, golf pants or Bermuda shorts. NO JEANS, CUTOFFS, SHORT SHORTS, and CARGO PANTS OR SHORTS.
4. Residents may bring one guest at town fees.
5. Residents can only make reservations for themselves and their guest and not another town resident.
6. Residents must show their Town of Cortlandt resident card with a golf sticker.
7. Residents cannot use the driving range or practice areas unless they are playing golf.
8. Additional fees will be charged for food and beverage.
9. Additional fees will be charged for the driving range- \$10.00
10. Residents will not be allowed on the tee before their Tee Time and do not have access to the Club House.

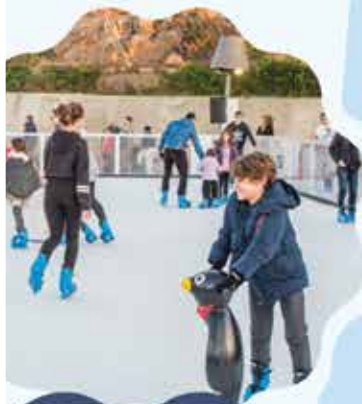




www.townofcortlandt.com

Town of Cortlandt

Ice Rink



This **synthetic** ice rink will be installed and ready for Cortlandt residents to skate in late November with a grand opening at Winter Wonderland! Town of Cortlandt Residents **MUST** have a **TOC Recreation Photo ID Card** to attend, visit www.townofcortlandt.com/reconline for more information.



Skates available at the rink to rent for a \$3.00 fee or you can use your own skates.

Hours of Operation:

Thursdays & Fridays: 3:00 PM- 6:30 PM

Skating Sessions:

3:00 PM- 4:30 PM

5:00 PM- 6:30 PM

Saturdays & Sundays: 12:00 PM- 5:30 PM

Skating Sessions:

12:00 PM-1:30 PM

2:00 PM- 3:30 PM

4:00 PM- 5:30 PM

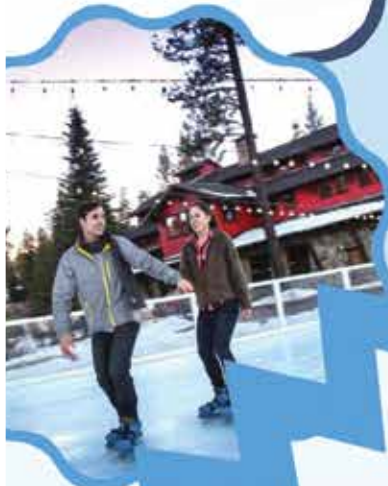
Fees Per Session:

\$5.00 Adult

\$3.00 Youth

\$7.00 Guest

(Must be accompanied by a Town of Cortlandt Resident)



Homestyle Desserts Bakery
to serve coffee,
cappuccinos, lattes,
desserts, and more!



**Roller Hockey Rink
Cortlandt Youth &
Recreation Center
3 Memorial Drive,
Croton on Hudson**

CORTLANDT HOCKEY RINK

Cortlandt Train Station, Route 9A, Montrose, NY

From December - March this space is used as the ice rink

Skate at your own risk.

For your protection, please observe the following rules:

1. Skaters must wear proper safety equipment: helmets, rubber wheeled skates, elbow pads, kneepads & wrist guards.
2. Roller hockey activities require a caged helmet, shoulder pads, shin guards, gloves and mouth guard.
3. Helmets with face mask/cage must be worn at all times for roller hockey including on player benches.
4. Skaters must provide their own equipment.
5. Only in-line skaters are permitted in rink.
6. No bicycles, skateboards, scooters, radio controlled toys, food or spectators permitted inside rink.
7. Graffiti, vandalism, and the use of profanity, tobacco, and alcohol, drugs or glass containers are prohibited.
8. Please deposit all trash in containers.
9. Rink hours are 9 am to dusk.
10. No skating when surface is wet.
11. No trespassing after rink hours or when locked.
12. Use of rink is by permit from Cortlandt Recreation Division only.
13. Skate rink is open to Town Residents only.

FAILURE TO ABIDE BY THESE RULES WILL RESULT IN THE LOSS OF PARK PRIVILEGES.

The Town of Cortlandt is not liable for any accident or injury to persons or property resulting from the use of this skate rink. Please be considerate of fellow skaters especially those who are younger or less skilled. Serious injury may result from colliding with other participants. Please be considerate of surrounding neighbors.



HOLLOW BROOK TRAIL

Hollow Brook Trail was dedicated on October 20, 2016 the trail is part of 70 acres that was given to the Town several years ago. The trail was completed in August and is approximately 3 quarters of a mile long. The entrance to the trail is located at the bottom of Anton Place, in Lake Peekskill, Town of Cortlandt. The trail is adjacent to the Hollow Brook golf course.



TOWN OF CORTLANDT MINIATURE GOLF

Charles J. Cook Recreation Center

A 9-hole miniature golf course opened in the spring of 2019. Each hole has a Town of Cortlandt inspired feature such as the Little Red School House, Bear Mountain Bridge and Toll House. The course will be open to both pool users and the general public during normal operating hours. The golf course will remain open spring, fall, summer weather permitting.



CHARLES J. COOK PARK FITNESS TRAIL

The nature and fitness trail is approximately ½ mile and consists of an 8-ft wide rustic trail (natural) and twenty (20) pieces of fitness equipment.



HUDSON HIGHLANDS GATEWAY PARK

Sprout Brook Road (Main), Doris Lee Drive, Cortlandt Manor

Threatened twice by dense residential development, was protected in 1998 when a coalition of more than 35 groups representing homeowners, the homeowners, the community, government agencies and several environmental organizations united to preserve this 352-acre site. The Coalition to Preserve the Hudson Highlands Gateway raised \$6 million to buy the parcel. In May 2000, the Scenic Hudson Land Trust, the Town of Cortlandt and Westchester County purchased the property.

A network of trails in the park exposes visitors to woodlands, streams, steep slopes, bedrock outcroppings and meadows, revealing much human and natural history and providing spectacular river views. This park is ecologically significant because it is home to several; noteworthy ecosystems. The site's upland wetlands are crucial for many frogs and salamanders to survive. Several different snake species use the prominent, east-facing cliffs of the park to warm themselves in the sun. Also the park's Westchester County location is in one of the country's three major bird migration corridors. Come spring, hundreds of thousands of birds fly over the park where they stop to rest and feed.

Since the property was acquired, the Hudson Highlands Gateway Task Force, a group of concerned citizens - has been working with The Scenic Hudson Land Trust, the Town of Cortlandt and New York-New Jersey Trail Conference on issues including park improvements, illegal ATV use and assessing the park's natural resources. Hudson Highlands Gateway Park is an ideal destination for an afternoon or all-day outing. Recreational activities abound, including hiking, birding, cross-country skiing, fishing and snowshoeing. Located at the southern end of the fabled Hudson Highlands, the park once served as a Revolutionary War lookout and now is open for public enjoyment.

Directions

Two parking areas are available; one is temporarily shared with Sprout Brook Park, 0.3 miles from the intersection of Sprout Brook Road and Highland Avenue, just past and on the same side as the athletic. Cross road and enter park through the gap in guardrail. Universally accessible parking area is at the end of Doris Lee Drive (see map). Park on gravel in front of fence.

Operating Hours

Open year-round, from dawn to dusk.

Scenic Hudson

Your Valley, Your Voice, Your Future

We hope you enjoy visiting Hudson Highlands Gateway Park. This and other significant Hudson Valley landscapes are protected by the Scenic Hudson Land Trust with the support of the Lila Acheson and DeWitt Wallace Fund for the Hudson Highlands, created by the founders of Readers Digest Association, Inc. Scenic Hudson also gratefully acknowledges those who helped make this park a reality; Town of Cortlandt, Westchester County, New York-New Jersey Trail Conference, New York State and many dedicated individuals who donated their time, energy and financial support.

Visit other Scenic Hudson Parks nearby

- Scenic Hudson Park at Irvington
- Habirshaw Park on the Hudson, Yonkers
- Both in Westchester County
- www.scenichudson.org/parks
- E-mail: info@scenichudson.org

Please call or write to receive a free Adventure Guide to Scenic Hudson's Parks, Preserves and Trails

Scenic Hudson works to protect and restore the Hudson River and its majestic landscape as an irreplaceable national treasure and a vital resource for residents and visitors. A crusader for the valley since 1963, today they are the largest environmental group focused on the Hudson River Valley. Our team of experts combines land acquisition, support for agriculture, citizen-based advocacy and sophisticated planning tools to create environmentally healthy communities, champion smart economic growth, open up river fronts to the public and preserve the valley's inspiring beauty and natural resources.

Park Rules & Regulations

Please remember, you are not only a visitor but also a steward of the land. For a safe and enjoyable experience please observe the rules:

- The park is open dawn to dusk.
- Vehicles are permitted only in the designated parking areas.
- Stay within the posted property boundaries, and be considerate of other visitors and adjoining property owners.
- Keep pets leashed; please clean up after them.
- Do not remove or destroy plants, wildlife or artifacts.
- Always hike with a friend.

The following are prohibited

- Motorized vehicles, camping, fires, alcohol, firearms, feeding wildlife, smoking, dumping, swimming, metal detectors, mountain bikes and radios.

The preserve offers

Hiking, birding, fishing in Annisville Creek, snowshoeing, cross-country skiing and waterfowl observation.

Caution

Deer ticks, which can transmit Lyme disease, are a growing problem. Take precautions and check for ticks after leaving.

Description of Trails

Hudson Highlands Gateway Park has four trails, totaling more than 4.9 miles that traverse the 352-acre site. There are many meandering, wooded roads where one could easily get lost. Please stay on marked trails. The degree of difficulty for the hiking trails ranges from easy to moderate. Trail users should wear sturdy shoes and beware of loose rocks, holes and slippery surfaces.

(Red Trail)

Annisville Creek Trail 1 mile, approx. 1 hr.

This trail starts at Doris Lee Drive and is universally accessible to the Pond Overlook. It travels by Annisville Creek, which contains breeding trout populations. Fishing is allowed. A sensitive wetland area surrounds the creek.

(Blue Trail)

Upland Trail 2 miles

A steep ascent through a meadow and mixed woods forest brings visitors to a terrific view of the Hudson River. The remainder of the trail encompasses rolling terrain that passes by many historic stonewalls.

(Yellow Trail)

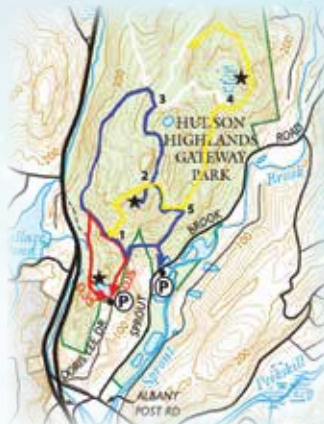
Hudson Overlook Spur 0.6 miles

Distinguished by its scenic overlook, this trail also crosses a small stream that is the outlet for a large wetland upslope.

(White Trail)

Vernal Pool Trail 1.6 miles

Beginning from the northernmost point of the Upland Trail, this trail works its way up and along a ridgeline. As it descends it passes by a large vernal pool, through a wetland and contains a number of steep slopes. Be cautious of wet surfaces. The trail finishes along an old woods road



Town of Cortlandt Playgrounds



Cortlandt Community Recreation Area
Croton Avenue, Cortlandt Manor



Jim Martin Aviation Playground
Cortlandt Waterfront Park
River View Avenue, Verplanck



Muriel H. Morabito Community Center Playground
29 West Brook Drive, Cortlandt Manor



Old Pond Park
8th Street, Verplanck



Peter Cutignola Memorial Playground
1 Memorial Drive, Croton



Sprout Brook Park Playground
Sprout Brook Park, Cortlandt Manor



Sunset Park Playground
Sunset Road, Montrose



Tommy Thurber Park Playground
Tommy Thurber Lane, Montrose

OSCAWANA BOAT LAUNCH

Oscawana boat launch is located on Cortlandt Street in Crugers. A launching area for kayak's and canoes; hiking trails that lead out to the Hudson River. It was dedicated on October 4, 2004 by former Cortlandt Town Supervisor Linda D. Puglisi and the Town Board.



SPROUT BROOK PARK

Sprout Brook is located at 130 Sprout Brook Road in the Town of Cortlandt. The park is over 22 acres and has two lighted men's and women's softball fields. Within the park there is a little league field as well as a soccer field. Both were dedicated in the spring of 2007. The little league field has a snack bar and a batting cage. A dog park with two separate areas for small and large dogs was dedicated in 2008. There is a large pavilion with barbeque grills for rental by the public that can accommodate up to 200 people. Located by the pavilion there is a playground for children. In the Fall of 2016, a new Lacrosse/ All purpose field was dedicated.



STEVEN HEBERT MEMORIAL SKATE PARK

*Muriel H. Morabito Community Center
West Brook Drive, Cortlandt Manor, N.Y.*

Hours of Operation:

The following hours are weather permitting. Rain, snow, or temperatures below 35° will cause the park to close. Monday-Sunday 10:00 AM-dusk. Skate Park may be closed for repairs or maintenance – signs will be posted.

PLEASE NOTE: The Park is no longer supervised. Please follow all posted rules and skate at your own risk. No trespassing after park hours.



PICKLEBALL COURT

With the increasing popularity of the growing paddle sport, pickle ball, the Town of Cortlandt has converted one tennis court at the Croton Community Recreation Area off of Croton Avenue (Down the road from Walter Panas High School) into four pickle ball courts. This court is for residents and their guests only.



THE TOLL HOUSE

Located on Bear Mt. Road, Cortlandt Manor, NY

Toll House was dedicated on September 22, 2002 and is a visitor center with information about the Hudson Valley. It is opened seasonally from May to November.

CORTLANDT WATERFRONT PARK

The Cortlandt Waterfront Park is located at 77 Riverview Avenue, Verplanck, NY 10596 (off of Riverview Avenue and Broadway in Verplanck.) Come and enjoy the Park, which includes a gazebo, fishing, crabbing, playground, veterans memorial, walking path, small boat, kayak and canoe launch area, horseshoe pits (bring your horseshoes). All with a spectacular view of the Hudson River!



TENNIS COURT INFORMATION

TENNIS NETS will be kept up weather permitting at the following locations around mid March:

- Charles J. Cook Tennis Courts 2 Courts
Furnace Dock Road, Cortlandt Manor
- Lake Street Tennis Courts 6 Courts
Lake Street, Montrose
- Walter Panas Tennis Courts 6 Courts
Croton Avenue, Cortlandt Manor

COURT AVAILABILITY

Due to changing schedules, dates and times of court availability will be posted at the courts.

RULES & REGULATIONS

In order to accommodate as many residents as possible, use of the courts for over an hour and a half prohibited if the courts are full.

TOWN OF CORTLANDT DEPARTMENT OF RECREATION AND CONSERVATION SEASONAL EMPLOYEE APPLICATION
1 HEADY STREET, CORTLANDT MANOR, NY 10567
914-734-1050 TOCREC@TOWNOFCORTLANDT.COM

Last Name		First Name		Phone #		Date Available	
Address		City/ Town		Zip		Email	
Are you 18 years old or older? Yes No If not, what age? DOB							
Minimum age for hire: CIT: 14; Lifeguard, Maintenance/Cashier, Jr. Counselor, Playgrounds: 15; Intermediate Counselor: 16; Senior Counselor: 18							
EDUCATION (Name and Location of School)				DEGREE		COMMENTS	
High School							
College							
U.S. Military							
Other							
EMPLOYMENT HISTORY REF.							
From	To	Employer	Address	Supervisor	Phone No.	Sent	Rec'd
From	To	Employer	Address	Supervisor	Phone No.	Sent	Rec'd
PERSONAL REFERENCES REF.							
Name		Address		Phone No.		Sent	Rec'd
Name		Address		Phone No.		Sent	Rec'd
CERTIFICATIONS				RECREATION EXPERIENCE			
<input checked="" type="checkbox"/>	Expiration Date	<input checked="" type="checkbox"/>	Expiration Date	List: Sports, hobbies, special interests, extra-curricular activities, certifications.			
CPO		CPR					
LGT		1st Aid/ RTE					
WSI		Waterfront					
Positions applied for in order of preference							
1.				3.			
Applicants Signature:				Date		Interviewed by: Date	
Recommended for employment		Title		Location		Salary	
Yes <input type="checkbox"/> No <input type="checkbox"/>							
Practical Exam		Comment					

FOR FULL TIME EMPLOYMENT APPLICATIONS, PLEASE CONTACT TOWN OF CORTLANDT HUMAN RESOURCES AT 914-734-1004.

TOWN OF CORTLANDT DOG PARK REGISTRATION



Name of Dog Owner: _____

Address: _____

Telephone Number: _____

Email Address: _____

Name of Dog (s): _____

Date of Vaccination Expirations: _____

Dog License Number: _____

INJURY RELEASE: I agree to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By signing on the line below, you are signing this Agreement.

COVID-19 RELEASE: By participating in any programs sponsored by the Town of Cortlandt, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by my participation. I agree that if I am exposed to or infected by COVID-19 during my participation in any programs sponsored by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right to maintain a lawsuit against the Town of Cortlandt for exposure to COVID-19, and my heirs, successors, assigns, and I shall hold the Town of Cortlandt harmless with respect to any damages incurred from contracting COVID-19. I acknowledge that I have read and fully understand the terms and conditions. By signing on the line below, you are signing this Agreement.

Owner's Signature

Date

Please mail the completed Dog Park Registration Form to Town of Cortlandt Town Hall: Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY 10567.

Please contact the Town of Cortlandt Recreation Department with any questions or concerns at tocrec@townofcortlandt.com or 914-734-1050.

ADULT PROGRAM ACTIVITY REGISTRATION FORM

Online registration available for Cortlandt Recreation Programs: www.townofcortlandt.com/reconline

PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPLETELY FILLED IN

Last Name _____ First Name _____

Street Address _____ PO Box _____

City _____ Zip _____ Email _____

Work Phone # _____ Home Phone # _____

Cell Phone # _____ Cell Phone Mobile Provider _____

☐ Yes, I would like to receive marketing emails from the Cortlandt Recreation Department about new programs, upcoming events, and town news.

☐ Yes, I would like to receive text message alerts from the Cortlandt Recreation Department. *By checking this box, I understand that standard text messaging rates may apply.

INJURY RELEASE: I agree to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

COVID-19 RELEASE: By participating in any programs sponsored by the Town of Cortlandt, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by my participation. I agree that if I am exposed to or infected by COVID-19 during my participation in any programs sponsored by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right to maintain a lawsuit against the Town of Cortlandt, volunteer coaches, employees, and hired independent contractors, for exposure to COVID-19, and my heirs, successors, assigns, and I shall hold the Town of Cortlandt harmless with respect to any damages incurred from contracting COVID-19. Every participant should bring a mask as players on the sideline will be required to wear masks. I acknowledge that I have read and fully understand the terms and conditions. By checking "I Accept" line below, you are signing this Agreement.

PHOTO RELEASE: I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as brochures and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution. By checking "I Accept" line below, you are signing this Agreement. I Accept _____

Participant's Signature _____ Date _____

Course#	Participants Name		DOB	Activity Name	Total Fee
	Last Name	First Name			
				Total Fee	\$

NONRESIDENT S: 20% SURCHARGE TO HIGHER RATE FOR ALL PROGRAMS REGISTERED FOR.
NONRESIDENT S ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM.

THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE.
SEPARATE CHECKS FOR ALL PROGRAMS.

MAKE CHECKS PAYABLE TO AND MAIL TO: TOWN OF CORTLANDT RECREATION DEPARTMENT
1 HEADY STREET, CORTLANDT MANOR, NY 10567

FOR OFFICE USE ONLY

TR Receipt # _____

CC Receipt # _____

Amount Paid \$ _____

Date Deposited _____

PRE-SCHOOL/ YOUTH PROGRAM ACTIVITY REGISTRATION FORM

Online registration available for Cortlandt Recreation Programs: www.townofcortlandt.com/reconline

PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPLETELY FILLED IN

RPG Last Name _____ RPG First Name _____ RPG DOB _____
(Registered Parent/ Guardian)

Street Address _____ PO Box _____

City _____ Zip _____ Email _____

Work Phone # _____ Home Phone # _____

Cell Phone # _____ Cell Phone Mobile Provider _____

- ☐ Yes, I would like to receive marketing emails from the Cortlandt Recreation Department about new programs, upcoming events, and town news.
☐ Yes, I would like to receive text message alerts from the Cortlandt Recreation Department. *By checking this box, I understand that standard text messaging rates may apply.

INJURY RELEASE: I agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

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Parent/Guardian's Signature _____ Date _____

Course#	Participants Name		Grade	Sex	DOB	Activity Name	Total Fee
	Last Name	First Name					
Total Fee							\$

NONRESIDENT S: 20% SURCHARGE TO HIGHER RATE FOR ALL PROGRAMS REGISTERED FOR.
NONRESIDENT S ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM.

THE TOWN OF CORTALNDT DOES NOT PROVIDE ACCIDENT INSURANCE.
SEPARATE CHECKS FOR ALL PROGRAMS.

MAKE CHECKS PAYABLE TO AND MAIL TO: TOWN OF CORTLANDT RECREATION DEPARTMENT
1 HEADY STREET, CORTLANDT MANOR, NY 10567

FOR OFFICE USE ONLY

TR Receipt # _____
CC Receipt # _____
Amount Paid \$ _____
Date Deposited _____

TOWN OF CORTLANDT 2023 SPRING BOYS YOUTH SOCCER

Fee: \$60 with Town of Cortlandt ID Card
\$65 without Town of Cortlandt ID Card
\$76 nonresident
Late Fee: \$70 with Town of Cortlandt ID Card
(After 3/6) \$75 without Town of Cortlandt ID Card
\$90 nonresident

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EVALUATIONS WILL TAKE PLACE AT BLUE MOUNTAIN MIDDLE SCHOOL ONLY FOR PLAYERS THAT DID NOT PARTICIPATE IN THE FALL 2022 LEAGUE.

1ST & 2ND GRADE BOYS

Monday, March 13th - 6:00 PM

3RD, 4TH & 5TH GRADE BOYS

Tuesday, March 14th - 6:00 PM

ALL PLAYERS MUST PROVIDE THEIR OWN SHORTS AND HARD SHELL SHINGUARDS

Child's Name _____ Male ____ Female ____ D.O.B. ____/____/____

School _____ Grade _____

Pertinent medical information (Allergies, medications, etc.) _____

Has your child played soccer with the Town of Cortlandt before? **Yes / No** If your child has played soccer in the past, what team did they play on? _____

Does your child have any conflict, which could prevent him/ her from attending games on Sunday afternoons or practices on weeknights and Saturdays? (Circle One) **Yes / No** If yes, what? _____

Shirt Sizes (Please select one):

Youth: **Youth Medium** (8-10) **Large** (14-16) / Adult: **Small** (34-36) **Medium** (38-40) **Large** (42-44) **X-Large** (46-48)

RPG (Registered Parent/Guardian) _____

Street Address _____ Town _____ Zip _____

Home # _____ Work or Cell # _____

Email _____

Emergency Contact Name _____ Emergency # _____

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Parent's Signature _____ Date _____

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COACHES AND SPONSORS NEEDED

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FOR OFFICE USE ONLY:

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YOUTH SOCCER REGISTRATION DEADLINE: MARCH 6, 2023
Participants placed on the waitlist are not guaranteed a spot in the league

TOWN OF CORTLANDT 2023 SPRING GIRLS YOUTH SOCCER

Fee: \$60 with Town of Cortlandt ID Card
\$65 without Town of Cortlandt ID Card
\$76 nonresident

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1ST & 2ND GRADE GIRLS

Monday, March 20th - 6:00 PM

3RD, 4TH & 5TH GRADE GIRLS

Tuesday, March 21st - 6:00 PM

ALL PLAYERS MUST PROVIDE THEIR OWN SHORTS AND HARD SHELL SHINGUARDS

Child's Name _____ Male _____ Female _____ D.O.B. _____ / _____ / _____

School _____ Grade _____

Pertinent medical information (Allergies, medications, etc.) _____

Has your child played soccer with the Town of Cortlandt before? **Yes / No** If your child has played soccer in the past, what team did they play on? _____

Does your child have any conflict, which could prevent him/ her from attending games on Sunday afternoons or practices on weeknights and Saturdays? (Circle One) **Yes / No** If yes, what? _____

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YOUTH SOCCER REGISTRATION DEADLINE: MARCH 6, 2023
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TOWN OF CORTLANDT TRAVEL SOCCER 2023/2024

Teams will participate in the East Hudson Youth Soccer League. The program, requires two practices and one game per week. Practices will start in August. The fall season includes approximately 10 weeks of league play, (five home games and five away games). The season will then continue in the Spring with another 10-week schedule. It is a one-year commitment. Teams may participate in tournaments throughout the year. If your child played in 2022/2023 they MUST attend tryouts. There are no guarantees that they will make the team again.

ELIGIBILITY: Town of Cortlandt Residents, and those attending a Hendrick Hudson & Lakeland School Districts

DEADLINE: Monday, April 17

FEE: \$500.00 per child

(You do not have to make payment at this time, only if child makes the team)

Fee includes cost of tryouts, training sessions, officials for home games, equipment & uniforms.

MAIL TO: Town of Cortlandt Recreation & Conservation Department

1 Heady Street

Cortlandt Manor, NY 10567

Attention: Lesley Popkin

For questions, please contact Lesley Popkin at lesleyp@townofcortlandt.com.

TRAVEL SOCCER TRYOUT (BOYS & GIRLS)

TRYOUT DATE: SATURDAY, April 29, 2023

Rain date is Saturday, MAY 13 at Sprout Brook Lacrosse & Multi Purpose Field

GIRLS U10/U11	8:00 AM - 9:15 AM	Birth Year: 2013 or 2014
BOYS U10/U11	9:30 AM - 10:45 AM	Birth Year: 2012 or 2014
GIRLS U12	11:00 AM - 12:15 PM	Birth Year: 2012
BOYS U12	2:30 AM - 3:45 PM	Birth Year: 2012
GU13/GU14	4:00 PM - 5:15 PM	Birth Year: 2010 or 2011
BU13/BU14		

Please fill out completely or your child will NOT be registered for tryouts.

Please Circle: GU10/GU11 GU12 BU10/BU11 BU12 GU13/GU14 BU13/BU14

Last Name _____ First Name _____

Street Address _____ PO Box _____

City _____ Zip _____ Email _____

Work Phone # _____ Home Phone # _____

Cell Phone # _____ Cell Phone Mobile Provider _____

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Parent's Signature _____ Date _____

FOR OFFICE USE ONLY:

Deposited _____ Date Deposited _____

TRAVEL SOCCER REGISTRATION DEADLINE: APRIL 17, 2023

TOWN OF CORTLANDT GIRLS LACROSSE LEAGUE 2023

Fee (1st & 2nd): \$50 with ID Card
\$55 without ID Card
\$66 nonresident

Late Fee (1st & 2nd): \$55 with ID Card
\$60 without ID Card
\$72 nonresident

Fee (3rd-6th): \$90 with ID Card
\$95 without ID Card
\$114 nonresident

Late Fee(3rd- 6th): \$95 with ID Card
\$100 without ID Card
\$120 nonresident

Parents Meeting

March 11th at Lacrosse All Purpose Field, 9:00 AM

ONLINE REGISTRATION AVAILABLE AT
WWW.TOWNOFCORTLANDT.COM/RECONLINE!

If you would like to register by mail,
please return this form and fee to:

Town of Cortlandt Recreation Department
1 Heady Street
Cortlandt Manor, NY 10567

CHECK DIVISION BELOW

1ST/ 2ND GRADE GIRLS LACROSSE_____

3RD/ 4TH GRADE GIRLS LACROSSE_____

5TH/ 6TH GRADE GIRLS LACROSSE_____

Child's Name _____ Male _____ Female _____ D.O.B._____/ ____/ _____

School _____ Grade _____

Pertinent medical information (Allergies, medications, etc.) _____

Has your child played lacrosse before? **Yes / No**

Name of Team _____

RPG (Registered Parent/Guardian)_____

Street Address _____

Town _____ Zip _____

Home # _____ Work or Cell # _____

Email _____

Emergency Contact Name _____ Emergency # _____

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LACROSSE REGISTRATION DEADLINE: MARCH 11, 2023



Town of Cortlandt
Department of Recreation & Conservation
1 Heady Street
Cortlandt Manor, NY 10567-1254

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Permit #763

**DATED MATERIAL
PLEASE DELIVER PROMPTLY**

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Interested to learn more about what the
Town of Cortlandt has to offer?
Visit us on our website, Facebook, and Instagram!



Town of Cortlandt
Facebook



Town of Cortlandt
Website



Town of Cortlandt
Instagram

Sign up to receive monthly email newsletters and weekly updates
From the Desk of Supervisor Dr. Richard H. Becker at
www.townofcortlandt.com/alerts.

This will help keep you, our residents, informed about everything Cortlandt!